

A.U.S.S.I.

Masters Swimming in Australia



Founded 1975

ANNUAL REPORT SEASON 1983

CONVENING NOTICE

NOTICE IS HEREBY GIVEN THAT THE ANNUAL CONFERENCE OF A.U.S.S.I. MASTERS SWIMMING IN AUSTRALIA is to be held in Victoria on Wednesday 11th and Thursday 12th April, 1984. THE VENUE will be the Victorian State Swim Centre, Batman Avenue, Melbourne.

Meeting to commence	1.00 p.m.	11th April, 1984
	9.00 a.m.	12th April, 1984

BUSINESS:

1. Roll Call of Delegates.
2. Confirmation of the Minutes of the Previous Conference held in Sydney on 17th and 18th September, 1983.
3. Business Arising from the Minutes.
4. Consideration of the 1983 Annual Report and Balance Sheet.
5. Honorary Treasurer's Report.
6. Election of Officers:
 - President
 - Honorary Secretary
 - Honorary Treasurer
 - Appointments by recommendation
 - Fitness and Coaching Director
 - A.A.S. Editor and Publicity Promotions
7. Election of Auditors.
8. Reports and Recommendations by the Executive.
9. Presentation of the Constitution and Rules.
10. Branch Agenda Items:
 - (a) Queensland
 - (b) South Australia
 - (c) Western Australia
 - (d) Tasmania
 - (e) New South Wales
 - (f) Australian Capital Territory
 - (g) Victoria
11. Notices of Motion.
12. Confirm venue and dates for 1986 National Club Championships.
13. Confirm venue and dates for 1984 Mid Year Conference.
14. General Business.

Brian Hind
Honorary Secretary

NATIONAL PRESIDENT'S REPORT

As I sit here and ponder what I should use in a report to end 1983, I cast my mind back over the previous year and wonder how a year could pass so quickly.

From the Pan Pacific Championships in Sydney, the National Swim in Brisbane, the Mid Year Conference, Christmas holidays, next the State Cup then the Nationals - there was not a month, a week, a day, in which A.U.S.S.I. was not involving us in some way. No matter our position, club member, delegate, executive, 1983 was really a year of involvement and I can see no slackening of this during 1984/85. One wonders if we are not on the inevitable roller coaster only stopping for a short rest before embarking on the next project.

A new constitution and by-laws should be ready for approval at the Annual Conference. A great deal of work, thought and planning has gone into this document and those involved would like to see it last for many years. Obviously, rules laws and conditions change and no document can last indefinitely. However, we believe when presented, the new Constitution will be as up to date and as far seeing as today's conditions allow.

With its present program of aerobic distance and competitive swimming, A.U.S.S.I. offers possibly the most balanced Masters Swimming program of any country involved in adult swimming today.

Supplemented by the City Mutual Achievement Awards, A.U.S.S.I. can cater for the most basic swimmer, the learn to swimmer, the fitness seeker, the fitness fanatic and the super competitive. All these people can achieve their goals within our program at their own level.

And this is all due to you, the club member, official, coach, Branch delegate and National Council member. Without your foresight, drive and will to succeed, A.U.S.S.I. would still be a scattering of clubs instead of the growing organisation it is today. To the National Council members, Branch and club delegates and club members, thank you for your input during 1983. Please continue in 1984. You may be a voice in the wilderness, however, you are being heard.

To my executive, Brian Hird, Carol Davis, Des McCormick and especially Mary Connolly, who will not stand again in 1984 - thanks seem hardly enough for the support and expertise freely given during 1983.

To our sponsors, City Mutual and their offices and personnel throughout Australia, go our thanks and appreciation for past and future commitments to Adult Swimming.

To Speedo and Gestetner for their support during Branch and National Swim Meets, our thanks and support in the future.

NATIONAL PRESIDENT'S REPORT (contd.)

Masters Swimming in Australia will continue to grow. The contribution we can make towards the fitness of adults through swimming has just begun. We believe it to be the best, the safest and the least strenuous method for adults to gain fitness without the pain or possible injury suffered during other exercises. Swimming is still the best exercise for arresting the ageing process.

See you in the pool.

Peter Jackson
National President

NATIONAL HONORARY SECRETARY'S REPORT

Ladies and Gentlemen,

It is my privilege to present for consideration this report for the year 1983.

1983 has been an extremely busy and rewarding year so far as A.U.S.S.I. Masters Swimming in Australia was concerned. Not only the National Executive, but most Branches were very active due to the increased membership which argues well for the organisation.

The year commenced with all executive positions filled, but after the Annual Conference in April, the Fitness and Coaching Director's position was vacant. It was not until the July Executive Meeting that a decision was reached to approach Des McCormick in regard to the position. This meant that three Executive Meetings were held with only four Executives. I hope this situation does not arise again.

An Executive Meeting was held once a month, and under the leadership of President Peter Jackson, all activities outside the two yearly Conferences were carried out effectively. Each Branch was sent copies of the minutes of these meetings to keep them well informed.

The 9th National Swim and Club Championships were held at the Chandler Centre Brisbane. These Championships had some controversial points but I would like to congratulate Queensland Branch President Fred Knudsen and his committee on their efforts in running their first National Swim. Fifty two clubs were represented as well as some International swimmers who stayed over from the Pan Pacific Championships. There were 47 Australian and 8 World Records broken during the swim. Placing results appear later in this report.

Prior to the National Swim the Second Pan Pacific International Masters Championships were held in Sydney at the Warringah Aquatic Centre. The National Executive co-opted the help of June Kuhn, Bob Dorrington and Gary Stutsel who helped to make this Swim Meet a highly successful one. I, as well as many A.U.S.S.I. members, feel that there is room for this type of competition in Masters Swimming.

The N.S.W. Executive also combined with the National Executive to run the City Mutual City of Sydney Relay Championships on the 22nd October, 1983. This meet was also held at Warringah Aquatic Centre with great success and raised \$1200 for the Asthma Foundation of N.S.W. We also had support from Clipper Cruisers, Helena Rubinstein and Selleys. We appreciate their assistance.

Sydney was the venue for the 1983 Mid Year Conference. Held on the 17th and 18th September, 1983, it was a huge success. This inhouse conference was the first of its kind for A.U.S.S.I.

NATIONAL HONORARY SECRETARY'S REPORT (contd.)

Many controversial matters were raised during the conference and I would like to congratulate all delegates present on their efforts in representing their particular Branch.

1983 has been a good year for swimming but let's not forget the other side, administration. The National Office managed by Carol Davis with the assistance of Maureen Rose is now running in a most professional manner. I would like to thank these two ladies for putting up with me and my demands for perfection. Carol, for her help in organising the Mid Year Conference and Maureen, who without question, will retype letters and reports if I'm not satisfied. Thanks also to the Cronulla/Sutherland club for the many times their volunteer workers have helped out in the office at a minutes notice.

A.U.S.S.I. as with all sports, depends on sponsorship to a certain extent and our appreciation is extended to our major sponsors, City Mutual, Speedo Knitting Mills Pty. Ltd. and Gestetner for their continued support.

