

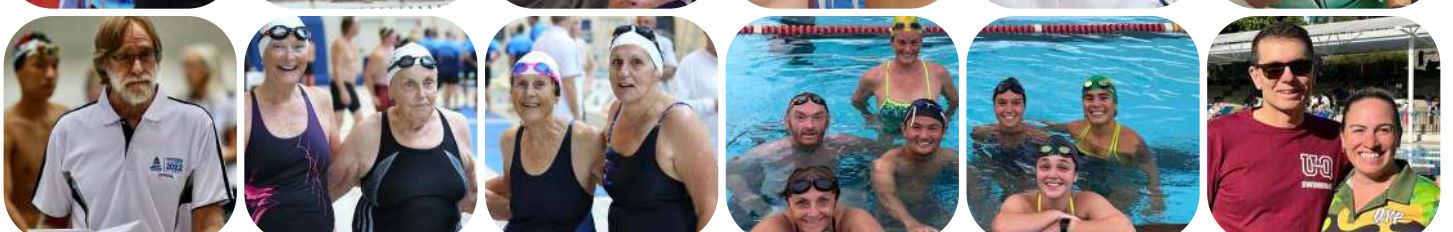


2022

ANNUAL REPORT



**masters
swimming**
AUSTRALIA



vorgee *immerse yourself*

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Officials at the 2022 Nationals.

Who We Are

Our National Board of Management

President: Jane Noake

Finance Director:

Andrea McNeil OAM (to April 2022)

Ryan Harley (April 2022)

Director: Andrea McNeil OAM (April 2022)

Director: Wendy Holtom (to April 2022)

Director: Robert Hardie

Director: Jodie Quinn (to September 2022)

Our National Presidents

1975–1978	Bill Lough
1978–1984	Peter Jackson
1985–1988	Ivan Wingate
1989–1992	Graeme McDougall
1993–1998	Glenys McDonald AM
1999–2005	Mary Sweeney
2005–2011	John Pugh
2011–2017	Craig Smith
2017–2020	Gerry Tucker
2020–current	Jane Noake

Our Life Members

1985	Gary Stutsel OAM (NSW)
1989	Glenys McDonald AM (WA)
1991	Peter Gillett (SA - deceased)
1999	Kay Cox OAM (WA)
2002	Ivan Wingate (WA)
2005	Darryl Hawkes (SA)
2006	Mary Sweeney (QLD)
2006	Pauline Samson (TAS)
2007	David Cummins (WA)
2011	John Pugh (TAS)
2016	Gerry Tucker (VIC)
2020	John Pollock (NT)

Our Branch Delegates

Branches	AGM/Autumn General Meeting	Spring General Meeting
MSNSW	Kerryn Blanch	Mark McDonald
MSNT	Neil Ludvigsen	John Pollock
MSQ	Cheryl Brodribb	Susanne Milenkevich
MSSA	Joanne Sutcliffe	Penni O'Shea
MST	Pauline Samson	Megan Stronach
MSV	Rachel Cairns	Darryl Flukes
MSWA	Fiona Wilkins	Fiona Wilkins

Our National Recorder

Pauline Samson OAM

Our MSA Results Portal

Frank Braun

Our National Staff

General Manager: Sarah Pisterman

Administration Manager: Kath Davis

Our Support Staff

Bookkeeper:

Gerard Russell (Retired End December 2022)

National Coaching Education Co-ordinator:

Rob Wilson

IT Support: Mark Hepple

Governance Support:

Lyndall Johnson (to September 2022)



Swim Central in person training

Who We Are

Our National Coaching Committee

NSW Di Coxon-Ellis (*Chair*)
NSW Greg Gourley (to October 2022)
NSW Anne Smyth
NT Jacinta Stirrat
QLD Bruce Allender
SA Simon Watkins (from October 2022)
TAS Phillip Tyrell
VIC Amy Jones
WA Elena Nesci
WA Kim Tyler

Our National Swim Meet Committee

NSW Jane Noake (*Chair*)
QLD Susanne Milenkevich (to October 2022)
QLD Greg Bott (from October 2022)
QLD Stephen Berting (from October 2022)
SA Leanne Beames
TAS Tony Forman (from October 2022)
WA Richard Hughes

Our National Technical Committee

WA Lynne Duncan (*Chair*)
NSW Neil Keele
NSW Diane Partridge
NT Paul Carter (from October 2022)
QLD John Barrett
SA Phil Beames (SA)
TAS Ray Brien
VIC Simon Bole-Brown

Our National Membership Committee

NSW Robert Hardie (*Chair*)
NSW James Watson
NT Giorgio Romano
QLD Julie Bott
VIC Jo Trim
VIC Dennice Allen (to October 2022)
VIC Nicole Dean
WA Kate Baxter

Our National OWS Subcommittee

(From November 2021)

QLD Shayne Baker (*Chair*)
NT Jacinta Stirrat
QLD Paul Beukelman
TAS Philip Tyrell
VIC Jason Bryce
WA Rowena Burch

Our National Gender and Diversity Subcommittee

VIC Caroline Symons (*Chair*)
NSW Susie Purcell
QLD Dylan Carmichael
QLD Grace Crossland
TAS Megan Stronach
TAS Pauline Samson
VIC Max Szental



Boroughcouthas (MSV) at Pan Pacs 2022

Who We Are

About Us

Masters Swimming Australia (MSA) is the peak body for adult swimmers aged eighteen (18) years and above and is affiliated with FINA through Swimming Australia Ltd (SA). MSA is a not-for-profit, constituted in 1975.

Mission Statement

MSA aims to provide at Club, Branch, and National level an environment to encourage all adults, regardless of ability, to swim regularly and compete in order to promote fitness and improve their general wellbeing.

Our Motto "FITNESS, FRIENDSHIP and FUN"

Our Vision "ENRICH AND INSPIRE ADULTS TO SWIM FOR LIFE"

Infrastructure

Members join Masters Swimming Clubs. Clubs are affiliated to their respective Branch, and the Branches are affiliated to the National body. There are seven (7) Branches within Australia, representing each State/Territory, with the exception of ACT, which is incorporated as part of the NSW Branch.

According to the MSA constitution, the National Board of Management (NBM) comprises the President, Finance Director and three (3) other elected members. There are two (2) General Meetings involving the Branches, one of which is the Annual General Meeting held in Autumn usually in conjunction with the annual National Championships. The other meeting is held in Spring. There are four (4) permanent National committees (Coaching, Swim Meets, Technical and Membership); and two (2) Subcommittees (Open Water Swimming and Gender Diversity) The NBM is responsible for the governance and overall direction of the organisation, with the day-to-day running of the organisation being the responsibility of the staff in the National Office. A General Manager (reporting directly to the NBM) manages the administration staff and the office. The National Office serviced the Victorian Branch administrative duties until August 2022.

Clubs offer various programs, such as regular training and stroke correction with qualified coaches, fun events, and social activities. Competitions are available at Club, Branch, National and International levels. Competitive opportunities are also available through Postal Swims, the Vorgee Endurance 1000, and Vorgee Million Metres Awards. MSA and the Branches offer technical courses for Officials and coaching courses and clinics for Coaches.



From L-R: MSNSW Administrator - Jillian Pateman; MSA Xmas lunch and Gerard Farewell

Who We Are

Publications, Policies and Guidelines

MSA operates under the direction of the following MSA publications ([available on the website](#)):

- Constitution
- By-Laws
- General Rules
- MSA Swimming Rules
- MSA Open Water Swimming Rules
- MSA Swimwear Rules

MSA has developed and implemented policies and Guidelines in the following key areas:

- National Member Protection Policy
- National Risk Management Policy
- National Safety Policy
- National Championships Meet Guide
- Privacy Policy
- Communication Guidelines
- NBM and Branch Delegate Guidelines
- COVIDSafe Plan
- Covid-19 Return to work measures

MSA publishes the following results continuously in the Results Portal:

- Up to date meet results (since 2004)
- Individual member result history for all recorded meets
- World, National and Branch records including historic records
- National, Branch and Club Top 10 rankings by time (since 2002)
- National, Branch and Club Top 10 rankings by points (since 2007)
- Vorgee Endurance 1000 results from 2012
- National Championships Results

Communication

The MSA website (www.mastersswimming.org.au) is the primary method of storing information and communicating with members, as well as the social media platforms of Facebook and Instagram which are a useful tool for instantaneous newscasting.

The e newsletter is produced throughout the year and emailed directly to members. Previous editions are available for download from the National website. The e newsletter was produced 4 times a year but since 2020 is now being circulated more regularly.



MSNT Swimmers - Lake Argyle Swim

Who We Are

Participation Programs

MSA manages and promotes several programs each year, designed to encourage active participation in swimming from beginner to advanced level.

Vorgee Endurance 1000 Champion Club and Vorgee Endurance 1000 Award

The Vorgee Endurance 1000 aims to promote fitness by providing an incentive (in the form of Club points) for members to swim longer distances. The program is designed to encourage members to swim in distances from 400m and up to one hour in duration, in the full variety of strokes. The program is structured by gender and age-groups and the swims are done over the full calendar year. As a result, a certain level of aerobic fitness needs to be maintained to complete the individual event requirements. Individual points are gained for the completion of each event. These combine with points gained by other Club members and contribute to a total point score for each competing Club. The Club with the most points is declared the Vorgee Endurance 1000 Champion Club for the year.

As an extension of the program, the Vorgee Endurance 1000 Award follows the same structure as the Vorgee Endurance 1000 Champion Club but is for the Club averaging the highest number of points per registered member. This Award is designed to provide an opportunity for smaller Clubs to compete on an equal basis with the larger Clubs.

Top Ten

National times are recorded for males, females, and relays with the Top Ten in each category (age group, stroke and distance) sent to FINA.

Vorgee Million Metres Awards

The Vorgee Million Metre Awards acknowledge progress from the “learn to swim” beginner to the distance swimmer. These awards are intended to stimulate members to strive for greater fitness and are open to all registered members of MSA. The Million Metres Awards Program was launched in the late 1970's under the sponsorship of City Mutual. Masters Swimming Australia's major sponsor Vorgee is the naming rights sponsor of the Million Metre Program & Awards since 2007. Awards in the way of certificates, product and trophies and given to members who reach each million award milestone. Upon successful completion of 1–5, 7, 10, 20 and 25 Million Metres, members are awarded with combinations of different awards; e.g. cap, polo shirt, certificate, engraved plaque, Vorgee gift pack, Vorgee Voucher or a Nitro jacket.

Who We Are

Participation Programs

National and International Events

MSA hosts and participates in several National and /International events each year. These include the annual National Championships, FINA World Masters Swimming Championships, Oceania Masters Games, Pan Pacific Masters Championships, Australian Masters Games, the Gay Games, the Out Games and the IGLA Championships. MSA owns the annual National Championships, and the event is hosted on a rotational basis by one (1) of the Branches each year.

FINA World Records

Australian swimmers hold world records in masters swimming in both Long and Short Course.

National Records

National Records are compiled annually for MSA and are published on the website. Records are maintained for:

- Men's Short Course
- Women's Short Course
- Relay Short Course
- Men's Long Course
- Women's Long Course
- Relay Long Course

Sponsors

Masters Swimming Australia major sponsor for over 17 years is

Vorgee www.vorgee.com

And more recently Ocean Swim Fiji in 2020.

Ocean Swim Fiji www.oceanswimfiji.com

Membership

Masters Swimming Australia annual membership is portioned to support the administrative and organisational structure of the organisation, to include Coaching & Officials, Member support & development, Events, Governance, Marketing and Strategic objectives, Insurance and other administrative duties.

Swim Central

In 2022, MSA migrated its membership and events platform from SportsTG to Swim Central. Swim Central is the membership and event entry system owned by Swimming Australia that empowers swimmers, administrators and coaches to participate and run community swimming. The product is managed by a centralised project team led by a Product Owner with advice and guidance provided by a Project Advisory Group. In the migration to Swim Central, a small project team was established and met fortnightly to identify a 'gap analysis' between the current STG platform and that of Swim Central. Using a test platform, the project team was able to provide feedback and identify areas of development. In 2022, the project team managed several events via Swim Central (MSQ and MSSA) which allowed the organisations to stress test the platform before a larger migration later in 2022. A detailed project plan was established for each event with critical dates and expectations for all parties.

MSA successfully migrated membership data in 2022 and offered the 12-month swimmer membership to the masters swimming community on 1 November 2022. Since then, many Branches have joined MSQ and MSSA to manage events via the platform.



2022 Fina World Swimming Championships Medal presentation

President's Report

Slowly we opened up and slowly we were able to get back to what we wanted to do, swim without restriction and mix with our friends. Who would ever have thought we would be affected by a pandemic for such a long period of time, but we were, and we all made the most of it, new things were learned, new friends were made and much work was done.

My thanks to the many people in Masters swimming who adapted and thought of new ways to keep our Clubs together, to the many people who work tirelessly behind the scenes to keep our Branches thriving and our swim meets possible. My thanks to our staff in the National office, in particular Sarah and Kath, much of their work is done silently and behind the scenes and no one says anything until something goes wrong and then we hear about it. My sincere thanks to the National Board who lost a member during the year and has worked as a 4-person Board since that time and achieved so much, but there is still so much work to be done and much to be achieved.



Jane Noake, MSA President

The Board made an attempt in 2021 to get together in person but it was thwarted by COVID, finally we managed to meet in Melbourne in person for a day to discuss the priorities of the organisation as during 2020 and 2021 we added so many projects to our list and it became important to take a step back and look at what the priorities of the organisation were and what we were able to achieve. It is important to realise that every Board meeting and general meeting can add projects or tasks to an already full list and at times it is necessary to look at what can be achieved by our very small but very energetic staff and volunteers. It must also be noted that we have added a number of committees and sub committees to our organisation during the past couple of years- and while this is wonderful as members are putting up their hand to be part of these sub committees and their expertise adds so much to what we can achieve, all of these extra committees/sub committees need to be led and given advice when needed and this all adds to the work of the National office. Sincere thanks to all those wonderful members who have contributed so much to these new areas- Open Water swimming, Membership, Gender Diversity and recently Governance, we could not have achieved so much without your help.

President's Report

It is not always apparent to the members in our Branches what happens at the National level, and I know I used to hear (but not so often anymore) what does the National office (and Board) do for us.

Just a few of the objectives we achieved during the year include (but not limited to):

- Swim Central migration
- Working on strategic partnerships, such as with Swimming Australia and Austswim
- Adult learn to swim (will be rolled out in 2023)
- Updating guidelines and governance procedures- such as the Sports Integrity Australia and policies
- Establishing new Subcommittees – Gender Diversity and Governance
- The technical course migration to online learning
- Creating advanced course and pathway for coaching
- Mental Health awareness month- creating content, merchandise, social media content and liaising with Branches and Black Dog Institute
- Monthly meetings of the National Board
- Bimonthly meetings of committees and sub committees
- Retirement of our financial bookkeeper and migration to SA finance department
- Working with SA, especially on the Swim Central project, but other projects as well
- Administrators and recorders meeting and training on Swim Central
- Administering the “Just one more” membership drive
- Working with the Coaching Course Coordinator Rob Wilson who manages the online requirements of all coaches and assessors as well as keeping platforms and records updated. Rob is also helping with the migration of the technical courses.

Add this to the day to day running of the office, the many phone calls from members and Branches, meetings with Branches and others, dealing with issues that Branches cannot handle, record keeping, minute taking, looking for sponsorship opportunities, it all adds up to a very busy working week for Sarah and Kath and we appreciate all the dedication they show to our organisation. A huge thankyou to Mark Hepple who worked tirelessly with Kath on the migration to Swim Central, plus the other projects Mark helps and supports our Branches.

Thank you to the NSW Branch for running our first National Championships in 3 years- a great success, but more importantly allowed us to get together and swim and enjoy the friendship of Masters swimmers. We look forward to visiting Hobart in April 2023 and doing it all again. Thank you to the many members of these Branches who devote many hours to the organisation of the National event.

Thank you to the many volunteers who run our Branches and our Clubs and to the many officials who run our swim meets, we are so lucky to have so many wonderful volunteers.

I would like to finish by sincerely thanking Ryan, Andrea and Robert the other members of the National Board who have worked tirelessly during 2022, facing many challenges and overcoming them in a truly professional manner. It is important for us all to remember to be kind to each other and always remember why we are part of Masters swimming, to enjoy Fitness, Fun and Friendship and to look after each other.

Best wishes for 2023, whatever your goals may be.

Jane Noake

President

Masters Swimming Australia

General Manager's Report

General Overview

At the beginning of 2022, the National Office staff were still working from home due to government restrictions in Victoria; but in March there was the easing of masks and slowly started increasing more face-to-face collaboration.

Improving communication throughout the organisation has been a strong focus for Masters Swimming Australia in 2022 and continued with regular National Board of Management Meetings, National Committee Meetings and Administrator Meetings with minutes circulated to all levels of the organisation.

The National Office successfully recruited two (2) new positions for the 2022 year to expand the coaching team. National Coaching Education Co-ordinator, Rob Wilson who has been responsible for the day-to-day management, reporting, user and assessor support and annual review of all aspects of the online Coach Accreditation Program to ensure the program remains dynamic and meets the organisational needs as well as Simon Watkins into a role to scope, develop and implement the Advanced Coaching Accreditation.

The Swim Central (SC) project team continued to meet regularly to test the functionality of SC on a MSA test platform that had been created by Swimming Australia (SA). In 2022, specific development, resources, and timelines were identified with several pilot events (SA and QLD) taking place mid-year. All financial members were migrated to SC prior to the 12-month membership becoming available on the 1 November 2022. Thank you to the Branches, Branch Administrators, Club Administrators and Recorders who worked collaboratively with the National Office to assist with the migration process of membership and events. Please take time to reflect on the great work you all have achieved in 2022.

The MSA Vorgee Million Meters (MM) app was used throughout 2022 and enables members who participate in the Million Meters program to easily track their swimming kilometres by entering their swims straight into the app rather than submitting handwritten data. The MM app lives on the web and is not available through Google Play or the App Store. Anyone can download the app by clicking on the Vorgee MM page on MSA website and scanning the QR code from your mobile device.



Applications for the MM Awards are to be placed through the MSA website, please check out the details of the updated Merchandise program. We are excited to now be able to provide Vorgee caps for every successful Award recipient and offer Vorgee e-vouchers as an Award option. We now process the Awards twice a year with applications submitted during January-June processed in July/August and applications submitted during July-December processed in January/February the following year.

MSA supported the Black Dog Institute <https://www.blackdoginstitute.org.au> again this year in May. The National Office developed new assets for the organisation to use together with activities for members to participate throughout May. Next year the NCC and NBM agreed to have 2023 Mental Health Awareness Month (MHAM) in October which would parallel with the Global Day of Recognition.

The 2022 Swim Series included ten (10) swims from around the Branches with awards given to the winners whether they swam 2 or more swims. Other placed swimmers were acknowledged with a certificate. The Vorgee E1000 results for 2022 were also recognised with many members supporting the National program.

For most of 2022, we have been working with AUSTSWIM to bring to life an Adult Learn to Swim program, scheduled to be delivered in September 2023. This has been an opportunity to work closer with industry partners to collaborate and encourage people to swim and connect with the adult swimming community.



Sarah Pisterman, MSA General Manager

General Manager's Report

Membership

It is pleasing that MSA has experienced 4.62% growth in membership this year (2022) with a total of 6,754 members compared to 6456 in 2021. The new 2023 membership was offered from 1 November 2022 to allow members more time to setup their profile and register with Swim Central. In November and December of 2022, MSA had reported 2800 2023 12-month swimmer memberships.

National Membership															
Branch	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
NSW	1679	1729	1719	1620	1557	1534	1558	1450	1437	1482	1464	1459	1375	1329	1421
NT	170	169	161	154	148	141	131	136	138	152	161	149	149	192	187
QLD	1348	1425	1316	1138	1280	1235	1242	1189	1199	1195	1214	1220	1052	1216	1203
SA	600	604	606	577	635	631	657	649	644	614	618	631	567	647	612
TAS	317	296	296	280	299	288	298	327	277	291	290	304	297	314	310
VIC	900	920	975	965	1055	1098	1176	1219	1263	1148	1119	1112	967	1045	1305
WA	1344	1324	1398	1442	1448	1578	1642	1655	1619	1587	1647	1650	1579	1782	1716
TOTAL	6358	6467	6471	6176	6422	6505	6704	6625	6577	6469	6513	6525	5986	6525	6754

Communications

The National Office communicates with members through the MSA websites, e-newsletter, social media, direct emails and through the Branches via circulars and minutes. Thank you to the Branches and National Committees for supporting the National Office initiatives and updating your websites with upcoming events to enhance engagement with members and Clubs.

The National Office circulates regular e-newsletters directly to members including Branch activity, important actions from committee meetings and decisions and directions from the Board. A reminder that Branches and Clubs are welcome to lift stories and reports out of our communications and are encouraged to share the articles. Thank you to everyone who sends through their stories and events which have been proudly shared throughout the membership.

The main source of social media is Facebook (FB) with many Clubs setting up their own private FB groups. Please ensure you are aware of the MSA social media policy which outlines the expected use of social media within the organisation.

Swimming Australia (SA)

MSA continues to share office space with Swimming Australia which has been advantageous with the migration to Swim Central with many of the project team operating from the same space. The National Office and Branches have been closer in 2022 with their SA colleagues resulting in dual sanctioned events (MST), involvement with several working groups (inclusion and diversity and migration of technical accreditation to Swim Central), as well as the invitation for MSA to the medal presentations at the 2022 FINA World SC Championships.

