



ENDURANCE 1000 POINTSCORE :

WOMEN 65 - 69 YEARS

DISTANCE	FREESTYLE	BACKSTROKE	BREASTSTROKE	BUTTERFLY	IND. MEDLEY	PTS.
400 m	< 8.45	< 10.56	< 11.38	< 13.08	< 10.56	5
	8.45 < 10.50	10.56 < 13.32	11.38 < 14.24	13.08 < 16.15	10.56 < 13.32	3
	10.50 +	13.32 +	14.24 +	16.15 +	13.32 +	2
800 m	< 18.51	< 28.56	< 24.55	< 27.5	< 24.15	10
	18.51 < 23.21	28.56 < 34.38	24.55 < 30.48	27.5 < 34.27	24.15 < 30.01	6
	23.21 +	34.38 +	30.48 +	34.27 +	30.01 +	4
1500 m	< 36.36	< 47.47	< 50.39			20
	36.36 < 45.14	47.47 < 58.36	50.39 < 62.09			30
	45.14 +	58.36 +	62.09 +			40
30 mins	< 1050	< 850	< 775	< Denotes "less than" + Denotes "equal to" or "greater than"		20
	1050 - 1225	850 - 975	775 - 900			30
	1250 +	1000 +	925 +			40
45 mins	< 1500	< 1150	< 1125			25
	1500 - 1775	1150 - 1375	1125 - 1325			35
	1800 +	1400 +	1350 +			50
60 mins	< 1950	< 1550	< 1425			40
	1950 - 2325	1550 - 1850	1425 - 1700			60
	2350 +	1875 +	1725 +			80