To each member of the Executive I pass my sincere appreciation for their assistance and co-operation throughout 1983. Also many thanks to Peter Gillett, National Records Recorder and Glenys McDonald, National Aerobics Recorder for the many thankless hours spent recording their particular duties.

I have just completed my second year as Honorary National Secretary and as in 1982, it was a rewarding year.

I wish to thank each and every member of A.U.S.S.I. for being part of yet another successful year and look forward to their continual promotion of A.U.S.S.I. and its ideals through 1984.

Brian Hind

Honorary National Secretary

FITNESS AND COACHING REPORT

This report comes to you once more with the same background of all other reports. My last report set out certain requirements I wished to have fulfilled. The interest shown by Secretaries, Branch Directors of Coaching and Club Fitness Directors was a repeat of all other pleas for help - nil. The only exception was that of Western Australia who sent me a most informative run-down on their experiences in coaching. This lack of interest by those in authority is I suppose only to be expected. I must say that the attitude of individual members is very different. The ordinary members are only too well aware of their lack of knowledge and are eager to receive assistance. I would like to thank the Canberra Branch for the opportunity they gave me to visit them and hold classes for their members. This was set up on a personal basis, by this I mean the agreement was established with me as a personal friend, as at that time I was not National Director of Coaching. The interest shown by the members there was very high and I learnt a great deal from everyone there. I would like to thank Judy Ford and the Branch Director of Coaching Les Worthington for giving me this opportunity.

The work I have been involved with since the mid year conference has been the finishing off the Accreditation Scheme; the investigation of the needs of our members and the coaching of members from different clubs. This coaching has involved three hours practical poolside work four to five days per week. This does not include travelling time nor preparation time. My other project has been that of attempting to rewrite some of our general rules, with the swimming rules being the most difficult item.

After much consideration to the question of coaching I have come to the conclusion that our approach must be on two levels. To digress just slightly, I would like to explain what I see as the task of the Club Fitness Director. The club coach has very set perimeters. A club coach is in fact, an adviser, someone to help members on club night and to make A.U.S.S.I. an attractive proposition for new members. His work load is at a lower level of participation than the personal coach. He can't be too dictatorial on club night for fear of losing members. The club coach is the person new members relate to on their first visit to the club. The coach is supposed to help all members and encourage others. High level coaching is not the name of the game on club nights unless the club has plenty of time, staff and facilities.

The average A.U.S.S.I. coach is an amateur and does not have the time to attend the pool during the day and coach his pupils. His main contact with his pupils is therefore on club night. The result of this is that most members are left on their own to decide how to train and condition themselves. The coach can give a program to the swimmer but most swimmers require a coach to be present for the correction of attitude, faults and to monitor fatigue and to ensure that the swimmer does in fact work as hard as he should.

FITNESS AND COACHING REPORT (contd.)

With this in mind and after consulting many swimmers on this subject I have come to the conclusion as stated earlier that coaching within A.U.S.S.I. must be at two levels of participation. The Directors of Coaching both Branch and Club must be tutored. This is the object of the Accreditation Scheme. The ordinary member must also be given the opportunity to learn how to prepare themselves. I envisage the setting up of courses for the swimmers so that they can not only improve their own knowledge but also be able to pass on some information to a friend. A number of our members swim together, so under this plan a "Buddy" system would exist so that each one would be able to assist the other. Granted this would be only at a low level of coaching but it would be better than nothing.

I wish to present the final draft of the Accreditation Scheme. All that is left is for the plan to be approved or not. If the plan is approved then someone will have to decide when it will commence and where. Level 1 being the basic course I feel that the work done at this stage is of the most importance. The knowledge given to members must be correct and all members should receive the same work. To achieve this I feel that it is important that the lecturer for this level be one person. This may cause some problems but they are not as important as being sure that the ground work done is correct. I also feel that whoever does the job should submit their papers to ensure that they are what is required.

Proposal for National Coaching Accreditation Scheme

Course Philosophy and organisation

Philosophy	<p>The reason for such a course within our organisation.</p> <p>The concept of developing fit swimmers.</p> <p>The need to develop an awareness and understanding of adult teaching and conditioning.</p>
Organisation	<p>The standards being set for the different levels.</p> <p>Each level to consist of ten sessions. The breakdown of practical and theoretical sessions to be varied for each of the levels.</p> <p>The basic course work to be pre-set for each level with allowance to be made for visiting lecturers to develop their own subjects.</p>
Level 1	<p>As this is the basic level then this course will consist of more detail work. The granting of a level one certificate should be governed by attendance at lectures and a practical examination followed by a theoretical test. Final assessment to be concerned with attitude during the course, presentation of work sheets and general ability in communication.</p>

FITNESS AND COACHING REPORT (contd.)

Levels 2 & 3 These levels will be of a more advanced nature. There will be expected to be more involvement by the candidates. The examiners will be more interested in the candidate's swimmers and how his club performs.

Each Branch will conduct courses during the year. The personnel required to run these courses will have to be determined. Who runs what, where and when will have to be a National decision.

Course Structure

1. Course philosophy and organisation.
2. The theory of learning.
3. The theory of teaching.
4. Basic physical principles.
5. Swimming strokes.
6. The teaching of strokes.
7. Basic anatomy and physiology.
8. Educational psychology.
9. Coaching and conditioning.

Pre-requisites

1. The Senior Resuscitation Certificate.
2. Candidates must be able to prove their own personal swimming ability.

Basic Texts

1. RLSS Manual 1984.
2. A.U.S.S.I. Coaching Manual.
3. A.U.S.S.I. Club Guide.
4. An Introduction to Swimming Coaching 1.(Cecil Colwin)
5. Swimming Coaching at the Club Level 2.
6. The Science of Teaching Swimming (Mervyn L. Palmer)

Des McCormick
Fitness and Coaching Director

A.A.S. REPORT

If I had to sum up the A.A.S. Report in one word, it would surely be "FRUSTRATION".

My 1982 report carried a number of points causing me concern. Efforts were made to overcome these problems. However, as my report to the Mid Year Conference showed, there are some which require drastic action.

After adopting the proposal from the Ink Connection, a whole new concept, I thought at last, 'the promised land'. However, by December 1983, I wondered, if like 'Moses', would I ever see it fulfilled. I was very disappointed by the delay in producing December 1983 A.A.S. (posted to members late January 1984) and did not feel the excuse of machinery breakdown, entirely satisfactory. It still stands that our members were left with no communication from June 1983, although there were Branch Secretaries who did make the effort to inform their membership of what was happening.

That our members look for the journal and that the direct postage to their home serves as a direct link of communication, became even more apparent. So, I must continue with the thought that the problems experienced by our new publishers were those in getting a 'new' publication off the ground. I want to continue with the enthusiastic outlook that A.A.S. will be bigger and better; that one day it will be self sufficient or better still, earn income for the organisation.

The articles written by Kay Cox and Dick Campion continue to bring good response from readers (more often than not, verbal to me during a swim meet). I would like to see more input from all members and an extension of Branch News. I request that all Branches have appointed a Branch News Editor, be it the Secretary, Publicity Officer or any willing and able member.