Administration Catchups

The National Office and Branches catch up regularly via Teams and came together in August 2022 for the face-to-face Swim Central training. With several new administrators, these regular catchups are important to share the day-to-day operations of the organisation's as well as a great time to ask questions.

General Manager's Report

Handbook and Publications

The National Office has updated the following documents in 2022 with updated links on the MSA website.

- Good Governance Checklist (Updated Feb 2022)
- National Risk Management Policies & Procedures (Updated Feb 2022)
- Privacy Policy (Updated Feb 2022)
- Social Media Guidelines (Updated Feb 2022)
- MSA General Rules (Updated May 2022)
- MSA Swimwear Rules (Updated May 2022)
- Inclusive Swimwear Rules (Updated Nov 2021, circulated August 2022)

Circulars

The following Circulars have been issued in 2022:

- Circular 01/22 – AGM/GM Notice – Call for Agenda Items & NOM
- Circular 02/22 – Announcement of NBM FD and Directors
- Circular 03/22 – Notice of Spring GM and Call for Motions and Papers 2022
- Circular 04/22 – Call for Nominations for the National Subcommittee
- Circular 05/22 – Call for National Committee Nominations
- Circular 06/22 – 2022 and 2023 Membership update
- Circular 07/22 – MSV Service Agreement Termination
- Circular 08/22 – 2022 Membership updates
- Circular 09/22 – Call for Nominations for the Swim Series
- Circular 10/22 – Jodie Quinn resignation
- Circular 11/22 – National Subcommittee announcement
- Circular 12/22 – MSA Communication announcement
- Circular 13/22 – MSA registration fees updated
- Circular 14/22 – Nomination for President & Director
- Circular 15/22 – MSA Committees
- Circular 16/22 – Nominations for COTY
- Circular 17/22 – Nominations for OOTY
- Circular 18/22 – Nominations for VOTY
- Circular 19/22 – Call for Nominations for the National Membership Committee
- Circular 20/22 – MSA National Committee Acceptance
- Circular 21/22 – National Membership Committee
- Circular 22/22 – Election of the NBM President & Director (incl Ballot Paper)

Insurance

MSA appointed Marsh during 2022 as their insurance broker of choice to arrange and implement an insurance program for Clubs, coaches, and members. A dedicated page on the Marsh website is for Clubs to access their Certificate of Currency, Claim Forms, Policy documents and FAQ's. See link below to the MSA page. <https://www.marshadvantage.com.au/business/sports-Clubs/masters-swimming.html>

Sarah Pisterman

General Manager

Masters Swimming Australia

Finance Director's Report

– 31 December 2022

To be read in conjunction with the audited financial report.

Introduction

With Masters Swimming Australia (MSA) having battled through the challenges of COVID-19 in 2020 and 2021, member registrations largely returned to pre-COVID levels, with travel and sporting facilities once again mostly accessible. The members of the board are looking forward to continued growth in masters swimming.

Both our General Manager, Sarah Pisterman, and Administration Manager, Kath Davis have worked tirelessly throughout FY22, successfully running several key projects. One of the largest projects this year, was the migration to Swim Central and the establishment of an agreement with Swimming Australia (SA). The Swim Central platform holds the potential to provide great benefit to MSA for years to come, with the ability for swimmers to have memberships across both SA and MSA. MSA members are also able to swim at dual-sanctioned meets, which has already occurred late in 2022. This was a key project in growing the sport of masters swimming.

MSA has migrated financial records from MYOB to Xero, as of 1 January 2023. Bookkeeping services are now being provided by the finance team at SA. I'd like to say a massive thank you to Gerard Russell for his contributions to the bookkeeping function of MSA over the years, and for ensuring the transition to Xero was seamless. I'd also like to thank the finance team at SA for their management of the migration project.

Lastly, I would like to thank the members of the board, for their support in my first year as finance director. Having a board with decades of experience within the organisation and the sport is invaluable. The board are extremely passionate, dedicated volunteers and it has been a privilege working with them.

Financial Performance

Income Statement

January 2022 to December 2022

	\$	Actual	Full Year Budget	Prior Year
Membership income		253,716	236,432	239,623
Other income		65,516	67,738	69,894
GROSS INCOME		319,232	304,170	309,517
Professional fees		(7,015)	(7,520)	(1,877)
GM/NBM & branch delegates		(5,813)	(16,475)	(582)
National committees		-	(100)	(112)
Premises		(14,250)	(14,350)	(7,607)
Operations		(38,951)	(49,025)	(40,946)
Staff		(242,278)	(242,367)	(240,378)
Special publications		-	(1,100)	(728)
Insurance		(24,893)	(26,283)	(22,015)
Other expenses		(24,960)	(23,980)	(15,611)
TOTAL EXPENSES EX SPECIAL PROJECTS		(358,161)	(381,199)	(329,855)
SURPLUS/(DEFICIT) EX SPECIAL PROJECTS		(38,929)	(77,029)	(20,338)
Special projects		(54,284)	(151,881)	(29,238)
TOTAL EXPENSES		(412,445)	(533,081)	(359,093)
OPERATING SURPLUS/(DEFICIT)		(93,213)	(228,911)	(49,576)
Non-operating revenue/(outgoings)		-	-	(30,000)
NET SURPLUS/(DEFICIT)		(93,213)	(228,911)	(79,576)

Finance Director's Report

- Finished FY22 at a deficit of \$93k, against a budgeted deficit of \$229k; a benefit of \$136k.
- The \$136k benefit is largely attributable to the following:
 - \$99k benefit due to timing of spend on Project 2025.
 - \$13k in higher than anticipated revenue. Driven by member registrations and online coaching, somewhat offset by cessation of the MSV admin agreement.
 - \$11k saving in operating costs, due to reduced STG fees and reduced spend on non-personnel office administration costs.
 - \$11k saving on NBM & delegate spend, relating to travel and interstate visits.
 - Underspend on Project 2025 has been rolled into FY23 in line with approved strategy. See below section on Financial Position.
- FY22 forecast presented at the Spring GM was estimated at \$142k deficit. The \$49k improvement is largely attributable to:
 - \$26k in special projects, which is only a timing benefit as this has been moved into FY23.
 - \$10k saving in GM/NBM travel spend, as meetings held via Zoom.
 - \$9k improvement on total revenue.
 - The latter two have contributed to a slight improvement in the original forecast presented at the Spring GM.

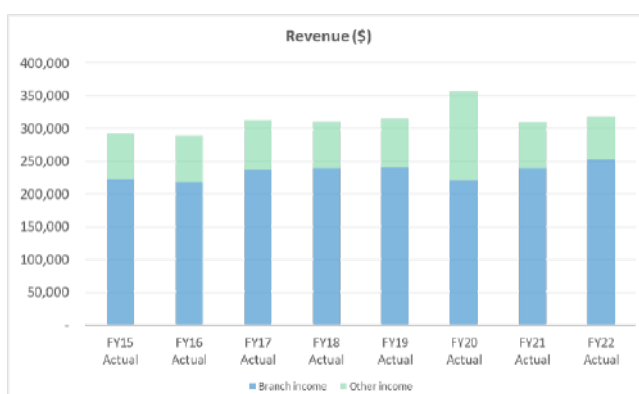
Revenue

- Memberships 3.51% higher than COVID-19 impacted FY21 year.
- Membership growth rate since the more typical FY19 year at 1.16% per annum, a promising result given the removal of 16-month membership option to support the migration to Swim Central.
- Merchandise sales in line with \$5k budget.
- MSA again supported by Vorgee and Ocean Swim Fiji in FY22. \$16k in sponsorship revenue received.
- Reduction in other income primarily due to cessation of MSV administration agreement on 20 August 2022. Administration resources have been re-directed to MSA from 21 August onwards.
- Online coaching course revenue at \$10k, against budget of \$5k. This is more than offset by the costs associated with provision of additional courses.
- Interest revenue slightly above budget due to higher interest rates. One of the term deposits was renewed for a short duration and lower interest rate to avoid having both term deposits maturing at the same time of the year.

Memberships As at December 2022

Member#	Dec-22	PY var	Dec-21	Dec-20	Dec-19
NSW & ACT	1,421	92	1,329	1,375	1,459
NT	187	(5)	192	149	149
QLD	1,203	(13)	1,216	1,052	1,220
SA	612	(35)	647	567	631
TAS	310	(4)	314	297	304
VIC	1,305	260	1,045	967	1,112
WA	1,716	(66)	1,782	1,579	1,650
Total	6,754	229	6,525	5,986	6,525

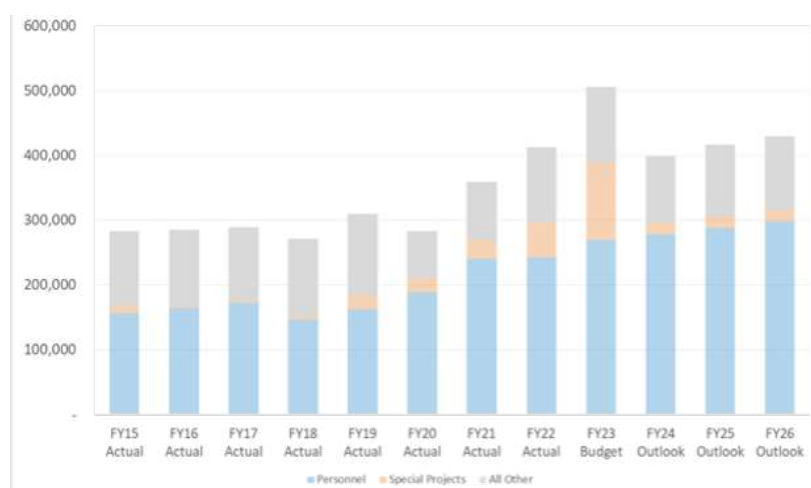
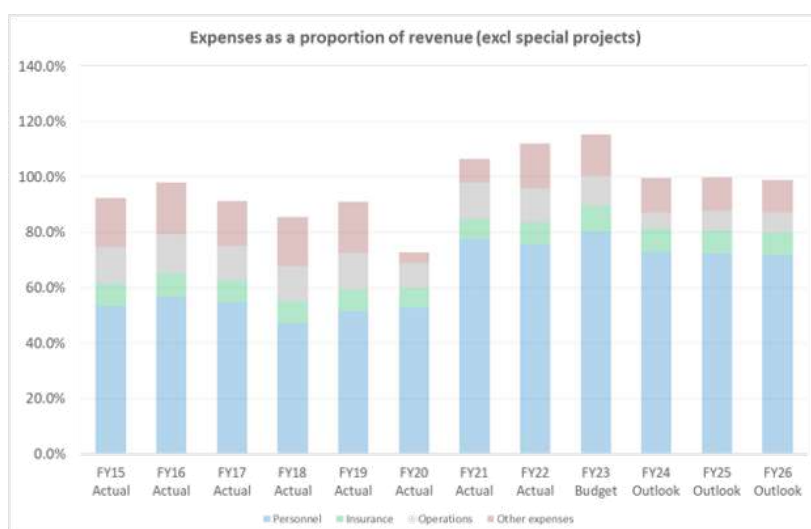
Growth on PY **3.51%**
3-yr annual growth **1.16%**



Finance Director's Report

Expenses & Special Projects

- Personnel costs for FY22 at 76% of total revenue, and 96% of membership revenue. The requirement to keep pace with the evolving administrative needs of the organisation has resulted in personnel costs materially outgrowing revenue. As the MSV administration agreement is no longer in place, two full-time resources are now committed to the administration of the National office. Since personnel costs are tied to September quarter CPI, this has resulted in a remuneration increase of 7.3% for FY23.
- Investment of \$10k into the administrators' workshops for the new Swim Central platform.
- Rent in line with expectations. Large increase on prior year rent due to a delay in rent being charged to MSA in FY21.
- STG fees slightly higher than budget, as they are linked to higher than anticipated member registrations.
- Insurances at \$25k are 13% higher than FY21. This level of inflation is typical of the insurance industry at present. Similar increases are anticipated in FY23.
- Travel expenses well under budget, as Zoom meetings were utilised throughout FY22.
- Online coaching course costs have exceeded budget due to the success of the program. This is offset by higher than anticipated course fee revenue.
- Almost \$40k spent on Project 2025, primarily relating to the provision of grants to Masters' swimming Clubs across Australia. The remaining Club grants, and the Project 2025 budget have been shifted into FY23.

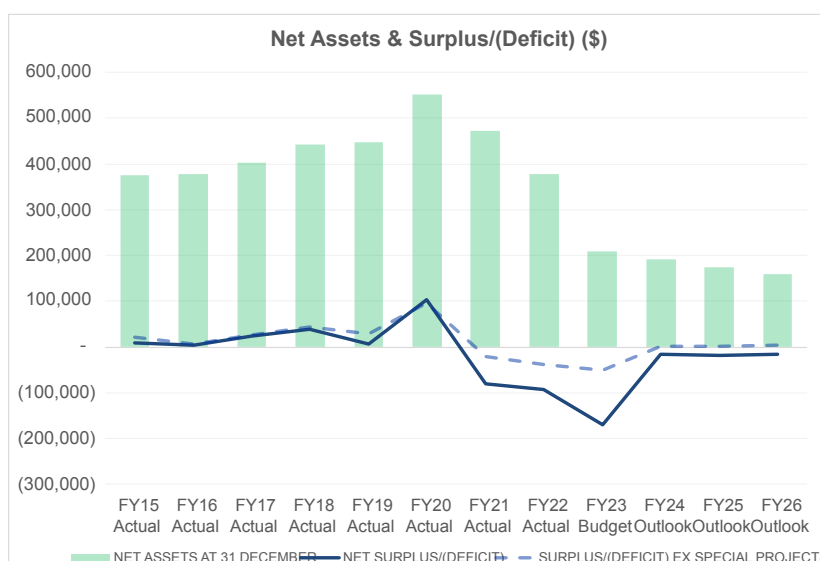


Finance Director's Report

Balance Sheet & Financial Position

Prepared early Feb-23. Subject to finalisation of FY22 audit and FY23 budget.

- Forecast numbers include fee increases to \$49 and \$57 in FY23 and FY24 respectively, as approved at the Spring GM. This is primarily to target a return to a minor net operating surplus, exclusive of special projects, for FY24.
- FY22 deficit of \$93k has reduced net assets to \$378k. Operating deficit before any special projects at \$39k.
- FY23 draft budget presented at the Spring GM at a deficit of \$149k. This has increased at the time of writing this report, to \$170k. Main changes for the FY23 budget at present include:
 - Rollover of \$25k in Projects 2025 underspend from FY22 into FY23. Total Projects 2025 spend across FY22 and FY23 combined remains at \$139k. Total Projects 2025 budget of \$150k was approved in 2020.
 - Personnel cost increase of \$6k due to higher than anticipated National CPI outcome, at 7.3% annually for the Sep-22 period.
 - Benefit from removal of \$9k in travel budget as approved at the Spring GM.
 - Minor reduction in STG system fees.
- FY22 net assets of \$378k means that MSA is in a strong position to cover any present obligations. MSA is forecast to retain over \$150k in net assets in the medium term, provided MSA returns to an operating surplus in an appropriate timeframe.
- Current obligations for MSA include staff leave provisions, superannuation, and GST. Note that there is some conservatism in a 100% provisioning for long service leave where employees are not yet entitled. Unearned revenue is the collection of 2023 membership fees prior to 1 January 2023, and represents our obligation to provide member services throughout FY23.
- One of the term deposits was renewed for a shorter term, and therefore a lower interest rate, to have the maturity dates fall at different times of the year. This was to guard against any potential cashflow issues. We now have term deposits maturing in July (Westpac) and November (Bendigo).



Ryan Harley CA

Finance Director

Masters Swimming Australia

Audited Accounts

Masters Swimming Australia Inc

Board of Management

31 December 2022

The committee members submit the financial report of the Association for the financial year ended 31 December 2022.

The names of committee members throughout the year and at the date of this report are:

President:

Jane Noake

Director of Finance:

Ryan Harley

Board Members:

Andrea McNeil

Robert Hardie

Jodie Quinn

(resigned on September 2022)

15/03/2023

Dated this day of 2023

Audited Accounts

Masters Swimming Australia Inc

Income Statement

For the Year Ended 31 December 2022

	Note	2022 \$	2021 \$
Income			
Branches			
Annual Affiliation Fees		1,432	1,432
Coach Accreditation Fees		9,773	6,318
Member Registrations		252,284	238,191
MSV Administration Fee		21,573	33,312
MSV Work Space		1,365	-
Sanction Fees		7,510	1,345
Total Branches		293,937	280,598
Other Income			
Interest		2,014	3,740
Jobkeeper Subsidy		-	7,200
Masters Development Course		2,209	491
Publications/Merchandise		5,073	7,488
Sponsorships		16,000	10,000
Total Other Income		25,296	28,919
Total Income		319,233	309,517
Expenditure			
Professional Fees	4	7,015	1,866
NBM & Branch Delegates	4	5,814	582
Premises	4	14,250	7,607
Operations	4	38,952	40,946
Staff	4	239,677	240,378
Other Expenses	4	50,107	38,553
Special Projects	4	54,031	59,161
Total Expenditure		409,846	389,093
Deficit for the Year		(90,613)	(79,576)

Audited Accounts

Masters Swimming Australia Inc

Statement of Financial Position As At 31 December 2022

	Note	2022 \$	2021 \$
ASSETS			
CURRENT ASSETS			
Cash and Cash Equivalents	5	179,382	172,571
Financial Assets	6	343,877	392,388
Trade and Other Receivables		-	105,385
Other Assets		1,034	1,034
TOTAL CURRENT ASSETS		524,293	671,378
NON-CURRENT ASSETS			
Furniture and Equipment	7	2,296	3,326
TOTAL NON-CURRENT ASSETS		2,296	3,326
TOTAL ASSETS		526,589	674,704
LIABILITIES			
CURRENT LIABILITIES			
Trade and Other Payables	8	19,536	58,127
Provisions		15,530	12,056
Unearned Fees		100,048	123,429
TOTAL CURRENT LIABILITIES		135,114	193,612
NON-CURRENT LIABILITIES			
Provisions		9,898	8,902
TOTAL NON-CURRENT LIABILITIES		9,898	8,902
TOTAL LIABILITIES		145,012	202,514
NET ASSETS		381,577	472,190
EQUITY			
Retained Earnings		381,577	472,190
TOTAL EQUITY		381,577	472,190

Audited Accounts

Masters Swimming Australia Inc

Statement of Changes in Equity For the Year Ended 31 December 2022

2022

	Retained Earnings \$	Total \$
Balance at 1 January 2022	472,190	472,190
Deficit for the year	(90,613)	(90,613)
Balance at 31 December 2022	381,577	381,577

2021

	Retained Earnings \$	Total \$
Balance at 1 January 2021	551,766	551,766
Deficit for the year	(79,576)	(79,576)
Balance at 31 December 2021	472,190	472,190

Audited Accounts

Masters Swimming Australia Inc

Statement of Cash Flows

For the Year Ended 31 December 2022

	2022	2021
Note	\$	\$
CASH FLOWS FROM OPERATING ACTIVITIES:		
Receipts from operations	422,604	221,578
Payments to suppliers and employees	(465,026)	(302,644)
Interest received	2,014	3,740
GST received / (paid)	(1,292)	4,393
Net cash used in operating activities	(41,700)	(72,933)
CASH FLOWS FROM INVESTING ACTIVITIES:		
Purchase of property, plant and equipment	-	(2,312)
Transfer of short-term deposits to cash	48,511	-
Net cash provided by/ (used in) investing activities	48,511	(2,312)
Net increase/(decrease) in cash and cash equivalents held	6,811	(75,245)
Cash and cash equivalents at beginning of year	172,571	247,816
Cash and cash equivalents at end of financial year	5 179,382	172,571

Audited Accounts

Masters Swimming Australia Inc

Notes to the Financial Statements

For the Year Ended 31 December 2022

The financial statements cover Masters Swimming Australia Inc as an individual entity. Masters Swimming Australia Inc is a not-for-profit Association incorporated in Victoria under the *Associations Incorporation Reform Act 2012* ('the Act').

The functional and presentation currency of Masters Swimming Australia Inc is Australian dollars.

Comparatives are consistent with prior years, unless otherwise stated.

1 Basis of Preparation

In the opinion of the Committee of Management, the Association is not a reporting entity since there are unlikely to exist users of the financial statements who are not able to command the preparation of reports tailored so as to satisfy specifically all of their information needs. These special purpose financial statements have been prepared to meet the reporting requirements of the *Associations Incorporation Reform Act (Victoria) 2012*.

The financial statements have been prepared on an accruals basis and are based on historical costs modified, where applicable, by the measurement at fair value of selected non-current assets, financial assets and financial liabilities.

Significant accounting policies adopted in the preparation of these financial statements are presented below and are consistent with prior reporting periods unless otherwise stated.

2 Summary of Significant Accounting Policies

(a) Revenue

Revenue from membership registrations and branch affiliation fees are recognised when received and attributed to the financial year in which they relate.

Interest revenue is recognised when it is credited to the relevant bank account or term deposit and attributed to the financial year in which it is received.

All other revenue is recognised when it is received and attributed to the financial year in which it is received.

