



MASTERS SWIMMING AUSTRALIA

WOMEN 85-89 YEARS

| DISTANCE | FREESTYLE | BACKSTROKE | BREASTSTROKE | BUTTERFLY | IND. MEDLEY | PTS. |
|----------------|---------------|---------------|---------------|--|---------------|------|
| 400 m | < 13.01 | < 16.16 | < 17.19 | < 19.32 | < 16.16 | 5 |
| | 13.01 < 15.47 | 16.16 < 19.44 | 17.19 < 21.00 | 19.32 < 23.41 | 16.16 < 19.44 | 3 |
| | 15.47 + | 19.44 + | 21.00 + | 23.41 + | 19.44 + | 2 |
| 800 m | < 28.03 | < 34.33 | < 36.42 | < 41.24 | < 36.05 | 10 |
| | 28.03 < 34.01 | 34.33 < 41.54 | 36.42 < 44.31 | 41.24 < 50.12 | 36.05 < 43.45 | 6 |
| | 34.01 + | 41.54 + | 44.31 + | 50.12 + | 43.45 + | 4 |
| 1500 m | < 53.58 | < 67.38 | < 71.53 | | | 40 |
| | 53.58 < 65.26 | 67.38 < 82.01 | 71.53 < 87.11 | | | 30 |
| | 65.26 + | 82.01 + | 87.11 + | | | 20 |
| 30 mins | <= 700 | <= 575 | <= 550 | < Denotes "less than" + Denotes "equal to" or "greater than" | | 20 |
| | 700 - 850 | 575 - 675 | 550 - 650 | | 30 | |
| | 875 + | 700 + | 675 + | | 40 | |
| 45 mins | <= 1000 | <= 800 | <= 750 | | | 25 |
| | 1000 - 1225 | 800 - 975 | 750 - 900 | | | 35 |
| | 1250 + | 1000 + | 925 + | | | 50 |
| 60 mins | <= 1325 | <= 1050 | <= 975 | | | 40 |
| | 1325 - 1625 | 1050 - 1300 | 975 - 1200 | | | 60 |
| | 1650 + | 1325 + | 1225 + | | | 80 |