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**AUSSI  
MASTERS SWIMMING IN AUSTRALIA**



**FOUNDED 1975**

**ANNUAL REPORT  
1986**

**AUSSI**  
**MASTERS SWIMMING IN AUSTRALIA (INC.)**  
**FOUNDED IN 1975**

**Office Bearers — 1986 Season**

PRESIDENT  
Ivan Wingate

SECRETARY  
Glenys McDonald

TREASURER  
Beryl Stenhouse

DIRECTOR OF FITNESS & COACHING  
Dick Campion

PUBLIC RELATIONS OFFICER  
Peter Jackson

**Appointments — 1986 Season**

RECORDER  
Peter Gillett

AEROBIC RECORDER  
Fred Johnson

AUDITOR  
Nelson Wheeler

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# PRESIDENT'S REPORT

As President, it is very pleasing to present an annual report when you know that so much has been achieved. The specific details are contained in the National Secretary's Report.

## COUNCIL & EXECUTIVE

Glenys in her report pays tribute to the way in which the delegates approached the National Council meetings. Many of the 'long termers' passed comment on how the last mid year council was the most effective one held yet. Whilst this was because everyone in attendance contributed constructively, particularly with the contentious issues, much of the success is due to the efforts of our Secretary who was insistent on ensuring that the Delegates and Executive were fully informed before the meeting. The same preparation has gone before this Annual Council Meeting and I am sure that you will join me in expressing gratitude to Glenys for having made us do our 'homework' for this meeting.

Your Executive operated effectively for the second year using the facilities of Telecom and Australia Post. (Maybe we should seek sponsorship from them?) One meeting, began as a five State hookup and finished at 12.45 a.m. EST. That was because of an extraordinary amount of business which developed over the Christmas break. Most meetings however, are quite palatable, and I would urge all Delegates to read the minutes each month because they contain a precis of all that is happening in Masters Swimming.

## WORLD SWIM

Highlight of the year for two hundred AUSSI's was the first FINA/MSI World Swim in Japan. This event was of historical significance for Masters Swimming generally, but I feel that most AUSSI's will continue to recognise that the first truly international meet was in Christchurch, New Zealand in 198

The World Swim is a great opportunity to meet the people of different cultures, but with the same interest in Fitness and Fun as we have. Make every effort to be in Brisbane on October 8th, 1988.



Much time and concern has been spent in seeing the planning for the World Masters Swim 1988 take a positive direction. I am pleased to say that the Queensland Branch now have this well underway and we thank Graeme McDougall and his committee for the dedication they are giving to this task, and we thank John Townend for his efforts prior to the formation of the new committee.

## COMMITTEES

Last year we formed a number of project committees made up of personnel from different Branches. It proved to be far from successful, so this year each committee has its membership generally confined to a single Branch. Glenys refers to the key people involved and I would like to say how pleasing it is to see so much constructive work being done outside of the National Executive committee.

## COACHING

A disappointing area of our activity this year was the limited progress we made in the most important aspect of coaching. We have identified that coaching of adults, particularly for the majority of our membership who are not as adept, is quite different from the traditional methods of coaching within the sport of swimming.

However, we have failed to get the bureaucrats to understand this so that we can progress with our own accreditation scheme. In addition to this, we have been tardy in other areas of coaching education which will be a matter for discussion at this Conference.

## **PROFILE**

Glenys will present to you in her report comments on where we stand in the 'profile' stakes. It was hard to accept a label of 'Low Priority' particularly when the Federal Minister for Sport said on National television at the Sport Australia Awards night — "I want to see people who are not so young competing".

Despite this, I believe that the lifting of our profile has been one of the major achievements for the year and much of the credit must go to our National Secretary who has established and maintained contact with key personnel within Government, Sponsors and other sport oriented organisations.

## **PLANNING**

We have a five year plan and I urge all Delegates to be familiar with it and direct their activities towards its implementation. In particular, we need to carefully consider proper use of our finances. We now have a healthy financial base and particularly because we are becoming more and more attractive to sponsors, we have the ability to increase our revenue. Also with the increase in membership, administration cost per member, under the present scheme, is decreasing. We cannot expect our volunteers to continue to contribute without some form of paid assistance, so that we can maintain their enthusiasm for further development of our fine Organisation. This also will be discussed at this Conference.

## **CONCLUSION**

I am grateful to have been able to serve AUSSI as President for another year and feel humble when I see the amount of development achieved by the various committees and individuals.

Glenys continues to amaze everyone with her productivity and dedication to the task. I thank her on behalf of all members of AUSSI.

I also pay a special tribute to two retiring members of the Executive. Beryl Stenhouse who has served as Treasurer for three years in an impeccable way, feels that she has done her bit for National AUSSI and we all dearly respect her wishes to stand down. She didn't make all the money we now have in the Bank, but she has made sure that it either stays there or is spent wisely for the benefit of the membership. Thank you Beryl.

Peter Jackson, the longest serving member of the Executive, seven years as President and two as Public Relations Officer, has decided to have a break from the National scene. Peter will continue to be a personality in AUSSI and I wish him success in the areas of interest he chooses. I thank Peter personally for the help he has been to me in fulfilling my role within AUSSI.

Ivan Wingate  
President

# NATIONAL SECRETARY'S ANNUAL REPORT

What a year it's been — challenging, rewarding, occasionally frustrating and disappointing, but overall — so very busy. The National office operated with a reduced access to members. The reasons for this were several.

- Firstly, the belief that Branches should deal with enquiries from their own clubs.
- With often 3 hours time frame differences with some Branches, no 'normal' office hours would be suitable.
- AUSSI National only employ a typist who works for 4 hours each Monday afternoon.

Any problems with communication however were averted by an answering machine checked daily at the National Office, and the National Secretary's work telephone number available to Branch Executives for urgent business.

This system worked efficiently under the conditions which were effective when it was implemented. However, in 1986 there was a considerable increased work load due to the 1988 World Swim, the editing and production of the National Newsletter by the National Secretary, and increased correspondence with the Confederation of Australian Sport, the Australian Sports Commission and Masters Swimming International.

We move into 1987 with the 88 World Swim Committee being a highly organised group; moves underway to try to resolve the magazine problem, and several other task sharing policies, however, an increase in the amount of paid assistance available to the National Executive and committees should be examined in the short term.

It is extremely disappointing, that despite the Australian Sports Commission's stated interest in Veteran Sport, Masters Swimming is still considered 'low priority' and despite numerous submissions over the years we have only received assistance from their Sports Development Programme for attending International meetings, and not for administration and other projects.



It is the stated priority of the A.S.C. that within reason financial assistance should be provided to all National Sporting Associations:

- for the employment of F/T or P/T Executive Directors
- for the employment of F/T or P/T National Coaching Directors
- and administrative support staff.

We hope that instead of our annual rejection to these applications, the Government will consider the work we are doing for the health, fitness of the adult population, and mature aged sport in general, and see we are worthy of higher priority. I assure you your Executive will continue to lobby for this to be so.

We hope also that in an effort to assist Veteran Sport in Australia, the A.S.C. will give swimming similar consideration to Veteran Athletics.

During 1986 almost 1,000 items of inwards correspondence was received and dealt with. The executive conducted 10 meetings by conference phone hookup, and 2 were held in person prior to the two National Councils of April and October.

Our membership grew by 550 members to 4,750 registered swimmers and 115 clubs throughout Australia.

For interest Branch membership figures for the past three years are tabled:-

	1984	1985	1986
NSW	827	990	1299
WA	1023	1197	1178
QLD	558	683	713
SA	602	681	852
VIC	398	485	501
ACT	106	92	90
TAS	65	81	115

Congratulations to NSW Branch for their largest membership increase.

We purchased a new typewriter and a 1/2 share in \$8,000 worth of photocopier equipment which we jointly own with the W.A. Branch and we thank them most sincerely for their assistance in this purchase. When the National secretariat leaves W.A. the W.A. Branch will buy out the National share of the copier.

In 1986 Priorities were given to the following areas:

- Promoting the aims and ideals of AUSSI
- Increasing the 'profile' of AUSSI with Government, sponsors and other National Sports Associations.
- Provision of member education
- Solid planning and promotion for the 1988 World Swim
- Ensuring Branch delegates for National Council were fully informed to assist them with decision making
- The continued provision of member services, e.g. National Swim; Top Ten; Postal Relay; Aerobic Trophy; Swim forms; certificates; Award badges; 5 National Newsletters etc.

I feel these objectives were achieved thanks to an enormous amount of work and dedication by many people. In particular, I would like to thank the following on behalf of the National Executive:

**PETER GILLET** — National Recorder

**FRED JOHNSON** — National Aerobic Recorder

**DENNIS STENHOUSE & COMMITTEE:** Computers

**BRUCE EDMUNDS & COM.** — Technical

**GRAHAM ORMSBY & COM.** — 1986 National Swim

**VIC McDONALD & COM.** — 1986

National Swim preparation

**GRAEME McDOUGAL** — 1988 World Swim

**BOB FOSTER** — International Swimmer supplement

**KAY COX** — Level 1 Coaching Planning

Currently we are still having negotiations with the Australian Sports Commission and Australian Swimming Inc. for finalisation of the best way to accredit our AUSSI coaches. Hopefully this will be finalised early in 1987.

## WORLD SWIM

Our biggest challenge for the year was obviously the preparation for the 1988 World Masters Swimming Championships and the presentation of this at the 1st FINA/MSI World Masters Swimming Championships held in Tokyo in July.

This area was not without its frustrations and difficulties. In January the swim was transferred from N.S.W. to Queensland because no guarantees were available for completion of a suitable venue. Preparation and planning had fallen on the shoulders of a few until about September this year when Graeme McDougall and his highly efficient committee swung into action. We wish them well in their huge task.

