

# **WESTS AUBURN MASTERS SWIMMING CLUB**

## **5000m POSTAL SWIM 2019 SUMMARY**

A slightly weaker response this year. Enough entrants to provide some fun and competition for our long distance endurance swimmers. This year we recognise swimmers from ACT, NSW, Northern Territory, Queensland and Victoria.

Congratulations to all those who took part – the swimmers who keep on coming back year after year, the newbies, *and especially the magnificent 4 x 1250m individual medley swimmers* .... PLEASE try to convince a few more members to do the long yards in 2020 !

Terry Gainey - Postal Swim Co-ordinator

## **SUMMARY OF ENTRIES**

### **5000m INDIVIDUAL**

MEN: 4 (including one 1250m Individual Medley and one Backstroke)

WOMEN: 16 (including one 1250m Individual Medley, one Breaststroke and two open water swims)

### **RELAYS**

2 x 2500m: 13

5 x 1000m: 14 (including two Breaststroke and one Backstroke)

4 x 1250m: 6

10 x 500m: 6

## 5000m SWIMMERS - WOMEN

1.	<b>Nicolee Martin</b> NTN Tuggeranong (ACT)	53 yrs	female	open	<b>75:15.54</b>
2.	<b>Caroline Makin</b> NTN Tuggeranong (ACT)	51 yrs	female	50m	<b>76:09.00</b>
3.	<b>Kim Norris</b> QAC Albany Creek (Qld)	60 yrs	female	50m 2018	<b>86:32.13</b> 87:12.00
4.	<b>Karina Horton</b> QAC Albany Creek (Qld)	61 yrs	female	50m 2018 2016 2013 2012	<b>91:38.23</b> 90:04.48 89:41.84 97:13.73 97:02.54
5.	<b>Fran Moroney</b> QGS Gladstone (Qld)	56 yrs	female	50m 2018 2016 2015	<b>93:45.82</b> 98:40.05 89:45.30 92:02.99
6.	<b>Alison Green</b> QGS Gladstone (Qld)	46 yrs	female	50m 2017 2016	<b>95:01.98</b> 89:57.32 96:11.63
7.	<b>Megan Blamires</b> NBT Blacktown (NSW)	50 yrs	female	50m	<b>97:09.60</b>
8.	<b>Sue Lyon</b> VSP Surrey Park (Vic)	54 yrs	female	50m 2018 2016 2015	<b>97:50.48</b> 97:15.46 117:28.90 106:50.29
9.	<b>Irene Symons</b> QNA Noosa (Qld)	68 yrs	female	50m	<b>97:57.41</b>
10.	<b>Jillian Pateman</b> NBM Blue Mtns (NSW)	60 yrs	female	50m 2018 2017 2016 2015 2014 2013 2012 2011 2010 2009 2008 2007 2006 2005	<b>101:54.87</b> 102:29.26 97:15.74 97:54.54 96:51.15 93:30.16 96:26.50 97:33.78 93:50.87 92:38.78 95:23.03 102:20.80 100:27.76 101:18.06 105:07.25
<b><u>FIFTEEN YEARS IN A ROW !!!</u></b>					
11.	<b>Kerry-Ann Michels</b> NBT Blacktown (NSW)	52 yrs	female	50m	<b>103:09.89</b>

12.	<b>Susan Bellamy</b> NWS Wests Auburn (NSW)	61 yrs	female	50m	<b>110:29.43</b>
				2018	111:35.71
				2017	112:05.96
				2016	109:44.95
				2015	110:14.10
				2014	110:52.26
				2013	110:04.85
				2012	111:36.38
				2011	110:20.78
				2010	107:41.26
				2009	109:07.26
				2008	105:34.95
				2007	106:08.07
				2005	106:13.82
				2004	108:78.20
	<b><u>FIFTEEN YEARS OF SWIMS !!!</u></b>				
13.	<b>Dee Greenwood</b> VSP Surrey Park (Vic)	54 yrs	female	50m	<b>119:30.29</b>
				2018	127:18.95
				2016	113:28.30
				2014	109:12.97
14.	<b>Annika Skulander</b> NBT Blacktown (NSW)	29 yrs	female	50m	<b>139:14.89</b>
					<b>BREASTSTROKE</b>
15.	<b>Helen Rubin</b> NRY Ryde (NSW)	66 yrs	female	open	<b>139:42.00</b>
				2018	146:53.00
				2017	148:32.15
16.	<b>Cassie Anderson</b> NWS Wests Auburn (NSW)	39 yrs	female	50m	<b>230:02.65</b>
				2018	182:37.72
				2017	160:51.55
				2016	155:58.64
				2015	165:58.20
				2014	162:33.26
				2013	174:46.79

