

A.U.S.S.I.

ADULT SWIMMING

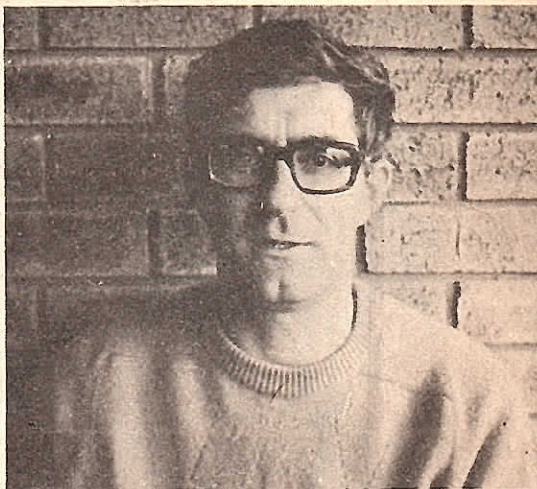


FITNESS & FUN

1977

Editorial

By Gary Stutsel



GARY STUTSEL, (National Secretary, Editor).

This booklet is produced to publicise the existence and activities of A.U.S.S.I. and in so doing is intended to fulfil several functions.

Firstly, it is designed to reflect A.U.S.S.I. activities. Secondly, it will serve as a reference source to members and clubs in regards to what activities they may participate in and how they are expected to conduct themselves in these ventures. The Top Ten Lists are designed to act as a stimulus to individuals and teams, to set themselves goals for the coming season.

It also seeks to awaken adults to the need for regular physical exercise. This may be obtained through physical work, through cycling or running, or as we of A.U.S.S.I. do, through swimming. If your decision is to exercise through swimming, then join an A.U.S.S.I. club and meet others who are doing likewise.

As well as this emphasis on fitness, I have strived to reflect the light-hearted atmosphere that has prevailed to date, and at the same time demon-

strate to our members from Brisbane to Perth that others are enjoying the relaxation of swimming and the fellowship of other swimmers thereby highlighting the aptness of our motto —

“AUSSI ADULT SWIMMING for FITNESS and FUN”

However, this book would not have been produced had it not been for the efforts of our publishers Sporting World Publications and the support of our advertisers and last but not least the active role played by our members and officials whose actions have made the material used available. To everyone of you my thanks and the thanks of the A.U.S.S.I. National Committee.

BOOROWA EX-SERVICES & CITIZENS' CLUB LTD

For a Good Night's Entertainment — Friendly Atmosphere
Assured

Call in at

PUDMAN ST, BOOROWA, NSW

Phone: 85 3338



MARY CONNOLLY, National Treasurer.

A.U.S.S.I. NATIONAL REPORT, 30th May, 1977



DAVID MORTIMER, Manly Zone Director.

1976-77 has been perhaps the most eventful year A.U.S.S.I. will ever have. At the International Federation of Amateur Swimming (F.I.N.A.) meeting in Montreal in 1976, it was resolved that recognition and accreditation be extended by National Amateur Swimming Associations to Masters Swimming programmes, subject to conditions to be determined.

I have had discussions with Mr S.B. Grange, the Honorary Secretary/Treasurer of the Amateur Swimming Union of Australia, and it is hoped that 1977/78 will see very close co-operation between the State Amateur Swimming Associations and A.U.S.S.I. for the benefit of all Australian swimmers.

After our heavy tour program of 1976/77 (U.S. Tour in August-September, 1976 and New Zealand Tour in April, 1977) we have planned to concentrate on consolidating A.U.S.S.I. in Australia in 1977/78. Our next proposed tour is to Hawaii and the U.S. West Coast in May, 1979.

The National Meet (fourth to be held) will leave Sydney for the first time in 1978, being scheduled for Melbourne on 9th April. This will be followed by trips to Tasmania and/or Adelaide and the Barossa Valley.

The states are producing very varied results in their efforts to propagate A.U.S.S.I. New South Wales, which is acting as the test laboratory for new ideas and approaches, continues to expand, and it is hoped that the other states will adopt their recommendations without having to suffer through the same process of trial and error. Victoria is becoming very keen and has a particularly

strong female representation; South Australia is in the doldrums; Queensland, which only started in September, 1976, now has strong groups at Southport; Townsville; Brisbane and Western Australia has recently formed a group in Perth. Enquiries have also been received from Alice Springs, so this leaves only Tasmania not yet involved in A.U.S.S.I. activities.

This progress has been achieved largely by word of mouth and through the distribution of the 1976 Guide to Adult Swimming. As can be seen from Jack Brownjohn's Publicity Report, his efforts to gain media publicity have not been very fruitful, but this would be partly due to our not having had a solid network of clubs to publicise.

At the Annual Meeting, Jack was re-elected Vice-President and subsequently appointed Publicity Officer. Tours' Leader, Bill Lough (President), Gary Stutsel (Hon Secretary), Frank Sykes (Assistant Secretary), and David Mortimer and Alf Sparkes (Committeemen) were all re-elected. Ray Weekes retired from the office of Hon Treasurer and was replaced by Mary Connolly, and the vacancy on Committee was filled by Peter Jackson.

