

Contents

- 3 WHO WE ARE
- 9 PRESIDENT'S REPORTS
- **GENERAL MANAGER'S REPORT**
- 13 **FINANCE DIRECTOR'S REPORT**
- 17 AUDITED ACCOUNTS
- 29 **COMMITTEE REPORTS**
- 29 <u>COACHING</u>
- 34 <u>TECHNICAL</u>
- 34 <u>RECORDING</u>
- 35 <u>SWIM MEET</u>
- **37** <u>PROJECTS 2025</u>

38 BRANCH REPORTS

- 38 NEW SOUTH WALES (MSNSW)
- 42 NORTHERN TERRITORY (MSNT)
- 43 QUEENSLAND (MSQ)
- 54 SOUTH AUSTRALIA (MSSA)
- 57 <u>TASMANIA (MST)</u>
- 58 <u>VICTORIA (MSV)</u>
- 67 WESTERN AUSTRALIA (MSWA)
- 71 NATIONAL CHAMPIONSHIPS REPORT

72 AWARD WINNERS

- 72 2021 MSA SWIM SERIES
- 73 <u>2021 SWIMMER OF THE YEAR</u>
- 73 2021 SERVICE AWARDS
- 74 MERITORIOUS SERVICE AWARDS
- 74 <u>2021 VORGEE ENDURANCE 1000</u>
- 76 2021 VORGEE MILLION METRES
- 78 <u>2021 FINA WORLD RECORDS</u>
- 79 <u>SPONSORS</u>
- 79 BRANCHES



Our National Board of Management

President: Jane Noake Finance Director: Andrea McNeil OAM Director: Wendy Holtom Director: Robert Hardie Director: Jodie Quinn

Our National Presidents

1975–1978	Bill Lough
1978–1984	Peter Jackson
1985–1988	Ivan Wingate
1989–1992	Graeme McDougall
1993–1998	Glenys McDonald AM
1999–2005	Mary Sweeney
2005–2011	John Pugh
2011–2017	Craig Smith
2017–2020	Gerry Tucker
2020-current	Jane Noake

Our Branch Delegates

MSNSWJon HawtonMSNTNeil LudvigsenMSQCheryl BrodribbMSSAPhil BeamesMSTBill WoodworthMSVRachel CairnsMSWAFiona Wilkins

Our National Recorder Pauline Samson OAM

Our MSA Results Portal Frank Braun

Our National Staff

General Manager: Sarah Pisterman Administration Manager: Kath Davis Bookkeeper: Gerard Russell

Our Life Members

1985 Gary Stutsel OAM (NSW)
1989 Glenys McDonald AM (WA)
1991 Peter Gillett (SA - deceased)
1999 Kay Cox OAM (WA)
2002 Ivan Wingate (WA)
2005 Darryl Hawkes (SA)
2006 Mary Sweeney (QLD)
2006 Pauline Samson (TAS)
2007 David Cummins (WA)
2011 John Pugh (TAS)
2016 Gerry Tucker (VIC)
2020 John Pollock (NT)

AGM 2021



Darwin Stingers, MSNT

Our National Coaching Committee

- NSW Di Coxon-Ellis (Chair)
- **NSW** Greg Gourley
- NSW Anne Smyth
- NT Jacinta Stirrat
- **QLD** Bruce Allender
- **QLD** Simon Watkins (*until November 2021*)
- TAS Phillip Tyrell
- **VIC** Amy Jones (from October 2021)
- WA Elena Nesci
- **WA** Kim Tyler

Our National Swim Meet Committee

- NSW Jane Noake (Chair)
- **QLD** Susanne Milenkevich
- SA Leanne Beames
- **TAS**Maciej Slugocki (until October 2021)
- WA Fiona Wilkins (until October 2021)
- WA Richard Hughes (from October 2021)

Our National Technical Committee

- **SA** Phil Beames (*Chair, until October 2021*)
- **WA** Lynne Duncan (Chair, from October 2021)
- NSW Neil Keele
- **NSW** Diane Partridge
- **NT** Jayna Gordon *(until October 2021)*
- **QLD** John Barrett
- TAS Ray Brien
- VIC Simon Bole-Brown

Our National Project 2025 Subcommittee

- (from October 2020 to October 2021)
- **NSW** Robert Hardie (Chair)
- NSW Cristan Pain
- **NSW** James Watson
- NT Giorgio Romano
- QLD Steve Cornelius
- VIC Jodie Quinn
- VIC Jo Trim
- WA Rowena Burch

Our National Membership Committee (from November 2021)

- NSW Robert Hardie (Chair)
- **NSW** James Watson
- NT Giorgio Romano
- **QLD** Julie Bott
- VIC Dennice Allen
- VIC Jo Trim
- WA Kate Baxter

Our National OWS Subcommittee

(From November 2021)

- **QLD** Shayne Baker (Chair)
- NT Jac Stirrat
- QLD Paul Beukelman
- TAS Philip Tyrell
- VIC Jason Bryce
- WA Rowena Burch



Christina Scolaro, Branch Administrator, MSQ

About Us

Masters Swimming Australia (MSA) is the peak body for adult swimmers aged eighteen years and above and is affiliated with FINA through Swimming Australia Ltd (SA). MSA is a not for profit, constituted in 1975. The organisation does not receive funding from any government source and relies on member funding.

Mission Statement

MSA aims to provide at club, state, and national level an environment to encourage all adults, regardless of ability, to swim regularly and compete in order to promote fitness and improve their general wellbeing.

Our Motto	"FITNESS, FRIENDSHIP and FUN"
Our Vision	"ENRICH AND INSPIRE ADULTS TO SWIM FOR LIFE"

Infrastructure

Members join Masters Swimming Clubs. Clubs are affiliated to their respective Branch, and the Branches are affiliated to the National body. There are seven Branches within Australia, representing each State/Territory, with the exception of ACT, which is incorporated as part of the NSW Branch.

According to the MSA constitution, the National Board of Management (NBM) comprises the President, Finance Director and three (3) other elected members. There are two General Meetings involving the Branches, one of which is the Annual General Meeting held in Autumn usually in conjunction with the annual National Championships. The other meeting is held in Spring. There are four (4) permanent national committees: they are Coaching, Swim Meets, Technical and Membership; and a national Open Water Swimming subcommittee.

The NBM is responsible for the governance and overall direction of the organisation, with the day-to-day running of the organisation being the responsibility of the staff in the National Office. A General Manager (reporting directly to the NBM) manages the administration staff and the office. The National Office also services the Victorian Branch by performing its administrative duties.

Clubs offer various programs, such as regular training and stroke correction with qualified coaches, fun events, and social activities. Competitions are available at Club, Branch, National and International levels. Competitive opportunities are also available through postal swims, the Vorgee Endurance 1000, and Vorgee Million Metres Awards. MSA and the Branches offer technical courses for officials and coaching courses and clinics for coaches.

Publications, Policies and Guidelines

MSA operates under the direction of the following MSA publications (available on the website):

- Constitution
- By-Laws
- General Rules
- MSA Swimming Rules
- MSA Open Water Swimming Rules
- MSA Swimwear Rules

MSA has developed and implemented policies and Guidelines in the following key areas:

- National Member Protection Policy
- National Risk Management Policy
- National Safety Policy
- National Championships Meet Guide
- Privacy Policy
- Communication Guidelines
- NBM and Branch Delegate Guidelines
- COVIDSafe Plan
- Covid-19 Return to work measures

MSA publishes the following results continuously in the Results Portal:

- Up to date meet results (since 2004)
- Individual member result history for all recorded meets
- World, National and Branch records including historic records
- National, Branch and Club Top 10 rankings by time (since 2002)
- National, Branch and Club Top 10 rankings by points (since 2007)
- Vorgee Endurance 1000 results from 2012
- National Championships Results

Communication

The MSA website (www.mastersswimming.org.au) is the primary method of storing information and communicating with members, as well as the social media platforms of Facebook and Instagram which are a useful tool for instantaneous newscasting.

The e newsletter is produced and circulated at least six times during the year (or whenever required). This is emailed directly to members with previous editions available for download from the national website at www.mastersswimming.org.au/msa-newsletters



Anne Smyth, Tuggeranong, MSNSW

Participation Programs

MSA manages and promotes several programs each year, designed to encourage active participation in swimming from beginner to advanced level.

Vorgee Endurance 1000 Champion Club and Vorgee Endurance 1000 Award

The Vorgee Endurance 1000 aims to promote fitness by providing an incentive (in the form of club points) for members to swim longer distances. The program is designed to encourage members to swim in distances from 400m and up to one hour in duration, in the full variety of strokes. The program is structured by gender and age-groups and the swims are done over the full calendar year. As a result, a certain level of aerobic fitness needs to be maintained to complete the individual event requirements. Individual points are gained for the completion of each event. These combine with points gained by other club members and contribute to a total point score for each competing club. The club with the most points is declared the Vorgee Endurance 1000 Champion Club for the year.

As an extension of the program, the Vorgee Endurance 1000 Award follows the same structure as the Vorgee Endurance 1000 Champion Club but is for the club averaging the highest number of points per registered member. This Award is designed to provide an opportunity for smaller Clubs to compete on an equal basis with the larger Clubs.

Top Ten

National times are recorded for males, females, and relays with the Top Ten in each category (age group, stroke and distance) being published annually on the website.

Vorgee Million Metres Awards

The Vorgee Million Metre Awards acknowledge progress from the "learn to swim" beginner to the distance swimmer. These awards are intended to stimulate members to strive for greater fitness and are open to all registered members of MSA.

The Million Metre Awards were established in 2001 for 1, 3 and 10 Million Metres. In 2004, they were expanded to include 5 and 7 Million Metres. Now there are members attaining their 20 and 25 Million Metres!

Upon successful completion of 1 - 5 million, 7 million, 10, 20 and 25 Million Metres, members are awarded with combinations of different awards; e.g. cap, polo shirt, certificate, engraved plaque, Vorgee gift pack, Vorgee Voucher or a Nitro jacket.



MSWA Official

Who We Are

National and International Events

MSA hosts and participates in several national and international events each year. These include the annual National Championships, FINA World Masters Swimming Championships, Oceania Masters Games, Pan Pacific Masters Championships, Australian Masters Games, the Gay Games, the Out Games and the IGLA Championships. MSA owns the annual national championships, and the event is hosted on a rotational basis by one (1) of the Branches each year.

Fina World Records

Australian swimmers hold world records in masters swimming in both Long and Short Course.

Participation Programs

National Records

National Records are compiled annually for MSA and are published on the website. Records are maintained for:

- Men's Short Course
- Women's Short Course
- Relay Short Course
- Men's Long Course
- Women's Long Course
- Relay Long Course

Sponsors

Masters Swimming Australia has one long term national sponsor: **Vorgee** <u>www.vorgee.com</u>

And more recently with Ocean Swim Fiji in 2020. Ocean Swim Fiji www.oceanswimfiji.com

Membership

Masters Swimming Australia annual membership is portioned to support the administrative and organisational structure of the organisation, to include Coaching and Officials, Member support and development, Insurance, Events, Administration and Governance.

President's Report

Unfortunately for some of our members 2021 was not much better than 2020. Limited opportunities in the pool brought out our innovative side with virtual swims, social events and many of us swimming in the ocean (even in very cold temperatures). Our members in Victoria and NSW endured months of lockdowns which meant no pool swimming whereas other Branches continued as normal with training and swim meets with little or no interruption.

The National Championships for 2021 in Darwin had been cancelled late in 2020 fortunately as both NSW and Victoria were in the middle of lockdown at that point and most state borders were closed.



Jane Noake, MSA President

A team's challenge event was organised for MSAC in Melbourne for August and preparations were well under way when it had to be cancelled due to the lockdowns, we had hoped to get swimmers together for a different event where members swam in teams and got to know members from a different branch- but this was not to be.

However, there were still many wonderful results within each branch even if the opportunities were limited to run meets and congratulations to those swimmers who excelled during the opportunities, they were able to take. Fortunately, some of the swim series events were able to run and some swimmers took the limited chance to travel when it was possible.

Swim meets though are only a small part of what we do and achieve in Masters swimming and I am proud to say during 2021 we have achieved so much-I suspect if we hadn't been hit by Covid-19 we would never have achieved so much in such a short time.

As in 2020 the National Board of Management met monthly by zoom and the AGM and 2 general meetings were also zoom meetings due to most state borders being closed during the year. The NBM came very close to meeting up in person in Melbourne in May with introductions to Swimming Australia staff being a high priority, but that meeting was cancelled at the last minute (the story of the last 2 years).

A huge change to the operation of MSA in the past 2 years has been the resurgence of our committees and the work being carried out by these committees and their members. My thanks to all our members who have put up their hands to be part of these committees and a huge thankyou for all the work being done, mostly behind the scenes to improve our organisation.

The online coaching course has been well documented over the past 2 years and the work to get this up and running was considerable. My thanks to the committee but in particular to Kim Tyler who has worked tirelessly to see the coaching course now completely online. Kim has handed over to Rob Wilson who is now employed to coordinate the course and give assistance when needed. It is now so much easier to become a MSA coach and reaccredit and upskill.

The technical committee are just beginning the journey to present our courses online. Firstly, each technical course needed to be updated and each member of the committee was tasked with updating a course. During the next few months, the work will begin with progressing each course to online hopefully beginning with the timekeeping course.





President's Report

The swim meet committee in conjunction with Sarah and Kath organised and promoted the inaugural Mental Health month during the month of May. This was a great success and showed how our members can pull together and look after each other at the same time as having great fun and also supporting the chosen charity which was the Black Dog Institute. We look forward to doing it all again in 2022 and having even more fun and support. The idea grew from the tough times we have all endured and how it is so important to look after each other and other people who may need help but do not necessarily feel they can ask for help. By talking about mental health and getting together as Clubs and Branches we can offer support to those who are in need. This committee also kept the Covid-19 procedures updated and rewrote procedures for applying for a National postal swim and have now taken on the responsibility of approving all postal swim applications.

The project 2025 subcommittee has now become the National Membership committee and is working very hard on ideas on how to retain membership and increase membership as well as helping Clubs restart after the lockdowns of the past 2 years. There have been some excellent ideas coming from the members of this committee and we look forward to seeing the results of the Just one more grant initiative which we hope will help our Clubs start the growth process.

At the September general meeting it was resolved to form an Open Water Swim subcommittee to look at the rules of open water swimming due to the renewed interest in open water swimming and the limitations on this due to our rules.

During the year we moved to the offices of Swimming Australia which we believe will allow us to collaborate with our SA colleagues. Unfortunately, due to the various lockdowns we have not spent as much time in the office as we had hoped but we can already see many benefits of the move and hope it will continue to be beneficial for both organisations.

As hard as our committees have been working Sarah and Kath in the office have worked even harder. Many policies and procedures have been reviewed and updated during the year, and there are many still to be reviewed. As the NBM now meets monthly there is constant minute taking and coordinating of meetings, constant social media posts and advertising, meetings with administrators and various stakeholders and keeping all our members happy. When I think about the achievements of 2021, I am in awe of the work that is done in the National office as well as our branch offices.

A massive thankyou to all our staff and volunteers for everything that has been achieved during 2021 and I hope we are all able to get together in person at some events during 2022 and enjoy the friendship and fun of masters swimming.

Jane Noake

President Masters Swimming Australia

General Manager's Report

Masters Swimming Australia stood strong through another difficult year of restrictions and lockdowns. The National Office staff have been predominantly working from home all year and have continued to conduct regular zoom NBM, Committee, Administrator, and stakeholder meetings.

Thank you to the National Office staff of Kath Davis (MSA Administration and much more!) Gerard Russell (MSA Bookkeeper), Lyndall Johnson (Compliance and Governance Officer), and Mark Hepple (IT and Web support) who have been tremendous assisting the National Office in the delivery of many strategic and day to day objectives.



Sarah Pisterman, MSA General Manager

MSA was proud to recruit two (2) new positions to expand the coaching team late in 2021. Rob Wilson as National Coaching Education Co-ordinator who will be responsible for the day-to-day management, reporting, user and assessor support and annual review of all aspects of the online Coach Accreditation Program to ensure the program remains dynamic and meets the organisational needs; and Simon Watkins as Project Manager is responsible for the scoping, development, and implementation of the next level of Coach Accreditation. Welcome aboard!

The MSA National Board of Management, Branch Administrators, Presidents and Delegates, Committees and Management have been focused this year to improve communication throughout the organisation. This has meant monthly meetings and many hours spent working to deliver projects and actions. Thank you to everyone, your passion and commitment to the organisation is always recognised.

MSA this year acquired two (2) new committees; the National Membership committee and Open Water subcommittee; together with the Coaching, Technical, Swim Meets Committees and National Recorde. We have a lot of wonderful volunteers to thank who have offered to assist with project and development work for the organisation. Their expertise is greatly appreciated and we look forward to working with them in 2022 and beyond.

Although this year experienced another Nationals cancellation, the National Board of Management agreed to celebrate the 2021 National Swim Series and recognise the six (6) swims out of ten (10) that were swum in the National series. Thank you to all swimmers who supported the MSA 2021 Swim Series and we hope you enjoyed the event(s).

During 2021, despite the ongoing lockdowns and restrictions, MSA swimmers achieved World Records! Congratulations to the following swimmers on your fabulous swims:

- Jennie Bucknell (PowerPoints) 50m Freestyle WR
- John Cocks (Malvern Marlins) 400m IM WR
- John Cocks (Malvern Marlins) 200m IM WR
- John Cocks (Malvern Marlins) 100m Butterfly WR
- John Cocks Malvern Marlins 200m Breaststroke WR
- Margaret Fittock, Denise Robertson, Margaret Watts and Carole Simpson (Miami Masters) $4\,x\,100m$ Freestyle Relay WR
- Margaret Fittock, Denise Robertson, Margaret Watts and Carole Simpson (Miami Masters) $4\,x\,200m$ Freestyle Relay WR

The Million Metres app launched in December 2021, was developed to make it easier for swimmers to log their km's into their mobile straight after they swim. The Million Metres merchandise program has also been updated with Vorgee providing e-vouchers as an award option.

General Manager's Report

New caps have been produced and will be distributed to all award winners. Award winners will be collated twice a year (March and October) with all awards being distributed directly to members and/or Clubs.

MSA supported the Black Dog Institute (BDI) to bring Mental Health Awareness Month (MHAM) to masters swimming in May 2021. A MHAM page was created on the website which included details of the webinar, fundraising page, and educational resources. On the 2 May @ 2pm a National Education Webinar was delivered for 50 minutes to members bringing awareness about Depression. A fundraising page was dedicated to the month of May (and weekend of 15-16 May) and raised over \$10,000 with some amazing activities by Clubs and individuals. The National Office sent out over 30 Facebook, 18 Instagram and 4 Twitter posts which included sharing images of members during MHAM, educational facts from BDI and monthly activities. MSA sold approx. 150 special edition yellow caps and raised money for BDI. Thank you to everyone who supported the initiative and we look forward to celebrating again next year.

Masters Swimming Australia and led by Project 2025, established a grants program to support Clubs and members who endured tough times due to the pandemic. While the impact of Covid-19 on members, Clubs and Branches was varied, the swimming community was unable to come together for fitness, friendship, and fun. To give back to members, MSA invited Clubs to apply for up to \$1,000 per club in financial assistance to aid the growth and development of members and the sport of adult amateur swimming in Australia. We will share the results of the program and club stories in 2022.