## **WOMEN 25-29 years**

- |    |  |        |        |     |                  |
|----|--|--------|--------|-----|------------------|
| 1. | <b>Annika Skulander</b><br>NBT Blacktown (NSW) | 29 yrs | female | 50m | <b>139:14.89</b> |
|----|--|--------|--------|-----|------------------|

## **WOMEN 35-39 years**

- |    |  |        |        |     |                  |
|----|--|--------|--------|-----|------------------|
| 1. | <b>Cassie Anderson</b><br>NWS Wests Auburn (NSW) | 39 yrs | female | 50m | <b>230:02.65</b> |
|----|--|--------|--------|-----|------------------|

## **WOMEN 45-49 years**

- |    |  |        |        |     |                 |
|----|--|--------|--------|-----|-----------------|
| 1. | <b>Alison Green</b><br>QGS Gladstone (Qld) | 46 yrs | female | 50m | <b>95:01.98</b> |
|----|--|--------|--------|-----|-----------------|

## **WOMEN 50-54 years**

- |    |   |        |        |      |                  |
|----|---|--------|--------|------|------------------|
| 1. | <b>Nicolee Martin</b><br>NTN Tuggeranong (ACT)  | 53 yrs | female | open | <b>75:15.54</b>  |
| 2. | <b>Caroline Makin</b><br>NTN Tuggeranong (ACT)  | 51 yrs | female | 50m  | <b>76:09.00</b>  |
| 3. | <b>Megan Blamires</b><br>NBT Blacktown (NSW)    | 50 yrs | female | 50m  | <b>97:09.60</b>  |
| 4. | <b>Sue Lyon</b><br>VSP Surrey Park (Vic)        | 54 yrs | female | 50m  | <b>97:50.48</b>  |
| 5. | <b>Kerry-Ann Michels</b><br>NBT Blacktown (NSW) | 52 yrs | female | 50m  | <b>103:09.89</b> |
| 6. | <b>Dee Greenwood</b><br>VSP Surrey Park (Vic)   | 54 yrs | female | 50m  | <b>119:30.29</b> |

## **WOMEN 55-59 years**

- |    |  |        |        |     |                 |
|----|--|--------|--------|-----|-----------------|
| 1. | <b>Fran Moroney</b><br>QGS Gladstone (Qld) | 56 yrs | female | 50m | <b>93:45.82</b> |
|----|--|--------|--------|-----|-----------------|

## **WOMEN 60-64 years**

1.	<b>Kim Norris</b> QAC Albany Creek (Qld)	60 yrs	female	50m	<b>86:32.13</b>
2.	<b>Karina Horton</b> QAC Albany Creek (Qld)	61 yrs	female	50m	<b>91:38.23</b>
3.	<b>Jillian Pateman</b> NBM Blue Mtns (NSW)	60 yrs	female	50m	<b>101:54.87</b>
4.	<b>Susan Bellamy</b> NWS Wests Auburn (NSW)	61 yrs	female	50m	<b>110:29.43</b>

## **WOMEN 65-69 years**

1.	<b>Irene Symons</b> QNA Noosa (Qld)	68 yrs	female	50m	<b>97:57.41</b>
2.	<b>Helen Rubin</b> NRY Ryde (NSW)	66 yrs	female	open	<b>139:42.00</b>

## **WOMEN 5000m INDIVIDUAL MEDLEY**

1. **Cassie Anderson** 39 yrs female 50m **230:02.65**  
NWS Wests Auburn (NSW) **INDIVIDUAL MEDLEY**

## **WOMENS 5000m BREASTSTROKE**

1. **Annika Skulander** 29 yrs female 50m **139:14.89**  
NBT Blacktown (NSW) **BREASTSTROKE**

## **WOMEN 5000m OPEN WATER**

1. **Nicolee Martin** 53 yrs female open **75:15.54**  
NTN Tuggeranong (ACT) **OPEN WATER**
2. **Helen Rubin** 66 yrs female open **139:42.00**  
NRY Ryde (NSW) **OPEN WATER**

