

# Masters Swimming Australia



2017

ANNUAL

REPORT



### *MSA NATIONAL BOARD OF MANAGEMENT (SPRING MEETING)*

FRONT L-R

GERRY TUCKER (MSA PRESIDENT)

THERESE CROLICK

BACK L-R

NOELEN DIX (MSA GENERAL MANAGER)

WENDY HOLTOM

ANDREA MCNEIL (MSA FINANCE DIRECTOR)

NEAL BERTRAM



### *MSA SPRING DELEGATES (SPRING MEETING)*

STANDING L-R

FIONA WILKINS (WA DELEGATE)

RACHAEL KEOGH (QLD PRESIDENT/DELEGATE)

ARCHER TALBOT (VIC DELEGATE)

JOHN POLLOCK (NT DELEGATE)

TOM BLAND (SA PRESIDENT/DELEGATE)

SITTING

MACIEJ SLUGOCKI (TAS DELEGATE)



### *MSA BRANCH ADMIN STAFF*

FRONT L-R

HELGA WARD (MSQ), LEANNE BEAMES (MSSA)

JILLIAN PATEMEN (MSNSW), KATH DAVIS (MSA/MSV)

BACK L-R

LYNNE SHEEHAN (MSA PROJECTS MANAGER), MENDEL TILLEMA (MST)

SAM NOALL (MSWA), NOELEN DIX (MSA GENERAL MANAGER)

## *MASTERS SWIMMING BRANCHES*

Branch	Address	Phone	Website
<b>NSW</b>	PO Box 6941 Silverwater NSW 2128	(02) 8736 1232	<a href="http://www.mastersswimmingnsw.org.au">www.mastersswimmingnsw.org.au</a>
<b>NT</b>	PO Box 418 Parap NT 0804	(08) 8981 5919	<a href="http://www.mastersswimmingnt.org.au">www.mastersswimmingnt.org.au</a>
<b>QLD</b>	PO Box 1279 Capalaba BC QLD 4157	(07) 3245 1571	<a href="http://www.mastersswimmingqld.org.au">www.mastersswimmingqld.org.au</a>
<b>SA</b>	Po Box 120 Oaklands Parks SA 5043	(08) 8270 4180	<a href="http://www.mastersswimmingsa.org.au">www.mastersswimmingsa.org.au</a>
<b>TAS</b>	PO Box 5229 Launceston TAS 7250	(03) 6343 3965	<a href="http://www.mastersswimmingtasmania.com.au">www.mastersswimmingtasmania.com.au</a>
<b>VIC</b>	Level 2 Sports House 375 Albert Road, Albert Park VIC 3206	(03) 9682 5666	<a href="http://www.mastersswimmingvic.org.au">www.mastersswimmingvic.org.au</a>
<b>WA</b>	Beatty Park Leisure Centre 220 Vincent St, North Perth WA 6006	(08) 9328 9469	<a href="http://www.mswa.asn.au">www.mswa.asn.au</a>

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# WHO WE ARE

## OUR NATIONAL BOARD OF MANAGEMENT

President: Craig Smith/Gerry Tucker (Commenced May 2017)

Finance Director: Gerry Tucker/Andrea McNeil (Commenced May 2017)

Director: Therese Crollick

Director: Wendy Holtom

Director: Neal Bertram

## OUR NATIONAL PRESIDENTS

Bill Lough 1975 - 1978

Peter Jackson 1978 - 1984

Ivan Wingate 1985 - 1988

Graeme McDougall 1989 - 1992

Glenys McDonald AM 1993 - 1998

Mary Sweeney 1999 - 2005

John Pugh 2005 - 2011

Craig Smith 2011 - 2017

Gerry Tucker 2017 - Present

## OUR LIFE MEMBERS

1985 Gary Stutsel AM (NSW)

1989 Glenys McDonald AM (WA)

1991 Peter Gillett (SA - deceased)

1999 Kay Cox OAM (WA)

2002 Ivan Wingate (WA)

2005 Darryl Hawkes (SA)

2006 Mary Sweeney (QLD)

2006 Pauline Samson (TAS)

2007 David Cummins (WA)

2011 John Pugh (TAS)

2016 Gerry Tucker (VIC)

## OUR BRANCH DELEGATES

Jon Hawton (MSNSW)

John Pollock (MSNT)

Rachael Keogh (MSQ)

Tom Bland (MSSA)

Maciej Slugocki (MSTas)

Archer Talbot (MSV)

Fiona Wilkins (MSWA)

## OUR NATIONAL RECORDER

Pauline Samson

## OUR NATIONAL OFFICE STAFF

General Manager: Noeleen Dix

Projects: Lynne Sheehan

Administration: Jane Barnes

Administration: Kath Davis

Book keeper: Gerard Russell

## OUR MSA RESULTS PORTAL

Frank Braun

## OUR COACHING COMMITTEE

Bruce Allender

Mark Erickson

Di Coxon-Ellis

Kim Tyler

John Pugh

Elena Nesci

## OUR TECHNICAL COMMITTEE

Phillip Beames

Neil Mitchell

Peter Maloney

Neil Keele

Stan Pearson

Diane Partridge

Donald Reynolds

Jayna Gordon

## OUR SWIM MEET COMMITTEE

**January —October**

John Pollock

Jeanette Holowiuk

Jane Noake

**October -December**

Jeanette Holowiuk

Jane Noake

Leanne Beames

Rachael Keough

Fiona Wilkins



# WHO WE ARE

MASTERS SWIMMING AUSTRALIA (MSA) IS THE PEAK BODY FOR ADULT SWIMMERS AGED EIGHTEEN YEARS AND ABOVE AND IS AFFILIATED WITH FINA THROUGH SWIMMING AUSTRALIA LTD (SAL). MSA IS A NOT FOR PROFIT, CONSTITUTED IN 1975. THE ORGANISATION DOES NOT RECEIVE FUNDING FROM ANY GOVERNMENT SOURCE AND RELIES ON MEMBER FUNDING.

## OUR INFRASTRUCTURE

Members join Masters Swimming Clubs. Clubs are affiliated to their respective Branch, and the Branches are affiliated to the national body. There are seven Branches within Australia, representing each State/Territory, with the exception of ACT, which is incorporated as part of the NSW Branch.

According to the constitution, the National Board of Management (NBM) comprises the President and four other elected members. There are two General Meetings involving the Branches, one of which is the Annual General Meeting held in autumn usually in conjunction with the annual National Championships. The other meeting is held in spring. There are three permanent national committees. They are Coaching, Swim Meets and Technical.

The NBM is responsible for the governance and overall direction of the organisation, with the day-to-day running of the organisation being the responsibility of the staff in the National Office. A General Manager (reporting directly to the NBM) manages the administration staff and the office. The National Office also services the Victorian Branch by performing its administrative duties.

Clubs offer various programs, such as regular training and stroke correction with qualified coaches, fun events and social activities. Competitions are available at club, branch, national and international levels. Competitive opportunities are also available through postal swims, the Vorgee Endurance 1000 and Vorgee Million Metres Awards. MSA Branches offer technical courses for officials and coaching courses and clinics for coaches.

## OUR MOTTO

**"FITNESS,  
FRIENDSHIP & FUN"**

## OUR MISSION STATEMENT

MSA aims to provide at club, state and national level an environment to encourage all adults, regardless of ability, to swim regularly and compete in order to promote fitness and improve their general well being.

## OUR COMMUNICATION

MSA's website [www.mastersswimming.org.au](http://www.mastersswimming.org.au) is our primary method of storing information and communication with members, although the social media platforms of Facebook and Instagram are a used for instantaneous newscasting.

## OUR NEWSLETTER

The e newsletter is produced quarterly and emailed directly to members. Previous editions are available for download from the national website.

## OUR SPONSOR

MSA has one long term national sponsor: Vorgee  
[www.vorgee.com](http://www.vorgee.com)



## OUR PARTICIPATION PROGRAMS

MSA manages and promotes a number of programs each year, designed to encourage active participation in swimming from beginner to advanced level.

### VORGEE ENDURANCE 1000 CHAMPION CLUB AND VORGEE ENDURANCE 1000 AWARD

The Vorgee Endurance 1000 aims to promote fitness by providing an incentive (in the form of club points) for members to swim longer distances.

The program is designed to encourage members to swim in distances from 400m and up to one hour in duration, in the full variety of strokes. The program is structured by gender and age-groups and the swims are done over the full calendar year. As a result, a certain level of aerobic fitness needs to be maintained in order to complete the individual event requirements.

Individual points are gained for the completion of each event. These combine with points gained by other club members and contribute to a total point score for each competing club. The club with the most points is declared the Vorgee Endurance 1000 Champion Club for the year.

As an extension of the program, the Vorgee Endurance 1000 Award follows the same structure as the Vorgee Endurance 1000 Champion Club, but is for the club averaging the highest number of points per registered member. This Award is designed to provide an opportunity for smaller clubs to compete on an equal basis with the larger clubs.

### TOP TEN

National times are recorded for males, females and relays with the Top Ten in each category (age group, stroke and distance) being published annually on the website.

### VORGEE MILLION METRES AWARDS

The Vorgee Million Metre Awards acknowledge progress from the “learn to swim” beginner to the distance swimmer. These awards are intended to encourage members to strive for greater fitness and are open to all registered members of MSA.

The Million Metre Awards were established in 2001 for one, three and ten Million Metres. In 2004, they were expanded to include five and seven Million Metres. Now there are members attaining their 20 Million Metres!

Upon successful completion of 1 - 5 million, 7 million, 10, 15 and 20 million metres, members are awarded with combinations of different awards; eg. polo shirt, certificate, a polar fleece, engraved plaque, Vorgee gift pack or a Nitro jacket.

### NATIONAL AND INTERNATIONAL EVENTS

MSA hosts and participates in a number of national and international events each year.

These include the annual

- National Championships
- FINA World Masters Swimming Championships
- Oceania Masters Games
- Pan Pacific Masters Championships
- Australian Masters Games,
- The OutGames,
- The World Gay Games
- Asia Pacific OutGames.

MSA owns the Annual National Championships and the event is hosted on a rotational basis by one of the Branches each year.

### FINA WORLD RECORDS

Australian swimmers hold world records in masters swimming in both Long and Short Course.

### NATIONAL RECORDS

National Records are compiled annually for MSA, and are published on the website.

Records are maintained for:

- Men's Short Course
- Women's Short Course
- Relay Short Course
- Men's Long Course
- Women's Long Course
- Relay Long Course

## OUR PUBLICATIONS, POLICIES AND GUIDELINES

MSA operates under the direction of the following MSA publications (available on the website):

- Constitution
- By-Laws
- General Rules

MSA has developed and implemented policies in the following key areas:

- National Member Protection Policy
- National Risk Management Policy
- National Safety Policy
- National Championships Meet Guide
- Communication Policy
- Privacy Policy

MSA publishes the following results continuously in the Results Portal:

- Up to date meet results (since 2004)
- Individual member result history for all recorded meets
- World, National and Branch records including historic records
- National, Branch and Club Top 10 rankings by time (since 2002)
- National, Branch and Club Top 10 rankings by points (since 2007)
- Vorgee Endurance 1000 results from 2012
- National Championships Results

## PRESIDENTS REPORT

Masters Swimming Australia has had another fantastic year in 2017, with strong membership, a great National Championships on the Gold Coast, no less than 15 World records broken and fabulous support from our vast volunteer contingent and the support of a great team in our National Office in Melbourne. While our overall membership did not grow in 2017, (6,469 versus 6,577 in 2016) five of the seven Branches had either stable or a growing membership and the strength within many clubs and Branches is very impressive. Many of our clubs easily meet or exceed the three fundamentals of a great Masters swimming club; a strong committee, excellent coaches and adequate (or better than) lane space. Thank you again to all the leaders of our clubs, who in the end define what Masters Swimming is and what we do.

On the Branch and National leadership front, we have had a number of changes, including several at the National level. After six years at the helm as President of the Board of MSA, Craig Smith reached the end of his term in April 2017, thus bringing to an end nine years of service to the Board and MSA. On behalf of all of you, I thank Craig for his tireless dedication to our organisation and to the National Board, and we wish him well in the future both within and outside Masters Swimming.

I was elected to replace Craig as President and Andrea McNeil was duly elected to take over my previous role of Finance Director. I welcome Andrea to the Board and, after only eight months in the position, Andrea has easily demonstrated that our finances are in very capable hands. I would also like to thank the other three members of the National Board, Wendy Holtom, Therese Crollick and Neal Bertram for their unwavering support of me and MSA over the past twelve months.

At the very important Branch level (where much of the action is) we have seven Boards, all with different management styles and plans, yet doing a great job in delivering what is best for their own Branches as well as pulling together for the National good. I am looking forward to seeing more of the latter in coming years as we seem certain to strike head winds in the nature of the competing interests facing our members and potential members, competition for pool lane space, demands on our volunteers, coaches and office staff and the diverging interests of Swimming Australia and its Branches around the country.

The Nationals, held at the Southport Aquatic Centre on the Queensland Gold Coast, were a resounding success with around 530 participants, representing 88 of our clubs from all over Australia. Thank you very much to all the volunteer organisers, ably led by Queensland President, Rachael Keogh, Meet Director Shane Knight and Head of the Technical group, Stan Pearson. It was a great Meet, with great weather, an excellent venue and located in a very vibrant city. The high spirits shown during the relays was palpable! During 2017, four of our swimmers broke an extraordinary 15 Fina World Masters records. Tony Goodwin, (80) broke an amazing nine world records during the year. Linley Frame (46) broke three, Helen Bird (80) broke two records and Clary Munns (73) added another one World record to her tally. Congratulations to our World record breakers in 2017.

I would like to thank our team in the National Office in Melbourne for the wonderful work they do in keeping our organisation ticking. So ably led by our General Manager, Noeleen Dix, her team of Kath Davis, Lynne Sheehan, Jane Barnes and Gerard Russell who have continued to do a superb job in organisational and financial matters; communication with and assistance to the Branch administrators and supporting the National Board on strategic matters. We are all indebted to them for their commitment to the smooth running of Masters Swimming.



