



MASTERS SWIMMING AUSTRALIA

WOMEN 50 - 54 YEARS

DISTANCE	FREESTYLE	BACKSTROKE	BREASTSTROKE	BUTTERFLY	IND. MEDLEY	PTS.
400 m	< 7.30	< 9.00	< 9.59	< 10.30	< 9.14	5
	7.30 < 9.17	9.00 < 11.09	9.59 < 12.21	10.30 < 12.59	9.14 < 11.09	3
	9.17 +	11.09 +	12.21 +	12.59 +	11.25 +	2
800 m	< 16.10	< 19.06	< 21.09	< 22.16	< 20.27	10
	16.10 < 20.01	19.06 < 23.39	21.09 < 26.11	22.16 < 27.33	20.27 < 25.19	6
	20.01 +	23.39 +	26.11 +	27.33 +	25.19 +	4
1500 m	< 31.05	< 37.24	< 41.25			40
	31.05 < 38.29	37.24 < 46.18	41.25 < 51.16			30
	38.29 +	46.18 +	51.16 +			20
30 mins	<= 1225	<= 1025	<= 900	< Denotes "less than"		20
	1225 - 1425	1025 - 1175	900 - 1050			30
	1450 +	1200 +	1075 +		+ Denotes "equal to" or "greater than"	40
45 mins	<= 1750	<= 1450	<= 1300			25
	1750 - 2075	1450 - 1700	1300 - 1550			35
	2100 +	1725 +	1575 +			50
60 mins	<= 2275	<= 1875	<= 1700			40
	2275 - 2725	1875 - 2250	1700 - 2050			60
	2750 +	2275 +	2075 +			80