



MASTERS SWIMMING AUSTRALIA

WOMEN 75 - 79 YEARS

DISTANCE	FREESTYLE	BACKSTROKE	BREASTSTROKE	BUTTERFLY	IND. MEDLEY	PTS.
400 m	< 11.08	< 13.55	< 14.48	< 16.42	< 13.55	5
	11.08 < 13.30	13.55 < 16.53	14.48 < 17.57	16.42 < 20.15	13.55 < 16.53	3
	13.30 +	16.53 +	17.57 +	20.15 +	16.53 +	2
800 m	< 24.00	< 29.33	< 31.24	< 35.24	< 30.51	10
	24.00 < 29.06	29.33 < 35.50	31.24 < 38.04	35.24 < 42.56	30.51 < 37.25	6
	29.06 +	35.50 +	38.04 +	42.56 +	37.25 +	4
1500 m	< 46.09	< 57.50	< 61.29			40
	46.09 < 55.58	57.50 < 70.09	61.29 < 74.34			30
	55.58 +	70.09 +	74.34 +			20
30 mins	<= 850	<= 675	<= 625	< Denotes "less than" + Denotes "equal to" or "greater than"		20
	850 - 1000	675 - 800	625 - 750		30	
	1025 +	825 +	775 +		40	
45 mins	<= 1200	<= 950	<= 875			25
	1200 - 1450	950 - 1150	875 - 1075			35
	1475 +	1175 +	1100 +			50
60 mins	<= 1550	<= 1225	<= 1150			40
	1550 - 1900	1225 - 1500	1150 - 1400			60
	1925 +	1525 +	1425 +			80