In closing, I would like to thank you all for your ongoing commitment to Masters Swimming and our activities. Whether it is participation in the Nationals or Branch championships, Inter-club carnivals, the National Swim Series, the Endurance program, Vorgee Million Metre awards, postal swims, open water swims or just training and supporting your club, all these activities help make our organisation strong. Fitness, friendship....and a heck of a lot of fun!

**GERRY TUCKER**

**PRESIDENT**

# GENERAL MANAGERS REPORT

## 2017 will be forever remembered as the EVENT year.

Masters swimmers were able to choose from a wide range of Meets and programs to satisfy their needs to participate and have fun. On the national and international stage there was the Gold Coast National Championships superbly delivered by Masters Swimming Queensland, who agreed to take the Meet out of turn for MSWA, held in March.

Then the World Masters Games was across the ditch in Auckland in April, followed by the Fina World Championships in Budapest, Hungary in July. Then followed, the regional Games on the Great Barrier Reef in May, the Mildura Masters in August and the Australian Masters Games Launceston Tasmania in October.

If that isn't a great line up of places to combine visiting and swimming, then I don't know what is!

In between all these events, was the fourth year of the Masters Swim Series which comprises a nominated Meet from each Branch, plus the National Championships, with swimmers accruing points for their swims, with the more meets you swim giving swimmers a better multiplier for their points and a reward for participation.

At the local level, Branches and Clubs had a full calendar of pool and open water championships and community swims that mainly cater for the locals but have also this year, attracted visitors from international and interstate, due to their profile and event status.

Congratulations to the many volunteers who contributed to the success of these Meets and a huge thank you for your efforts and team work in delivering successful events throughout the year. Masters Swimming Australia relies on three expert volunteer committees and a National Recorder to keep the organisation abreast with the times, the rules and the education opportunities for our membership. I would like to thank them collectively for their service to our swimming community. After fourteen years of volunteering on the National Swim Meet committee, and most of those as the chairman, John Pollock resigned from the post. He has been a constant source of knowledge and guidance to me over my nine years with MSA and I am sincerely grateful for his support and undying commitment to MSA and its resourcing for the members. He remains the Delegate for the Northern Territory, so he is not far away from the action when I need him.

Frank Braun continues to voluntarily maintain the Results Portal and provide expert technical advice for the data systems that are in place to run our organisation. Yet again he has assisted us in our hour of need, late this year and kept us up and running. Pauline Samson completed her project of digitalising the Masters Swimming Australia historical archives at great cost to her time spent with her grandchildren. These were her two passions in 2017 and she was obsessed involuntarily completing the huge project on behalf of the organisation. She was pleased to be able to verify and correct historical records held by the Fina World Recorder as a result of her work.

I would like to acknowledge the fantastic support that our sponsor Vorgee provides nationally and at Branch level. It is their sponsorship of cash and product that allows us to run programs and provide prizes to our members, plus their valuable support in the staging of the annual National Championships to the host Branch. They are a good friend of Masters Swimming and are a great company to deal with.

I would like to thank the Office engine room for MSA, Kath who is at the end of the phone when you ring or who answers your emails; Lynne who has been driving major projects for us; Jane who made an appearance at the end of 2017 in the communications area; and Gerard who manages our books. They are a great team who combine well to service MSA and MSV. We rely heavily on the Branch Administrators and Secretaries, the Club Secretaries and Registrars and the "back room talent" the Recorders.

I thank them for their assistance, enthusiasm and patience in doing what we all do together.

Finally, accolades must go to the National Board of Management, who is made up of five members who volunteer their time and express their passion for Australian swimming by devoting many hours to the governance and direction of this wonderful organisation. President, Gerry Tucker; Finance Director, Andrea McNeil; Neal Bertram; Therese Crollick and Wendy Holtom – thank you for your guidance over the year.

**NOELEN DIX**  
GENERAL MANAGER





# FINANCE DIRECTORS REPORT

**This report is to be read in conjunction with the accompanying audited financial reports.**

As this is my first finance report to Masters Swimming Australia, I express my gratitude to the previous long serving Finance Director and current President, Gerry Tucker for the diligence with which he carried out his duties. I also thank staff in the MSA office – our knowledgeable and experienced General Manager Noeleen Dix, Lynne Sheehan, Kath Davis, Jane Barnes and conscientious contracted bookkeeper Gerard Russell for their support.

## SUMMARY

The 2017 financial year reflected a surplus of operating revenue over operating expenses and approved special projects. The outcome is a satisfying surplus for the year and a healthy balance sheet.

## INCOME AND EXPENDITURE STATEMENT

MSA recorded a net operating surplus of \$26,866 (before Special Projects) for 2017, after allowing for non-cash items of depreciation of \$1,986, long service provision of \$838 and annual leave provision of \$3,655.

## INCOME

The revenue for 2017 included membership subscriptions from 6,469 members, compared to 6,577 members in 2016. Of the 6,469 registrations in 2017, 281 were for 16 month memberships and 91 were for 4 month memberships (307 and 77 respectively in 2016). This downward trend in membership continues to present challenges. In planning for new and continuing fixed systems costs associated with registrations, the registration fee was approved to increase by \$4 (for 12 month membership), thus diminishing the impact of fewer members on income. Bank interest received in

2017 was \$10,236, down marginally from \$10,836 in 2016 as interest rates for both term deposits and trading accounts continued to weaken. Swim meet sanction fees were \$181 lower in 2017, compared to 2016 which was a Pan Pacs year. The 2017 Australian Masters Games in Tasmania and open water swims in NSW and Queensland helped to slightly offset this reduced income. Vorgee, the major sponsor of MSA, contributed \$14,500 in sponsorship again in 2017. We greatly appreciate this financial assistance, discounted merchandise and other non cash support they offer our organisation. Budapest merchandise purchased by members travelling to the World Championships and more registrants for the Club coaching online course also contributed to the increased income in 2017 compared to 2016.

## EXPENDITURE

The commendable control on expenses has resulted in a surplus compared to budget, with only a 1.3% increase in expenses over 2016 actual. This is noteworthy, due to the ongoing increase in rent, electricity and cleaning costs imposed by the State Sport Centre Trust in the second half of 2017. Subsequently, in December 2017 MSA reduced floorspace at Sports House by one quarter, which was achievable due to the part time nature of MSA staffing arrangements, rationalisation of furniture and the need of another sporting body to relocate to Sports House. Expenses that came in under budget comprise: Legal fees, Travel, accommodation, teleconferences and other meeting costs, Office expenses, Insurance premiums, Administrators workshop and Wages, leave provisions, staff conference costs and bookkeeping expenses.

In 2017, a provision for annual leave accrued but not yet taken was made for all employed staff, as all had been employed for over a year.

## SPECIAL PROJECTS

The approved special project of “Swim Into Spring” for branches to again publicise our organisation and encourage membership growth is reflected in the expenditure of \$2,590. This comprised external costs such as the logo redesign for the 2017 campaign and copywriting. The employment budget allowed for time spent promoting the “Swim Into Spring” special project.

## BALANCE SHEET

Cash is held in transaction accounts and in two term deposits with different banks. This ensures MSA is protected by the Federal Government’s bank deposit guarantee capped at \$250,000 per bank. Interest on the term deposits was reinvested at maturity. The continuing sound financial position of MSA means the organisation can meet its commitments to staff, suppliers and the ATO. Trading accounts hold sufficient cash for operating expenses, approved special projects and expense accruals.

There was a solid start to the 2018 year with membership of 2,129 recorded in December 2017, and 281 members choosing 16 month membership between September and November 2017. This compares to 2,214 and 307 respectively for the prior year, which again indicates effort is required to address the decline in membership.

## PROPOSAL

I propose that the Audited Financial Statements and this accompanying report be accepted as presented.

**ANDREA MCNEIL**  
FINANCE DIRECTOR



**Masters Swimming Australia Inc.**

**Income Statement**

**For the Year Ended 31 December 2017**

<b>INCOME</b>	<b>2017 \$</b>	<b>2016 \$</b>
<b>Branches</b>		
Annual Affiliation Fees	\$1,432	\$1,432
Member Registrations	\$236,499	\$217,798
Coach Accreditation Fees	\$150	\$0
Sanction Fees	\$7,760	\$7,942
MSV administration fee	\$30,629	\$30,117
<b>Total Branches</b>	<b>\$276,470</b>	<b>\$257,288</b>
<b>Other Income</b>		
Interest	\$10,237	\$10,837
Publications/Merchandise	\$7,874	\$4,926
Sponsorships	\$14,500	\$14,500
Advertising	\$275	\$250
Miscellaneous	\$140	\$0
Coaching Workshop	\$236	\$0
Club coaching online	\$2,741	\$1,493
MSA Swim Camp	\$398	\$0
<b>Total Other Income</b>	<b>\$36,400</b>	<b>\$32,006</b>
<b>TOTAL INCOME</b>	<b>\$312,870</b>	<b>\$289,294</b>

**Masters Swimming Australia Inc.**

## **Income Statement**

**For the Year Ended 31 December 2017**

<b>EXPENSES</b>	<b>2017</b>	<b>2016</b>
	<b>\$</b>	<b>\$</b>
<b>Professional Fees</b>		
Audit Fees	\$1,280	\$1,250
Legal Fees	\$112	\$109
<b>Total Professional Fees</b>	<b>\$1,392</b>	<b>\$1,359</b>
<b>NBM &amp; Branch Delegates</b>		
Travel & Accommodation Expenses	\$18,880	\$20,615
Teleconferences	\$857	\$0
Other NBM Expenses	\$259	\$1,122
<b>Total NBM &amp; Branch Delegates</b>	<b>\$19,996</b>	<b>\$21,736</b>
<b>National Committee</b>		
Management	\$124	\$0
<b>Total National Committee</b>	<b>\$124</b>	<b>\$0</b>
<b>Premises</b>		
Rent & storage, electricity, cleaning	\$10,548	\$9,218
<b>Total Premises</b>	<b>\$10,548</b>	<b>\$9,218</b>
<b>Operations</b>		
Membership Registration Management Fee	\$31,574	\$30,739
Office IT	\$157	\$257
Phone & Fax	\$1,872	\$2,089
Internet Fees	\$348	\$862
Postage & freight	\$2,554	\$2,228
Office Supplies / Stationery	\$708	\$1,984
Photocopier	\$369	\$328
Affiliations & Subscriptions	\$200	\$200
Computer Software & IT Services	\$1,211	\$1,657
MSAC tenant cards	\$286	\$132
<b>Total Operations</b>	<b>\$39,279</b>	<b>\$40,477</b>

## Masters Swimming Australia Inc

# Income Statement

For the Year Ended 31 December 2017

	2017 \$	2016 \$
<b>EXPENSES continue</b>		
<b>Staff</b>		
Wages & Salaries	\$112,866	\$110,055
Superannuation	\$38,880	\$17,496
Other Staff Costs	\$764	\$845
Additional Administration	\$0	\$8,890
Bookkeeping	\$14,860	\$15,770
LSL Provision	\$838	\$496
Annual Leave Provision	\$3,655	\$10,449
<b>Total Staff</b>	<b>\$171,863</b>	<b>\$164,000</b>
<b>Other</b>		
Insurance	\$24,173	\$24,936
Annual Report	\$607	\$151
Awards, Trophies & gifts, including Swim Series	\$3,298	\$3,166
Administrators' workshop	\$3,658	\$4,500
Promotional Materials	\$1,228	\$1,077
Merchandise, purchased on order	\$5,061	\$5,020
Million Metres Costs	\$1,910	\$2,619
Vorgee Club Development costs	\$0	\$1,000
Coach of the year expenses	\$882	\$1,120
Depreciation	\$1,986	\$2,935
<b>Total Other</b>	<b>\$42,804</b>	<b>\$46,524</b>
<b>TOTAL EXPENSES</b>	<b>\$286,005</b>	<b>\$283,314</b>
<b>Net Operating Surplus/(Deficit)</b>	<b>\$26,866</b>	<b>\$5,980</b>
<b>Special Projects</b>		
Marketing	\$750	\$0
Swim into Spring	\$2,590	\$2,295
<b>Total Special Projects</b>	<b>\$3,340</b>	<b>\$2,295</b>
<b>NET SURPLUS/(DEFICIT)</b>	<b>\$23,526</b>	<b>\$3,685</b>



**Masters Swimming Australia Inc.**

## **Balance Sheet**

**For the Year Ended 31 December 2017**

<b>ASSETS</b>	<b>2017 \$</b>	<b>2016 \$</b>
<b><u>Current Assets</u></b>		
<b>Bank</b>		
Westpac Cheque Account	\$8,624	\$5,509
Westpac Idirect Account	\$103,912	\$126,042
Westpac Mastercard Debit Card	\$268	\$3,125
Cash on Hand	\$24	\$24
Westpac Term Deposit	\$135,853	\$132,410
Bendigo Bank Term Deposit	\$227,393	\$221,422
<b>Total Bank</b>	<b>\$476,074</b>	<b>\$488,533</b>
<b>Debtors</b>		
Trade Debtors	\$42,784	\$19,521
Prepayments/Sundry Debtors	\$14,855	\$10,027
<b>Total Debtors</b>	<b>\$57,638</b>	<b>\$29,548</b>
<b>Total Current Assets</b>	<b>\$533,713</b>	<b>\$518,081</b>
<b><u>Fixed Assets</u></b>		
<b>Plant and Equipment</b>		
Furniture & Equipment	\$55,115	\$55,115
Accumulated Depreciation	(\$49,368)	(\$47,382)
<b>Total Fixed Assets</b>	<b>\$5,747</b>	<b>\$7,733</b>
<b>TOTAL ASSETS</b>	<b>\$539,459</b>	<b>\$525,813</b>

