



MASTERS SWIMMING AUSTRALIA

Men 18 - 24 Years

DISTANCE	FREESTYLE	BACKSTROKE	BREASTSTROKE	BUTTERFLY	IND. MEDLEY	PTS.
400 m	< 5.46	< 6.55	< 7.40	< 8.04	< 7.06	5
	5.46 < 7.08	6.55 < 8.34	7.40 < 9.29	8.04 < 9.59	7.06 < 8.46	3
	7.08 +	8.34 +	9.29 +	9.59 +	8.46 +	2
800 m	< 12.26	< 14.41	< 16.16	< 17.07	< 15.44	10
	12.26 < 15.23	14.41 < 18.11	16.16 < 20.07	17.07 < 21.11	15.44 < 19.28	6
	15.23 +	18.11 +	20.07 +	21.11 +	19.28 +	4
1500 m	< 23.54	< 28.46	< 31.51			40
	23.54 < 29.35	28.46 < 35.36	31.51 < 39.25			30
	29.35 +	35.36 +	39.25 +			20
30 mins	<: 1575	<: 1325	<= 1200	< Denotes "less than" + Denotes "equal to" or "greater than"	20	
	1575 - 1850	1325 - 1550	1200 - 1400		30	
	1875 +	1575 +	1425 +		40	
45 mins	<: 2250	<: 1900	<= 1700		25	
	2250 - 2700	1900 - 2250	1700 - 2025		35	
	2725 +	2275 +	2050 +		50	
60 mins	<: 2950	<: 2450	<= 2200		40	
	2950 - 3550	2450 - 2950	2200 - 2650		60	
	3575 +	2975 +	2675 +		80	