I regret that this annual report is unable to contain more details pertaining to the new concept in publishing A.A.S. However, reports will be forthcoming in the Executive Minutes and a re-examination will be part of the Mid Year Conference duties.

In conclusion, thank you to all who have contributed to A.A.S. Kay and Dick and Branch correspondents. Also, especially to Brian Hird for his assistance in the production side. His knowledge of printing was very helpful and his 'persuasion' when things got tough appreciated. I sincerely hope 1984 will see some of the goals I've set for the journal realised.

Carol Davis
Editor A.A.S.

PUBLICITY, PROMOTIONS AND SPONSORSHIP REPORT

I believe 1983 was a very good year for publicity and promotions. The coverage achieved in Brisbane for our National Swim was excellent. It was detailed in the Mid Year Conference Report and Val Knox congratulated.

It would appear that we are finally being recognised as an organisation with something to offer. It is a pleasure to hear or read of the acceptance of A.U.S.S.I. by such organisations as the 'Canberra Week Festival Committee' (A.C.T. Branch), The Department of Leisure Sport and Tourism (W.A. Branch), the Asthma Foundation (N.S.W. Branch). These Branches have undertaken various programmes with these named organisations with good results. It's unfortunate that these have been the only feedback received as a recommendation from the Mid Year Conference requested detailed reports to be taken into consideration for the Annual Report.

Branches are now finding their own sponsors, a healthy sign. However, City Mutual Insurances and Speedo continue to support us Nationally and we deeply appreciate this support.

Carol Davis

Publicity, Promotions and Sponsorship

NATIONAL AEROBIC TROPHY REPORT - 1983

The 1983 season of the National Aerobic Trophy concluded on November 30th. Entries closed with me on January 31st, 1984. I am pleased to report that 5 out of 6 Branches are now participating and the number of clubs involved has increased to 30+.

At this stage, February 1st, I have not compiled the results, but the mere bulk of forms indicate a huge number of fitness swimming hours. As the mass of forms to be checked stand nearly two feet high, I have begun to look at alternatives to the horrendous task of checking the entries.

I have had talks with Geoff Upton, an A.U.S.S.I. member, about formulating a computer programme, and I thank him for his time and interest. If the rules and pointscores can be programmed, the matter of issuing points and tabulating results can be simplified. This programme could then be passed onto Branches to simplify their own recording. Whether there is sufficient time to get this system underway this year remains to be seen.

All Branches have copies of the National Aerobic Rules and Pointscore book, which include figures for the 800m butterfly. Also all Branches have the pointscores for all the 20-24 year old age group swims. All award forms are obtainable from Branch Secretaries who order them from the National Office. During the year, I distributed to clubs a personal aerobic record sheet. It might be a good idea if clubs provide copies of this for their members.

I would like to congratulate club recorders and Branch aerobic recorders on the professional way the Aerobic Trophy entries have been submitted. They are all in alphabetical order as requested, and in most cases, result sheets have been tabulated to make my task easier.

The very bulk of entries is a sign of the place this Trophy has in our overall A.U.S.S.I. activities. I feel the concept is summed up by one club's comments. - "We may not have won many points on the tables, but boy, did the fitness level of our members improve, along with improved stroke technique and an appreciation of all strokes."

I think that says it all.

The winner of the 1983 National Aerobic Trophy will be announced at the National Presentation Dinner, Melbourne, April 15th.

Glenys McDonald
National Aerobic Recorder

NATIONAL RECORDER'S REPORT

1. NATIONAL RECORDS

It has been my impression that the conditions for setting or establishing of records had been fully discussed at previous National Conferences and was well understood by all Branch Recorders.

In my report to the Mid Year Conference held in Sydney last year, I requested any suggestions or advice in my position as National Recorder and there was nothing forthcoming re the conditions for setting of records. However, at the meeting of the National Executive immediately following the Conference this matter was raised once again.

I do not intend to go into the history of National Records and conditions in this report. I have already written to the Executive on this matter.

I would suggest the following course of action for the National Conference in Melbourne. The conditions as presently understood and covered in the "Rules of A.U.S.S.I.", should be fully discussed, modified if found necessary and when agreed to, they could be included in the "A.U.S.S.I. Club Guide".

2. TOP TEN

In previous reports I have stated that the Top Ten should be published before the National Meet. Hopefully, this can be achieved this year. However, I did not receive all of the cards until the middle of January.

I realise that we set a cut-off date of the 30th November in an effort to meet this deadline. However, I also realise that we are all carrying out our jobs in a voluntary capacity and sometimes things happen that stop us meeting our commitments.

If the Branches feel as I do, that the Top Ten should be published before the Nationals, then maybe we should be looking at altering the close-off date to the 31st October.

Two other points I would raise for your consideration are:

1. Cards from the National Meet - these should be forwarded to the National Recorder. I didn't receive them this year and it has made life difficult.
2. 400m form strokes - Are they meaningful? Records are not kept for these distances. They are not commonly done in competition and are well covered by the Awards.

Peter Gillett
National Recorder

OFFICE REPORT

Background: The office is a shared facility between the National Body and the N.S.W. Branch. It is provided rent free by City Mutual Insurances as part sponsorship and part A.U.S.S.I. staff acting as receptionist. The majority of furniture and equipment belongs to the National Body. This equipment and furniture is covered by insurance.

The office is staffed 5 days a week from approximately 10 a.m. to 3 p.m. However, there is often occasion to work over these stipulated hours.

Maureen Rose commenced work in February 1983. She is a shorthand typist whose qualifications, application and manner have made her a pleasure to work with. During 1983 we found it was impossible to continue with the typist working only 2 days per week, so Maureen worked 3. There were also a number of occasions when it was necessary for me to work 4 days per week. We were under the impression, that once the postage side of A.A.S. was taken out of the office, our work load would greatly lessen. However, one must conclude that the growth of the organisation has generated the extra work and that is surely a good sign.

The transfer of all A.U.S.S.I. gear to the office and the responsibility for ordering and dispatching it, is one reason for the extra work. However, I personally am in favour of centralising such things, e.g. all National forms, etc. Making A.U.S.S.I. a more efficient and professional organisation has been 1983's aim. So to this end, the filing system has been reorganised. It is my opinion that being a member of the National Executive is an advantage in co-ordinating the office and its activities.

During 1983, the Gestetner 2003 was purchased and quickly became our pride and joy. Being automatic, it saved many work hours. It also enabled us to produce a certain amount of material more professionally e.g. the Mid Year Conference papers. Naturally, over a certain number, a printer is cheaper.