(b) Income tax

The Association is exempt from income tax under Division 50 of the *Income Tax Assessment Act 1997*.

(c) Goods and services tax (GST)

Revenue, expenses and assets are recognised net of the amount of goods and services tax (GST), except where the amount of GST incurred is not recoverable from the Australian Taxation Office (ATO).

Receivables and payable are stated inclusive of GST.

(d) Property, plant and equipment

Each class of property, plant and equipment is carried at cost or fair value less, where applicable, any accumulated depreciation and impairment.

Depreciation

Property, plant and equipment is depreciated on a reducing balance basis over the asset's useful life to the Association, commencing when the asset is ready for use.

Audited Accounts

Masters Swimming Australia Inc

Notes to the Financial Statements

For the Year Ended 31 December 2022

2 Summary of Significant Accounting Policies

(d) Property, plant and equipment

The depreciation rates used for each class of depreciable asset are shown below:

Fixed asset class	Depreciation rate
Furniture and Equipment	10% - 40%

At the end of each annual reporting period, the depreciation method, useful life and residual value of each asset is reviewed. Any revisions are accounted for prospectively as a change in estimate.

(e) Cash and cash equivalents

Cash and cash equivalents comprises cash on hand, demand deposits and short-term investments which are readily convertible to known amounts of cash and which are subject to an insignificant risk of change in value.

(f) Employee benefits

Provision is made for the Association's liability for employee benefits, those benefits that are expected to be wholly settled within one year have been measured at the amounts expected to be paid when the liability is settled.

Employee benefits expected to be settled more than one year after the end of the reporting period have been measured at the present value of the estimated future cash outflows to be made for those benefits. In determining the liability, consideration is given to employee wage increases and the probability that the employee may satisfy vesting requirements. Cashflows are discounted using market yields on high quality corporate bond rates incorporating bonds rated AAA or AA by credit agencies, with terms to maturity that match the expected timing of cashflows. Changes in the measurement of the liability are recognised in income statement.

3 Critical Accounting Estimates and Judgments

The Committee make estimates and judgements during the preparation of these financial statements regarding assumptions about current and future events affecting transactions and balances.

These estimates and judgements are based on the best information available at the time of preparing the financial statements, however as additional information is known then the actual results may differ from the estimates.

The significant estimates and judgements made have been described below.

Key estimates - estimation of useful lives of assets

The Association determines the useful lives and related depreciation and amortisation charges for its property, plant and equipment. The useful lives could change significantly as a result of technical innovations or some other event. The depreciation and amortisation charge will increase where the useful lives are less than previously estimated lives.

Audited Accounts

Masters Swimming Australia Inc

Notes to the Financial Statements For the Year Ended 31 December 2022

4 Expenses

	2022 \$	2021 \$
Professional Fees		
Audit Fees	1,600	1,560
Legal Fees	5,415	306
Total Professional Fees	7,015	1,866
NBM & Branch Delegates		
Teleconferences	252	252
Travel & Accommodation Expenses	5,562	330
Total NBM & Branch Delegates	5,814	582
Premises		
Rent & Storage, Electricity, Cleaning	14,250	7,607
Total Premises	14,250	7,607
Operations		
Affiliations & Subscriptions	-	400
Computer, Software & IT Services	1,468	1,473
Internet Fees	566	313
Membership Registration Management Fee	28,162	28,033
Office IT	2,167	2,930
Office Supplies / Stationery	683	236
Phone & Fax	1,042	1,374
Photocopier	-	109
Postage & Freight	1,224	2,007
Printing	681	768
Relocation Costs	-	491
Staff Parking	40	70
Storage	2,725	2,608
Stripe Fees	194	134
Total Operations	38,952	40,946

Audited Accounts

Masters Swimming Australia Inc

Notes to the Financial Statements

For the Year Ended 31 December 2022

4 Expenses

	2022	2021
	\$	\$
Staff		
Annual Leave Provision	3,474	(1,422)
Bookkeeping	20,974	19,359
LSL Provision	994	8,903
Other Staff Costs	391	737
Superannuation	19,915	18,893
Wages & Salaries	193,929	193,908
Total Staff	239,677	240,378
Other Expenses		
Administrators' Workshop	9,803	-
Annual Report	-	728
Awards, Trophies & Gifts	1,688	3,443
Depreciation	1,030	1,978
Insurance	24,893	22,015
Merchandise	5,386	3,226
Million Metres Costs	2,554	3,248
Promotional Materials	3,501	3,465
Sponsorship Related Costs	1,000	-
Sundry Expenses	252	450
Total Other Expenses	50,107	38,553
Special Projects		
Marketing	582	1,452
Membership Benefits - Project 2025	39,981	10,987
MSNSW 2020 Cancelled Nationals	(6,148)	-
MSNT 2021 Cancelled Nationals	-	1,146
Online Coaching Course	19,616	15,576
Vic Business Support Expansion	-	20,000
Vic Govt Business Support Fund	-	10,000
Total Special Projects	54,031	59,161
Total Expenses	409,846	389,093

Audited Accounts

Masters Swimming Australia Inc

Notes to the Financial Statements

For the Year Ended 31 December 2022

5 Cash and Cash Equivalents

	2022	2021
	\$	\$
Cash at Bank	179,358	172,547
Cash on Hand	24	24
Total Cash and Cash Equivalents	179,382	172,571

6 Financial Assets

	2022	2021
	\$	\$
Short-term Deposits	343,877	392,388
Total Financial Assets	343,877	392,388

7 Property, Plant and Equipment

Furniture and Equipment

At cost	58,986	58,986
Accumulated depreciation	(56,690)	(55,660)
Total Furniture and Equipment	2,296	3,326

8 Trade and Other Payables

	2022	2021
	\$	\$
CURRENT		
Trade Creditors	-	32,412
GST Payable	8,489	9,781
PAYG on Wages	5,556	12,222
Superannuation	-	2,152
Accruals	5,491	1,560
Total Trade and Other Payables	19,536	58,127

Trade and other payables are unsecured, non-interest bearing and are normally settled within 30 days. The carrying value of trade and other payables is considered a reasonable approximation of fair value due to the short-term nature of the balances.

9 Contingencies

In the opinion of the Committee of Management, the Association did not have any contingencies at 31 December 2022 (31 December 2021:None).

10 Events After the End of the Reporting Period

Audited Accounts

Masters Swimming Australia Inc

Board's Declaration

In the opinion of the board, the financial report:

(a) presents fairly the financial position of Masters Swimming Australia Inc as at 31 December 2022 and its performance for the year ended on that date in accordance with the accounting policies outlined in Note 1 to the financial statements;

(b) satisfies the requirements of the Associations Incorporation Reform Act (Victoria) 2012 to prepare accounts; and

(c) at the date of this statement, there are reasonable grounds to believe that Masters Swimming Australia Inc. will be able to pay its debts as and when they fall due.

Dated

.....15/03/2023

(Director of Finance)

Ryan Harley

Audited Accounts



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Masters Swimming Australia Inc

Independent Auditor's Report to the Members of Masters Swimming Australia Inc

Opinion

We have audited the financial report of Masters Swimming Australia Inc. (the Association), which comprises the balance sheet as at 31 December 2022, the income statement, statement of cash flows and statement of changes in equity for the year then ended, the notes to the financial statements, and the board's declaration.

In our opinion, the accompanying financial report presents fairly, in all material respects, the financial position of the Association as at 31 December 2022 and of its financial performance for the year then ended in accordance with the accounting policies described in Note 1.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the Association in accordance with the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 *Code of Ethics for Professional Accountants (including Independence Standards)* (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of Matter – Basis of Accounting

We draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared to assist the Association to meet the requirements of the *Associations Incorporation Reform Act (Victoria) 2012*. As a result, the financial report may not be suitable for another purpose. Our opinion is not modified in respect of this matter.

Responsibilities of the Board for the Financial Report

The board is responsible for the preparation and fair presentation of the financial report in accordance with the financial reporting requirements of the applicable legislation and for such internal control as the board determines is necessary to enable the preparation and fair presentation of a financial report that is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the board is responsible for assessing the Association's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless the board either intends to liquidate the Association or to cease operations, or has no realistic alternative but to do so.

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Audited Accounts

Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with the Australian Auditing Standards, the auditor exercises professional judgement and maintains professional scepticism throughout the audit. The auditor also:

- Identifies and assesses the risks of material misstatement of the financial report, whether due to fraud or error, designs and performs audit procedures responsive to those risks, and obtains audit evidence that is sufficient and appropriate to provide a basis for the auditor's opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtains an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control.
- Evaluates the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by those charged with governance.
- Concludes on the appropriateness of those charged with governance's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the entity's ability to continue as a going concern. If the auditor concludes that a material uncertainty exists, the auditor is required to draw attention in the auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify the auditor's opinion. The auditor's conclusions are based on the audit evidence obtained up to the date of the auditor's report. However, future events or conditions may cause the entity to cease to continue as a going concern.
- Evaluates the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation. The auditor communicates with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that the auditor identifies during the audit.

CROWE AUDIT AUSTRALIA



CROWE AUDIT AUSTRALIA

15/03/2023

NATASHA HOUSE

Registered Company Auditor

Dated at Coffs Harbour on

Committee Reports

National Coaching Committee Report

National Coaching Committee composition:

Di Coxon-Ellis (MSNSW) (Chair)

Anne Smyth (MSNSW)

Greg Gourley (MSNSW) to October 2022

Bruce Allender (MSQ)

Simon Watkins (MSSA) from October 2022

Philip Tyrell (MST)

Amy Jones (MSV)

Kim Tyler (MSWA)

Elena Nesci (MSWA)



Yamba Workshop with Anne Smyth and Greg Gourley

Contributor: Rob Wilson National Coach Education Coordinator (NCEC)

Observer: NBM Andrea McNeil.

The NCC met by ZOOM facilitated by Rob Wilson in January, March, June, September and November 2022. The minutes of these meetings provide the full details of achievements in the year.

Focus for 2022 was again the Online Club Coach Course.

- In January the handover from Kim Tyler to NCEC Rob Wilson was completed and both Kim and Rob are to be commended on the process being so seamless
- The list of Coach Educators with expiry date of qualifications was completed in March.
- Kim Tyler revised the comprehensive FAQs for candidates, coach Mentors and Coach Educators. This working document is placed on the MSA coaching link so all can get quick access to answers. Constant feedback is encouraged from all coaches and Educators.
- Towards the end of 2022 the Branch coach registers were reconciled with the National database and historical coaches loaded to the dita platform. An email was developed to advise the historical coaches of the information being uploaded and stressing the privacy of the information.
- Work is planned for the Development of Open Water Swim (OWS) modules Mental Health First Aid training and Swimmers with a Disability (SWD) modules as a precursor for, and eventual inclusion in, an Advanced Club Coach course.
- The Resources List has continued to grow on the dita platform and the MSA website...an annual plan template added in March, reading list for coaches, articles, links.
- Rob Wilson has been tasked with the job of Developing a video of a "Quick Guide to Dita" for those new to the platform wishing to gain accreditation.
- A change to the course offerings was made early in the year when the Coaching General Principles Course was deemed no longer relevant and there is no obligation for NSOs to retain the course. Currently the NCC is investigating costs of offering the ASC Essential Skills course as an optional course. The SA online Masters Development Course has presented some difficulties with candidates not gaining required support if needed. It is hoped this will be rectified in the near future.

Committee Reports

National Coaching Committee Report (Cont)

The online delivery of the CCC has been a great coaching stimulus for MSA as indicated by the following stats: Immense thanks to NCEC Rob for the data derived from the dita Platform with Branch stats reconciled during the year with progressive reporting.

Members accredited/re-accredited in 2022 @ 1/12/2022					
Branch	New Accreditation	Reaccreditation	Recognition of Current Competency	Total Coaches Processed in 2022	Total Coaches Processed in 2021 (from 2022 Report)
MSNSW	4	14		18	19
MSNT	3	1		4	0
MSQLD	5	4	1	10	8
MSSA	5	1		6	6
MSTAS	1	4		5	1
MSVIC	7	4	3	14	7
MSWA	11	19	4	34	16
Unaffiliated NSW	1		1	2	
Unaffiliated QLD	3			3	
Unaffiliated WA	1			1	
Grand Total	41	47	9	97	57

Branch	Total of Accredited MSA coaches @31/12/2022 with expiry dates 2022 onwards	Total of Accredited MSA coaches @31/12/2021 with expiry dates 2021 onwards (from 2022 Report)
MSNSW	61	86
MSNT	5	2
MSQLD	36	61
MSSA	17	17
MSTAS	7	9
MSVIC	28	32
MSWA	79	97
Unaffiliated NSW	2	
Unaffiliated QLD	3	
Unaffiliated WA	1	
Unknown	5	4
Grand Total	244	308

Other items of note:

- **SWIMCON 2022** In 2022 MSA was not included in this year's conference (postponed to October 2022) due to a communication breakdown with change of personnel. The NCC strives to improve communication with SCTA (previously ASCTA) to re-establish Masters Coaching in the ranks of the courses offered to all
- **Insurance deadline:** Coaches are being reminded of the January 2024 deadline for all on deck coaches, including Program Leaders, to have a minimum of PD accreditation (cost \$100).
- **MSA National Coaching Conference:** In September MSWA mooted the concept of a Masters National Coaching Conference, the inaugural one to be held in conjunction with the National Open Water Swim in WA in March 2023. This idea took shape gradually with an immense amount of effort from the WA staff and volunteers. The NCC backed the idea as an inaugural swim and will be looking at learnings from the WA inaugural National Conference for ideas on frequency and programming.

Committee Reports

National Coaching Committee Report (Cont)

Other items of note:

- **Funding Support**

The NCC recognises the support for coaching in the grant opportunity offered to Clubs in the Just One More grant. There were 23 Clubs (of 82 in total) submit applications to support coaching development and accreditation. NSW 3, NT 1, QLD 3, SA 4, VIC 2, WA 10 **Total 23 (28%)**

- **Swimming Australia (SA)**

The relationship with the National Sporting Organisation (NSO) SA was firmed in 2022, facilitated by GM Sarah.

- **Coach of the Year 2022**

At the time of writing no decision has been taken - to be presented at the National Championships 2023 in Tasmania. This will be the last award presented as COTY as the Committee sets up the Coach Excellence Recognition criteria.

A major part of the NCC is the interaction of the Branches and sharing of information and resources, including personnel. This has been very evident with the assistance given to MSNT by MSWA, with WA Coach and Swimmer Development Officer Kareena Preston also visiting NSW for the Thredbo Swim camp. In April some of the Branch representatives had a face-to-face meeting at the National championships in Sydney. The aforementioned National Coaching Conference has been a precursor for even more cooperation and support between Branches.

Branch representatives on the NCC report Branch activities in coaching in 2022:

MSNSW – MSNSW Coaching has had a very active and productive year. Highlights were the highly successful Coaching Weekend held in Sydney in July and the Thredbo Swim Camp in October.

2022 Summary:

- Feb 27 - Oak Flats Freestyle Workshop
- March and October ACT Starts Turns Workshop
- March Pirates Nationals Preparation Workshop
- May 2 - Griffith (Bidgee) Freestyle Workshop
- July 23/24 - MSNSW Coaching Weekend Sydney
- August 20/21 - Forster Weekend Stroke Workshop
- September 10-Yamba (Clarence River Masters) Freestyle workshop
- September 30-October 3 Thredbo Swim Camp
- December 4- Castle Hill Freestyle Workshop

All active NSW Coaches are now on the dita platform. NSW welcomed 5 new coaches in 2022. A further 16 candidates are in the process of completing their qualification. Fourteen coaches renewed their qualification in 2022.



Clockwise from top: NSW Coach Weekend Greg Gourley; Forster Workshop; Thredbo Swim Camp

Committee Reports

National Coaching Committee Report (Cont)

MSNT – 2022 saw the re-accreditation of 1 coach and 3 additional Masters Coaches through the completion of the online course and practical hours on deck. There are also 2 trainee coaches working through their coaching requirements. A new Darwin Stingers squad was formed to cater for swimmers needing basic stroke development and for others who preferred to train in a less competitive squad with a focus on health and wellbeing.

Attendance by MSNT Coaching Director at a number of coaching events has provided swimmers and coaches with access to an increased range of current skills and concepts: Swimming Aust Coach Simon Cusack visit in Darwin, in March; MSA Winter SwimVenture Retreat in Yallingup and observation in Perth, in July (2 successful Lounge To Laps programs based on MSA Couch to 2km have been extremely popular in engaging public swimmer interest); and SCTA SWIMCON22 on the Gold Coast in September, which was an excellent opportunity for MSA coaches who attended.

MSNT conducted its inaugural OWS event in June 2022 as part of planning preparation for hosting 2024 MSA National Championships.

MSQ – Masters Swimming Queensland has Fiona McDonald and Bruce Allender as Co-Directors of Coaching Services. In addition to supporting Club Coaches and their accreditations, one Coaching Workshop was held on October 9 – a Race Skills Workshop at Kawana Aquatic Centre in preparation for the Pan Pacific Masters Games. 29 swimmers and 7 coaches participated.

MSTA – 2022 saw a continuation of normal coaching after the disruption of the COVID-19 years. Results in the championship competitions continue to indicate that the standard of swimming throughout the Branch remains high, and the very few disqualifications indicate the technical proficiency of swimmers is also high, which can be attributed, at least in part, to the coaching. There were eight qualified coaches in the Branch in 2022, covering all but two Clubs. The challenge for 2023 is to encourage more members to complete the Club Coach Course and contribute to the future of the Branch and their Club.

MSV – By the end of December 2022 Victoria had 28 Masters accredited coaches, and was in the early stages of planning a Masters coaching workshop for 2023. Throughout the year, MSV Coaching Director and NCC representative Amy Jones, reported to the MSV Board on the activities of the NCC, while the MSV Coaches FB group continued to be actively used as a platform for Victorian Masters coaches to connect and share articles and information, particularly on professional development opportunities.

MSWA – Activities completed in 2022 by the WA Coach and Swimmer Development Coordinator - Kareena Preston:

- Scheduled visits to coaches on pool deck for mentoring and development
- MSWA Coaches Facebook page with regular posts on development opportunities and coaching tips.
- Email newsletters to coaches' inboxes with PD opportunities
- Regional centres specifically supported with programs and mentoring.
- "Couch to 2K" swim series delivered with coaches using this as PD.
- Successful implementation of a "Swim into Summer" Program for graduates of C2K.
- Provision of coaching programs and mentor support for the virtual "Sandgropers" Club.
- Coach conferences held in May, August and December – included sessions on Strength & Conditioning, Planning and Programming, disability and inclusion - highly rated by attendees.
- Stroke clinics delivered directly with Clubs through the 'Club Collective' Initiative
- OWS technique clinics for coaches & swimmers with tips on how to coach for OWS.
- Two swim retreats in beachside locations focusing on pool technique sessions, UW filming, cold dipping and open water swims.

Committee Reports

National Coaching Committee Report (Cont)

Activities completed in 2022 by the WA Coach Educators – Kim Tyler/Elena Nesci:

- 14 WA coaches achieved full accreditation.
- 18 WA coaches completed re-accreditation.
- 8 coaches completed the online Club coach Workshop as PD.
- All Coaches are actively supported in both their accreditation and ongoing coach mentoring.

Acknowledgements

Immense thanks to all members of the NCC for their continued contribution to the development in the Masters Coaching arena plus the support of the MSA Staff and NBM.

Di Coxon-Ellis

National Coaching Committee Chair



Clockwise from top left: MSA Coach and Swimmer Development Co-ordinator Kareena Preston at Winter Development Clinic; MSA Performance Clinic; MSA Club Coach Conference; MSA Performance Clinic

Committee Report

L&R: MSA amazing Officials

National Technical Committee Report

Thankfully, 2022 marked a turn in what might be described as one of the worst periods of time in our current history with many people, Clubs and States struggling with the COVID19 virus. Sadly this had an impact on swim meets, events, training and the furtherment of our goals in educating future Technical Officials.



It is pleasing to report that in the latter half of the year, things started to return to some form of normality and our focus of achieving our goals of training new officials, running courses and focusing on some special projects have been able to find momentum.

The current National Technical Committee (NTC) members are Lynne Duncan (MSWA),(Chair), Phil Beames (MSSA), John Barrett (MSQ), Dianne Partridge (MSNSW), Neil Keele (MSNSW), Ray Brien (MST), Simon Bole-Brown (MSV) and Paul Carter (MSNT) who joined the committee in late 2022.

During the year and with thanks to the wonder of modern technology, the National Technical Committee were able to meet on three occasions to discuss and resolve, mostly resolve, a range of subjects. Meetings were held on Friday 17th June 2022, Friday 16th September 2022 and Friday 9th December 2022 with an almost 90%-100% attendance by members of the Committee.

In collaboration with Shayne Baker, who is chairing a Subcommittee to review the Masters Open Water Swim Rules, the NTC was given the opportunity to evaluate, assess and provide feedback and comments on the initial draft of the revised rules.

Pleasingly, very constructive and positive comments were offered to the OWS committee and, to further this relationship and embrace the process, Shayne was invited to attend the December meeting of the NTC. The NTC is looking forward to continuing this collaboration with the view of delivering a clearer and more concise set of OWS rules for Masters Swimming Australia.

