



ENDURANCE 1000 POINTSCORE :

WOMEN 85-89 YEARS

| DISTANCE | FREESTYLE | BACKSTROKE | BREASTSTROKE | BUTTERFLY | IND. MEDLEY | PTS. |
|----------|---------------|---------------|---------------|-----------------------|--|------|
| 400 m | < 13.01 | < 16.16 | < 17.19 | < 19.32 | < 16.16 | 5 |
| | 13.01 < 15.47 | 16.16 < 19.44 | 17.19 < 21.00 | 19.32 < 23.41 | 16.16 < 19.44 | 3 |
| | 15.47 + | 19.44 + | 21.00 + | 23.41 + | 19.44 + | 2 |
| 800 m | < 27.42 | < 34.33 | < 36.42 | < 41.24 | < 36.05 | 10 |
| | 27.42 < 33.4 | 34.33 < 41.54 | 36.42 < 44.31 | 41.24 < 50.12 | 36.05 < 43.45 | 6 |
| | 33.4 + | 41.54 + | 44.31 + | 50.12 + | 43.45 + | 4 |
| 1500 m | < 55.00 | < 68.56 | < 75.46 | | | 20 |
| | 55.00 < 67.26 | 68.56 < 83.23 | 75.46 < 91.00 | | | 30 |
| | 67.26 + | 83.23 + | 91.00 + | | | 40 |
| 30 mins | < 675 | < 575 | < 525 | < Denotes "less than" | | 20 |
| | 675 - 825 | 575 - 675 | 525 - 625 | | | 30 |
| | 850 + | 700 + | 650 + | | + Denotes "equal to" or "greater than" | 40 |
| 45 mins | < 1100 | < 800 | < 775 | | | 25 |
| | 1100 - 1225 | 800 - 975 | 775 - 925 | | | 35 |
| | 1275 + | 1000 + | 950 + | | | 50 |
| 60 mins | < 1300 | < 1050 | < 975 | | | 40 |
| | 1300 - 1600 | 1050 - 1300 | 975 - 1200 | | | 60 |
| | 1625 + | 1325 + | 1225 + | | | 80 |