## 5000m SWIMMERS - MEN

1.	<b>David Bale</b> NTN Tuggeranong (ACT)	46 yrs	male	50m	<b>85:43.07</b>
2.	<b>Greg Courley</b> NTN Tuggeranong (ACT)	63 yrs	male	50m	<b>86:51.03</b>
3.	<b>Mark McDonald</b> NBT Blacktown (NSW)	32 yrs	male	50m	<b>103:02.40</b> <b>BACKSTROKE</b>
4.	<b>Michael Parkinson</b> Wests Auburn (NSW)	45 yrs	male	50m	<b>103:53.61</b> <b>INDIVIDUAL MEDLEY</b>
				2017	<i>104:54.60</i>
				2016	<i>105:05.34</i>
				2015	<i>103:36.53</i>
				2014	<i>104:35.81</i>
				2013	<i>101:10.97</i>
				2012	<i>102:54.55</i>

## MEN 30-34 years

1.	<b>Mark McDonald</b> NBT Blacktown (NSW)	32 yrs	male	50m	<b>103:02.40</b> <b>BACKSTROKE</b>
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## MEN 45-49 years

1.	<b>David Bale</b> NTN Tuggeranong (ACT)	46 yrs	male	50m	<b>85:43.07</b>
2.	<b>Michael Parkinson</b> Wests Auburn (NSW)	45 yrs	male	50m	<b>103:53.61</b> <b>INDIVIDUAL MEDLEY</b>

## MEN 60-65 years

1.	<b>Greg Courley</b> NTN Tuggeranong (ACT)	63 yrs	male	50m	<b>86:51.03</b>
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## 5000m RELAYS

- |     |  |                |             |                                    |
|-----|--|----------------|-------------|------------------------------------|
| 1.  | <b>NTN Tuggeranong (ACT)</b><br>Richard Phillips (51) 2500m<br>Kylie Lane (42) 2500m   | 93 yrs mixed   | 50m         | <b>84:14.73</b>                    |
| 2.  | <b>NCM Clarence River (NSW)</b><br>Jane Lawrence (61) 2500m<br>James Wheeler (51) 2500m  | 112 yrs mixed  | 50m<br>2018 | <b>86:43.09</b><br><i>82:13.71</i> |
| 3.  | <b>NCM Clarence River (NSW)</b><br>Kylie Dunn (34) 1000m<br>James Wheeler (51) 1000m<br>Simon Worboys (52) 1000m<br>Joanne Worboys (50) 1000m<br>Michael Bleach (64) 1000m | 251 yrs mixed  | 50m         | <b>86:59.80</b>                    |
| 4.  | <b>NCM Clarence River (NSW)</b><br>Michael Bleach (64) 1250m<br>Jane Lawrence (61) 1250m<br>Simon Worboys (52) 1250m<br>Joanne Worboys (50) 1250m                          | 227 yrs mixed  | 50m         | <b>87:32.28</b>                    |
| 5.  | <b>NCM Clarence River (NSW)</b><br>Michael Bleach (64) 2500m<br>John Morton (61) 2500m   | 125 yrs male   | 50m         | <b>87:49.39</b>                    |
| 6.  | <b>NWS Wests Auburn (NSW)</b><br>Daryl Slade (64) 1250m<br>Michael Parkinson (49) 1250m<br>David Hansen (60) 1250m<br>Ben Taylor (51) 1250m                                | 224 yrs men    | 50m         | <b>90:42.03</b>                    |
| 7.  | <b>NWS Wests Auburn (NSW)</b><br>Michael Parkinson (49) 2500m<br>Daryl Slade (64) 2500m  | 113yrs male    | 50m         | <b>91:58.91</b>                    |
|     |  |                | 2017        | <i>91:26.47</i>                    |
|     |  |                | 2015        | <i>90:38.41</i>                    |
|     |  |                | 2014        | <i>88:07.13</i>                    |
|     |  |                | 2013        | <i>83:33.93</i>                    |
|     |  |                | 2012        | <i>82:13.10</i>                    |
|     |  |                | 2011        | <i>87:32.80</i>                    |
|     |  |                | 2010        | <i>85:56.87</i>                    |
|     |  |                | 2009        | <i>87:30.61</i>                    |
|     |  |                | 2008        | <i>86:20.07</i>                    |
|     |  |                | 2007        | <i>83:42.28</i>                    |
|     |  |                | 2006        | <i>87:20.53</i>                    |
|     | <b><i>TWELVE YEARS OF SWIMS !!!</i></b>  |                |             |                                    |
| 8.  | <b>NWS Wests Auburn (NSW)</b><br>Susan Bellamy (61) 1000m<br>Ben Taylor (51) 1000m<br>Michael Parkinson (49) 1000m<br>Daryl Slade (64) 1000m<br>David Hansen (60) 1000m    | 285 yrs mixed  | 50m         | <b>93:06.84</b>                    |
| 9.  | <b>NTN Tuggeranong (ACT)</b><br>Kylie Lane (42) 1250m<br>Katrina Burgess (52) 1250m<br>Leisa Cass (58) 1250m<br>Donna Campbell (57) 1250m                                  | 209 yrs female | 50m         | <b>93:18.96</b>                    |
| 10. | <b>NCM Clarence River (NSW)</b><br>Joanne Worboys (50) 2500m<br>Simon Worboys (52) 2500m   | 102 yrs mixed  | 50m<br>2018 | <b>94:03.00</b><br><i>94:42.01</i> |