After much discussion and deliberation, the method by which MSA Technical Courses will be migrated to an on-line platform has been agreed and progress is well on it's way to trialling the pilot course. Members of the NTC have been invited to test the Timekeeper/Chief Timekeeper modules and provide end-user feedback to the project team who are at the coalface doing the hard work. The strategy on how and when the modules are to be released is still a consideration, however it is hoped the first module will be released on-line early winter dependent of course, on the success of the trial.

A number of practices common to all Technical Committees are being reviewed with the hope of introducing a set of standard procedures across MSA. For example; the manner in which the Re-accreditation of Technical Officials is managed, is high on the agenda and it has been discussed that from 2023, the approach implemented by MSNSW will be introduced across Branches to ensure a standard across MSA and to make the accreditation process less complicated.

2023 looks to be a busy and productive year for the NTC and I look forward to working with the committee to progress the various matters that have been identified.

My thanks is extended to everyone on the committee for their ongoing support and hard work. I am very proud to be part of this wonderful group of dedicated officials.

Lynne Duncan

National Technical Committee Chair

Committee Reports

National Recorder's Report

It was good to see 2022 getting back to normal with meets happening throughout the year across all Branches.

There was a total of 324 National records (98 individual long course, 226 individual short course) and 54 relays, 9 long course, 45 short course). This was an increase on the previous year due to the higher number of Interclub meets conducted and the National Championships being Short Course. There were also opportunities with the AMG and the Pan Pacs.

World records were set throughout the year with individual records for Chris Fydler NTS and Liz Wallis NWG in the 50m Freestyle, eight records for Tony Goodwin NML in the 100m Breaststroke (4), and the 200m Breaststroke (4), and four records for John Cocks VMV in the 100m Butterfly (2), the 200m and 400m Individual Medley. Miami Masters set two 320-359+ Women's Medley Relay records in both short course and long course, Warringah set a 360-399+ Mixed Medley Relay record and Tattersalls a 200-239+ Men's Freestyle Relay record.

E1000 continued to be popular in 2022 and although the number completing all swims remained constant, another five swimmers achieved maximum points. Congratulations to Brian Walsh VDC who has completed all swims with maximum points for 28 consecutive years, closely followed by Jenny Whitely NRY with 27/28 years, Russell McLeod NCT has completed all the swims for 29 years with 18 having maximum points, Kay Bailey TLC has 20/21 years, and Tracy Clarkson QBN 24/24 years.

Year	Clubs	Swimmers	Completed all swims	Achieved 1005 points
2022	155	1776	80	60
2021	128	1511	80	55
2020	125	1306	44	33
2019	143	1886	90	59
2018	157	1969	90	61
2017	152	1737	78	50
2016	152	1915	88	57
2015	144	1965	75	56
2014	146	1899	71	51
2013	153	2109	110	55
2012	141	1884	81	59

Although our records date back to 1975, the portal has only operated since 2004 and the national top 10s from 2002 and 2003 were added at that time as a historical reference.

Statistics of entries from the records/results portal	Total since 2002	2022
Meets	2681	99
Individual results	1,170,903	43,000 (incl splits)
Relay results	40,827	2,896
National Records	16,301	378
Individual		(324)
Relay		(54)
World Records		
Individual	645	14
Relay	58	3

Pauline Samson OAM

National Recorder and MSA Life Member



From L&R: Darwin Stingers; Lowood Masters (MHAM Fundraising events)

National Swim Meets Committee Report

The long-awaited National Championships Meet Guide was presented to the Autumn meeting in April and was made available to the organising committees of the upcoming National Championships. Thanks to all those people who had input into this document, and we hope that it helps those involved in the organisation of our National event.

The committee was responsible for sanctioning the National postal swims for MSA as the applications came to the office, our thanks to Kath for organising this process.

Mental Health month was held again in May. Although it was very well supported by the National office and the Black Dog Institute it was not too well supported by all Branches. After talking with members from different Branches it was acknowledged that May was not the best month in our calendar to hold such an event as many Branches are concentrating on Nationals and State meets at this time. So, the committee made the decision to change to October for 2023 which is in fact Mental Health Month in Australia which would help with the promotion for our organisation. So, we look forward to all Branches supporting this event in 2023, the focus of which will be our own and our family members Mental Health and joining together to help each other.

A big thankyou to Susanne Milenkevich who has stepped down from the Committee to focus on her role in Queensland and welcome to the new members who were appointed at the Spring meeting.

Jane Noake

National Swim Meet Committee Chair



Committee Reports

National Membership Committee Report

The National Membership Committee continues to meet monthly to discuss ways to grow the size of and engagement by the members of Masters Swimming Australia (MSA).

Over the past 12 months, the Committee has supported the delivery of the Just One More grants program, supporting initiatives at Club level aimed at growing membership. To support the program, the Committee developed a robust assessment process, in which each grant was individually assessed by all Committee members, scores aggregated and, where difference in results arose, applications discussed. A handful of Clubs were asked to supply additional information to support their request for funds. This robust approach ensured that members' money was allocated to worthwhile projects which delivered on the stated aims of the program, being to engage existing and new members in the sport of swimming.

Feedback from Clubs about the grants program has been positive, and we have seen many Clubs sharing activities funded through a grant online via social media. This engagement is essential to drive member engagement. A small number of grant payments are yet to be made; the Committee is awaiting a detailed proposal from a web developer about the establishment of a web template which can be used by Clubs looking to update their web presence. Once provided, the Committee will seek funding approval from the National Board of Management to purchase the rights to the consistent template, which can be shared with Clubs at no additional expense.

The Committee also instituted a member survey, which received more than 1,200 responses, representing a response rate of almost 20 per cent of members across a wide range of Clubs and age demographics. The survey's purpose was to better understand who our members are, what they seek from the organisation and how we can continue to support their membership journey. Key findings included that members join to feel part of a wider community and are looking for ways to improve their swimming capability.

National Membership Committee - Plan on a page					
Vision (future purpose)	A growing, diverse and enthusiastic Masters swimming community in Australia				
Mission (reason for existence today)	To support the growth in membership of the Masters Swimming Australia community, so that more Australians enjoy and see value participating in club-based swimming with a Masters Swimming Australia-affiliated club				
Our values	Fun, fitness, friendship, participation, engagement, growth, can-do disagrees and supportive agenda				
Our enablers	National organisation	Members	Clubs	Branches	Coaches Officials Volunteers
Key objectives (These are taken from the Terms of Reference)	<ul style="list-style-type: none"> Encourage the growth of adult, amateur swimming across Australia Support the volunteer administration of Masters Swimming Australia and affiliated swimming clubs in Australia Develop materials to aid the efficient administration and good governance of clubs, such as but not limited to: <ul style="list-style-type: none"> Facilitating access to resources, Creating and sharing materials to assist membership growth and development, Providing Club community outreach, Providing guidance for fundraising, sponsorship, and financial management Work with the State Branches to provide support where necessary to clubs to collectively grow the sport of adult amateur swimming in Australia Develop and clarify resources and frameworks to drive awareness of the MSA brand and affiliated clubs to grow MSA membership to 7,000+ members by December 2023 Optimise current MSA organisation, branch and club policies and suggest new MSA policies to retain current members/decrease lapsed membership Strengthen the relationship between MSA and Swimming Australia to improve outcomes and opportunities for swimmers, coaches, volunteers, officials and supporters 				
Strategic objectives (What does the Committee want to focus on?)	<ul style="list-style-type: none"> Continue to develop the "Just One More" campaign to support membership objectives, including club resources and club feedback Club-based website development tools, consistent marketing collateral and development of resources to support clubs Review MSA website content, referencing the importance of non-competitive members on main page, identifying pathways for engagement and participation (Million Metres, etc) Improve direct communications between national office, branches and clubs/members Develop a 'club capability matrix' – competition focus, distance focus, skills, social etc 				
Actions			Key Performance Indicators (How will we measure progress?)		
<ul style="list-style-type: none"> Growth in membership to 7,000+ members by end 2023 Existing policies reviewed, recommended changes identified and action taken to address issues identified by end 2023 Opportunities for MSA/SA joint memberships/membership pathway scoped by end of 2023 					

Plan on a Page



Just One More Grant Program Club Activities

Committee Reports

National Membership Committee Report (Cont)

Opportunities for growth included a focus on balancing membership with competing demands and more in-person technical support. An enhanced definition of the 'value' and 'purpose' of membership was also identified through verbatim feedback.

I would like to express my thanks to the Committee for their commitment and dedication – thank you to Julie Bott, Kate Baxter, Jo Trim, James Watson and Giorgio Romano for your work. The Committee benefited greatly from Dennice Allen's support in the development of the member survey, and we were sad that she did not seek re-election to the committee at the end of 2022; thank you, Dennice, for your support. I am also pleased to welcome Nicole Dean to the committee, beginning a two-year term in 2023.

The Committee has formalised a Plan on a Page framework, guiding the strategic approach we will take to support the wider objectives of MSA from 2023; a copy of the Plan is attached. We are focussed on continuing to lift membership and participation in the sport of swimming – our aim is to grow MSA's membership to 7,000+ by the end of this year.

To achieve this growth, we need to continue to support our Clubs with the resources necessary to help them sustainably grow their membership, and to continue to find ways to support the partnership between Swimming Australia and MSA as a pathway to lifelong participation in swimming.

Robert Hardie

Chair – National Membership Committee



Mullaloo Mile 2022

Subcommittee Reports

National Open Water Swimming Subcommittee Report

The National Subcommittee has been able to prepare and share the draft new rules for Open Water Swimming events drawing on some of the contemporary research and reference sources since the findings of the Crippen Report, i.e. Deaths in Open Water Swimming Races in Brazil from 2009 to 2019, Moving in extreme environments: open water swimming in cold water, Open Water Swimming: Medical and Water Quality Considerations, How cold is too cold?, and Establishing the minimum water temperature limits for marathon swim racing.

The other references that have proven to be invaluable includes Managing Event Water Safety, Cold Water Swimming Guidance for Operators, Event Water Safety Manager from the United Kingdom, as well as the United States Masters Swimming (USMS) Open Water Swim Rules and the USMS Safety Plan.

The National Subcommittee is in receipt of feedback from the National Technical Committee and have representation from the committee to provide input finalising the rules.

The other component of the project that was subsequently identified by the subcommittee was that the companion document known as the Open Water Swimming Event Guidelines would need to be updated and modified to complement the new OWS rules for Branches and/or Clubs offering Open water swimming events.

Shayne Baker

Chair – National Open Water Swimming Subcommittee

Subcommittee Reports

Gender Diversity Policy Subcommittee Report

This National Subcommittee formed in October of 2022, composed of the following MSA members:

Caroline Symons (MSV) (Chair)

Sue Purcell (MSNSW)

Dylan Carmichael (MSQ)

Grace Crossland (MSQ)

Megan Stronach (MST)

Pauline Samson (MST)

Max Szentel (MSV)

Robert Hardie (National Board of Management Director, MSNSW) – shadowing the National Subcommittee

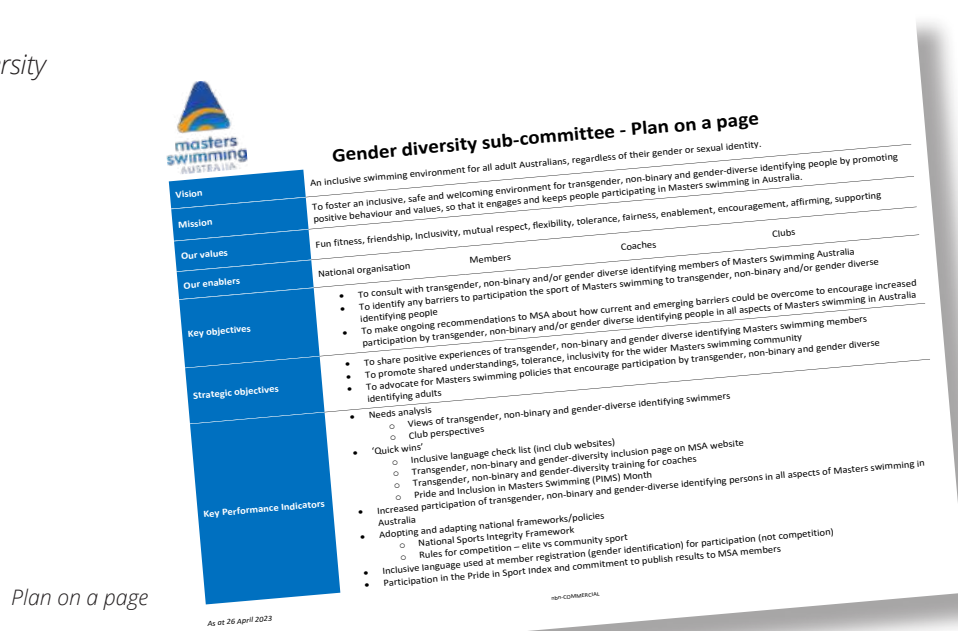
Purpose: Identifying any barriers to participation in the sport of amateur adult swimming by transgender, sexuality and/or gender diverse individuals and make recommendations to MSA on how these barriers could be overcome.

The National Subcommittee has met once per month starting in October 2022. We have covered the following areas – Australian Human Rights and Equal Opportunity Commission guidelines for the inclusion of transgender and gender diverse (TGD) people in sport; Swimming Australia draft policy guidelines on TGD inclusion in swimming and other key Australian sport organisation examples; discussion of research (limited) and experiences of TGD people engaging in sport (including swimming), potential barriers and challenges; National Sport Integrity framework and work Australian Sports Commission is undertaking currently in this area; development of plan on a page TGD inclusion strategy for MSA; how best to conduct a needs analysis including surveying TGD adults re their swimming experience, involvement in recreational and competitive swimming.

The National Subcommittee has developed a plan on a page TGD inclusion strategy (see attachment). This will direct our endeavours for the next 12 months. We also need to be cognisant of the broader National sport policy space, which will influence our deliberations, including the development of the National Sport Integrity Framework (of which MSA will be governed by), the ASC work (including position paper) on TGD policy and inclusion in sport and Swimming Australia policy work in this area.

Caroline Symons

*Chair – National Gender Diversity
Policy Subcommittee.*



Branch Reports

Masters Swimming New South Wales (MSNSW)

Governance

Masters Swimming NSW is governed by a board of seven members assisted by position holders in Communications, Coaching, Endurance, Recording, Safety, Technical, Training, Social Media and Website. Board members were elected at the Annual General Meeting held in May 2022. Delegates were represented from 16 Clubs across the State.

Kerryn Blanch is the MSNSW President. Mark McDonald was voted in as Vice President and Lawrence Powderly was elected as Vice President Country. We had no nominations for Treasurer, which was filled by Julie Orr later in the year. MSNSW offices, located at Sports House in Sydney Olympic Park. Which is due to have renovations.

Promotions

Recognition

The board and swimmers of NSW Branch would like to recognise Jillian Pateman for her service over the years as administrator. Her dedication and expertise exceeded expectation as she worked, volunteered and swum her way through the years. She will be dearly missed from the office but we will still see her blowing bubbles in the pool.

The Board also recognises Mark Hepple for his continued dedication to Masters Swimming NSW. Especially noted is his work on the 2022 National Championships and the swap over to Swim Central.

Marketing

Our Social Media presence has increased. Our Facebook followers have hit 3.2k and our Insta followers are almost at 1500. Our Social media gurus Suzie and Barbara have done a great job.

NSW State Sport awards

MSNSW had two finalists in the NSW Sports awards.

Tony Goodwin was nominated for Masters Athlete of the year, and MSNSW Branch was nominated for event of the year (National Championships.) Neither won, but to be in the company of Pat Cummins and Jessica Fox was pretty awesome.

Programs & Activities

Coaching Team

The NSW Coaching highlight of 2022 was the highly successful Coaching Weekend held in Sydney in July, providing an excellent opportunity for coaches to interact, discuss and develop their coaching skills. The Thredbo Swim Camp in October gave swimmers an intense weekend of swimming, socialising and even some skiing!

MSNSW welcomed 7 new coaches in 2022, to add to our 19 coaches who renewed their accreditation. A further 16 candidates are in the process of completing their qualification.



Branch Reports

Masters Swimming New South Wales (MSNSW) (Cont)

Endurance

In 2022 MSNSW had 374 swimmers take part in the Endurance program. In comparison, we had 452 swimmers take part in 2019.

We had 41 swimmers complete 62 endurance swims in 2022, which is almost at pre-Covid levels of 46 swimmers in 2019.

Our top scoring Club was NCT with total points of 13591, with 31 participants. Congratulations Campbelltown!

Technical and Training Team

In 2022, MSNSW conducted three Technical Official training courses, 2 Inspector of Turns and one Marshal/Check starter/Clerk of Course. Two Clubs conducted their own Time keeping courses. Courses were presented using a hybrid method, between online and Face to Face. Eight officials re accredited last year, 7 Marshal/Check starter/Clerk of Course and 1 inspector of Turns. Twenty-seven swimmers qualified as Technical Officials.

20	Time Keepers
4	IOTs
1	Chief Timekeeper
1	Starter
1	Marshal/Checkstarter/Clerk of Course

Swim Meets

MSNSW held 19 meets in 2022. We saw good representation from all our members. 12 of those meets were BPS meets, which is fantastic. Our Long Course and Short Course Championships proved popular with over 380 members entered across the 3 meets.

NSW also hosted the 2022 MSA Nationals in April. We saw close to 400 Masters Swimmers descend on SOPAC over two days in April.



Acknowledgements

In December, we said farewell to long time Administrator Jillian. I have big shoes to fill, and I am ever grateful for the hand over and her wealth of knowledge.

Belinda Havron

Administrator - MSNSW

Supported by the





MSNT Swimmers

Branch Reports

Masters Swimming Northern Territory (MSNT)

Swim Meets

The NT Branch held five swim meets during 2022. The Branch Short Course Championships were held in July and the Long Course in September. Two Interclub virtual meets were conducted during the year – in January and November – and a Mental Health Relay Carnival in May raised a significant amount of money from the Black Dog Institute and a local mental health provider. An inaugural Branch Open Water Swim event in Darwin in July laid the foundations for a larger program in 2023.

Membership

Membership in 2022 was 187, slightly fewer than the 190 in 2021, but still the highest in Australia in terms of the percentage of its state/territory population as members of MSA Clubs. Darwin Stingers, with 177 members, remained the largest MSA Club in Australia, but Alice Springs membership fell to 8.

International Links

Due to COVID-19, the annual Singapore Masters' National Championships were not held, so members of Darwin Stingers were unable to attend what had become the major event of the year.

Funding

The Branch in 2022 again received no funding from the NT Department of Sport and Recreation, despite being a fully affiliated member of Swimming NT since October 2018. This was basically due to the fact that Swimming NT, though which the Branch must now access government grants, has shown no interest in Masters Swimming, despite the MoU between the two organisations being signed in 2018 and renewed in 2020, which nominally proved for Swimming NT to provide access to NTG grant funding.

Branch Meetings

Regular Branch meetings were held in Darwin, with a link to the Alice Springs delegate as available. The AGM was held in Darwin in November.

Branch Management

At the AGM in November, Neil Ludvigsen of the Darwin Stingers Club was re-elected as Branch President, with John Pollock of Darwin Stingers as Branch Secretary and Robert Magin of Darwin Stingers as Treasurer.

John Pollock

Branch Secretary - MSNT



From L-R: Miami Masters; Bunna-barra Masters

Branch Reports

Masters Swimming QLD (MSQ)

Governance

Masters Swimming Queensland is managed by the Branch Management Board (BMB), with positions endorsed at the AGM in May 2022:

- President: Susanne Milenkevich
- Treasurer: Nic Carmichael
- Vice President North: Ted Bunt
- Vice President Central: Dan Stampa
- Vice President Sunshine: Neil Newman
- Vice President South: Elaine Sng

The Sub-committee, which reports to the Executive Committee of the BMB, comprises of:

- Director of Recording: Martin Banks
- Director of Technical Services: John Barrett
- Director of Risk Management: Emma Maxwell
- Co-Directors of Coaching Services: Bruce Allender and Fiona McDonald

Appointed Positions:

- Systems Administrator: David Findlay
- MPIO: Therese Crollick

Membership

Masters Swimming Queensland (MSQ) membership in 2022 reached 1194, with 40 swimmers (3.4%) also second claiming with other Clubs. 1030 members joined with the 12 month subscription (86%), 110 members with the 6 month subscription (9.2%) and 26 with the 16 month subscription (2 %). MSQ membership was 54% female and 46% male.

Clubs

There were 10 affiliated Clubs in the North region and 6 affiliated Clubs in the Central region in 2022. There were 16 Clubs in the Sunshine region, and another 16 Clubs operated in the South region. The MSQ virtual Club, the Barbarians Masters, brought the total to 49 affiliated Clubs for 2022. 16 Clubs operated as One Clubs, in conjunction with the Swimming Queensland (SQ) Club of the same name.

Branch Reports

Masters Swimming QLD (MSQ)

(Cont)

Two new Clubs formed in 2022. MSQ welcomed TSA (The Swim Academy) Masters (Club Code QSW) in Toowong, Brisbane, and Pelican Waters Masters (Club code QPE) in Caloundra. The Barbarians Swim Team graduated to a fully incorporated Club, no longer managed by MSQ, in December 2022.

Swim Central

2022 was an exciting year for MSQ with the major target of transitioning to Swim Central from the Gameday platform for membership and Quick Entry for meet entry. Together with Masters Swimming South Australia (MSSA), MSQ hosted Masters' swim meets in Australia, using Swim Central as the entry system for the first time. Much work was done in the lead into the Belgravia Masters Meet in August, to prepare members for this new experience. Following the success of this pilot event, all remaining inter-Club meets on the MSQ calendar were managed by the Swim Central entry system. Many thanks to MSQ Director of Recording, Martin Banks, for managing this new process.