John Pascoe was appointed Hon. Solicitor and Paul Wyatt replaced John Kemp as National Recorder. As well as the tedious task of preparing the Top Ten Listings, Paul has looked after the supply and embroidery of A.U.S.S.I. Track suits, and has provided finance for the track suits during the period when A.U.S.S.I. had almost no funds.

This situation has been rectified by the very successful 3rd National Swim Meet, which together with the 1500 metre award is becoming an attractive incentive to members. This is largely due to the introduction of the two pointscore trophies which were instigated. They are the 'Founders Trophy', for the top scoring team (Manly Zone 1977), which recognises the efforts of Jack Brownjohn to establish Masters Swimming in Australia, and the 'St Leonard's Travel Trophy', for the top

scoring visiting team (Tamworth, 1977). Although competed for by state and zone teams in 1977 these trophies will only be open to club teams from now on.

Rules for clubs, meets, and swimming events have incorporated sealed handicaps for selected events. It is hoped that these innovations will make our swim meets more attractive.

With the emphasis on club involvement, and co-operation with the A.S.U. of A. we can look forward to the rapid growth of A.U.S.S.I. in 1978, particularly as we are now able to present a clearer picture of our aims and aspirations.

Gary Stutsel,
Honorary Secretary.

Support Our Advertisers



Ampol (BALMAIN) Service Station

(JOHN BISSAKER, Prop)

Expert Mechanical Repairs — All Work Guaranteed



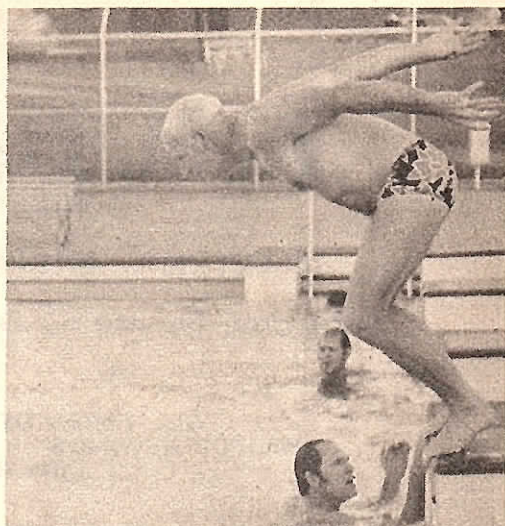
* AUTHORISED INSPECTION STATION

67 BEATTIE STREET, BALMAIN

Phone 82 3289

PUBLICITY OFFICER'S REPORT

By Jack Brownjohn



JACK BROWNJOHN, Vice-President, National Committee.

A Publicity Officer's task is always a frustrating one, and being without a phone makes it more so. Nevertheless, progress has been made in this field in the past twelve months.

Whilst working in Queanbeyan in July, 1976, I made contact with swimmers in Canberra, a meeting was called, and a group was formed, which now swims every Friday night. The Canberra Times and the ABC TV gave me every assistance in promoting this venture.

The Sydney daily press was unapproachable, but suburban and country newspapers were most co-operative in giving a realistic and accurate report.

Some cover was received in Sydney from TV.

Mina Wylie, Joyce Jacobs, Doris Hyde, and Bess Barrie appeared on the Mike Walsh Show prior to the departure of the U.S. Tour, and I was interviewed by Rex Mossop on his Sunday Sports Show on 21st October, 1976.

My best results have been achieved by word of mouth, particularly through talking to people who have seen the A.U.S.S.I. tracksuits, T-Shirts or car stickers (the stickers feature the message "AUSSI ADULT SWIMMING FOR FITNESS AND FUN").

For these to be fully effective, each member should wear them as often as possible, and make sure he is in a position to know the answers to any questions he could be asked about A.U.S.S.I.

Bill McClintock of Manly made a trip to Perth in early 1977 and was interviewed by TV and

radio in Kalgoorlie and Perth. He also gave a press interview to the Adelaide Advertiser.

Carol Davis, 1 Sixth Ave., Jannali, 2226, is the new Publicity Officer. "Since taking over in July, 1977, Carol has received a better reception from the media, by placing emphasis on the "fitness" activities of A.U.S.S.I. If you need help with local publicity write to Carol." Send copies of newspaper articles about A.U.S.S.I. in good condition and showing the name and date of the paper, so that she may file them for future reference.