**Masters Swimming Australia Inc.**

## **Balance Sheet**

**For the Year Ended 31 December 2017**

<b>LIABILITIES</b>	<b>2017 \$</b>	<b>2016 \$</b>
<b><u>Current Liabilities</u></b>		
Trade Creditors	\$3,951	\$13,665
Revenue received in advance	\$93,435	\$97,689
GST Liabilities - clearing account	\$7,636	\$7,367
PAYG on wages	\$2,734	\$4,868
Superannuation	\$2,856	\$1,427
Accruals	\$1,200	\$1,170
Provision for Annual Leave	\$14,104	\$10,449
<b>Total Current Liabilities</b>	<b>\$125,917</b>	<b>\$136,635</b>
<b><u>Non-Current Liabilities</u></b>		
Provision for Long Service Leave	\$10,938	\$10,100
<b>Total Non-Current Liabilities</b>	<b>\$10,938</b>	<b>\$10,100</b>
<b>TOTAL LIABILITIES</b>	<b>\$136,855</b>	<b>\$146,735</b>
<b><u>NET ASSETS</u></b>	<b>\$402,604</b>	<b>\$379,079</b>
<b>EQUITY</b>		
Retained Earnings	\$379,079	\$375,393
Current Earnings	\$23,526	\$3,685
<b>TOTAL EQUITY</b>	<b>\$402,604</b>	<b>\$379,079</b>

**Masters Swimming Australia Inc.**

**Statement of Cash Flows**

**For the Year Ended 31 December 2017**

	<b>2017</b>	<b>2016</b>
	<b>\$</b>	<b>\$</b>
<b>Cash Flows from operating activities:</b>		
Receipts from operations	\$275,117	\$275,910
Payment to suppliers and employees	(\$298,081)	(\$264,050)
Interest received	\$10,237	\$10,837
GST received / (paid)	\$269	\$1,425
<b>Net cash provided by operating activities</b>	<b>(\$12,458)</b>	<b>\$24,122</b>
<b>Cash Flows from investing activities:</b>		
Acquisition of property, plant and equipment	\$0	(\$1,473)
<b>Net cash used in investing activities</b>	<b>\$0</b>	<b>(\$1,473)</b>
<b>Net cash increase / (decrease) in cash and cash equivalents</b>	<b>(\$12,458)</b>	<b>\$22,649</b>
<b>Cash and cash equivalents at beginning of year</b>	<b>\$488,533</b>	<b>\$465,884</b>
<b>Cash and cash equivalents at end of financial year</b>	<b>\$476,075</b>	<b>\$488,533</b>

## **Masters Swimming Australia Inc.**

# **Notes to the Financial Statements**

**31 December 2017**

### **1 Accounting Policies**

#### **(a) General Information**

These financial statements are a special purpose financial report prepared in order to satisfy the accounts preparations requirements of the Associations Incorporation Reform Act (Victoria) 2012.

The board have determined that the Masters Swimming Australia Inc. is not a reporting entity and therefore there is not need to apply Australian Accounting Standards or other mandatory professional reporting requirements in the preparation and presentation of the financial statements.

#### **(b) Basis of Preparation**

The financial report has been prepared on an accruals basis and is based on historical costs modified by the revaluation of selected non-current assets, financial assets and financial liabilities for which the fair value basis of accounting has been applied.

The following specific accounting policies, which are consistent with previous periods unless otherwise stated, have been adopted in the preparation of this financial report.

#### **(c) Property, Plant and Equipment**

Each class of property, plant and equipment is carried at cost or fair value less, where applicable, any accumulated depreciation and impairment losses.

The depreciable amount of all fixed assets is depreciated on a diminishing value basis over their useful lives commencing from the time the asset is held ready for use.

#### **(d) Revenue**

Revenue from membership registrations and branch affiliation fees are recognised when received and attributed to the financial year in which they relate.

Interest revenue is recognised when it is credited to the relevant bank account or term deposit and attributed to the financial year in which it is received.

All other revenue is recognised when it is received and attributed to the financial year in which it is received.



**Masters Swimming Australia Inc.**

## **Notes to the Financial Statements**

**31 December 2017**

### **1 Accounting Policies (continued)**

#### **(e) Goods and Services Tax (GST)**

Revenue, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Taxation Office. In these circumstances the GST is recognised as part of the cost of acquisition of the asset or as part of an item of the expense. Receivables and payables in the balance sheet are shown inclusive of GST.

**Masters Swimming Australia Inc.**

## **Board's Declaration**

**31 December 2017**

In the opinion of the board, the financial report:

- (a) presents fairly the financial position of Masters Swimming Australia Inc as at 31 December 2017 and its performance for the year ended on that date in accordance with the accounting policies outlined in Note 1 to the financial statements;
- (b) satisfy the requirements of the Associations Incorporation Reform Act (Victoria) 2012 to prepare accounts; and
- (c) at the date of this statement, there are reasonable grounds to believe that Masters Swimming Australia Inc. will be able to pay its debts as and when they fall due.

Director of Finance

*Andrea McNeil*

Dated

*5 March 2018*

## Masters Swimming Australia Inc.

### Independent Auditor's Report to the Board of Masters Swimming Australia Inc.

#### Opinion

We have audited the financial report of Master Swimming Australia Inc. (the Association), which comprises the balance sheet as at 31 December 2017, the income statement for the year then ended, the statement of cash flows for the year then ended, the notes to the financial statements, and the statement by the board of management.

In our opinion, the accompanying financial report presents fairly, in all material respects, the financial position of the Association as at 31 December 2017 and of its financial performance for the year then ended in accordance with the accounting policies described in Note 1.

#### Emphasis of Matter – Basis of Accounting

We draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared to assist the Association to meet the requirements of the *Associations Incorporation Reform Act (Victoria) 2012*. As a result, the financial report may not be suitable for another purpose. Our opinion is not modified in respect of this matter.

#### Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the Association in accordance with the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 *Code of Ethics for Professional Accountants* (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

## Crowe Horwath.

### **Responsibilities of the Board of Management for the Financial Report**

The Board of Management are responsible for the preparation and fair presentation of the financial report in accordance with the financial reporting requirements of the applicable legislation and for such internal control as the Board of Directors determines is necessary to enable the preparation and fair presentation of a financial report that is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the Board of Management is responsible for assessing the Association's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless the Board of Management either intends to liquidate the Association or to cease operations, or has no realistic alternative but to do so.

### **Auditor's Responsibilities for the Audit of the Financial Report**

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

A further description of our responsibilities for the audit of the financial report is located at the Auditing and Assurance Standards Board website at: [http://www.auasb.gov.au/auditors\\_files/ar3.pdf](http://www.auasb.gov.au/auditors_files/ar3.pdf). This description forms part of our auditor's report.

CROWE HORWATH TASMANIA  
CROWE HORWATH TASMANIA



Malcolm Matthews

Partner

Launceston

Date: 5/3/18



# NATIONAL MEMBERSHIP

Membership by YEAR and BRANCH

Please note

- \* includes Life Members but not Second Claim Members
- since 2007 ACT included in NSW figures

Branch	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
NSW	1737	1679	1729	1719	1620	1557	1534	1558	1450	1437	1482
NT	123	170	169	161	154	148	141	131	136	138	152
QLD	1414	1348	1425	1316	1138	1280	1235	1242	1189	1199	1195
SA	605	600	604	606	577	635	631	657	649	644	614
TAS	298	317	296	296	280	299	288	298	327	277	291
VIC	929	900	920	975	965	1055	1098	1176	1219	1263	1148
WA	1277	1344	1324	1398	1442	1448	1578	1642	1655	1619	1587
<b>Total</b>	<b>6383</b>	<b>6358</b>	<b>6467</b>	<b>6471</b>	<b>6176</b>	<b>6422</b>	<b>6505*</b>	<b>6704*</b>	<b>6625</b>	<b>6577</b>	<b>6469</b>

# NATIONAL SWIM MEETS COMMITTEE

This Committee oversees the Guidelines in place to ensure our National Championships are conducted in accordance with the Rules & By-Laws of Masters Swimming Australia.

As this is my first report as Chairperson of this Committee, I must first and foremost thank the previous Chair, John Pollock from the Northern Territory. John has chaired this Committee for the past 14 years (2003-2017). In that time he has seen members come & go but he has been the constant in ensuring the Guidelines kept pace with our organisation in the conduct of its most important event, the National Championships. He has been ably assisted by the National Office, especially Noeleen Dix, as well as other members of the Committee within that time frame. Thank you John for ensuring this document is relevant today.

As Chair, I welcome 3 new members to the Committee. They are Rachael Keogh (QLD), Fiona Wilkins (WA) & Leanne Beames (SA) who bring with them great experience in the conduct of not only their own State Championships but also our National Swims. I also acknowledge that Jane Noake (NSW) is continuing her role as a member of this Committee and also brings a wealth of knowledge. This is the first time in many years that nearly all the States are represented on this Committee.

Our job in the coming months is to get feedback from the WA organising committee who will in 2018 conduct the National Championships to ensure that the National Swim Meet Guide was relevant to their requirements in assisting with the running of the Meet.

We will also be looking at any FINA Rule changes that impact Masters Swimming here in Australia. These will include the standard of facilities in conducting a National Championships, the availability of Automatic timing devices and any other areas of concern and also any Rule changes by Masters Swimming Australia that impacts our National Championships. If required, the National Swim Meet Guide will be updated to reflect any changes.



**JEANETTE HOLOWIUK**

SWIM MEETS COMMITTEE CHAIRPERSON

# NATIONAL COACHING COMMITTEE

The members of the National Coaching Committee (NCC) for 2017 were:

Bruce Allender (VIC) Chair, Elena Nesci (WA), Kim Tyler (WA), Mark Erickson (QLD), Dianne Coxon-Ellis (NSW) and John Pugh (TAS)

There are 292 registered Club Coaches across all Branches (see table below) with more new Coaches and more renewing Coaches in 2017 and is a reflection of the increased focus on training Club Coaches. A long-term aim of MSA and specifically the NCC has been to provide the opportunity to train Masters Coaches to an appropriate standard, and on going training. One of the reasons for the high participation in Masters Swimming Clubs is the availability of providing quality coaching. Accompanying this is the need to attract more coaches for training. Planning started to make 2018 the MSA Year of the Coach. This is to be a low-key multi faceted program to raise the profile of Coaches in Masters Swimming, recognize their vital contributions, and to motivate more people to get a coaching qualification and join the Coaching fraternity.

Since MSA are responsible (under the umbrella of Swimming Australia) for training and registering our own coaches, there has been also an on-going emphasis on training Presenters and Assessors for Club Coach Courses. The MSA office maintains a register of Presenters and Assessors and currently there are 19 registered. The aim is to have a panel of Presenters and Assessors registered from Branches so that more Club Coach courses can be offered locally. A draft policy and procedures document was prepared for the training, assessment and registration of Presenters and Assessors, ready for implementation in 2018.

The NCC has reviewed the criteria for selection of MSA Coach of the Year. The basic process is that the Branch Coaches of the Year become the branch nominees for consideration. A concern has been that Coaches from larger Clubs with a high profile of successful competitive swimmers may receive a higher weighting than a coaches from smaller, often regional and more recreational Clubs. From a Masters Swimming perspective the contribution of the latter coaches is often as great or even greater than the large well resources Clubs, and their importance to the development of Masters Swimming must be recognised. As a result the rating and scoring criteria for COY have been reformatted to reflect this perceived imbalance.

One of the main tasks of the NCC is assessing the nominations for Coach of the Year that are submitted by each Branch and making a recommendation for the MSA Coach of the Year. Sari Galsworthy from Fremantle Fins in WA was selected as the worthy 2016 MSA Coach of the Year.

For many years MSA have offered a coach accreditation course to participants at the annual Australian Swimming Coaches and Teachers Association (ASCTA) conference in Queensland. With the much closer relationship that MSA has with Swimming Australia and ASCTA this course has been updated ready for presentation in 2018. From a MSA point of view, providing age-group coaches (Bronze License and above) with an extension course to Masters Club Coach accreditation helps swimmers who are transitioning into Masters Swimming later in life.



**BRUCE ALLENDER**

COACHING COMMITTEE CHAIRPERSON

Branch	Total Coaches in 2017	New in 2017	Reaccredited in 2017
NSW	75	9	10
NT	2	0	1
QLD	68	8	7
SA	19	4	2
TAS	4	0	0
VIC	43	3	5
WA	81	9	14

# NATIONAL TECHNICAL COMMITTEE

The National Technical Committee (NTC) is a forum for all states to clarify technical issues, have rules reviewed and propose changes if required, and provide guidelines for the training and accrediting of technical officials. The NTC members for 2017-2018 are Phil Beames (SA), Stan Pearson (QLD), Peter Maloney (WA), Di Partridge (NSW), Neil Keele (NSW), Don Reynolds (TAS), Neil Mitchell (VIC) and Jayna Gordon (NT). Unfortunately Don resigned from the committee in January for personal reasons - thank you Don for your input throughout your tenure on the NTC.

The FINA Technical Congress took place in Budapest in July to review swimming rules and masters rules. FINA published their amended rules in October which the NTC reviewed and made recommendations for any changes required to be made to the current MSA swimming rules. The amended MSA rules were ratified by the board and took effect on 1st January 2018.

Following on from the FINA rule changes and subsequent MSA rule changes the NTC has reviewed and updated:

- the DQ Codes used in Meet Manager,
- the DQ Code reference card used by Technical Officials on pool deck,
- the guide for SAL Referees officiating at MSA meets
- the Medical Disability Certificate form and accompanying notes, and
- the Technical Officials training documentation (in progress).

Other tasks the NTC are to work on are;

- Exploring MSWA's suggestion that there should be accredited Open Water Swimming Technical Official positions with their own accreditation pathway that is not dependent on pool accreditations.
- Review opportunities to align the MSA open water swimming rules more closely with the FINA open water swimming rules, noting that there are special conditions in Australia that will need to be considered.
- Review of FINA's amended swimwear rules relating to open water swimming. NTC to make recommendations for changes to MSA Open Water Swimming Rules for adoption. This has been delayed as FINA still have not produced a definitive list of compliant wetsuits.

