



MASTERS SWIMMING AUSTRALIA

MEN 70 - 74 YEARS

DISTANCE	FREESTYLE		BACKSTROKE		BREASTSTROKE		BUTTERFLY		IND. MEDLEY		PTS.
400 m	<	9.28	<	11.51	<	12.36	<	14.13	<	11.51	5
	9.28 <	11.29	11.51 <	14.22	12.36 <	15.17	14.13 <	17.14	11.51 <	14.22	3
	11.29 +		14.22 +		15.17 +		17.14 +		14.22 +		2
800 m	<	20.25	<	25.09	<	26.43	<	30.08	<	26.15	10
	20.25 <	24.46	25.09 <	30.29	26.43 <	32.24	30.08 <	36.32	26.15 <	31.50	6
	24.46 +		30.29 +		32.24 +		36.32 +		31.50 +		4
1500 m	<	39.16	<	49.13	<	52.19					40
	39.16 <	47.37	49.13 <	59.41	52.19 <	63.27					30
	47.37 +		59.41 +		63.27 +						20
30 mins	<=	975	<=	800	<=	725	< Denotes "less than"				20
	975 -	1175	800 -	950	725 -	875					30
	1200 +		975 +		900 +					+ Denotes "equal to" or "greater than"	40
45 mins	<=	1400	<=	1100	<=	1025					25
	1400 -	1700	1100 -	1350	1025 -	1250					35
	1725 +		1375 +		1275 +						50
60 mins	<=	1800	<=	1425	<=	1350					40
	1800 -	2200	1425 -	1775	1350 -	1650					60
	2225 +		1800 +		1675 +						80