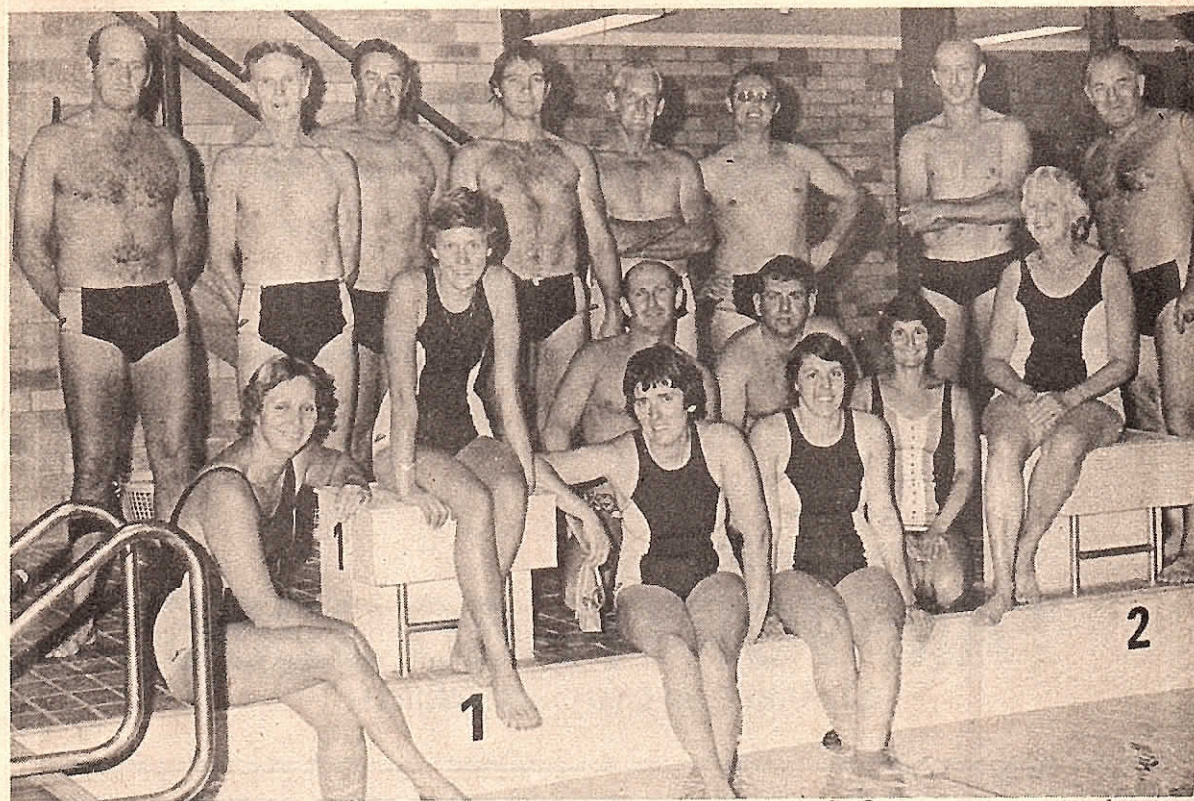
Remember, each of us can do our bit to promote A.U.S.S.I. — try harder.

Best Wishes to Aussi Swimming Association from —

**INGLEBURN RSL
SUB-BRANCH CLUB LTD**

Members, for a good night's
entertainment, friendly atmosphere assured
Chester Rd, Ingleburn, NSW

Further Enquiries: Phone 605 3322



Tamworth Club — team for the 1977 Nationals, prior thereto.

3rd NATIONAL SWIM. MEETING — Harbord Diggers

The most heartening feature of the meet was the jump in the number of swimmers from 90 in 1976 to 146 this year, but even more dramatic was the increase in the number to compete in the 400m freestyle. This year there were 62 against the 30 in 1976. This was probably due to the fact that the program was split into a morning and an afternoon session for the first time, thus allowing more rest time for competitors.

Three incidents before the meet caused some concern, but proved not to affect the running of things. Firstly Meet Director and National President, Bill Lough, had an unexpected trip to hospital; likewise National Treasurer Mary Connolly was hospitalised just before the meet but was out in time to attend, although merely as a very weary and weak spectator. Then came the Diggers unfortunate fire and my phone ran hot with enquiries as to whether we would cancel, but the Diggers staff came through magnificently and we were able to carry on as though nothing had happened.

We were pleased to have an overseas visitor, John du Pont, 38, from the Santa Clara club in

California, U.S.A. John swam well in spite of his long flight, and we hope that other swimmers will make the effort that he has made.

AUSSI swimmers came from Queensland, South Australia, Victoria, and all over New South Wales (Canberra, Narooma and Hay for the first time).

Some excellent times were recorded, with 30 female swims, 34 male swims, and five relay teams fast enough to be amongst the top ten in their groups in the U.S.A. These swims are marked with a * in the results which follow. Top swims were by Merle Duffy, 53, Redcliffe, Qld. in the 100m backstroke, Bess Barrie, 61, Maroubra, N.S.W., in the

100m breast., Geoff Ryan, 71, Manly, N.S.W., in both 100m and 400m freestyle, and Barny Brown-john, 85, N.S.W., in the 50m freestyle. They each recorded faster times in these events than any U.S. swimmer in their age group.

The Meet Director, Bill Lough, had most of his work done before the day; but invaluable assistance was given by David Mortimer, Bill Brown-john, the St. George ASA officials under the direction of referee Alf Sparkes, the Hanimex Cor-

poration who donated the certificates which were presented to all swimmers, and Speedo, who loaned the headache saving backstroke flags.

The supper afterwards was more than adequate and was obviously well received as there were hardly any scraps left to dispose of. This was very capably catered for by Shirley Mortimer and was prepared with a minimum of assistance whilst the swimming was in progress.

