



ENDURANCE 1000 POINTSCORE :

WOMEN 80 - 84 YEARS

DISTANCE	FREESTYLE	BACKSTROKE	BREASTSTROKE	BUTTERFLY	IND. MEDLEY	PTS.
400 m	< 11.51	< 14.48	< 14.05	< 17.46	< 14.48	5
	11.51 < 14.22	14.48 < 17.57	14.05 < 17.26	17.46 < 21.33	14.48 < 17.57	3
	14.22 +	17.57 +	17.26 +	21.33 +	17.57 +	2
800 m	< 25.31	< 31.26	< 29.50	< 37.4	< 32.49	10
	25.31 < 28.14	31.26 < 38.07	29.50 < 36.57	37.4 < 45.40	32.49 < 38.48	6
	28.14 +	38.07 +	36.57 +	45.40 +	38.48 +	4
1500 m	< 49.36	< 63.52	< 58.27			20
	49.36 < 60.03	63.52 < 76.58	58.27 < 72.21			30
	60.03 +	76.58 +	72.21 +			40
30 mins	< 750	< 700	< 625	< Denotes "less than" + Denotes "equal to" or "greater than"		20
	750 - 900	700 - 800	625 - 750			30
	925 +	825 +	775 +			40
45 mins	< 1100	< 975	< 875			25
	1100 - 1350	975 - 1150	875 - 1075			35
	1375 +	1175 +	1100 +			50
60 mins	< 1425	< 1275	< 1150			40
	1425 - 1775	1275 - 1525	1150 - 1400			60
	1800 +	1550 +	1425 +			80

