



MASTERS SWIMMING AUSTRALIA

**MEN 75 - 79 YEARS**

DISTANCE	FREESTYLE	BACKSTROKE	BREASTSTROKE	BUTTERFLY	IND. MEDLEY	PTS.
<b>400 m</b>	< 10.08	< 12.40	< 13.28	< 15.11	< 12.40	5
	10.08 < 12.17	12.40 < 15.21	13.28 < 16.20	15.11 < 18.25	12.40 < 15.21	3
	12.17 +	15.21 +	16.20 +	18.25 +	15.21 +	2
<b>800 m</b>	< 21.49	< 26.52	< 28.33	< 32.12	< 28.04	10
	21.49 < 26.28	26.52 < 32.35	28.33 < 34.38	32.12 < 39.03	28.04 < 34.02	6
	26.28 +	32.35 +	34.38 +	39.03 +	34.02 +	4
<b>1500 m</b>	< 41.59	< 52.37	< 55.55			40
	41.59 < 50.54	52.37 < 63.48	55.55 < 67.49			30
	50.54 +	63.48 +	67.49 +			20
<b>30 mins</b>	<= 925	<= 725	<= 700	< Denotes "less than"		20
	925 - 1100	725 - 875	700 - 825			30
	1125 +	900 +	850 +		+ Denotes "equal to" or "greater than"	40
<b>45 mins</b>	<= 1300	<= 1025	<= 975			25
	1300 - 1575	1025 - 1250	975 - 1175			35
	1600 +	1275 +	1200 +			50
<b>60 mins</b>	<= 1675	<= 1350	<= 1250			40
	1675 - 2075	1350 - 1650	1250 - 1550			60
	2100 +	1675 +	1575 +			80