The team pointscore results were

Placing in trophy		Team Name	Points			
Founders	Visitors		Women	Men	Relay	Total
1		Manly Zone N.S.W.	79	248½	20	347½
2		St George Zone N.S.W.	127½	118	18	263½
3	1	Tamworth Club N.S.W.	108	93½	16	217½
4		Eastern Suburbs N.S.W.	131½	58	8	197½
5	2	Hunter Zone N.S.W.	24	90	8	122
6		Hills Zone N.S.W.	19	86	0	105
7	3	Victoria Branch	79	8	4	91
8	4	Queensland Branch	15	44	0	59
9	5	South Australia Branch	34	20	0	54
10	6	Wollongong Club, N.S.W.	8	37	0	45
11	7	A.C.T. Zone	28	10	6	44
12	8	Narooma Club, N.S.W.	0	17	0	17
13	9	Santa Clara Club, U.S.A.	0	11	0	11
14	10	Hay Club N.S.W.	0	5	0	5
		Unattached/Composite	9	12	18	—

REMOVALS ANYWHERE

Service from Dubbo to:

- * Sydney * Melbourne * Brisbane
- * Adelaide * Perth * Tasmania

Removals and Storage to all parts of
N.S.W. — Australia — the World



M. AMOS (DUBBO) PTY LTD

FREE QUOTES

White Street, Dubbo — Phone: 82 2613

THE NATIONAL 1500m AWARD

WARREN PENGILLEY,
first swimmer to qualify for
1500m Award.



Much thought has gone into ways in which we can promote fitness rather than mere social swimming.

Following the return of the team from the U.S. where Mary Connolly and Frank Sykes swam in a 1500m event for the first time ever, it was determined that a scheme involving swimming 1500m may be the answer.

The problem was firstly to find a standard which would be fair to members of all ages and all abilities, as we wished to promote fitness not speed. Secondly, the standard had to be achievable, but not without some regular preliminary training, as our real aim was to provide an incentive to train. Rule 10 of the National Swim Rules details how to qualify for the award, and you will see that it fits our criteria, however, in practice, it has been found that the slow plodding type of swimmer has less difficulty than the nippy 50m sprinter.

The table below will simplify the rulings of Rule 10 for you.

Best 50m for season (AUSSI times only)	50 times 50m time (slowest 1500m to qualify)	requires an average 50m lap time of
27 seconds	22 min. 30 seconds	45 seconds
28	23 min. 20	46.6
29	24 min. 10	48.3
30	25 min.	50
31	25 min. 50	51.6
32	26 min. 40	53.3
33	27 min. 30	55
34	28 min. 20	56.6
35	29 min. 10	58.3
36	30 min	60
37	30 min. 50	61.6
38	31 min. 40	63.3
39	32 min. 30	65
40	33 min. 20	66.6

For every extra second at 50m. add 50 seconds at 1500m. For fractions of a second at 50 metre add the same fraction of 50 seconds to the corresponding 1500m time, e.g. 30.5 seconds for 50m gives 25 min. plus 0.5 times 50 seconds that is 25 min. 25 seconds.



U.S. trip A.U.S.S.I. in St. Louis.
Left to Right: FRANK SYKES, DORIS HYDE, BESS BARRIE, MARY CONNELLY, JOSIE SANSOM.

A.U.S.S.I. TRIP TO U.S.A.

Aug./Sept. 1976

By Bill Lough, Tour Leader.

A party of 37 made the recent trip to the U.S.A., with 20 swimmers competing in the 4 day U.S. Masters National Long Course Meet at St Louis, Missouri, as guests of the National Association.

The meet was held at the Sugar Creek Sports Complex from August 26th thru August 29th.

Considering our approach to swimming in comparison to the efforts put into it by the Americans, the party did very well to finish with 4 Gold Medals, 6 Silver, 8 Bronze and many minor medallions for placing in the first eight.

My main impression of the swimming was the complete dedication devoted to the sport by the majority of the Americans, irrespective of age, whereas the average Australian who swims in the age groups does so more as a method of exercise and looks forward to the social side of club life far more than his American counterpart.

Most of us were amazed at the schedules that many of the swimmers set for themselves in their efforts to beat the clock, and I very much doubt whether any of our swimmers either would, or could (due to time involved) carry out these schedules which are designed to produce 100% fitness.

We were surprised to find that only scratch races are conducted and usually within the 5 year age bracket, although sometimes in A and B divisions. This meant that the same swimmers usually swam together and invariably the same swimmer wins.

With this in mind, we gained permission to state a handicap race during the carnival. This cre-

ated quite a lot of interest, especially as we had already explained the procedure to all present and had also distributed leaflets covering the conducting of handicap events. We were able to put on a subsequent demonstration at the Mission Viejo Pool near Los Angeles, where we put on a race with our swimmers and then one with eight volunteer Americans, whose times for the 50 yards varied from 46 to 25 seconds.

This race proved very popular, as the limit swimmer just won providing a very thrilling finish. Explanatory leaflets were again distributed, so it may eventually result in our visit being responsible for the "battling swimmer" having an equal opportunity to win races.