One of the key projects in 2021 was the development of a MSA test platform on Swim Central. A small project team undertook fortnightly meetings to log results (gap analysis) between STG and SC and establishing areas in need of development. SA will provide a recommendation on the best way forward early in 2022 (including scheduling any development work at our end and providing a plan on data transition/potential club pilots, resources, and timelines).

Membership numbers for 2021 resulted in growth from 2020 of 5986 members to 6525 (the same number as 2019) with approx. 200 Clubs across Australia. We look forward to understanding more about our membership in 2022 and have already seen enormous traction from the NMC with the 'Just One More' grants initiative program to assist Clubs drive their membership in 2021.

The relationship with Swimming Australia remains strong, despite not being able to rub shoulders for most of 2021. There have been several changes to staff at Swimming Australia (SA) with the appointment of CEO Eugenie Buckley (EB) and under Swimming's newly approved National Strategic Plan 2032, and financial circumstances, the organisation re-structured to a flatter management set-up. As a result, and in addition to some others changes across the business, the existing Executive roles of Chief Commercial Officer, Chief Operating Officer, and Chief Sport Performance were wound up in 2021. SA have appointed International Quarterback (commercial relationships) and Publicis Group (Full service agency). Meetings are scheduled in early 2022 between MSA and SA once borders open up.

Thank you to John Vorgias and his team who provide financial and product support to the Masters Swimming community. We are thrilled that we can celebrate a National Championships in 2022 together.

Lastly, I look forward to finally meeting more of you face-to-face next year at the Nationals in Sydney! Take Care and keep connected.

Sarah Pisterman

General Manager Masters Swimming Australia

This report is to be read in conjunction with the accompanying audited financial reports.

Masters Swimming Australia met the challenges of the continuing Covid-19 pandemic throughout 2020 and into 2021 as we suffered through Delta and Omicron variants. At the time of writing, restrictions have eased and travel is once again possible.

Andrea McNeil, MSA Finance Director

General Manager Sarah Pisterman and Administration Manager Kath Davis manage an inordinate workload, skilfully traversing the many varied aspects of our organisation in each work day. The initiative and knowledge built over years of service by MSA's other local team member, contracted bookkeeper Gerard Russell is also appreciated. Early in 2021 MSA was among a number of sports organisations that moved from Sports House. An established and growing relationship with Swimming Australia meant subletting office space at their South Melbourne office would ideally make for easier communication and reduced costs. Covid-19 work from home directions have resulted in less time in the office with MSA and Swimming Australia team members than planned, but hopefully we have turned a corner in that regard.

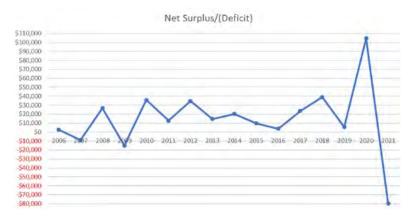
I thank my fellow board members, our tireless President Jane Noake, directors Wendy Holtom, Robert Hardie and Jodie Quinn in our ongoing efforts to support and engage adult swimmers around Australia. Jodie joined the National Board of Management in 2021 and Wendy will depart in 2022 after many years of service to MSA and MSWA. We appreciate the experience and knowledge of Masters Swimming that Wendy has brought to the NBM.

Summary

Federal Government financial support in the form of JobKeeper in the final quarter of 2020 resulted a final payment in January 2021. All Business Victoria grants received in 2020 and 2021 that were destined for MSV were transferred to MSV in 2021.

The purchase of a new laptop was approved for use by the Administration Manager, with the asset and depreciation reflected in the Balance Sheet. Working from home has certainly validated this expenditure.

The 2021 reported net deficit of \$79,576 includes the transfer of \$30,000 Victorian Government support to MSV, which has been offset by the same amount of income received in 2020. Excluding that factor, the deficit in 2021 was \$49,576, compared to a budgeted deficit of \$277,878 (excluding the laptop capital purchase).

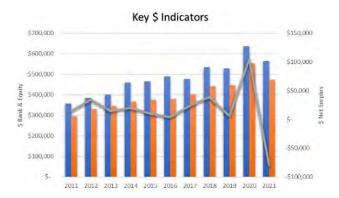


Income and Expenditure Statement

With only \$7,200 of government support recorded in Covid-19 affected 2021, MSA recorded a net operating deficit of \$20,415 (before Special Projects), after allowing for non-cash items of depreciation of \$1,978, annual leave provision reduction of \$1,422 and long service leave provision of \$8,903.

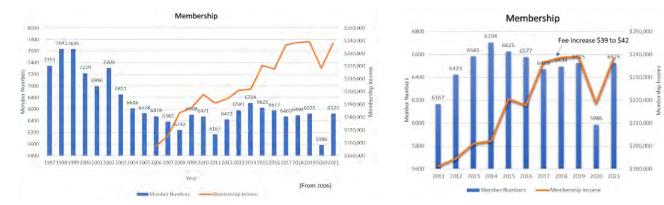
Income and Expenditure Statement

As previously mentioned, the transfer of extraordinary Covid-19 related income of \$30,000 assistance from the Victorian Government needs to be considered when comparing 2021 to 2020. Other Special Projects included expenses related to the cancelled Nationals in NT and the approved Marketing and Membership Benefits expenditure.



Income

The revenue for 2021 included membership subscriptions from 6,525 members compared to 5,986 members in 2020. Encouragingly, 2021 memberships equalled the number reported in pre-Covid 2019. Of the 6,525 registrations in 2021, 246 were for 16 month memberships, 354 were for 6 month memberships, and 4 were for 4 month memberships, all 4 of which were from MSV. Due to lockdowns and reduced competition, it is evident that some swimmers took a "wait and see" approach to renewing or joining. It seems 6 month memberships have now become the standard shorter term option offered by most branches.



Bank interest received in 2021 was \$3,740, down from \$7,273 in 2020. Australia is experiencing continuing record low interest rates, so as an investor, MSA has only been able to secure 0.35% for each of the two 12 month term deposits that mature in July. This will result in term deposit interest in the order of only \$1,373 in 2022.

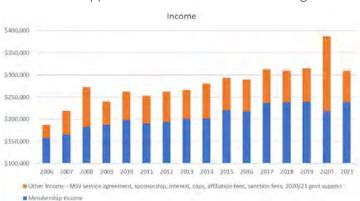
Income from sanction fees suffered even more than in 2020 under pandemic restrictions, and comprises of North Mackay Sinkers event and \$50 each for 3 postal swims.

Vorgee, the major sponsor of MSA, has returned in 2021 with financial support of \$10,000. Ocean Swim Fiji allowed MSA to retain \$2000 sponsorship received in 2020 for application in 2022, for which we are grateful. Accordingly, that sponsorship does not

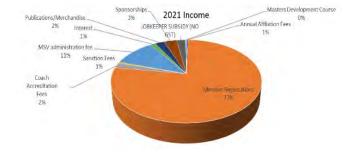
appear in the 2021 figures.

Swim caps purchased upon membership registration and the popularity of the May Mental Health Awareness Month caps resulted in an increase in merchandise revenue over 2020.

Due to the impressive uptake of the new online Dita platform for coaching qualifications developed largely by MSWA members of the



National Coaching Committee, coach accreditation fees have boosted income. As more masters' swimmers gain coaching accreditation, the offerings by clubs will add more value for the members of our organisation. The efforts of MSA's office staff in launching the online platform nationally is also acknowledged.



As mentioned above, \$7,200 was received for

JobKeeper in January 2021 in relation to the previous quarter, with no further eligibility.

Expenditure

Autumn and Spring General Meetings in 2021 were once again held via zoom out of necessity, and there was no ASCTA Conference where Coach of the Year is normally awarded, so travel costs were minimal, with credit vouchers to be applied in future.

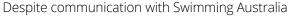
Insurance costs were less the previous year due to travel insurance credits applied from 2020.

Awards were distributed in the modified 2021 Swim Series. The increasing achievement of Million Metres awards by members and the associated postage costs are exhibited in expenditure.

Expenses also included those associated with an inaugural Mental Health Awareness month in May 2021, developed by National Swim Meet Committee and national office staff. This included expenditure on Mental

Health Awareness caps, associated postage and a donation to the Black Dog Institute, MSA's partner in supporting members' mental health via awareness, education and resources.

This was the first year that wages and superannuation expenditure reflected the increased hours of the General Manager and Administration Manager to full time for a full year.



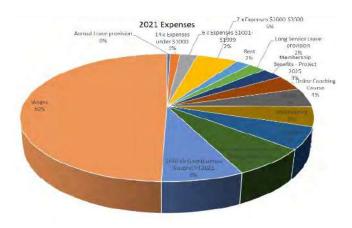
regarding rent reduction, rent for July – December 2021 was invoiced in full, but not until February 2022. Accordingly, 2021 and 2022 rent expenditure will reflect a timing variance. Relocation costs were a one off

but storage costs will continue. Phone expenses have reduced since the relocation as the landline has been replaced with a mobile phone in the possession of the Administration Manager to maintain communication with members.

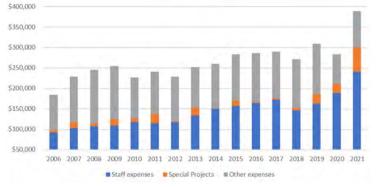
IT and promotional materials expenses have increased due to the improvements in managing technology and communications.

Special Projects

MSNT was reimbursed for preliminary sunk costs associated with the cancellation of 2021 Darwin







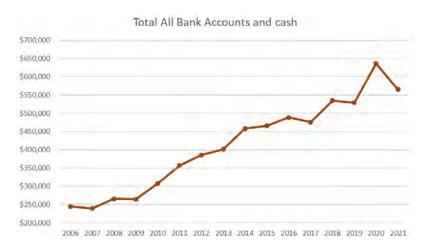
Nationals, and the marketing special project resumed after a Covid-19 inflicted hiatus but then halted when lockdowns were once again imposed.

The release of the Dita online coaching course with associated ongoing assessor and payment processing platform costs are part of the value add to MSA members that branches have embraced. The recent contracting of a National Coaching Education Coordinator resulted in related costs for the month of December 2021. The membership benefits special project included the Million Metres app, other technology development including for the website and costs to study MSA policies, governance and compliance.

Balance Sheet

Cash is held in transaction accounts and in two term deposits with different banks. MSA is protected by the

Federal Government's bank deposit guarantee capped at \$250,000 per bank. Interest on the term deposits was reinvested at maturity. While interest rates remain low, there is no urgency to look to a third term deposit with a different bank. Future funding of the Membership Benefits - Project 2025 special project may require an assessment of the rollover of one term deposit. Branch delegates have expressed a desire for worthwhile but judicious spending of reserves for the benefit of our members.



MSA continues to be in a sound financial position and the organisation can meet its commitments to staff, including their wages, superannuation, annual leave, the ATO for PAYG and GST, and suppliers. Long service leave is not yet payable, but a provision has been established. Trading accounts hold sufficient cash for operating expenses and expense accruals. There is a timing variance involving trade creditors at the end of 2021 due to the broker invoicing in December 2021 most insurance policies for 2022.

The 2022 year started with membership of 2,947 recorded in December 2021 which compares favourably to 1,770 the year before, as reflected in revenue received in advance. 246 members chose 16 month membership between September and November 2021, which was favourable compared to 231 the year before. Masters Swimming Australia's vision to enrich and inspire adults to swim for life has seen MSA form a National Membership Committee dedicated to the membership goal. The National Board of Management and National committees hope that programs funded to encourage clubs to promote adult swimming will result in membership growth and retention. Clubs need to cement relationships with pool management to ensure lane space, engage qualified coaches, provide OWS where possible and there is a demand, and have welcoming club coaches and committees who greet new swimmers so they join, then renew each year along with their swimming friends.

Proposal

I propose that the Audited Financial Statements and this accompanying report be accepted as presented.

Andrea McNeil

Finance Director Masters Swimming Australia

Masters Swimming Australia Inc.

Board of Management

As at 31 December 2021

President: Jane Noak		
Director of Finance:	Andrea McNeil	
Board Members:	Wendy Holtom	
	Robert Hardie	
	Jodie Quinn	

Masters Swimming Australia Inc.

Income Statement

For the Year Ended 31 December 2021

	2021	2020
INCOME	\$	\$
Branches		
Annual Affiliation Fees	1,432	1,432
Coach Accreditation Fees	6,318	200
Member Registrations	238,191	218,590
MSV Administration Fee	33,312	32,773
Sanction Fees	1,345	2,445
Total Branches	280,598	255,440
Other Income		
Cash Flow Boost	-	32,260
Club Coaching Online	-	450
Interest	3,740	7,273
Jobkeeper Subsidy	7,200	48,600
Masters Development Course	491	-
Publications/Merchandise	7,488	4,210
Sponsorships	10,000	9,250
Vic Business Support Expansion 1 - 3	-	20,000
Vic Govt Business Support Fund	-	10,000
Total Other Income	28,919	132,043
TOTAL INCOME	309,517	387,483

Masters Swimming Australia Inc.

Income Statement

For the Year Ended 31 December 2021

	2021	2020	
EXPENSES	\$	\$	
Professional Fees			
Audit Fees	1,560	1,500	
Legal Fees	306	489	
Total Professional Fees	1,866	1,989	
NBM & Branch Delegates			
Teleconferences	252	705	
Travel & Accommodation Expenses	330	1,482	
Total NBM & Branch Delegates	582	2,187	
Premises			
Rent & Storage, Electricity, Cleaning	7,607	1,532	
Total Premises	7,607	1,532	
Operations			
Affiliations & Subscriptions	400	200	
Computer, Software & IT Services	1,473	753	
Internet Fees	313	337	
Membership Registration Management Fee	28,033	26,183	
Office IT	2,930	1,480	
Office Supplies / Stationery	236	331	
Phone & Fax	1,374	1,797	
Photocopier	109	288	
Postage & Freight	2,007	1,580	
Printing	768	-	
Relocation Costs	491	-	
Staff Parking	71	-	
Storage	2,608	-	
Stripe Fees	134	-	
Total Operations	40,946	32,949	

Masters Swimming Australia Inc

Income Statement

For the Year Ended 31 December 2021

	2021	2020
EXPENSES continued Staff	\$	\$
Annual Leave Provision	(1,422)	7,478
Bookkeeping	19,359	15,444
LSL Provision	8,903	-
Other Staff Costs	737	318
Superannuation	18,893	14,357
Wages & Salaries	193,908	151,125
Total Staff	240,378	188,722
Other		
Annual Report	728	409
Awards, Trophies & Gifts	3,443	753
Depreciation	1,978	1,280
Insurance	22,015	25,047
Merchandise	3,226	2,260
Million Metres Costs	3,248	1,976
Promotional Materials	3,465	1,593
Sundry Expenses	450	-
Total Other	38,553	33,318
TOTAL EXPENSES	329,932	260,697
Net Operating Surplus/(Deficit)	(20,415)	126,786
Special Projects		
Audit Adjustment		18
Marketing	1,452	6,748
Membership Benefits - Project 2025	10,987	-
MSNSW 2020 Cancelled Nationals	-	15,510
MSNT 2021 Cancelled Nationals	1,147	-
Online Coaching Course	15,576	-
Vic Business Support Expansion	20,000	-
Vic Govt Business Support Fund	10,000	-
Total Special Projects	59,161	22,276
Type text here		
NET SURPLUS/(DEFICIT)	(79,576)	104,510

Masters Swimming Australia Inc.

Balance Sheet

For the Year Ended 31 December 2021

ASSETS	2021 \$	2020 \$
Current Assets		
Bank		
Westpac Cheque Account	4,177	10,535
Westpac Idirect Account	166,443	235,766
Westpac Mastercard Debit Card	1,927	1,491
Cash on Hand	24	24
Westpac Term Deposit	146,988	145,706
Bendigo Bank Term Deposit	245,400	242,973
Total Bank	564,960	636,495
Other Current Assets		
Trophies in the Show Cases	1,034	1,034
Total Other Current Assets	1,034	1,034
Debtors		
Trade Debtors	78,713	18,012
Prepayments/Sundry Debtors	26,672	6,882
Total Debtors	105,385	24,895
Total Current Assets	671,379	662,424
Fixed Assets		
Plant and Equipment		
Furniture & Equipment	58,986	56,674
Accumulated Depreciation	(55,660)	(53,682)
	(,)	(,-=)
Total Fixed Assets	3,326	2,992
TOTAL ASSETS	674,704	665,415

Masters Swimming Australia Inc.

Balance Sheet

For the Year Ended 31 December 2021

LIABILITIES	2021 \$	2020 \$
Current Liabilities		
Trade Creditors	32,412	3,193
Revenue Received in Advance	123,429	78,456
GST Liabilities - Clearing Account	9,781	5,387
PAYG on Wages	12,222	10,282
Superannuation	2,152	1,353
Accruals	1,560	1,500
Provision for Annual Leave	12,056	13,478
Total Current Liabilities	193,612	113,650
Non-Current Liabilities		
Provision for Long Service Leave	8,903	-
Total Non-Current Liabilities	8,903	<u> </u>
TOTAL LIABILITIES	202,514	113,650
NET ASSETS	472,190	551,766
EQUITY		
Retained Earnings	551,766	447,255
Current Earnings	(79,576)	104,510
TOTAL EQUITY	472,190	551,766

Masters Swimming Australia Inc.

Statement of Cash Flows

For the Year Ended 31 December 2021

	2021 \$	2020 \$
Cash flows from operating activities:	Ψ	Ψ
Receipts from operations	225,287	384,523
Payment to suppliers and employees	(302,644)	(280,908)
Interest received	3,740	7,273
GST received / (paid)	4,393	(525)
Net cash from operating activites	(69,223)	110,363
Cash flows from investing activities:		
Acquisition of property, plant and equipment	(2,312)	(2,593)
Net cash used in investing activities	(2,312)	(2,593)
Net cash increase / (decrease) in cash and cash equivalents	(71,535)	107,770
Cash and cash equivalents at beginning of year	636,495	528,724
Cash and cash equivalents at end of financial year	564,960	636,495

Masters Swimming Australia Inc.

Statement of Changes in Equity

For the Year Ended 31 December 2021

	Retained Earnings \$	Total Equity \$
Balance at 1 January 2021	551,766	551,766
Net Surplus/(Deficit)	(79,576)	(79,576)
Balance at 31 December 2021	472,190	472,190
	Retained Earnings \$	Total Equity \$
Balance at 1 January 2020	447,255	447,255
Net Surplus/(Deficit)	104,510	104,510
Balance at 31 December 2020	551,766	551,766

Masters Swimming Australia Inc.

Notes to the Financial Statements

31 December 2021

1 Accounting Policies

(a) General Information

These financial statements are a special purpose financial report prepared in order to satisfy the accounts preparations requirements of the *Associations Incorporation Reform Act (Victoria) 2012.*

The board have determined that the Masters Swimming Australia Inc. is not a reporting entity and therefore there is not need to apply Australian Accounting Standards or other mandatory professional reporting requirements in the preparation and presentation of the financial statements.

(b) Basis of Preparation

The financial report has been prepared on an accruals basis and is based on historical costs modified by the revaluation of selected non-current assets, financial assets and financial liabilities for which the fair value basis of accounting has been applied.

The following specific accounting policies, which are consistent with previous periods unless otherwise stated, have been adopted in the preparation of this financial report.

(c) Property, Plant and Equipment

Each class of property, plant and equipment is carried at cost or fair value less, where applicable, any accumulated depreciation and impairment losses.

The depreciable amount of all fixed assets is depreciated on a diminishing value basis over their useful lives commencing from the time the asset is held ready for use.

(d) Revenue

Revenue from membership registrations and branch affiliation fees are recognised when received and attributed to the financial year in which they relate.