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|-----|---|----------------|-------------|-----------------------------|
| 11. | <b>CAS Alice Springs (NT)</b><br>Marcel Kempe (52) 1000m<br>Sue Herbert (48) 1000m<br>Alison Foster (59) 1000m<br>Kay Bailey (64) 1000m<br>William Willis (53) 1000m  | 276 yrs mixed  | 50m         | <b>95:48.04</b>             |
| 12. | <b>NWS Wests Auburn (NSW)</b><br>Michael Parkinson (49) 2500m<br>Susan Bellamy (61) 2500m   | 110 yrs mixed  | 50m<br>2018 | <b>95:57.71</b><br>97:05.44 |
| 13. | <b>NCM Clarence River (NSW)</b><br>Helen Hamilton (72) 500m<br>James Wheeler (51) 500m<br>Michael Bleach (64) 500m<br>Joanne Worboys (50) 500m<br>Lou Headon (59) 500m<br>Bobby Winger (66) 500m<br>John Morton (61) 500m<br>Chris Muldoon (67) 500m<br>Pam Bates (62) 500m<br>Kylie Dunn (34) 500m | 586 yrs mixed  | 50m         | <b>97:34.21</b>             |
| 14. | <b>QAC Albany Creek (Qld)</b><br>Graham Smith (68) 500m<br>Michael Kennedy (69) 500m<br>Lyn Bull (73) 500m<br>John Bull (74) 500m<br>Michael Walker (57) 500m<br>Andrew Melrose (30) 500m<br>Karina Horton (61) 500m<br>Sandy Scott (60) 500m<br>Keith Murray (65) 500m<br>Michal Rickens (73) 500m | 630 yrs mixed  | 50m         | <b>98:49.91</b>             |
| 15. | <b>NCM Clarence River (NSW)</b><br>Gregory Don (64) 1000m<br>Doug Jeffrey (64) 1000m<br>Judy King (71) 1000m<br>Sue-Ellen Hynes (58) 1000m<br>Matthew Eke (63) 1000m  | 320 yrs mixed  | 25m         | <b>99:25.28</b>             |
| 16. | <b>CAS Alice Springs (NT)</b><br>Sue Herbert (48) 2500m<br>Alison Foster (59) 2500m   | 107 yrs female | 50m         | <b>100:28.28</b>            |
| 17. | <b>NWS Wests Auburn (NSW)</b><br>Terry Gainey (62) 1000m<br>Michael Parkinson (49) 1000m<br>David Hansen (60) 1000m<br>Daryl Slade (64) 1000m<br>Ben Taylor (51) 1000m  | 286 yrs male   | 50m         | <b>100:58.39</b>            |
| 18. | <b>NCM Clarence River (NSW)</b><br>Bobby Winger (66) 1000m<br>Helmut Klein (78) 1000m<br>John Morton (61) 1000m<br>Alan Lawrence (68) 1000m<br>Chris Muldoon (67) 1000m   | 340 yrs mixed  | 50m         | <b>105:08.66</b>            |
| 19. | <b>NCM Clarence River (NSW)</b><br>Alan Lawrence (68) 2500m<br>Bobby Winger (66) 2500m  | 134 yrs mixed  | 50m         | <b>109:51.89</b>            |