There was a danger in June of Australia losing the World Swim and I consider my correspondence with the MSI Chairman of the World Swim Committee — Tina Martin, amongst my most rewarding challenges of the year. AUSSI presented a comprehensive planning report to MSI member countries in Japan and all were satisfied.

Because of \$5,000 recoup by Adventure World for our swimmers travel to Japan, and \$2,000 sponsorship gratefully received from the Australian Sports Commission, AUSSI was able to fund full or part costs of the MSI President, Gary Stutsel, AUSSI delegate, Glenys McDonald, backup delegate, Ivan Wingate and World Swim Chairman, John Townend — to attend to our duties in Japan and learn as much as we could. A substantial amount remained to be transferred to members funds.

Australia night in Japan, although it did not have a real 'Australian' theme, was tremendously successful. The late changes to the World Swim committee, lack of funds and language and distance problems prevented us from achieving more. Our special thanks are extended to the **Kumagai Gumi Company** for their assistance to us in Japan.

## ACCOMPLISHMENTS

Personal Accident and Public Liability



policies were negotiated at a new rate and conveniently incorporated for 1987 in member registration fees.

A system of club abbreviations; our 'logos' and 'name' were protected; legal advice was sought to ensure subscribers to "Swimming in Australia" were reimbursed; member registration cards were introduced; a Basic Conditioning Booklet was made available to all members; and an Association 5 Year Plan was adopted.

Items which did not come to fruition in 1986 were the Coaching Video; a Branch Coaches meeting and research into the 20-24 year age group. These are high on the list for 1987.

### KINDRED ASSOCIATIONS

National AUSSI affiliated with the **Sports Medicine Federation**, as did the W.A. Branch. This will prove to be an ideal avenue to get expertise to answer some of our members health questions.

**Asian, Pacific & Oceania Sports Assembly Congress** — I was delighted to be able to attend this congress in Perth, and to use AUSSI as a role model in my paper for the congress titled, "Bringing the Mature Aged Back to Sport".

**Central Australian Masters Games** — AUSSI co-operated with this project for our members who might be interested in attending, and to promote the growth of AUSSI in the Northern Territory. We met with Brian Price, the General Manager of the Games, and Promotion Officer, Dawn Fraser during the National Swim in Adelaide, and the Games organisers flew Ivan Wingate to Alice Springs for a meeting with participating sports and the President's of both Alice Springs and Darwin Amateur Swimming. As a result, we were successful in having the masters swimming section conform to our Rules, and several AUSSI clubs look like affiliating in Darwin, Alice Springs and Katherine.

**Tasmania Masters Games** — AUSSI felt co-operation was essential for the same reasons as listed above for Central Australia. The Tasmanian Branch of AUSSI will be conducting the Masters swimming section which will be held on the 28th/29th November in Devonport.

**Australian Swimming Incorporated** — We remain affiliated with ASI as a kindred association, and liaison has continued with President Peter Bowen Pain and Executive Director, Craig McLatchey.

**Masters Swimming International** — We remain affiliated with this International Association and much correspondence has resulted with MSI Executive committees and Tom Logan, Area Director for Oceania.

**Confederation of Australian Sport** — A good relationship has been established through our membership with this lobby group for Australian Sport, and we are pleased with their emphasis on the Sport for All concept and Mature Aged Sport in particular. We continue to feel that involvement with CAS should be given a high priority, and for this reason both President Ivan and I attended their AGM in December.

### SPONSORS

No National report would be complete without thank you's to our sponsors.

- The **Australian Sports Commission** for their assistance in getting AUSSI members to their International obligations in Japan.
- **Australian Airlines** for their support which enables the cost of our National Councils to be affordable.
- **Speedo** for their ongoing support of our **Speedo Sprint** and **Speedo Postal Relay** competitions.
- And **Capita Financial Group** (formerly City Mutual) who were our **Major Sponsor** for the year, and who have promised more than 100% increased commitment in 1987. President Ivan and I met with head office personnel in Sydney at the time of our Mid Year Council and presented Capita with an appreciation plaque.

### CONCLUSION

In conclusion, I would like to congratulate Branch delegates for the constructive way in which they approached the National Council meetings. Even in a democracy not everyone is happy with every decision made. However, very positive areas of agreement and consolidation have evolved and great friendships have been made.

My special thanks go to the National Executive, in particular Ivan and Beryl, whose commitment always seemed to go above the 'norms' of duty.

GLENYS McDONALD  
NATIONAL SECRETARY.



# TREASURER'S REPORT 1986

AUSSI is entering 1987 in a sound financial position. This has been achieved largely by increased membership, an excellent profit from the 1986 National Swim in Adelaide, and generous support from our sponsors — The Capita Financial Group, Australian Airlines and Speedo. We also received a percentage of the profit from the Adventure World Tour to the FINA World Masters Championships in Tokyo.

We have been able to advance \$5,000 to the 1988 World Swim Committee, with another \$5,000 to follow early in 1987.

The collection of Personal Accident and Public Liability Insurance from clubs and members has been a problem in the past. Now that this is included in the membership fee, the payment is simplified considerably.

Our funds are invested in a Cash Management Trust with the Capita Financial Group. This continues to pay excellent interest, and we gained \$3,571.02 from this source.

At the conclusion of my third and final year as National Treasurer, I'd like to thank the other members of the National Executive — Ivan, Glenys, Peter and Dick — for their support. I'd also like to thank my husband Neil for his patience and support at those times of the year when I spent hours with columns of figures and a calculator.



BERYL STENHOUSE  
HON. NATIONAL TREASURER

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## AUDITOR'S REPORT TO THE MEMBERS OF AUSSI MASTERS SWIMMING IN AUSTRALIA (Inc.)

We have audited the books and records of the Association for the year ended 31st December, 1986 and are of the opinion that the attached Income and Expenditure Account and Balance Sheet have been prepared so as to give a true and fair view of the state of affairs of the Association at 31st December, 1986 and of the profit of the Association for the year ended on that date.

This conclusion has been reached after taking into consideration the following specific exceptions:

1. We did not audit the year end stocktake as we have been informed that all necessary documentation and invoices are not available for inspection. These records have not been maintained and therefore an audit on the stock is not possible.

NELSON WHEELER

A handwritten signature in dark ink, appearing to read 'Nelson Wheeler', written over a light background.

Partner  
Chartered Accountants  
Signed at Sydney this day 12th February, 1987.

**AUSSI Masters Swimming in Australia (Inc.)**  
**BALANCE SHEET AS AT 31st DECEMBER, 1986**

**MEMBERS FUNDS**

BALANCE 1st JANUARY, 1986 . . . . .	29,114.83
Net Profit for the Year . . . . .	9,584.76
	<u>\$38,699.59</u>

Represented by:

**ADD: CURRENT ASSETS**

Cash on hand . . . . .	300.00
Cash on Deposit — City Mutual . . . . .	21,306.47
Cash at Bank — Westpac . . . . .	450.42
Sundry Debtors Prepayments . . . . .	1,039.79
Prepayment National Swim . . . . .	1,500.00
Stock on Hand . . . . .	5,875.96
Prepayment World Swim 1988 . . . . .	5,000.00
	<u>\$35,472.64</u>

**LESS: CURRENT LIABILITIES**

Sundry Creditors . . . . .	1,622.47
	<u>1,622.47</u>

**ADD: FIXED ASSETS**

Trophy Cases . . . . .	234.00
Trophies (Insured Value) . . . . .	800.00
Office Furniture . . . . .	1,140.00
Less: Provision for Depreciation . . . . .	426.00
	<u>714.00</u>

Office Equipment . . . . .	3,970.42
Less: Provision for Depreciation . . . . .	869.00
	<u>3,101.42</u>

<b>TOTAL: FIXED ASSETS . . . . .</b>	<b>4,849.42</b>
	<u><u>\$38,699.59</u></u>

**AUSSI Masters Swimming in Australia (Inc.)**  
**INCOME STATEMENT FOR THE YEAR ENDED 31st DECEMBER, 1986**

**INCOME**

Sponsorship & Grants	8,925.00
State Branch Affiliation	700.00
Qld. State Registration	5,082.50
N.S.W.	9,609.23
A.C.T.	665.00
Victoria	3,975.00
South Australia	6,642.50
West Australia	8,797.00
Tasmania	859.50
Return of Float National 1986	1,500.00
Profit on Sale of Towels, Badges etc.	349.16
1985 Insurance reimbursed by States in 1986	4,564.16
N.Z.swim 1 hour	72.00
National Swim 1986	5,530.52
City Mutual Cash Trust Interest	3,571.02
Speedo Postal Relay	750.00

61,592.59

**LESS EXPENDITURE**

Secretary's Honorarium	2,000.00
Accountancy	500.00
Depreciation	485.00
Loss on Sale of Photocopier	55.00
Office Wages	1,686.29
National Swim 1986	1,500.00
Promotion of World Swim 1988	530.05
AGM & Midyear Conference	15,115.57
Printing	2,919.33
Bank Charges	84.42
Office Supplies & Expenses	1,480.04
Freight & Postage	1,826.97
Insurance	3,872.34
Affiliations	596.85
Computer Services	1,096.78
Telephone	4,746.52
Registration of Trade Mark	280.00
Travel expenses CAS Meeting	990.20
National Top Ten	2,108.00
National Sub-Committee Expenses	51.59
Aerobic Pointscore	219.26
Publicity	254.00
Newsletters	3,085.87
Sponsorship-transfer to branches and individuals	6,500.00
Miscellaneous Expenses	23.75

52,007.83

**SURPLUS MEMBERS FUNDS** . . . . . \$9,584.76

# NATIONAL DIRECTOR OF FITNESS & COACHING

## ANNUAL REPORT

The past year's highlight for this position was undoubtedly the finalisation of our own AUSSI Level 1 Coaches Course. All thanks to Kay Cox who planned and ran the two pilot courses in WA to give us the completed course.

