



INSPECTORS OF TURNS

CANDIDATE NOTES & WORKSHEETS

After attending this course you must complete all of the requirements listed in the Log sheets for Inspector of Turns

THE RULES RE THE DUTIES AND RESPONSIBILITIES OF INSPECTORS OF TURNS ARE

SW 2.6, and SW 5 to SW 10 inclusive.

CONTENTS

Introduction	2
Pre-reading	2
Checklist of Duties for Inspectors of Turns	2
Inspectors of Turns Worksheet	4

Introduction

Inspectors of Turns ensure that, when starting, turning, doing relay changeovers and finishing, swimmers comply with the relevant rules.

Pre-Reading for this course

You should printout and study each of the following before attending the formal course.

- These Candidate Notes
- MSA Swimming Rules, with emphasis on SW 5 to SW 10
- MSA General Rules
- Swimmers Needing Assistance
- Infraction Reporting and DQ procedures
- Infraction Reporting Forms
- DQ Codes (abridged for IoTs)

You should also have watched the FINA DVD Officiating Swimming (available from your Branch Office) several times after having first read the “Updates to FINA DVD (including 2013 rule changes)”

Checklist of Duties for Inspectors of Turns

On the day of the Meet:

- Arrive at the pool at least 30 minutes before the scheduled starting time of the meet, dressed in official’s uniform
- Bring a clipboard, pen, whistle and copies of each of the documents listed in Pre-Reading above next to a dot point.
- Report to the Meet Referee and obtain a copy of the program.
- Attend the officials’ pre-meet briefing.
- Meet your Chief Inspector of Turns.
- Attend any post meet debriefing.
- Do a post-meet self-evaluation, reflecting on what you did well and what you could improve.

During the Meet:

- When in position on pool deck ensure you can see your Chief Inspector of Turns if there is one, if not, the Event Referee.
- Be in a good position to observe the swimmers.
- Do not block any Timekeeper’s line of sight of the starting device.
- If you are at the start end of the pool check that swimmers comply with the relevant rules from the start until the completion of their first arm stroke on the surface.
- Ensure swimmers comply with the relevant rules for turning, commencing with the last arm stroke before touching and ending with the completion of the first arm

stroke on the surface after turning.

- If at the finish end of the pool, ensure swimmers finish their race according to the current rules.
- Ensure that swimmers in relay teams are in contact with the starting platform or pool end wall when the preceding swimmer touches the end wall.
- At the turn end of the pool in individual events of 400 metres or longer, record the number of laps completed by the swimmer in your lane and display lap cards (if available) to let the swimmer know how many laps to go.
- At the start end of the pool give a warning signal (whistle or bell), in events 400 metres (except Individual Medley) or longer, when there are 2 lengths plus 5 metres to swim to the finish (e.g. 5m before 300m in a Long Course 400m and 5m before 350m in a Short Course 400m). The signal shall be repeated until the swimmer has turned and reached the five (5) metre mark on the lane rope. This may be done by a designated timekeeper.
- Record any and all violations of the Rules that you observe on an Infraction Report, sign the report and pass it on to your Chief Inspector of Turns or the Event Referee (when there is no Chief IOT). You need not be concerned as to whether they have an exemption due to an MD Certificate as the Event Referee will check this.

An Inspector of Turns needs to:

- Have a good understanding of the swimming rules.
- Be able to concentrate - should not be distracted by the crowd.

Inspectors of Turns Worksheet

At your course you will be asked to answer the following questions. Cross out Yes or No in the second column and enter the relevant DQ Code. You may refer to the Swimming Rules and the DQ Codes. Next in the space below each question write the Rule number that applies plus any explanation. The answers will then be discussed.

Q 1. has been answered as a guide to you.

You see a swimmer do the following. Do you complete an infringement form and hand it to the Chief Inspector of Turns? If yes write in DQ Code	Strike out wrong answer	DQ Code
1. The swimmer in your lane stumbles then falls off their starting platform into the water before the starting signal is given.	Yes / No	
<i>My jurisdiction is from the start and the race has not started.</i>		
2. Your swimmer anticipates the start and dives in marginally before the starting signal is given. The race continues.	Yes / No	
3. Your swimmer in the 200m freestyle, tumble turns, misses the wall, then swims on.	Yes / No	
4. Your swimmer in the 400m freestyle touches for a turn and then pushes off the bottom of the pool to start the next lap.	Yes / No	
5. Your swimmer in a Freestyle relay event dives in before the other swimmer touches the wall, however the swimmer stops, returns and touches the wall then proceeds in the race	Yes / No	

6. Your swimmer in the 100m Backstroke turns onto the breast, does not tumble turn, but in a continuous motion touches the wall. They rest briefly and then push off on the back to resume the race.	Yes / No	
7. Your swimmer in the 200m Backstroke turns onto their breast just after they have come under the backstroke flags, then takes three kicks before commencing a single arm pull to tumble turn.	Yes / No	
8. Your swimmer in the 200m Individual Medley touches at the end of the Butterfly leg, pushes away from the wall on their stomach then twists onto their back before surfacing and starting to swim the Backstroke leg.	Yes / No	
9. Your swimmer, in a Breaststroke event, turns, pushes off the wall and immediately uses a butterfly kick while submerged before their hands part for their first stroke. Their feet break the surface before they stroke and come to the surface.	Yes / No	
10. Your swimmer in the 50m Breaststroke dives in after the start signal, takes an underwater stroke followed by a breaststroke kick then a second stroke before their head breaks the surface of the water as their arms are recovering for their third stroke.	Yes / No	

11. Your swimmer in the 50m Breaststroke dives in after the start signal, takes an underwater stroke followed by a butterfly kick then their head breaks the surface of the water as their arms are recovering for their second stroke.	Yes / No	
12. Your swimmer has had their left arm amputated at the left elbow and therefore touches with one hand at the turns and the finish in the Breaststroke	Yes/No	
13. Your 50m Butterfly swimmer dives in, does a simultaneous underwater stroke and butterfly kick, then a breaststroke kick and then breaks the surface before their hands are halfway through their second stroke.	Yes / No	
14. Your 50m Butterfly swimmer finishes with one hand touching over the other .	Yes / No	

