



ENDURANCE 1000 POINTSCORE :

MEN 75 - 79 YEARS

DISTANCE	FREESTYLE	BACKSTROKE	BREASTSTROKE	BUTTERFLY	IND. MEDLEY	PTS.
400 m	< 10.08	< 12.40	< 13.28	< 15.11	< 12.40	5
	10.08 < 12.17	12.40 < 15.21	13.28 < 16.20	15.11 < 18.25	12.40 < 15.21	3
	11.12 +	15.21 +	16.20 +	18.25 +	15.21 +	2
800 m	< 21.49	< 26.52	< 28.33	< 32.12	< 28.04	10
	21.49 < 26.28	26.52 < 32.35	28.33 < 34.38	32.12 < 39.03	28.04 < 34.02	6
	26.28 +	32.35 +	34.38 +	39.03 +	34.02 +	4
1500 m	< 41.59	< 53.38	< 56.37			40
	41.59 < 50.54	53.38 < 64.48	56.37 < 68.32			30
	50.54 +	64.48 +	68.32 +			20
30 mins	< 875	< 700	< 675	< Denotes "less than"		20
	875 - 1050	700 - 850	675 - 800			30
	1075 +	875 +	825 +		+ Denotes "equal to" or "greater than"	40
45 mins	< 1300	< 1025	< 975			25
	1300 - 1575	1025 - 1250	975 - 1175			35
	1600 +	1275 +	1200 +			50
60 mins	< 1675	< 1350	< 1250			40
	1675 - 2075	1350 - 1650	1250 - 1550			60
	2100 +	1675 +	1575 +			80