



ENDURANCE 1000 POINTSCORE :

WOMEN 90-94 YEARS

DISTANCE	FREESTYLE	BACKSTROKE	BREASTSTROKE	BUTTERFLY	IND. MEDLEY	PTS.
400 m	< 14.18	< 17.53	< 19.02	< 21.27	< 17.53	5
	14.18 < 17.21	17.53 < 21.41	19.02 < 23.04	21.27 < 26.01	17.53 < 21.41	3
	17.21 +	21.41 +	23.04 +	26.01 +	21.41 +	2
800 m	< 29.55	< 41.50	< 41.13	< 45.29	< 39.38	10
	29.55 < 37.23	41.50 < 46.02	41.13 < 48.55	45.29 < 55.10	39.38 < 48.04	6
	37.23 +	46.02 +	48.55 +	55.10 +	48.04 +	4
1500 m	< 59.18	< 78.15	< 83.26			20
	59.18 < 71.54	78.15 < 90.07	83.26 < 95.48			30
	71.54 +	90.07 +	95.48 +			40
30 mins	< 650	< 525	< 475	< Denotes "less than" + Denotes "equal to" or "greater than"		20
	650 - 775	525 - 625	475 - 575			30
	800 +	650 +	600 +			40
45 mins	< 925	< 725	< 675			25
	925 - 1125	725 - 875	675 - 825			35
	1150 +	900 +	850 +			50
60 mins	< 1175	< 950	< 900			40
	1175 - 1475	950 - 1150	900 - 1100			60
	1500 +	1175 +	1125 +			80