The incoming calls are still in the majority, from N.S.W. members. Undertaken by the office for the N.S.W. Branch is: type up, photocopy, collate and post out all N.S.W. Council of Clubs' minutes; prepare, if requested, agenda, copy of minutes, Treasurer's report or any other item for the Council of Clubs' meetings; process all registrations and make out the A.A.S. cards, issuing receipts for all monies received; administering the N.S.W. award badges; photocopy, collate and post out the results of all Pelican Pointscore Carnivals once they have been checked and prepared by the Top Ten Recorder; open all mail, photocopy, answer any general enquiries, refer all other to the Secretary and wait on advice as to answering any referred letters; keep filing on incoming and outgoing mail up to date. Notification to all clubs of any postal events, e.g. the New Zealand 1 hour swim; also, the production of any newsletters.

OFFICE REPORT (contd.)

Nationally, we do likewise and more. I am finding that most Branch Secretaries are very aware of the problem of communication and make sure that their members are aware of memoranda forwarded from the office, not only on behalf of the office but also the National Executive. Likewise, I'm also sure that there are areas where we can improve.

Consideration needs to be given to certain areas:

1. Will we always have one National office or will the National office move to whatever State the majority of the National Executive reside in?
2. The desirability of the National Body and any Branch sharing an office i.e. pros and cons.
3. The desirability of moving from premises provided by sponsorship.

I believe it will be at least another 12 months before all these questions can be answered. Western Australia has only just set up their State office and will require 12 months operation before they are ready to assess the situation. N.S.W. have had an office for four years, always shared with the National Body and for three years, in sponsored premises. The sponsored premises cannot house the National and State Body for any longer than another 12 months as conditions are already extremely cramped. Also, the receptionist's work has greatly increased. On days when 45 calls are received between 10 a.m. and 3.30 p.m., 31 requiring messages to be taken down, the volume of A.U.S.S.I. work done is far less than satisfactory.

In conclusion, I appreciate the efficient procedure Brian Hird, as National Secretary, has adopted, the courtesy of all members of the National Executive and the efforts of all Branch Secretaries to assist in the everyday administration of A.U.S.S.I. Maureen's efforts, I have already noted and I am delighted that she will be working with me during 1984. We both wish to work harmoniously and efficiently in the office and with all A.U.S.S.I. members in 1984.

Carol Davis
Office Co-ordinator

WESTERN AUSTRALIA: BRANCH REPORT

President: *Toni Morris* Secretary: *Glenys McDonald*

In looking for a word to sum up 1983, I would have to choose 'achievement'. In mentioning some of these achievements of our A.U.S.S.I. year, I will try not to gloss over the problems that remain.

We concluded the year with 17 affiliated clubs and a record 883 registered members, the highest number ever, in any Branch. We welcomed one new metropolitan club - West Coast Masters; and two new country clubs - Northam and Esperance, which shows the continuing interest in the country areas. Four more clubs have indicated their wish to join us in 1984. During the year, Carine, Osborne Park, Inglewood and Melville clubs became incorporated.

SWIMMING

Our main objective of the year, of course, is swimming and we certainly achieved a lot of it. Whether it be the kilometers churned out for the Aerobic Trophy, which saw some public pools booked out on weekends in winter; or the State Swim in March attended by a record 378 swimmers at the metropolitan section.

The Claremont club took the hat trick of the State Swim, State Aerobic Trophy and the National Aerobic Trophy. Well done, and a just reward for full club participation.

A.U.S.S.I. W.A. continued, despite distance problems, to be well represented at the Pan Pacific Swim in Sydney and the National Swim in Brisbane in April. A far cry from our contingent of two in 1978.

Swim Thrus also increased in popularity, with no less than five this year. Bunbury and Rottnest remain the most popular, it must be the travel that does it?

Our system of interclub carnivals remains popular and it was pleasing to see approximately 130 swimmers at each of the two venues. Host clubs should be congratulated on the professional way in which these swims were conducted. Since removal of the unpopular \$1 levy, all is well with the system. A fun relay carnival was also conducted to initially try out the new relay age grouping system which remains very unpopular in Western Australia.

As usual, it was also a year of fine individual achievements, which, after all is what we are all about.

THANKS

A lot of people have worked very hard this year, not the least being club secretaries and recorders. The State Branch, with its council of clubs, also had a busy year, and it would be impossible to thank all those involved. However, a couple deserve special mention.

WESTERN AUSTRALIA: BRANCH REPORT (contd.)

Julia Gobbett of Whitfords A.U.S.S.I. spent many hours researching a handicap system and her final presentation to the Branch was the culmination of much work and thought. The conclusion, however, was that no system of handicapping is fair to all.

Congratulations and thanks also go to Don Williams of Carine A.U.S.S.I. who answered another of my calls for more art work and came up with the beautiful, eye-catching National A.U.S.S.I. poster.

The W.A. Branch recorded its thanks to four members at the State dinner in March by presenting them with life membership. These were myself, Frank Mongan, Fred Johnson and Kay Cox. I know the enthusiasm of these people for A.U.S.S.I. has not dimmed in seven years and I know they would join with me in thanking you, the members, for such an honour. A life membership trophy will be donated to a W.A. country club each year.

COUNTRY CLUBS

We tried to assist our country clubs with a 'sister' club relationship. The idea, in principle, is a very good one, but it will only work if country clubs help it to work. Let us hope this system takes off in 1984.

In March, our Vice President, Fred Johnson undertook an Administration and Coaching Tour to South Hedland, Newman and Karratha A.U.S.S.I. clubs. His \$500 airfare was paid by the Department for Youth, Sport and Recreation. Our State Director of Fitness and Coaching, Brian Moebius was unable to go at the last minute and he prepared a comprehensive coaching report and a video film of a coaching night at a club to accompany Fred.

GRANTS AND SPONSORSHIP

The above mentioned grant broke new ground for us, as it was the first Government assistance we had received.

It was followed in July by \$95 to cover the costs of a Seminar for Carnival Officials. This was obviously needed and greatly appreciated by clubs.

Currently, we have a more adventurous grant application for \$3,000 pending and we are hopeful of success. A \$ for \$ request for \$800 office equipment and \$2,200 clerical assistant subsidy.

I have certainly learned during the year how to cope with application forms and this is an avenue for funds we must fully explore. I would suggest an application for assistance in running our very expensive State Swim.

I was able to keep up my continued close working relationship with members of the Department for Youth, Sport and Recreation and we were lucky to spend some considerable time speaking on A.U.S.S.I. with both the Director, Mr. John Graham, and the Minister, Mr. Keith Wilson.

WESTERN AUSTRALIA: BRANCH REPORT (contd.)

Projects run, or held at the Department included a coach co-ordinators seminar, sports medicine seminar and a three day Sports Development and Administrators Course which I was lucky enough to attend. Jointly, we were involved in the Senior Australia Week swim; a Learn to Swim for the over 50's program to commence in February 1984; and the production of the "Swimming Through Life" brochures which will give us great publicity.

NATIONAL CONTRIBUTION

Our two delegates to National Council for the year were myself and Toni Morris. The meetings in Brisbane in April and Sydney in September ran eleven and seventeen hours. A lot was achieved and problem areas are being investigated. Being the survivor of several council meetings, these two were the most professional and enjoyable so far.

I am also involved as a member of the Constitution sub-committee, in the redraft of our National constitution. Hopefully it will be adopted in April 1984.