Interest revenue is recognised when it is credited to the relevant bank account or term deposit and attributed to the financial year in which it is received.

All other revenue is recognised when it is received and attributed to the financial year in which it is received.

(e) Goods and Services Tax (GST)

Revenue, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Taxation Office. In these circumstances the GST is recognised as part of the cost of acquisition of the asset or as part of an item of the expense. Receivables and payables in the balance sheet are shown inclusive of GST.

Masters Swimming Australia Inc.

Board's Declaration

31 December 2021

In the opinion of the board, the financial report:

- (a) presents fairly the financial position of Masters Swimming Australia Inc as at 31 December 2021 and its performance for the year ended on that date in accordance with the accounting policies outlined in Note 1 to the financial statements;
- (b) satisfies the requirements of the *Associations Incorporation Reform Act (Victoria)* 2012 to prepare accounts; and
- (c) at the date of this statement, there are reasonable grounds to believe that Masters Swimming Australia Inc. will be able to pay its debts as and when they fall due.

Dated 4 March 2022



Crowe Audit Australia ABN 84 006 466 351 62 Paterson Street LAUNCESTON TAS 7250 PO Box 1000 LAUNCESTON TAS 7250 Main +61 (0) 6323 1222 Fax +61 (0) 6323 1231 www.crowe.com.au

Masters Swimming Australia Inc

Independent Auditor's Report to the Members of Masters Swimming Australia Inc

Opinion

We have audited the financial report of Masters Swimming Australia Inc. (the Association), which comprises the balance sheet as at 31 December 2021, the income statement, statement of cash flows and statement of changes in equity for the year then ended, the notes to the financial statements, and the board's declaration.

In our opinion, the accompanying financial report presents fairly, in all material respects, the financial position of the Association as at 31 December 2021 and of its financial performance for the year then ended in accordance with the accounting policies described in Note 1.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Report section of our report. We are independent of the Association in accordance with the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 Code of Ethics for Professional Accountants (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of Matter – Basis of Accounting

We draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared to assist the Association to meet the requirements of the Associations Incorporation Reform Act (Victoria) 2012. As a result, the financial report may not be suitable for another purpose. Our opinion is not modified in respect of this matter.

Responsibilities of the Board for the Financial Report

The board is responsible for the preparation and fair presentation of the financial report in accordance with the financial reporting requirements of the applicable legislation and for such internal control as the board determines is necessary to enable the preparation and fair presentation of a financial report that is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the board is responsible for assessing the Association's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless the board either intends to liquidate the Association or to cease operations, or has no realistic alternative but to do so.

Liability limited by a scheme approved under Professional Standards Legislatio

The title 'Partner' conveys that the person is a senior member within their respective division, and is among the group of persons who hold an equity interest (shareholder) in its parent entity, Findex Group Limited. The only professional service offering which is conducted by a partnership is the Crowe Australasia external audit division. All other professional services offered by Findex Group Limited are conducted by a privately owned organisation and/or its subsidiaries. Findex (Aust) Pty Ltd, trading as Crowe Australasia is a member of Crowe Global, a Swiss verein. Each member firm of Crowe Global is a separate and independent legal entity. Findex (Aust) Pty Ltd and its affiliates are not responsible or liable for any acts or omissions of Crowe Global or any other member of Crowe Global. Crowe Global does not render any professional services and does not have an ownership or partnership interest in Findex (Aust) Pty Ltd. Services © 2022 Findex (Aust) Pty Ltd



Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with the Australian Auditing Standards, the auditor exercises professional judgement and maintains professional scepticism throughout the audit. The auditor also:

- Identifies and assesses the risks of material misstatement of the financial report, whether due
 to fraud or error, designs and performs audit procedures responsive to those risks, and
 obtains audit evidence that is sufficient and appropriate to provide a basis for the auditor's
 opinion. The risk of not detecting a material misstatement resulting from fraud is higher than
 for one resulting from error, as fraud may involve collusion, forgery, intentional omissions,
 misrepresentations, or the override of internal control.
- Obtains an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control.
- Evaluates the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by those charged with governance.
- Concludes on the appropriateness of those charged with governance's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the entity's ability to continue as a going concern. If the auditor concludes that a material uncertainty exists, the auditor is required to draw attention in the auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify the auditor's opinion. The auditor's conclusions are based on the audit evidence obtained up to the date of the auditor's report. However, future events or conditions may cause the entity to cease to continue as a going concern.
- Evaluates the overall presentation, structure and content of the financial report, including the
 disclosures, and whether the financial report represents the underlying transactions and
 events in a manner that achieves fair presentation. The auditor communicates with those
 charged with governance regarding, among other matters, the planned scope and timing of
 the audit and significant audit findings, including any significant deficiencies in internal control
 that the auditor identifies during the audit.

CROWE AUDIT AUSTRALIA

Malcolm Matthews

Launceston

Partner

National Coaching Committee Report National Coaching Committee composition: Di Coxon Ellis (MSNSW) Chair Anne Smyth (MSNSW) Greg Gourley (MSNSW) Jacinta Stirrat (MSNT) Bruce Allender (MSQ) Simon Watkins (MSQ) *to December 2021* Philip Tyrell (MST) Amy Jones (MSV) *from October 2021* Kim Tyler (MSWA) Elena Nesci (MSWA)



MSNSW Officials Meeting poolside

Observers: Frank Lindsay (MSSA) to October 2021. Welcomed NBM Andrea McNeil.

• The NCC met by zoom facilitated by GM Sarah Pisterman or Admin Kath Davis in January, March, May, August and November 2021.

• The main focus for 2021 was the Online Club Coach Course Workshop.

End 2020 the NCC agreed that the MSWA pilot had met all requirements and the education methodology has been proven. Kim completed extensive research on platforms and chose Dita Solutions as the preferred platform and negotiated a deal with Dita MSA GM Sarah, with Kim Tyler's assistance, developed a complete business proposal outlining the broader story/benefits with ongoing cost of program to MSA plus return on investment and continuous improvement, to give the NBM absolute certainty to go forward with the project. On 21 January 2021, on behalf of the NCC, GM Sarah presented the NBM with a product to invest in to equip coaches with a pathway which will be able to provide other educational tools. This saw the project being developed into 2021.

- Until the new platform was built it was resolved to extend registration for all Branches to complete the course through the pilot on the Google platform to ensure continuity of opportunity for coaches to be trained. The agreement was that the registration fees would go to MSWA for the funding of the MSWA Coach Development Officer. All assessors agreed to accept no fee during this transition period.
- It was also resolved in January that no face to face Club Coach Courses were to be conducted in Branches in the future (exception ASTCACON see below). The online delivery option will ensure national consistency in CCC presentation and content.
- The old list of Presenters was revised to Coach Educators who have all assessed candidates online. On 19 May 2021 all Coach Educators were trained at a zoom session in their role in as back end assessors, how to access the system and again Kim oversaw the transition for Coach Educators. Protocols for Assessors have been refined over the year. Kim also organised with MSA the invoicing system for all Coach Educators to provide an ABN or a "Statement by supplier". Over the course of the year, it was agreed that payment for assessment of a module be \$17 a total of \$51 for all three modules. The remaining \$99 is to be quarantined for Coach Development.
- On 1 June 2021 the Dita platform was relaunched to all current and future candidates, on time and well within budget. Kim, with the guidance of Ben from Dita Solutions, worked tirelessly to coordinate the transfer of all current candidates with detailed notifications and support for the transition. The MSA website was updated to the new learning platform and every candidate gains Club Coach accreditation from registration to certification completely online. They can complete at their own pace and with the bonus that their Accumulated Training Record (ATR) is available to access at any time with records of accreditation achieved, documents uploaded etc.

National Coaching Committee Report (Cont)

- Extra catalogue costs were incorporated into the original proposal for the development of the online CCC and two stand-alone catalogues have been created:
 - 1. Professional Development (PD) with the Club Coach Workshop (CCW) as an option for PD in renewing as a coach. Cost of \$100. PD has its own Certificate of Completion.
 - 2. Bridging Course for those who have completed the PD only and wish to transition to a full accreditation. Cost \$50
- Recognition of Current Competency RCC The CCW is now a mandatory requirement for RCC and all documentation has been rewritten accordingly. Previously this was overseen by the National Coaching Chair but will now be assessed on a Branch level and sent to the Chair as a recommendation for RCC to be granted.
- In June 2021 Coach Education email addresses were set up for each branch for all email contact on the system.
- Kim Tyler completed comprehensive FAQs for candidates, coach mentors and Assessors. These are placed on the MSA coaching link so all can get quick access to answers
- August 2021 the NCC resolved that all candidates' modules were to be assessed within three days of completion or reassigned to another assessor.
- Coaches Code of Behaviour has been rewritten (adopted Nov 2021) and the NCC declared its' support for the MSSA proposal that all coaches be asked to agree to the Member Protection Policy.
- Swimming Australia (SA) In March the SA online course was renamed Masters Development Course and Sarah and Kim facilitated the process of linking the Development course with SA.
- In 2021 the groundwork was laid for the hybrid version of the course to be conducted at ASCTACON (to be held in April/May 2022). Candidates will complete Modules 1&2 of the online workshop to be reviewed on the day and Module 3 and the practical assessment run face to face at the Conference only. Kim and Sarah have worked with Dita Solutions to enrol candidates online and for ASCTA to refund the \$100 fee from the conference fee.
- In March 2021 it was resolved to change the accreditation period from four to three years in line with SA.
- May 2021 composition of NCC to be more than five as stated in BL10. In November 2021 it was resolved that the NCC would operate with one vote per branch.
- May 2021 NCC developed a Coach Definitions document to define such roles as session or Program Leaders. This raised the insurance issue and in November 2021 the NCC resolved that those on deck coaching should have a minimum of PD accreditation (cost \$100). Marsh Insurers gave a 48 month time frame for compliance. MSA offered a grant program to support Clubs in gaining accreditation for their coaches.
- Work is planned for the Development of Open Water Swim (OWS) modules and Swimmers with a Disability (SWD) modules as a precursor for, and eventual inclusion in, an Advanced Club Coach course.
- Resources have been made available on the MSA website...reading list for coaches, articles, sample annual plans, links and of course the Return To Swimming video for Coaches and Swimmers.

National Coaching Committee Report (Cont)

The advent of the online delivery of the CCC has been a great coaching stimulus for MSA as indicated by the following stats:

Member	Members accredited/re-accredited in 2021 @ 31/12/2021									
	2024 expiry dates						2025 ex	piry date		
		Pre-Dita		Dita				Dita Pre-Dita		
Branch	New Accred	Re-accred	RCC	New Accred	Re-accred	RCC	Bridging	New Accred	Re-accred	Coaches processed in 2021
MSNSW	2	8		5	3			1		19
MSNT										0
MSQ		1		3	3			1		8
MSSA		2		2	2					6
MST				1						1
MSV	1	1		1	2		1	1		7
MSWA	0	5		8	2	1				16
TOTAL	3	17	0	20	12	1	1	3	0	57

Total of Accredited MSA coaches @31/12/2021 with expiry dates 2021 onwards									
MSNSW	MSNT	MSQ	MSSA	MST	MSV	MSWA	Unknown	TOTAL	
86	2	61	17	9	32	97	4	308	

Immense thanks particularly to MSA Admin Kath Davis and National Coach Education Co-ordinator (NCEC) Rob Wilson for the data derived from three databases – Access, STG and the new Dita platform. Not an easy task and very time consuming. A complete set of tables is available on request for perusal.

In future, the NCEC will generate reports from the Dita platform and reconciliation should be an easier process, hopefully, and Branch stats can be reconciled during the year with progressive reporting.

The impact of various strains of Covid-19 in some Branches was significant but all worked around cancellations or postponement of many meets, including the National Championships 2021. The Return to Swimming video was resurrected and competition came in the form of Virtual challenges in both swimming and dryland activities. Postal Swims where pools could be accessed and OWS were encouraged within Covid-19 Safety guidelines.

Branch representatives on the NCC report on how each Branch moved forward in coaching in 2021:

MSNSW – The MSNSW coaching team have continued to support coaches in developing their knowledge to provide a quality program for their members. The coaching objective has been to keep our coaches and members engaged and motivated through regular communication via emails and Monthly News.

After a positive start to the year with an online Backstroke Forum and a Starts/Turns Workshop, most of the planned coaching events were cancelled. A Coaching Weekend planned for August was rescheduled for July 23/24, 2022. The Thredbo Swim Camp in October was also postponed until 2022.

As in 2020, the MSA Return to Swimming Program was an excellent resource encouraging swimmers back in the water and to regain fitness and motivation with goal setting. Many Clubs and individuals followed the program.

National Coaching Committee Report (Cont)

The online Club Coach Course has proved an effective method of delivery. Six have completed the course and five are working towards completion. Two have undertaken the course as PD and two are in the process. Sixteen coaches have renewed their qualifications during 2021.



Congratulations to Greg Gourley (Tuggeranong) who was named NSW and National Coach of the Year for 2020.

MSNT – The BCD role has taken a new direction in 2021 with the advent of the MSA Club Coach Course, by far the largest move in directing Masters Coaching well into the 21st Century as a leading player. Three MSNT members are currently taking this step.

Jac is the Coach Educator for MSNT.

Jac is one of three NCC members who will present at the next ASCTA Conference in May 2022.

Stroke Development Sessions at Club level are being rolled out to cater for all levels of swimmers. Alice Springs Club was offered these sessions with no success in 2021. The focus has subsequently been with Darwin Stingers on areas often not covered in training e.g. Starts Turns. These will continue into 2022, Alice Springs included.

PD opportunities have seen Jacs' participation in a range of ASCTA and SNTI Coach workshops offered in 2021 including face-to-face sessions with Qld Swimming's Drew McGregor, St. Peters Western Coach, Maxine Seear, plus working with the Gold Class Swimming program online with world class coaches Leigh Nugent, Rohan Taylor (2021 Olympic Head Coach) and Gary Barclay. An invitation came from Sport Australia's WISL (Women In Sport Leadership) program to undertake a short course in Supporting the Female Athlete run by La Trobe University. Knowledge and information from these sources is implemented across programs to benefit the needs of all swimmers.

MSQ – There has been good interest from MSQ Club Coaches seeking initial accreditation as well as those renewing their existing accreditation. Several have also participated in the follow up zoom meeting run by the Course Administrator. The online CCC has been particularly beneficial for Queensland coaches who are located at pools in very disparate geographical areas across the State.

There were two attempts to run a coaching workshop for Southern Queensland coaches during the latter part of the year, but were unable to proceed primarily due to Covid-19 concerns. These will be rescheduled, probably in a different format, next year.

MSTAS – It has been business as usual for most coaches in Tasmania for 2021, largely unaffected by Covid-19.

One new coach has been added to the list of currently qualified club coaches after seeking reaccreditation via the recognition of current competency pathway, bring the list to nine coaches. This means that most Clubs in the Branch have access to a currently qualified coach.

The demand for coaching in open water swimming from swimmers continued to grow, and the Branch looks forward to the addition of an open water coaching module to the club coach course so that this aspect of coaching can be formalised.

MSV – Amy has recently taken on the role of BCD and due to extensive lockdowns during 2021 MSV has little activity to report.

National Coaching Committee Report (Cont)

MSWA – MSWA Coaches have been actively supported in both their accreditation and ongoing coach mentoring.

Activities completed in 2021 by the WA Coach and Swimmer Development Coordinator - Kareena Preston:

- Scheduled visits to coaches on pool deck for mentoring metro and regional.
- Masters WA Coaches Facebook page with regular posts on development opportunities and coaching tips.
- Regional centres specifically supported with programs and mentoring.
- "Couch to 2K" swim series delivered with coaches using this as PD.
- "CaLD" (Culturally and Linguistically Diverse) Clinic series delivered with coaches using this as PD.
- Provision of coaching programs and mentor support for the virtual "Sandgropers" club.
- A swimmer and coach conference held in August included sessions on Strength and Conditioning, Planning and Programming highly rated by attendees.
- Stroke clinics delivered directly with Clubs based on what the coach needs.
- OWS technique clinics for coaches and swimmers with tips on how to coach for OWS.
- Monthly coffee catch-ups with coaches.

Activities completed in 2021 by the WA Coach Educators – Kim Tyler/Elena Nesci:

- The new national online Club Coach Accreditation Program was officially launched in July 2021.
- 13 WA trainees were transferred into the new platform from the WA pilot.
- 28 WA coaches/trainees were registered online by Dec 2021.
- 9 WA coaches completed their full accreditation in the online platform to Dec 2021.
- 2 WA coaches completed re-accreditation in the online platform to Dec 2021.

Funding Support

The NCC recognises the support that MSA is planning for coaching and the grant opportunity offered to Clubs in the Just One More grant.

Swimming Australia (SA)

The relationship with the National Sporting Organisation (NSO) SA was firmed in 2021, facilitated by GM Sarah and Kim Tyler.

Coach of the Year 2021

At the time of writing no decision has been taken. The National Championships 2022 in Sydney will finally see the presentation of the award. The ASCTA Conference in 2022 will also be an opportunity to recognise the winners, MSNSW Greg Gourley for 2019 and 2020 plus the 2021 winner.

The way forward...

End 2021 MSA Coach and Official Development Coordinator positon advertised. Kim assisted with the matrix and an interview panel was set up of GM and members of NBM and NCC. So mid-December the recruitment of two positions within the coaching team was welcomed heartily, no more than by Kim Tyler to alleviate her tremendous work load. Work commenced to transition the role to the two new recruits.

Acknowledgements

Immense thanks to Kim Tyler for her tireless efforts over the year and to the valuable contribution of all the NCC members plus the support of the MSA Staff and NBM.

Di Coxon-Ellis

National Coaching Committee Chair

Technical Committee Report

My first task in my first report as the Chair of the National Technical Committee is to thank and acknowledge the dedication and effort of the outgoing Chair, Phillip Beames. Phil's contribution over the past many years in the role of Chair will be hard to follow and I am very pleased that he is continuing as a member of the Committee as his knowledge of and experience with refereeing is invaluable; I look forward to his continued support.

The current NTC members are Lynne Duncan (WA), Phil Beames (SA), John Barrett (QLD), Dianne Partridge (NSW), Neil Keele (NSW), Ray Brien (TAS), Simon Bole-Brown (VIC). The committee would like to welcome Paul Carter (NT) as an observer to the committee and thank retiring member Jayna Gordon (NT) for her contribution during her term on the NTC.

During another difficult year due to Covid-19, activity by the National Technical Committee has been constrained however, with the advent of new technologies such as zoom the Committee has been able to meet and, address a number of issues including the acceptance and proposed introduction of modified swimwear rules.

Discussion and preliminary activities have commenced with respect to transitioning the Technical Officials Accreditation Courses to a web-based platform. The project will be funded by MSA with a Project Manager already identified. This will be the primary focus during 2022 and the NTC will work cooperatively with the Project Manager to progress this project to fruition.

Lynne Duncan

National Technical Committee Chair

National Recorder's Report

Although 2021 was another challenging year, most Branches were able to conduct a number of meets across the swim calendar.

There was a total of 135 national records (64 individual long course, 71 individual short course) and 40 relays, 20 long course, 20 short course). This was an increase on the previous year due to the higher number of interclub meets conducted.

World records were set earlier in the year with an individual record for Jennie Bucknell in the 50m Freestyle and four records for John Cocks in the 100m Butterfly, 200m Breaststroke, 200m and 400m Individual Medley. Miami Masters Women's 320+ relay set three records in both short course and long course. During 2021, all the historical world records were added to the MSA portal.

