



ENDURANCE 1000 POINTSCORE :

MEN

85 - 89 YEARS

DISTANCE	FREESTYLE	BACKSTROKE	BREASTSTROKE	BUTTERFLY	IND. MEDLEY	PTS.
400 m	< 11.49	< 13.36	< 15.44	< 17.44	< 14.47	5
	11.49 < 13.50	13.36 < 16.45	15.44 < 19.04	17.44 < 21.31	14.47 < 17.55	3
	13.50 +	16.45 +	19.04 +	21.31 +	17.55 +	2
800 m	< 25.29	< 31.23	< 33.20	< 37.36	< 32.46	10
	25.29 < 30.54	31.23 < 38.03	33.20 < 40.26	37.36 < 45.36	32.46 < 39.44	6
	30.54 +	38.03 +	40.26 +	45.36 +	39.44 +	4
1500 m	< 49.01	< 63.26	< 66.38			40
	49.01 < 59.26	63.26 < 76.29	66.38 < 79.51			30
	59.26 +	76.29 +	79.51 +			20
30 mins	< 750	< 625	< 600	< Denotes "less than" + Denotes "equal to" or "greater than"		20
	750 - 900	625 - 750	600 - 700			30
	925 +	775 +	725 +			40
45 mins	< 1100	< 875	< 825			25
	1100 - 1350	875 - 1075	825 - 1025			35
	1375 +	1100 +	1050 +			50
60 mins	< 1425	< 1150	< 1100			40
	1425 - 1775	1150 - 1400	1100 - 1350			60
	1800 +	1425 +	1375 +			80