Clubs worked diligently to finalise their Club set up in Swim Central, with several Clubs required to complete incorporation and the acquisition of an ABN, which is a necessity for the Stripe payment system employed by Swim Central. Thank you to all Clubs for time spent adapting to this change.

A comprehensive Swim Central workshop was undertaken in Melbourne at the Swimming Australia offices for all MSA Administrators and Recorders in September. This two-day workshop guided all Branches in the transition to Swim Central, with detailed guidance with membership and swim meet management. Branches were then tasked with guiding Clubs and members towards the opening of membership products in November. Several Microsoft Teams demonstrations were conducted to assist members and Clubs with the transition to Swim Central.

MSQ Clubs 2022 Club Members

Club	Club Code	Members
Albany Creek Masters	QAC	32
Aqualicious Masters	QAL	39
Atherton Mountaineers Masters	QAT	13
Barbarians Masters Swim Team	QBR	29
Beerwah Masters	QBE	9
Belgravia Masters	QCD	20
Brisbane Northside Masters	QBN	48
Brisbane Southside Masters	QSM	66
Bunna-barra Masters	QBM	15
Cairns Clams Aussi Masters	QCS	25
Cairns Mudcrabs Masters	QCN	14
Cotton Tree Masters	QCT	17
Element Swimming Masters	QES	3
Emmanuel College Masters	QEC	4
Genesis Aquatics	QGA	17
Gladstone Gropers Masters	QGS	31
Gympie Gold Fins Masters	QGF	16
Hervey Bay Masters	QHB	44
Indooroopilly Masters	QIM	3
Ipswich City Masters	QIP	23
Long Tan Legends Masters	QLT	24
Lowood District Masters	QLW	8
Malanda Aquatic Dragons Masters	QMD	5
Manly Brisbane Masters	QMY	1
Maryborough Masters	QMB	18
Miami Masters	QMM	128
Mossman Meteors Masters	QMF	5
Noosa Masters	QNA	83
North Mackay Sinkers Masters	QNS	49
Nudgee College Masters	QNB	7
Rackley Swimming Club	QRL	40
Rats Of Tobruk Masters	QRT	14
Redcliffe Peninsula Masters	QPN	16
Redlands Bayside Masters	QRB	45
River City Masters	QRC	25
Rum City Masters	QBB	28
Somerset Masters	QSS	6
Southport Masters	QPB	28
Sunshine Coast Masters	QSC	33
Toowoomba Tadpoles Masters	QTW	72
Townsville Aquaholics	QTA	8
Trinity Lismore Swimming Club	QTR	2
TSA Masters	QSW	27
Twin Towns Services Masters	QTT	32
University of Queensland Masters	QUQ	36
Warwick Wahoos	QWW	3
Whitsunday Masters	QWY	11
Yeronga Park Yabbies Masters	QYP	13



From L-R: Maryborough Masters meet 2022; 2022 MSQ State Championships

Branch Reports

Masters Swimming QLD (MSQ) (Cont)

Competition

Throughout 2022, 14 inter-Club swim meets, 2 postal swims, 2 Open Water Swims, the MSQ State Championships and the Pan Pacific Masters Games were held in Queensland. These meets provided plenty of enjoyable opportunities for competition around the state.

Congratulations to all our Clubs who have worked with MSQ to host well-organised swim meets for all to enjoy throughout the year. The following table lists the MSQ meets held during 2022, with the number of entries received for each and the number of Clubs in attendance.

Date	2022 Swim Meet	Entries	Clubs
12/02/2022	Miami Masters Meet	163	23
26/02/2022	North Mackay Sinkers Meet	45	10
12/03/2022	Hervey Bay Humpbacks Meet	113	22
26/03/2022	UQ Masters Prep Meet	229	31
1/04/2022	Albany Creek Duckathon Postal	54	-
7/05/2022	River City SC Meet	156	25
15/05/2022	Muddies Crater Lake Classic OWS	35	-
20/05/2022	MSQ SC State Championships	246	44
11/06/2022	Rum City Masters Short & Sweet Meet	63	12
18/06/2022	Brisbane Southside Masters Meet	179	33
July 2022	Toowoomba Tadpoles Postal	22	7
13/08/2022	Belgravia Masters Meet	102	26
27/08/2022	Brisbane Northside Masters Meet	114	25
27/08/2022	Long Tan Legends Sprint Meet	18	8
10/09/2022	Rackley Masters Meet	105	21
24/09/2022	Noosa Masters Meet	138	29
15/09/2022	Maryborough Masters Meet	48	17
29/09/2022	Sunshine Coast Masters Meet	81	22
9/11/2022	Pan Pacific Masters Games 2022	481	87
27/11/2022	Big Barrine Bash OWS	69	-



Branch Reports

Masters Swimming QLD (MSQ) (Cont)

State Championships 2022

The 2022 MSQ State Swimming Championships were held in Cairns at the Tobruk Memorial Swimming pool 20-22 May. After much preparation by many of our Cairns Clubs, we welcomed 240 swimmers from throughout Australia to Cairns for a great three days of swimming, fun and friendship.

The competition was fierce, with plenty of personal bests, and many records being set:

- World records – 4
- National Records – 46
- Queensland State Records – 133
- Victorian State records – 18
- New South Wales Records – 3
- Northern Territory Records – 1



The many smiling faces of MSQ State Championships – Cairns - May 2022

Competition concluded with a BBQ and presentations. Thank you to our major sponsor John Munro, JMS Goggles, for providing the swim caps plus the Male and Female Swimmer of the meet trophies. Congratulations to the winners of the major meet awards:

Congratulations to the winners of the major meet awards:

Trophy	Points	Award Winner
George Corones Trophy (Highest Club Points)	1888	QMM – Miami Masters
Max Gillespie Trophy (Highest Average Points – Large Clubs)	104.17	QGF – Gympie Gold Fins
Mary Maina Trophy (Highest Average Points – Small Clubs)	72	QNB – Nudgee College Masters
Club Relay Award (Highest Average Points – Relays)	16.84	QMM – Miami Masters
Female Swimmer of the Meet	4030	QRC – Gillian O'Mara
Male Swimmer of the Meet	4629	VMV – John Cocks
Best Swimmer 18-29 Years	3911	QUQ – Kady Ibell
Best Swimmer 30-49 Years	4042	QPB – Todd Robinson
Best Swimmer 50-69 Years	3885	QTA – John McKaig
Best Swimmer 70+ Years	4629	VMV – John Cocks
Jenny Mack Trophy (100m & 200m Breaststroke)	1655	QCT – Caleb Langelaan



From L-R: QMM Relay World Record for L-R Carole Simpson, Margaret Watts, Lindy Salter & Denise Robertson; John Cocks (MSQ States in Cairns); Tony Goodwin (Brisbane Southside Meet)

Branch Reports

Masters Swimming QLD (MSQ) (Cont)

World Records

Four world records were broken at the MSQ State Championships in Cairns in May. The fabulous Miami Masters 4x100m female medley relay 320-359 years broke a SC relay world record. Congratulations to Lindy Salter, Margaret Watts, Carole Simpson and Denise Robertson. Congratulations also to John Cocks of Malvern Marlins who broke three SC world records, in 400 IM, 200 IM and 100 Fly.

Another three world records fell at the Brisbane Southside Masters Meet in June 2022. The Miami Masters relay team of Lindy Salter, Margaret Watts, Carole Simpson and Denise Robertson broke the LC world record for the 4x100m female medley relay 320-359 years. Tony Goodwin from Manly Masters NSW also broke two world records, in the 100m and 200m breaststroke. Congratulations to all for these record-breaking results!

Pan Pacific Masters Games 2022

The Pan Pacific Masters Games (PPMG) is the world's biggest and best biennial masters' games held on the Gold Coast. After two pandemic cancellations in 2020 and 2021, this year over 13,500 participants came from every corner of Australia and around the world. Entrants arrived from 25 countries including teams from the UK, Canada, Sri Lanka and Guam to compete in 42 sports. 481 swimmers from 87 Clubs entered the four days of swimming hosted by Masters Swimming Queensland.

The four days of racing included all events from 50m to 800m in all strokes offering swimmers a wide range to choose from for their individual programs. Swimmers competed in a maximum of 10 individual events, with an average of five events per swimmer.

There was some tough competition, with an impressive number of records broken throughout the meet:

- 30 Australian National records
- 217 PPMG Games records
- 118 Branch records, including:
 - 63 Queensland records
 - 34 Victorian records
 - 15 New South Wales records
 - 3 Northern Territory records
 - 3 South Australian records



PPMG22

All results and statistics can be found on the PPMG22 page on MSQ website.



Lake Barrine OWS with feeding station in the background

Branch Reports

Masters Swimming QLD (MSQ) (Cont)

Open Water Swims (OWS)

Two Open Water Swims were held in Queensland in 2022 - the Cairns Mudcrabs' Crater Lake Classic OWS in May, and the 3Bs Lake Barrine OWS hosted by MSQ in November.

Masters Swimming Queensland hosted their annual 3Bs Lake Barrine Open Water Swim on Sunday 27 November 2022. This is a special event in the North as the swim is also sanctioned by the Rottneest Channel Swim Association as a qualifying event for their Rottneest Channel Swim, with the event listed on their website. This gives wide exposure to the event and the north region.

Programs and Activities

Lane Warriors

The MSQ Lane Warrior Program was in 2011. The objective of this program is to encourage as many swimmers as possible to record all the distances swum during the year. The distances include all drills using pool accessories, training program distances, including technique work and those swum at swim meets and in open water throughout the year. At the end of the year, Clubs submit summary spreadsheets of all members who have recorded swims. Three age categories have been created and the Top Five winners in each category receive a certificate.

Congratulations to the seven Clubs and 74 swimmers who took part in the MSQ Lane Warriors program throughout 2022. The total distance covered was 12,412,212m (12,412km) averaging an impressive 168km per swimmer.

Lane Warriors 2022 - Top 5 Individual Winners			
Rank	Name	Club	Distance
18-24			
1	Justin Giles	QGF	1,127,800
2	Anna Davidson	QTW	104,100
3	Lauren Milton	QTW	6,100
35-60			
1	Alli Cooke	QBR	687,800
2	Graeme Williams	QIP	550,300
3	Shiralee Bielenberg	QIP	536,400
4	Chris Savage	QRC	454,700
5	Ian Dorrepaal	QYP	412,315
61+			
1	Don Taylor	QTW	696,300
2	Paul Mayberry	QTT	639,600
3	Paul Somerfield	QTT	574,000
4	Jonathon Patterson	QIP	267,100
5	Paul Brundell	QTW	255,300



Swim for Claire October 2022

Branch Reports

Masters Swimming QLD (MSQ) (Cont)

Programs and Activities (Cont)

MSX

The MSX Program is a Masters Swimming Queensland Program designed for the more competitive swimmers and those who may not be very competitive, but enjoy swimming at swim meets. This does not include Postal or Time Trial swims. From the 2022 competition year, 355 swimmers in total achieved MSX awards, in the categories below. The results are available on the MSQ website.

Award Received	Number of Recipients
Platinum	169
Gold	93
Silver	46
Bronze	47
Total:	355

Vorgee Endurance 1000

42 MSQ Clubs participated in the E1000 program for 2022, with a total of 416 participants. Congratulations once again to Noosa Masters for being the top point scoring Club in Australia for the ninth year, and to Ipswich City Masters for having the highest average points per Club in Queensland once again.

MSQ E1000 Club Results 2022 - Total Points per Club – Top 12			
	Club Code	Club	Total Points
1	QNA	Noosa Masters	18520
2	QMM	Miami Masters	8949
3	QIP	Ipswich City Masters	6120
4	QBN	Brisbane Northside	2701
5	QNS	North Mackay Sinkers	2423
6	QAC	Albany Creek Masters	1640
7	QTW	Toowoomba Tadpoles	1284
8	QCT	Cotton Tree Masters	1003
9	QTT	Twin Towns Masters	840
10	QSC	Sunshine Coast Masters	739
11	QAT	Atherton Mountaineers	540
12	QBR	Barbarians Masters	513

Branch Reports

Masters Swimming QLD (MSQ) (Cont)

Programs and Activities (Cont)

2022 MSA Swim Series Winners – MSQ Winners

The Masters Swimming Australia National Swim Series boasts a mix of Long and Short Course meets across Australia. It rewards members' participation and performance in any of the Meets, with members only needing to swim two meets to be eligible for prizes.

The series comprises of nine events annually, plus the National Championships with one nominated meet from each of the Masters Swimming Branches and an extra one from Queensland and WA.

Results have been recorded Nationally, with the MSQ results listed below. Congratulations to all the MSQ swimmers who achieved excellent results throughout 2022.

Top 3 Queensland Swim Series Place-getters 2022					
Place	Name	Club	Meets	Points	Age
3	Ashleigh Eskdale	QGF	1	393	18
2	Rhys Bailey	QGF	2	1353	18
1	Catherine Prince	QGF,QRL	3	2483	25
2	Kady Ibell	QUQ	2	1559	25
1	Declan Eskdale	QGF	2	1302	25
2	Jamie Coates De Jonge	QRC,QSW	2	933	25
3	Andrew Cowan	QBR,QGF,NBR	3	3336	30
2	Shelley Devers	QGF,QRL	3	2696	35
3	Jenna Ridley	QCT	3	2268	35
1	Chris Savage	QBR,QRC	4	4529	35
1	Stephen Berting	QUQ	3	3516	40
1	Gillian O'mara	QRC,VPP	4	6132	45
2	Christina Scolaro	QUQ	3	2983	50
3	Elise Butler	QRC,QSM	3	1980	50
1	John Mckaig	QLT,QTA	6	13654	50
2	Martin Banks	QUQ	3	3024	50
1	Meryl Churchill	QRT	4	2898	55
2	Wendy Kingma	QSM,VGV	3	1800	60
2	Alan Carlisle	QUQ	3	2366	65
1	Don Taylor	QUQ	3	2569	70
3	Robert Patterson	QRB	2	1026	75
2	Hanna Wassenaar	QSM	2	698	80
3	Valerie Sheehan	QSC	2	355	80
2	Angus Von Douglas	QBR	3	991	80
3	Geoff Robinson	QNS	3	896	80
1	China Johnson	QCT	3	1429	90
2	Kevin Murgatroyd	QCN	1	80	90

Branch Reports

Masters Swimming QLD (MSQ) (Cont)

Programs and Activities (Cont)

Vorgee Million Metres

Congratulations to the following MSQ swimmers who achieved Million Metre Awards in 2022. Thank you to Vorgee for their continued support of these awards.

Name	Club Code	Club	Award
Justin Giles	QGF	Gympie Gold Fins Masters	1 Million metres
Stewart Germon	QHB	Hervey Bay Masters	1 Million metres
Donna Beikoff	QAL	Aqualicious	1 Million metres
William Reid	QHB	Hervey Bay Humpbacks	1 Million metres
Rodd Winton	QIP	Ipswich City Masters	1 Million metres
Bruce Muller	QRT	Rats of Tobruk	1 Million metres
Alli Cooke	QBR	Barbarians	1 Million metres
Diane Williams	QCD	Belgravia Masters	1 Million metres
Deanne Sanderson	QCD	Belgravia Masters	1 Million metres
Jemma Bayliss	QBN	Brisbane Northside Masters	1 Million metres
Tracey Zammit	QMM	Miami Masters	1 Million metres
Naomi McGilvray	QNS	North Mackay Sinkers	3 Million metres
Paul Mayberry	QTT	Twin Towns Masters	3 Million metres
Andrea Hutchinson	QRL	Rackley Masters	3 Million metres
Jo Matthews	QNA	Noosa Masters	4 Million metres
Shiralee Bielenberg	QIP	Ipswich City Masters	4 Million metres
David Mission	QTT	Twin Towns Masters	4 Million metres
John Miles	QSC	Sunshine Coast Masters	5 Million metres
Tony Frost	QNA	Noosa Masters	5 Million metres
Karina Horton	QAC	Albany Creek Masters	7 Million metres

MSQ FINA Masters 2022 World Top Ten

Each year FINA publishes the World Top Ten (WTT) Masters times for each event in each age group across the world for both Short Course (SC) and Long Course (LC). MSQ presented 'World Top 10' caps to individuals who made these top 10 lists in 2021.



World Top 10 caps

Branch Reports

Masters Swimming QLD (MSQ) (Cont)

Recording

Meets:

- 15 Interclub meets run in Queensland, with majority in excess of 150 entries processed:
 - E.g. State SC Championships 248 / QUQ Preparation 229 / QMM 163 / QSM 163 / QRC Preparation 156
- Numerous co-sanctioned Swimming Queensland meets attended by MSQ swimmers
- Higher than usual record-breaking activity:
 - 366 Queensland records broken – 310 individual and 56 relay records
 - 104 Australian records broken by Queenslanders – 77 individual and 27 relay records
 - 2 World records broken by Queensland Club relays teams, with legends like John Cocks 86, and Tony Goodwin 85, both travelling here for our meets and breaking four World records between them
 - Numerous interstate records set at Queensland meets

Swim Central:

- There continues to be very few issues with the on-going use of Swim Central with our members setting their Clubs up, and swimmers are entering meets. Paying for entries has happened easily.
- Swimming Queensland (SQ) has been consulted to bring a closer alignment to meet configuration and approval rules. Guidelines will be developed and put in place for 2023 allowing SQ to have more confidence that MSQ results are legitimate and able to be used to qualify for SQ/SA meets.

Meet concepts:

- Preparation meets
- Pay per entry
- Extending event limits per person
- Fin swimming exhibition

Masters Records in Australia – introduction of All-Comers Records:

The introduction of All-Comers records was proposed, and unanimously accepted. The next stage will bring together a working group from around the country with MSQ being the Lead. The group will continue the analysis and solution definition ready for further approval and implementation in 2023/24.

Communication & Promotion

MSQ communicates with Clubs via email, website, and via social media platforms.

Thank you to our VPs for keeping in touch with Clubs in each region, and for assisting with collecting news and updates from all our Clubs. These were periodically collated into 'Around the Clubs' news and available to read on the MSQ website. It is wonderful to see the variety of activities our Clubs are involved with, and the fabulous ways they share fitness, friendship and fun together.

The MSQ Facebook page currently has 2,405 followers with a post reach of 6,687. The MSQ Instagram account has 988 followers. The mastersswimmingnq Facebook page currently has 509 likes and 602 followers and the mastersswimmingnq Instagram page has 538 followers. The Pan Pacific Masters Swimming page has 754 likes and 888 followers. A new Great Barrier Reef Masters Games page has also been developed to aid with promotion of this event in Cairns.



MSQ BMB at the Brisbane Aquatic Centre

Branch Reports

Masters Swimming QLD (MSQ) (Cont)

Acknowledgments

2022 brought several new members to the MSQ Branch Management Board (BMB). New President, Susanne Milenkevich, and incoming Treasurer, Nic Carmichael have worked tirelessly to refresh and consolidate the team. New VP Central, Dan Stampa has also brought much experience to the Board, and is diligently preparing for his role as Meet Director of the MSQ State Championships to be held in Mackay in 2023.

Co-Directors of Coaching Services, Bruce Allender and Fiona McDonald have also contributed greatly to coaching development in MSQ. Thank you also to Directors, Martin Banks, Emma Maxwell and John Barrett, and continuing Vice Presidents, Elaine Sng, Ted Bunt and Neil Newman for their continued commitment to Masters Swimming Queensland.

Sincere thanks also to all members, Clubs, coaches, officials, volunteers and timekeepers, who give so generously of their time to ensure that Masters Swimming Queensland continues to thrive. Thank you to Swimming Queensland for office and resource sharing throughout the year, including SQ Finance Manager, Amanda-Jayne Noble for her support and financial work on behalf of MSQ. Thank you to Kath and Sarah in the National office, and Mara and Amy at Swim Central who consistently offer assistance and support with MSQ operations.

Christina Scolaro

Business Manager - MSQ



Henley Beach Masters Females all smiles after the Jetty to Jetty race

Branch Reports

Masters Swimming South Australia (MSSA)

Our 2022 year returned to a full year of competition, unaffected by Covid. We were able to enjoy a full Open Water Season over 2021/22, our Summer Series Competition at four rural outdoor pools and a winter series competition of 6 swim meets.

All Clubs have returned to full training at various pools around the metropolitan area. Membership at the conclusion of the 2022 year was 676, which is looking promising for the year ahead.

Governance

The MSSA Board, consisting of five Directors, led the activities and operations of the South Australian Branch during 2022. Phil Beames stepped down as Chairman at the end of 2021 and Jo Sutcliffe took over the role of Chairperson. Our AGM was held in May, at which time 2 of our Board members had completed their time as directors, so we welcomed 2 new directors, Simon Howe from Phoenix and Helen Haberfield from Tea Tree Gully. Penni O'Shea continued as Secretary and Craig Zubrinich continued as Marketing Coordinator (both from Aquadome Otters).

We were fortunate to have Simon Watkins (and family) move from Byron Bay to Adelaide in the middle of 2022 and Simon has taken on the role of Coaching Coordinator for MSSA. We look forward to gaining from his experience and knowledge.