E1000 continued to be popular in 2021 and some swimmers were able to complete all swims as well as achieving maximum points over more than 20 consecutive years.

Year	Clubs	Swimmers	Competed all swims	Achieved 1005 points	
2021	128	1511	80	55	
2020	125	1306	44	33	
2019	143	1886	90	59	
2018	157	1969	90	61	
2017	152	1737	78	50	
2016	152	1915	88	57	
2015	144	1965	75	56	
2014	146	1899	71	51	
2013	153	2109	110	55	
2012	141	1884	81	59	

MSNSW Timekeepers

National Recorder's Report (Cont)

Although our records date back to 1975, the portal has only operated since 2004 and the national top 10s from 2002 and 2003 were added at that time as a historical reference.

Statistics of entries from the records/results portal	Total since 2002	2021	
Meets	2575	99	
Individual results	1,170,903	43,000 (incl splits)	
Relay results	37931	1,903	
National Records Individual Relay	15977	175 (135) (40)	
World Records			
Individual Relay	631 58	5 3	

MSQ Officials, GBRM621

Pauline Samson

National Recorder

National Swim Meets Committee Report

The committee consisting of Leanne Beames (SA), Susanne Milenkevich (QLD), Maciej Slugocki (TAS), Fiona Wilkins (WA) and Jane Noake (NSW) took on new responsibilities during 2021 in line with all National committees, reviewing guides and procedures, sanctioning postal swims and organising in conjunction with the National office our first Mental Health month during May.

As Branches had varying degrees and times in lockdown it was important to provide Covid-19 procedures that could be referred to by each branch to help restart our sport or in some cases ease some of our members anxiety of returning to the pool. Many thanks to Leanne and Fiona for their help and guidance in this important document which is to be kept up to date during the year with updates where necessary. This can be found on the website.

Maciej was responsible for updating the procedures for Sanctioning of a National Postal swim and updating and simplifying the forms to make it clear for Clubs wanting to run a postal swim what is needed for the swim to be sanctioned by the National office. The new document includes forms for the Clubs and the sanctioning of postal swims is now the responsibility of the Swim Meet committee

The Meet Directors Guide is currently being updated, it has not been looked at since 2013, so requires extensive changes.

As the National Championships were cancelled early in the year it was decided to organise a Swim league which would be held in Melbourne and would allow members to compete in teams (swimmers would be from different Clubs and Branches), meet and compete with new friends and importantly get some racing practice which in some Branches had been put on hold due to lockdowns during 2020 and 2021. Our committee was overseeing the organisation of the event which would have included some social events. MSAC was booked for August but alas lockdowns again thwarted a National event and we had to cancel.



3-armed freestyle, MHAM, Doncaster Dolphins

National Swim Meets Committee Report (Cont)

In May MSA held its first Mental Health Month. The idea behind this month was to get our members together to support each other, to organise events (not just swimming events), to look after each other after many months of isolation in some Branches and to do some fundraising.

Susanne and Maciej put together a project plan for the event which was a little ambitious for our first year as we had very little time to organise and Branches were in varying degrees of lockdown or coming out of lockdown, so we looked at what could be achieved in the short time we had to organise the event. With the help of Sarah and Kath we partnered with the Black Dog Institute who helped us with collateral and advertising and set up the fundraising page which linked to our website. We set up a mental health page on our website which had links to many articles and features which could support our members.

To start the month the BDI initiated a webinar for our members which was incredibly moving and for those who took part helped us understand many aspects of mental health which we perhaps had no connection with before this talk. We encouraged our Branches and Clubs to get together and look after their members. Some Clubs and Branches ran events during the month and many pictures were uploaded on our website showing what can be achieved in and out of the pool. We also had a special swim cap designed for the members to purchase signifying the month. Congratulations to everyone who took part in the month's activities, we surpassed our fundraising goal

but more significantly many Branches and members got together and held events which may not have happened if the "Mental Health Month" had not been held. We look forward to next May with a bigger and better effort and hope all Branches will get involved in 2022.

Fiona and Maciej did not renominate for the committee and a big thanks to both of them for the time and effort they put into this committee, much has been achieved this year.

We look forward to having Richard Hughes as the new member on the committee and continuing our work with Susanne, Leanne, and Jane.

Jane Noake

National Swim Meet Committee Chair



Committee Reports

Project 2025 sub-committee

The Project 2025 subcommittee met regularly throughout 2021 and set three key priority areas.

The three priority areas for (re)engaging the Masters Swimming Australia (MSA) membership include:

- Enabling our Clubs providing Clubs with the resources necessary to recruit new members, sustain existing members and promote their activities in their area
- Understanding our members undertake a survey of past and present members to understand their expectations of MSA as an organisation. The survey would also ask Clubs to provide feedback on their needs.
- 'Just one more' recruitment campaign a membership drive linked to the Spring 16-month membership renewal option, encouraging existing members to bring along a friend to have a go and, potentially, become a member.

At the July meeting in 2021, it was noted that work on our first two priority areas - understanding members and engaging Clubs - was progressing or included in other work streams of the organisation. Consequently, our discussions have focussed on the 'Just one more' membership initiative linked to a wider spring membership push. It was agreed that we would pursue a membership campaign that not only rewarded Clubs that grow but recognises those Clubs that retain high numbers of members each year.

In addition to social media collateral, we suggested that funds are made available to Clubs, on a Branch by Branch basis and paid by MSA, to reward Clubs for their efforts to grow or retain membership, hold social events or undertake other positive initiatives that demonstrate the important aspects of fun, friendship and fitness that comes from belonging to a Masters swimming club.

It was suggested that the categories to measure 'Just one more' include:

- New member growth (as a percentage of membership)
- Member retention (as a percentage of membership)
- Social events
- Competition involvement (ie BPS, time trial, championship attendance)

Thank you to the members of the Project 2025 subcommittee Rowena Burch (WA), Stephen Cornelius (QLD), Cristan Prain (NSW), Jodie Quinn (VIC), Giorgio Romano (NT), Jo Trim (VIC) and James Watson (NSW) for their work in 2021.

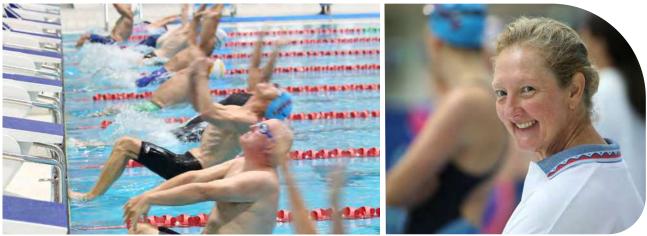
Recognising that the work of engaging our Clubs and membership is an ongoing need for our organisation, the work of the Project 2025 Subcommittee was passed over to the new National Membership Committee (NMC).

As a consequence of the establishment of the NMC in November 2021, the Subcommittee ceased to exist.

Robert Hardie

Chair

Nationa	National Membership													
Branch	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021
MSNSW	1679	1729	1719	1620	1557	1534	1558	1450	1437	1482	1464	1459	1375	1329
MSNT	170	169	161	154	148	141	131	136	138	152	161	149	149	192
MSQ	1348	1425	1316	1138	1280	1235	1242	1189	1199	1195	1214	1220	1052	1216
MSSA	600	604	606	577	635	631	657	649	644	614	618	631	567	647
MST	317	296	296	280	299	288	298	327	277	291	290	304	297	314
MSV	900	920	975	965	1055	1098	1176	1219	1263	1148	1119	1112	967	1045
MSWA	1344	1324	1398	1442	1448	1578	1642	1655	1619	1587	1647	1650	1579	1782
TOTAL	6358	6467	6471	6176	6422	6505	6704	6625	6577	6469	6513	6525	5986	6525



MSNSW Backstrokers

Kerryn Blanch, MSNSW President

Branch Reports Masters Swimming New South Wales (MSNSW)

Governance

Masters Swimming NSW is governed by a board of seven members assisted by position holders in Coaching, Endurance, Recording, Safety, Technical, Training, Social media and Website. Board members were elected at the Annual General Meeting held on 15 May 2021 both by zoom and in person which was attended by twenty-two delegates from Member Clubs and fifteen registered persons, including four Life Members.

In July Lesley Potter stood down from her Board position and Julie Orr from Manly Masters accepted to fill the vacancy.

MSNSW office, located at Sports House in Sydney Olympic Park, remained rent free; we pay for outgoings and remain grateful to the NSW Office of Sport for this generous support. The Branch administration remains see-sawing between working from home and the office.

Promotions

Recognition

At the Annual General Meeting in May 2021 many members were recognised for their work and dedication throughout 2020. These included, but were not limited to, Greg Jacques, Campbelltown Collegians (Administration Award) and Greg Gourley (Coach of the Year).

Congratulations went to MSA President (and MSNSW Swim Meet Director) Jane Noake for being awarded a prestigious Distinguished Long Service Award at Sport NSW 2021 Community Sports Awards which honours individuals from a wide range of sports who have given exceptional service to their sport over a period of decades.

In addition, Jane was elected as President of Masters Swimming Australia which was then ratified at the MSA AGM in April.





Greg Gourley

Jane Noake

Branch Reports

Masters Swimming New South Wales (MSNSW)

(Cont)

Congratulations to Robert Kirkbride from Oak Flats Masters, (right) modelling his well-earned FOUR million metre polo shirt.

Mark Hepple again put in countless hours of voluntary labour at the computer constantly updating our website, we couldn't do it without him.

Mark designed and launched our bespoke Live Results app which proved timely once posting the usual paper results became unsavoury.

Members can enter their timekeeping choices through the apps hamburger menu. They book their place by using the TK tab and choose which events they are available for. This is an enormous step forward for MSNSW, we see a future when endless calls and pleas will no longer be made throughout events begging for each swimmer to take their turn in mastering the stopwatch.

Dryland Training

Subsidised CPR training was held often throughout the year as Covid-19 restrictions allowed, at one point it was online with the practical assessment booked for a later date.

Throughout February and March, the membership across the Branch was able to log in to online Yoga classes twice a week, provided free to members hosted by North Sydney Masters member Christina Echols and subsidised by MSNSW.

In July, the cold depths of winter, the Branch hosted an online Trivia night for Masters' members with thanks to Pat Birgan, Warringah Masters for being the Quiz Master!

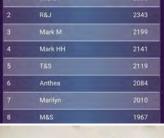
Players joined the Trivia game using their mobile device and selected a team to join. Team members did not need to be physically located near each other so players could play from home or just in different locations while still joining forces on the same team.

Questions were multiple choice, ten questions in each of 5 categories - General Knowledge, Geography, Swimming, History, Science.

Players got 15 seconds to answer the questions and the faster the answer the more points they got.

It proved to be fast and furious and we all got to know our fellow members just a little bit more (some are VERY competitive).









Branch Reports Masters Swimming New South Wales (MSNSW) (cont)



MSNSW Officials and Swimmers

Programs and Activities

We hosted a form of Swim League in March at SOPAC, a co-sanctioned event with Swimming NSW.

Team Challenge was a fast-paced and exciting competition format that provided the opportunity for swimmers of all ages, abilities and experience to swim together and compete as a team.

Swimmers were allocated into teams comprised of individuals of different ages and abilities so that each team was relatively even overall. They then competed together in different individual and relay events.

Team Challenge was not about who came first, second, third, or last in each race. It was about swimming their best, competing together, and contributing towards the overall points tally of their team.

All swimmers were required to swim at least 3 individual events and 1 relay and at the end of the meet the team that had the most points was declared the winner!

Coaching Team

The Coach Project team, led by Anne Smyth, started the year off with plans! Mitch Patterson hosted freestyle coach clinics at both Glenbrook and Hornsby pools. Numbers were kept low but those that attended were enthusiastic about the knowledge imparted and a booking was confirmed for a Swim Camp at Thredbo which did not come to fruition (again).

A two-day professional development course was on the calendar for our Coaches and was postponed to 2022.

Endurance 1000 Recorder

Jenny Whiteley kept us up to date and MSNSW finished 2021 with twenty-two members achieving maximum points while another eighteen managed all swims.

Campbelltown topped the list again this year and participants came from 29 MSNSW Clubs.

Technical and Training Team

MSNSW continues to have a healthy base of officials on which to call but can never have enough to share the workload. All members are strongly encouraged to get qualified in one or more positions to help on pool deck. Courses and reaccreditations have been running frequently thanks to Di partridge to ensure the National Championships next year are fully staffed.

Branch Reports Masters Swimming New South Wales (MSNSW) (cont)

Programs and Activities

Swim Meets

We celebrated the 2021 Myall Masters carnival following two cancellations in 2020 and this time they got lucky! Not with the weather but nobody seemed to notice the rain too much as they were all enjoying having all their swimming friends back together again. Perseverance and passion certainly paid off!

We held the Long Course Championships at SOPAC in March where we had 285 swimmers enter. Once we were allowed back in the water (after 4 months) organised some small meets to get back into the swing of competition. We started off with a fun meet at Cabarita in November that included a kick board race, fin race and dog paddle- fantastic fun although it was a little chilly that night, but a great way of getting back into the fun of Masters swimming.

The year finished off with small events at a variety of under-utilised venues including Birrong, Glenbrook and Hornsby Aquatic Centres. All in all, we managed twelve swim meets, half of a normal year.

Regional Projects

Lawrence Powderly, Vice President, Country held regular zoom meetings with our regional Clubs. Ideas abounded including opportunities for mini-meets, coached training sessions, programs and social events. It was felt that regionally based members may feel uncomfortable travelling to metro areas but they were keen and energised to host their own activities.

During this upheaval MSNSW welcomed a new club! Woden Valley Masters is opening its doors in 2022 in the ACT.

Acknowledgements

The branch office continues to receive the benefit of advice and assistance from Lawrence Powderly, now on a weekly basis as we opened then closed then opened the Olympic Park office. Thank you, Lawrence.

My thanks and gratitude again go to our National General Manager and Administrator for their consistent support throughout 2021. Thank you, Sarah and Kath for being there, I wouldn't want to do it without you.

Jillian Pateman

Masters Swimming NSW Administrator

Masters Swimming NSW is proud to receive continued sponsorship from Dooleys Lidcombe www.dooleys.com/lidcombe









Supported by the



MSNT Swimmers

Branch Reports Masters Swimming Northern Territory (MSNT)

Swim Meets

The NT Branch held five swim meets during 2021. The Branch Long Course Championships were held in April and the Long Course in in September. Three interclub virtual meets were conducted during the year – in January, July and November.

Membership

Membership in 2021 was 190, significantly higher than 149 in 2020, and the highest in terms of the percentage in Australia of its state/territory population as members of MSA Clubs. The increase was due entirely to growth in membership in Darwin Stingers from 129 to 177 (the largest MSA club in Australia). Alice Springs club had 13 members; Palmerston and Rural One-Club ceased to exist.

International Links

Due to Covid-19, Darwin Stingers' members were again unable to compete in the annual Singapore Masters' National Championships.

Funding

The Branch in 2021 again received no funding from the NT Department of Sport and Recreation, despite being a fully affiliated member of Swimming NT since October 2018. This was basically due to the fact that Swimming NT, though which the branch must now access government grants, has shown no interest in Masters Swimming, despite the MoU between the two organisations being signed in 2018 and renewed in 2020, which nominally proved for Swimming NT to provide access to NTG grant funding.

Branch Meetings

Regular branch meetings were held in Darwin, with a link to the Alice Springs delegate as available. The AGM was held in Darwin in November.

Branch Management

At the AGM in November, Neil Ludvigsen of the Darwin Stingers Club was re-elected as Branch President, with John Pollock of Darwin Stingers as Branch Secretary and Robert Magin of Darwin Stingers as Treasurer.

John Pollock

Branch Secretary Masters Swimming NT



Branch Reports MSQ Swimmers Masters Swimming QLD (MSQ)

Governance

Masters Swimming Queensland was managed by the Branch Management Board (BMB):

- President: Cheryl Brodribb
- Treasurer: Julie Bott
- Vice President North: Ted Bunt
- Vice President Central: Patricia O'Brien-Price
- Vice President Sunshine: Neil Newman
- Vice President South: Elaine Sng

The Sub-committee, which reports to the Executive Committee of the BMB, comprises of:

- Director of Recording: Martin Banks
- Director of Technical Services: John Barrett
- Director of Risk Management: Emma Maxwell
- Director of Coaching Services: Simon Watkins Appointed Position:
- Systems Administrator: David Findlay

Membership

MSQ membership in 2021 reached 1210, with 36 swimmers (3%) also second claiming with other Clubs. 1010 members joined with the 12 month subscription (83%), 118 with the 16 month subscription (10%), and 79 members with the 6 month discounted subscription (7%). MSQ membership was 54% female and 46% male.

We had 12 affiliated Clubs in the North region, and 5 affiliated Clubs in the Central region. There were 15 Clubs in the Sunshine region, with Beerwah Masters and the Gympie Gold Fins recently joining. 19 Clubs operated in the South region, with the addition of Lowood District Masters that formed in September. Palm Beach Masters relocated, and changed their name to Southport Masters. They are now based at the Gold Coast Aquatic Centre in Southport. The MSQ virtual club, the Barbarians Masters, brought the total to 52 MSQ Clubs for 2021.

MSQ Clubs 2021 Club Member	S
Club	Members
Miami Masters	114
Toowoomba Tadpoles Masters	93
Noosa Masters	82
Brisbane Southside Masters	63
Hervey Bay Masters	56
Brisbane Northside Masters	53
North Mackay Sinkers Masters	47
Redlands Bayside Masters	42
University of Queensland Masters	42
Albany Creek Masters	41
Sunshine Coast Masters	41
Aqualicious Masters	40
Twin Towns Masters	39
Barbarians Masters	37
Gladstone Gropers Masters	32
Redcliffe Peninsula Masters	31
Ipswich City Masters	30
Rackley Swimming Club	29
River City Masters	28
Rum City Masters	26
Belgravia Masters	24
Long Tan Legends Masters	22
Atherton Mountaineers Masters	17
Maryborough Masters	17
Southport Masters	17
Genesis Aquatics	16
Yeronga Park Yabbies Masters	16
Cotton Tree Masters	15
Rats Of Tobruk Masters	13
Bunna-barra Masters	12
Cairns Clams Aussi Masters	12
Whitsunday Masters	11
Cairns Mudcrabs Masters	10
Port Douglas Cyclones	9
Townsville Aquaholics	9
Warwick Wahoos	7
Nudgee College Masters	6
Element Swimming Masters	5
Gympie Gold Fins Masters	5
Logan Aquatic Masters	5
Malanda Aquatic Dragons Masters	5
Mossman Meteors Masters	5
Beerwah Masters	4
Lowood District Masters	4
Trinity Lismore Swimming Club	4
Emmanuel College Masters	3
Indooroopilly Masters	3
Manly Brisbane Masters	3
Gold Coast Masters	1
Somerset Masters	1
Total:	1247

Administration

Considerable support continues to be provided around membership and meet entry management. Entries and payments via Quick Entry remain problematic with many swimmers having difficulties with registration, meet entry and payment. This continues to occupy a large proportion of administrative resources. Guidance is also provided to Clubs in preparation for swim meets, including the development of consistent and informative meet guides and programs. Many thanks to all our Clubs who have worked with MSQ to host well-organised swim meets for all to enjoy throughout the year.

Thank you also to our VPs for keeping in touch with Clubs in each region, and for assisting with collecting news and updates from all our Clubs. These were periodically collated into 'Around the Clubs' news and available to read on the MSQ website. It is wonderful to see the variety of activities our Clubs are involved with, and the fabulous ways they share fitness, friendship and fun together.

