



MASTERS SWIMMING AUSTRALIA

**MEN 65 - 69 YEARS**

DISTANCE	FREESTYLE		BACKSTROKE		BREASTSTROKE		BUTTERFLY		IND. MEDLEY		PTS.
<b>400 m</b>	<	7.57	<	9.56	<	10.34	<	11.56	<	9.56	5
	7.57 <	9.51	9.56 <	12.18	10.34 <	13.05	11.56 <	14.46	9.56 <	12.18	3
	9.51 +		12.18 +		13.05 +		14.46 +		12.18 +		2
<b>800 m</b>	<	17.08	<	21.06	<	22.25	<	25.17	<	22.02	10
	17.08 <	21.13	21.06 <	26.07	22.25 <	27.45	25.17 <	31.18	22.02 <	27.16	6
	21.13 +		26.07 +		27.45 +		31.18 +		27.16 +		4
<b>1500 m</b>	<	32.57	<	41.18	<	43.54					40
	32.57 <	40.48	41.18 <	51.08	43.54 <	54.21					30
	40.48 +		51.08 +		54.21 +						20
<b>30 mins</b>	<=	1150	<=	925	<=	875	< Denotes "less than"  + Denotes "equal to" or "greater than"				20
	1150 -	1350	925 -	1075	875 -	1000					30
	1375 +		1100 +		1025 +						40
<b>45 mins</b>	<=	1650	<=	1300	<=	1225					25
	1650 -	1950	1300 -	1550	1225 -	1450					35
	1975 +		1575 +		1475 +						50
<b>60 mins</b>	<=	2150	<=	1700	<=	1600					40
	2150 -	2575	1700 -	2050	1600 -	1925					60
	2600 +		2075 +		1950 +						80