The NTC will continue to focus on:

- How to encourage individuals to become accredited officials, develop strategies to retain those officials and to prepare to replace those who stand down.
- Reviewing the process of gaining accreditation as a Technical Official with the view of making it simpler and more flexible whilst maintaining high standards.



**PHILLIP BEAMES**

NATIONAL TECHNICAL COMMITTEE CHAIRPERSON

Branch	General Principals of Officiating	Time-keeper	Chief Time-keeper	Check Starter/ Clerk of Course / Marshal	Starter	Inspector of Turns	Judge of Stroke	Referee	Total
NSW	1	1	1	1	3	2	1	1	11
NT	0	0	0	0	0	0	0	0	0
QLD	0	1	1	0	0	0	1	0	3
SA	0	0	0	0	0	0	0	0	0
TAS	2	1	1	0	0	0	0	1	5
VIC	0	0	0	0	0	0	0	0	0
WA	0	0	0	0	0	0	1	1	2

# NATIONAL RECORDER

Although masters swimmers had the opportunity to swim in 107 events which included 12 international meets, this was considerably less than the previous year. The major meets included the MSA National Championships on the Gold Coast, World Masters Games in New Zealand and the FINA Masters World Championships in Budapest.

There were 280 individual and 41 relay National records achieved in 2017. This was an increase of 39 individual and 6 relay records. Also there were 15 FINA Masters World Records approved by the World Recorder.

Endurance 1000 has been used now by swimmers for 6 years and although the number of participants is down from 2016, reflected in the number who completed all the swims and achieved 1005 pts, the number of clubs remained the same. The Endurance 1000 results included swims across all age groups although some swims are in the competition by default with all eligible swims being transferred from swim meets.

When the National Swim Series began in 2014, 49 swimmers participated in 3 or more swim meets, 2015 only 22 swimmers participated in 3 or more swim meets. In 2016, 76 participated in 3 or more swim meets. In 2017, 43 swimmers participated in 3 or more meets (16 women and 27 men with 2 males competing at 5 swim meets).

The number of swims completed show an ongoing enthusiasm among the members to compete at various meets and Endurance 1000 and the recorders are to be congratulated on their hard work throughout the year in submitting the results and records in a timely manner.

Early in 2017 I spent considerable time digitising results, newsletters and other documents from a variety of sources. This enabled me to update the Records section of the portal as there were many members only listed with their first initial and to put in the correct date and venue. There were also many historical records that weren't listed and this had a flow on effect to the historical World Records. There has also been checking of results to ensure that names, MSA IDs and venues are correct; this task will be ongoing for some time to come.



**PAULINE SAMSON**

NATIONAL RECORDER (LIFE MEMBER)

Vorgee Endurance 1000				
Year	Clubs	Swimmers	Completed all swims	Achieved 1005 points
2017	152	1737	78	50
2016	152	1915	88	57
2015	144	1965	75	56
2014	146	1899	71	51
2013	153	2109	110	55
2012	141	1884	81	59

Statistics of entries from the records/results portal	2017	Total since 2002
Meets	107	2,156
Individual results	62,867 (incl e1000 - 18,460)	91,1501
Relay results	2,206	32,380
National Records Individual Relay	321 (280) (41)	58,987
World records achieved by MSA swimmers 2017 Individual Relay	15	580 57

# NEW SOUTH WALES (MSNSW)

## GOVERNANCE

Masters Swimming NSW is governed by a board of seven members assisted by position holders in Communications, Coaching, Endurance, Recording, Safety, Technical, Training, Social Media and Website. Board members were elected at the Annual General Meeting held in May 2017 which was attended by 43 registered persons representing 21 of our 52 clubs. MSNSW offices, located at Sports House in Sydney Olympic Park, remained rent free; we pay for outgoings.

Membership figures improved for 2017 and may have been encouraged by the glut of national and international competition including FINA World Masters Championships in the attractive location of Budapest, Hungary and the World Masters Games in near-by Auckland.

## PROMOTIONS

### Awards

In February Clary Munns won the prestigious Sport NSW Masters Athlete of the Year award and Tony Goodwin took it home in November when the awards night was brought forward and combined with the celebration of the NSW Hall of Champions Induction ceremony.

### Recognition

Mark Hepple was awarded Life Membership of Masters Swimming NSW at the Annual General Meeting. It was recognised that



Mark puts in countless hours of voluntary labour at the computer keeping the ranch on track.

Mark is usually in the background to everything that goes on in Masters swimming. Mark took on the responsibility of updating the website and keeping it up to date and progressively making changes. These changes included standardisation of all the forms, listing of all the awards and pictures of all the trophies, listing and pictures of life members, keeping the results up to date, digitisation of the forms that we use, constant upgrading behind the scenes and working with the administrator to improve all our systems. It was Mark who suggested we move to online entries, researched the various systems available, tailored the one we are using now to make it user friendly and made most of our lives so much easier.

Mark is still seen at the majority of swim meets, although some of the clubs now do their own recording, most with a little help from Mark in some form or another, but now much of the work done by Mark is behind the scenes and not visible to most members. Mark puts his heart and soul into Masters swimming, and MSNSW benefits from having Mark as part of our team.

Many members of MSNSW were recognised for their work and dedication throughout 2017. These included, but were not limited to, Kerryn Blanch (Gary Stutsel Award), Jamie Turner (Official of the Year), Marie Taylor (Administration Award), Paul Bailey (Coach of the Year), Anne Smyth (Ian Davis Award) and Graham Campbell (Betty Grant Award). The branch offers congratulations to all these recipients.

## Marketing

The Communications team recommended the MSNSW Board look to engaging a Marketing & Communications Coordinator to raise the profile of our organisation and ultimately increase membership. Kim Back joined MSNSW in November and is now involved in the development of content and social media strategies, getting us on to all social media platforms and generally getting our sport a higher profile. Kim has already been active in building relationships with Swimming NSW, putting MSNSW on Instagram and is looking at other forms of Social media. Kim is also looking into sponsorship opportunities and works closely with the communications team and attends their monthly meetings.

### Hunter Project

Late in 2017 MSNSW used an Office of Sport grant to run a series of events in the Hunter region north of Sydney to promote masters swimming and the six local clubs. Di Partridge proposed the idea, a successful submission for funding was received and each of the Hunter clubs assumed responsibility for their own event.

Singleton put on a stroke correction clinic. Cessnock organised a clutch of timed endurance swims along with a timekeeping course. Maitland hosted an entire day, incorporating a technique clinic, lunch, and CPR and dryland training. Raymond Terrace ran a social dinner then an open meet. Myall welcomed many non-masters swimmers to a wonderful open water swim. Novocastrian Masters held their annual carnival, which is always open to all swimmers 18 and over.



# NEW SOUTH WALES (MSNSW)

## **Dryland Training**

Nicolai Morris presented free dryland training sessions for members to get an understanding of what they can, could, should do while out of the water to benefit themselves and their swim strokes.

## **PROGRAMS & ACTIVITIES**

### **Technology Team**

The Webmasters team maintain an interesting and up to date website ensuring relevant information is available to members in a timely fashion. All this behind-the-scenes activity provides MSNSW members with facts, news, ideas and information in a consistent format with MSA.

### **Coaching Team**

MSNSW's Coaching Director, Di Coxon-Ellis ran a Club Coach course and our thanks go to John Kulhan and Paul Bailey who were also the presenters on the day. The Coach Project team led by Anne Smyth has been active and hosted workshops and information sessions as well as getting all coaches actively engaged through more relevant communications and keeping information flowing. Interesting articles and blogs have appeared on the website. Anne and her team have once again visited any MSNSW club that has requested a training session.

### **Endurance 1000 Recorder**

Jenny Whiteley capably kept the branch up to date with all things endurance and MSNSW finished 2017 with twenty one members achieving maximum points while another seventeen managed all swims. Again MSNSW thanks Pauline Samson for her tireless efforts in keeping us all up to speed with the E1000 program.

## **Safety**

The Branch Safety Coordinator, Jodie Burke, continued to ensure that clubs follow the national safety guidelines, particularly in completing Incident Report Forms at all club and interclub activities.

Several CPR courses were conducted at cost price to encourage all members to get this life-saving qualification. Thanks to both Kerryn Blanch and Marilyn Earp for volunteering their time and expertise.

## **Swim Meets**

Throughout NSW and the ACT sixteen sanctioned meets were booked to be held in 2017. The calendar was made up of eight long-course and eight short-course meets plus four Branch meets as follows:

- Long-course championships were conducted at Sydney Olympic Park Aquatic Centre, with 308 swimmers booked in to compete from 40 clubs.
- The branch relay meet in July was held in the short-course diving pool at SOPAC, attracting 297 swimmers from 19 clubs.
- The short-course championships were held in October over two days at the Australian Institute of Sport in Canberra, attracting 192 competitors from 32 clubs.
- The branch long-distance short-course championships were held in November at Knox Grammar School, with 111 swimmers from 31 clubs.

## **Technical and Training Team**

Throughout the year Di Partridge, Branch Training Co-ordinator, organised training courses on request and provided support and continuing education for all technical officials. Thanks go to the members of this team and all those who coordinated and presented courses during the year. MSNSW continues to have a healthy base of officials on which to call.

## **Acknowledgements**

Again two dedicated and tireless members volunteered their time to assist in the branch office—Kevin Stirling and Jamie Turner—and I thank them for their work, their company, their fun sense of humour and their patience with me. Both cheerfully come along for hours on end to tackle thankless but essential administrative tasks. My thanks to you both.

We again had the assistance of Volunteering NSW volunteers at branch championships with timekeeping and running and are most appreciative of their presence. Many thanks also go to the national General Manager and Administration team for their consistent support throughout 2017 often on a daily basis. Thank you, Noeleen, Jane, Kath and Lynne.

**JILLIAN PATEMAN**

ADMINISTRATOR



Supported by the



# NORTHERN TERRITORY (MSNT)

## SWIM MEETS

The NT Branch held five swim meets during 2017. The Branch Long and Short Course Championships were held in March and October respectively, the former being part of the MSA swim series. Three interclub virtual meets were conducted during the year - in January, May and November. The January meet was also an open Australia Day Carnival.

## MEMBERSHIP

The Northern Territory continued to have one of the highest percentages if its population as members of MSA clubs of the sovereign jurisdictions in Australia, second only to WA. Membership in 2017 reached 147, higher than the previous year's total of 136 – Alice Springs 23, Darwin 109, Palmerston & Rural 12.

## INTERNATIONAL LINKS

A big contingent of Darwin Club members again attended the Singapore Masters' International Meet in October, winning many events, particularly in the older age groups, and breaking a number of NT Branch and Singapore Masters National Records. Branch members also performed well in the FINA World Masters Championships and in the World Masters Games in New Zealand.

## FUNDING

The Branch in 2017 received no funding from the NT Department of Sport and Recreation, whose grant had previously covered all branch administration costs and provided funds for coaching and travel subsidies, coach and technical official development and other activities. Funding was withdrawn from MSNT because the branch refused to become wholly integrated into Swimming NT, which was in governance, administrative and financial disarray. Integration would also have meant that MSNT ceased to exist as a constitutional entity and thus as part of Masters Swimming Australia and the branch considered that this far outweighed the very limited benefits that could be obtained from integration with Swimming NT.

## BRANCH MEETINGS

Regular branch meetings were held in Darwin, with a Skype link to the Alice Springs delegate. The AGM was held in Darwin in November.



Australia Day Meet

## BRANCH MANAGEMENT

At the AGM in November, Adrian Tonkin of the Darwin Stingers Club was re-elected as Branch President, with John Pollock of Darwin Stingers as Branch Secretary and Louise Hardy of Darwin Stingers as Treasurer.

## JOHN POLLOCK

BRANCH SECRETARY



Images left and above are from the SC Championships

## GOVERNANCE AND ADMINISTRATION

The newly elected Board met for the first time at a face to face meeting in May. The MSQ President liaised with new National President, Gerry Tucker and other delegates and MSA Staff. A meeting was held with Kevin Hasemann, CEO Swimming Queensland to renegotiate the Service Level Agreement. It was decided to extend the term of the SLA to 18 months which will bring it to the end of December 2018 for renewal. A discussion paper on including Multiclass swimmers into Masters Swimming competition was prepared for the National meeting.

Thank you to:

- Helga and David Findlay for attending the Autumn National meeting on my behalf.
- Noosa for trialling our online payment system and for other clubs for adopting this process.
- Shane Knight, VP South and Grant Hoskins, VP Sunshine for their work they did on the MSQ Board. Their time and input are greatly appreciated.
- Dawn Thompson for her work on the Newsletter.
- Nicolai Morris for administering the Masters Swimming South Instagram account.
- Julie Bott and Amanda (SQ) have done an excellent job in managing the MSQ financials.
- Jess Schipper for agreeing to be our Patron.

It was with great sadness we farewelled Ray Smythe in Toowoomba. Ray was a very popular and respected Technical Official. We donated \$100 towards the family's chosen charity on behalf of all members.

David Findlay has prepared a Draft Strategic Plan. It takes away any unrealistic goals and really focuses on the core capabilities and functions of our organisation. Considering two recent resignations, it is an appropriate time to consider the Board structure and its future composition. As part of that review, investigations were made into the other Branches. The state championships manual has been identified for review.

And, congratulations to Yeronga on a very successful first meet.



Yeronga Meet

## STATE CHAMPIONSHIPS

Planning is underway for the Queensland State Championships in March 2018. This event is being jointly hosted by two clubs, Caribee Rocky Crocs and North Mackay Sinkers. The venue is the same as the 2014 National Championships. An extra day for a long course 1500m was added to the four-day short course format. We continue to have regular teleconferences with both Rocky Crocs and North Mackay Sinkers about this event. Both clubs are working hard to ensure the event is successful.