Monthly information updates called 'MSQ Swim News' are now being sent directly to all members to assist with the sharing of important information.

Swim Meets

Throughout 2021, 10 inter-club swim meets, 3 postal swims, 2 Open Water Swims, the Great Barrier Reef Masters Games, and the MSQ State Championships were held in Queensland. Even with several Covid-19 cancelled meets, these provided plenty of fun opportunities for competition and catching up with swimming friends.

Date	2021 Swim Meet	Competitors
27/02/2021	QNS North Mackay Sinkers Fun in Feb Meet	63
February 2021	QAC Albany Creek Postal	120
21/03/2021	MSQ Preparation Meet	120
March 2021	QHB Hervey Bay Humpbacks Postal	83
9/04/2021	MSQ State Championships	301
20/05/2021	Great Barrier Reef Masters Games	280
19/06/2021	QSM Brisbane Southside Masters SC Meet	265
17/07/2021	QBB Rum City Short and Sweet Meet	94
July 2021	QTW Toowoomba Tadpoles 1500m Postal	39
28/08/2021	QLT Long Tan Legends	28
4/09/2021	QCD Belgravia Masters Meet	92
18/09/2021	QNA Noosa Masters Meet	122
9/10/2021	QRL Rackley Masters Meet	136
23/10/2021	QMB Maryborough Masters Meet	101
7/11/2021	QNS Sinkers Balnagowan OWS	50
27/11/2021	QMM Relay Meet	71
28/11/2021	Big Barrine Bash OWS	111

Tobruk Pool, Cairnes QLD

Approximately 50% of our membership attend swim meets, with the majority attending 1-3 meets during the year.



(Cont)

State Championships 2021

Planning for the MSQ State Championships began in late 2020, with a large and capable team of Sunshine Coast Masters ably lead by president, Clare Somerville and secretary, Michelle Stonehouse, working together with MSQ on all facets of this event. Much time was invested over many months to coordinate a fabulous return to racing at the Kawana Aquatic Centre, after the Covid-19 cancellations of 2020. A new timing system was acquired and tested over several weekends, a tireless team coordinated program development, entry management, officials, volunteers, merchandise, sponsorship, catering, social functions, bands, photographers, massage therapists, awards, raffles, Covid-19 compliance and the list goes on.

Program considerations included the ability to allow the meet to be run in some form if lockdown restrictions were in place, and to attempt appropriate physical distancing regardless of the status. There were some compromises applied regarding relays and long distance events, but the biggest restriction placed was around the entry numbers – six only individual events per entrant. With collaboration from our Director of Risk Management, it was planned that the meet could be kept to a slightly lower number of entrants and allow people to swim one or two events per day, and then leave if required to do so. However, the numbers were high and the swimmers were keen, and nothing was going to prevent the running of one of the largest state meets in years.

Some other considerations and new features for the meet included:

- The use of Quick Entry for a championship meet
- The use of the Wylas timing system with Meet Manager
- 4 x 100m Freestyle Relay added to the program
- New club relay trophy
- The first use of reverse order heats at a State Championships fastest to slowest order
- Showcase 50m Freestyle events Heat 1 for top 8 fastest men and Heat 2 for top 8 fastest women with full introductions
- Starting the meet with a 50m event
- Self-Marshalling no seating and no more than one to four heats at marshaling
- Allowing interstate entrants to score points and be eligible for all awards
- The use of "(V)" in the meet program to denote a visiting swimmer

With a Covid-19 shutdown and days of torrential rain and flooding in the preceding weeks, all involved were extremely relieved to see restrictions eased, and the sun shining brightly to welcome everyone to the Sunshine Coast for the MSQ State Championships on 9-11 April 2021.

Just over 300 swimmers entered, with teams travelling from NSW and Victoria to join in. With a year of little competition due to the pandemic behind us, swimmers were extremely grateful to be back racing and catching up with friends once again. Times may have been a little slower, but the smiles were definitely bigger!

Despite all the new features and the threat of restrictions imposed, or cancellation, or bad weather, the meet ran smoothly with great success, and generally to the timeline. Many were excited by the buzz around the pool at the start of the meet, with most entrants at the venue for the 50m Freestyle. The reverse order heats and showcase heats gave the meet a great and exciting start after the opening. Fast to slow heats allowed people to see the faster and more experienced swimmers in the



Racing at the MSQ State Championships 2021

water before they had to marshal. It gave the less experienced and older swimmers a visual queue that their heat was coming up. People enjoyed using a timing system with stopwatches that looked like mobile phones (they were mobile phones) that told you the name of the swimmer in the lane. Self-marshaling proved to be easy with nobody missing their race, and where there were race issues, swimmers were easily and seamlessly provided another lane in a later heat. Our interstate visitors enjoyed the meet and performed very well, winning a number of the awards on offer.

Enormous thanks go to the Sunshine Coast Masters team, the MSQ Director Recording, Martin Banks, Meet Recorder, David Findlay, MSQ officials and all the volunteers who worked together to achieve this fantastic event enjoyed and appreciated by all. Thanks also to the member for Kawana, Jarrod Bleijie for opening the Championships, and to MSQ patron, Jessicah Schipper for presenting the awards. Thank you to Funky Trunks and Funkita for their generous first time sponsorship of this event. Thanks also to videographer, Nicole McCuaig, photographer, Wade Brennan, and massage therapist, Emma Hood. Finally, a big thank you to all competitors for supporting the event and providing such wonderful competition.

Congratulations to the winners of the major meet awards:					
Trophy	Points	Award Winner			
George Corones Trophy (Highest Club Points)	2442	QMM – Miami Masters			
Max Gillespie Trophy (Highest Average Points – Large Clubs)	57.83	VMV – Malvern Marlins			
Mary Maina Trophy (Highest Average Points – Small Clubs)	55.67	QBB – Rum City Masters			
Club Relay Award	582	QMM – Miami Masters			
Funkita Female Swimmer of the Meet	4116	VMV – Janette Jeffrey			
Funky Trunks Male Swimmer of the Meet	3820	QUQ – Brett Woods			
Best Swimmer 18-29 Years	3824	QUQ – Kady Ibell			
Best Swimmer 30-49 Years	3730	QRC – Casey Flouch			
Best Swimmer 50-69 Years	3820	QUQ – Brett Woods			
Best Swimmer 70+ Years	4116	VMV – Janette Jeffrey			
Jenny Mack Trophy (100m and 200m Breaststroke)	1386	QUQ - Christina Scolaro			

Pan Pacific Masters Games 2021

The much anticipated 2021 Pan Pacific Masters Games scheduled for November were unfortunately cancelled. Ongoing lockdowns, travel restrictions and health regulations and uncertainty made the planned 2021 event unviable. Although this was disappointing, MSQ and Events Management Queensland have already begun organisation to ensure the 2022 event will return bigger and better than ever. Thank you to Susanne Milenkevich and the PPMG committee for their continued enthusiasm and assistance in planning for this event.



MSQ Lake Barrine OWS

Branch Reports Masters Swimming QLD (MSQ) (Cont)

Open Water Swims (OWS)

Two OWS were held in Queensland in 2021 – The Balnagowan OWS hosted by the North Mackay Sinkers, and the 3Bs Lake Barrine OWS hosted by MSQ.

The North Mackay Sinkers Masters Swimming Club hosted its annual Balnagowan OWS on Sunday November 7th, 2021. After the 2020 was cancelled along with other sporting events due to Covid-19 impacts, it was a welcome return to the calendar for Mackay and Regional swimmers.

Over 50 participants from Townsville and west of Mackay registered for the swims across the three available distances which was a great response for organisers. After a safety and course briefing the 5km 'King and Queen of the River' event was underway at 7:10am followed by the 2.5km event and the popular "anything goes" 1.25 km. This shorter distance was suitable for new open water swim participants, and swim devices including flippers and floats were allowed to encourage participants.

This year's conditions were perfect with little to no breeze, a water temperature around 26 degrees and new large buoys to mark the course for swimmers. On water safety provided by club members included several kayaks and a speed boat to ensure swimmers were well looked after should fatigue or cramps become an issue.

Results saw new swimmers stepping up to claim the 5 km King and Queen Titles. The new King, Nigel Dalton completing the course in 1 hour 27 minutes with runner up Neil Blinco close behind to secure 2nd and Greg Born the defending champion in 3rd place.

This year's Queen, Sam Sticklan also claimed line honours in a great time of 1 hour 22 minutes followed by Jody Walker in second place and fast finishing Katherine Parrish placing 3rd.

Other notable results were:

- 2.5km Male: John Barret 1st, Andrew Evetts 2nd and Kerry Royes 3rd
- 2.5km Female: Linda Single 1st, Karen Chandler 2nd and Dee McMurtrie 3rd
- 1.25km Male: Paul Arvidson 1st, Hans Binnekamp 2nd and Steve Burchill 3rd
- 1.25km Female: Jose Short 1st, Amelia Tatnell 2nd and Sue Willett 3rd

The Sinkers would like to thank the Masters Swimming Qld president, Mackay Rowing club, volunteers, organisers and swimmers for making this local event possible.



(Cont)

Masters Swimming Queensland hosted their annual 3Bs Lake Barrine Open Water Swim on Sunday 28 November 2021. Swims offered were 10k, 5k, 2.5k and a 4 x 2.5k relay and the swim was open to swimmers 14 years plus. The swim was sanctioned by the Rottnest Channel Swim association for their 2022 Rottnest Channel swim. There were 111 swimmers from throughout Queensland with 15 swimmers in the 10k, 34 swimmers in the 5k, 48 swimmers in the 2.5k and 14 relay swimmers as one team was a duo. The oldest swimmer was Belgravia Masters member Marsha Reddiex at 78 years with the youngest swimmer Alistair Hickey at 15 years of age.

The weather was perfect for an open water swim with the water temperature 27 degrees, very little breeze and like a mill pond. After a safety and course briefing the 10k swimmers started at 8:10am. The relay swimmers started at 8:20am with the 5k at 9:00am, and the 2.5k at 10:00am. As per the Rottnest Channel Swim Association rules, the 10k swim had to be completed within 4 ¼ hours.

Events such as this would not be possible without the assistance of many, and sincere thanks go to the following: Surf Life Saving lifeguards ensuring that safety on the water was covered; the paddlers who assisted out on the water; the Cairns Mudcrabs IRB crew and for setting and dismantling the course; and lap counters and feeders. Thanks also to local masters' Clubs Malanda Masters for looking after the registrations on the day, and Bunna-burra Masters for organising the great raffle prizes. Thanks to John Barrett for the briefings, starter and official duties, plus MSQ VP North Ted Bunt for assistance in organising the local Clubs and on the Saturday setting up and working on the Sunday. Thanks to photographer, Richard Sanderson for the photos, which make cherished memories. A special thank you to Steve Curry and his family from the Lake Barrine Café for all his support prior to and on the day.

Programs and Activities

Lane Warriors

The objective of the MSQ Lane Warriors Program is to encourage as many swimmers as possible to record all the distances they swim during the year. The distances include all drills using pool accessories, training program distances, including technique work and those swum at swim meets and in open water throughout the year. At the end of the year, Clubs submit summary spreadsheets of all members who have recorded swims. Participants across the three age categories receive certificates to celebrate their achievements.

Congratulations to the six Clubs and 72 swimmers who took part in the MSQ Lane Warriors program throughout 2021. The total distance covered was 12,265,850m (12,265km) averaging 168km per swimmer.

Lane Warriors 2021 - Top 5 Winners							
Rank	Name	Club	Distance				
18-24							
1	Justin Giles	QGF	902,700m				
2	Anna Davidson	QTW	110,800m				
3	Ellie Glasby	QTW	2,300m				
4	Bridget Glasby	QTW	2,200m				
	35-60						
1	Graeme Williams	QIP	508,500				
2	Shiralee Bielenberg	QIP	424,200				
3	Trudy Padro	QBR	417,775				
4	Rod Winton	QIP	367,000				
5	Wayne Carlish	QTW	362,700				
	61+						
1	Paul Somerfield	QTT	732,000				
2	Don Taylor	QTW	695,100				
3	Paul Mayberry	QTT	660,000				
4	Brian Cairns	QNA	338,200				
5	Ashley Welke	QTW	316,200				



Belgravia Masters Social Swim

Branch Reports Masters Swimming QLD (MSQ) (Cont)

MSX

Results of the MSX Program for 2021 are to be provided by the Systems Administrator. 2021 was the final year for the MSX Program, as this program is to be updated for 2022.

Vorgee Endurance 1000

40 Clubs participated in the Vorgee E1000 program for 2021, with a total of 1180 participants. Congratulations to Noosa Masters for being the top point scoring club in Australia for the eighth year, and to Ipswich City Masters for having the highest average points per club in Queensland once again.

MS	Q E1000 Clu	ub Results 2021 - Total Points per Club	– Тор 12		
	Club Code	Club	Total Points		
1	QNA	Noosa Masters Swimming Club	18,681		
2	QIP	Ipswich City Masters	7176		
3	QMM	Miami Masters	7044		
4	QBN	Brisbane Northside Masters	3459		
5	QSC	Sunshine Coast Masters	1582		
6	QAT	Atherton Mountaineers Masters	1135		
7	QMB	Maryborough Masters	843		
8	QΠ	Twin Towns Masters	838		
9	QNS	North Mackay Sinkers	421		
10	QBR	Barbarians Masters	221		
11	QAC	Albany Creek Masters	213		
12	QCD	Belgravia Masters	161		
MS	A E1000 Rai	nkings – MSQ Clubs in Top 50 for 2021			
	Club Code	Club	Total E1000 Points		
1	QNA	Noosa	18,681		
10	QIP	Ipswich	7176		
12	QMM	Miami	7044		
20	QBN	Brisbane Northside	3459		
35	QSC	Sunshine Coast 1582			
41	QAT	Atherton 1135			
44	QMB	Maryborough	843		
45	QΠ	Twin Towns	838		

2021 MSA Swim Series Winners – MSQ Winners

The Masters Swimming Australia National Swim Series boasts a mix of Long and Short Course meets across Australia. It rewards members' participation and performance in any of the Meets, with members only needing to swim two meets to be eligible for prizes.

The series comprises of nine events annually, plus the National Championships with one nominated meet from each of the Masters Swimming Branches and an extra one from Queensland and WA.

Results have been recorded nationally, with the MSQ results listed below. Congratulations to all the MSQ swimmers who achieved excellent results throughout 2021.

2021 MS/	2021 MSA Swim Series Winners – MSQ Winners							
Age Group	up Name Events P		Points	Club				
25-29	Kady Ibell	2	2634	University Of Queensland Masters				
25-29	Michael Morton	2	1874	Palm Beach Masters/University Of Queensland Masters				
30-34	Justin Giles	2	1909	Rum City Aussi Masters Swimming Club				
30-34	Amy Henry	2	1105	Cairns Mudcrabs Masters				
35-39	Josh Hemelaar	2	1368	Brisbane Southside Masters				
35-39	Sarah Philp	2	1170	University Of Queensland Masters				
40-44	Stephen Berting	2	2467	University Of Queensland Masters				
40-44	Rowena Solomons	2	1257	Cotton Tree Masters Swimming Club				
45-49	Kym Lingard	2	1787	Hervey Bay Masters Swimming Club				
45-49	Ed Anderson	2	1564	Miami Masters Swimming Club				
50-54	Christina Scolaro	2	2031	University Of Queensland Masters				
50-54	John McKaig	2	2322	Townsville Aquaholics				
55-59	Nigel Dalton	2	1585	North Mackay Sinkers				
60-64	Elaine Sng	2	2136	River City Masters Swim Club				
65-69	Gay Bradley	2	1639	Cotton Tree Masters Swimming Club				
65-69	Alan Carlisle	2	1929	Miami Masters Swimming Club/University of Queensland Masters				
70-74	Robert Patterson	3	4224	Darwin Stingers/Redlands Bayside Masters Swimming Club				
70-74	Tracy Clarkson	2	2267	Brisbane Northside Masters Swimming Club				
75-79	Lindy Salter	2	1703	Miami Masters Swimming Club				

Vorgee Million Metres

Congratulations to the following MSQ swimmers who achieved Million Metre Awards in 2021. Thank you to Vorgee for their continued support of these awards.

Name	Club Code	Club	Award	MASI
Paul Mayberry	QΠ	Twin Towns Masters	2 Million Metres	
John Reugebrink	QIP	Ipswich City Masters	3 Million Metres	
Peter Cain	QCS	Cairns Clams	20 Million Metres	
Julie Boxsell	QTA	Townsville Aquaholics	3 & 5 Million Metres	rs@outlook
Fran Moroney	QGS	Gladstone Gropers	3 Million Metres	
Shelley Parrish	QBN	Brisbane Northside	2 Million Metres	avorane
Alison Green	QGS	Gladstone Gropers	3 Million Metres	
Kay Turner	QΠ	Twin Towns Masters	3 Million Metres	
Graeme Williams	QIP	Ipswich City Masters	4 Million Metres	
Neil Newman	QCD	Belgravia Masters	1 Million Metres	

Neil Newman Belgravia Masters 1 Million Metres

Technical

Passing of Derek Coghill and Frank Matthews

Derek and Frank were two accomplished Referees who contributed a huge amount to Masters Swimming over the years. We will miss them greatly.

Technical Officials Training

Two of the trainees from courses run in 2020 were able to progress and complete their Judge of Strokes and Inspector of Turns accreditation. Cheryl Brodribb ran a timekeeper course in Cairns prior to the GBR Masters Games and Michele Burley-Jones ran Judge of Strokes, Inspector of Turns and Timekeeper courses prior to the Miami Relay Meet.

Technical Officials activities:

During 2021 MSQ officials provided services at the Meets throughout Queensland.

Issues have been raised by both swimmers and officials from these meets:

- Pool depth for diving and suitability for competition
- Marshalling
- Lap counters for distance events
- Swim costumes (wearing 2) / swim wear policy
- Safety of dive blocks (height & accessibility)
- Butterfly rule interpretation (use of breaststroke kick)
- Application and degree of enforcement of swim rules
- Records sign-off
- Covid-19 protocols

The National Technical Committee have been more active in the past twelve months with particular attention to revising technical course notes and on-line training. Following the lead from Swimming Australia, they have also been developing an Inclusive Swimwear Policy.

MSQ Officials on deck at GBRMG21

Recording

Competition is a major aspect of Masters swimming and it takes considerable time behind the scenes for MSQ and our host Clubs. MSQ continues to work to simplify processes so all can enjoy the experience of being part of MSQ meets. MSQ aims to provide all members with access to well-run, quality meets that are easy to host and enter. Steps continue to be made towards this goal.



Some of the activities worked on this year:

- Continued to provide input into getting the Quick Entry system running better to give everyone a far better user experience when entering a meet. Some items have been worked on but there is much more work to be done.
- Continued the improvement and streamlining of templates for Meet Guides, providing our swimmers with appropriate information in a standardised format.
- Consolidating the use of 'fast to slow' heat orders to MSQ swimming. Most Clubs hosting meets this year have seen the benefits and have introduced it.
- Continued work in removing the use of NT No Time where swimmers and relays teams must enter a time for their entry; preferably recent PB.
- Continued to offer guidance and assistance for Meet Directors and Recorders for our local meets. The goal was the provision of a quality meet file and documents for Clubs to run with. Streamlining this process will continue as our meet entry system improves. Another aspect of this has been to provide input to the 'Quick Reference Guide Hosting a Meet', and Frequently Asked Question (FAQ) information on the MSQ website.
- Self-marshaling has become the preferred method to marshal at swimming competition around Australia at both junior and Masters levels. There is still more to do in getting Clubs and swimmers used to this practice. Currently Clubs are using a hybrid form of marshalling and we need to work toward the full self-management of swimmers getting to the blocks with no formal 'calling and herding' of competitors.