Our hosts at Mission Viejo was Don Rankin and the South Pacific Masters. This group organised an excellent meet which was thoroughly enjoyed by the whole team. The team as a whole performed very well, in fact well beyond expectations, with the outstanding swimmers being Geoff Ryan (Manly) 2 gold, 1 silver, and one bronze medal, Syd Simpson (Manly) 1 silver, 2 bronze, Josie Sansom (Adelaide) 1 gold, 3 silver, 1 bronze, and Bess Barrie (Maroubra) 1 gold, 1 silver, 1 bronze. Russ Dunn, Bill Lough, Bruce Carter, and Syd Simpson were third in the mens over 55 4 x 50m freestyle relay and many more minor awards were received as the first eight places in each event received a medallion.

Many new friendships were formed and it is hoped that tours to and from the U.S.A. will become a regular feature of our activities. It was a great experience and a grand honour to have managed this team — Presso Bill Lough.

DOMESTIC REPAIRS

(JIM TRIGGS)

Agent For

- VICTA
- GREENFIELD

RIDE-ON MOWERS

Victa (Authorised) Service Centre

SALES — SERVICE — SPARE PARTS

ALL MAKES & MODELS

Cessnock 90 2704

148 Vincent Street, Cessnock

HIGHLAND CARAVAN PARK

Overnight Cabins & Vans for Hire

Ultra-Modern Amenities

Shop on Park

Armidale 72 4768

MILLARD & YORK CARAVANS

SALES & SERVICE

TOW BARS FITTED

CARAVAN ACCESSORIES

BOTTLED GAS, ETC.

New England Highway, Armidale

(2 Miles Glen Innes Side of City)

LAWLER BROS

LICENSED BUILDERS

Contracting — Renovations — 40 plans to choose from — from \$18,950

Finance to approved clients

ALTERATIONS — ADDITIONS

JILL STREET, TAMWORTH — Phone Tamworth 65 9872 or 66 3772

NEW ZEALAND TOUR

15th-30th April, 1977

By W.A. Lough Tour Leader

The group that toured consisted of 14, including some wives of members, from Sydney, and 30 from Melbourne. The two groups flew independently to Auckland, where they linked up, on the 15th April, 1977.

The prime objective of the tour was to compete against the New Zealand Masters at New Plymouth on Sunday the 17th. This was followed by a bus tour of both islands, the travel arrangements having been made by St Leonards Travel Service.

Arriving at New Plymouth on the Saturday, we found the weather bleak and raining which did not auger well for the Sunday. However, the meet day, although cloudy, had only intermittent showers, and as we were swimming in a heated outdoor pool, conditions were tolerable.

The New Zealanders were mostly locals or members of the N.Z. Swim Coaches Association, who were having their Annual Conference in New Plymouth on that weekend, and who had invited Mike Wenden to be their guest speaker. Naturally we pounced on him and he swam with us.

Unfortunately the New Zealanders, who like us became interested as a result of the visit of the American Masters group in 1974, had not progressed to the extent that we have, and did not have a National Council or organisation such as ours.

At an impromptu meeting after the events had concluded, I was fortunate to be asked to address the meeting, pointing out the progress we had made and then distributing our Year Books and Information sheets to many interested parties. Before concluding the meeting, they appointed Miss Audrey Haines of Auckland as their National Secretary, and I assured them that we would give them the fullest possible co-operation so that they may become an integral part of World Adult Swimming. It was also pointed out that there was a great possibility of an American Meet being held in Honolulu in May 1979 which we would attend.

Despite the weather, the swimming events had been keenly contested, particularly in the younger groups. In many instances our members were the only swimmers in the older groups. The times

recorded have been included in the calculations for the Top Ten Lists.

At the Dinner, which was held following the Carnival, several presentations were made, one to Les King of Geelong for being the busiest swimmer in the group, and another to Ed Walther for being the most adult adult. I made several presentations of patches, pins, and some small size "Percy Platypuses" to their officials who were most appreciative of these gifts. I also pointed out that our visit could be the fore-runner of future meets between our two countries, provided they became properly organised.

I feel that we should encourage them as much as possible in their efforts, and have asked that they be added to our mailing list, as any information we have must be beneficial to them.

Although we were unable to have any further organised swims on the tour, it was most successful, the itinerary and general arrangements being excellent. Although the weather varied, we were able to visit and marvel at the attractions on both islands. Both Coach Captains helped to make the tour most enjoyable, and both Trans Tours and the St Leonards Travel Service are to be commended on their efforts to ensure a memorable two weeks.