Having been unexpectedly nominated to this position, it has been a year of observation and planning. At this point I must give my thanks to Anita Kilmier, Victorian State Director of Fitness & Coaching who has held the post for me whilst I was hamstrung with business commitments.

The following are my thoughts and suggestions for the future of AUSSI. Not having sold my business I am not able to do justice to the position I hold and therefore must step down.

Masters Swimming was originally created to cater for the ex-competitive swimmer. AUSSI has taken it further to cater for all levels of swimming which is excellent as far as it goes.

I firmly believe we have not gone far enough and could be in jeopardy of the easing of competitiveness in AUSSI especially in our National Championships.

For the continued upgrading of AUSSI I believe we must have individual championships, as well as the present system. We should drop back to five events per person again to improve the standards.

That takes care of the top end swimmers but just as importantly at the other end of the scale we should not let the swimmers out of the competition. Under the current system if you swim an event you get a point with no reason to try harder.

I think we should bring in a sliding points scheme for standards gained thus encouraging people to greater effort for greater reward, i.e. 4 levels per event - C standard 1 point, B standard 2 points, A standard 3 points, placegetters. Therefore

as an example mens 45-49 years 400m freestyle C standard 6min 5sec, B standard 5min 55sec. A standard 5min 45 sec, placegetters. I full well realise the work involved to implement the above scheme but the rewards to AUSSI should outweigh the effort.

I think we can now look at interstate and international team competition. Costs would keep these competitions to postal events but it's more competition and another reason to keep our people in the water.

Lastly, I think now is the time to form a National creative think tank. We at the National Council and National Executive Committee are the managers of AUSSI's affairs, now I think it is time to have a group of people who are there purely for ideas and to build on them whether they originated the ideas or borrowed them. They could also look into the feasibility of any overseas ideas to adapt for AUSSI.

In conclusion I offer my last observation. We are all concerned with the quality of life, hence our training sessions to keep the body trim, taut and terrific. Yet it never fails to amaze me the emphasis placed on sprint competition in AUSSI, the ideal vehicle to heat problems in our older age groups.

These are my own views and have not been discussed with the other Executive Members.

DICK CAMPION

# NATIONAL RECORDER'S REPORT 1986

The top ten continues to grow in size each succeeding year. The 1986 publication has 11 more pages than last year. This I believe is due almost entirely to the increasing popularity of the long distance swims.

All of the cards for the 1986 top ten were received by the 1st week in November, with the exception of a small parcel from N.S.W. which did not arrive until the 2nd week in December. These were all long distance swims and to the N.S.W. ladies that missed out, my apologies, but it was much too late, the sheets had all been typed by then.

On the records side of the job, for the statistically minded, the following number of records were broken or established during the year:—

- 305 long course individual
- 43 long course relays
- 321 short course individual
- 42 short course relays.

In my report last year I said that I wouldn't list these sort of figures, however, it does help to pad out a report.

Towards the end of 1986 there has been a fair amount of discussion on having two top tens next year, long course and short course. Whether or not it is put forward as an agenda item to the Conference, obviously I do not know at the time of writing.

This move has been initiated mainly by Gary Stutsel ~~and A.C.T.~~ because of the MSI involvement with two World top tens published. I can see it causing quite a few problems without having too many benefits.

My main opposition is the work involved, not only at a National level but also at Branch. The suggestion is to have two recorders. This sounds very simple in theory but I do not see it working in practice. Also I can not see the benefits to AUSSI members. I feel that the two booklets would be almost identical — the fastest swimmers in long pools are also the fastest in the short pools.

One matter that the Conference should address, is the rule regarding at what swim meets National Records can be broken or set. At the present time Rule 11 states that "National records may be broken or set at any Swim Meet involving two or more clubs which has been sanctioned by the National Executive or any of its affiliated Branches".

We have the situation now that many of our members are swimming with Amateur clubs as well as AUSSI, also we have a number of Masters Games in which many of our members are participating.

I can see no problem with times swum in Amateur meets, however there may well be a problem with meets that, either AUSSI or an accredited body has not control over.

I would like to see Rule 11 amended by adding after "Branches" *"or any swim meet organised or conducted by the Amateur Swimming Association of Australia or any affiliated club"*.



PETER GILLETT  
NATIONAL RECORDER.

# PUBLIC RELATIONS REPORT

1986 has seen a continued growth in Masters Swimming not only in increased membership and clubs but in public awareness of our organisation and its ideals. Through the individual efforts of members of the executive especially President Ivan Wingate and Secretary Glenys McDonald, our organisation has grown in stature amongst government bodies, the private sector of the community and all sporting associations and will continue to do so when dedicated members freely give of their time to promote AUSSI.

The magazine continues to be the sore point in the report. Glenys McDonald has managed, in spite of her enormous work load, to keep all AUSSI members informed through the National News Letter.

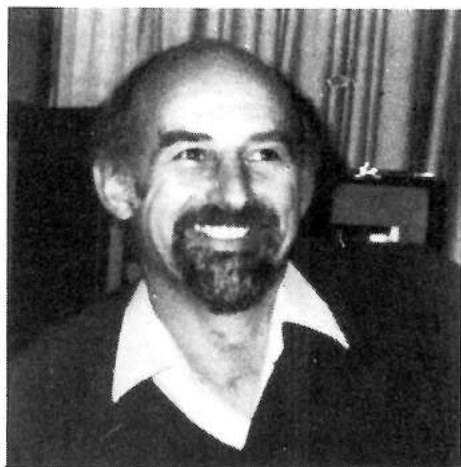
Articles submitted have been informative and AUSSI members have at least been kept up to date with happenings within the organisation.

Many approaches have been made to other publishers for production of a new magazine that would be self-funding. However it seems that we are no closer to this prospect at the end of 1986 than at the beginning, however we are still working on this project and hope to have some answers by the Annual General Meeting.

Preparation for the 1988 2nd FINA/MSI swim in Brisbane are well advanced and the committee headed by Graeme McDougall and members of the Queensland branch are well organised and very professional in their approach to making this event the success it deserves to be.

The coaching video is progressing, albeit slowly, the main problem being one of cost savings as yet no Government body or major sponsor has been found to underwrite the cost of this project. Never the less the filming and editing is to continue with a completion date towards the middle of 1987.

As retiring Public Relations Officer I wish to thank the current members of the Executive for their help during 1986. Their expertise and willingness to push to ideals of AUSSI went beyond their own jobs and helped me through an interesting and busy year.



Special thanks to Ivan & Glenys for their promotion and sponsorship dealings which have deepened our association with Capita (City Mutual), Australian Airlines and Speedo Knitting Mills our major sponsors, to whom we also give thanks and an ongoing commitment to further our association through business and sponsorship.

To the new Public Relations Officer Darrell Picton of Brisbane, I bid welcome and wish all the success for a very interesting 1987 and 1988.

Although I am retiring from the Executive of AUSSI I am still very committed to this wonderful organisation. I shall be vitally involved in the completion of the coaching video and within my own club and NSW in the coaching field.

In conclusion I wish all new members on the Executive and Council the very best for 1987 and every success in the future administration of AUSSI.

Yours in swimming,

PETER JACKSON





# A.U.S.S.I.

MASTERS SWIMMING IN AUSTRALIA  
N.S.W. BRANCH

## NEW SOUTH WALES: ANNUAL BRANCH REPORT 1986



Secretary: KEN FORD

President: Brian Hird  
Secretary: Ken Ford

Again, I am privileged to report on some of the major events conducted in the N.S.W. region and some statistical items of interest.

A successful year was again experienced, competitively, administratively and socially.

An extremely pleasing feature was the membership increase during the period under review of 27% with a total in excess of 1300 registered members operating within 32 clubs at the time of writing.

Almost every week, requests are received for information with regard to starting an AUSSI club and the pleasing feature is that most of the requests are emanating

from country centres. It can be confidently predicted that our percentage increase during 1987 will outstrip previous years.

Administratively, a notable event occurred during 1986, namely the Incorporation of the N.S.W. Branch. The act of incorporating our Branch was an essential action for the general protection of the office bearers and the special advantages that accrue to those groups that are prepared to conduct themselves according to certain rules.

Competitively, our activities were many and varied. Our State Cup attracted in excess of 450 competitors from 27 clubs. Many records were created and a most successful Meet under ideal conditions was conducted. The ensuing Dinner and Presentation was successful, if crowded.

The Short Course Championships were conducted in a near country venue over two days and again this Meet proved most successful in all areas attracting more than 200 swimmers. The new pool with excellent facilities and the Dinner and

Presentation venue added to a most successful Meet. The Executive are looking at a far country area for the 1987 Meet in an area to satisfy numerous country clubs and give their members the chance to compete under Championship conditions.

The N.S.W. contingent to that excellent National Meet and Club Championships in Adelaide although few in number made their presence felt, collecting 3 National Relay Records and 7 in number Individual National Records and 8 Gold, 7 Silver and 5 Bronze medals.

Some updated statistics in the 12 months to August included 148 individual and 8 relay Short Course Records which have been broken. Prior to the World Championships in Tokyo, 36 individual and 13 Long Course Records were broken. At a carnival that features only 400, 800 and 1500 metre events, 39 individual Short Course form stroke Records were created and at another club meet an unbelievable 36 Short Course records were shattered in the afternoon.

A number of our swimmers were included in the M.S.I. World Top Ten over 50 metres and many more gained recognition in the Short Course World Top Ten.

Our National Top Ten representation was also gratifying. In all events and distances our swimmers were represented in excess of 1330 times.