2021 Competition Highlights

There were too many great experiences at meets this year to mention them all. Entrant numbers were well up on previous years and we had good visitor numbers for State Championships and GBRMG. The following details are just a small snapshot of what was a very successful year for MSQ swim meets:

- Palm Beach Masters first Preparation Meet trialed by MSQ
- MSQ State Championship 4th largest Master's meet in recent history held in Queensland over 300 entrants
- GBRMG 5th largest Master's meet in recent history held in Queensland double previous numbers over 280 entrants
- Brisbane Southside Masters Short Course largest interclub meet held, potentially nationwide, rivaling States and Nationals over 260 entrants. A relay world record set.
- All regional and OWS meets showing increases in attendance, some with quite a significant increase
- Belgravia and Rackley held their first meets with great numbers
- Miami Masters Relay meet 2 world records, 13 national records, 18 Queensland records
- Total records processed 169 Queensland, 63 Australian, 3 World, and 260 Great Barrier Reef records

There is a very full calendar planned for 2022 and we have an increasing number of our MSQ members swimming at Swimming Queensland meets. I look forward to seeing competition continue to get more and more back to normal after the Covid-19 pandemic disruptions, and to also see the return of interstate competition.

3 World Records set by this Miami Masters Team: Carole Simpson, Margie Watt, Denise Robertson and Margie Fittock





MSQ BMB 2021 L-R: Neil Newman, Cheryl Brodribb, Martin Banks, Patricia O-Brien-Price, Ted Bunt, Julie Bott, Elaine Sng, Emma Maxwell

Branch Reports Masters Swimming QLD (MSQ) (cont)

Communication and Promotion

Email, Facebook and Instagram continue to be the main method of communication and promotion for MSQ. President Cheryl Brodribb also sends regular newsletters to Clubs. Monthly information updates called 'MSQ Swim News' are now being sent directly to all members to assist with the sharing of important information. Any swimmers wishing to be added to the mailing list can subscribe by clicking <u>here</u>.

Clubs are encouraged to send news and photos for sharing on the website and social media. Club updates are collated to compile 'Around the Clubs' news for the website regularly.

The MSQ Facebook page currently has 1638 likes and 2232 followers and the MSQ Instagram account has 919 followers. The mastersswimmingnq Facebook page currently has 432 likes and 504 followers and the mastersswimmingnq Instagram page has 104 followers.

Acknowledgments

Sincere thanks goes to all Clubs, board members, coaches, officials, volunteers and timekeepers, who give so generously of their time to ensure that Masters Swimming Queensland continues to thrive. Thank you to Swimming Queensland for their generous assistance and resource sharing throughout the year. Thanks also to Kath and Sarah in the national office who consistently offer assistance and support with all aspects of operations.

Christina Scholaro

Administrator Masters Swimming QLD



State Open Water Championships

Branch Reports Masters Swimming South Australia (MSSA)

MSSA had a somewhat Covid-19 interrupted year in 2020 as many other Clubs and Branches experienced. However, SA managed to return to a full winter pool series and open water swim calendar in 2021. Training for all Clubs continues to return to normal, despite social distancing rules and lack of change rooms!

Our membership for 2021 reached the highest it has been since 2002, being 658, which is looking good for the year ahead.

Governance

MSSA continued to work under the administration of a Board. Phil Beames took over as Chairman with Rob Ferguson as Financial Director, Penni O'Shea as Secretary and Stuart Colla and Jo Sutcliffe as Directors. Our long serving Administrator, Leanne Beames, won a full-time role with Swimming SA, so regrettably we accepted her resignation in August from her position as MSSA Administrator. Leanne continues to be our Branch recorder and also supports our new Administrator, Warwick Povey with his new position. We sincerely thank Leanne for her dedicated work over the past years and wish her well with her position as Events, Records and Results officer for Swimming SA.

In November we welcomed Warwick Povey to the Administrator role and wish him well with managing masters swimmers.

Programs and Activities

Once again MSSA had a full year of programs, including our usual winter program, summer series, OWS season, as well as the SA State Masters Games in Port Pirie.

State Open Water Championships

Our 10th State Open Water Championships were held at Somerton this year. We received an equal recordbreaking number of entries of 162. There were two distances available, a 1km and 3km swim. Choppy conditions made both events challenging for the swimmers. Overall male and female 3km winners were Chris Deegan and Leila Nazimi with Ian Young and Stephanie Palmer-White winning the 1km event.

Team trophies were hotly contested with Marion winning the aggregate trophy and Phoenix winning the best average points per swimmer.

Golden Marlin awards were presented to Stephanie Palmer-White (Adelaide Masters, Tim Burfield (Atlantis) and Neil Thies (Noarlunga) for completing 10 years of State Championships. Congratulations to Roman Zaika who received a 20-year award! The Barb Pearce Trophy for oldest swimmer was presented to Pauline Smith.



Port Pirie

Branch Reports Masters Swimming South Australia (MSSA) (Cont)

Jetty to Jetty 2021

Normally we would also have a Jetty to Jetty wrap up, being our major OWS of the season. Unfortunately, in 2021 Adelaide experienced a major downpour the day prior to the swim and due to poor water quality, the event had to be cancelled on the day. We would still like to acknowledge the exceptional work done by Rose White with the organisation in the led up to the event. Thanks Rose, for all the years of service you have given to Jetty to Jetty.

2021 Winter Pool Series

Our interclub series was again successful after having a Covid-19 interrupted 2020. All 4 meets were held at SAALC with our two newer Clubs doing well in their first year of competition. The 4th swim of the series was an all relay meet which was a lot of fun and attracted our largest number of entries for any of the interclubs. The champion club for the interclub series was Atlantis, followed by Phoenix Masters. Multiple National and State records were broken at the relay meet, mostly by the young new teams from Uni SA (72-119) and Phoenix (72-199) and then the oldest teams from Atlantis (280-319).

Our two State Cups were also held at SAALC. Again, our two new Clubs took out honours with Phoenix first and UniSA runners up at the short course meet and reversed placings at the long course meet.

After hard days at the pool, we visited the nearby Warradale Hotel for lunch and a couple of drinks, including door prizes from one of our supporters, Langmeil wines and vouchers from the Warradale. Thank you!

Port Pirie

Many of our masters members attended the 2021 State Masters Games Championships on April 17th and 18th in Port Pirie. It was a fun meet with a huge medal haul for our members.

Summer Pool Series

Our summer pool series is always a relaxed, fun series of 4 swims at country outdoor pools. The 20/21 series was at a different level with a very exciting hard-fought battle between Phoenix and Tea Tree Gully. Only 17 points separating the two Clubs at the end of the last meet at Woodside, Phoenix was victorious.





Left: Robert Ferguson and Tim Calver Right: Annual Presentation Dinner

Branch Reports Masters Swimming South Australia (MSSA) (Cont)

Annual Presentation Dinner

The Annual Presentation Dinner was held in March 2021 (postponed from 2020 due to Covid-19). It was held at the beautiful Sunnybrae Function Centre with everyone enjoying a relaxing night away from the pool.

Many awards were not presented due to the cancellation of events in 2020 due to Covid-19 but there were plenty of trophies still on offer. The Long Distance Shield was presented to Phoenix with runner-up Marion, the Short Course State Cup to Adelaide Masters with Marion runner-up and the OWS Aggregate Cup to Adelaide Masters with Atlantis runner-up.

Female swimmer of the year was a tie between Di Ross (Marion) and Jo Sutcliffe (Phoenix), with Tubby Ramsay (Atlantis) as male swimmer of the year and Mark Smedley as runner-up. Congratulations to Robert Ferguson and Tim Calver, both from Atlantis who were presented with a badge and certificate for becoming Life Members of MSSA (pictured).

Guests also had a lot of fun with a photo booth, dressing up as devils, cowboys, showgirls and more. We finished the night on the dance floor boogying to the music from our DJ.

Thank you

As an organisation we rely heavily on volunteers to continue to run successfully. So, I would like to offer our sincere thanks all those that donate their time to assist with running events, administration, coaching, committee members, officials, and the swimmers.

Special thanks to Leanne Beames and Phil Beames for their long service to the branch. Looking forward to 2022!

Joanne Sutcliffe

MSSA Chairperson Masters Swimming SA



MST Officials and Swimmers

Branch Reports Masters Swimming Tasmania (MST)

MST was again fortunate in 2021 to suffer little disruption to the conduct of swim meets due to Covid-19, apart from a much-reduced participation of interstate visitors. However, there has been a slower membership renewal for 2022, perhaps reflecting a reluctance of some members to engage in pool training since the State opened up for interstate travel late in 2021. Membership for 2021 was 318 which is within expectations.

MST was delighted that Pauline Samson, MST and National Recorder, was awarded a Medal of the Order of Australia and was also the MSA National Volunteer of the Year.

MST conducted its regular four meets during 2021, in March, June, August and October.

We were pleased that three World Records were broken at the Summer Long Course Championships in Hobart. Participation made our meets viable and there were 147 individual and 10 relay Branch records broken. Ten national records were also broken.

With a growing interest amongst members in ocean swimming, MST identified constraints to the conduct of sanctioned open water competitions because of water temperature limits which are almost impossible to meet under Tasmanian conditions. A proposal was made to the MSA National Board of Management to modify the OWS Rules. The proposal was accepted and a Sub-Committee established to propose details of Rule changes, with a determination expected by the end of 2022.

A Committee has been established for the hosting of the 2023 National Championships which is progressing according to schedule. It has been determined that MST will not conduct an open water event for these Championships, due to the uncertainty of timing in making the necessary changes to the Rules.

Six Committee meetings were conducted by videoconference, a practice that was introduced during Covid-19 restrictions but has been adopted as an ongoing activity. A Special General Meeting was conducted to make changes to the Branch Constitution to remove duplication of Roles and Responsibilities that are the subject of separate documentation, to recognise the virtual Club and to make other editorial changes.

A Branch forum was held face to face to undertake strategic review and forward planning.

Bill Woodworth *President* Masters Swimming TAS



Left: Glams at Midsumma Pride; Top right: Mornington Peninsula; Bottom right: Malvern Marlins in Lorne

Presidents Report

WELL IT WAS A BIT LIKE GROUNDHOG DAY IN VICTORIA IN 2021

MSV started off 2021 with a new energy after the challenging year that we all had in 2020, but again, we experienced the unpredictable impact of Covid-19 on how we lived, how we participate in the sport we love, how we work, our families, our relationships, and our well-being. What has made it all the more difficult this time around is that as we began to experience a resemblance of normality we found ourselves in lockdown repeatedly. Despite the numerous setbacks, we are proud to share and celebrate the remarkable fortitude, compassion, humour and sense of community shown by our MSV members and Clubs throughout 2021. Also thankyou to the larger masters swimming community who supported MSV and MSNSW members grappling with the extended lockdowns. (PS we had an earthquake as well).

We used the #whatweneedtodo tagline on social media again and it was embraced by many Clubs and members with photos being shared from all around Victoria, Interstate and even overseas showing MSV members and supporters following the many different restrictions and keeping connected with others. This exemplifies the incredible spirit that embodies MSV members and was a great initiative to keep members connected.

AND we welcomed 2 new Clubs in 2021; Melbourne Open Water Swimming and Ringwood Masters Swimming. We cannot wait to see how they grow and flourish!

Governance

MSV held the 2021 AGM and Board Meetings via zoom which has proved to be a successful communicating platform , however we are looking forward to some face to face meetings in 2022.

Elected Management Committee: Rachel Cairns (President), Darryl Flukes (Vice President), Simon Bole-Brown (Technical Director), Tim Boness (Finance Director), Alan Godfrey (Recording Director) Amy Jones (Coaching Director) and Jenny Nolch (Promotions Director – resigned November 2021) Committee Member – Brett Davidson resigned November 2021) The elected officers report to the MSV Board on a bi-monthly basis. The MSV Board is made up of a Delegate from each club plus the Management Committee.

MSV consulted with our member Clubs throughout 2021 about the recent review process and proposed updates to the MSV constitution. The draft updates include:

• Simplified board structure to a membership of 7 voting members. This replaces the current structure that allows each club to nominate a representative to the board.



Powerpoints

- The management committee is discontinued as a constitutionally created committee. However, the existing (and updated) rules allow for sub-committees to be formed. It is proposed that the role of the management committee is covered by the creation of new sub-committees.
- The role of Branch Administrator and Secretary is clarified.
- The purpose statement is updated.
- A range of minor amendments to correct inconsistencies and errors in the current constitution.

MSV will continue to focus on club engagement with the organisation if the proposed changes are accepted. The full draft and information sheet is made available on request.

During 2021, MSV set-up a Marketing Sub-Committee consisting of Jenny Nolch (MSV MC – resigned November 2021) Kelly Watts, Tyson Young, Jeremy Francis, Dennice Breesholten and Susie Kempson (Resigned November 2021). Their aim, to connect people who have a love of swimming and to develop and implement an effective Marketing Strategy that will guide future planning for MSV. The strategy is expected to crystalise the Board's planning objectives as well as to oversee successful swimming events.

In support of this Marketing focus, MSV engaged Anxious to Matter (ATM) to amplify and increase membership of MSV by encouraging the re-joining of masters swimmers and to attract swimmers from other sports (e.g. Triathletes, OW swimmers). Planning commenced December 2021 and campaigns via social media and digital will be rolled out in the first quarter of 2022.

MSV reviewed the Terms of Reference for setting up a Swim Meet Committee late 2021. Such a committee will provide advice and guidance as well as organise the structure of State Swim Meets managed by MSV in relation to the pool swim meet calendar, and pool events. This Committee will commence in early 2022.

Membership

Coming off such a challenging 2020 the MSV MC have committed to utilise in 2021 some of the Victorian Grant money towards a Marketing Strategy to raise its profile to recruit more members and broaden the membership demographic. The MSV Board also agreed to reduce the membership fee from \$47 to \$15 for new and renewing members as part of this incentive and that the amount raised be invested throughout 2021 on a range of member benefits to be agreed upon (e.g., reduced competition fees, events) with the intention to retain and encourage future membership renewal and participation. The fee is to be the same for all members. In addition, \$10k be allocated to promotional activities to encourage new members. MSV membership was 1045 first claim members at the end of 2021 compared to 967 in 2020 and 1112 in 2019.

(Cont)

MSV Championships MSV LC Championships

Well it was a long time coming – the first MSV event since the Relay Championships in August 2019 (due to Covid-19 restrictions in Victoria throughout 2020) was held on the 24 April 2021.



MSV LC Championships, MSAC

238 Swimmers from 21 MSV Clubs and 4 swimmers from interstate came and competed at MSAC with 14 Branch Individual and 2 Branch Relay Records broken and many PB's swum – which was an awesome effort considering the time between Championships. 2 new Clubs also fielded teams for their first ever competitive meet. The vibe was great and it was amazing to see all the Officials in their MSV tops making sure things ran smoothly in and out of the water. Marshalling looked a little bit different and we appreciated how everyone listened to announcements and responded accordingly.

MSV SC Championships

The escalating Covid-19 issues caused havoc again and the MSV SC Championships were rescheduled due to tiling maintenance that MSAC brought forward in June. The SC was then planned to go ahead in October BUT was not to be. Due to the ongoing toughening restrictions in Victoria, MSV Management Committee had to make the heart breaking decision to cancel the SC and the MSV Relay Championships completely for 2021. This was devastating for all involved and we thank everyone who worked so hard in the planning/rescheduling.

MSV Club Events

Invasion Day Breakfast Swim - 26 January 2021

One of MSV's newer Clubs Melbourne Open Water Swimming Club held an Invasion Day breakfast swim with respect to the elders of the Kulin Nation, past and present on Australia Day.

Nagambie Now Festival - The Club to Pub - 6 March 2021

This event is held in partnership with Goulburn Valley Crocs and is important to the club as it helps them funds their Masters swimming development initiatives in the Goulburn Valley into the future and is one great event to get out and support. The Nagambie Lakes provide both a beautiful and safe 1.1km swim (compared to Ocean swims).

Frankston Interclub – 1 May 2021

57 Swimmers swam at the Frankston Interclub in their 40th Anniversary year – the most so far. This is a Time Trial event where the challenge is to swim nearest your closest time and by all accounts was a fun and very social event.

Baddaginnie Animal Postal Swim

Surrey Park Seahorses sixth Baddaginnie Animal Swim has finally been completed in another challenging year. Congratulations to all 40 swimmers who completed the event this year from around the country. If you're unaware of the event, it consists of swimming 200m of Fly, Back and Breast, an 800m Free and a 400m IM all in one 24 hour period. Welcome to all who have competed for the first time: 2 from our great supporters at Tuggeranong Masters (ACT), our first from the Townsville Aquaholics, the Molongolo Water Dragons, and a Virtual Victorian member. A big shout out to the 7 swimmers from the Devonport Devils who have discovered the swim. We hope you enjoyed the challenge and you are welcomed back again in 2022. Thank you to the other 28 swimmers who have previously been hooked into this annual event. They are still hanging on to our six swimmers who have completed all six Baddaginnie challenges run by the Seahorses. The event will run again in 2022 between 1 April and 30 June. We look forward to receiving as many entries as possible. It would be great to increase the Animal membership.

MSV Club Events

Great Victorian Swim Series - MSV OWS CUPS 2020-2021 and 2021-2022

Due to ongoing and rolling restrictions both the end of the 2020-2021 and the start of the 2021-2022 seasons were up and down with events being planned and then rescheduled or cancelled as SLSC/Great Victorian Swim Series tried to plan within changing restrictions. It did mean that MSV did not Award an OWS Cup for either season but it was great to see and support MSV swimmers competing in the events that were able to go ahead.

2021 Fitzroy MS Mega Swim - 6pm Saturday 26 February until 6pm Sunday 27 February 2021

Once again, the MS Mega Swim is supported by several MSV Clubs and MSV swimmers and is a fun team relay event where teams have a swimmer in the water for 24 hours to raise money in support for those 25,000+ people living with multiple sclerosis. Glamourhead Sharks, Malvern Marlins, Yarra Roughies and Heidelberg Flyers were all wonderful supporters.

Cancelled events

Unfortunately, the following Clubs had to make the difficult call to cancel their ever popular Interclubs during 2021. Cancelling events are not easy as a lot of work goes on behind the scenes months beforehand. However, the decisions were made due a varying of circumstances; to continuing uncertainties surrounding the Covid-19 pandemic, the difficulty in maintaining social distancing for all competitors and officials, and sometimes the unavailability of a pool.

- Malvern Marlins 28th Interclub
- Glamourhead Sharks Interclub and Triffle Competition
- Goulburn Valley Crocs (who planned on holding a LDLC with the Kyabram Swimming Club)

We thank them for all the effort that goes into holding an Interclub and we know they will be back bigger and better in 2022 and beyond!

Celebrations

Malvern Marlins 30th Anniversary Dinner and Presentation Night

After four attempts, the Malvern Marlins 30th Anniversary Dinner and Presentation Night went ahead (between Lockdowns 4 and 5!) on Saturday 10 July 2021, at Lincoln of Toorak. Celebrations kicked off with a performance from duo 'Starlight Jazz', featuring Marlins own Roger Hogg on sax, and were followed by a three course meal for a hundred guests. During the evening, presentations were made to the winners of 2019-20 Club Awards. Certificates were then awarded for ten, twenty and thirty years of membership, and Club Coaches, Officials and Life Members acknowledged.

