



ENDURANCE 1000 POINTSCORE :

MEN

65 - 69 YEARS

DISTANCE	FREESTYLE	BACKSTROKE	BREASTSTROKE	BUTTERFLY	IND. MEDLEY	PTS.
400 m	< 7.57	< 9.56	< 10.34	< 11.56	< 9.56	5
	7.57 < 9.51	9.56 < 12.18	10.34 < 13.05	11.56 < 14.46	9.56 < 12.18	3
	9.51 +	12.18 +	13.05 +	14.46 +	12.18 +	2
800 m	< 17.08	< 21.06	< 22.25	< 25.17	< 22.02	10
	17.08 < 21.13	21.06 < 26.07	22.25 < 27.45	25.17 < 31.18	22.02 < 27.16	6
	21.13 +	26.07 +	27.45 +	31.18 +	27.16 +	4
1500 m	< 33.18	< 41.57	< 45.10			40
	33.18 < 41.09	41.57 < 51.47	45.10 < 55.35			30
	41.09 +	51.47 +	55.35 +			20
30 mins	< 1125	< 925	< 875	< Denotes "less than" + Denotes "equal to" or "greater than"		20
	1125 - 1325	925 - 1075	875 - 1000			30
	1350 +	1100 +	1025 +			40
45 mins	< 1650	< 1300	< 1225			25
	1650 - 1950	1300 - 1550	1225 - 1450			35
	1975 +	1575 +	1475 +			50
60 mins	< 2150	< 1700	< 1575			40
	2150 - 2575	1700 - 2050	1575 - 1900			60
	2600 +	2075 +	1925 +			80