The Aerobic competition is gaining more acceptance in the clubs and could be considered one of the most valuable adjuncts to our movement. Many club coaches and members are becoming more aware of the benefits accruing from the training for the longer events, the interclub rivalry and the desire to gain more points individually than gained the previous year, add up to better conditioning and overall fitness.

The international postal events over one hour and half hour duration were again popular and gained many participants.

Our unique Pelican Point Trophy competition, which could, with advantage, be used by other States has proven most successful in attracting swimmers to our numerous country and metropolitan carnivals which have become so numerous as to become something of an embarrassment.

The Technical Committee are operating vigorously and are accepting all commitments given them and have produced many valuable results.

A newly elected Coaching Panel promises to revitalise coaching procedures and will take a lot of weight off the State Coach.

The Awards system has been re-introduced taking the form of submissions from clubs nominating and stating the reasons for their nominations for Swimmer of the Month and also the Encouragement Awards. The nominations specify the merits of their choice, the swimming ability, not necessarily in top times although this is a consideration but times swum under more adverse physical conditions; the general benefit of the nominee as a valued club member and those who have gained State, National or International recognition during progressive months. Awards are given to monthly winners culminating in a Swimmer of the Year. Presentations for these Awards and other presentations are made at a Dinner.

An Administrative Award is made to the person who is considered to have done the most to advance the cause of AUSSI in that area.

Administrative changes during the year included the election of Brian Hird as State President. Brian is well known throughout this State and Nationally having served as State and National Secretary. N.S.W. are considered fortunate in gaining the services of such an experienced member.

Chris Taylor was appointed as Treasurer and again we are fortunate in obtaining a well credentialled member to oversee our finances.

A newly appointed position of Vice President has been filled, in the person of George McGilvray, a popular and experienced member.

In conclusion, N.S.W. congratulates the National Executive who although separated by great distances, succeeded in conducting our affairs successfully and by their helpfulness and constructive criticisms, aided N.S.W. in attaining a most successful year.

KEN FORD  
N.S.W. BRANCH SECRETARY

# A.C.T. BRANCH INCORPORATED 1986 ANNUAL REPORT



President: WAL KNAUS  
Secretary: ANGELIKA ERPIC

In a year of mixed fortunes, the A.C.T. Branch is ending on a bright and promising note with the formation of a second club and a move to a new venue for the old club.

## 1. MEMBERSHIP

Total membership for the year stands at ninety two (92). Belconnen AUSSI Adult club has 79 members - 32 females and 47 males, and Tuggeranong AUSSI club has 12 - 6 females and 6 males.

## 2. DEVELOPMENT

### 2.1 Clubs

The original and previously, only, AUSSI club in the Branch, now known as the Belconnen AUSSI Adult Swimming Club, experienced many difficulties during the year with pool access and expense at the A.I.S. complex. However, access has now been given to a privately run 25 m pool with management who are very encouraging and optimistic about the growth of the club. We now look forward to increasing enthusiasm among members who apparently have a secure home pool.

The second club, Tuggeranong AUSSI Adult Swimming Club, formed in August 1986, also has a pool space problem - 2 lanes (maximum) in a pool definitely not designed for "lap" swimmers - but the interest and enthusiasm of early members promises well for 1987.

### 2.2 Coaching

At A.C.T. AUSSI's invitation, former National Coaching and Fitness Director, Des McCormick, agreed to assist interested members in developing their coaching skills with the ultimate aim being to have more club coaches.

It was stressed by Des and understood by the 6 who began the course, that there could be no accreditation associated with the programme. Numerous weekend and evening sessions later, all participants are keener than ever to continue.

At this stage, there are actually only 2 practising any art learned (one of whom is the Branch Director) but it seems that even if only 2 or 3 find time to use their newly learned skills, the benefit to AUSSI will be enormous.

All new members express the wish to improve their swimming and fitness, which is of course no surprise, so it is obvious that coaching is one of the best things AUSSI has to offer its members, and a well run club night is the way to keep them.

### 2.3 Sponsorship.

1986 saw the commencement of a sponsorship arrangement with TOSHIBA. TOSHIBA copy and collate the monthly Branch newsletter, TIDAL, in return for advertising in it. This of course, is a tremendous saving for the Branch and certainly is the main reason we are able to afford to continue to issue newsletters almost every month.

Sponsorship arrangements have also been undertaken for the clubs to become affiliated with Rugby Union Clubs in their respective areas. The main benefit of this is seen to be access to facilities such as meeting rooms and video equipment, and also raises the profile of AUSSI in the A.C.T.

### 2.4 A.C.T. Sports House

July 1986 saw the Branch become a non-resident member of A.C.T. Sports House, an association that should increase awareness of AUSSI among other sporting bodies, as well as being of administrative benefit to the Branch.

The Branch Secretary, Treasurer and Publicity Officer attended a number of seminars, featuring guest speakers, conducted by Sports House. All were on different aspects of sports administration and were excellent and of substantial benefit.

**2.5 Incorporation.**  
In November 1986, A.C.T. Branch received its Certificate of Incorporation, a fitting conclusion to the effort involved in a complete redraft of the Branch Constitution!

### **3. FINANCE**

Notwithstanding the costs associated with the Branch subsidising the club for expenses associated with hiring the A.I.S. pool, the Branch was successful in maintaining a financially viable position.

### **4. SWIM MEETS AND EVENTS**

**4.1 A.C.T. Branch Swim Meet**  
The A.C.T. Branch Swim Meet was held 14th February 1986. There were 138 swimmers and 38 of these were from the ACT club. Thirteen NSW clubs participated and contested for the trophy for the Top Scoring Visiting Club, The Hills being the winner. The A.C.T. Branch appreciates the support of the NSW clubs at its Swim meets, and trusts the relationship with NSW will only strengthen.

**4.2 AUSSI Nationals - Adelaide**  
Fifteen members travelled to Adelaide in April to participate in this event. Almost all the swimmers managed personal bests in at least one event with Andree Gilroy leading the way by taking second place overall in her age group.

**4.3 World Masters Swim - Japan**  
Three members travelled to Japan to represent the then, only club, the ACT AUSSI Masters Swimming Club. One first, one second and a number of high age group placings were brought back. Certainly very worthy representation of the club.

**4.4 National Heart Foundation Events**  
We continue to be associated with the ACT Division of the National Heart Foundation and have received a great deal of assistance from its Director, especially with publicity. We in turn assisted with the ever popular Australia Day Lake Swim and the "Swim for Heart" in July.

**4.4.1 Australia Day Lake Swim**  
This event saw 102 swimmers (41 females, 61 males) cover a triangular course of approximately 1500m, and 19 swimmers (3 females, 16 males) went around a second time to do the 3000m! This is a very popular annual event in Canberra which A.C.T. Branch will make every effort to wholeheartedly support.

**4.4.2 Swim For Heart**  
Three AUSSI members organised teams (of which there were 20) for this event, and a very large proportion of members swam. Many took the opportunity to complete the 3000m and 5000m aerobic swims during the 30 hours of swimming.

Committee members and some others assisted with "personing" the check-in desks at the 2 pools at which the swim was conducted, and just over \$33,000 was raised. Certainly a community involvement event of which A.C.T. Branch is proud.

### **5. SOCIAL EVENTS**

Social activities were once again an important part of the Branch's year, the highlight being the A.C.T. AUSSI 10th Anniversary/Presentation Dinner in November.

With the advent of a 6 month social calendar, it is hoped there will be a greater variety, a more regular pattern and therefore more members participating in future social gatherings.

Finally, on behalf of the A.C.T. Branch, I wish all AUSSI members a successful and happy 1987.

Angelika Erpic  
Branch Secretary



# VICTOR BRANCH



President: DANNY SMITH



Secretary: BARBARA WILSON

I have much pleasure in presenting the 9th Annual Report and Statement of Accounts of AUSSI Masters Swimming in Australia, Victorian Branch, for the year ended 10th December, 1986.

The State Branch committee meetings have been held regularly at the Ringwood Aquatic centre with the following attendance:-

President	Danny Smith	10
Vice-President	David Gordon	2
Secretary	Barbara Wilson	9
Treasurer	Ted Tullberg	6
Fitness Director	Vacant	
Publicity Officer	Donna Kelly	2
(from July)		
Minute Secretary	Ros Perry	9
Records Officer	Michael Myslinski	1
Membership Registrar	Hans Wehrens	10
Committee —	Bob McCabe	8
	Pam Kempson	8
	John Marriott	10
Clubs —	Diamond Valley	10
	Doncaster	10
	Frankston	8
	Melbourne Uni.	0
	North Lodge	9
	Powerpoints	10
	Syndal	5

Country clubs are not expected to attend the State Committee meetings. These clubs are kept informed of all State events and happenings through the distribution of minutes, relevant memos and the State newsletter.

At present we have 17 affiliated clubs - 7 metropolitan and 10 country. Albury-Wodonga through David Robinson, have formed a committee and are keen to join with us in the new year and Bill Richards seems certain to get a club going at Swan Hill. Unfortunately the Broadmeadows club closed due to John Hall moving interstate and no one able to take over.

The 1986 State swim attracted 267 swimmers and was held very successfully at the State Swim centre on Saturday afternoon and all day Sunday, 3rd and 4th May.

The 1986 State Presentation dinner was again held at the Richmond Social club where a great night was enjoyed by all who attended. State medallions and patches were presented to all overall placegetters in individual and relay events. Powerpoints were overjoyed when they won the trophy for the top scoring club with North Lodge as runner up.

The State Pentathlon had over 200 swimmers taking part and the Carnival Management Committee very successfully computerised the programme. Unfortunately results were not to hand at the conclusion of the programme due to a slight hitch but were available soon after. The overall club points award went to Powerpoints with North Lodge second closely followed by Doncaster.

Inter-club meets continue to be very popular with members and already dates have been set for further inter-club swims in 1987. Congratulations to all inter-club age group winners and runners up.



