



ENDURANCE 1000 POINTSCORE :

WOMEN 60 - 64 YEARS

DISTANCE	FREESTYLE	BACKSTROKE	BREASTSTROKE	BUTTERFLY	IND. MEDLEY	PTS.
400 m	< 8.15	< 10.19	< 10.58	< 12.23	< 10.19	5
	8.15 < 10.13	10.19 < 12.47	10.58 < 13.35	12.23 < 15.19	10.19 < 12.47	3
	10.13 +	12.47 +	13.35 +	15.19 +	12.47 +	2
800 m	< 17.47	< 21.55	< 23.16	< 26.14	< 22.53	10
	17.47 < 22.01	21.55 < 27.08	23.16 < 28.48	26.14 < 32.29	22.53 < 28.20	6
	22.01 +	27.08 +	28.48 +	32.29 +	28.20 +	4
1500 m	< 34.37	< 43.21	< 45.33			20
	34.37 < 42.45	43.21 < 54.83	45.33 < 56.24			30
	42.45 +	53.83 +	56.24 +			40
30 mins	< 1100	< 875	< 850	< Denotes "less than" + Denotes "equal to" or "greater than"		20
	1100 - 1275	875 - 1025	850 - 975			30
	1300 +	1050 +	1000 +			40
45 mins	< 1575	< 1250	< 1175			25
	1575 - 1875	1250 - 1500	1175 - 1400			35
	1900 +	1525 +	1425 +			50
60 mins	< 2050	< 1575	< 1525			40
	2050 - 2475	1575 - 1900	1525 - 1825			60
	2500 +	1925 +	1850 +			80