As National Aerobic Recorder, I am pleased to report that now other Branches are as enthusiastic about the Trophy as we are.

Kay Cox, of Carine via Kununurra, is still contributing her valued articles as a member of the A.A.S. magazine sub-committee, so W.A. is assisting with some of the National responsibilities.

Finally, I would like to conclude with our most recent and incredible 'achievement' of the year.

STATE BRANCH OFFICE

My thanks to 'eagle eye' Frank Mongan for contacting H.R. Block for our wonderful office and Don Dunn for his assistance. The last week of December was my happiest in A.U.S.S.I. and was spent sanding and varnishing office furniture with my husband and MOVING IN. I think my neighbours thought I was moving out. What makes me happiest, is that the office means A.U.S.S.I. W.A. is moving forward.

The office is fully set up and functioning. However, until we get a grant it will only be manned by me on Thursdays and Fridays from 10 a.m. - 2 p.m. If we get our grant, it will be manned four days per week.

My sincere thanks to the State executive, club delegates and secretaries for their patience and assistance through the year, and for their friendship, which is all important.

Glenys McDonald
Hon. Secretary

NEW SOUTH WALES: BRANCH REPORT

President: *Sue Ellen Johnstone* Secretary: *Ken Ford*

Again, the year both competitively and financially has proved successful for the N.S.W. Branch.

Having been elected at the September 1983 elections it has been necessary for me to refer largely to information collated by our past Secretary.

A.U.S.S.I. swimmers in large and enthusiastic numbers have taken part in carnivals at Club, State, National and International levels as well as the National Swim in Brisbane.

To enable new members to join A.U.S.S.I. throughout the year and alleviate the financial burden placed on them a pro-rata system was introduced. New clubs seeking affiliation were also eligible for pro-rata payments.

Our numbers have increased from 680 to 740 during the year, the number of clubs increasing from 29 to 30 clubs.

New clubs are expected to be formed especially on the North Coast as a result of a promotional visit made by Carol Davis, at the request of the Executive. They are grateful to her for efforts in visiting so many areas in such a short time.

Promotional visits such as this would seem essential. The Executive believe that there is an enormous untapped potential membership outside the metropolitan area. The zoning of country areas is exercising their minds and further developments in this area can be expected.

The State Cup saw some 1288 individual entries plus 124 relay entries, ensuring the success of the meet. A profit of \$1905 as made.

On the subject of profit, our total net profit for the year was \$14,267 an increase over the previous year's figure of \$11,192 which made our Treasurer's efforts worthwhile.

The Pan Pacific Meet proved to be an enormous success, made notable by the large numbers of contestants from all parts of the country and overseas. Germany provided 12 of their best master swimmers in all styles and most age groups. Many records were created and others broken.

Officials from the N.S.W. Branch were prominent and helped in the success of the promotion.

The National Swim held in Brisbane in April 1983 was successful and attracted many N.S.W. swimmers who helped in creating records and represented their Clubs and their State in a worthy manner.

NEW SOUTH WALES: BRANCH REPORT (contd.)

The Aerobic Trophy was presented at the National Dinner in Brisbane. Interest in this worthwhile event continues to grow and this State should figure prominently for this season.

New South Wales published its first Top Ten Listing during 1982/83. The listing acknowledges the excellent efforts of our swimmers for the previous year. To all those who figured prominently in the Top Ten in all strokes and age groups in N.S.W. congratulations are due as they are to Val Dorrington, the compiler of the Top Ten, a big task very worthily executed. Congratulations too for those amongst us who figured in the National Top Ten.

The N.S.W. Short Course Championships held in Tamworth suffered in attendance for various reasons but those who attended enjoyed the carnival and as always enjoyed a warm Tamworth welcome.

The National body conducted a most successful Relay Championship, sponsored by City Mutual and assisted in the running by N.S.W. officials. A highly enjoyable and competitive event with the proceeds benefiting the Asthma Foundation of N.S.W., a worthy charity.

The Blacktown 'Beavers' conducted a successful long distance carnival featuring 400, 800 and 1500 metre swims. Many records were broken. The event should prove a worthy inclusion in our swimming carnival.

The inaugural awards for Swimmer of the Year, judged each month for male and female swimmers who are adjudged by their clubs as those swimmers not necessarily the strongest but those who show increased ability, determination, club spirit and the determination to improve their all-round capacity in all strokes, has proved successful and will culminate at a Presentation Night and Dinner at a prominent venue in September, 1984.

In conclusion, I would like to thank Val and Bob Dorrington for their support and generous assistance. The unexpected and regrettable resignation of our President brought with it many problems and for the help of our Treasurer and Publicity and Promotions' Officer, I am most grateful.

This gratitude extends to our State office personnel, Carol Davis and Maureen Rose. Carol with her knowledge and capabilities, secretarial and social, proved to be of great value to me.

Ken Ford
Hon. Secretary

SOUTH AUSTRALIA: BRANCH REPORT

President: *Peter Gillett* Secretary: *Florence Walker*

Perhaps the most important and exciting feature of this report is the growth of the South Australian Branch in 1983.

Clubs now total eight in the metropolitan area, Largs Vikings being the latest to affiliate, and one club in the country at Mount Gambier. All clubs are going from strength to strength.

Membership increased again in 1983 as follows:

1981 - 306; 1982 - 335; 1983 - 472; which is surely a sign of the popularity of the organisation. The lowering of the age of membership to 20 years in April made no significant difference to the numbers, new members were spread over all age groups.

The 1983 State Cup in August was a great success, the largest entry yet taking almost 7 hours to complete the events. This was followed the same evening with the Presentation Dinner, made possible by the ease in which the results were compiled using the computer. It was a recorder's dream making light work of what could have been a tiring day and eliminating errors in the calculation of points. At the dinner we were delighted to entertain our sponsors, Mr. Jack Baker of Baker Tyres, and a representative from City Mutual, and also the Honorary Secretary of the South Australian Amateur Swimming Association.

Three Interclubs were held during the year, all well attended and the State Dinner in November at the Stonyfell Winery, at which the awards were made was the event of the year.

Long Open Water Swims continue in popularity, 3 already completed to bring 1983 to a close.

Adelaide Masters again showed their superiority having both the quantity and quality of members but their reign may soon be over as they are being closely challenged by other clubs.

The research program undertaken by the Branch last year is still ongoing. Figures are not yet available due to the scarcity of spare time of the researchers, all very busy people, but statistics are being evaluated and it may not be too long before some results are published.

The State Council meet regularly on a monthly basis, due to the courtesy of the South Australian Amateur Swimming Association at whose office meetings are held and delegates contribute much to the meetings by their enthusiasm and interest. Sub-committees are also formed to deal with matters such as trophies and carnivals etc. to ease the work of the Council.

SOUTH AUSTRALIA: BRANCH REPORT (contd.)

At long last it seems that S.A. will be getting a covered 50m facility when the Adelaide Swimming Centre is enclosed at the conclusion of this swimming season. Representation has been made to the authorities with the possibility of the Branch having a permanent headquarters at the upgraded centre.