Overall points winners were Powerpoints followed by North Lodge, Doncaster, Frankston, Syndal and Diamond Valley in the metropolitan section and Gippsland followed by Sale, Geelong, Ballarat and Mooroopna in the country section.

The aerobic trophy award swims continued to increase with more clubs encouraging their members to earn points whilst gaining aerobic capacity for themselves. Congratulations to Syndal Sharks who for the third year in a row, took 2nd place in the National Aerobic award. Four Victorian AUSSI members - Pam Bierenbroodspot, Bruce Allender, Barbara Wilson and Bronwyn Campbell-Burns gained certificates for maximum points. The State Branch introduced their own Aerobic trophy award which was won by Syndal Sharks. This year points were introduced for the longer events in Freestyle, Backstroke and Breaststroke (previously only one 1500m., 3000m., 5000m., and one hour swim was allowed). Next year the aerobic year falls into line with the top ten year finishing on 30th September, 1987 so swimmers, for 1987 only, have ten months to complete their swims.

Many Victorian swimmers competed in the National swim in Adelaide with great success. Best times were swum and the new points system meant that many swimmers gained more than one point per swim for their club. Nine Victorian AUSSI members were successful in being awarded the gold medal for top point score in their age group. Francis Vorrath was named female swimmer of the meet for the 2nd year in a row and Powerpoints were successful in winning the runner-up trophy and the top scoring visiting club trophy. The 280+ Relay trophy went to North Lodge.

The World Masters Swim in Tokyo, Japan saw 39 Victorian AUSSI's join with some 3500 others in a wonderful swim meet. The Japanese officials were unflustered as heat after heat was completed, men from one end and women from the other. Medals were presented for 1st to 8th place in each event and age group and AUSSI Victoria swimmers came home with 77 individual medals, 8 relay medals and 6 world records.

The first Central Australian Masters games was held in Alice Springs and a small contingent of swimmers enjoyed the

friendly hospitality of the Northern Territory townfolk. Francis Vorrath continued her excellent swimming by breaking two World Breaststroke times. There was no restriction on the number of swims one could do so some swimmers managed to obtain times for events they rarely do due to the limit put on some meets.

Membership is still over the 500 mark and the standard of swimming improves each year.

The top ten list was produced by our State Recorder twice this year - mid year and end of year. The Victorian records are also being collated from the commencement of AUSSI Victoria in 1977 with an updated full list being printed each year.

The two national conferences in Adelaide and Sydney were attended by our State delegates who represented the State Branch as instructed by the State Committee.

The State Newsletter was continued this year, the last two being produced by our new editor, Donna Kelly. This newsletter will be continued next year as it is sometimes the only contact we can make with all our members.

The Government saw fit to give us a grant to help with costs of the State swim and administration and some individual members were assisted through the Victorian Sports Aid Scheme.

We look forward to the coming year as our swim meets go computer thus lessening the massive work load needed to run a swim meet, the Inter-club swims continue and members participate in State, National and Aerobic swims.

Thank you to the club secretaries who sent their reports in for inclusion in this report and sincere thanks to the State President, State Committee and club secretaries and members for their support during the year. The State Branch anticipates another year of "fitness and fun" in 1987.

**BARBARA WILSON**  
State Secretary.



# TASMANIA BRANCH ANNUAL REPORT 1986



I am pleased to have this opportunity to report upon AUSSI's progress in Tasmania. 1986 has seen club numbers and membership increase again, a very encouraging result for our hard working committee. We have at last, welcomed our third club, Hobart Masters, to our ranks.

## MEMBERSHIP

CLUB	1985	1986
Launceston	43	39
Devonport	38	56
Hobart	-	22
TOTAL	81	117

The increase in numbers at Devonport is very pleasing and must cause the Launceston club to query their activities - both their own and Devonport's. While experiencing a drop in numbers, Launceston has reported greater membership participation in club swims. This in itself is encouraging.

## MAJOR EVENTS

The State Swim was held over two sessions in Launceston and Devonport during February. The State Trophy went to Devonport with 1560 points, to Launceston's 854.

The tables were turned however with the Winter Short Course Swim pennant being won by Launceston. We welcomed the first entry from Hobart (Nan Lewis competing in the 65 plus age group) to the Swim which was held at Launceston's Mowbray Pool. May there be many more in 1987.

The Branch A.G.M. in April saw the re-election of Hector Beveridge as President, Trish Beveridge as Fitness Director, Chris Holloway as Recorder and myself as Secretary. Bill Furey was elected to replace Brian Edwards as Treasurer. Our thanks to Brian for the efficient way in which he handled the position, the position of Publicity Officer remains vacant.

The executive and clubs have undertaken to obtain publicity at every opportunity.

The Annual Council meeting in Adelaide, and Mid Year Council meeting in Sydney, were attended by Hector and myself as delegates. Reports from these meetings were given to the Branch committee and referred to the clubs.

The National Swim in Adelaide was attended by 8 swimmers from Devonport and 2 from Launceston, who according to Recorder Chris Holloway, "participated in lots of other activities apart from swimming."

At the time of preparing this report, the Tasmanian Aerobic points for 1986 are unavailable. Devonport's efforts will almost certainly see them retain the State Aerobic pointscore title again. With the added incentive of a new aerobic award we expect to have greater participation in aerobic swims from within the clubs.

## THE FUTURE

1987 promises to be a big year for us. We have undertaken to host the swimming section of the Australian Masters Games on behalf of AUSSI. While we approach this task with some trepidation, we have taken the attitude that it's "now or never" for AUSSI in Tasmania and we will certainly be making the best of the opportunity to prove that we are capable even if small in numbers. With this exciting prospect in mind, we have a busy year ahead of us.

As we continue to grow in numbers and deeds, AUSSI and its objectives will be spread to a larger audience. To gain recognition for AUSSI and to successfully promote the benefits of swimming will be reward for our efforts.

**JENNY PAGE**  
**BRANCH SECRETARY**



## AUSSI-MASTERS SWIMMING IN AUSTRALIA SOUTH AUSTRALIAN BRANCH INCORPORATED

### **SOUTH AUSTRALIAN BRANCH REPORT**

President: (Acting) PETER GILBERT  
Secretary: FLORENCE WALKER

1986 has been a most eventful year for the South Australian Branch. A year of highs and lows!

The work of two years culminated in April to what is considered by the majority to be a most successful and enjoyable National Swim.

Riding high on the euphoria of the Nationals the Branch held its Annual General Meeting in May and Peter Gillett, after a two years rest, was elected President. However, for various reasons Peter was not able to take up his position and resigned. Because of Peter's experience and knowledge of AUSSI this was a sad loss to the Branch Executive. The Vice President, Peter Gilbert, stepped into the breach and has carried on as Acting President until the next A.G.M.

Unfortunately, this was not the end of the resignations and the Carnival Director, Kit Simons, after such a mighty effort at the Nationals also resigned, as did the Coaching Co-ordinator, Vicki Murphy. These positions have been filled with new and willing workers, Hank van Kruyssen and Lynda Lehmann respectively, but all will agree this left a large gap of experienced offices on the Executive.

The major task accomplished this year is the adoption of a new Branch Constitution and By Laws. This is a more lengthy and involved document than the previous constitution and has a great many new rules and regulations to get used to.



Secretary: FLORENCE WALKER

Membership increased again in '86, 397 females and 451 males making a total of 848 registered members. One more club affiliated bringing the total number of clubs up to 10, 9 in the metropolitan area and one country club at Mount Gambier. Port Lincoln Amateur Swimming Club is considering forming an AUSSI section and sent a guest swimmer to the State Cup competition. Elizabeth A.S.C. is also discussing the possibility of introducing an AUSSI section.

South Australia featured prominently in the results of the National Swim finishing with seven 1st, seven 2nd and five 3rd placings in the individual events, also taking out five of the six relay events. S.A. also won both the men's and women's Speedo Relays. A jubilant Adelaide Masters received the Founder's Trophy with 2,403 points and June Waite from the Atlantis Club was the recipient of the National Heart Foundation Award.

The 1986 State Cup competition was held on two days over two weekends in November. Adelaide Masters regained the Trophy for Premier Club after their

surprise defeat in '85, with Western Districts being the runners up. The new Carnival Director is to be congratulated on the magnificent way he organised his first major event.

There is a need for the Branch to train its own officials as not to rely too much on the already overworked amateur officials. They have always supported us and we thank them for their help, but their calendar is very full and must feel the strain.