Warwick Povey has now spent 16 months as our Administrator and has taken on the role with enthusiasm and is working well with the Board and all MSSA members. Leanne Beames continues as the Branch Recorder.

Programs and Activities

March 2022 saw the conclusion of our 2021/22 Open Water Season, consisting of eight ocean swims. 27 swimmers completed all eight swims - quite an achievement. Aggregate scores for the series placed the Atlantis Club first with 363 points and Phoenix in second with 258 points for the Open Water Swim Trophy.

The 12th OW State Championships was held at Somerton Beach on January 15th with all SA Club members participating in a choice of either a 1 or 3km swim. The somewhat stronger breeze than expected made for an interesting swim into the choppy water but definitely easier on the return leg. The overall female and male winners for the 3km were Leila Nazimi (Henley Beach) and Luke Bell (non MSSA). The 1 km winners were Stephanie Palmer-White (Atlantis) and Mark Preiss (Aquadome Otters).



From L-R: OWS State Championships action; OWS State Championships action; UniSA club MSSA

Branch Reports

Masters Swimming South Australia (MSSA) (Cont)

Programs and Activities Cont

OWS State Championships action

The aggregate team trophy was won by Marion, with Adelaide Masters 2nd and Phoenix 3rd, while the average points per swimmer trophy was won by Henley Beach, with Phoenix 2nd and Uni SA 3rd. The Barb Pearce Trophy for the oldest female to complete all the open swims in the previous year went to Pauline Smith (Henley Beach).

Our premier OWS event on the calendar, The Nine News Jetty to Jetty, was held on Australia Day with 340 swimmers completing the 2.2km swim from Henley to Grange Jetties. The race was held in the traditional direction of Henley to Grange which proved to be a challenge for some of the slower swimmers as there was a strong outgoing tide which became stronger as the race progressed. The Grange Jetty just didn't seem to get any closer! The Fastest Masters Male Swimmer was Liam McHugh from UniSA and the Fastest Masters Female Swimmer was Leila Nazimi from Henley. Adelaide Masters won the Nine News Team Trophy for most aggregate points with Marion taking out the Marj Muller Cup for the Club with the best average points per swimmer.

The **winter pool series** consisted of two State Cups and four Interclub, which were all held at SA Aquatic and Leisure Centre. Once again, the State Cups were hotly contested by our two newer Clubs with UniSA and Phoenix sharing the honours between the short and long course State Cups, the Long course State cup separating the Clubs by only 9 points and coming down to the last relay of the day. Well done UniSA.

The **Interclub series** was won convincingly by Atlantis with Phoenix in second and Marion in third. One great part of these meets is the post-race lunch, drinks and recap at the local Warradale hotel. Lucky door prizes were supplied by our sponsor, Langmeil Wines, with everyone making sure they got a ticket to be in the draw.

An extra meet for the year was held in Mildura which was mostly attended by SA swimmers but also by a couple of Victorian Masters Swimmers. Altogether a fun meet over the 2 days.

The summer series is held from December to March with four swim meets being held at three of our rural outdoor pools. These meets are always fun and relaxed and invite nonmembers to have a go at a competition in a casual environment. However, there is still serious competition between the Clubs for aggregate points. The 2021/22 season was won by Phoenix, with Tea Tree Gully in second.



L, M&R: The SA Annual Presentation Night

Branch Reports

Masters Swimming South Australia (MSSA) (Cont)

Programs and Activities Cont

Our Annual Presentation Dinner was hosted by Aquadome Otters and held at the Grange Surf Life Saving Club in April. It was a beautiful evening with views over the Grange beach and a glorious sunset. All the Perpetual trophies were awarded for the 2021 competition year including the 2021/22 OWS and Summer Series. The theme for the night was 'Club colours' so everyone was showing off their true colours. We also had the pleasure of Bernadine Johnson creating a beautiful piece of artwork while we were having dinner which was later auctioned online. Bernadine is an Aboriginal artist and the theme for the piece of work she created for us was bush medicine. Rose White from Henley was the lucky bidder to receive the painting.

The major award winners included:

Long Distance Shield – Phoenix, runner-up Noarlunga.

Short Course State Cup – UniSA, runner-up Phoenix.

OWS Aggregate Cup – Atlantis, runner-up Adelaide Masters.

Female swimmer of the year – Maryanne Heffernan (Atlantis), runner up Jo Sutcliffe (Phoenix).

Male swimmer of the year – Grant Simpson (Phoenix), runner-up Mark Smedley.

The Vorgee Endurance 1000 also had good participation from the SA Clubs with one person completing all swims available. Congratulations to Penni O'Shea from Aquadome Otters on an amazing effort to fit in all the swims as well as having a busy year on the Board.

The top scoring Club in SA was Tea Tree Gully with Aquadome Otters in second. Tea Tree Gully also took out the best average points per swimmer trophy with 144.64 and Aquadome second with 110.05.

Thank you

As an organisation we rely heavily on volunteers to continue to run successfully for our pool swim through the winter and summer series and then our Open Water Swims. I would like to offer our deep and sincere thanks to all those that give their time and expertise to enable the events to run and with administration, coaching, committee members, officials and the swimmers. Looking forward to our next year of swimming with fun, fitness and friendship!

Joanne Sutcliffe

Chairperson - MSSA



Swimmer Development Session with coach Brenton Ford

Branch Reports

Masters Swimming Tasmania (MST)

It is with pleasure that I present the President's report on the 2022 activities of Masters Swimming Tasmania Incorporated. This has been a fascinating year for me in the role of President, and I believe a good year for the organisation. We have certainly achieved a lot. We are financially sound with eight well-functioning and dynamic Clubs around the state. Our Clubs all thrive in their different ways. I have enjoyed meeting up with Club officials and members and hope to continue that in order to create positive, inclusive and representative environments for all members. Here are some highlights from the year's activities.

Swim Meets

- 2022 Summer Championships:** Hobart 1-3 April: Under the guardianship of Meet Director Phil Tyrell and held slightly later than usual to avoid clashing with other events, the meet attracted 99 swimmers, with 48 relay teams. This level of participation is consistent with recent meets. Of note, there were nine interstate entries and one overseas entry. Encouragingly, there were several first-time swimmers.
 - ✓ Officials were almost all from within MST ranks. Timekeeping was done using the AOE hired from Swimming Tasmania with manual stopwatch backup, with one timekeeper per lane. AOE operator support was provided once again voluntarily by stalwarts Glenise Gale and Susan Cure from Swimming Tasmania.
 - ✓ There was one world record set during the meet. Brent Foster, from Auckland New Zealand, set a new world record in the 400m IM for males 55-59. There were also 31 individual Branch records, four Branch relay records and four National records set during the meet.
 - ✓ The meet recorded a small deficit; however, this is considered a healthy outcome given the cost of overheads associated with hire of the pool and the slightly reduced number of swimmers compared to recent past years. In view of annual increases to pool and AOE hire costs, it is recommended that the swimmer registration fee is reviewed to ensure the meet continues to be largely self-funding.
- 2022 Short Course Long Distance Championships:** Launceston, 4 June. Another successful meet, we were joined by fellow swimmers from across Bass Strait and even across the Tasman. New Zealand swimmer Brent Foster (who by now must be close to being crowned an honorary Tasmanian) swam a world record time in the 1500 Free. National records were made by John Cocks (400 Ba, 1500 Fr), Maryanne Heffernan (800, 1500 Br), and James Belstead (800, 1500 Br).



From L-R: MST Nationals Committee; MST Swimmers

Branch Reports

Masters Swimming Tasmania (MST) (Cont)

Swim Meets (Cont)

- 2022 Winter Championships:** Launceston 20/21 August. What an excellent weekend of swimming in Launceston it was - the 38th MST Winter Championships. Well done Meet Director Kay Bailey and Launceston Lemmings, for a well conducted meet and an excellent luncheon. It was so good for us all to be back together again in Launceston.
 - ✓ We had 125 entries (including 25 swimmers from interstate) from a total 22 Clubs. There were 6 National Records: Darius Schultz, VPP 400 IM, Graeme Armstrong, VPP 25, 50 and 100 Back, and John Cocks, VMV 50 Free, and 100 Back
 - ✓ The outstanding Club of the meet was Hobart Aquatic, who won the Club Trophy and the Relay Trophy. Swimmers of the meet were Anne Henderson and Brent Walker, both from Hobart Aquatic.
 - ✓ Tasmanians broke 22 MST individual and 4 MST relay records.
- 2022 Tasmanian Masters Games:** Devonport 22/23 October: There was nothing but glowing reports from swimmers who attended this meet. There were 38 including 3 who were unattached to any Masters Swim Club. Nearly everyone went away with a medal of some description! It was a very friendly and supportive atmosphere. There were several swimmers competing at their first competition ever or their first in a very long time. We know one of those people has signed up to a Club now and has plans to train for Nationals in April. Congratulations to Joe and Lucy and their hard-working Devonport Devils committee for pulling this Event together and a big thank you to those who helped, in particular Rick Homan, Ray Brien, Bill Woodworth and members of the Cradle Coast Aquatic Club.
- 2022 Long Course Long Distance Championships:** Hobart 12 November: Some sizzling times and performances at the LCLD Championships, including 2 National records (Terry Smithhurst, TTL, 1500 Breast and James Belstead, TVA, 1500 Breast), 1 Victorian record (Frank Braun, VDC, 400 Back) and no less than 17 Tasmanian individual records.
- Christmas Friendly Time Trial:** Oatlands 4 December. We ran a first ever at the brand-new Oatlands Aquatic Centre (a super fun event). In the words of one swimmer; "it was such a fun day! We had a handicap relay and that was soooo much fun. Di did an amazing job with the handicapping. I have to say I think it's up there as one of my favourite swim meets I've ever swum in. Congratulations to the organisers!" What more can I say? Thanks to everyone who took part and enjoyed the revelry of the day, especially management and staff at the Centre who could not do enough to help us.
- And all our 2023 meets are planned and booked!

Branch Reports

Masters Swimming Tasmania (MST)

2023 Masters Swimming Australia National Championships

To be held in Hobart on 18 - 22 April 2023, this will be a long course meet, with 800m Fr only on day 1. The rest of the program includes all the usual events from 50m to 400m as well as 4 X 50 relays for Club teams. The 2024 National Championships organising committee is up and running under the capable stewardship of Convener Phil Tyrell and committee. (See separate report)

Swim Central

We migrated to the Swim Central platform under the guidance of Recorder Pauline Samson. The Swim Central platform will ultimately be the membership and event entry system that empowers members, administrators and coaches to participate and run our organisation. This is an enormous undertaking and I thank Pauline, along with Club registrars for their work in enabling this system.

MST/ST Dual Sanctioning

One immediate benefit of the take-up of Swim Central was that it gave us the capacity to work closely with Swimming Tasmania and to sanction a selection of their Time Trials, thereby allowing Masters swimmers to compete – for their Masters Club. Time Trials planned for Hobart, Launceston and Huon Valley have been sanctioned by MST for members throughout this coming year. To date the new system has been working well, with a handful of our swimmers taking part in these events. As well as providing more opportunities for our swimmers to compete, this is a great way to showcase Masters swimming to younger age groups. I thank Jamie McIntyre, Executive Officer of Swimming Tasmania and his staff for their friendly and generous support and co-operation in getting this new arrangement established.

Just One More Grants

Four Tasmanian Clubs: Devonport Devils, Hobart Aquatic, Hobart Dolphins and Huon Valley were successful in gaining funding grants through the MSA Just One More grant program, the grant program designed to encourage Clubs to look at ways to increase membership and attract swimmers to join the Masters swimming community.

The success of the four Tasmanian Clubs is testament to their innovative and novel ideas for projects to attract new members. Devonport Devils funding supported the TMG and covered the cost of new equipment. Hobart Aquatic and Huon Valley Clubs are now resplendent on pool deck in new Club T-shirts, while the Hobart Dolphins purchased equipment to attract new swimmers and support current members.

Strategic Planning

A key challenge for our Branch was to develop a new, relevant and workable Strategic Plan. The previous Plan covered the years to 2018 and of course since then there have been major upheavals in our swimming environment. We find ourselves in a competitive world with other sports such as triathlon and open water swimming threatening to detract from our member base. We conducted a series of face-to-face meetings between Clubs and Branch members to start the processes towards the development of an exciting new Strategic Plan. Pauline, Tony and I have enjoyed meeting with Burnie, Devonport, Launceston, Hobart Dolphins, Talays and Hobart Aquatic Centre Masters Clubs for some lively and enlightening early discussions. A draft interim plan covering the period 2023 – 2026 will be presented at our first Branch meeting for the year for approval, and this will be further reviewed in September at a state forum.

Branch Reports

Masters Swimming Tasmania (MST)

Open Water Swimming

To date, due to MSA OWS rules, it has not been possible to us to conduct such a meet - this despite the popularity of this form of swimming, and we can only admire the activities and events conducted by the various Triathlon organisations as well as Surf Life Saving Tasmania. The latter manages a popular 10-event Open Water (beach) Series annually. Fortunately, our members are welcome to participate in this event and do so in large and enthusiastic numbers. In co-operation with Surf Lifesaving Tasmania and the Tasmanian Ocean Swim Series, we instituted an Open Water mini-series, which we called the MST Oceans Treble, a new initiative for 2023, and one that is showing promise for future years. As well as supporting our swimmers in open water events, this is another great way to showcase Masters swimming to younger age groups.

Publicity and Promotions Director

Unfortunately – although fortunately for her – Katie Marx resigned from this position and has headed to the great south. We thanked Katie for her contributions, we wish her well and hope she stays warm. At the same time, we welcomed Peter Tucker to the role. Through the efforts of Katie and Peter, we have promoted our activities and celebrated the achievements of our outstanding performers through a variety of media – newspaper, Facebook, website and our newsletter Platypus Press. Going forward, as we are no longer using Sport TG for the dissemination of information, we will be relying more and more on Club delegates to spread the word and share information to members.

Coach Development

We conducted two well-attended Coach Development sessions and swimmer education sessions.

Technical Officer Development

Chief Technical Officer Ray Brien conducted Technical Official training sessions to increase our available trained work force for the 2023 Nationals.

Branch Archives

A Branch Archive dating back to and including records from 1982 has been established and is available on our website. The amount of work this represents is staggering and our sincere thanks and congratulations go to Pauline Samson for creating this very valuable resource.

Branch Management Committee

The MST Branch Committee has also been very active with regular very well attended Zoom meetings. The BMC has worked hard, creatively, collegially and constructively and we acknowledge their professionalism and commitment. No-one shoulders a bigger load than our Secretary Tony Forman, and Recorder Pauline Samson, and I thank them sincerely for their hard work. We have representatives not only on the MSA Board, but also on several important National Subcommittees.

Income and expenditure for the year were within budget expectations with a small overall surplus for the year's activities. A portion of the swim meet surpluses were shared with the Clubs in accordance with the agreed formula based on participation of officials and competitors.

I thank all the Association's committee members and Club representatives for their advice and support over my year as President. As 2023 looms, we look forward to the Nationals, the development of more and different events and activities, and more of the same competent management at all levels. While the pandemic closed down many sports organisations, for MST, it seems to have opened opportunities to do things differently and to expand to a wider community of swimmers. Bring it on 2023, we can hardly wait!

Megan Stronach

President, MST



From L-R: Rod Clarke, Darryl Flukes, Murray Burns and Bob Patterson Pan Pacs 2022; MSV Winter Sprinters

Branch Reports

Masters Swimming Victoria (MSV)

Governance

Elected Committee: Darryl Flukes (President), Dennice Breeschoten (Vice President), Tim Boness (Finance Director), Simon Bole-Brown (Technical Director), Alan Godfrey (Recording Director), Amy Jones (Coaching Director).

Throughout 2022, the elected officers reported to the MSV Board every two months. The Board was comprised of a delegate from each Club plus the elected Committee members.

Following months of consultation with Board members and Maddocks Lawyers, amendments to the constitution were approved at a Special General Meeting in December 2022.

The key amendments were:

- A simplified governance structure requiring a board of six to nine members, replacing the old structure that required each Club to nominate a representative to the board.
- Clarification of the definition of “Members” (being Clubs).

A number of minor changes were also approved, which clarify and correct various points and make the Constitution more relevant in 2023, the last Constitution having been approved in 2014.

The new Constitution stipulates that the position of Secretary is to be completed by the appointed Administrator. This position is held by Kara Pogos, employed by MSV in August 2022 after the Service Agreement of 15 years between MSV and MSA came to an end.

Membership and Club Affiliation

At the end of 2022, MSV had 1285 first claim members, up from 1022 at the end of 2021 and the highest membership number on record.

MSV had 33 affiliated Clubs in 2022, including a virtual Club, Victorian Masters.

Branch Reports

Masters Swimming Victoria (MSV) (Cont)

MSV Branch Events

MSV SC Championships – held on the 5 March 2022 (MSAC)

A great meet with nearly 240+ swimmers attending and more than 40 Individual Branch, 4 Relay Branch, and 20 Individual National records broken. It was wonderful to see swimmers back in the water competing again after two years of intermittent lockdowns.

MSV LC Championships – held on the 23-24 July 2022 (Ballarat)

Masters went regional for a 2-day event in the Central Highlands City of Ballarat. It was fantastic to have more than 140 swimmers attend the meet, most of whom travelled from other areas. There were 5 Individual Branch and 5 Relay Branch records broken. A social event was held on the Saturday night (the first day of the meet) and all of the feedback about the pool, the location, and the organisation of the meet was very positive, as was the coverage about it in Ballarat's local newspaper The Courier.

MSV LCLD Championships – held 4 September 2022 (MSAC)

The last time a LD Championship was held by MSV was 2017, so it was very exciting to welcome it back for 2022 at MSAC. The meet produced 7 National and 25 Branch records.

MSV Relay Championships – held 23 October 2022 (MSAC)

With 313 athletes representing 15 Clubs, and 414 relays, this was MSV's most successful relay meet ever. A highlight was the Battle of the Divisions, a Victorian initiative in which Clubs compete for points against similar sized Clubs, based on how they place in events. Thanks go to the Club coaches and executives for promoting the meet and making the Battle of the Divisions so much fun.

The community was sad to see the Goulburn Crocs' team of 24 swimmers withdraw from the meet due to extensive flooding in their region.

MSV Club Events

Go Nagambie – CLUB 2 HUB OPEN WATER SWIM – 12 February 2022

This event is held in partnership with Goulburn Valley Crocs and is important to the Club as it helps them fund their masters swimming development initiatives in the Goulburn Valley. The Nagambie Lakes provide both a beautiful and safe 1.1km swim.

Powerpoints Summer Smash 2022 - 25 February 2022

Held in the outdoor pool at MSAC there were nearly 80 swimmers competing in the first pool event of 2022. Run with assistance of the MSA Just One More Grant program.

Baddaginnie Animal Postal Swim – 1 April to 30 June 2022

This was the 35th year anniversary of the Baddaginnie Animal Postal Swim now run by Surrey Park Seahorses. Swimmers are challenged to unleash the animal within by swimming the following 5 events in one day:

200m Fly

200m Back

200m Breast

400m IM

800m Free



L&R: MSV Relay meet

Branch Reports

Masters Swimming Victoria (MSV) (Cont)

MSV Club Events (Cont)

Mornington Peninsula MSC – 1st Annual InterClub – 8 April 2022

One of our newest Clubs, Mornington Peninsula MSC, held their first interClub meet.

Williamstown to Altona Swim Classic – 10 April 2022

Held by another one of MSV's newest Clubs, Melbourne Open Water Swimming Club, participants swim from Williamstown Beach, through Jawbone Marine Park to Altona Dog Beach - 3.8km.

Powerpoints Winter Sprinter 2022 – 2 July 2022

This was the second event that Powerpoints ran in 2022 using funds from their successful application to the MSA Just One More Grant program.

Frankston InterClub – 16 July 2022

The 41st time this has been held and counting! This is a time trial event where the challenge is to swim nearest your closest time. After finishing racing, the challenge is to go down the waterslide!

Acknowledgements

Thank you to the following people for their support and work on improving the profile and 'product' that is offered by Masters Swimming Victoria:

- Darryl Flukes, who has guided the organisation through a new administration agreement and a new constitution.
- Alan Godfrey, who organises all of MSV's Branch meets and assists with the organisation of MSV-sanctioned Interclub meets.
- Dennice Breeschoten and David Cowie, who worked tirelessly to redraft and improve the constitution.
- Kath Davis, who administered MSV for the first three quarters of 2022 (and prior) and provided ongoing support and guidance after the Service Agreement between MSV and MSA ended.
- All of the technical officials and marshalls, and Club coaches and committee members, who volunteer so much of their time to ensure we can all swim for life.

Kara Pogos

Administrator – MSV



From L-R: AMG, Perth; WOW Swims

Branch Reports

Masters Swimming Western Australia (MSWA)

Overview

The first full year for Andrew Stanbury in the role of Executive Officer was been a satisfying one. Andrew had the opportunity to work within a great team but sadly Tarquin Bateman left the fold in July. Tarquin managed the communications and events truly cared about the service given to our Clubs and members.

With Hannah Lawton (replacing Tarquin) and Kareena Preston (Coach and Swimmer Support), a range of new initiatives was developed to enrich the Masters Swimming environment in WA. From High Performance and Development clinics, to open water clinics, further growth of Couch to 2K and a series of new Coach Conferences, there is more diverse opportunity now on offer for WA coaches, Clubs and members in general.