To conclude, a most successful year for the S.A. Branch, thanks go to all members who made it so and may 1984 exceed the growth and development of 1983.

Florence Walker
Hon. Secretary

VICTORIA: BRANCH REPORT

President: *Danny Smith* Secretary: *Barbara Wilson*

I have found over the years that being involved with A.U.S.S.I. and its members is one of the most rewarding things that has happened to me. There is a tremendous amount of work involved but this presents a challenge and when events and meets are successful the hard work seems worth it. I have made many friends and I look forward with great hopes to Victoria hosting the 1984 Nationals.

This 6th Annual Report covers the year 1983.

Regular State Committee meetings have been conducted throughout the year. These have been quite well attended by the city clubs with country clubs relying on the circulation of minutes and relevant information to be kept informed of State happenings. The State Committee must thank David Gordon for the continued use of his centrally located office to hold these meetings.

Meeting attendance:

President	Danny Smith	10
Vice President	David Gordon	7
Secretary	Barbara Wilson	10
Treasurer	Ted Tullberg	6
Publicity Officer	Bruce Rowe	6
Recorder	Mike Myslinski	4
Fitness Director	Dick Champion	9
Committee	1. Greg Caughey	7
	2. Peter Foxton	4
Also Registrar	3. Pam Kempson	9
Clubs	Powerpoints	5
	North Lodge	6
	South Barwon	1
	Diamond Valley	6
	Mordialloc	1
	Doncaster	
	(newly formed)	1

VICTORIA: BRANCH REPORT (contd.)

Our new club, Doncaster Dolphins, was formed in September and have already shown keen interest in all A.U.S.S.I. activities.

Two National Conferences were held during the year. Danny Smith and Barbara Wilson attended the conference held in Brisbane in April, while Greg Caughey and Geoff James attended the September meeting in Sydney. Significant changes made were the lowering of the age limit for joining A.U.S.S.I. from 25 years to 20 years and the introduction of a new relay format to include the new age group.

This year for the first time there has not been an increase in membership. In 1982 we had 415 members and this year our membership reached 391. This is probably attributed to the increase in National registration fees and the wish for many swimmers to be social club members only.

The very comprehensive State constitution was adopted in June of this year. Thanks must go to all who contributed with time and effort to the finalisation of the constitution.

The major meets for the year were the State Championships held on 5th and 6th March and the State Pentathlon held on 19th November. These were well attended with increased entries. During the year Interclub swims were conducted by Powerpoints, Gippsland, Frankston, North Lodge, Syndal and Diamond Valley. Points were awarded to swimmers and presentations will be made to the winning clubs and runners' up.

Victorian swimmers journeyed to Sydney for the 2nd Pan Pacific meet then on to Brisbane for the National Championships held at the magnificent Chandler pool. Baddaginnie club organised the one mile swim in Lake Benalla, Ballarat tried to run the swim across Lake Wendouree but due to drought conditions, the swim had to be transferred to the pool and Bendigo and Ballarat conducted their friendly two ways meets.

The National Aerobic Trophy, introduced last year, has been more keenly contested this year as interest grows in this type of swimming. All club members can become involved with benefit to all.

I would like to thank all club secretaries for the work they have done during the year. Most entries came in on time and most cards were filled out properly.

This year we again obtained a grant from the Department of Youth Sport and Recreation to help cover expenses incurred during the running of the State Meets and travel to the National Championships. I would also like to thank Danny for his efforts in getting so much photocopying done for me. This task seems to get larger each year.

In concluding this report, I would like to remind you all that A.U.S.S.I. belongs to everyone. Please spread the word around, make new members welcome, join in the training, aerobic, master swimmer and competitions, offer all sorts of encouragement and enjoy yourselves.

VICTORIA: BRANCH REPORT (contd.)

Finally, thanks to the members of the State Committee for their support, co-operation, help and friendship throughout the year. I look forward to another challenging year as Victorian A.U.S.S.I. hosts the National meet and further achievements are attained.

Barbara Wilson
Hon. Secretary

QUEENSLAND: BRANCH REPORT

President: *Fred Knudsen* Secretary: *Ray Rose*

The 1983 year was a tremendous success for Queensland swimming, with increases in membership to 309 at December, 1983. Undoubtedly some of this can be attributed to the relaxation of age restriction with the introduction of the 20-24 year age group.

The North Queensland Division currently has clubs at Townsville, Cairns and Mackay and the South Queensland Division currently has clubs at Rockhampton, Maryborough, Sunshine Coast, Brisbane Northside, Brisbane Southside, Gold Coast, Toowoomba and Dalby.

Moves are under way to start new clubs at Atherton and Ingham, though it looks as if clubs at Twin Towns and Ipswich have folded.

The 'splitting' of the State into two Divisions has been warranted, with the tremendous upsurge of interest in Inter-club Carnivals. This has led to the introduction of a second Presidents Cup Trophy for the North Queensland Division, with the original Presidents Cup Trophy being retained by the South Queensland Division.

This interest has resulted in eight (8) inter-club carnivals being held. Gold Coast relinquished their early stranglehold on the Presidents Cup to Brisbane Southside for three consecutive meets, who in turn have been "pipped" by Sunshine Coast, who are now one of the strongest clubs (following the amalgamation of the old Maroochydoore and Caloundra Clubs).

In addition, four (4) Queensland clubs participated at the Tamworth meet, with Gold Coast being highest placed at fourth.

The staging of the National Swim Championships (incorporating the State Swim) at Chandler in April 1983, was undoubtedly the high point of the swimming year. This meet was well run, along lines similar to those of the Commonwealth Games, and credit must go to all who helped make this such a success, including the efforts of the Queensland Amateur Swimming Association, the Multiple Handicapped Association, City Mutual and Speedo Knitting Mills.

The Presentation Dinner was held at the Crest International Hotel, and was attended by 462 persons. The evening was a great success, and the presentation for the Nationals by Linda McGill and Mark Tonelli gave the National Executive time to really enjoy the evening.

QUEENSLAND: BRANCH REPORT (contd.)

Congratulations to the Gold Coast Club in making a 'clean sweep' in taking out both the National and State Trophies for highest scoring club, as well as winning the inaugural Speedo Opening Ceremony Relay.

The Annual General Meeting was held at Chandler in November 1983, and the committee basically remained the same. Fred Knudsen remains as President, John Palmer was elected Vice President, Ray Rose remains Secretary and Ed Milligan remains Registrar. We welcome back Desley Williams as State Recorder and also Ted Wall as Aerobic Recorder. Paddy Anstey remains as National Publicity Officer (A.A.S. Magazine) and Barry Anstey was elected as State Publicity Officer.

We cannot forget our sponsors, and special mention is made to City Mutual for their invaluable help throughout the year.

We were sorry to see the demise of the old A.A.S. magazine, as we considered this publication to be of great value, and its contribution in retaining and stimulating membership was not realised until it no longer appeared. The new A.A.S. magazine is eagerly awaited by all members, and we hope all clubs will participate in making this venture a real success.

