



A. U. S. S. I.
ADULT SWIMMERS

3rd NATIONAL SWIM MEET

For MEN and WOMEN

SUNDAY, 27th MARCH, 1977

at

HARBORD DIGGERS MEMORIAL CLUB

EVANS STREET, HARBORD, SYDNEY

Conducted by
Australian Union of Senior Swimmers

Carnival Director
BILL LOUGH

Referee
ALF SPARKES

Limited private home accommodation for
interstate swimmers

ALL ENQUIRIES TO:—

ST. LEONARDS TRAVEL CENTRE
6 PACIFIC HIGHWAY,
ST. LEONARDS, N.S.W., 2065

Entries and enquiries to
NATIONAL SECRETARY
GARY STUTSEL
299 Bexley Road, Bexley North, 2207
Phone: Sydney 50-7737

43-2001 — 439-1817

Details over page

ENTRIES

\$1 per person if received by 28th February, late entries up till 10 a.m. day of carnival \$3 per person.

Swimmers must be financial members of a State Branch of A.U.S.S.I. and be 25 or over on Sunday, 27/3/77.

No limit to number of events.

Please state Name, Sex, Age, State Branch or N.S.W. Zone, and events entered with current times for each. Heats will be seeded on nominated times. There will be no finals.

SUPPER

Will be served after the swim, \$2 per person. Send with entry fee to the Secretary 299 Bexley Road, Bexley North, 2207

Beer and orange juice will be sold at supper. VISITORS WELCOME to the pool and to supper.

CHILDREN

As this is a licensed club persons under 18 cannot be admitted.

DRESS

No thongs.

Ladies — no shorts or jeans.

Gents—wear long trousers and shirt with collar.

3rd National Swim Meet—A.U.S.S.I.

TWO SESSIONS

a.m. — Report at 9.30 a.m. for 10 a.m. start

Event

- 1 400 m Freestyle
- 2 25 m Backstroke, or
- 3 100 m Backstroke
- 4 50 m Freestyle

LUNCH BREAK

Lunch may be bought at the club.

p.m. — Report at 2.30 p.m. for 3 p.m. start

Event

- 5 100 m Breaststroke, or
- 6 25 m Breaststroke
- 7 100 m Freestyle
- 8 25 m Butterfly, or
- 9 50 m Butterfly
- 10 Mixed Relay 4 x 50 metres of 2 men plus 2 women. Team may represent your affiliated club, N.S.W. zone or other state branch.

Pool is 25 m indoor pool.

Note frog kick may be used in butterfly event. Only one each of the paired style events may be swum in, however there is no restriction on freestyle events, i.e., you may enter all three.

INTERSTATE VISITORS

Please book your flight through our supporters, **T.A.A.** and **St. Leonards Travel**. For bookings write or phone Margaret Warner, St. Leonards Travel, **6 Pacific Highway, St. Leonards, N.S.W., 2065 telephone 43-2001 or 439-1817.** Group concessions arranged for ten or more accommodation bookings.