



MASTERS SWIMMING AUSTRALIA

WOMEN 60 - 64 YEARS

| DISTANCE | FREESTYLE | BACKSTROKE | BREASTSTROKE | BUTTERFLY | IND. MEDLEY | PTS. |
|----------------|---------------|---------------|---------------|--|---------------|------|
| 400 m | < 8.15 | < 10.19 | < 10.58 | < 12.23 | < 10.19 | 5 |
| | 8.15 < 10.13 | 10.19 < 12.47 | 10.58 < 13.35 | 12.23 < 15.19 | 10.19 < 12.47 | 3 |
| | 10.13 + | 12.47 + | 13.35 + | 15.19 + | 12.47 + | 2 |
| 800 m | < 17.47 | < 21.55 | < 23.16 | < 26.14 | < 22.53 | 10 |
| | 17.47 < 22.01 | 21.55 < 27.08 | 23.16 < 28.48 | 26.14 < 32.29 | 22.53 < 28.20 | 6 |
| | 22.01 + | 27.08 + | 28.48 + | 32.29 + | 28.20 + | 4 |
| 1500 m | < 34.12 | < 42.54 | < 45.33 | | | 40 |
| | 34.12 < 42.20 | 42.54 < 53.06 | 45.33 < 56.24 | | | 30 |
| | 42.20 + | 53.06 + | 56.24 + | | | 20 |
| 30 mins | <= 1125 | <= 875 | <= 850 | < Denotes "less than" + Denotes "equal to" or "greater than" | | 20 |
| | 1125 - 1300 | 875 - 1025 | 850 - 975 | | 30 | |
| | 1325 + | 1050 + | 1000 + | | 40 | |
| 45 mins | <= 1575 | <= 1250 | <= 1175 | | | 25 |
| | 1575 - 1875 | 1250 - 1500 | 1175 - 1400 | | | 35 |
| | 1900 + | 1525 + | 1425 + | | | 50 |
| 60 mins | <= 2050 | <= 1650 | <= 1550 | | | 40 |
| | 2050 - 2475 | 1650 - 1975 | 1550 - 1850 | | | 60 |
| | 2500 + | 2000 + | 1875 + | | | 80 |