Kindly Sponsored by FRED POWELL of -

**St. George Lighting
Pty. Ltd.**

ELECTRICAL CONTRACTOR
& WHOLESALE SUPPLIERS

63 ANDERSON ROAD, MORTDALE

Business Phone 534-3431

- Emergency Service 529-6579

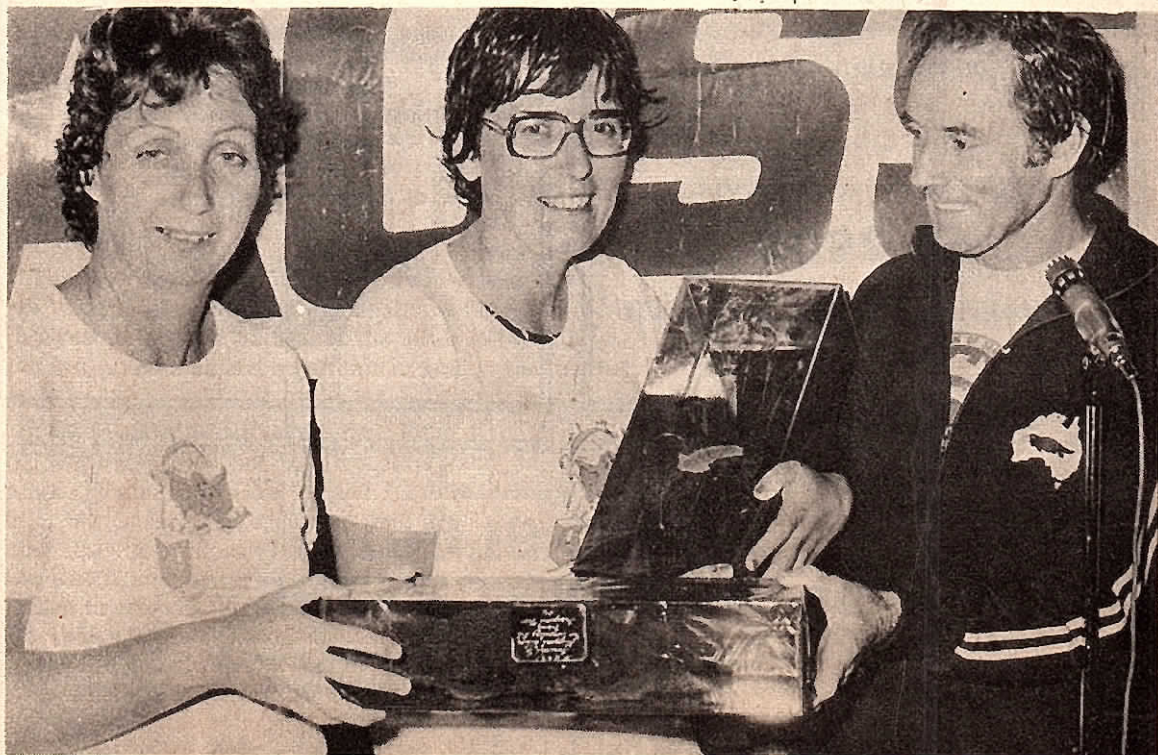
N.S.W. BRANCH REPORT

By Branch Secretary Gary Stutsel

Many changes have occurred during the past twelve months, starting with the Annual Meeting, where Barry Faux, Brian Newell, and Paul Wyatt did not stand for re-election due to other commitments. New members of committee are Peter Jackson (Assistant & Minute Secretary) and Joe McCarthy and Bob Duncan (Committeemen). Frank Sykes moved up to the Presidency whilst Russ Dunn (Vice President), Mary Connolly (Treasurer), Jack Brownjohn (Committeeman) and Gary Stutsel (Secretary) were all re-elected. It was pleasing to see fifty members at the meeting.

At a Special General Meeting on the 12th October, 1976 limited participation in branch activities was extended to all adults. Several other innovations were made including the introduction of the zone system. This was intended to relieve the committee of the work associated with organising and conducting swim meets thereby spreading the work load. It achieved this aim, but, with the increase in activities, resulted in zone officials such as Jim Williams, John Hawthorne, Bob Lawson, and David Mortimer becoming the ones who now had to bear all the swim meet work. It was also obvious that there was an almost complete lack of co-operation between zones and between clubs within the zones.

After analysing and discussing this situation, and in view of the rising cost and time involved in circularising every one of the increasing number of members, it was decided that as from the 1st May, 1977, the method of joining A.U.S.S.I.-N.S.W. would be altered so that you become a member of a club which is affiliated to A.U.S.S.I.-N.S.W. and are registered through that club. Circulars will be sent to clubs only. The first clubs to affiliate were those that had evolved from the zone groups which were conducting weekly swims as a point of contact to which intending members could be directed. They are Tamworth, Nelson Bay, Newcastle Junction, Hurstville, Como, The Hills, Manly, Hay, Canberra, and Narooma. There



"PERCY PRESENTATIONS".

Left to Right: PEG WILSON, BARBARA NEWBY, FRANK SYKES.

is also a group at Woollahra but the numbers are too small to form a club.

As so many of our members live and work in other areas, we should see several more clubs affiliated by the 1st October, 1977. Membership at time of writing was approximately two males to every female, but reports from several clubs indicate that they are receiving as many new females as males. The women are also playing a much more active role in administration, mostly at a club level.

Swim meets were conducted at Woollahra, Tamworth, Newcastle, Cronulla, Nelson Bay, Manly and Carrs Park, and 1500m trials were swum at Carrs Park, Narooma, Canberra, Tamworth, Newcastle, and Manly.