20. **NCM Clarence River (NSW)** 653 yrs mixed 50m **109:59.13**  
 Gail Delucia (65) 500m  
 Helmut Klein (78) 500m  
 Simon Worboys (52) 500m  
 Alan Lawrence (68) 500m  
 Richard Crofton (68) 500m  
 Bobby Winger (66) 500m  
 John Morton (61) 500m  
 Chris Muldoon (67) 500m  
 Jane Lawrence (61) 500m  
 Claire Ogle (67) 500m
21. **NWS Wests Auburn (NSW)** 583 yrs mixed 50m **111:15.48**  
 Susan Bellamy (61) 500m  
 Kerryn Blanch (46) 500m  
 Maureen Hall (79) 500m  
 Cassie Anderson (39) 500m  
 Beth Clothier (62) 500m  
 Michael Parkinson (49) 500m  
 Daryl Slade (64) 500m  
 David Hansen (60) 500m  
 Hillary Morrison (73) 500m  
 Ben Taylor (51) 500m
22. **NTN Tuggeranong (ACT)** 315 yrs female 50m **111:38.23**  
 Kristine Kennedy (54) 1000m  
 Catherine Alexander (65) 1000m  
 Cecilia Kaye (65) 1000m  
 Pauline Rohan (70) 1000m  
 Maria Castles (61) 1000m
23. **NTN Tuggeranong (ACT)** 229 yrs female 50m **112:15.76**  
 Leisa Cass (58) 1250m  
 Jane waddleton (57) 1250m  
 Ann Reid (57) 1250m  
 Donna Campbell (57) 1250m
24. **NCM Clarence River (NSW)** 611 yrs mixed 25m **113:48.33**  
 Lynne Eke (62) 500m  
 Susan Imeson (66) 500m  
 Matthew Eke (63) 500m  
 Doug Jeffrey (64) 500m  
 Sue-Ellen Hynes (58) 500m  
 Jillian Ennever (64) 500m  
 Barry Serjeant (66) 500m  
 Danielle Conolly (53) 500m  
 Lynnette Brighton (52) 500m  
 Janet Pickup (63) 500m
25. **QAC Albany Creek (Qld)** 137 yrs female 50m **114:00.20**  
 Jenny Edwards (71) 2500m  
 Marion Slattery (66) 2500m
26. **NCM Clarence River (NSW)** 295 yrs mixed 25m **118:55.97**  
 Danielle Conolly (53) 1000m  
 Nicole Don (62) 1000m  
 Lynnette Brighton (52) 1000m  
 Jillian Ennever (64) 1000m  
 Timothy Cashman (64) 1000m
27. **NWS Wests Auburn (NSW)** 287 yrs female 50m **119:04.67**  
 Susan Bellamy (61) 1000m 2018 *124:10.36*  
 Kerryn Blanch (46) 1000m 2017 *124:36.87*  
 Maureen Hall (79) 1000m  
 Cassie Anderson (39) 1000m  
 Beth Clothier (62) 1000m

- |   |  |                |     |   |
|---|--|----------------|-----|---|
| 28.                                       | <b>NTR Trinity (NSW)</b><br>George Constanti (61) 1250m<br>Graham Goodwin (67) 1250m<br>John Kulhan (68) 1250m<br>Russell Thomas (59) 1250m  | 255 yrs mixed  | 25m | <b>119:09.33</b>  |
| 29.                                       | <b>NWS Wests Auburn (NSW)</b><br>Susan Bellamy (61) 2500m<br>Maureen Hall (79) 2500m   | 140 yrs female | 50m | <b>121:01.87</b><br>2018 118:37.29<br>2017 118:27.72<br>2016 123:19.10<br>2015 116:21.85<br>2014 116:27.18<br>2013 116:19.22<br><u>2012 119:49.86</u><br>2011 115:37.88<br>2010 114:16.12<br>2009 111:41.04<br>2008 110:55.72<br>2007 118:54.42 |
| <b><u>THIRTEEN YEARS IN A ROW !!!</u></b> |  |                |     |   |
| 30.                                       | <b>CAS Alice Springs (NT)</b><br>Lynne Smith (76) 500m<br>Annette Stewart (63) 500m<br>Natalie Anderson (56) 500m<br>Kathryn Bailey (50) 500m<br>John Ireland (55) 500m<br>Sue Herbert (48) 500m<br>Kay Bailey (64) 500m<br>Jill Brew (66) 500m<br>Marcel Kempe (52) 500m<br>Fran Neylon (64) 500m | 594 yrs mixed  | 50m | <b>123:19.76</b>  |
| 31.                                       | <b>CAS Alice Springs (NT)</b><br>Fran Neylon (64) 1000m<br>Annette Stewart (63) 1000m<br>Natalie Anderson (56) 1000m<br>John Ireland (55) 1000m<br>Sarah Cullenane (58) 1000m  | 296 yrs mixed  | 50m | <b>123:25.09</b>  |
| 32.                                       | <b>NWS Wests Auburn (NSW)</b><br><b>BACK STROKE</b><br>Kerryn Blanch (46) 1000m<br>Maureen Hall (79) 1000m<br>Daryl Slade (64) 1000m<br>Beth Clothier (62) 1000m<br>Michael Parkinson (49) 1000m   | 300 yrs mixed  | 50m | <b>128:40.58</b>  |
| 33.                                       | <b>NTR Trinity (NSW)</b><br>Christine Pollett (66) 2500m<br>Garry Constanti (35) 2500m   | 101 yrs mixed  | 25m | <b>134:44.03</b>  |
| 34.                                       | <b>CAS Alice Springs (NT)</b><br>Jill Brew (66) 1000m<br>Kathryn Bailey (50) 1000m<br>Annie Godwin (57) 1000m<br>Lynne Smith (76) 1000m<br>Richard Austen (57) 1000m   | 305 yrs mixed  | 50m | <b>137:33.27</b>  |
| 35.                                       | <b>NWS Wests Auburn (NSW)</b><br><b>BREAST STROKE</b><br>Michael Parkinson (49) 1000m<br>Daryl Slade (64) 1000m<br>Terry Gainey (62) 1000m<br>Hillary Morrison (73) 1000m<br>Ben Taylor (51) 1000m   | 299 yrs male   | 50m | <b>144:19.68</b>  |