## NATIONAL CHAMPIONSHIPS

Thank you to everyone who was involved in the running of the 2017 National Championships to make it such an enormous success. The Acquittal document for funding from the City of Gold Coast was completed and successful in providing funding for the Nationals. I am very pleased to advise MSQ made just over \$28,000 from this event.

## NON-POOL EVENTS

Rottnest Island Channel Swim Association are very excited to have interest from MSQ. We can go ahead with planning a 10km event and a Cairns club has shown interest in hosting this event.

Thank you to Cheryl Brodribb for her hard work in organising this event in the North region. The Starts and Turns clinic was attended by seven swimmers who learnt a great deal from Steve Cornelius.



## APPOINTED BOARD POSITIONS

We filled the Appointed Position, Membership Protection Information Officer, with Michelle Govers and Director of Risk Management with Nikhil Mathur. I would like to thank both Michelle and Nikhil for their efforts during their time with MSQ. Both Michelle and Nikhil have stepped down from their positions, however, their input has been invaluable with Michelle guiding many club members regarding the Member Protection Policy and Nikhil preparing some critical documents for the organisation in relation to risk management. Michelle drew up a complaint handling process and has suggested feedback for the National Member Protection Policy in terms of social media.

## MULTI CLASS

The Branch Administrator and President met via teleconference with Michael Woods (SAL) and Michael Andersen (SQ) regarding the processes and systems required for including Multi class swimmers into the MSQ State Championships (with the view to include these swimmers in all meets in Queensland). A flyer has been prepared and will be sent to all clubs in Queensland with a media release planned within the next few weeks. Helga has been working hard on information regarding Multiclass for our Technical Officials for the State Championships.

I sincerely hope the President and Board continue with the inclusion of Multiclass.

## PROGRAMS AND ACTIVITIES

**MSX** - The results of the MSX program have been posted to clubs with recognition given to platinum, gold, silver and bronze award winners through a certificate and swim cap. The future of this program will be reviewed at the next face to face meeting.

**Lane Warriors** – Many clubs are participating in this program. However, there seems to be some confusion about the differences between this program, and the Vorgee 1000 in terms of the use of swimming aids such as fins or pull buoys. This was recently explained and will be continued.

**Club activities** – Going by the information submitted to the Around the Clubs newsletters and conversations with members, many MSQ clubs are enjoying the social aspect of masters swimming.

**Coaching** – Two coaching courses have been offered to MSQ members by Mark Erickson and Rayleen Rasmussen. Thank you to Natasha Bletchly for training to be a presenter.

**Technical** - Stan Pearson has recently re-nominated for a role on the National Technical Committee. This was endorsed by the MSQ Board. The decreasing number of Technical Officials in Queensland is a real concern. We have appealed to our membership on several occasions to consider completing the Technical Officials course.

### Competition

For only the second time, MSQ hosted the swimming at the Great Barrier Reef Masters Games. This event was very well run, and feedback was very positive. Due to its heavy promotion, it is expected to grow each year.

Some clubs have expressed concern at the number of meets during the year and have proposed that two or more clubs co-host local meets to improve the experience. Some members are finding the travel and costs a deterrent to competing. MSQ would like to explore the option of an event fee, believing this to be a better option than guest swimmers. The event fee offers flexibility for non-members to compete in the sport.



Genesis Meet

## COMMUNICATION AND PROMOTION

MSQ has lost its editor of our Around the Clubs newsletter and is looking at a different format (Mailchimp) as a means of communicating with members. We encourage our members to find information on the web site, member forum, Facebook and Instagram.

Facebook followers continue to grow. Helga posts some very popular topics that receive a lot of shares and comments.

Both Instagram accounts are also doing well. Thanks Cheryl for continuing to look after the North region. The Masters Swimming South account needs a new Administrator.

**RACHAEL KEOGH**  
PRESIDENT

# ***SOUTH AUSTRALIA (MSSA)***

Masters Swimming SA continues to be strong in 2017. Membership remained relatively constant, which is encouraging, and the Branch and Clubs worked hard to provide numerous pool, open water and social events that were very well attended.

We have been extremely lucky to have Channel Nine's support for our Open Water Series and Geosnapshot Photography [www.geosnapshot.com](http://www.geosnapshot.com) present at most of our events throughout the year. The photos have been amazing and have assisted in the promotion of all of our events. We appreciate their support!

## **GOVERNANCE**

Masters Swimming SA continues to be managed by a branch executive and a committee of representatives from all clubs in SA, which met monthly at the Boardroom of the SA Aquatic & Leisure Centre. We are pleased to have a good working relationship with Swimming SA which is only improving! A small sub-committee has completed reviewing the Branch's Constitution and a motion to adopt the recommended changes will be placed on the agenda for our Branch AGM in May. Their job will continue with a review of the Branch's By-laws to bring them in to line with the new Constitution if all is approved.

## **2017 AGM**

At the 2017 AGM all positions on the committee were filled. Thanks to all committee members for their continued support and effort in their roles.

## **PROGRAMS & ACTIVITIES**

### **SA State Masters Games**

The SA State Masters Games were held in Clare in 2017, with the swimming being held on Saturday, 16 April. Entries were down to 52 but the swimmers that did come went away having greatly enjoyed their experience! In 2018 the Games will be in Murray Bridge but this is disappointing as they are on the same dates as our National Championships in Perth.

### **CHANNEL NINE OPEN WATER SERIES 2017-2018**

It has been another great summer in the ocean so far. Along with the efforts of our Open Water Swim Director, Ian Young, and Channel Nine's continued sponsorship of the series with television promotions, we have seen all of the swims being well represented by both members and the general public. With 2 of our 10 swims left to complete, Port Elliot and Port Noarlunga Reef, there are over 35 swimmers who have managed to complete all swims to date and may gain themselves an embroidered towel for their effort.

The Annual Nine News Australia Day Jetty to Jetty Swim in its 102<sup>nd</sup> year attracted 411 swimmers with Swimming SA taking part. Rosemary White, Event Convenor, with the clubs that assisted deserve credit for making this a terrific event.

We once again were very lucky to have our T-Shirt designed by one of our swimmers, Alec Townsend.

Lara Wakeham from Norwood Swimming Club was the fastest female in a time of 30m15s, taking home the Wingate Trophy. While the fastest male was Connor Tunbridge from Western Aquatic, in a time of 27m17s winning the Ted Geary Trophy.

Andy Duncan aged 82 and Barbara Pearce from Marion aged 81 received the Awards for the Oldest Swimmers to complete the swim, the Darryl Hawkes Trophy presented by Darryl and Simons Trophy presented by Di respectively.

The Nine News Jetty to Jetty Team Award and the newly named Marj Muller Trophy were both won by Adelaide Masters. The Marj Muller Trophy which was formerly the Branch Trophy was renamed in memory of Marj, a MSSA Life Member who passed away this last year. Marj was loved by one and all with the ocean being her favourite swimming location. Her husband Howard was on hand to present the trophy.

Our 7<sup>th</sup> Annual State Open Water Championships, hosted by Marion Marlins, attracted 145 entries at West Beach. Leila Nazimi and Grant Simpson were first to finish in the 3km swim, with Briny Mcarthur and Tom Liubinas first in





# ***SOUTH AUSTRALIA (MSSA)***

the 1km swim. Team Trophies were hotly contested with Marion edging out Henley Beach for the Aggregate Points Trophy while Western Districts won the Average Points/Swimmer Trophy. Thanks to Garth Hayter and the Marion Marlins for another extremely well organised event!

## **“Swim into Spring” Campaign**

Masters Swimming SA, in conjunction with Vorgee, once again launched the “Swim into Spring” campaign. The promotion attracted new members to coincide with the release of 16 month memberships. Each new 16 month member received a free pair of Vorgee Extreme Competition Missile Goggles valued at \$25, plus they went in the draw to win a Vorgee prize pack valued at \$108. This campaign was very well received with 18 new 16 month memberships. We also had 10 x 4 month memberships. The winner of the Vorgee prize was Michelle Jansen Van Vuuren from Tea Tree Gully.

## **SUMMER POOL SERIES 2017-2018**

Our pool swimming continues with the Summer Pool Series held on the outskirts of the metropolitan area, which we have been building up since its inception in February 2013. This season we have 1 swim left in the Series which is to be held at Strathalbyn in a couple of weeks. Unfortunately, we had to cancel our pool swim at Port Augusta yet again so only four swims in the series this year. With swims held at Woodside, Gawler and Clare, the Aquadome Otters are proving to be the team to beat with a lead of over 800 points. These events have been well supported by clubs with the average of over 70 swimmers at each.

## **2017 WINTER POOL SERIES**

Our Winter Interclub Series was a great success in 2017 with participation constant over the four events. Champions for the series were Atlantis, followed by Tea Tree Gully. Congratulations to swimmers throughout the Series with many National and State records falling! The State Cups, both Long and Short Course, were held at the SA Aquatic & Leisure Centre with numbers the same as most years. The Short Course was part of the National Swim Series which attracted a few interstate visitors. This was won by Atlantis while the Long Course Cup was won by Tea Tree Gully.

## **ANNUAL PRESENTATION DINNER**

Our Annual Branch Presentation Dinner was held on Saturday, 25 November at the Marche Club, Paradise celebrating another successful year for both clubs and individuals in SA! The event was hosted by Tea Tree Gully who organised a fabulous night with a “Splash of Gold”!

Ian Young was awarded Male Swimmer of the Year and the Runner-Up was Stephen Carthew, both from Marion Masters. The Josie Sansom Trophy and Female Swimmer of the Year was won by Joanne Sutcliffe from Henley Beach and the Runner-Up was Joy Page from Atlantis.

Atlantis and Tea Tree Gully won all awards relating to the Interclub Series. Atlantis also won the Interclub Proficiency Award and Short Course State Cup with Tea Tree Gully having another good year winning the Long Distance Meet Shield, the Summer Pool Series Trophy, Long Course State Cups and the Vorgee Endurance

Cup. The Towel Swims were so popular with the OWS Series each year that we made the decision to present towels to all swimmers that swam all pool events. The OWS Towels had 21 recipients and the Pool Series 8.

## **OPEN WATER SWIMMING WORKSHOP**

Robyn Brown, as the MSSA Coaching Director, has been tireless in her effort to organise a Club Coaching Course for new coaches. She is now mentoring these new coaches while they gain experience at the Branch Training Sessions in her usual calm and approachable manner. Robyn has organised an OWS Workshop as part of our Swim into Spring Campaign with the assistance of Craig Jones, Coach of Atlantis, which was very well attended and swimmers found very interesting and informative. Thanks to the Branch for supporting these activities which will only enhance the quality of coaching in this state. We hope to run another course soon as interest has been shown!

## **ACKNOWLEDGEMENTS**

On a final note, I would like to thank the team of dedicated volunteers who make Masters Swimming SA what it is today. The SA branch relies on a team of volunteers who each donate an enormous amount of their personal time and I would like to take this opportunity to personally thank each and every one of them.

## **LEANNE BEAMES**

Administrator



## TASMANIA (MST)

Over the last two years the branch has introduced a number of strategies to address its long-term development, or, as could alternatively be described, a maintenance plan, to ensure its ongoing viability. Finances have now been stabilized, development funds in areas of coaching, officials and club development grants are now available on an annual basis and our championship events are conducted on an annual basis with a small surplus on these events realised during the year.

### BRANCH GOVERNANCE AND MANAGEMENT

The Branch continues to be managed by a branch executive and a committee of representatives from the clubs. The Committee meets face to face four times a year, usually before one of the swim meets, and monthly via video/phone conference. These meetings are vital to keep the Branch on track to achieve the goals set out in the Strategic Plan. The video/phone conferences focus on providing the Branch the opportunity for in-depth consideration of strategic issues.

At the 2017, AGM Pauline Samson, National Life Member and current National Recorder was elected president of the Tasmanian Branch, Mendelt Tillema was re-elected Branch Secretary, Don Reynolds, our immediate Past President, took on the positions of Safety Officer and Technical Officer, Ray Brien continued in his position as Branch Registrar while Maciej Slugocki continued in his roles as the Branch Treasurer, National Board Delegate and continued in the Communications portfolio.



Hobart Aquatic members at Glenorchy Pool

During 2017, Pauline Samson undertook the digitization of our archived records eliminating by year end the payment for storage. This has resulted in a considerable financial saving to the Branch. Many of the digitized documents went back to the first discussions (1982) that people in northern Tasmania were having about starting masters swimming. The results books are being added to the website with some of the results written in hand writing and this was how early National Championships results were published. There are gaps in some of the years with newsletters and reports.

Due to sound management, the Branch is in a strong financial position. The Branch is prudent with its revenue and expenditure streams.

2017 was the first of two transitional years where the Branch is closely aligning its income from higher club affiliation and individual membership fees to its normal administrative and operational expenditures.

Our Surplus funds continue to be invested in term deposits and are classed as "Legacy Funds" to be used to fund Coaching, Officials and Club Development programs. In 2018 normal operational costs will be fully covered by current incomes from Club Affiliation Fees and membership Subscriptions.

Our four 2017 Championship events were fully self-funded and realized a surplus. The Branch has decided to consider in 2018 how surplus funds from championship events will be used.



## MEMBERSHIP

During 2017 the Branch had a modest 5% growth with membership increasing to 291. This growth returns the Branch to the general membership level it has maintained over recent years. The Branch now regularly discusses membership strategies, but growth is being hampered by limitations on lane space for training. The small population size also limits the number of pools in our relatively small cities and towns.

As a Branch we need to find ways of attracting younger members to the organisation and encouraging those members to stay. We also need to have programs in place to have those members want to stay. The Talays club for example has used the Endurance 1000 program for many years to keep the interest in swimming all year round and it can be seen by the core membership that the club has maintained for over 20 years. There is something in this program for everyone. We are considering expanding the range of our offers to more “come and try” events or ‘splash’ meets for swimmers to get together in various pools. Our club development policy, a strategic priority, has an annual funding provision to assist clubs in outreach activities.