Frankston 40th Anniversary

Frankston Peninsula Masters celebrated a birthday earlier this year – the BIG 40. To celebrate they held a Skins handicap race session which is normally held at the end of the year. The winner takes home prize money and gets their name on the club plaque. The winner was Matthew Squires. The club also held a dinner and the Interclub.

Glamourhead Sharks 20th Anniversary

Glamourhead Sharks, the LGBTIQ+ Aquatics Club based in Melbourne celebrated its 20 year anniversary in 2021. "The Glams" is a sporting club focused on fun, fitness and friendship through pool and ocean swimming. An ambitious Digital History project that documents the 20 years of life and achievements of the club was launched in May 2021 and streamed live. The project concentrated on the most innovative, community engaging and impactful component of this history making – a Digital history that curates club artifacts and features members, leaders, achievements and highlights, and engages club members past and present allowing them to tell their stories and describe what the



Inclusive Sports

club means to them. By showcasing the history and achievements of the Glams and directly involving the community in this history making and telling, members past and present can be energised, re-connected (in a time of disconnection through Covid-19) and inspired; new members seeking fun, fitness and friendship can be recruited; and community partners can be recognised. A small group of Glams were able to make the most of time between lockdowns and attend the Midsumma Pride March in May.

Notable Achievements

Fina World Records

Congratulations to the Jennie Bucknell and John Cocks who provisionally broke the following Fina World Records so far this year:

- Jennie Bucknell (Powerpoints) who had an amazing swim in her 55-59 age group 50 freestyle (28.29) at the MST LC Championships 21/03/2021
- John Cocks (Malvern Marlins) had a great year in 2021 in his 85-89 age group
 - 400 Individual Medley (7:56.23) at the MST LC Championships 20/03/2021
 - 200 Individual Medley (3:39.66) at the MST LC Championships 21/03/2021
 - 200 Breaststroke (3:58.55) at the MSNSW LC Championships 11/04/2021
 - 100 Butterfly (1:50.27) at the MSNSW LC Championships 11/04/2021

Rob Wilson (Mornington Peninsula) – MSV Coach of the Year 2020

During exceptional circumstances of Covid-19 throughout 2020, Rob was instrumental in guiding a small group of dedicated people to form the Mornington Peninsula Masters and who have quickly become an active and engaged MSV club with over 30 members and who are looking at holding OW Clinics towards the end of 2021 and their first Interclub in 2022.

Queens Birthday 2021 Honours list

Congratulations to:

- MSV Life Member Paul Watmough was awarded an Honorary Medal (OAM) in the General Division for service to swimming.
- Inclusive Sports Training coach and MSV Member **Liz Gosper** was awarded a Medal (OAM) in the General Division for service to people with disability through sport.



Liz Gosper

Paul Watmough

MSA Mental Health Awareness Month - May 2021

A BIG thankyou to the Clubs and members who supported the MSA Mental Health Awareness Month through purchasing a MHAM cap and who either donated to a Vic based group/individual, to an interstate group/individual or held an event to help raise awareness for the Black Dog Institute and Mental Health:

- Doncaster Dolphins raised \$300
- Mornington Peninsula raised \$334
- Masters Swimming Victoria raised \$104
- Tracy Bowman-Finn (Mornington Peninsula member) also raised \$126 individually

Lake Argyle Swim

Saturday 1 May 2021: Lake Argyle is situated 75 kilometres from the town of Kununurra, Western Australia, Lake Argyle is located 40 kilometres from NT Border and covers 980 square kilometres at normal water levels. It is a freshwater lake 21 times the size of Sydney harbour. The water temp was about 27 degrees and the outdoor temp was aprox 34 degrees... Congratulations to:

- Sarah Wapling (Malvern Marlins) did the 20km solo swim in 5hours and 47 minutes.
- Mike Hodge (Brunswick Belugas) did the 10km solo swim in 2 hours 47 minutes

2021 MSA Swim Series

The MSA National Swim Series boasts a mix of Long and Short Course meets across Australia. It rewards members' participation and performance in any of the Meets, with members only needing to swim two meets to be eligible for prizes.

The series comprises of ten events annually, including the National Championships with one nominated meet from each of the Masters Swimming Branches and an extra one from Queensland and WA.

Congratulations to Andrea McNeil from Malvern Marlins who won her age group in the 2021 MSA Swim Series and to the following MSV swimmers who achieved Top 10 ranking in the 2021 MSA Swim Series.

Тор 10	ranking in the 2021 MSA Swin			
Place	Name	Club	Age Group	
6	Darius Schultz	VPP	25-29	
6	Jacinta Humphrey	VPP	30-34	
4	Lisandra De Carvalho	VPP	40-44	
2	Lachlan McDowell	VMH	40-44	
4	Nlicky Kerr	VMV	45-49	
6	Nigel Fanning	VPP	45-49	10 10 10 10 10 10 10 10 10 10 10 10 10 1
6	Luke Rattigen	VMV	50-54	
9	Mark Huggins	VMV	60-64	
8	Rod Laurie	WM	60-64	
4	Sue Boekel	VMV	65-69	- and had have baranase
10	Paula Giles	VMV	65-69	
5	Janette Jeffrey	VMV	70-74	
10	Gerry Tucker	VMV	70-74	
7	Rod Clarke	VDC	75-79	



MS Megaswim

Andrea McNeil



Surrey Park Seahorses

Inclusive Sports

Branch Reports Masters Swimming Victoria (MSV) (Cont)

Vorgee Endurance 1000

10 MSV Clubs and a total of 84 members took part in MSA E1000.

Malvern Marlins achieved a Top 10 finish in the Club Champion Award (coming in at 8). This is where points are gained for the completion of each different event. These combine with points gained by fellow club members and contribute to a total point score for each competing club. The highest scoring club will then be declared the Vorgee Endurance 1000 Champion Club. (Previously known as the Aerobic Trophy winner.)

Surrey Park Seahorses achieved a Top 20 finish in the Vorgee Endurance 1000 Award (previously known as the Tassie Award and National Aerobic Award) which goes to the club averaging the highest number of points per registered member.

Congratulations to the following MSV swimmers who completed all 62 swims.

Name	Club Code	Age	Age Group	Swims	Points
Brian Walsh	VDC	76	75-79	62	1005
Colin McCraith	VDC	76	75-79	62	888
John Cocks	VMV	85	85-89	62	1005
Julie Collette	VMV	69	65-69	62	1005
Nolene Schofield	VMV	67	65-69	62	1005

Vorgee Million Metres

Congratulations to the following MSV Million Metres recipients in 2021.

Name	Club	Award
Ingrid McDonald	Powerpoints	1 Million Metres
Sue Boekel	Malvern Marlins	1 Million Metres
Sue Lyon	Surrey Park Seahorses	3 Million Metres
Catherine Watmough	Surrey Park Seahorses	3 Million Metres
Dee Greenwood	Surrey Park Seahorses	5 Million Metres
Greg Chaplin	Casey Seals	5 Million Metres
Peter Niere	Malvern Marlins	25 Million Metres

Coach Swap

MSV collaborated with Swimming Victoria and other Victorian Sporting Associations during 2020-2021 and one great initiative is the 'Coach Swap' which is a program that aims to motivate members to get active and try something new. In Week 1 MSV reached out to Coach Jason Bryce (Melbourne Open Water – Masters Club) who gave some great information about how to get into the OW if you have never tried it or have been hesitant to give it a go.

Week 1

Open Water Temperature Guide

Presented by MSV and MSA in collaboration with Jason Bryce (Williamstown Open Water)

- Dryland Swim Training Presented by swimnastics and Swimming Victoria
- **Dryland Training** Presented by Melbourne Surge Water Polo

Week 2

- Step by Step guide to Open Water Presented by MSV and MSA in collaboration with Jason Bryce (Williamstown Open Water)
- **Dryland Swim Training** Presented by swimnastics in collaboration with Swimming Victoria

Week 3

- Step by Step Guide to Open Water Swimming Presented by MSV and MSA in collaboration with Jason Bryce (Williamstown Open Water)
- **Dryland Swim Training** Presented by swimnastics in collaboration with Swimming Victoria
- At Home Diving Training Presented by Diving Victoria
- Throws Training Presented by Waterpolo Victoria by Tim Crosbie accompanying article
- A Guide to Running Presented by Athletics Victoria
- Coach on the Couch, Understanding your Mental Health with Dr Lee Naylor Presented by Fencing Victoria

Week 4

- Getting Back in the Pool Presented by MSV and MSA in collaboration with Glamourhead Sharks
- Dryland Swim Training Presented by swimnastics in collaboration with Swimming Victoria
- How to Train with your Friends Presented by Athletics Victoria
- Coach on the Couch, Optimising Performance Bianca Share Presented by Fencing Victoria



HINT - A thermos of hot tea is your best friend. You will get colder when you get out of cool water so what you do after a swim is very important. Warm summer months are ok. You can hang around in the sun and dry quickly. If it is a cool day, you need to get out of your wet gear, get warm and monitor yourself.

Source: Coach lason Bryce www.WilliamstownOpenWaterSwimCoachine.com



MSV members during lockdown

MSNSW Virtual Meet

MSNSW welcomed MSV members to take part in one of their very successful Virtual Meets whilst we were all in lockdown during August 2021. This was where members can take part and earn points for a variety of 'fitness', 'friendship' or 'fun' activities. You don't need to swim to take part (though that is one of the activities for those that have the opportunity), you can take walks and cook healthy meals to earn points. The more activities completed; the more points earned. AND there is a little bit of fun interstate rivalry to add some spice! Thank you to MSNSW for inviting MSV members to take part.

Acknowledgements

Thank you to our sponsors, we greatly appreciate your support. Vorgee and the Way Funky Company (Funky Trunks and Funkita) support us throughout the year.

Cousins Travel support us with an incredibly valuable partnership in the Great Victorian Swim Series.

Thank you to the National Office and other Branch Administrators for all your support throughout 2021.

Thank you to all of the Board Members and Club Delegates who have been able to attend the committee meetings throughout the year – your attendance and support is greatly appreciated.

Rachel Cairns President Masters Swimming VIC



Golburn Valley Crocs



MSWA Swimmers

Branch Reports Masters Swimming Western Australia (MSWA)

Overview

2021 was the year that Covid-19 didn't go away, but rather mutated and took hold again in different forms in much of Australia. However, in WA Covid-19 did not have the dramatic impact that it had in some other States. There were short but infrequent lockdowns to control modest Covid-19 outbreaks, but by and large it was business as usual here in WA.

The year saw considerable change in the MSWA's employment roster. Sophie Row departed in April to take on the CEO position at Swimming WA, and her very significant contribution to Masters Swimming WA is noted. Before leaving Sophie oversaw the appointment of Hannah Lawton to a part-time Development Officer role and Kareena Preston as Coach and Swimming Education Coordinator, both new roles which have enhanced the capacity and capability of the organisation in critical areas. Hannah's role was facilitated with a successful grant application to the Department of Local Government, Sport and Cultural Industries (DLGSCI). Andrew Stanbury was appointed to replace Sophie in May. Andrew has worked in EO roles in other sporting organisations, including six years at Tennis West.

Membership

MSWA's membership continued to grow through to the end of 2021. We finished the year with 1,809 members, representing growth of 10% from pre-Covid levels. This means that Covid-19 hit 2020 apart, membership has grown every year over the last five years from just over 1,400.

We hope and believe that the employment of new roles, and development of new initiatives from those roles, has played a part in the recent membership growth. Our new Couch to 2K program, for example, is a 'get back into swimming program' open to the public, delivered by Kareena Preston, which has delivered good numbers of participants, many of whom go onto join their local Masters Clubs.

WOW Swims

Our WOW Swims Series now features six OWS at a variety of great open water locations in an around Perth.

The 2021 Mullaloo Mile, WA's marquee event in the WOW Swim calendar, incorporating the Open Swim State Championships, attracted considerably higher registrant numbers than in recent years (over 450 swimmers) but then, sadly, was cancelled on the day because of extreme weather. So too was the Swim Thru Perth cancelled, for different reasons. However, the largest WOW Swim, the Coogee Jetty to Jetty, run by Cockburn Masters, was once again a great success, although numbers were capped at 500 due to Covid-19.

Branch Reports Masters Swimming Western Australia (MSWA) (Cont)

WOW Swims (Cont)

The Series kicked off again in November with the Lake Swim at picturesque Lake Leschenaultia in the hills just east of Perth. The Maida Vale club organises the event and it attracted record numbers in 2021, at well over 300 swimmers. This was followed by the Fremantle Ports Swim Thru in early December, run by Fremantle Masters, which was sold out, also attracting record numbers of over 500 swimmers. Sadly, the following event on the WOW Swims calendar, the Christmas 10K, doubling up as a qualifier for the Rottnest Channel Swim, also had to be cancelled at the last minute due to poor weather.

Despite poor luck in 2021 with weather related cancellations, and the lingering impact of Covid-19, there is good evidence to suggest that open water swimming is growing in popularity, with growing registrations in most events in the WOW Swims Series.

Programs and Activities

Pool Meets

Our Pool Meet calendar was largely but not completely unaffected by Covid-19 in 2021. In total there were thirteen MSWA sanctioned club meets in the period, the largest of which was the Golden Groper Relay Carnival at HBF Stadium in September, run by Claremont Masters and attracting 311 swimmers.

Unfortunately, Covid-19 and the WA Government's hard border policy, did account for the Australian Masters Games, which had to be cancelled in October and has been rescheduled for late April 2022. Notification has just been received, at the time of writing, that this event can now proceed, given the Government's commitment to finally opening interstate borders shortly.

Our second Winter Solstice swim was a success, albeit delayed until just after the winter solstice itself due to bad weather. More bad luck with weather! Twelve Clubs participated with Mandurah Masters coming out winners and a great range of photos and videos supplied as part of the contest.

Coaching Clinics

Kareena Preston has been delivering Couch-to-2K clinics, a 4-week program to build endurance and improve technique, with a focus on getting people into, and back into, structured swimming. This program is taken to a wide range of locations around metropolitan Perth. Participant numbers have ranged from six to 24, although they are trending up as we benefit from learnings around marketing and promotion.

In August 2021, Kareena ran an inaugural Coaches Conference featuring guest speakers, and work in the pool as well as the classroom. The event ran at its capacity of 35 participants. We plan to run three such conferences in 2022.

At the end of 2021, a range of new coaching initiatives were developed for application in 2022. We are now offering a series of High-Performance Clinics for advanced / competition swimmers, as well as a series of Development Clinics for developing swimmers. Two swimmer staycations were planned in this period for 2022, as well as our entry into small group and individually tailored coaching for members.



Coaching Clinic

Branch Reports Masters Swimming Western Australia (MSWA) (Cont)

Member APP

Masters Swimming WA remains in the process of developing its new Member App. The App will enable swimmers to plan and track their swimming activity from preparation to training and competition. Initially planned for use for our Sandgropers club, as a value-add in their membership, the App will ultimately be rolled out to all MSWA members. User-testing has taken place and it will be ready to go early in 2022; we think it will be an attractive benefit of MSWA membership.

Stakeholder Engagement

Club Development

Club development is the primary responsibility of Hannah Lawton. The Club Development survey sent to Club Committees in late 2020 has been an important resource for Hannah's approach to her role. It has been used to identify priorities for club development assistance, targeting those Clubs that require it most and in areas where there are significant gaps or need. Marketing and communications support, for areas such as website presentation and how to use social media, has been identified as a common need.

Our annual Club Conference took place in August 2021 and saw 20 of our 32 Clubs represented, with 40 people attending in total. The event featured a number of guest speakers including open water endurance swimmer Ceinwin Roberts, whose many achievements include being the only person to swim the Rottnest Channel back-to-back.

MSWA, as part of its partnership with Healthway, is transitioning from the LiveLighter campaign to the Act, Belong, Commit campaign. Both parties agreed that this campaign is a better fit for our Masters audience, given that our membership already tends to 'live lighter', and being an older demographic is better targeted by a campaign focused on mental health and wellbeing.

In October, we again ran our syndicated club Let's Swim Together campaign, which featured 16 Clubs running 'come and try' sessions to attract new members, with MSWA running a coordinated promotional campaign to support them, largely through social media.

Staffing

Masters Swimming WA's staffing capacity has never been greater, representing a significant investment from the Board in delivering more, and greater value, to our Clubs and membership.

The EO role under Andrew Stanbury is now a full-time role (Sophie worked 30 hours per week). Hannah Lawton, the new Club Development Officer has been appointed on a 0.4 FTE basis and Kareena Preston has been appointed as Coach and Swimming Development Coordinator, in a smaller part-time role, with responsibility for developing coaching and swimmer education opportunities, as well as leading the coaching program delivery for our 'virtual' club, Sandgropers.

MSWA's Tarquin Bateman resigned from her casual role working for MSA on the development and maintenance of the national Member Portal, having found the commitment of working three jobs a little too much!

Governance

AGM and Annual Awards

The Masters Swimming WA Council of Clubs and Annual General Meeting was held on 10th March at Cambridge Bowling Club in Floreat. At the AGM, 2020 annual awards were presented. However, for the 2021 Awards we planned an inaugural Awards and Volunteer Recognition Sundowner at Seaview Golf Club (the event having just taken place as of writing in February 2022).



MSWA Officials and Swimmers

Branch Reports Masters Swimming Western Australia (MSWA) (Cont)

2021 Award Winners

Club Awards

McDonald Shield for Best Club Administration: Whitfords Masters Vorgee State Endurance 1000 Winning Club: Claremont Masters Swimming Club Vorgee Country Club Endurance Winning Club: Bunbury Masters Swimming Club Country Correspondence Carnival: Bunbury Masters Swimming Club

Individual Awards

Perc Edwards Volunteer of the Year Award: **Lee Ellis** of Leeming Masters Annual Service to Masters Swimming Award: **Richard Hughes** of Claremont Masters Coach of the Year Award: **Eleanor Parsons** of Perth City Swim Club Official of the Year: **Lynne Duncan** of Maida Vale Masters

Board

Tiffany Fraser-Gillard resigned from the Board and her role as Finance Director in August 2021. The vacancy created on the Board has not yet been filled.

Andrew Stanbury

Executive Officer MSWA Masters Swimming WA



Left: 2021 Australia Day meet, Parap Pool, MSNT. Right: Darwin Stingers MSNT

2021 National Championships Report

Due to the restrictions imposed by some States in relation to the COVID-19 situation, the Championship Committee, together with the NBM, decided to cancel the 2021 Nationals due to be held in Darwin in April 2021. The 2021 Championships were to be held in the Parap Pool, Darwin, and the Darwin Waterfront Lagoon. The Branch took the view that the Championships must be truly "National" and that members from all MSA branches should be able to plan with confidence for participation in the event without possible hinderances such as travel restrictions and quarantine requirements. Subsequent developments during 2021 proved this to be a prudent position. We look forward to hosting the 2024 Nationals with a very similar program.

Regards John Pollock

Award Winners (Cont)

2021 MSA Swim Series

The 2021 Swim Series will be recognised with only six (6) swims from the series being swum. Awards will be given to the current winners whether they have swum 1 or more swims and other placed swimmers will be acknowledged with a certificate. Congratulations to the following winners of their Age Group in the 2021 MSA Swim Series.