36.	<b>NWS Wests Auburn (NSW)</b> <b>BREAST STROKE</b> Susan Bellamy (61) 1000m Kerryn Blanch (46) 1000m Maureen Hall (79) 1000m Cassie Anderson (39) 1000m Beth Clothier (62) 1000m	287 yrs female	50m 2018 2017	<b>154:02.03</b> <i>158:12.75</i> <i>150:32.54</i>
37.	<b>NWS Wests Auburn (NSW)</b> Terry Gainey (62) 2500m Hilary Morrison (73) 2500m	135 yrs male	50m 2017 2016 2015 2014 2013	<b>156:47.27</b> <i>156:35.56</i> <i>158:23.27</i> <i>145:36.48</i> <i>144:05:30</i> <i>141:55.58</i>
38.	<b>NWS Wests Auburn (NSW)</b> Beth Clothier (62) 2500m Cassie Anderson (39) 2500m	101 yrs female	50m	<b>172:04.48</b>
39.	<b>NTR Trinity (NSW)</b> Debbie Butler (60) 1250m Eva Constanti (56) 1250m Bill Alessi (71) 1250m Vi To (33) 1250m	220 yrs mixed	25m	<b>182:02.98</b>

## 2 x 2500m RELAYS

1.	<b>NTN Tuggeranong (ACT)</b> Richard Phillips (51) 2500m Kylie Lane (42) 2500m	93 yrs mixed	50m	<b>84:14.73</b>
2.	<b>NCM Clarence River (NSW)</b> Jane Lawrence (61) 2500m James Wheeler (51) 2500m	112 yrs mixed	50m	<b>86:43.09</b>
3.	<b>NCM Clarence River (NSW)</b> Michael Bleach (64) 2500m John Morton (61) 2500m	125 yrs male	50m	<b>87:49.39</b>
4.	<b>NWS Wests Auburn (NSW)</b> Michael Parkinson (49) 2500m Daryl Slade (64) 2500m	113yrs male	50m	<b>91:58.91</b>
5.	<b>NCM Clarence River (NSW)</b> Joanne Worboys (50) 2500m Simon Worboys (52) 2500m	102 yrs mixed	50m	<b>94:03.00</b>
6.	<b>NWS Wests Auburn (NSW)</b> Michael Parkinson (49) 2500m Susan Bellamy (61) 2500m	110 yrs mixed	50m	<b>95:57.71</b>
7.	<b>CAS Alice Springs (NT)</b> Sue Herbert (48) 2500m Alison Foster (59) 2500m	107 yrs female	50m	<b>100:28.28</b>
6.	<b>NCM Clarence River (NSW)</b> Alan Lawrence (68) 2500m Bobby Winger (66) 2500m	134 yrs mixed	50m	<b>109:51.89</b>
9.	<b>QAC Albany Creek (Qld)</b> Jenny Edwards (71) 2500m Marion Slattery (66) 2500m	137 yrs female	50m	<b>114:00.20</b>
10.	<b>NWS Wests Auburn (NSW)</b> Susan Bellamy (61) 2500m Maureen Hall (79) 2500m	140 yrs female	50m	<b>121:01.87</b>
11.	<b>NTR Trinity (NSW)</b> Christine Pollett (66) 2500m Garry Constanti (35) 2500m	101 yrs mixed	25m	<b>134:44.03</b>
12.	<b>NWS Wests Auburn (NSW)</b> Terry Gainey (62) 2500m Hilary Morrison (73) 2500m	135 yrs male	50m	<b>156:47.27</b>
13.	<b>NWS Wests Auburn (NSW)</b> Beth Clothier (62) 2500m Cassie Anderson (39) 2500m	101 yrs female	50m	<b>172:04.48</b>