Another function of the new offerings has been to develop alternative and diverse income streams to be able to sustain our staffing and service capacity without being too dependent on grant income and membership fees. The Winter and Summer SwimVenture staycations, are a case in point, designed to make a profit which reinvested back into the organisation.

Highlights of 2022 include:

- The State Pool Championship at HBF Stadium held across 2 days, with the champion Club being Claremont Masters.
- The Australian Masters Games also held at HBF attracted swimmers from across the country.
- The Winter Solstice Swim with swimmers checking in from as far away as NZ.
- Continuance of the Couch to 2K program, Open Water Skills Clinics, and Swimmer Development Clinics.
- Act Belong Commit WOW Swims Series with six open water events
- Coach and Club Conferences
- Membership database migration to Swim Central

Membership

At the end of 2022 membership stood at 1791, only a 1% decline from 1809 in 2021 which marked record numbers. There were no 16-month memberships offered in 2022 as a result of the migration to Swim Central from October, and this may have contributed in a small way to drop off in numbers. However, two new Clubs affiliated to MSWA, EFS Triathlon and Perth Rainbow Swans. The latter is our first dedicated LGBTQTI+ Club, and we are proud and excited to have them on board.



From L-R: AMG, Perth; WOW Swims

Branch Reports

Masters Swimming Western Australia (MSWA) (Cont)

WOW Swims

Open water swimming has remained popular in recent times, and is growing, despite the disruption of COVID. The WOW Swims Series is evidence of this, with growing participation in aggregate since 2019 before COVID struck.

Over 470 swimmers entered the City of Joondalup Mullaloo Mile, the highest on record, even though it took place just as COVID spiked with the relaxing of WA borders. We also saw record sponsorship delivered for the event thanks to the City of Joondalup increasing their commitment and to Pauline Lyon of Peard Real Estate who came on board and supported delivery of a complimentary breakfast for swimmers (the proceeds being passed on to the Superfins who manned the BBQ).

The Swim Thru Perth was a great spectacle albeit with numbers a little lower than the prior year, likely impacted by COVID. Jetty to Jetty sadly cancelled close to the event as a result of new stringent COVID protocols introduced two weeks before the event as WA was on the verge of opening its borders. The Lake Swim at Lake Leschenaultia in November had over 220 swimmers with entries a little lower than the record participation in 2021. Fremantle Ports Swim Thru was highly successful event with 416 competitors and subsequently taking out the Event of the Year category at the 2022 MSWA Annual Awards.

Programs & Activities

Pool Meets

The Pool meet calendar in 2022 featured 14 sanctioned events starting in January with the Newman Churchlands LiveLighter Club Challenge and finishing on 20th November with the Act Belong Commit (ABC) Mandurah Club Challenge.

The Fremantle Club Challenge made a welcome return to the calendar in February, following refurbishment of the Fremantle pool. The largest event of the year by participation was once again the Golden Groper Relay Carnival in August, staged at HBF Stadium with over 300 swimmers. It was followed by a well-attended social event at Sport HQ.

Two of WA's calendar events were classed as National Swim Series events: The ABC State Championships and Stadium Masters ABC Club Challenge. The State Championships were staged at HBF Stadium on 2-3 April, featuring a 2-day swimming programme. Entry numbers were lower than normal, at just over 220, reflecting pool meet fixture congestion and the impact of COVID. In 2023 we are moving the event to a slightly later date in the calendar to mitigate the pool congestion.



From L-R: Couch to 2K Craigie; Winter retreat

Branch Reports

Masters Swimming Western Australia (MSWA) (Cont)

Coach and Swimmer Education

Swimmer Support Officer has initiated and achieved the following for the MSWA community:

- Metropolitan and regional Clubs visits.
- **High Performance Clinics:** A series of four weekend clinics run from January 2022 for higher performance swimmers seeking to hone technique and tactics for the pool competition season ahead.
- **Development Clinics:** A second four weekend series of clinics from June 2022 to assist in the development of swimmers, not confined to the elite swimmer
- **Couch to 2K:** Continuing the progress of 2021 to deliver these four-week programs at venues around Metropolitan Perth, open to the public for people looking to get back into and confident in their swimming. A great bridge to building local Masters Club membership
- **Swim Into Summer and Open Water Clinics:** A new six-week program in early summer at Craigie Leisure Centre introduced to encourage people to get back into the pool and prepare for the summer of swimming ahead
- **Winter and Summer Swim Venture staycations:** Two exclusive swimming retreats delivered in Yallingup and Rockingham, offering a variety of swimming experiences, including underwater video analysis and a range of other activities.
- **Facebook Coaching Community:** Maintaining an ongoing discussion forum of over 100 subscribing coaches on Facebook
- **Coach Conferences including Disabilities-focused Conference:** Three Coach Conferences delivered in 2022, building on the inaugural 2021 Coach Conference, including the new Disabilities Coaching focused Conference in December 2022.
- **Sandgroppers:** Maintenance of regular online support and development for our virtual Sandgroppers Club throughout the year.

MEMBER APP

The Member App that commenced development in 2021 has been finalised and soon to be launched with dedicated coaching programs available to our virtual Club members the Sandgroppers.



L&R: AMG (Perth)

Branch Reports

Masters Swimming Western Australia (MSWA) (Cont)

CLUBS & Stakeholders engagement

The year ended with 34 affiliated Clubs, with membership ranging from 6 to 142 members.

Club Development

The MSWA Club Conference was held at Sport HQ in 2022. There were 35 Club delegates in attendance, plus other Club officeholders who dropped in for the afternoon Swim Central workshop designed to get Clubs established on the new membership platform. Ben Popham, Tokyo Paralympian Gold Medallist, featured as the guest speaker and had the audience enthralled with tales of his journey to the top in a sport he first chose on the advice of his consultant to help with managing his cerebral palsy. Kim Tyler spoke on Coaching Matters, including an update and briefing on the online dita-based Coach Accreditation and Development platform.

The Conference also included a session introducing the results of the Sport West Social Return on Investment in Structured Sport in WA project, and an interactive session for Club delegates to brainstorm some of the critical issues in the Masters Swimming environment.

MSWA, continues to receive sponsorship from Healthway WA to promote and practice the Act, Belong, Commit campaign. This program focussing on mental health and wellbeing and has been well received by the community who actively promote the program.

MSWA recognise the valuable support from Local Government, Sport and Cultural Industries (DLGSCI). The 'core' funding is delivered under the Industry Investment Program.

In October, we again ran our syndicated Club Let's Swim Together campaign, which featured 16 Clubs running 'come and try' sessions to attract new members, with MSWA running a coordinated promotional campaign to support them, largely through social media.

Australian Masters Games

The 2021 Australian Masters Games was staged in Perth in 2022 having been cancelled the year before. This event was a great celebration of Masters sport and MSWA hosted the swimming at HBF Stadium in late April, with over 220 swimmers entered despite the impact on COVID in restricting interstate participation.

Branch Reports

Masters Swimming Western Australia (MSWA)^(Cont)

Governance

MSWA is thoroughly evaluated annually in partnership with DLGSCI in the Industry Organisational Performance Assessments to maintain funding levels. The assessments are to ensure that governance practices are achieved and provides support for MSWA to strive for continual improvement.

There were only a few minor changes to MSWA's governance policies in 2022. Small modifications to the By Laws were required to reflect the addition of two new Annual Awards, one for Best Event of the Year, and one for Most Improved Club of the Year. A new MSWA Investment Policy was drafted and approved by the Board.

The Annual General Meeting was held on 23 March 2022.

Council of Clubs Meetings were held:

- 23 March
- 1 June
- 24 August
- 23 November

Board Members 2022

Fiona Wilkins (Chair)

Lynne Duncan

Siobhan Wilkins

Kay Baxter

Adam Pring (Resigned December 2022)

Donovan Castelyn

Richard Hughes

2022 Award Winners

Club Awards

Most Improved Club: Geraldton Masters

McDonald Shield Club of the Year: Westcoast Masters Swimming Club

Vorgee State Endurance 1000 Winning Club: Mandurah Masters Swimming Club

Vorgee Country Club Endurance Winning Club: Claremont Masters Swimming Club

Country Correspondence Carnival: Bunbury Masters Swimming Club: Busselton Masters Swimming Club

Event of the Year: Fremantle Ports Swim Thru

Individual Awards

Perc Edwards Volunteer of the Year Award: Trish Miller from Busselton Masters Swimming Club

Annual Service to Masters Swimming Award: Viki Shelper from Westcoast Masters Swimming Club

Coach of the Year Award: Kay Jones from Fremantle Masters Swim Club

Official of the Year: Des Seery from Mandurah Masters Swim Club

Sue Gliddon

Executive Officer - MSWA



2022 National Championships Report

– Masters Swimming New South Wales (MSNSW)

We started the organisation of the 2020 National Championships in 2018 and were all ready to go in March 2020 and we all know what happened after that!

Even though we rescheduled twice- once for the end of 2020 and then again for April 2022, we never really got excited about the event until February 2022 when it appeared it “may” go ahead. We had lost sponsors, we had lost committee members, we had lost swimmers but we picked ourselves up and decided to run an event to get everyone back in the water and make sure it was fun- as this is part of our motto. Fortunately SOPAC was available (even if half of it was still closed), and most of the restrictions had been lifted but we were still able to be careful and socially distance if we needed. It was more lowkey than originally planned and there were less swimmers than we originally targeted but the entire 4 days was full of smiles and happiness and fun.

We had 567 swimmers from 83 clubs, 70% from NSW, 13% from Queensland, 12% from Victoria and a few swimmers from SA, Tasmania and the northern Territory and 1 from the west. Totally understandable as some states had only just opened their borders and many swimmers still uncertain about travelling, but we managed to run the event and get swimmers back in the water.

We had around 60 officials – mainly from NSW but one from Victoria- thankyou Neil it was wonderful to work with you, and we had the same number of volunteers who helped out with timekeeping, the medals desk, the welcome desk, registration and merchandise.

Unfortunately the Open Water swim had to be cancelled at the last minute due to an algae bloom in the lake after the heavy rain, so more refunds were due (we got very good at refunding after cancelling in 2020 and illness prior to entries closing in 2022). The swimming was fantastic with 4 world records and 109 National records and many many branch records broken in the 4 days. Congratulations to our WA swimmer who broke 10 branch records during the meet. The most popular event for entries was the 50m freestyle, followed by the 100m freestyle, 25m freestyle, 200m freestyle and 100m IM. All 25m events were popular- maybe due to lack of training time, maybe that our swimmers enjoy short course meets!



2022 National Championships Report

– Masters Swimming New South Wales (MSNSW)_(Cont)

Thanks to our wonderful meet recorder Mark Hepple (and to the many hours of lockdown time he used for inventions) we introduced a number of innovations to this National meet:

- Late entry closing time- reduced from 4-6 weeks to 15 days
- Closing time for Relay entry details- reduced from 4-6 weeks to 2 hours
- Programme split into 2 sections
- Personalised event seeding document for each entrant
- Dedicated MSA Live Results app
- Entry and editing of relay team details by nominated team captains through the app until 2 hours before the event each day
- Online protest form
- Progressive totals for all Championships awards available in real time. In addition to the user experience, this meant reduced work for the Recorder
- Online allocation , distribution and recording of medals through the app, reducing work for the recorder
- Printout of details of each medal for swimmer and engraver
- Networked digital Check Starting system

As part of our Covid safety measures, and to avoid groups of people gathering, no printed results were posted at the meet. A MSA National Championships dedicated mobile 'web app' was created to display live results to competitors, and others, in real time – within moments of the completion of each event.

The MSA Live Results app also provided:

- General meet & venue details
- Personalised entry details for each entrant (individual & relay)
- Full heat details for each event (individual & relay)
- Personalised results for each entrant
- Full results for each event
- Posting time of results for each event
- Notification of when medals were released for collection for each event
- An online Protest form
- Progressive totals for each of the Championship Awards (Swimmers of the Meet, Founder's Trophy, Visitor's Trophy, etc.)

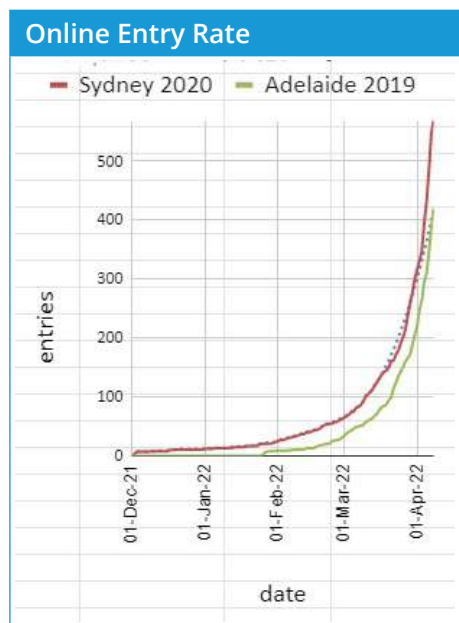
A big thankyou to the many people who helped make this a special National championships and thankyou to all the swimmers for being part of the 2022 Masters National Championships, an event we thought would never happen.

2022 National Championships Report

– Masters Swimming New South Wales (MSNSW)_(Cont)

Statistics

Swimming Entries		
Total swimming entries	567	
Incl. open water entries	91	
Merchandise only	68	
NSW	398	70.2%
QLD	74	13.1%
VIC	72	12.7%
SA	9	1.6%
TAS	5	0.9%
WA	1	0.2%
NT	6	1.1%
International	2	0.4%
Total clubs	83	
clubs with relay teams	30	



Merchandise Orders	
Printed Event Seedings	155
Presentation Dinner	101
Navy Polo Shirt*	38
Royal Blue Polo Shirt*	23
Hoodie	58
Spray Jacket	30
Towel	23
Cap	22
Backpack	21

Event Entries		
Day 1	1. 800m Freestyle	157
Day 2	2. 400m Individual Medley	79
	3. 50m Freestyle	307
	4. 200m Breaststroke	127
	5. 100m Backstroke	162
	6. 25m Butterfly	218
	7. 200m Freestyle	240
	8. W Medley Relay	32
	9. M Medley Relay	32
Day 3	10. 400m Freestyle	184
	11. 100m Butterfly	112
	12. 50m Backstroke	202
	13. X Freestyle Relay	47
	14. 25m Breaststroke	188
	15. 100m Individual Medley	229
	16. 50m Butterfly	179
	17. 200m Backstroke	133
	18. X Medley Relay	51
Day 4	19. 50m Breaststroke	210
	20. 200m Butterfly	75
	21. 100m Freestyle	291
	22. 25m Backstroke	173
	23. 100m Breaststroke	161
	24. 25m Freestyle	286
	25. 200m Individual Medley	152
	26. M Freestyle Relay	37
	27. W Freestyle Relay	30
Day 5	28. 1km Open Water Swim	63
	29. 2km Open Water Swim	76

Medal Count			
Medal Type	Total possible (from entries)	Total possible (from swims)	Collected
Gold	767	706	651
Silver	671	620	589
Bronze	602	562	542
Total	2040	1888	1782

The smiles prove things turned out alright on the days.

Postal Swims

In 2022 there were 7 Postal Swims held by Clubs around Australia. Postal Swims are any swim in which clubs or members from different clubs, compete in an event organised by a Host Club but in which they are not required to swim together at the same venue or time. We have had some going for over 30 years and some more recent ones and even a newbie for 2022.

- **West Auburns Masters 5000m Turtle Swim:** 1 January - 30 April 2022 (was extended in 2022 to 30 June)

This swim is where masters members are invited to swim the distance of 5000m in Freestyle, Breaststroke, Backstroke or 4 x 1250m I/M and can be in a freestyle or formstroke relay with other club members – (2 x 2500m, 5 x 1000m, 4 x 1250m, 10 x 500m or even the dazzling 4 x 1250m Medley Relay)

- **Albany Creek Masters Duckathon:** 1 April – 30 April 2022.

This postal swim aims to motivate masters members back into Fitness, Fun and Friendship. It is an easy swim to undertake with participants able to choose a level that suits their swimming ability and interest. All they needed to do is choose ONE of the following three levels and complete the 3 distances.

1. Mini Duck: 100m, 200 and 400m OR

2. Midi Duck: 200m, 400 and 800m OR

3. Maxi Duck: 400m, 800m and 1500m

- **Baddaginnie Animal Swim:** 1 April – 30 June 2022.

35th year of the Baddaginnie Animal Postal Swim and revived by Surrey Park Seahorses. Masters swimmers were invited to Unleash the animal within by swimming the following 5 events in one day

- 200m Fly
- 200m Back
- 200m Breast
- 400m IM
- 800m Free

- **Bunbury Stingers:** 2022 Winter 3 x 400m Postal Swim: 1 May – 30 June 2022.

This was the 35th year of this Postal Swim. Masters swimmers are invited to swim 400m in 3 different styles over a two-month period. Each 400m swim can be Freestyle, Backstroke, Breaststroke, Butterfly or an Individual Medley.

- **Toowoomba Tadpoles July Postal Swim 2022:** 1 July – 31 July 2022.

Modified from previous years this swim of 800m can be completed in either a 25m or 50m pool with 1 entry per swimmer.

- **TUGGERANONG TRIFECTA Postal Swim:** 1 July – 31 August 2022.

This swim aimed to warm up our masters swimmers – perfect for those wintry days! Double dip – a postal swim for the swimmer, and some Endurance 1000 points for their club. Three swims, each in a different stroke: 400m, 800m, 1500m

- **Clarence River Masters Virtual Swim Meet 2022:** 1 August – 21 October 2022.

An exciting new event joined MSA's 2022 Postal Swim Calendar. Clarence River Masters invited all clubs to enter their first Postal Swim in honour of their founding member, David Abrahams. And they encouraged swimmers who have never entered a carnival to participate. PROGRAM Choose a maximum 6

- 400M Freestyle, Backstroke, Breaststroke, Butterfly
- 200M Freestyle, Backstroke, Breaststroke, Butterfly
- 100M Freestyle, Backstroke, Breaststroke, Butterfly
- 50M Freestyle, Backstroke, Breaststroke, Butterfly

Award Winners



2022 SERVICE AWARDS

Andrea McNeil (left) for 5 years Meritorious Service as the Finance Director on the National Board of Management to MSA.

Leanne Beames (right) for 5 years Meritorious Service as the National Swim Meets committee member to MSA.



2022 COACH OF THE YEAR

Kerry-Ann Michels

Kerry-Ann Michels from Blacktown City Masters Swimming Club in NSW is the 2022 Masters Coach of the Year. Kerry-Ann Michels is the current coach and Vice President of Blacktown City Masters Swimming Club. Kerry's philosophy as a coach is to support all swimmers in achieving their goals and personal bests, regardless of their ability. Kerry has a natural love and passion for coaching which is constantly demonstrated in her willingness

to learn and understand, not only to achieve results for our swimmers, but to also further her abilities to make herself a better coach and grow within the squad. Kerry also takes the time to explain detail, especially when correcting technique. She will often use underwater cameras and video to analyse then play back recordings to swimmers, something that is invaluable in correcting technical flaws. Kerry's coaching has reaped rewards, not only for the Club, but for individual swimmers. From taking members who had little confidence in their abilities to guide and encourage them through their first meets/events, all the way through to our swimmers setting NSW and Australian records. Congratulation Kerry on a well-deserved award.



2022 OFFICIAL OF THE YEAR

Di Partridge

The award this year goes to Di Partridge from Cessnock Masters Swimming Club NSW.

Di Partridge is a member of the National Technical Committee and has been a member of Masters Swimming Australia for over 19 years. Di ran courses for technical officials on demand during 2022 which included both face to face and online catering for as many members as possible. She also mentors and trains all new officials in NSW from timekeepers

to referees. At a National level, Di reviewed training procedures to assist with the online education migration and has spent hours of volunteer's hours on pool deck as a referee. Thankyou Di, a wonderful achievement.



2022 VOLUNTEER OF THE YEAR

Kim Tyler

The 2022 Volunteer of the Year award recognises a member who has been an outstanding volunteer at the National level. This year Kim Tyler, a member of the Freemantle Masters in WA is the winner of the 2022 Volunteer of the Year Award.

Kim is a qualified Masters Swimming Club Coach is a MSA and National Coach Educator and member of the National Coaching Committee. Kim's constant support in 2022 to evolve and monitor the MSA Online Coaching Course as a National asset is felt across the country with over 400 coaches registering online since its launch in March 2021. She works to ensure the new course is appropriate, relevant, and accessible to all members to attain meaningful and practical coaching qualifications. Kim is actively involved with the NCC to mentor and share her knowledge with coaches from other states. Kim was also instrumental in the direction of the National ALTS project, providing sound feedback and recommendations to MSA General Manager. Thankyou Kim for your ongoing contribution to masters swimming.

Award Winners (Cont)



2022 MASTERS SWIMMER OF THE YEAR

Tony Goodwin

The Masters Swimmer of the Year is awarded to the swimmer gaining the highest number of points over a calendar year in competition in FINA recognised meets, with the points to be the sum of those for the best five swims, calculated using the current FINA methodology.

The Masters Swimmer of 2022 winner is Tony Goodwin from Manly Masters Swimming Club in NSW. Tony's determination and dedication to swimming was outstanding in 2022 winning 9 FINA World Records and 20 National Records.

2022 MSA SWIM SERIES

The 2022 MSA Swim Series consisted of 10 (ten) events on offer to members around Australia. The list of events below, were held from March to November with the return of the MSA National Championships held in April (NSW) and the Pan Pacific Masters Games in November (QLD).