At the Tamworth Meet on 20/11/76, the Branch President, Frank Sykes presented "Percy Platypus" awards to Barbara Asbury and Peg Wilson of the Tamworth Club, the only members of A.U.S.S.I. to record a time in every possible event in the 1975/76 season.

Many of our A.S.A. friends are helping to spread the words about A.U.S.S.I. when they attend carnivals. Ken Knight spoke to Alan Dufty of Narooma at the Country ASA Championships in Broken Hill and Alan was so interested that he has formed a club in his home town of Narooma and was instrumental in clubs being formed in Bateman's Bay and Moruya. Members Alf Sparkes and Betty Dodd also spread the word at the State and National championships.


In an endeavour to make our activities appealing to all grades of swimmers, we are experimenting with swim meet formats by introducing scratch start sealed handicaps and novelty events. A format should soon be evolved which will entertain the whole family and yet still cater for the dedicated swimmer. In other words we hope to live up to our motto "FITNESS AND FUN".

Our work was made considerably more manageable by the assistance given by the N.S.W. Sport and Recreation Service who helped with duplicating notes, printing circulars, general advice and information. The Service provided a stand for us at the R.A.S. Spring Fair at the Sydney Showground on the October long weekend and this was manned in four shifts by the Branch and National committees, plus Bess Barrie, Shirley Mortimer, Tom Ramsay, Peter Brown, Peter Joy, Mal McKenzie,


John Kemp, Les Bryant and Ron McLean. Most of the enquiries we received were about learn to swim and these were referred to Sport and Recreation.

Assistance was also given by Speedo who provided posters and printed "AUSSI—What is that" for distribution at the Fair. Many more people are displaying interest in AUSSI and helping us in little ways. This is giving renewed heart to the committee members who have at times despaired of ever getting our members deeply involved, especially at times like the previous seasons Carrs Park swim where only 15 members took part. However, we should now look forward to a rewarding 1977/78 especially knowing that Mary Connolly has been able to build up sufficient funds to finance our proposed programs.

LOVE IS



*giving a
Pint of
Blood for ...
someone
who
needs it!*



**Enrol Now
as a Blood Donor**

VICTORIA

Branch Report by

Barbara Wilson, Hon. Secretary.

On the 14th November, 1976, our first mixed sexes swimming meet, under A.U.S.S.I. rules, was held at North Lodge swimming centre. Previous to this A.U.S.S.I. was represented in Victoria by the two A.I.F. swim clubs Bentleigh and Mentone. As women and men who were not members of the A.I.F. clubs were interested in swimming, Bob Barrett and I got together with Jim O'Doherty the pool operator and organised this meet. 22 swimmers took part and their keenness lead to four more meets being held through the season. Numbers are now up to 52 and a club is being formed at Glenroy. Next season we hope to see more clubs at other Melbourne pools plus a club at Geelong.

In March, 1977, five of our swimmers, Bev. Walton, Shirley Howard, Barbara Wilson, Terry Wearne, and David McDade, competed in the National Swim Meet at Harbord and between them scored enough points to run third in the visiting teams shield.

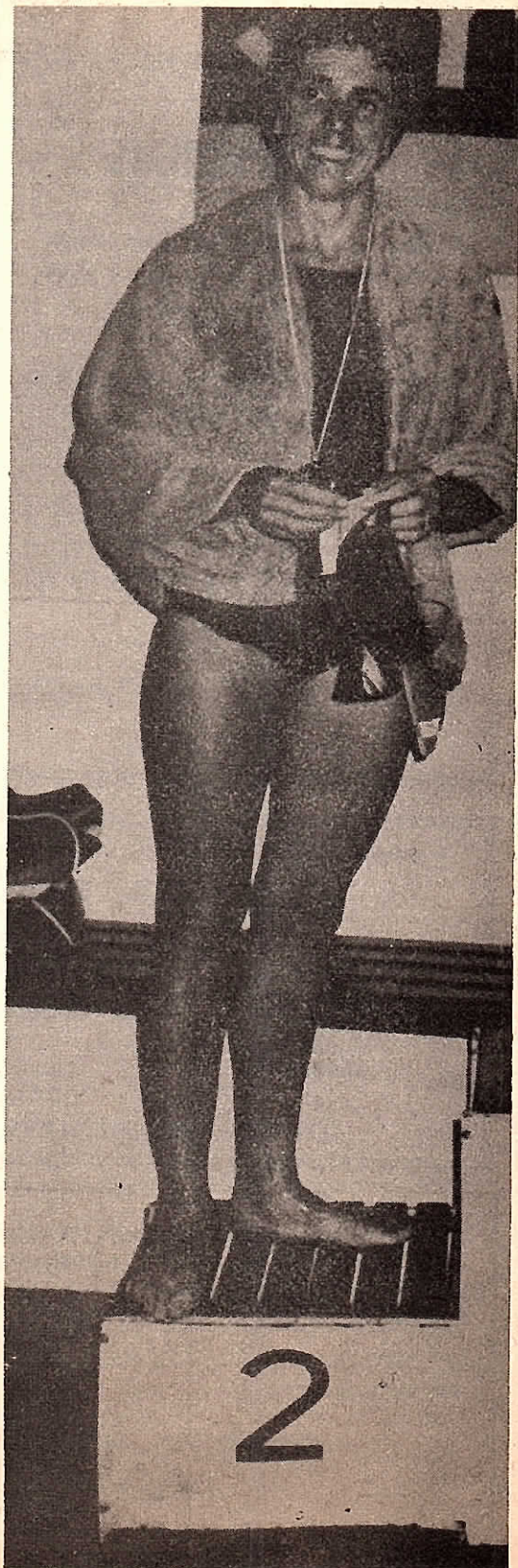
A full committee will be formed in the near future. Secretary at time of writing is Barbara Wilson, 5 Bennett Avenue, Mount Waverley, phone 233 4847, from whom information may be obtained.