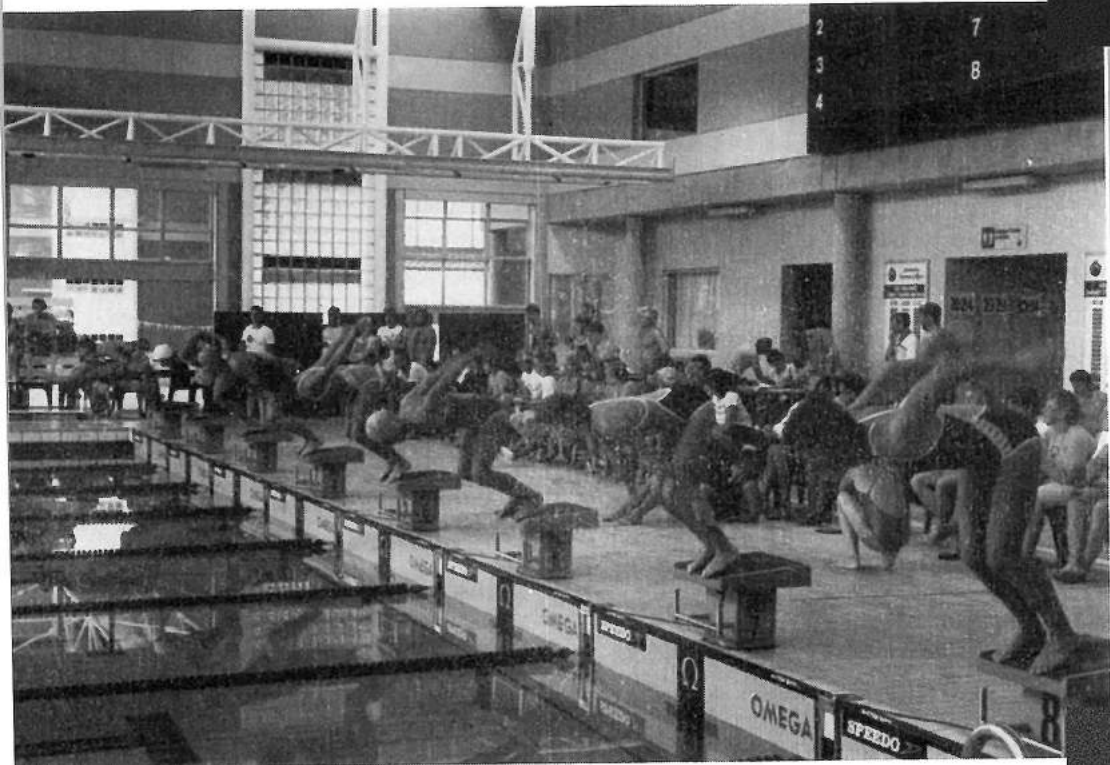
The Branch would like to acknowledge the support of its sponsors. Bridgestone has supported us financially for a number of years and it is increasing in 1987. We would like to thank them and especially Roger Baker. The Commonwealth Bank has been quietly in the background for some time and our thanks go to them and

to Chris Potter who is the liaison. Last but not least, Diverse Products, through John Grosvenor, and their seemingly never ending supply of Fruit Box which means so much to our officials and swimmers. Our grateful thanks to you all.

Finally, the Branch was honoured at the Annual General Meeting to appoint its first Patron, The Honorable T.M. Casey. Mr Casey, a former Minister in a State Government is the man responsible for the rejuvenated Aquatic Centre. An amateur swimmer in his youth we consider ourselves fortunate to have Mr. Casey's interest in our welfare.

1986 is almost at an end and we look forward to a happier and more settled year in 1987.

**FLORENCE WALKER**  
Branch Secretary.





## **JSSI MASTERS SWIMMING W.A. BRANCH (Inc.)**



President: FRED JOHNSON



Administrator: GLENYS McDONALD

### **ADMINISTRATOR'S REPORT DECEMBER 1986**

President: FRED JOHNSON

Administrator: GLENYS McDONALD

1986 has indeed been a year of change, and in many ways a year of frustration. Our membership remained static and our number of clubs dropped by one. We lost our country clubs of Geraldton (due to pool closure) and Exmouth (due to member transfers); and gained the country club of Albany. However, by the end of 1986 interest appears high in many new areas and no less than 8 new clubs have indicated an interest in forming in 1987.

Perhaps, and as usual, the largest area of concern was the difficulties encountered in filling the positions on the Branch Executive. The Branch functioned without a Recorder until March, a Public Relations Officer until June, and without a Treasurer from September. This put quite a substantial strain on the Branch Administration,

whose main objective was to supply a high standard of 'membership service'.

My personal objective was to keep the executive, clubs and the Council of Clubs as fully informed as possible to assist the decision making process. I feel this was achieved.

In any review of the year's activities it is important to review the frustrations, but these in no way cloud the excellent achievements of the W.A. Branch during 1986.

#### **COMPETITION**

Our system of 4 x 3 Interclub Swim Meets per year, where nearly all metropolitan clubs host a meet, continued to work well. This year Novice 25m events with points were introduced to encourage our newer swimmers.

In February we conducted a Fun Swim with Royal Lifesaving, attended by 85 adults and numerous children.

April saw two days of wonderful competition at our Growth Equities Mutual State Championships and the Shield was taken out, yet again by Claremont AUSSI. They

made it a triple celebration picking up the State and National Aerobic Trophies as well.

Two fine Saturdays in September saw the conduct of the State Winter Championships where 200m to 1500m distances were contested. The swim was made more memorable by all the records broken, particularly Dick Hartley's two world records.

W.A. remains unique in that only club trophies are contested at all our swim meets and no individual medals are presented.

As usual, a small but noisy contingent of AUSSI W.A. swimmers flew, bussed and peddled to Adelaide for an enormously successful National Championship; a band of 8 winged their way to Tokyo to be part of history and the 1st FINA/MSI World Masters Swimming championships; and a couple even made it to the Central Australian Masters Games.

A substantial amount of time and energy during the year has gone into the planning for the 1987 National Swim Meet to be hosted by W.A. next April. Work is progressing using the National Swim Guide and the committees are hoping for a successful Meet. Special thanks to Vic McDonald in his additional role as Meet Director for all these swims, and to his hard working committee.

All this swimming resulted in a huge task for our new State Recorder, Cathy Watkins. A State Top Ten was compiled in addition to submitting entries to the National. Award badges were distributed and the Aerobic Trophy submissions were painstakingly checked. Cathy rallied a few working bees at busy times, but there are always some clubs, usually the larger ones, conspicuous by their absence. This is a pity because the general comment after the 'busy bees' was an appreciation of the workload involved.

Seventeen of our clubs have entered the State and National Aerobic Trophy competition this year, and Claremont and Esperance who fared so well in 1985 are still forces to be counted. This competition still appears to be our greatest asset and W.A. should be justifiably proud of their role in its introduction.

## COACHING

The Branch has built up a wonderful library of books, magazines and videos and these have been utilised by clubs and members. It is planned to expand this next year with the purchase of video equipment.

Both the State Director of Fitness and Education, Kay Cox and State Coach Karen Liggins have worked hard conducting club coaching clinics.

A coaches meeting was held in October and was extremely successful. Kay plans to hold these on a regular basis. Several AUSSI coaches also attended lectures by foremost Swedish swim coach Lennart Gullstrand who was in Perth during 1986.

Kay was also involved, on behalf of AUSSI with the W.A. Coaching Co-ordinator's meetings; the Sports Medicine Federation; AustSwim Council; The Sports Medicine and Fitness Centre; Lifesaving week; monthly coaching newsletters; and the Department for Sport and Recreation's Learn to Swim and Research programmes. A shining example of one person's commitment and dedication to AUSSI.

## ADMINISTRATION

As most people know, the day to day activities of the W.A. Branch are achieved by a small group of dedicated volunteer executive and the Administrator who is employed for 20 hours per week. A typist was employed for 40 hours during the past twelve months for special projects such as the Winter Swim programme and the State Top Ten.

Two thirds of the Administrator's salary is paid by a direct grant for the employment of a salaried officer. For a twelve month period this has meant a grant to AUSSI of \$8,668. In addition the Branch received an equipment grant of \$3,695 and seminar recoups of \$608. A grand total of Government support of \$12,971. In addition to this many of our clubs took advantage of the SILF \$ for \$ equipment grants and purchased items which varied from stop watches to a computer. The Department also provides a service with Sports seminars and workshops and seeks input from Sports in the formation of their policies. Their support is truly appreciated.



Sponsorship in other areas has been geared in recent months to our hosting of the National Swim, but our State Swim in April was hosted by Growth Equities Mutual and this trend of sponsored programmes should continue.

It is difficult to express enough thanks to the work done for us in 1986 by Burroughs Ltd. Computerisation for our State Swim and the forthcoming National Swim has been made possible by the time, effort, expertise and equipment supplied by Burroughs.

In August, thanks to the efforts of our retired Treasurer Bruce Gaston, the AUSSI W.A. Branch office moved from Karrinyup to our spacious location at Beatty Park Aquatic Centre. Our thanks are expressed to Perth City Council and Ron Atkinson and the staff at Beatty Park for their assistance throughout the year. To achieve so much additional space at half the cost in rental is a real plus for the year. In addition, the ANZ bank kindly donated several useful items of office furniture and the R&I bank donated two two way radio sets, a stop watch and megaphone.

Administration seminars were conducted in the country at Albany and for metropolitan clubs in November. As part of this education programme, swimmers have been encouraged to enrol for West Australian Amateur Swimming officials courses for referees, starters, timekeepers etc. This has proved mutually beneficial and will result in a larger pool of expertise. Congratulations to those swimmers who have taken the time and interest to complete these courses.

During 1986 the following subcommittees met and completed their brief:

- 1987 Nationals committees
- Computer Committee
- Special President's Committee
- Swim Thru Committee

## **SWIM THRU'S**

Swim Thru events have shown an increased importance on our AUSSI W.A. calender. During the year AUSSI requested information on the yearly programme for long swims conducted by Winter Swimming, Water Polo, Surf Lifesaving etc. The response was good and resulted in a "Calender of Swim Thru Events" being produced by the Branch. This avoided clashes of dates and gave our members

early notice of these popular swims. On our annual calender we now have 3 of these swims run by AUSSI clubs or the Branch and my suggestion is that AUSSI continues this 'organisational' role. Our Branch inaugural "Sorrento Super Swim" of 1k and 2ks is to be conducted in January 1987, and all proceeds will go to the Spastic Welfare Association.

## **COMMUNICATION**

Communication with clubs was assisted this year when I met with almost every club President and the resulting information has been printed and will provide a solid basis for our future forward planning.

Our 'sister club' relationship between country clubs and metropolitan clubs continued in 1986. Congratulations to Osborne Park and Esperance for showing us how well this concept can work. Bob Simpkins, our Pilbara Regional Officer did a fine job for the year and the silence from the Pilbara region while he was off climbing Mt. Kilimanjaro was evidence of the great job he is doing.

