



MASTERS SWIMMING AUSTRALIA

MEN 35 - 39 YEARS

DISTANCE	FREESTYLE	BACKSTROKE	BREASTSTROKE	BUTTERFLY	IND. MEDLEY	PTS.
400 m	< 6.10	< 7.24	< 8.12	< 8.38	< 7.35	5
	6.10 < 7.38	7.24 < 9.09	8.12 < 10.09	8.38 < 10.41	7.35 < 9.23	3
	7.38 +	9.09 +	10.09 +	10.4 +	9.23 +	2
800 m	< 13.17	< 15.43	< 17.23	< 18.18	< 16.49	10
	13.17 < 16.27	15.43 < 19.26	17.23 < 21.11	18.2 < 22.39	16.49 < 20.49	6
	16.27 +	19.26 +	21.11 +	22.4 +	20.49 +	4
1500 m	< 25.34	< 30.45	< 34.03			40
	25.34 < 31.38	30.45 < 38.04	34.03 < 42.09			30
	31.38 +	38.04 +	42.09 +			20
30 mins	<= 1475	<= 1250	<= 1125	< Denotes "less than" + Denotes "equal to" or "greater than"		20
	1475 - 1725	1250 - 1450	1125 - 1300		30	
	1750 +	1475 +	1325 +		40	
45 mins	<= 2125	<= 1775	<= 1575			25
	2125 - 2525	1775 - 2100	1575 - 1875			35
	2550 +	2125 +	1900 +			50
60 mins	<= 2775	<= 2300	<= 2075			40
	2775 - 3325	2300 - 2750	2075 - 2475			60
	3350 +	2775 +	2500 +			80