## CLUBS

In 2017 the Branch welcomed a new club, Huon Valley Aquatic and some of its members competed in events during the year. Several clubs took the opportunity during 2017 It has also been encouraging to see the momentum with the revitalized Devonport club after a few years break.

## OUR CHAMPIONSHIPS

The Branch conducted four championship events over the year using the Club Assistant online registration system

- Summer LC (March)
- Autumn SC LD (Launceston)
- Winter SC (Launceston)
- Spring LC LD (Clarence)

The decision not to use the AOE for the long-distance events and not to award medals has helped keep costs down for those two events. AOE needs to be in place for the Summer and Winter Championships to encourage swimmers from interstate to come and compete.

These events can't run efficiently without officials so members are encouraged to ‘have a go’ at some of the officiating at our swim meets. It is noticeable that at major events, such as the National Championships, competitors officiate in between swimming their events.

During the year our members competed at the National Championships on the Gold Coast, the World Masters Games in New Zealand and the FINA Masters World Championships in Budapest and were successful in many of their events with medals and records. The Launceston club also hosted the Australian Masters Games swimming competition in October.

Maciej Slugocki (Tasmania) and  
Michael Bradford (NSW)  
slogged it out in Budapest

## COACHING

With the guidance of our Coaching Director John Pugh the Branch embarked on the development of club coaches with a successful workshop in December. The workshop was led by former Olympian, Peter Tonkin. Course participants are now in the process of completing the practical parts of their training and the branch expects to have at least 6 newly qualified coaches “on deck” in 2018.

## COMMUNICATION

Our communication between members has been through the Platypus Press and Facebook. These tools only work well if members contribute and acknowledge them. It's the conversations that members have around swimming that can keep the community together. Platypus Press has a focus on capturing and reporting, in magazine style on, on branch events and individual achievement. The magazine style enables greater “in depth” reporting and preservations of the history of masters swimming and its members than the more transient social media is capable of.



# TASMANIA (MST)



An enthusiastic team of Dolphins participated in the 2017 Summer championships

## BRANCH AND NATIONAL RECORDS

A total of 5,425 Tasmanian individual records have now been broken and are recorded in the Results Portal.

173 records were broken during 2017 by 36 MST members. 85 of these records were broken by members of the Hobart Aquatic Centre Masters Swimming Club (TAC), closely followed by the 47 broken by members of the Launceston Lemmings club. Additionally, three national records were broken.

In a remarkable record breaking year, TAC member Maciej Slugocki broke 35 records in addition to two national records. The other national record was broken by Terry Smithurst of Talays Masters.

Clubs, whose members have broken 1000 records now number 4. Launceston still dominates the record numbers with 1209, with Talays in 2nd place with 1126, Hobart Dolphins with 1058 and the fast closing TAC club now surpassing the 1000 record mark for the first time with 1017.

The branch's top, all time record breaker remains Sue Mayne from Talays with 241 followed by the fast closing Maciej Slugocki on 221 and former National President and current Tasmanian Director of Coaching from the Launceston club John Pugh, on 210.

## MST 2018 AWARD WINNERS

The champion club for the Summer Long Course championships was the Hobart Aquatic Centre Masters Swimming Club while the Winter Short Course Championships were won by the Launceston masters club who also won the annual Relay trophy.

Swimmers of the Summer Championship Meet trophies were won by Amanda Duggan from the Tomatoes masters and Maciej Slugocki from the TAC club while the Winter Short course championship winner were Anne Steele (TAC) and Costan Magnussen from the Van Diemens Club.

The 2016 Vorgee Endurance 1000 trophy was won by the Talays club.

The New Norfolk Trophy, awarded with regard to club membership (determined by the total points of a club at the Long Course Championships, divided by the number of registered members at the end of the previous year) was won by the Tomatoes Swim club.

## CHALLENGES

Last year we reported that the branch faced three challenges – the costs of the hire of facilities, engagement and training of club coaches and officials. These challenges remain. During 2017 however, a new club was established, there was a 5% increase in membership and we started on the road to developing our coaching resources. Small steps but steps nevertheless. Our supplementary challenge now is to further rethink the ways we do things and hopefully pass on a brighter future for masters swimming in Tasmania.

## THANKS

Our thanks go to all those involved in every aspect of Masters Swimming for their continuing support at meetings, as officials at swim meets, the people running their clubs. Keep spreading the word that Masters swimming is about Fitness, Fun and Friendship.

## MACIEJ SLUGOCKI

BRANCH DELEGATE - TASMANIA



Newsletter of Masters Swimming Tasmania



# VICTORIA (MSV)

## GOVERNANCE

Masters Swimming Victoria has a small executive committee which endeavours to strategically lead the organization. The participants contribute an enormous amount to masters swimming as a whole, and I would like to thank them for all of the work and support, ideas and enthusiasm.

Katie Mee – Vice President  
(Malvern Marlin's)

Tim Boness – Finance Director  
(Powerpoints)

Paul Watmough – Recording  
Director (Surrey Park)

Neil Mitchell – Technical Director  
(Victorian Masters)

Mark Sendeky - Coaching Director  
(Glamourhead Sharks)

Leanne Sheean - general member  
(Doncaster Dolphins)

Rosa Montague - general member  
(Powerpoints)

Thank you to all of the Board Members and Club Delegates who have been able to attend the committee meetings throughout the year – your attendance and support is greatly appreciated. The board meets every second month, and the management committee meet in the other month, thereby covering the whole year.

Marshalling room at the Relay



## HIGHLIGHTS/COMPETITIONS

In 2017 MSV held 4 very successful Championships with a total of 684 swimmers taking part and 3 MSV clubs held their popular Interclubs. The 4th Interclub - the Roughies Races was set up by the Yarra Roughies as their first ever interclub event with entries of 119 swimmers from 20 clubs. Unfortunately thunderstorms led to the cancellation of the event, but it has been rescheduled for 2018 and should be a great addition to the MSV calendar.

MSV also contributed to other organisations during the year, including supporting the Special Olympics with a number of officials volunteering over several meets and by supporting the MS 24 Hour Mega Swims (which also sees some of our clubs take part in)

### MSV Championships

- MSV Long Course – 235 swimmers from 28 clubs
- MSV Short Course – 237 swimmers from 26 clubs
- MSV Relay – 162 swimmers from 12 clubs
- MSV Long Distance – 50 swimmers from 14 clubs

Special MSV Merchandise was sold at the SC and Relay Meets and proved very popular.



Inclusive Sports (VIN)

In 2016 the Battle of Divisions was created where clubs are ranked according to their relative size and pitted against others with similar memberships to win their division. This Battle proved to be very competitive and successful at the Relay Meet.

Division 1: was won again by the Malvern Marlin's

Division 2: Melbourne H2O won for the first time

Division 3: Brunswick Belugas again won this division

Division 4: was won by one of our newest clubs: Inclusive Sports Training.

### Interclubs

- Marlin's 25th Interclub
- Casey Seals Splash
- Frankston Interclub
- Roughies Races – postponed to 2018

### Partner events held in conjunction with Swimming Victoria (SV)

- Kyabram/Echuca
- Kickstart Clinics
- OW Clinics Williamstown and Brighton (both sold out clinics) with Chloë McCardel, Sam Sheppard and Michal Skrodzki
- 100 x 100's
- Summer Smash (Carnegie and MSAC)
- Great Victorian Swim Series with Cousins Tours and Travels

2016-17 GVSS saw the Boroughcouthas win for the 3rd time in a row.



## **Fina Worlds – Budapest**

MSV was well represented at the Fina Worlds with 39 members from 8 clubs out of the 117 MSA swimmers taking part. 13 MSV swimmers won medals and came back with 14 Gold, 8 Silver and 3 Bronze. We also saw 5 Championship Records and 1 World Record broken and a couple of 1 - 2 finishes to top it off. Congratulations to all swimmers who travelled to Budapest.

## **2017 MSA Swim Series**

MSV swimmers also dominated in the Swim Series with 9 Women and 6 Men winning their age categories. John Cocks (VMV) won his age group (M80 – 84) for the fourth consecutive year and topped the points table for the second year. Dorothy Dickey (VDC) won her age group (F85-89) for the third consecutive year.

## **SPORTS DEVELOPMENT**

### **OFFICER**

Sal Cuming continued the year in her role working for Swimming Victoria 4-days per week, and for MSV 1-day per week. Sal was a key resource in raising the profile of masters swimming in the public arena through her work with the GVSS, Kick Start program, Summer Smash and 100x100s and provides MSV with the many great photos of the swimming meets that you see on Facebook.

## **MEMBERSHIP**

MSV's membership at the end of the membership/calendar year was 1148 first claim members, down from 1263 in 2016. This drop is mainly due to the increase in membership occurring with hosting the 2016 MSA Nationals.

## **FINANCES**

The annual result is a net loss of \$987 after depreciation of \$3,960 but overall the organization is still in a good financial health.

## **INTRODUCTION OF MULTI CLASS CLASSIFICATION**

In 2017, multi-class in separate age groups was offered at MSV State Championships for the first time in Australian masters swimming, and was very well received. Special thanks for to both Archer Talbot and Paul Watmough in working with SV to determine the classification process and implementing it into the recording system with great success. We now have 10 Multi Class swimmers from 5 MSV clubs and will continue to grow in 2018.

## **ACKNOWLEDGEMENTS**

Thank you to our sponsors, we greatly appreciate your support. Vorgee continues to support MSV. The Way Funky Company (Funky Trunks & Funkita) support us throughout the year. Cousins Travel support us with an incredible valuable partnership in the Great Victorian Swim Series.

Thank you to our MSV Ambassadors: Linley Frame who won 3 World Records in 2017, was awarded Swimming Victoria Life Membership and won the 2017 Involve Victorian Masters Athlete Of The Year. And to Chloë McCardel who completed a single and a double crossing of the English Channel in 2017 and who again shared her knowledge with MSV swimmers at the OW clinics.

The MSV board took the opportunity at the AGM to recognize Bruce Allender and Deryn Thomas, both of whom are

Malvern Marlins member, with Conspicuous Service Awards for 10 years' service to MSV. It was the first time these awards have been made, and it was great to acknowledge such deserving recipients.

Congratulations also to the Malvern Marlins who won the 2017 My Sport Live Victorian Community Sporting Club Of The Year Award at the VicSport Awards and were the largest MSA club in 2017.

And congratulations to Sandy Frame who won the 2017 State Government Of Victoria Service To Victorian Community Sport Award and was made a Life Member of Swimming Victoria - you would have seen him on pool deck at MSV meets and in Budapest.

## **FINAL WORDS**

Special thanks to Archer Talbot who after 6 years as MSV President had left the organisation in terrific shape and oversaw a very successful National championship and the introduction of differing membership type's ie.g. student, regional to increase membership numbers.

Also during his Presidency MSV purchased a new electronic timing system that can be used at interclub meets, joint initiatives with SV including open water clinics, MSV State Open Water championships and a combined MSV/SV regional meet based in Kyabram/Echuca. I am hoping the MSV management committee can continue his good work over the next year with implementing the new 2018-2022 MSV Strategy Plan.

## **SUSIE KEMPSON**

PRESIDENT

# WESTERN AUSTRALIA (MSWA)

2017 saw the year start with Sam Noall in the role of Executive Officer however at the beginning of November Sam tendered her resignation and since that time, the role of Executive Officer was covered by me together with assistance and input from Nadine Georgiades – Project Coordinator MSWA.

In 2017 our membership growth program continued to be successful as a result of the hard work proffered by Viki Shelver who accepted a 6 month contract as Project Coordinator, to allow Nadine to take medical leave and recover from knee replacement surgery. Nadine picked up the baton and continued this great work on her return.

As Project Coordinator, Viki through sponsorship from Healthway continued promoting the LiveLighter health message at every opportunity possible. In addition, she learnt very quickly how to manage the Website and Facebook and thus continue the promotion of Masters Swimming WA via these media platforms.

We were sad to farewell Viki at the end of her tenure but also pleased to welcome Nadine back into the role in August. Viki displayed a positive approach to the role and was the welcoming face of the organisation for the short time she spent as Project Coordinator. Since her return, Nadine has taken up the role again as if she had never left. She deals with everyone in a friendly manner and brings excellent skills and a passion for our sport which is very much appreciated by the Board.

## INITIATIVES/HIGHLIGHTS

Member numbers continue to increase with WA claiming the highest number of memberships across the States.

The MOU with Swimming WA proved to be beneficial for MSWA and our Clubs, and the cooperation between the two organisations has grown with a bi-partisan approach to a number of initiatives, particularly in the area of open water events.

Sadly a small number of clubs ceased to exist due to smaller membership numbers or other issues associated with pool costs, lane hire and increasing operational overheads. Fortunately, many of the members from those clubs have transferred to other clubs and have continued to enjoy the benefit of swimming with Masters.

In the latter part of the year, we were pleased to secure a 3 Year Official Partnership with the legal firm HopgoodGanim who are assisting the Board into the review of MSWA's Constitution and the development of a template to provide to clubs for their use.

We were also delighted to welcome ASB Marketing as a proud sponsor of Masters Swimming WA. ASB will be providing the majority of the Merchandise and uniforms for the National Swimming Championships being hosted by MSWA in April 2018.

We secured sponsorship from Healthway to continue to develop our regionals clubs. Vorgee continues to sponsor Masters Swimming WA.

We continued to support the LiveLighter Bunbury Skins meet as part of regional development and we conducted LiveLighter Coaching Clinic for coaches and a pool deck session as a refresher course for current coaches

The State Swimming Championships were conducted in April 2017 and it was exciting to announce that two World Records were set at the event by Helen Bird from Beatty Park Masters in the 80-84 year Age- Group.

We received approval from MSA to host the 2018 National Championships at HBF Stadium in April 2018.



