



MASTERS SWIMMING AUSTRALIA

**MEN 85 - 89 YEARS**

| DISTANCE       | FREESTYLE     | BACKSTROKE    | BREASTSTROKE  | BUTTERFLY             | IND. MEDLEY                            | PTS. |
|----------------|---------------|---------------|---------------|-----------------------|--|------|
| <b>400 m</b>   | < 11.49       | < 14.47       | < 15.44       | < 17.44               | < 14.47                                | 5    |
|                | 11.49 < 14.20 | 14.47 < 17.55 | 15.44 < 19.04 | 17.44 < 21.31         | 14.47 < 17.55                          | 3    |
|                | 14.20 +       | 17.55 +       | 19.04 +       | 21.31 +               | 17.55 +                                | 2    |
| <b>800 m</b>   | < 25.29       | < 31.23       | < 33.20       | < 37.36               | < 32.46                                | 10   |
|                | 25.29 < 30.54 | 31.23 < 38.03 | 33.20 < 40.26 | 37.36 < 45.36         | 32.46 < 39.44                          | 6    |
|                | 30.54 +       | 38.03 +       | 40.26 +       | 45.36 +               | 39.44 +                                | 4    |
| <b>1500 m</b>  | < 49.01       | < 61.26       | < 65.18       |                       |  | 40   |
|                | 49.01 < 59.26 | 61.26 < 74.29 | 65.18 < 79.11 |                       |  | 30   |
|                | 59.26 +       | 74.29 +       | 79.11 +       |                       |  | 20   |
| <b>30 mins</b> | <= 800        | <= 625        | <= 600        | < Denotes "less than" |  | 20   |
|                | 800 - 950     | 625 - 750     | 600 - 700     |                       |  | 30   |
|                | 975 +         | 775 +         | 725 +         |                       | + Denotes "equal to" or "greater than" | 40   |
| <b>45 mins</b> | <= 1100       | <= 875        | <= 825        |                       |  | 25   |
|                | 1100 - 1350   | 875 - 1075    | 825 - 1025    |                       |  | 35   |
|                | 1375 +        | 1100 +        | 1050 +        |                       |  | 50   |
| <b>60 mins</b> | <= 1425       | <= 1150       | <= 1100       |                       |  | 40   |
|                | 1425 - 1775   | 1150 - 1400   | 1100 - 1350   |                       |  | 60   |
|                | 1800 +        | 1425 +        | 1375 +        |                       |  | 80   |