## 5 x 1000m RELAYS

- 1. NCM Clarence River (NSW)** 251 yrs mixed 50m **86:59.80**  
Kylie Dunn (34) 1000m  
James Wheeler (51) 1000m  
Simon Worboys (52) 1000m  
Joanne Worboys (50) 1000m  
Michael Bleach (64) 1000m
- 2. NWS Wests Auburn (NSW)** 285 yrs mixed 50m **93:06.84**  
Susan Bellamy (61) 1000m  
Ben Taylor (51) 1000m  
Michael Parkinson (49) 1000m  
Daryl Slade (64) 1000m  
David Hansen (60) 1000m
- 3. CAS Alice Springs (NT)** 276 yrs mixed 50m **95:48.04**  
Marcel Kempe (52) 1000m  
Sue Herbert (48) 1000m  
Alison Foster (59) 1000m  
Kay Bailey (64) 1000m  
William Willis (53) 1000m
- 4. NCM Clarence River (NSW)** 320 yrs mixed 25m **99:25.28**  
Gregory Don (64) 1000m  
Doug Jeffrey (64) 1000m  
Judy King (71) 1000m  
Sue-Ellen Hynes (58) 1000m  
Matthew Eke (63) 1000m
- 5. NWS Wests Auburn (NSW)** 286 yrs male 50m **100:58.39**  
Terry Gainey (62) 1000m  
Michael Parkinson (49) 1000m  
David Hansen (60) 1000m  
Daryl Slade (64) 1000m  
Ben Taylor (51) 1000m
- 6. NCM Clarence River (NSW)** 340 yrs mixed 50m **105:08.66**  
Bobby Winger (66) 1000m  
Helmut Klein (78) 1000m  
John Morton (61) 1000m  
Alan Lawrence (68) 1000m  
Chris Muldoon (67) 1000m
- 7. NTN Tuggeranong (ACT)** 315 yrs female 50m **111:38.23**  
Kristine Kennedy (54) 1000m  
Catherine Alexander (65) 1000m  
Cecilia Kaye (65) 1000m  
Pauline Rohan (70) 1000m  
Maria Castles (61) 1000m
- 8. NCM Clarence River (NSW)** 295 yrs mixed 25m **118:55.97**  
Danielle Conolly (53) 1000m  
Nicole Don (62) 1000m  
Lynnette Brighton (52) 1000m  
Jillian Ennever (64) 1000m  
Timothy Cashman (64) 1000m
- 9. NWS Wests Auburn (NSW)** 287 yrs female 50m **119:04.67**  
Susan Bellamy (61) 1000m  
Kerryn Blanch (46) 1000m  
Maureen Hall (79) 1000m  
Cassie Anderson (39) 1000m  
Beth Clothier (62) 1000m
- 10. CAS Alice Springs (NT)** 296 yrs mixed 50m **123:25.09**  
Fran Neylon (64) 1000m  
Annette Stewart (63) 1000m  
Natalie Anderson (56) 1000m  
John Ireland (55) 1000m  
Sarah Cullenane (58) 1000

11. **NWS Wests Auburn (NSW)** 300 yrs mixed 50m **128:40.58**  
**BACK STROKE**  
Kerryn Blanch (46) 1000m  
Maureen Hall (79) 1000m  
Daryl Slade (64) 1000m  
Beth Clothier (62) 1000m  
Michael Parkinson (49) 1000m
12. **CAS Alice Springs (NT)** 305 yrs mixed 50m **137:33.27**  
Jill Brew (66) 1000m  
Kathryn Bailey (50) 1000m  
Annie Godwin (57) 1000m  
Lynne Smith (76) 1000m  
Richard Austen (57) 1000m
13. **NWS Wests Auburn (NSW)** 299 yrs male 50m **144:19.68**  
**BREAST STROKE**  
Michael Parkinson (49) 1000m  
Daryl Slade (64) 1000m  
Terry Gainey (62) 1000m  
Hillary Morrison (73) 1000m  
Ben Taylor (51) 1000m
14. **NWS Wests Auburn (NSW)** 287 yrs female 50m **154:02.03**  
**BREAST STROKE**  
Susan Bellamy (61) 1000m  
Kerryn Blanch (46) 1000m  
Maureen Hall (79) 1000m  
Cassie Anderson (39) 1000m  
Beth Clothier (62) 1000m