# WESTERN AUSTRALIA (MSWA)

## ONGOING PROJECTS

- Annual Country Correspondence Carnival coordinated by MSWA
- Coaching Courses –MSA Club Coach Course was conducted
- Continued excellent relationship with Vorgee for OWS calendar sponsorship
- Special Projects Funding Project grants were awarded to successful clubs
- 2017 LiveLighter State OWS was held successfully as part of Fremantle Ports Swim Thru which also included the LiveLighter MSWA Novice Swim
- Annual awards presentation & function held following the LiveLighter State Swimming Championships held at HBF Stadium
- Both the Technical Officiating annual workshop and a Technical Officials course were conducted in July and were both well attended
- Club Captains meeting conducted in September with a good representation from across the clubs.
- Continued consultation and partnership with SWA
- 2017 LiveLighter Swim into Spring membership growth project conducted with several Clubs participating in activities to increase membership
- Continued promotion of MSWA to increase awareness through monthly column in Have a Go News which included promotion of LiveLighter Novice Swims, Seniors Have a Go Day, and general promotional articles and photos in Community papers and other media
- LiveLighter Novice swims conducted by Maida Vale and Fremantle clubs in conjunction with their OWS swims
- Excellent ongoing relationship with MSA including contributions to workshops
- Continued excellent relationship with DSR with respect to the Board's ongoing strategies and goals.
- Relationships continued with Have a Go News, HBF Stadium (Venues West) and Cottesloe Crabs
- Member of Aquatic Steering Group re facilities and requirements for our sport
- Ongoing partnerships with other organisations e.g. Swimming WA, Rottneest Channel Swim Association, Port to Pub Association, Water Polo WA, Surf Life Saving WA, LIWA Aquatics, WA Sports Federation, AUSTSWIM, Royal Life Saving WA
- Management of Project Coordinator and volunteers i.e. Book-keeper

Special thanks to our volunteer Bookkeeper Lynne Hunter who continues to work for MSWA once per month and to State Recorder Sandra Mutch for her ongoing assistance everyday with the membership database and assistance for Clubs, apart from her role with recording tasks for pool meets and open water events!

Additionally, MSWA would like to extend our thanks to the many volunteers and State Officers who give their time willingly to undertake the various activities necessary to keep Masters Swimming WA a functioning and very special organisation. You are too many to name individually, but you all know who you are and we thank you.

Many thanks to Damien Eyre who accepted the role of President for a short time, to Graham Senders who stepped into the position following Damien's resignation, to Kirsten Cadle for her contribution during her brief time on the Board and, to the MSWA Board team for their dedication and motivation they bring to the table each meeting.

**LYNNE DUNCAN**

INTERIM EXECUTIVE OFFICER





# 2017 NATIONAL CHAMPIONSHIPS

## GOLD COAST, QUEENSLAND

The 2017 MSA National Championships were held between 8 and 11 March 2017 at the Gold Coast Aquatic Centre. The reason for this early date was other masters swimming events being held in the same year - the World Masters Games in Auckland, New Zealand, the Great Barrier Reef Masters Games in Cairns, the World FINA Masters Swimming in Budapest, Australian Masters Games in Launceston; and the regular club, Branch and open water events. Queensland received confirmation that they would be the host well within the 2-year preparation period. Rachael Keogh was appointed Meet Convenor and using the experience gained in hosting the Rockhampton Nationals in 2014 and the PPMG in November 2016 the small Committee set about planning for the event.

## ORGANISING COMMITTEE

Due to the vast distances in Queensland, planning was done via email, phone or Slack messaging service. There were three face to face meetings and updates were emailed to the NBM via the GM. Approvals were sought for all aspects of the meet.

## PROGRAM

The OC sought permission from the NBM to use the Queensland Entry Manager System, developed by Branch Recorder, David Findlay. Meet Manager was used and the OC employed two experienced contractors as recorders for the entire meet. A Relay Entry System was used allowing clubs to either enter relays online or enter and pay on the day of competition. The Committee were very flexible and accommodating to the swimmers. Some swimmers were moved into earlier heats if space allowed. There were quite a few international swimmers in attendance. All records were obtained by the Meet Recorder. A Branch relay was held and included PNG. Teams consisted of two male and two female members where the winner was calculated by swimming closest to nominated time. The winner was within 0.02 of their time. This is a great event, especially with the inclusion of the international teams.

## SPONSORS

All sponsorship was in-kind, except for funding supplied by the City of Gold Coast, Vorgee and cash sponsorship by three Queensland Clubs for relays. We would like to thank all our event sponsors, including National Sponsor, Vorgee.

## FUNCTIONS

The Opening Ceremony was attended by the Deputy Mayor of the City of Gold Coast, Cr Donna Gates and was attended by the MSA and MSQ Presidents and the Meet Convenor. The Minister for Sport was also invited but due to a change in portfolio, was unable to attend. The presentation function was held at the Southport RSL. The 2017 National Championship dinner ticket was the most inexpensive in several years.

## TECHNICAL

Stan Pearson, MSQ Director of Technical Services, assumed the role of Coordinator. Two marshalling areas were used – one for 50m events and one for 100 and over. The OC became members of Volunteering Gold Coast who advertised the event and as a result, quite a few Volunteers were attracted to the event. These Volunteers made an enormous impact on the smooth running of the event. The Meet Director liaised with Pool Management, Technical Officials and Recording to ensure all necessary equipment was available for the meet.

## FINALLY

There were 532 swimmers entered in the competition, the atmosphere during the four days was relaxed and friendly, and the dinner presentation was well received.



## 2017 VORGE MILLION METRES AWARDS

DISTANCE	NAME	CLUB	BRANCH
<b>TEN Million Metres Club</b>	Kate Lewis	Campbelltown Collegians	MSNSW
<b>SEVEN Million Metres Club</b>	Penny Lucas	Hobart Aquatic Masters	MST
	Conrad Gleeson	Twin Towns	MSQ
	Greg Smith	Sunshine Coast	MSQ
<b>FIVE Million Metres Club</b>	Brian Cairns	Noosa Masters	MSQ
	Michele Kline	Hobart Aquatic	MST
	Gordon Creek	Lake Macquarie Cros	MSNSW
	Brian Hall	Bunbury Masters	MSWA
	Steve Richards	The Hobart Dolphins	MST
	Steve Muir	Launceston Lemmings	MST
<b>FOUR Million Metres Club</b>	Michael Lynch	Twin Towns Masters Swimming	MSQ
	Sue Wiles	Blue Mountains Phoenix	MSNSW
	Bevan Goodreid	Cockburn Masters	MSWA
	Theresa Elliot	Claremont	MSWA
	Adrian Tonkin	Darwin Stingers	MSNT
	Brenda Day	Tuggeranong	MSNSW
	Jamie Turner	Ryde Aussi Masters	MSNSW
	Peter Kaupert	Warringah Masters	MSNSW
<b>THREE Million Metres Club</b>	Nicholas Grinter	Sutherland Sandbern	MSNSW
	Pat Lewis	Campbelltown Collegians	MSNSW
	Kylie Woods	Bushrangers	MSNSW
	Caroline Makin	Tuggeranong	MSNSW
	Rosemary Green	Mandurah	MSWA
	David G Bale	Tuggeranong Vikings	MSNSW
	Neil Thies	Noarlunga Masters Swimming	MSSA
<b>TWO Million Metres Club</b>	Kaye Turner	Twin Towns	MSQ
	Studley Martin	Noosa Masters	MSQ
	Alison Green	Gladstone Gropers	MSQ
	Andrea Hutchinson	Logan Aquatic Masters	MSQ
	Ashley Chaplyn	Cockburn Masters	MSWA
	Jenna Freeman	Tuggeranong Vikings	MSNSW
	Kerryn Blanch	West Auburn Masters	MSNSW
	Lesley Gould	Hobart Dolphins	MST
	Margaret Sadow	Singleton Masters	MSNSW
	Matthew Cranley	Noarlunga Masters Swimming	MSSA



## 2017 VORGEE MILLION METRES AWARDS

DISTANCE	NAME	CLUB	BRANCH
ONE Million Metres Club	Margaret Larkin	Molonglo Water Dragons	MSNSW
	David Lovering	Marion Masters	MSSA
	Patricia Burton	Claremont Masters	MSWA
	Richard Jasko	Onkaparinga	MSSA
	Jane Waddleton	Tuggeranong Masters	MSNSW
	Russell Merrick	Blue Mountains	MSNSW
	Roger Cunningham	Albany Masters	MSWA
	Minnie Smith	Twin Towns	MSQ
	John Collis	Molonglo Water Dragons	MS
	Joanne Weir	Onkaparinga Swimming Club	MSSA
	Imogen O'Neill	Castle Hill RSL	MSNSW
	Pauline Tauschke	Darwin Stingers	MSNT
	Sue Lyon	Surrey Park Seahorses	MSV

## 2016 VORGEE ENDURANCE 1000 AWARDS

Trophy	Winner
Vorgee Endurance 1000 Award 2016	Campbelltown Collegians (MSNSW)
Vorgee Endurance 1000 Club Champion 2016	Noosa Masters (MSQ)



## 2017 SERVICE AWARDS

Trophy	Winner
Meritorious Award (5 Years)	John Barrett (MSQ)
	Mark Erickson (MSQ)
	Neil Keele (MSNSW)
	Jane Noake (MSNSW)
	Archer Talbot (MSV)

# 2017 SWIM SERIES

Eight Meets made up the **2017 National Swim Series** – the MSA National Championships on the Gold Coast and one nominated event from each of the Masters Swimming Branches. The Series is about participation and performance! MSA members were encouraged to support these selected pool events throughout the year to be in the running for awards. Attending multiple meets gave any swimmer a better chance to compete against the “super fish” in their age group. A minimum of two Meets had to be swum to be eligible for prizes.

There were 1321 registered participants in 2017 – 680 Women & 641 Men John Cocks (VMV) won his age group (M80 – 84) for the fourth consecutive year and topped the points table for the second year. Dorothy Dickey (VDC) won her age group (F85-89) for the third consecutive year. MSV - 15 winners; NSW – 10 winners; WA – 4 winners; Qld – 2 winners; NT – 1 winner

Age Group	Winner	Club	Meets Attended	Total Points
18 – 24	AYAKO TAKIMOTO	VPP	4	4109
25 – 29	JACINTA HUMPHREY	VHM,VPP	3	3142
30 – 34	ALISON SAKUROVS	NMR	2	1344
35 – 39	KRISTY BRACKSTONE	WCM	2	1632
40 – 44	NICKY KERR	VMV	2	1350
45 – 49	KYLIE WOODS	NBR	4	2938
50 – 54	KATRINA BURGESS	NTN,WRV	3	3389
55 – 59	CAROLINE CLARKSON	VDC	4	3236
60 – 64	DEE SHEFFRIN	VDC	3	2785
65 – 69	MARGIE MOORE	VDC	3	1952
70 – 74	PATRICIA BAKER	VMV	3	2773
75 – 79	GERDA WILLIAMS	CDW,WMH	2	1789
80 – 84	ALICE KINNAIRD	VFR	3	2989
85 – 89	DOROTHY DICKEY	VDC	3	3164
90 - 94	VALERIE LINCOLN	NGS	2	834
Age Group	Winner	Club	Meets Attended	Total Points
18 – 24	DANIEL THOMPSON	VMV	3	3276
25 – 29	DARIUS SCHULTZ	VPP	3	4155
30 – 34	NATHAN CHENCO	VPP	2	1457
35 – 39	STEPHEN CRONK	VPP	2	1877
40 – 44	DAMIEN EYRE	WCM,WRV	2	1607
45 – 49	JOHN MCKAIG	QLT	3	3742
50 – 54	GREG LEWIN	NRY	5	5329
55 – 59	BRIAN MAY	NMA	2	1502
60 – 64	ALAN GODFREY	VGS,VPP	4	5764
65 – 69	STUART ELLICOTT	NHS	3	4313
70 – 74	PAUL WYATT	NCR	4	7243
75 – 79	BRIAN DAVIS	QMM,VMV	4	2225
80 – 84	JOHN COCKS	VMV	5	9245
85 – 89	BILL WALKER	NNC	2	519
90 - 94	OSSIE DOHERTY	NWG	2	731

# 2017 NATIONAL TROPHIES & AWARDS

## 2017 NATIONAL CHAMPIONSHIPS

Trophy	Winner
Founders' Trophy	Powerpoints (MSV)
Runner-up Trophy	Miami Masters (MSQ)
Visitors' Trophy	Malvern Marlins (MSV)
President's Trophy	Superfins (MSWA)
Life Members Trophy	Yeronga Park Yabbies (MSQ)
Female Swimmer of the Meet	Clary Munns (Blacktown Beavers - MSNSW)
Male swimmer of the Meet	Mark Thompson (Powerpointns - MSV)
Coach of the Year 2016	Sari Goldsworthy (MSWA)
Official of the Year 2016	Phillip Beames (MSSA)

Age Group Relay Trophy	Winner
72-119 years	Powerpoints (MSV)
120-159 years	Powerpoints (MSV)
160-199 years	Powerpoints (MSV)
200-239 years	Powerpoints (MSV)
240-279 years	Malvern Marlins (MSV)
280-319 years	Doncaster Dolphins (MSV)
320-359 years	Miami Masters (MSQ)

## 2017 MASTERS SWIMMER OF THE YEAR

Masters Swimmer of the Year is for the swimmer gaining the highest number of points over a calendar year in competition in FINA recognised meets, with the points to be the sum of those for the best five swims, calculated using the current FINA points system.

The 2017 Masters Swimmer of the Year is **TONY GOODWIN**.

Tony was a clear winner due to his outstanding achievements during 2017 at State, National and International level. Tony broke an amazing nine world records in 2017, as well as a staggering thirty national records in long and short course events across breaststroke, butterfly and individual medley. At the 2017 FINA Masters World Championships in Budapest, he claimed gold in the 200m breaststroke, silver in the 100m breaststroke, 50 m Butterfly and 200 m individual medley and bronze in the 50 m breaststroke. Tony was also named the 2017 NSW Masters Athlete of the Year at Sport NSW Awards Night. Congratulations Tony.