Finally, my thanks to the President and members of the State Executive and all Club Secretaries throughout the State, for their help in making 1983 a resounding success.

Ray Rose
Hon. Secretary

TASMANIA: BRANCH REPORT

President: *Chris Showell* Secretary: *Edith Pitman*

An exciting six months has just been completed as far as A.U.S.S.I. - Tasmania is concerned. It started with an Annual General Meeting held at Deloraine on 12th June, 1983 at which members from Launceston and Devonport clubs attended.

At this meeting an interim committee was elected with the prime purpose of organising a State Branch Constitution. I am happy to report that this is now nearing completion and should be finalised within the next month or so. This task completed, we then intend holding another Extraordinary Annual General Meeting to elect office bearers for a full 12 month term.

This has been a great step forward for Tasmania, as until June, no State Executive Committee meetings had been able to be held due to varying circumstances.

TASMANIA: BRANCH REPORT (contd.)

We still can only boast two clubs here in Tasmania. However, the committee has plans in hand for the promotion of A.U.S.S.I. down south (Hobart) and it is hoped we can start clubs in that region as well as expanding clubs within the present areas.

We can therefore state that we are hoping for big things in 1984 for A.U.S.S.I. - Tasmania including our first State Swim!!

We would like to thank the National Executive for their patience and help with our new committee as it has been a learning experience for all of us. Thank you and watch out for Tassie in 1984, you may be surprised.

Edith Pitman
Hon. Secretary

AUSTRALIAN CAPITAL TERRITORY: BRANCH REPORT

President: *Robin Sweeney* Secretary: *Judy Ford*

The past year has been one of consolidation and growth. We began this year by combining Canberra Adult Swimming Club and Burley Griffin Masters under the umbrella of A.C.T. A.U.S.S.I. Masters Swimming Club. Soon after this we rationalised our Club nights and moved to the Deakin Spa on Thursday nights where the air was warmer and the pool only 25m long (an important consideration in Canberra winters). Although we had a small band of dedicated members, our numbers remained fairly static especially as winter proceeded.

The turning point of the year from the Club's point of view, came in early August when we moved into the magnificent new venue at the National Sports Centre in Bruce, and changed our Club night back to Friday with a resumption of our after swim social activities.

Club membership has grown in leaps and bounds and we average at least 30 members on a Friday night. (As well as this being due to people's natural curiosity about a new venue, the air temperature is a constant 27 degrees C. winter and summer!) Our social calendar is varied and full, as are our Club nights and we hope to hold most of our new members.

The A.C.T. Branch committee has continued to meet on a regular monthly basis throughout 1983, with occasional special meetings for more urgent matters. Attendance has been very good.

The first big event in 1983 was the Canberra Australia Day Sports Carnival. In conjunction with this, A.C.T. A.U.S.S.I. held an Invitation Swim Meet and a 1500m Lake Swim in Lake Burley Griffin. Both went off very well (150 competitors in the Lake Swim - a 100% increase; but only about 60 at the swim meet). Eight members from Tamworth Club, who travelled 600km each way to the swim meet, took out the inaugural Annual Visiting Club trophy.

AUSTRALIAN CAPITAL TERRITORY: BRANCH REPORT (contd.)

Due to the continued problems in attracting A.U.S.S.I. competitors to Canberra on the Australia Day long weekend, we have decided to hold our swim meet in March in 1984 to coincide with Canberra Week. A long Lake Swim (3.3km) will still be held on the January long weekend, with a short swim in March (about 1500km) in Lake Ginninderra.

A small band of regular faithfuls have continued to travel to most swim meets in N.S.W. and to the Nationals in Queensland, and I'd like to take this opportunity to thank the N.S.W. Branch and Clubs for inviting the A.C.T. to participate in their annual round of swim meets and Pelican Trophy meets. There were also some very creditable performances at the 2nd Pan Pacific meet in Sydney in April.

At the Annual General Meeting in Brisbane in April, the A.C.T.'s submission to hold the 1985 Nationals was accepted. As I write this, the chance of our indeed holding the Nationals is in the balance. Despite about six months of constant effort to get a pool booking in writing, we have still not met with success. As the Australian Institute of Sport has first priority on the pool, without the booking acknowledged in writing, we do not feel we can proceed. Accommodation (400 beds) has already been booked and we thank Brian for the booklet on the Guidelines for running a National Swim Meet and also for coming to Canberra last November to answer questions and allay the fears of many of our members re the mammoth task of organisation that we have undertaken. *

As well as having the help of one of our members who is very interested in fitness and coaching, we have also been lucky enough to secure the services of Des McCormick (National Fitness and Coaching Director) on three separate weekends in 1983. He has run coaching seminars in both theory and practical aspects of swimming, and his hard work has been greatly appreciated by our Club members.

Publicity has been a major concern since moving to our new venue, and the A.U.S.S.I. poster and swim fit cards are proving excellent vehicles. Rarely does a day go by without at least one phone enquiry, and the swim fit cards are a regularly requested item.

Our Annual General Meeting was held in September 1983 and we have two new faces on the executive and one job change. Our President is Robin Sweeney; Treasurer, Elinor Mackenzie and Publicity Officer, Eileen Price. Les Worthington and Judy Ford are again Fitness and Coaching Director and Secretary respectively. We expanded our executive with nine appointed positions as this extended committee administers both Club and Branch. The Branch constitution was altered to cover this contingency in a Special General Meeting in February 1983.

In October 1983 we found that we had been successful in gaining a grant from the A.C.T. Community Development Fund for the Calendar year 1984. This amounted to \$960 and is to be used as follows: \$60 to conduct the A.C.T. Branch swim meet, \$300 for general administration, \$100 for travel to the Annual General Meeting and \$500 for travel to the Nationals.

AUSTRALIAN CAPITAL TERRITORY: BRANCH REPORT (contd.)

In the past twelve months the workload has gradually increased and I have been ably supported by the Assistant Secretary - thanks Angelika. The other committee members have all been a tower of strength and it is great to have such able people to whom to delegate jobs. Their thoroughly professional attitude and dedication is to be commended. I'd like to take this opportunity to thank them for their support, assistance and friendship during the past year, and urge them to continue their hard work for the benefit of A.U.S.S.I.

Judy Ford
Hon. Secretary

AFFILIATED CLUBS AND REGISTERED MEMBERS

Western Australia	17 clubs	883 members
New South Wales	30 clubs	740 members
South Australia	9 clubs	472 members
Victoria	21 clubs	391 members
Queensland	13 clubs	309 members
Tasmania	2 clubs	56 members
Australian Capital Territory	2 clubs	55 members

ACKNOWLEDGEMENTS

With a voluntary organisation there are many whose support and assistance is most warmly appreciated. With apologies for any inadvertent omissions, our thanks to the following:

To City Mutual for their sponsorship and continued support, with particular thanks to Mr. Mike Curley, Mr. Bob Betts and Miss Rae Beslik.

To Speedo Knitting Mills Pty. Ltd. for their sponsorship for the Pan Pacific and National Swim.