Our new photocopier has produced 36,244 copies since its purchase in May this year. Obviously a vital piece of equipment for our organisation.

## **COMMUNITY INVOLVEMENT**

As usual AUSSI has continued to maintain and interest and commitment to our wider community.

Dept. for Sport & Recreation

— Learn to Swim and Research projects.

Swimathon for Africa

— \$3,053 raised.

Handicapped Swimming Assoc.

— Special thanks to Maida Vale and Belmont AUSSI's.

Disabled Swimming

— Special thanks to Inglewood AUSSI.

Austswim Council

— Kay Cox delegate.

W.A. Sports Federation

— Glenys McDonald & Fred Johnson delegates.

W.A. Swimming Assoc.

— Affiliation as a kindred body achieved in May. Members attending courses.

Minister's Veteran Sports

Advisory Committee

— Glenys Vice-Chairman.

Rowethorpe Nursing Home

— Special thanks Melville AUSSI.



- State Sports Centre
- Input into construction re our needs.
- Royal Lifesaving
- Members gaining awards.
- W.A. Coaching Co-ordinators
- Kay Cox member.
- W.A. Development Officers
- Glenys a member.
- Jaycees
- Kay Cox named one of W.A.'s Five Outstanding Young Australians for 1986.
- APOSA Seminar
- Glenys a delegate.

## PROMOTION OF AUSSI

Promotion of AUSSI was attended by emphasis on club promotion at local pools and by the concerted efforts of our Publicity Officer, Dorothy Andrews in her weekly radio 2 minute segment. Unfortunately for us the America's Cup fever put an end to that for the time being. Newscoverage centred around club news in local papers and some coverage of State Swim Meets. Some clubs took advantage of the AUSSI promotional video, posters and brochures and conducted shopping centre displays. Two Branch Newsletters were printed, but increased advertisers are needed if this is to occur on a more regular basis.

The opportunity to attend and speak at the Asian, Pacific and Oceania Sports Assembly in front of 64 delegates from 27 countries was very instrumental in raising the awareness and credibility of AUSSI. I used AUSSI as a role model for mature age sports and the paper titled "Bringing the Mature Aged Back to Sport" is also of value in future planning.

In November, the W.A. Branch were very fortunate in receiving the benefits of many months of hard study by one of our swimmers, Gordon Medcalf. For a research project as part of his studies for a Graduate Diploma in Recreation, Gordon chose to study "recruitment Strategies Appropriate for AUSSI Masters Swimming in W.A." This document is being studied by the Executive and its recommendations will be included in our next 4 Year Plan currently on the drawing board. In the meantime, I would recommend to clubs that they seek a friendship with their local amateur swimming club with a view to giving those swimmers an avenue to continue swimming for life, and for their

parents to join AUSSI to make it a family commitment.

The W.A. Branch contributed at a National level with delegates attending the two Council meetings, and members being involved on the National Executive; the National Aerobic Recorder; the National Computer Committee; the National Technical Committee; and assisting the National Coaching Director.

I would ask that the W.A. clubs input on a similar scale to AUSSI in W.A. and consider sharing the load at a Branch level by putting forward willing persons for executive positions. It is when the workload becomes unrealistic for a few individuals that difficulties arise.

Finally I would like to thank all the Branch Executive but particularly President Fred Johnson who ~~retired~~ at the end of ~~the~~ December 1986. Fred's involvement in AUSSI W.A. for the past ten years has been an effort of sustained excellence. He is a Lifemember of both his club and the W.A. Branch and is a living example to us all of true AUSSI dedication.

GLENYS McDONALD  
Administrator

*(David Cummins  
new President W.A.)  
resigned. \**



# MASTERS SWIMMING IN AUSTRALIA

P.O. Box 569, Archerfield, 4108.

Queensland Branch

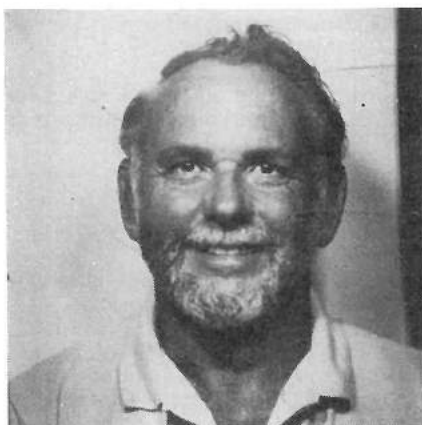
## QUEENSLAND BRANCH REPORT

1986 has been an eventful year for the Queensland Branch. The Committee was elected in November 1985 and during the State Titles in Townsville in March 1986 it was decided that from those Titles onwards the Annual Meetings would coincide with the State Titles. Consequently the standing committee (voluntarily or otherwise) finished up having to cope with two full swimming seasons.

We found it fairly impossible geographically to have a Council of Clubs meeting on a regular basis as this State has clubs far and wide - Mt. Isa to Cairns and anything in between - which, as we all know, is further than Brisbane to Melbourne. It becomes rather cumbersome to organise meetings. However we muddled through, and then to top it all in January 1986 we finished up with the award of the 1988 World Titles. It is now fairly common knowledge that we had our teething problems and a reorganisation of the 1988 Steering committee took place after Tokyo with a separate 1988 Committee being set up under the very capable Chairmanship of Graeme McDougall of the Brisbane Southside Masters.

Our membership during the period has steadily increased and we now have 30 clubs with only 5 of these in the metropolitan area and the other 25 scattered the length and breadth of Queensland, with a membership approaching 800.

We find one of the costs which is quite staggering in this State is the phone and postage bill. We have tried to keep our membership fees down to the bare minimum, but we find it increasingly hard to meet our budget.



President: HANK MARKUS  
Secretary: JOHN TOWNEND

A few new innovations have been tried out, and one which I think is worth mentioning is a trophy donated by David Haley, a computer whizz from the Brisbane Southside Masters, for a club where members nominate closest to their actual times in events. This we hope will substantially reduce the number of swimmers nominating say 6 minutes and swimming either 4.15 or the other way 7.5, which is much longer than their nominated time. Consequently this will speed up the programme.

Another thing the Gold Coast has tried for the last 3 years (copied from Canberra) is the running programme, and we find that the programme can be shortened by at least one hour by not swimming empty lanes. This creates some flak, but when it is all over and the people have a much shorter carnival and more time to socialise the complaints are soon forgotten.

From a personal point of view one thing I feel is bad at carnivals is that sometimes in minor carnivals you can finish up with a more elaborate medal than you would receive in a State or National Titles.

Again from a personal point of view I feel that our motto is very much "fitness and fun" and not trophy hunting, and I think that the trophy in the State or National

Titles should be the outstanding trophy for the year and not the same as for a small local swimming carnival. I find that for the smaller carnivals ribbons and/or certificates are quite sufficient.

We have to put in a word of special thanks to the Q.A.S.A. who, wherever possible, go out of their way to help us, guide us, and the door is never closed for anything as far as AUSSI is concerned. I feel we have a unique rapport with them, and certainly with 1988 coming up we hope this continues.

I would like to thank the Branch Executive and Committee for their help, dedication and friendship. The workload is certainly increasing, but we look forward to another fantastic year for AUSSI in Queensland.

HANK MARKUS

## **NORTHERN TERRITORY BRANCH NEWS**

The Central Australian Masters Games held in Alice Springs in October was a very enjoyable event. The National Executive supported and promoted these Games, and provided input into the running of the swimming segment for the sole purpose of encouraging the development of AUSSI within the Northern Territory, and to promote the eventual establishment of an affiliated Northern Territory Branch.

I am pleased to report that assistance is currently being given to four groups of swimmers at Alice Springs, Darwin, Katherine and Nhulunbuy in their efforts to establish AUSSI clubs.

We welcome them to our fold and look forward to meeting them early in 1987.

## **CITY MUTUAL AUSSI NATIONAL SWIM AND CLUB CHAMPIONSHIPS ADELAIDE, 1986 RESULTS**

### **FOUNDER'S TROPHY:**

ADELAIDE MASTERS (2,403)

### **RUNNERS UP TROPHY:**

POWER POINTS (1,583)

### **VISITOR'S TROPHY:**

POWER POINTS (1,583)

### **NATIONAL HEART FOUNDATION AWARD:**

JUNE WAITE — Atlantis

### **SWIMMER OF THE MEET:**

#### **Female**

FRANCES VORRATH — Power Points

#### **Male**

JOHN COVACEVICH — Cairns

### **RELAY TROPHIES:**

**80 years +** ADELAIDE MASTERS  
**120 years +** WESTERN DISTRICTS  
**160 years +** ADELAIDE MASTERS  
**200 years +** ADELAIDE MASTERS  
**240 years +** ADELAIDE MASTERS  
**280 years +** NORTH LODGE

### **SPEEDO RELAYS:**

#### **Female**

TEA TREE GULLY — 2-03.70

#### **Male**

WESTERN DISTRICTS — 1-47.17

CITY MUTUAL AUSSI NATIONAL SWIM AND CLUB CHAMPIONSHIPS — ADELAIDE, 1986. RELAY RESULTS.