## 2016 OFFICIAL OF THE YEAR

Phillip (Phil) Beames is the 2016 MSA Official of the Year.

Phil has been a significant contributor to the successful running of swim meets and open water swims in his home state of South Australia and across Australia.

In 2016 he officiated at over 15 events, ranging from MSSA Open Water State Championships Referee, SA State Masters Games — Murray Bridge Referee, MSA National Championships as Referee, JOS, IOT, Starter, and as Alice Springs Masters Games Referee.

Phil has also been heavily involved in the development of technical officials. He has been MSA National Technical Chairman since 2012 and on the Committee since 2007, has advised Branch Council on MSA Rule Changes, has drafted New Competition Swimming Rules document, held Courses for Time Keepers, Judge of Stroke and Inspector of Turns, and mentored New Officials on pool deck.

He has willingly given his time to promote Masters Swimming, both in the metropolitan & regional areas of SA & NT by assisting the local clubs in the set-up and running of the meets especially those in the regional areas at Alice Springs, Strathalbyn, Clare, Mildura and Woodside.

He is a worthy recipient of the 2016 MSA Official of the Year.



Phil, Leanne and Melissa Beames



Phil Beames being presented with the Official of the Year award by ex-MSA President Craig Smith



## 2016 COACH OF THE YEAR

Sari Galsworthy is the 2016 MSA Coach of the Year.

Sari is the head coach of the Freo Fins base in Western Australia. She manages a team of four qualified coaches as well as training and mentoring newly qualified coaches.

The club has over 100 members and Sari prepares the training materials, and programs for the coaching team as well as investing time and energy into developing her own coaching skills, attending session and clinics, hands on learning and reviewing coaching material.

Sari ensures that the Masters Swimming mantra of fitness, friendship and fun is embodied by the club. She supports the inclusiveness of the club with swimmers at all levels. When they first join, some of the swimmers struggle to swim the 50m length of the pool. Some of these swimmers are attempting their first solo crossing to Rottnest this year. Other squad members have done themselves proud in international masters swimming competitions, won their age group in the Hawaiian Ironman, set long-standing pool or open water records, and/or won their age group in open water competitions. What is important is that every swimmer is welcomed, included and encouraged to achieve their swimming goals.

An example of Sari's philosophy of fair play and inclusiveness is the annual Coaches' Award. This award is the most coveted by swimmers in the squad. Rather than the award going to best swimmer, it is generally awarded to the male and female swimmer that demonstrates the most consistent effort and improvement. This year the male award went to a swimmer who progressed in leaps and bounds. He went from being a non-swimmer to completing his first 400m time trial!

In 2016 Sari gave the swimmers individual targets and focus in their training as they can 'self-monitor' their progress through targeted sets. It has also given a stable structure of key main sets and allowed us to familiarise the swimmers with 'harder' work to improve. Seventy-two (72) swimmers completed the challenge at least once, 29 more than once, and their improvement was quite considerable. They were on average 17 seconds faster at the end of each program than at the start! The squad members embraced the challenge and were very happy to see the improvements in their times.

Sari does not let a swimmer's current performance limit her view of their potential. She encourages squad members to go for their goals. She is a great role model as she participates in pool and open water events and encourages other squad members to do likewise, no matter what their ability. She enables a person's confidence grow once they've achieved something they doubted they were capable of.

She is a very worthy winner for the MSA 2016 Coach of the Year.



Sari coaching the Freo Fins



MSA President Gerry Tucker  
presenting Sari with the Coach of the Year  
award at the ASCTA Dinner

# FINA MEDAL WINNERS FROM BUDAPEST

117 MSA swimmers travelled to Budapest in August 2017 to compete in the Fina World Championships. All 7 Branches had swimmers competing with MSNSW having the largest contingent of swimmers - 44, followed by MSV - 39, MSQ - 20, MSA - 6, MST - 3, MSSA - 3 and MSNT - 1. (A waterpolo swimmer was also added in our statistics list) Congratulations to ALL swimmers who competed.

## GOLD MEDAL WINNERS

Day	Event	Age group	Name	Club	Record
2	100 M FREESTYLE MEN	70 – 74	Alan F BROWN 1:07.84	Tattersalls Club	
4	50M FREESTYLE MEN	70 – 74	Alan F BROWN 30.09	Tattersalls Club	
7	50 M BREASTSTROKE WOMEN	90 – 94	Anne TODD 1:48.67	Toowoomba Tadpoles	
4	200 M MEDLEY MEN	35 – 39	Casey FLOUCH 2:12.58	River City	
1	800m FREESTYLE WOMEN	80 – 84	Denise ROBERTSON 14:29.77	Miami Masters	CR
3	200 M FREESTYLE WOMEN	80 – 84	Denise ROBERTSON 3:27.56	Miami Masters	
7	400M FREESTYLE WOMEN	80 – 84	Denise ROBERTSON 7:14.06	Miami Masters	
2	100 M FREESTYLE WOMEN	85 – 89	Dorothy DICKEY 1:53.03	Doncaster Dolphins	
1	800m FREESTYLE WOMEN	85 – 89	Dorothy DICKEY 17:36.19	Doncaster Dolphins	
3	200 M FREESTYLE WOMEN	85 – 89	Dorothy DICKEY 4:04.62	Doncaster Dolphins	
2	200M BACKSTROKE WOMEN	85 – 89	Dorothy DICKEY 4:55.86	Doncaster Dolphins	
7	400M FREESTYLE WOMEN	85 – 89	Dorothy DICKEY 8:21.99	Doncaster Dolphins	CR
4	50 M FREESTYLE WOMEN	90 – 94	Georgene McKENZIE-HICKS 1:02.05	Sutherland Sandbern	
7	400M FREESTYLE WOMEN	90 - 94	Georgene McKENZIE-HICKS 10:52.81	Sutherland Sandbern	
2	100 M FREESTYLE WOMEN	90 – 94	Georgene McKENZIE-HICKS 2:25.17	Sutherland Sandbern	
1	800m FREESTYLE WOMEN	90 – 94	Georgene McKENZIE-HICKS 21:48.05	Sutherland Sandbern	
3	200 M FREESTYLE WOMEN	90 – 94	Georgene McKENZIE-HICKS 5:01.77	Sutherland Sandbern	
2	100 M BREASTSTROKE WOMEN	65 – 69	Janette JEFFREY 1:33.62	Malvern Marlins	
6	200M BREASTSTROKE WOMEN	65 – 69	Janette JEFFREY 3:29.93	Malvern Marlins	
1 (OW)	3000m OW MEN	85 – 89	John DAVEY 1:27:31.6	Victorian Masters	
1	800m FREESTYLE MEN	75 – 79	John RICHARDS 12:02.17	Powerpoints	
3	200 M FREESTYLE MEN	75 – 79	John RICHARDS 2:42.59	Powerpoints	
7	400 M FREESTYLE MEN	75 – 79	John RICHARDS 5:51.36	Powerpoints	
4	100 M BUTTERFLY WOMEN	60 – 64	Leigh RODGERS 1:14.99	Malvern Marlins	
6	100M BACKSTROKE WOMEN	60 – 64	Leigh RODGERS 1:19.38	Malvern Marlins	
2	200M BACKSTROKE WOMEN	60 – 64	Leigh RODGERS 2:53.91	Malvern Marlins	
3	50M BUTTERFLY WOMEN	60 – 64	Leigh RODGERS 32.93	Malvern Marlins	CR
7	50M BACKSTROKE WOMEN	60 – 64	Leigh RODGERS 37.19	Malvern Marlins	
2	100 M BREASTSTROKE WOMEN	45 – 49	Linley FRAME 1:14:33	Melbourne Vicentre	CR
6	200M BREASTSTROKE WOMEN	45 – 49	Linley FRAME 2:47.27	Melbourne Vicentre	CR
7	50 M BREASTSTROKE WOMEN	45 – 49	Linley FRAME 33.56	Melbourne Vicentre	CR & WR
6	200 M BUTTERFLY MEN	70 – 74	Paul WYATT 3:03.85	Coogee-Randwick	CR
6	200M BREASTSTROKE MEN	65 – 69	Stuart ELLICOTT 3:01.14	North Shore Masters	
7	50 M BREASTSTROKE MEN	65 – 69	Stuart ELLICOTT 33.69	North Shore Masters	CR
6	200 M BREASTSTROKE MEN	80 – 84	Tony GOODWIN 3:31.14	Manly Masters	CR

## SILVER MEDAL WINNERS

Day	Event	Age group	Name	Club	Record
1 (OW)	3000m OW MEN	55 - 59	John de MESTRE 39:27.3	Tattersalls Club	
6	100M BACKSTROKE WOMEN	25 – 29	Aleisha BARNES 1:06.79	Victorian Masters	
2	200M BACKSTROKE WOMEN	25 – 29	Aleisha BARNES 2:26.43	Victorian Masters	

## SILVER MEDAL WINNERS CONT.

Day	Event	Age group	Name	Club	Record
4	100 M BUTTERFLY MEN	85 – 89	Bill WALKER 3:52.87	Novocastrian Masters	
2	200M BACKSTROKE MEN	30 - 34	Daniel BLACKBORROW 2:09.11	Victorian Masters	
6	100 M BACKSTROKE MEN	30 – 34	Daniel BLACKBORROW 58.49	Victorian Masters	
4	200 M MEDLEY WOMEN	80 – 84	Denise ROBERTSON 4:25.64	Miami Masters	
7	50 M BREASTSTROKE WOMEN	65 – 69	Janette JEFFREY 43.12	Malvern Marlins	
1	800 M FREESTYLE MEN	85 – 89	John DAVEY 20:03.41	Victorian Masters	
1 (OW)	3000m OW MEN	65 - 69	Marciej SLUGOCKI 46:52.4	Hobart Aquatic	
1	800 M FREESTYLE WOMEN	75 – 79	Margaret FITTOCK 14:49.12	Miami Masters	
3	200 M FREESTYLE WOMEN	75 – 79	Margaret FITTOCK 3:30.58	Miami Masters	
2	100 M BREASTSTROKE WOMEN	65 – 69	Margot MILNE 1:38.39	Geelong Catfish	
6	200M BREASTSTROKE WOMEN	65 – 59	Margot MILNE 3:32.74	Geelong Catfish	
2	100 M BREASTSTROKE WOMEN	70 – 74	Marijke ALDERSON 1:43.06	Powerpoints	
7	400 M FREESTYLE MEN	65 – 69	Michael BRADFORD 5:15.81	Ryde Aussi Masters	
4	200 M MEDLEY MEN	70 – 74	Paul WYATT 2:57.07	Coogee-Randwick	
6	200 M BREASTSTROKE MEN	70 – 74	Paul WYATT 3:12.31	Coogee-Randwick	
3	400m MEDLEY MEN	70 – 74	Paul WYATT 6:24.81	Coogee-Randwick	
1 (OW)	3000m OW WOMEN	70 - 74	Rosa MONTAGUE 1:00:26.1	Powerpoints	
7	400M FREESTYLE WOMEN	60 – 64	Stephanie JONES 5:33.15	Noosa Masters	
2	100 M BREASTSTROKE MEN	65 – 69	Stuart ELLICOTT 1:18.11	North Shore	
4	200 M MEDLEY MEN	80 – 84	Tony GOODWIN 3:32.17	Manly Masters	
2	100 M BREASTSTROKE MEN	80 – 84	Tony GOODWIN 1:35.16	Manly Masters	
3	50 M BUTTERFLY MEN	80 – 84	Tony GOODWIN 43.90	Manly Masters	
1 (OW)	3000m OW WOMEN	65 – 69	Tracy CLARKSON 56:37.0	Brisbane Northside	

## BRONZE MEDAL WINNERS

Day	Event	Age group	Name	Club	Record
1	3000m OW WOMEN	55 - 59	Amanda DUGGAN 46:43.8	Tomatoes Swim	
7	50M BACKSTROKE WOMEN	25 – 29	Aleisha BARNES 31.04	Victorian Masters	
7	50M BACKSTROKE WOMEN	90 – 94	Anne TODD 1:33.65	Toowoomba Tadpoles	
6	100M BACKSTROKE WOMEN	90 – 94	Anne TODD 3:15.67	Toowoomba Tadpoles	
2	100 M FREESTYLE MEN	50 – 54	Barry CARP 57.36	Melbourne H20	
4	200 M MEDLEY MEN	30-34	Daniel Blackborrow 2:13.52	Victorian Masters	
2	100 M FREESTYLE WOMEN	80 – 84	Denise ROBERTSON 1:36.92	Miami Masters	
3	400m MEDLEY MEN	65 – 69	Don TAYLOR 6:36.66	Malvern Marlins	
1	800 M FREESTYLE MEN	65 – 69	Maciej SLUGOCKI 10:56.09	Hobart Aquatic Centre	
7	400 M FREESTYLE MEN	65 – 69	Maciej SLUGOCKI 5:16.57	Hobart Aquatic Centre	
2	100 M FREESTYLE WOMEN	75 – 79	Margaret FITTOCK 1:36.22	Miami Masters	
3	200 M FREESTYLE WOMEN	70 – 74	Marijke ALDERSON 3:07.53	Powerpoints	
3	200 M FREESTYLE MEN	65 – 69	Michael BRADFORD 2:28.15	Ryde Aussi Masters	
4	200 M MEDLEY WOMEN	70 - 74	Patricia BAKER 3:45.90	Malvern Marlins	
4	100 M BUTTERFLY WOMEN	40 - 44	Simone HANSON 1:08.16	River City Masters	
3	200 M FREESTYLE WOMEN	60 – 64	Stephanie JONES 2:35.96	Noosa Masters	
7	50 M BREASTSTROKE MEN	80 – 84	Tony GOODWIN 42.92	Manly Masters	
5	4X50M FREESTYLE WOMEN	280 - 319	Margaret FITTOCK – 1941 Denise ROBERTSON – 1935 Lindy SALTER – 1944 Helen MORLEY – 1958	Miami Masters	

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