## 4 X 1250m RELAYS

- 1. NCM Clarence River (NSW)** 227 yrs mixed 50m **87:32.28**  
Michael Bleach (64) 1250m  
Jane Lawrence (61) 1250m  
Simon Worboys (52) 1250m  
Joanne Worboys (50) 1250m
- 2. NWS Wests Auburn (NSW)** 224 yrs men 50m **90:42.03**  
Daryl Slade (64) 1250m  
Michael Parkinson (49) 1250m  
David Hansen (60) 1250m  
Ben Taylor (51) 1250m
- 3. NTN Tuggeranong (ACT)** 209 yrs female 50m **93:18.96**  
Kylie Lane (42) 1250m  
Katrina Burgess (52) 1250m  
Leisa Cass (58) 1250m  
Donna Campbell (57) 1250m
- 4. NTN Tuggeranong (ACT)** 229 yrs female 50m **112:15.76**  
Leisa Cass (58) 1250m  
Jane waddleton (57) 1250m  
Ann Reid (57) 1250m  
Donna Campbell (57) 1250m
- 5. NTR Trinity (NSW)** 255 yrs mixed 25m **119:09.33**  
George Constanti (61) 1250m  
Graham Goodwin (67) 1250m  
John Kulhan (68) 1250m  
Russell Thomas (59) 1250m
- 6. NTR Trinity (NSW)** 220 yrs mixed 25m **182:02.98**  
Debbie Butler (60) 1250m  
Eva Constanti (56) 1250m  
Bill Alessi (71) 1250m  
Vi To (33) 1250m

# 10 X 500m RELAYS

1. **NCM Clarence River (NSW)** 586 yrs mixed 50m **97:34.21**  
Helen Hamilton (72) 500m  
James Wheeler (51) 500m  
Michael Bleach (64) 500m  
Joanne Worboys (50) 500m  
Lou Headon (59) 500m  
Bobby Winger (66) 500m  
John Morton (61) 500m  
Chris Muldoon (67) 500m  
Pam Bates (62) 500m  
Kylie Dunn (34) 500m
  
2. **QAC Albany Creek (Qld)** 630 yrs mixed 50m **98:49.91**  
Graham Smith (68) 500m  
Michael Kennedy (69) 500m  
Lyn Bull (73) 500m  
John Bull (74) 500m  
Michael Walker (57) 500m  
Andrew Melrose (30) 500m  
Karina Horton (61) 500m  
Sandy Scott (60) 500m  
Keith Murray (65) 500m  
Michal Rickens (73) 500m
  
3. **NCM Clarence River (NSW)** 653 yrs mixed 50m **109:59.13**  
Gail Delucia (65) 500m  
Helmut Klein (78) 500m  
Simon Worboys (52) 500m  
Alan Lawrence (68) 500m  
Richard Crofton (68) 500m  
Bobby Winger (66) 500m  
John Morton (61) 500m  
Chris Muldoon (67) 500m  
Jane Lawrence (61) 500m  
Claire Ogle (67) 500m
  
4. **NWS Wests Auburn (NSW)** 583 yrs mixed 50m **111:15.48**  
Susan Bellamy (61) 500m  
Kerryn Blanch (46) 500m  
Maureen Hall (79) 500m  
Cassie Anderson (39) 500m  
Beth Clothier (62) 500m  
Michael Parkinson (49) 500m  
Daryl Slade (64) 500m  
David Hansen (60) 500m  
Hillary Morrison (73) 500m  
Ben Taylor (51) 500m
  
5. **NCM Clarence River (NSW)** 611 yrs mixed 25m **113:48.33**  
Lynne Eke (62) 500m  
Susan Imeson (66) 500m  
Matthew Eke (63) 500m  
Doug Jeffrey (64) 500m  
Sue-Ellen Hynes (58) 500m  
Jillian Ennever (64) 500m  
Barry Serjeant (66) 500m  
Danielle Conolly (53) 500m  
Lynnette Brighton (52) 500m  
Janet Pickup (63) 500m
  
6. **CAS Alice Springs (NT)** 594 yrs mixed 50m **123:19.76**  
Lynne Smith (76) 500m  
Annette Stewart (63) 500m  
Natalie Anderson (56) 500m  
Kathryn Bailey (50) 500m  
John Ireland (55) 500m  
Sue Herbert (48) 500m  
Kay Bailey (64) 500m  
Jill Brew (66) 500m  
Marcel Kempe (52) 500m  
Fran Neylon (64) 500m