AGE GROUP	EVENT	FEMALE	MALE	MIXED
80year +	4 x 50m FREESTYLE	POWER POINTS 2-03.81	ADELAIDE MASTERS 1-49.36	ADELAIDE MASTERS 1-54.83
	4 x 50m MEDLEY	POWER POINTS 2-19.50	WESTERN DISTRICTS 2-03.70	ADELAIDE MASTERS 2-09.10
120 years +	4 x 50m FREESTYLE	NORTH LODGE 2-20.35	WARRINGAH 1-46.87	POWER POINTS 1-56.08
	4 x 50m MEDLEY	HILLS 2-33.39	WARRINGAH 2-00.59	POWER POINTS 2-15.23
160 years +	4 x 50m FREESTYLE	ADELAIDE MASTERS 2-17.41	MARION 1-53.96	ADELAIDE MASTERS 2-00.95
	4 x 50m MEDLEY	ADELAIDE MASTERS 2-38.32	POWER POINTS 2-14.89	WARRINGAH 2-20.89
200 years +	4 x 50m FREESTYLE	NORTH LODGE 2-37.36	ADELAIDE MASTERS 2-08.78	MARION 2-13.31
	4 x 50m MEDLEY	NORTH LODGE 3-08.51	ADELAIDE MASTERS 2-23.39	MARION 2-38.38
240 years +	4 x 50m FREESTYLE	POWER POINTS 2-59.21	ETTALONG 2-14.91	POWER POINTS 2-31.86
	4 x 50m MEDLEY	NORTH LODGE 3-17.27	ETTALONG 2-34.61	POWER POINTS 2-54.09
280 years +	4 x 50m FREESTYLE			NORTH LODGE 3-09.36
	4 x 50m MEDLEY			NORTH LODGE 3-49.24

## CITY MUTUAL AUSSI NATIONAL SWIM AND CLUB CHAMPIONSHIPS, 1986

## INDIVIDUAL AGE GROUP PLACINGS — MALE

AGE GROUP	PLACE	NAME	CLUB	POINTS
20 - 24	1	DAVID JAMES	WESTERN DISTRICTS	61
	2	TONY RYAN	WESTERN DISTRICTS	60
	3	GREG KEET KEITH WEIDNER	OSBORNE PARK ADELAIDE MASTERS	56
25 - 29	1	MARK SMEDLEY	TEA TREE GULLY	65
	2	RICHARD DILL-MACKY	WARRINGAH	57
	3	BRAD ROYAL	TRINITY	56
30 - 34	1	ANDREW HUNTER	HUNTER	66
	2	GARY PHIPPS	PARKES	60
	3	HARRY KLOUZAL	WARRINGAH	59
35 - 39	1	JOHN COVACEVICH	CAIRNS	69
	2	ED JEWELL	GIPPSLAND	59
	3	TONY FISHER	COOGEE/RANDWICK	58
40 - 44	1	ALAN RENNIE	DONCASTER	59
	2	MARK NICHOLSON	ATLANTIS	56
	3	WARWICK WEBSTER	TRINITY	49
45 - 49	1	GORDON KING	ADELAIDE MASTERS	67
	2	MIKE MALONEY	POWER POINTS	64
	3	DICK CAMPION JOHN OLSEN	POWER POINTS POWER POINTS	63
50 - 54	1	GRAHAM MIDDLETON	CORRYONG	67
	2	DIETER LOELIGER	ADELAIDE MASTERS	66
		BOB BARRY	LEISURE COAST	
55 - 59	1	TOM LOGAN JIM LEMMON	NEW ZEALAND ETTALONG	70
	2	JON DAVIES	MARION	60
	3	JOHN WILSON	POWER POINTS	58
60 - 64	1	KEVIN VICKERY	ETTALONG	70
	2	FRED JOHNSON	MELVILLE	64
	3	OTTO FORD	GIPPSLAND	62
65 - 69	1	GODFREY WILLIAMS	INGLEWOOD	69
		BOB McCABE	NORTH LODGE	
	3	BRUCE GASTON	CLAREMONT	64
70 - 74	1	KEN FORD	COOGEE/RANDWICK	62
	2	GEORGE McGILVRAY HAROLD CILENTO JEFF BROOMHEAD	WARRINGAH MARION GOLD COAST	58
		FRANK GRIFFITHS	ETTALONG	
75 - 79	1	JACK ROGERS	NORTH LODGE	65
	2	JACK HOLMES	ETTALONG	42
	3	JACK HOLMES	ETTALONG	42
80 - 84	1	CECIL JARDINE	ST. GEORGE	69
	2	HARRY FOWLER	SUMMERLAND	64
	3	GEORGE EDWARDS	MELVILLE	40

## CITY MUTUAL AUSSI NATIONAL SWIM AND CLUB CHAMPIONSHIPS, 1986

## INDIVIDUAL AGE GROUP PLACINGS — FEMALE

AGE GROUP	PLACE	NAME	CLUB	POINTS
20 - 24	1	JENNIE PARLANTI	POWER POINTS	69
	2	PAULA KEOUGH	ADELAIDE MASTERS	66
	3	ANDRENA ZAVETCHANOS	POWER POINTS	60
25 - 29	1	JOANNE SUTCLIFFE	TEA TREE GULLY	70
	2	LYNDA LEHMANN	ADELAIDE MASTERS	64
	3	ANITA KILLMIER	POWER POINTS	63
30 - 34	1	PAT SOMERVILLE	HILLS	69
	2	ANDREE GILROY	A.C.T.	67
	3	JULIE KEAST	TEA TREE GULLY	58
35 - 39	1	MARGARET WILBY	COOGEE RANDWICK	70
	2	SUE NEEDHAM	ADELAIDE MASTERS	65
	3	LYNLEY COOPER	ADELAIDE MASTERS	64
40 - 44	1	ELLY FLEIG	ADELAIDE MASTERS	66
	2	JAN WATSON	WARRINGAH	65
	3	VIVIEN BOYD	NORTH LODGE	64
45 - 49	1	MARGARET SMITH	NORTH LODGE	66
	2	ALICE KINNAIRD	FRANKSTON	65
	3	GLORIA ROBINSON	NORTH LODGE	64
50 - 54	1	BARBARA WILSON	NORTH LODGE	69
	2	MARJ McQUADE	POWER POINTS	65
	3	DIANNE ROSS	MARION	60
55 - 59	1	JOSIE SANSOM	ADELAIDE MASTERS	69
	2	CORRIE DE GROOT	NORTH LODGE	63
	3	BARBARA ROSE	CRONULLA/SUTHERLAND	61
60 - 64	1	MARGARET CUNNINGHAM	DONCASTER	70
	2	BERYL GRACE	LANE COVE	62
	3	VALDA DADLIFFE	WESTERN DISTRICTS	56
65 - 69	1	MARION DUTTON	POWER POINTS	70
	2	JUDITH DRAKE BROCKMAN	CLAREMONT	66
	3	BERYL ANDERSON	NORTH LODGE	65
70 - 74	1	FRANCES VORRATH	POWER POINTS	70
	2	LILLIAN JOHNSON	MANLY	65
	3	JOSIE BROOMHEAD	GOLD COAST	40
75 - 79	1	MYRTLE WRIGHT	OSBORNE PARK	70
	2			
	3			
80 - 84	1			
	2			
	3			



# SUMMARY OF 5 YEAR PLAN PRIORITIES

## SECTION 5 — PRIORITIES FOR ACTION

### 1987

1. Planning 1988 World Masters Swim Advertising Promotion Administration Travel — U.S. Short Course Championships.
2. 1987 National Swim & Club Championships. Perth, April 1st - 4th 1987.
3. Coaching & Fitness Seminar, Perth, April 1987.
4. Completion of Coaching Video.
5. Evaluation of W.A. Research Study.
6. Technical Committee production of "Guidelines for Referees" Booklet.
7. Feasibility Study on involvement in Tasmanian Masters Festival.
8. Implementation of Level 1 Coaching Accreditation Courses.
9. Evaluation of AUSSI Magazine project.
10. Development of Guidelines for Conducting International Swim Meets.
11. Conduct of two Council Meetings — National.
12. Development of AUSSI within the Northern Territory.
13. Increase participation levels in Tasmania Branch.
14. Update "Club Guide".
15. Update "Coaching Manual".

### 1988

1. Planning and conduct of the 1988 World Swim. September 24th - 30th, 1988.
2. Feasibility study on involvement in International Sports Masters Festival.
3. 1988 National Swim & Club Championships.
4. Funding for delegate to represent Australia at the Masters Swimming International meeting, Brisbane, Australia, September 1988.

5. Review of Aerobic Trophy point-scores using research material. e.g. assistance may be sought as project for final year students of Canberra Sports Administration diploma.
6. Production of AUSSI Magazine — short term.
7. Conduct of two Council meetings — National.
8. Computer Study culmination. Compatibility throughout 3 tiers of Administration.
9. Pilot course of Level 2 Coaching Accreditation and evaluation.

### 1989

1. Funding for paid Executive Director with support staff.
2. Production of AUSSI Magazine — long term.
3. National Swim & Club Championships, 1989.
4. Conduct of two Council meetings — National.
5. Implementation of Level 1 and Level 2 Coaching Accreditation Courses.
6. Update and Production of education publications.
7. Study of Recreational Aspects of Adults in Sport — Swimming.

### 1990

1. Paid Secretariat continues.
2. Production of magazine.
3. Conduct of National Swim & Club Championships.
4. Funding for delegate to represent Australia at Masters Swimming International General meeting. Either U.S.A.; Brazil or Scotland.
5. Conduct of two Council meetings — National.
6. Pilot Level 3 Coaching Accreditation Course and Evaluation.
7. Updates of promotional and coaching videos.
8. Conduct of two Council meetings — National.
9. Continuation of the objectives of AUSSI.

## 1991

1. Evaluation of fitness & psychological aspects of the mature swimmer and publication of same.
2. Conduct of the National Swim and Club Championships.
3. Conduct of two Council meetings — National.
4. Continuing Secretariat responsibilities.
5. Further Research Study topics evaluated.
6. 5 Year Planning.
7. Membership in 8 States or Territories.  
Total membership project of 8,000 registered members.
8. Continuation of objectives i.e.  
To promote swimming as a way to fitness and health to all adults, regardless of age or ability.  
To provide programmes and incentives to keep members happy, healthy and swimming.  
To educate members re the physical and psychological benefits of fitness.  
To provide coaches of adult swimmers with all updated information relevant to their work.