2022 MSA Swim Series Winners					
Meet #	Date	Branch	Course	Description	Location
1	05.03.2022	VIC	SC	MSV SC CHAMPS MSASS1	MSAC
2	03.04.2022	WA	LC	MSWA STATE CHAMPIONSHIPS	HBF STADIUM
3	20.04.2022	AUS	SC	2022 MSA NATIONAL CHAMPIONSHIPS	SOPAC
4	20.05.2022	QLD	SC	MSQ SC STATE CHAMPIONSHIPS 2022	TOBRUK AC
5	14.08.2022	SA	LC	2022 MSSA INTERCLUB 3	SAALC
6	21.08.2022	TAS	SC	MST 38TH WINTER SC CHAMPIONSHIPS	LAUNCESTON AC
7	17.09.2022	NT	LC	MSNT 2022 LC CHAMPIONSHIPS	PARAP POOL
8	15.10.2022	NSW	LC	MSNSW LC CHAMPIONSHIPS	AIS CANBERRA
9	23.10.2022	WA	LC	MSWA STADIUM MASTERS ABC 2022	HBF STADIUM
10	09.11.2022	QLD	LC	PAN PACIFIC MASTERS GAMES 2022	GOLD COAST AC

Congratulations to all the winners of their Age Group in the 2022 MSA Swim Series and thank you to all the masters swimmers who registered and swam as part of the Swim Series.

Female winners: 9 swimmers won their Age Group for the first time, 2 swimmers won their Age Group for the second time, 2 swimmers won their Age Group for the third time, 1 swimmer won their Age Group for the fourth time and

Male winners: 8 swimmers won their Age Group for the first time, 4 swimmers won their Age Group for the second time and 1 swimmer won their Age Group for the third time

Notable mentions:

- There were 2 swimmers who won their Age Group in the inaugural Swim Series in 2014 win again in 2022
 - Barbara Pearce won it for her fifth time (2014, 2016, 2019, 2021 and 2022) and she also competed at 5 Swim Series meets throughout 2022
 - Marion Beulke won it for her third time (2014, 2019 and 2022)
- Dee Sheffrin won for the fourth time (2015, 2017, 2019 and 2022)
- China Johnson won it for his fourth time (2018, 2019, 2021 and 2022)
- John McKaig won it for the fifth time (2017, 2018, 2019, 2021 and 2022) and he also competed at 6 Swim Series meets throughout 2022
- Belinda Meek competed at 5 Swim Series meets throughout 2022
- Michael Daly competed at 6 Swim Series meets throughout 2022

Award Winners (Cont)

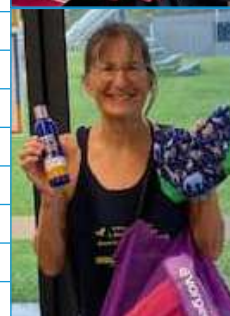
2022 MSA Swim Series Winners				
Age Group	Winner (Female)	Club	/10 events	Points
18-24	Natalie Sparks	NHS	3	2347
25-29	Catherine Prince	QGF,QRL	3	2483
30-34	Belinda Meek	NCT,NSN	5	5592
35-39	Tracey Murphy	VVM	3	3190
40-44	Catherine Wheeler	VDC	4	3974
45-49	Gillian O'Mara	QRC,VPP	4	6132
50-54	Caz Makin	NTN	4	4196
55-59	Meryl Churchill	QRT	4	2898
60-64	Andrea McNeil	VMV	4	4674
65-69	Dee Sheffrin	VDC	4	4710
70-74	Margie Moore	VDC	4	3917
75-79	Rosa Montague	VPP	3	2846
80-84	Pauline Wingate	WMH	2	816
85-89	Barbara Pearce	SMR	5	2678
90-94	Glad McGough	WMV	2	195
95 – 99	Marion Beulke	VFR	2	726
Age Group	Winner (Male)	Club	/10 events	Points
18-24	Brandon Fraser	NHS	3	2292
25-29	Declan Eskdale	QGF	2	1302
30-34	Lachlan Pearse	NNC	4	5226
35-39	Chris Savage	QBR,QRC	4	4529
40-44	Stephen Berting	QUQ	3	3516
45-49	Aaron Cleland	NBT	3	3236
50-54	John Mckaig	QLT,QTA	6	13654
55-59	Craig Magnusson	NHS	2	1585
60-64	Greg Chaplin	VCS	5	6935
65-69	Michael Daly	VPP	6	8099
70-74	Don Taylor	QUQ	3	2569
75-79	Rod Clarke	VDC	4	3858
80-84	Helmut Klein	NCM	3	1074
85-89	Tony Goodwin	NML	3	2966
90-94	China Johnson	QCT	3	1429

2022 VORGEER MILLION METRES

The Million Metres Awards Program was updated in 2001, with milestones recognised at one (1), three (3) & ten (10) million metres. In 2004, milestones were added for five (5) & seven (7) million metres, with the two million metre milestone added in 2007. In 2008, the program was expanded to recognise swimmers who attain fifteen (15) million metres and since then we've been very excited to add the twenty (20) million metres, and 2021 saw the first member reach the twenty-five (25) million metre milestone, providing ongoing recognition to those who continue to excel in long distance swimming. In 2021, the development of the MSA Million Metres app has digitalised results allowing swimmers to log their swims on a mobile device and in 2022, Vorgee caps and e-vouchers have been included as award prizes. Congratulations to the following 87 members who have achieved Awards during 2022. This is a record number of members applying for awards with the ease of logging your swims into an app being a major contributing factor to the successful uptake of the program. Well done!

Award Winners (Cont)

2022 Vorgee Million Metres Winners			
Name	Club	Branch	Award
Annika-Lee Skulander	Blacktown City Masters	MSNSW	1 Million Metres
Kerry-Ann Michels	Blacktown City Masters	MSNSW	1 Million Metres
Mark McDonald	Blacktown City Masters	MSNSW	1 Million Metres
Elizabeth Needham	Tuggeranong Masters	MSNSW	1 Million Metres
Ben Taylor	Wests Auburn	MSNSW	1 Million Metres
Lauren Bradley	Ettalong Pelicans	MSNSW	1 Million Metres
Rita Svensson	Port Macquarie	MSNSW	1 Million Metres
Darren Svensson	Port Macquarie	MSNSW	1 Million Metres
TJ Gokcen	Seaside Pirates	MSNSW	1 Million Metres
Lawrence Powderly	Wettones	MSNSW	1 Million Metres
David Smith	Darwin Stingers	MSNT	1 Million Metres
Henry Street	Darwin Stingers	MSNT	1 Million Metres
Justin Giles	Gympie Gold Fins	MSQ	1 Million Metres
Stewart Germon	Hervey Bay	MSQ	1 Million Metres
Donna Beikoff	Aqualicious	MSQ	1 Million Metres
Alli Cooke	Barbarians	MSQ	1 Million Metres
Deanne Sanderson	Belgravia Masters	MSQ	1 Million Metres
Diane Williams	Belgravia Masters	MSQ	1 Million Metres
Jemma Bayliss	Brisbane Northside Masters	MSQ	1 Million Metres
William Reid	Hervey Bay Humpbacks	MSQ	1 Million Metres
Rodd Winton	Ipswich City Masters	MSQ	1 Million Metres
Bruce Muller	Rats Of Tobruk	MSQ	1 Million Metres
Tracey Zammit	Miami Masters	MSQ	1 Million Metres
Peter Holley	Adelaide Masters	MSSA	1 Million Metres
Stewart Galliford	Noarlunga	MSSA	1 Million Metres
Cheryl Chambers	Phoenix Masters	MSSA	1 Million Metres
Janice Langan	Marion Marlins	MSSA	1 Million Metres
Sharyn Roach Anleu	Marion Marlins	MSSA	1 Million Metres
Tim Shaw	Launceston Lemmings	MST	1 Million Metres
Robyn Cogan	Boroughcouthas	MSV	1 Million Metres
Andrea McNeil	Malvern Marlins	MSV	1 Million Metres
Julie Karen Westbrook	Beatty Park Masters	MSWA	1 Million Metres
Colin Holden	Busselton Masters	MSWA	1 Million Metres
Todd Taylor	Busselton Masters	MSWA	1 Million Metres
Cliff Brennan	Cockburn Masters	MSWA	1 Million Metres
Richard Morris	Bunbury Masters	MSWA	1 Million Metres
Lesley Reid	Busselton Masters	MSWA	1 Million Metres
Trevor Wainstein	Inglewood Masters	MSWA	1 Million Metres
Aaron Cleland	Blacktown City Masters	MSNSW	2 Million Metres
Leanne Da Costa	Coffs Harbour Masters	MSNSW	2 Million Metres
Mark O'Sullivan	Coogee-Randwick Master	MSNSW	2 Million Metres
Linda Buckley	Seaside Pirates Inc	MSNSW	2 Million Metres
Leisa Cass	Tuggeranong Vikings	MSNSW	2 Million Metres



Award Winners (Cont)

2022 Vorgee Million Metres Winners			
Name	Club	Branch	Award
Helmut Klein	Clarence River Masters	MSNSW	2 Million Metres
Marion Dreyer	Ettalong Pelicans	MSNSW	2 Million Metres
Margaret Larkin	Molonglo Water Dragons	MSNSW	2 Million Metres
Kylie Lane	Tuggeranong Vikings	MSNSW	2 Million Metres
Vida Goodvach	Darwin Stingers	MSNT	2 Million Metres
Michelle Sampson	Hobart Dolphins	MST	2 Million Metres
Richard George	Busselton Masters	MSWA	2 Million Metres
Cas Brown	Stadium Masters	MSWA	2 Million Metres
Rhonda Pearsall	Busselton Masters	MSWA	2 Million Metres
Aaron Cleland	Blacktown City Masters	MSNSW	3 Million Metres
Jane Lawrence	Clarence River Masters	MSNSW	3 Million Metres
John Collis	Molonglo Water Dragons	MSNSW	3 Million Metres
Suzie Haddad	Campbelltown	MSNSW	3 Million Metres
Naomi McGilvray	North Mackay Sinkers	MSQ	3 Million Metres
Andrea Hutchinson	Rackley Parkinson	MSQ	3 Million Metres
Paul Mayberry	Twin Towns	MSQ	3 Million Metres
Marlene Anderson	Cockburn Masters	MSWA	3 Million Metres
Jen Casotti	Guildford Kalamunda	MSWA	3 Million Metres
Paul Blackbeard	Perth City Masters	MSWA	3 Million Metres
Aaron Cleland	Blacktown City Masters	MSNSW	4 Million Metres
Imogen O'Neill	Blacktown City Masters	MSNSW	4 Million Metres
Gordon FERGUSON	Ettalong Pelicans	MSNSW	4 Million Metres
Shiralee Bielenberg	Ipswich City Masters	MSQ	4 Million Metres
Jo Matthews	Noosa Masters	MSQ	4 Million Metres
David Mission	Twin Towns	MSQ	4 Million Metres
Marin Slunjski	Henley Beach Masters	MSSA	4 Million Metres
Donna French	The Hobart Aquatic Centre Masters	MST	4 Million Metres
Kay Bailey	Launceston Lemmings	MST	4 Million Metres
Diana Muriel McHenry	Launceston Lemmings	MST	4 Million Metres
Robert Kirkbride	Oak Flats Aussi	MSNSW	5 Million Metres
James Pelosa	Campbelltown	MSNSW	5 Million Metres
Brenda Day	Tuggeranong Vikings	MSNSW	5 Million Metres
John Miles	Sunshine Coast Masters	MSQ	5 Million Metres
Tony Frost	Noosa Masters	MSQ	5 Million Metres
Pamela Gunn	Adelaide Masters	MSSA	5 Million Metres
Darryl Flukes	Surrey Park Seahorses	MSV	5 Million Metres
John Marshall	Malvern Marlins	MSV	5 Million Metres
Pam Walker	Melville Masters	MSWA	5 Million Metres
Karina Horton	Albany Creek Masters	MSQ	7 Million Metres
Patricia Moore	Darwin Stingers	MSNT	7 Million Metres
Kent Nelson	Adelaide Masters	MSSA	7 Million Metres
Steve Richards	Hobart Dolphins	MST	7 Million Metres
Tony Stanton	Albany Creek Masters	MSWA	10 Million Metres





Award Winners (Cont)

2022 VORGEE ENDURANCE 1000

The Vorgee Endurance 1000 (e1000) program was launched as a National event over 20 years ago as the Aerobics program. The program is designed to encourage people to compete in distances from 400 metres to 60 minutes duration in a variety of strokes. Each year the program has enjoyed an increase in the number of swimmers competing, endorsing its popularity with the members. The e1000 is unique to MSA and proud that so many of our members participate year on year. Well done!

2022 Award Winners

Congratulations to the following Clubs:

- **Vorgee Endurance 1000 Champion Club** – Top scoring Club (Trophy) – **NOOSA MASTERS**

This is the ninth (9) time that Noosa have won this Award.

This Award points are gained for the completion of each different event. These combine with points gained by fellow Club members and contribute to a total point score for each competing Club.

- **Vorgee Endurance 1000 Award** – Average points per member (Award) – **WESTS AUBURN**

This is the second (2) time Wests Auburn have won this award.

As an extension of the program, the Vorgee Endurance 1000 Award (previously known as the Tassie Award and National Aerobic Award) goes to the Club averaging the highest number of points per registered member.

Award Winners (Cont)

2022 VORGEER ENDURANCE 1000 (Cont)

We also would like to congratulate the following 79 swimmers who achieved the full 62 swims in 2022 – an incredible testament to the program and the enjoyment clubs and members get from taking part. Make sure you also read the National Recorders report which details some interesting statistics on the e1000.

Member	Age	Age group	Points
Robin Griffiths	68	65-69	1005
Lyndall Wilson	69	65-69	1005
Matthew Reidy	66	65-69	943
Sally Hatcher	66	65-69	760
Heather McNair	52	50-54	689
Megan Blamires	53	50-54	1005
Jay Burston	41	40-44	1005
Mark McDonald	35	35-39	1005
Kerry-Ann Michels	55	55-59	1005
Annika-Lee Skulander	32	30-34	763
Leanne Da Costa	62	60-64	1005
Marcelle Smith	56	55-59	1005
Kerri Genovese	61	60-64	914
Kathryn Henson	60	60-64	881
Wendy Sheppard	62	60-64	863
Bruce Sweeting	58	55-59	508
Geoffrey Llewellyn	89	85-89	1005
Tanya Colyer	62	60-64	465
Suzie Haddad	37	35-39	1005
Gregory Jacques	75	75-79	1005
Russell Mcleod	72	70-74	1005
Belinda Meek	33	30-34	1005
James Pelosa	60	60-64	1005
Heather Rouen	66	65-69	1005
Owen Sinden	67	65-69	1005
Hans Preiss	73	70-74	969
Laura Lawrence	43	40-44	850
Alexandra Rouen	32	30-34	810
Wendy Mcmurtrie	55	55-59	1005
Jenny Whiteley	64	60-64	1005
Sue Tompkins	59	55-59	1005
Kristine Kennedy	57	55-59	1005
Kylie Lane	45	45-49	1005
Christine Leary	68	65-69	1005
Atsuko McGowan	43	40-44	1005
Ann Reid	60	60-64	1005
Donna Campbell	60	60-64	997

Member	Age	Age group	Points
Michael Parkinson	52	50-54	1005
Ben Taylor	54	50-54	1005
Kerryn Blanch	49	45-49	715
Cassie Anderson	42	40-44	484
Tracy Clarkson	73	70-74	1005
Liz Little	67	65-69	1005
Jonathan Patterson	74	70-74	1005
Hobe Horton	65	65-69	1005
Colette Southam	57	55-59	1005
Gordon Southam	60	60-64	1005
Jacqueline Willmott	39	35-39	538
Denise Decarlo	58	55-59	1005
Brian Hoepper	75	75-79	1005
Liquin Hussey	52	50-54	1005
Jo Matthews	67	65-69	1005
Jane Powell	64	60-64	1005
Mark Powell	67	65-69	1005
Ian Tucker	67	65-69	1005
Penelope O'shea	65	65-69	1005
Steve Richards	59	55-59	1005
Megan Stronach	70	70-74	1005
Kay Bailey	67	65-69	1005
Alwynne McMahon	67	65-69	1005
Lou Hill	64	60-64	1005
Stacy Kirkby	65	65-69	1005
Annette Philpot	63	60-64	1005
Brian Walsh	77	75-79	1005
John Cocks	86	85-89	1005
Julie Collette	70	70-74	1005
Nolene Schofield	68	65-69	1005
Richard Ingleby	60	60-64	799
Sue Lyon	58	55-59	977
Sarah Carr	39	35-39	1005
Vivienne Anthony	63	60-64	1005
Theresa Elliott	79	75-79	1005
Richard Johnson	59	55-59	1005
Lee Caldwell	68	65-69	934

Award Winners (Cont)

*Below from top: Tony Goodwin;
John Cocks; Liz Wallis; Chris Fydler*

2022 FINA WORLD RECORDS

What a fantastic year for our Masters swimmers in 2022. A total of 4 Individual swimmers breaking 14 Individual World Records; and 3 Relay teams breaking 4 Relay World Records. MSA is made up of swimmers with varying motivations, participating in extraordinary adventures, both in and outside the swimming world. Achieving FINA World Records is an exceptional achievement and only attained by very few. Congratulations to the amazing achievements of the following members:

Tony Goodwin (Manly Masters) 85-89

- 100m Breaststroke SC 1:41.32 MSNSW Twilight Meet
- 200m Breaststroke SC 3:51.88 MSV SC Championships
- 200m Breaststroke SC 3:44.36 MSA National SC Championships
- 100m Breaststroke SC 1:40.70 MSNSW Branch Pointscore Round 8 Meet
- 200m Breaststroke LC 3:54.07 Brisbane Southside LC Meet.
- 100m Breaststroke LC 1:44.12 Brisbane Southside LC Meet.
- 100m Breaststroke LC 3:52.66 MSNSW Long Course Championships
- 200m Breaststroke LC 1:43.68 MSNSW Long Course Championships



John Cocks (Malvern Marlins) 85-89

- 100m Butterfly SC 1:49.64 MSNSW Twilight Meet
- 100m Butterfly SC 1:49.41 MSQ State Championships
- 400m Ind Medley SC 7:58.08 MSQ State Championships
- 200m Ind Medley SC 3:36.41 MSQ State Championships



Liz Wallis (Warringah Masters) 95-99

- 50m Freestyle SC 1:00.28 MSA National SC Championships



Chris Fydler (Tattersalls) 50-54

- 50m Freestyle SC 23.36 MSNSW Branch Pointscore Round 8 Meet

Diana Moore, Max Van Gelder, John Pagden and Liz Wallis (Warringah Masters) 360-399

- 4x50m Medley Relay SC 5:02.42 MSA National SC Championships

Lindy Salter, Margaret Watts, Carole Simpson and Denise Robertson (Miami Masters) 320-359

- 4x100m Medley Relay SC 7:48.04 MSQ State Championships
- 4x100m Medley Relay LC 7:52.67 Brisbane Southside LC Meet

Chris Fydler, Peter Thiel, Guy Farrow and James Hickman (Tattersalls) 200-239

- 4x50 Freestyle Relay SC 1:37.35 MSNSW Branch Pointscore Round 8

Note: We also had a New Zealand Masters swimmer Brent Foster from Mt Roskill Masters break two World Records at MST Championships in Tasmania during 2022.



From L-R: Warringah Masters; 2 Miami Masters; Tattersalls



New Club in QLD: Pelican Waters Masters Swim Club

Sponsors

Vorgee Australia P/L

Masters Swimming Australia is proud of its 17+ years partnership with Vorgee Australia. We are so proud of the National programs that Vorgee sponsor (Million Metres and E1000) and we will see Vorgee on display at the 2023 National Championships in Hobart, Tasmania.



Thank you to John Vorgias and the team in supporting all masters swimmers in Australia. We continue to support Vorgee by purchasing the annual MSA logo caps and special edition MHAM cap and this year the 'Swim Club' will purchase some merchandise for the ALTS swimmers. The National Office promotes Vorgee through digital, social and e-newsletters. Thank you to the Branches for supporting our National partner – Vorgee.

Ocean Swim Fiji

Masters Swimming Australia also supported the Ocean Swim Fiji (OSF) team who have been successful in selling out their May 2023 event. Due to the success of the May event, OSF created a second event which will go ahead in August 2023. There were 200 spots available in August 2023 which were offered exclusively to people on the waitlist (including some of our masters swimmers!)



Masters Swimming Australia acknowledges the audit services of Crowe
www.crowe.com/au



MSA Branches

NSW	PO Box 6941 Silverwater NSW 2128 www.mastersswimmingnsw.org.au
NT	PO Box 418 Parap NT 0804 www.mastersswimmingnt.org.au
QLD	PO Box 1279 Capalaba BC QLD 4157 www.mastersswimmingqld.org.au
SA	43 Morphett Road Oaklands Park SA 5046 www.mastersswimmingasa.org.au
TAS	PO Box 5229 Launceston TAS 7250 www.mastersswimmingtasmania.com.au
VIC	Level 2 50-56 York Street South Melbourne VIC 3205 www.mastersswimmingvic.org.au
WA	PO Box 260 Mount Claremont WA 6010 www.mswa.asn.au