

**STARTER CANDIDATE'S COMPETENCIES CARD**  
**Candidate to retain and tick each time a competency is assessed**

CANDIDATE HAS	TICK WHEN ASSESSED AS COMPETENT THREE TIMES UNDER DIRECT SUPERVISION
Reported to Meet Referee re program and equipment	
Checked equipment including false start rope	
Liaised with Chief Timekeeper re demonstration of start device signal	
Used a clear commanding / assertive voice	
Did not block Timekeepers' view of starting signal	
Correct use of equipment	
Familiar with reset/ready to start AOE (OPTIONAL)	
Followed Referee's signals correctly	
Held competitors only until all were stationary at the start	
Observed starts and correctly called & reported false starts <b>or completed exercise</b>	

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