To the Queensland Government for their generous subsidy towards the cost of holding the National Swim.

To the Warringah Pool Management and staff for their assistance with the running of the Pan Pacific.

To Gestetner for supplying programs and results for the Pan Pacific.

To Delta Office Equipment and the many other companies and clubs who advertised in the National Swim Programme.

To Jack Macklin (Referee), special thanks for his continued assistance to A.U.S.S.I. throughout 1983.

And lastly, to the clubs, their members and delegates who helped to improve the standard of A.U.S.S.I. Masters Swimming throughout Australia and increase enjoyment in swimming for "FITNESS AND FUN".

NATIONAL SWIM AND CLUB CHAMPIONSHIPSBRISBANE 15-16-17 APRIL, 1983CLUB POINT SCOREVISITING CLUBS POINT SCORE

1. Gold Coast	Qld.	550 pts.	1. Ettalong	N.S.W.	410 pts.
2. Ettalong	N.S.W.	410 pts.	2. Adelaide Masters	S.A.	304 pts.
3. Adelaide Masters	S.A.	304 pts.	3. North Lodge	Vic.	266 pts.

RELAY POINT SCORES

25 plus	1. Gold Coast	Qld.	48 pts.
	2. Brisbane S/Side	Qld.	24 pts.
	3. Adelaide Masters	S.A.	22 pts.
35 plus	1. Brisbane S/Side	Qld.	34 pts.
	2. Brisbane N/Side	Qld.	28 pts.
	3. Gold Coast	Qld.	24 pts.
45 plus	1. Ettalong	N.S.W.	34 pts.
	2. North Lodge	Vic.	26 pts.
	3. Gold Coast	Qld.	24 pts.
55 plus	1. Ettalong	N.S.W.	38 pts.
	2. Gold Coast	Qld.	36 pts.
	3. Adelaide Masters	S.A.	18 pts.
65 plus	1. Gold Coast	Qld.	8 pts.

WOMEN

25-29	1. M. Eccleston	N.S.W.	26 pts.	(1 Australian Record)
	2. J. Wanklyn	Qld.	24 pts.	(2 Australian Records)
	3. K. Gibson	Qld.	18 pts.	
30-34	1. J. Millèr	Qld.	24 pts.	(2 Australian Records)
	2. S. Anderson	Qld.	22 pts.	(1 Australian Record)
	*3. D. Rogers	S.A.	19 pts.	
	*3. P. Sommerville	N.S.W.	19 pts.	(2 Australian Records)
35-39	1. C. Woodhouse	N.S.W.	28 pts.	
	2. M. Sherlock	Qld.	22 pts.	
	3. J. Watson	N.S.W.	18 pts.	
	J. Kelso	Qld.		(1 Australian Record)
40-44	1. A. Wyatt	Vic.	28 pts.	(1 Australian Record)
	2. G. Robinson	Vic.	22 pts.	
	3. L. Johnston	N.S.W.	20 pts.	(1 Australian Record)
45-49	1. F. Gould	N.S.W.	27 pts.	(2 Australian Records)
	2. B. Wilson	Vic.	23 pts.	
	3. A. Kinnaird	Vic.	21 pts.	(1 Australian Record)
50-54	1. T. Bryan	Qld.	28 pts.	
	2. S. Howard	Vic.	24 pts.	
	3. M. Arnold	Qld.	18 pts.	

NATIONAL SWIM AND CLUB CHAMPIONSHIPS, 1983WOMEN (contd.)

55-59	1. L. Wallis	N.S.W.	28 pts.	(4 Aust. + 1 World Record)
	2. M. Mackinnon	S.A.	27 pts.	(1 Australian Record)
	3. N. Ayres	Vic.	12 pts.	
60-64	1. J. Drake-Brockman	W.A.	28 pts.	(3 Australian Records)
	2. E. Watson	N.S.W.	22 pts.	
	3. B. Grace	N.S.W.	19 pts.	
65-69	1. L. Johnson	N.S.W.	26 pts.	(1 Australian Record)
	2. M. Boase	S.A.	24 pts.	
	3. D. Nicol	Qld.	18 pts.	
70-74	1. G. Hackett	N.S.W.	18 pts.	
	2. S. Okker	Qld.	15 pts.	
	3. R. Hedges	Qld.	8 pts.	
80-84	1. V. Fernance	N.S.W.	16 pts.	

MEN

25-29	1. B. Cooper	Qld.	24 pts.	(2 Aust. + 1 World Record)
	2. A. Godfrey	N.S.W.	23 pts.	
	3. G. Boneham	Qld.	19 pts.	(1 Australian Record)
30-34	1. L. Cook	N.S.W.	27 pts.	(4 Australian Records)
	2. L. Sevaracz	Vic.	23 pts.	
	3. K. Galloway	N.S.W.	16 pts.	
35-39	1. P. Wyatt	N.S.W.	28 pts.	(1 Australian Record)
	2. J. Parkyn	Qld.	16 pts.	
	3. C. Hahn	N.S.W.	15 pts.	
40-44	1. B. Ford	N.S.W.	26 pts.	
	2. P. Jackson	N.S.W.	20 pts.	
	3. J. Palmer	Qld.	18 pts.	
45-49	1. C. Bell	Qld.	25 pts.	
	2. P. Watson	N.S.W.	24 pts.	
	3. D. Smith	Vic.	23 pts.	
50-54	1. J. Williams	N.S.W.	28 pts.	(1 Australian Record)
	*2. G. Ross	Qld.	17 pts.	
	*2. K. Boardman	Qld.	17 pts.	
55-59	1. K. Vickery	N.S.W.	27 pts.	(1 Australian Record)
	2. J. McMahon	N.S.W.	23 pts.	
	3. T. Donovan	Vic.	20 pts.	
60-64	1. B. McCabe	Vic.	28 pts.	
	2. B. Harris	N.S.W.	27 pts.	
	3. S. Krasey	Vic.	19 pts.	

NATIONAL SWIM AND CLUB CHAMPIONSHIPS, 1983MEN (contd.)

65-69	1. D. Jeffrey	W.A.	28 pts.	(2 Australian Records)
	2. G. Williams	W.A.	23 pts.	(2 Australian Records)
	3. M. Parker	Vic.	16 pts.	
	H. Cilento	S.A.		(1 Australian Record)
70-74	1. J. Hughes	Qld.	22 pts.	
	2. H. Haigh	S.A.	11 pts.	
	3. A. Burgoyne	Qld.	8 pts.	
75-79	1. F. Griffiths	N.S.W.	28 pts.	(4 Aust. + 1 World Record)
	2. J. Rogers	Vic.	19 pts.	(1 Australian Record)
	3. H. Fowler	N.S.W.	15 pts.	
80-84	1. F. Richards	Qld.	28 pts.	(2 Aust. + 1 World Record)

RELAY RECORDS

4 x 50m Men's Freestyle	25 plus	Gold Coast	1.46.82	(Australian Record)
4 x 50m Mixed Freestyle	25 plus	Gold Coast	1.54.30	(Australian Record)