President Bob Barrett writes:

"Women have shown a particularly keen interest in A.U.S.S.I. Adult Swimming and the number of ladies involving themselves has increased rapidly. The number of members will increase considerably when other clubs are formed in Melbourne and surrounding areas".

Bob, 43 years, is married to former Victorian champion Alwyn Mitchell. The father of two sons and one daughter, all competitive swimmers, he became interested in swimming when talked into entering a parents race at Surrey Park A.S.C. three years ago. Due to a somewhat late start, he decided to put more effort into the sport, and after competing at Harbord and South Juniors in 1976, he became very keen and started regular training. Bob now thoroughly enjoys a daily swimming session and is currently Publicity Officer of the Victorian A.S.A. and a member of the Management Committee.

BARBARA WILSON, Victoria Branch Secretary.



SOUTH AUSTRALIA

Honorary Secretary, Arthur Sansom, has written to report that no meets have been conducted during the past season due to there not being enough support to cover the cost of hiring a pool. Arthur says that all former members who are officials of the local amateur swimming clubs have been coerced into boycotting the "Old Time Swimmers" and this has eroded the bulk of their support.

In spite of this setback, Arthur's wife Josie has been as active as ever, having first competed very successfully in St Louis, and then teaming with Pam Squire, 38, and Stan Walker, 53, to gain ninth place at the National Meet out of the 14 teams that competed.

Following the acceptance of Masters Swimming by F.I.N.A. and the Amateur Swimming Union of Australia, the difficulties of 1976/77 should become a thing of the past and South Australia will be a force to be reckoned with at the National Meet in Melbourne in 1978.

WESTERN AUSTRALIA

The only adult swim clubs in Western Australia have been the male only winter swimming clubs Fremantle Shivering Shags and the powerful Cottesloe Crabs. One of the founders of the Crabs, Alf Woods, has liaised with the A.U.S.S.I. National Committee since the formation of A.U.S.S.I. and has been on the National mailing list.

A very busy man, with local government, surfing, swimming, and business commitments, Alf was not able to become involved in AUSSI, but he has distributed all information supplied to him to anyone who was interested. Recently he phoned to report that an A.U.S.S.I. Club was being formed in Perth.

Soon after Frank Mongan phoned to report that the club had been formed and is swimming each week at Kevin Duff's pool at the Carin Glades Centre, 473 Beach Road, Craigie. Further details can be obtained by phoning Frank on 24 3922 (work) or 47 0866 (home).

Frank also said that the Crabs are hosts for the 1978 Australian Winter Championships (men only, unheated outdoor pool). These will be held on

Sunday the 9th September, and as there will be approximately 400 swimmers present, many of whom will be AUSSI members, it is hoped that an AUSSI meet can be organised for the week following the Winter Championships, probably on the Perth Club's regular swim night.

QUEENSLAND ACTIVITIES

**By Tom Lonergan,
Acting Secretary**

A.U.S.S.I. was first actively promoted in Queensland by Paul Lacey of the Sport and Recreation Service. The first formal meeting was held in November, 1976 and attracted a roll up of 15, eight of whom were from the Gold Coast. Due to the interest from this area, it was decided to form a club in Southport, but this move coupled with the disruption of the Christmas holiday period seriously threatened the future of the Brisbane Club.

However, the interim committee convened a meeting in mid January, 1977, which reformed the Brisbane Club with Clive Staines as President, Peter Dixon as Treasurer, Chris Shapland as Executive Office, and Tom Lonergan as Secretary. There were only seven at this meeting, but all were keen to see the club prosper.

This has indeed happened as at the 1st May there are approximately 50 financial members of the Brisbane Club, with new faces appearing every week. These people cover the whole spectrum from ex state champions to real strugglers.

The club swims every Tuesday at 7.30 p.m. at John Rigby's Everton Park heated pool, in South Pine Road, where all visitors are welcome.

A Queensland Championship Meet was held at this pool but it attracted only twenty entries, however, there was an extensive program and some swimmers had a very busy afternoon. Due to short notice of the meet many swimmers were unable to compete.

Pending the formation of a state committee the Brisbane Club committee has been acting as co-ordinator between the AUSSI National Committee and the other two clubs Gold Coast Marlins and Goondiwindi Diggers. Any persons or clubs wishing to have further details should contact me at 73 Kensington Terrace, Toowong, 4066.