2021 N	MSA Swim Series W	/inners		
Age Group	Name	Events	Points	Club
18-24	Hayley Campbell	1	420	Belmont Masters
25-29	Kady Ibell	2	2634	University of Queensland Masters
30-34	Amy Henry	2	1105	Cairns Mudcrabs Masters
35-39	Sarah Philp	2	1170	University of Queensland Masters
40-44	Rowena Solomons	2	1257	Cotton Tree Masters Swimming Club
45-49	Kym Lingard	2	1787	Hervey Bay Masters Swimming Club
50-54	Christina Scolaro	2	2031	University of Queensland Masters
55-59	Andrea McNeil	2	1707	Malvern Marlins
60-64	Elaine Sng	2	2136	Rivery City Masters Swim Club
65-69	Gay Bradley	2	1639	Cotton Tree Masters Swimming Club
70-74	Tracy Clarkson	2	2267	Brisbane Northside Masters Swimming Club
75-79	Lindy Salter	2	1703	Miami Masters Swimming Club Inc
80-84	Barbara Pearce	3	1486	Rats of Tobruk Masters Swim Club/Marion Masters Swimming
85-89	Denise Robertson	1	650	Miami Masters Swimming Club Inc
18-24	James Belstead	1	461	The Van Diemans
25-29	Michael Morton	2	1874	Palm Beach Masters/University of Queensland Masters
30-34	Justin Giles	2	1909	Rum City Masters
35-39	Josh Hemelaar	2	1368	Brisbane Southside Masters
40-44	Stephen Berting	2	2467	University of Queensland Masters
45-49	Kym Lingard	2	1787	Hervey Bay Masters Swimming Club
45-49	Ed Anderson	2	1564	Miami Masters Swimming Club Inc
50-54	John McKaig	2	2322	Townsville Aquaholics
55-59	Nigel Dalton	2	1585	North MacKay Sinkers Masters
60-64	Mark Smedley	2	1866	Adelaide Masters
65-69	Alan Carlisle	2	1929	Miami Masters Swimming Club Inc/University of Queensland Masters
70-74	Robert Patterson	3	4224	Darwin Singers/Redlands Bayside Masters Swimming Club
75-79	Tony Forman	3	3563	The Hobart Aquatic Master
80-84	Geoff Robinson	2	550	North Mackay Sinkers Masters
85-89	John Crisp	1	352	Miami Masters Swimming Club Inc
90-94	China Johnson	1	275	Cotton Tree Masters Swimming Club

Award Winners (Cont)

2021 Masters Swimmer of the Year



Masters Swimmer of the Year is for the swimmer gaining the highest number of points over a calendar year in competition in FINA recognised meets, with the points to be the sum of those for the best five swims, calculated using the current FINA points system.

The 2021 Masters Swimmer of the Year is John Cocks.

Coming from Victoria in a year impacted again by Covid-19, John's determination and dedication to swimming was outstanding winning 4 Fina World Records competing at Championships held in 2 different Branches when travelling was restricted. In an

interview back in 2016, John told MSA that "fun, fitness and friendship" really sums up why he takes part in swimming. "However," he says, "there is always the opportunity to improve technique, and then evaluate whether changes are working or not." Well, it is working John! Congratulations John, your tethered training must have helped (a little).

Service Awards presented in 2021

2020 Volunteer of the Year – Pauline Samson OAM



Congratulations to Pauline Samson who was named the 2020 MSA Volunteer of the year. Pauline is a MSA Life Member and the National Recorder. During 2020, Pauline worked on, and finished, updating, organising and correcting records in the National results portal. This was a herculean effort. She has since turned her eye for detail on updating all the world records in the records/results portal since the Fina Masters website revamp meant the historical Masters World Records have not been available for viewing. This impacted MSA's ability to import the current records into our records/results portal as the link to do this no longer existed.

Pauline Samson was also honoured with a Medal of the Order of Australia (OAM) for her service to swimming and to Masters Swimming Australia more broadly during 2021.

2021 Volunteer of the Year – Andrea McNeil OAM



Andrea has been an extraordinary MSA Board member and Finance Director during 2021, providing various financial reports to the monthly NBM meetings. Andrea also provided additional support to the National Office, whether sourcing grant opportunities, sharing news articles or calling for a chat, Andrea was always in contact especially during the difficult times of lockdown in Victoria. Andrea has been a valued liaison between the NCC and NBM since taking on the role as an observer on the NCC to assist with better communication throughout the organisation. Thankyou Andrea, what a very deserved award!!

2020 Coach of The Year – Greg Gourley



For the second year in a row we can congratulate Greg Gourley (Tuggeranong Masters – MSNSW) for his outstanding contribution in coaching and towards the development of coaching at all levels of masters swimming. Greg has made a significant contribution to Masters Swimming Australia in 2020 through his design of the 'Return to Swimming' program which was utilised again in 2021 especially by swimmers in NSW and Victoria. As a collaborative leader, he is an integral part of the Tuggeranong Coaching team. Greg is an innovative coach and his swim sessions are always thoroughly planned with a focus, ensuring differentiation for all swimmers' goals and abilities. One of Greg's main

goals is to foster inclusion and cohesion in the club and to make it fun! Thank you, Greg, for your wonderful contribution to masters swimming.

Service Awards presented in 2021

2021 Coach of The Year – Eleanor Parsons



Eleanor is a dedicated, inquisitive, and knowledgeable coach with a strong desire to share her passion of swimming and coaching with her fellow masters swimmers. Her constant search for new and challenging approaches to swimming is enthusiastically shared with her coaching cohort and at training sessions. She has revolutionised the Annual Training Plan at Claremont Masters formalising the delivery of cohesive, constructive, and challenging programs for all standards of swimmers while ensuring that those who wish to compete are appropriately trained in preparation for their respective competitions and those who wish to swim purely for pleasure and fitness are also accommodated and

challenged. Eleanor leads by example with her own swimming by constantly pushing boundaries, learning new skills, and performing at a high level across both pool and open water events. Congratulation Eleanor, keep up the excellent work!

2020 Official of The Year (Unfortunately was not awarded in 2020) 2021 Official of The Year – Lynne Duncan



Lynne collaborates closely with the Executive Officer MSWA to review and propose new business processes and develop strong and sound administrative practices within the organisation as well as working with the Communications & Events Coordinator, the Participation & Club Development Officer and Coach & Swimmer Education Coordinator when required. As a Director on the Board of Management, Lynne continues to contribute to the business of MSWA and provides valuable input to the progress and growth of Masters Swimming in WA and Masters Swimming nationally. Lynne has been active within Masters Swimming for 42 years and currently has been appointed chair of

the National Technical Committee and is driving the migration of the online technical education to the Dita platform. Well done Lynne.

Meritorious Service Awards

This is awarded to a Club Member in recognition of the completion of five years continuous voluntary service to the Association at the National level.

MSWA Wendy Holtom (left)

(MSA National Board of Management Director)

MSWA Fiona Wilkins (centre) (Branch Delegate)

MSNSW Di Partridge (*right*) (member of the National Technical Committee)

Vorgee Endurance 1000



The Vorgee Endurance 1000 (E1000) program was launched as a national event over 20 years ago as the Aerobics program. The program is designed to encourage people to compete in distances from 400 metres to 60 minutes duration in a variety of strokes. Each year the program has enjoyed an increase in the number of swimmers competing, endorsing its popularity with the members.

Please note there were no club awards for the E1000 in 2020. But even though 2021 was a tough year for some, we did manage to get some good results for swimmers and Clubs and the Awards are back!

2021 Award Winners

• Noosa Masters (QNA): Vorgee Endurance 1000 Champion Club – Top scoring Club (Trophy) –Points are gained for the completion of each different event. These combine with points gained by fellow club members and contribute to a total point score for each competing club.

Award Winners (Cont)

Vorgee Endurance 1000

2021 Award Winners

• Campbelltown Masters (NCT): Vorgee Endurance 1000 Award – Average points per member (Award) –As an extension of the program, the Vorgee Endurance 1000 Award (previously known as the Tassie Award and National Aerobic Award) goes to the club averaging the highest number of points per registered member.

Member	Club	Age group	Member	Club	Age group
Kay Bailey	TLC	65-69	Alexabra Holt	WAM	30-34
Ann Reid	NTN	55-59	Kerri Genovese	NCL	60-64
Megan Blamires	NBT	50-54	Hobe Horton	QMM	60-64
Heide Roche	NSP	45-49	Clive Griffin	QIP	60-64
Stephen Booker	QBN	70-74	Gregory Jacques	NCT	70-74
Heather Rouen	NCT	65-69	Donna Campbell	NTN	55-59
Katrina Burgess	NTN	50-54	Richard Johnson	WCM	55-59
Nolene Schofield	VMV	65-69	Yvette Ballard	WSM	65-69
Jay Burston	NBT	40-44	Stacy Kirkby	TTL	60-64
Wendy Sheppard	NCL	60-64	Lee Caldwell	WMV	65-69
Sarah Carr	WAM	35-39	Kylie Lane	NTN	40-44
Owen Sinden	NCT	65-69	Liqun Hussey	QNA	50-54
Tracy Clarkson	QBN	70-74	Liz Liittle	QBN	65-69
Colette Southam	QMM	55-59	Colin McCraith	VDC	75-79
Kemton Cline	NBT	45-49	Geoffrey Llewellyn	NCN	85-89
Gordon Southam	QMM	55-59	Susan Henderson	CAS	55-59
John Cocks	VMV	85-89	Robert Magin	CDW	75-79
Michelle Stonehouse	QSC	55-59	Laura Lawrence	NCT	40-44
Julie Collette	VMV	65-69	Jo Matthews	QNA	65-69
Irene Symons	QNA	70-74	Henson Kathryn	NCL	55-59
Peter Coyle	WSM	70-74	Mark McDondald	NBT	30-34
Sue Tompkins	NSP	55-59	Sally Hatcher	NBM	65-69
Sarah Cullenane	CAS	60-64	Russell McLeod	NCT	70-74
lan Tucker	QNA	65-69	Alexandra Rouen	NCT	30-34
Leanne Da Costa	NCH	60-64	Alwynne McMahon	TLC	65-69
Brian Walsh	VDC	75-79	Annika-Lee Skulander	NBT	30-34
Denise DeCarlo	QNA	55-59	Wendy McMurtle	NPM	50-54
Jenny Whiteley	NRY	60-64	Kerryn Blanch	NWS	45-49
Theresa Elliott	WCM	75-79	Penelope O'Shea	SAO	60-64
Lyndall Wilson	NBM	65-69	Rebecca Dunn	NTN	35-39
Allison Foster	CAS	60-64	Michael Parkinson	NWS	50-54
Robin Griffiths	NBM	65-69	James Willis	NCT	65-69
Suzie Haddad	NCT	35-39	Jonathan Patterson	QIP	70-74
Christine Leary	NTN	65-69	Gerard Pender	QIP	65-69
Lesley Hart	WMV	55-59	James Pelosa	NCT	55-59
Kerry-Ann Michels	NBT	50-54	Cassie Anderson	NWS	40-44
Lou Hill	TTL	60-64	Jane Powell	QNA	60-64
Kristine Kennedy	NTN	55-59	Joanne Archer	NCT	40-44
Brian Hoepper	QNA	70-74	Mark Powell	QNA	65-69
Hans Preiss	NCT	70-74	Tanya Colyer	NCN	60-64

Award Winners (Cont)



Left: Chris Frey (3M), Vida Goodvach (1M), Jane Davis (3M); Middle, top: David Iclvor (1M); Middle botom: Valerie Hristova (2M); Right, top: Jo Matthews (3M); Right bottom: Neil Newman (1M).

Vorgee Million Metres

The Million Metres Awards Program was launched in the late 1970's under the sponsorship of City Mutual. Masters Swimming Australia's major sponsor Vorgee is the naming rights sponsor of the Million Metre Program and Awards since 2007. Awards in the way of certificates, product and trophies and given to members who reach each million award milestone.

- The Million Metres Awards Program was updated in 2001, with milestones recognised at 1, 3 and 10 million metres.
- In 2004, milestones were added for 5 and 6 million metres.
- In 2007, the 2 million metre milestone was added.
- In 2008, the programe was expanded to recognise swimmers who attain 15 million metres.
- Since then we've been very excited to add the 20 million metres, and 2021 saw the first member reach the 25 million metre milestone, providing ongoing recognition to those who continue to excel in long distance swimming.
- In 2021, the development of the MSA Million Metres app has digitalised results allowing swimmers to log their swims on a mobile device. This has been an incredible development and we are excited to add new updated merchandise coming in 2022.

Congratulations to the following Million Metres recipients from 2021.

Name	Club	Branch	Distance
Andreas Falkenau	Tuggeranong Vikings	MSNSW	1 Million Metres
Barry Bastow	Bunbury Masters Swimming Club	MSWA	1 Million Metres
Christine Hayhoe	Molonglo Water Dragons	MSNSW	1 Million Metres
David McIvor	Devonport Devils	MST	1 Million Metres
Geoffrey Llewellyn	Molonglo Water Dragons	MSNSW	1 Million Metres
Helmut Klein	Clarence River	MSNSW	1 Million Metres
Ingrid McDonald	Powerpoints	MSV	1 Million Metres
Joy Cutler	Bushrangers	MSNSW	1 Million Metres
Judith Woolley	Singleton Masters	MSNSW	1 Million Metres
Kristine Kennedy	Tuggeranong Vikings	MSNSW	1 Million Metres
Matt Stoker	Guildford and Kalamunda Masters	MSWA	1 Million Metres
Neil Newman	Belgravia Masters	MSQ	1 Million Metres
Rhonda Pearsall	Busselton Masters Swimming Club Inc	MSWA	1 Million Metres
Richard George	Busselton Masters Swimming Club Inc	MSWA	1 Million Metres
Sharron Burns	Swan Hills Masters	MSWA	1 Million Metres
Sue Boekel	Malvern Marlins	MSV	1 Million Metres
Sue Tompkins	Seaside Pirates	MSNSW	1 Million Metres
Tricia Miller	Busselton Masters	MSWA	1 Million Metres
Vida Goodvach	Darwin Stingers	MSNT	1 Million Metres
Jen Casotti	Guildford and Kalamunda	MSWA	2 Million Metres
Paul Mayberry	Twin Towns	MSQ	2 Million Metres
Rowena Burch	Armadale Masters Swimming Club	MSWA	2 Million Metres
Shelley Parrish	Brisbane Northside	MSQ	2 Million Metres
Sue Tompkins	Seaside Pirates	MSNSW	2 Million Metres
Suzie Haddad	Campbelltown	MSNSW	2 Million Metres
Valerie Hristova	Darwin Stingers	MSNT	2 Million Metres
Yumi Brown	Aquadome Otters	MSSA	2 Million Metres
Alison Green	Gladstone Gropers	MSQ	3 Million Metres
Catherine Watmough	Surrey Park Seahorses	MSV	3 Million Metres
Chris Frey	Darwin Stingers	MSNT	3 Million Metres
Fran Moroney	Gladstone Gropers	MSQ	3 Million Metres
Imogen O'Neill	Blacktown Masters	MSNSW	3 Million Metres
James Pelosa	Campbelltown Collegians AUSSI MSC Inc	MSNSW	3 Million Metres
Jane Davies	Darwin Stingers	MSNT	3 Million Metres
Jo Matthews	Noosa Masters	MSQ	3 Million Metres
John Reugebrink	Ipswich City Masters	MSQ	3 Million Metres
Julie Boxsell	Townsville Aquaholics	MSQ	3 Million Metres
Kaye Turner	Twin Towns	MSQ	3 Million Metres
	Twin Towns	MSQ	3 Million Metres
Lyn May		MSV	
Sue Lyon	Surrey Park Seahorses		3 Million Metres
Sue Vincent	Hobart Dolphins	MST MSWA	3 Million Metres
Anne Edmondson	Stadium Masters		4 Million Metres
Anne Smyth	Tuggeranong Vikings	MSNSW	4 Million Metres
Graeme Williams	Ipswich City Masters	MSQ	4 Million Metres
James Pelosa	Campbelltown Collegians AUSSI MSC Inc	MSNSW	4 Million Metres
Jelle Lahnstein	Adelaide Masters	MSSA	4 Million Metres
David Davies	Carine Masters	MSWA	5 Million Metres
Dee Greenwood	Surrey Park Seahorses	MSV	5 Million Metres
Greg Chaplin	Casey Seals	MSV	5 Million Metres
Jamie Turner	Ryde AUSSI Masters	MSNSW	5 Million Metres
Jelle Lahnstein	Adelaide Masters	MSSA	5 Million Metres
Julie Boxsell	Townsville Aquaholics	MSQ	5 Million Metres
Michele Kline	Hobart Aquatic	MST	7 Million Metres
Brian Cairns	Noosa Masters	MSQ	7 Million Metres
Sandra Mutch	Swan Hills Masters	MSWA	10 Million Metres
Peter Niere	Malvern Marlins	MSV	25 Million Metres

Award Winners

2021 Fina World Records

MSA swimmers did themselves proud in 2021 with 5 Individual World Records and 3 Relay World Records. Congratulations to:

Name	Club	Age Group	Record	Time	Event	
Jennie Bucknell	Powerpoints	55-59	50m Freestyle	28.29	MSTAS LCM Summer Championship	
John Cocks	Malvern Marlins	85-89	400m IM	7:56.23	MSTAS LCM Summer Championship	
		85-89	200m IM	3:39.66	MSTAS LCM Summer Championship	
		85-89	100m Butterfly	1:50.27	NSW LCM Championship	
		85-89	200m Breaststroke	3:58.55	NSW LCM Championship	
Margaret Fittock		320-359	4 x 100m Freestyle Relay	6:40.83		
Denise Robertson	Miami				BSM SCM Championship	
Margaret Watts	Masters					
Carole Simpson						
Margaret Fittock		320-359	4 x 200m Freestyle Relay	15:05.19	Miami Masters LCM Relay Meet	
Denise Robertson	Miami					
Margaret Watts	Masters					
Carole Simpson						
Margaret Fittock		320-359	4 x 100m Freestyle Relay	6:54.35		
Denise Robertson	Miami				Miami Masters LCM Relay Meet	
Margaret Watts	Masters					
Carole Simpson						





Jennie Bucknell and John Cocks (with another WR holder, Jan Jeffrey)

Miami Masters



MSWA Mandurah

MSA Sponsors



<u>Vorgee Australia</u> continued as the major partner of MSA notwithstanding the setbacks of the Covid-19 environment in 2021.

During 2021, Vorgee continued to experience turbulence with the closing of pools and product shortages from overseas. Our renewed partnership with Vorgee began 1 January 2021 for another consecutive three (3) year term.

Due to the closure of interstate and overseas borders this year, MSA and OSF agreed to freeze any further payments from OSF following the onset of Covid-19 and restricted travel and will continue to monitor the circumstances in 2022 and 2023.

Masters Swimming Australia acknowledges the audit services of Crowe <u>www.crowe.com/au</u>



MSA Branches

- NSW PO Box 6941 Silverwater NSW 2128 www.mastersswimmingnsw.org.au
- NT PO Box 418 Parap NT 0804 www.mastersswimmingnt.org.au
- QLD PO Box 1279 Capalaba BC QLD 4157 www.mastersswimmingqld.org.au
- SA Po Box 120 Oaklands Parks SA 5043 <u>www.mastersswimmingsa.org.au</u>
- TAS PO Box 5229 Launceston TAS 7250 www.mastersswimmingtasmania.com.au
- VIC Level 2 50-56 York Street South Melbourne VIC 3205 www.mastersswimmingvic.org.au
- WA PO Box 260 Mount Claremont WA 6010 www.mswa.asn.au