AUSSI

MASTERS SWIMMING IN AUSTRALIA

SHORT COURSE TOP TEN 1989

AUSSI - MASTERS SWIMMING

TOP TEN SHORT COURSE 1989

For period: 1st October, 1988 to 30th September, 1989.(25m pool)

ABC	BELCONNEN WESTS
AOS	OASIS MASTERS
ATN	TUGGERANONG AUSSI
CKK	KATHERINE KROAKS
NAC	AQUATIC CENTRE
NAF	ASHFIELD MASTERS
NAM	ARMIDALE AUSSI
NAO	AUSSIE OLYMPIC
NBL	BALLINA BEANS
NBT	BLACKTOWN CITY
NCH	COFFS HARBOUR
NCR	COOGEE RANDWICK
NCS	CRONULLA SUTHERLAND
NCT	CAMPBELLTOWN AUSSI
NDB	DUBBO MASTERS
NET	ETTALONG
NFS	FAR SOUTH COAST
NGF	GUILDFORD YABBIES
NGS	GOSFORD SEA GULLS
NHL	HILLS AUSSI
NHN	HUNTER AUSSI
NKM	KIAMA AUSSI
NLC	LANE COVE MASTERS
NLS	LEISURE COAST
NML	MANLY AUSSI
NNS	NORTH SYDNEY AUSSI
NOF	OAK FLATS AUSSI
NPK	PARKES AUSSI
NRY	RYDE AUSSI
NSF	SMITHFIELD AUSSI
NSG	ST. GEORGE AUSSI
NSS	SANS SOUCI AUSSI
NTR	TRINITY AUSSI
NUN	UNI. OF NSW
NWG	WARRINGAH MASTERS
NWS	WESTERN SUBURBS
QAT	ATHERTON M MASTERS
QBK	BURDEKIN AUSSI
QBN	BRISBANE NORTHSIDE
QCC	COPPER CITY MASTERS
QCF	CARDWELL FLOUNDERS
QCM	CHANDLER MASTERS
QCN	CAIRNS MUD CRABS
QGC	GOLD COAST MASTERS
QHB	HERVEY BAY PELICAN
QMK	MACKAY MASTERS
QMM	MIAMI MASTERS
QPN	PENINSULAR MASTERS
QPW	POWERS MASTERS
QRH	ROCKHAMPTON AUSSI
QRT	RATS OF TOBRUK
QSC	SUNSHINE COAST
QSM	BRISBANE SOUTHSIDE
QTD	TWEED COOLANGATTA
QTS	TOWERS TORPEDOES
QTT	TWIN TOWNS AUSSI
QTV	TOWNSVILLE MASTERS
QTW	TOOWOOMBA MASTERS
QUW	UNI WAHOOS
QWS	BRISBANE WESTSIDE
SAM	ADELAIDE MASTERS
SAT	ATLANTIS
SLM	LINCOLN MASTERS
SMP	MOUNTAIN POOL
SMR	MARION
SRY	REYNELLA
STT	TEA TREE GULLY
SWD	WESTERN DISTRICTS
TDP	DEVONPORT DEVILS
THB	HOBART AUSSI
TLC	LAUNCESTON AUSSI
VAL	ALTONA ALLIGATORS
VBD	BADDAGINNIR AUSSI
VBL	BALLARAT AUSSI
VBN	BENDIGO MASTERS
VCY	CORRYONG MASTERS
VDC	DONCASTER DOLPHINS
VDV	DIAMOND VALLEY
VFR	FRANKSTON AUSSI
VGP	GIPPSLAND AUSSI
VMU	MELBOURNE UNI.
VNL	NORTH LODGE
VPP	POWERPOINTS
VRB	ROSEBUD RANAS
VRW	RINGWOOD AUSSI
VSA	SALE AUSSI
VSN	SUNSHINE SEN SWIMMERS
VSS	SYNDAL AUSSI
VWB	WARRNAMBOOL MASTERS
WAM	ARMADALE
WBM	BELMONT
WCM	CLAREMONT
WCR	CARINE
WEP	ESPERANCE AUSSI
WEX	EXMOUTH AUSSI
WIW	INGLEWOOD AUSSI
WKW	KENWICK AUSSI
WML	MELVILLE AUSSI
WMV	MAIDA VALE
WOP	OSBORNE PARK
WPC	PERTH CITY AUSSI
WRK	ROCKINGHAM AUSSI
WSM	SOMERSET AUSSI
WSS	SPEARWOOD SHARKS.
WWC	WEST COAST MASTERS
WWF	WHITFORD AUSSI

Compiled by: PETER GILLETT. NATIONAL RECORDER.

Event: 50m FREESTYLE AGE 20-25
Best Time: 26.07 S. CLARK

1	S. CLARK	24	QUW	26.07
2	C. ARTINI	23	NAD	27.03
3	M. THOMAS	21	NTR	27.33
4	A. TOKAY	23	VFR	27.54
5	D. JAMES	24	SWD	27.59
6	P. DALEY	21	NKM	27.81
7	W. AUSTIN	23	WOP	28.11
8	S. PRATT	23	QUW	28.45
9	S. ALLEN	23	NHN	28.59
10	M. BAGLEY	22	NML	28.60

Event: 100m FREESTYLE
Best Time: 54.02 R. MACKAY '83

1	D. ASHLEY	22	VFR	58.12
2	P. HERBST	22	NNS	1-00.77
3	D. JAMES	24	SWD	1-01.00
4	S. ALLEN	23	NHN	1-02.51
5	G. PETHER	23	WMV	1-05.36
6	C. THIEL	22	NNS	1-05.77
7	E. HEINISCH	20	SMR	1-06.47
8	T. SEDGMAN	23	SWD	1-07.19
9	M. NAMM	22	NTR	1-08.60
10	A. PECK	23	WSS	1-08.94

Event: 200m FREESTYLE
Best Time: 2-02.91 G. TONER '87

1	A. TOKAI	22	VFR	2-15.23
2	M. BAGLEY	22	NML	2-28.84
3	S. ALLEN	23	NHN	2-28.92
4	D. BOULTON	23	QUW	2-30.06
5	J. WARD	23	NBT	2-34.50
6	J. WEYMAN	23	NNS	2-39.65
7	A. PECK	23	WSS	2-42.28
8	A. CLARKE	20	NTR	2-44.67
9	K. BARNARD	21	QBN	2-49.19
10	G. PETHER	23	WMV	2-51.66

Event: 400m FREESTYLE
Best Time: 4-20.27 R. MACKAY '83

1	D. ASHLEY	22	VFR	4-37.38
2	S. ALLEN	23	NHN	5-19.73
3	J. WEYMAN	23	NNS	5-54.02
4	G. PETHER	22	WMV	5-58.88
5	A. PECK	23	WSS	5-59.26
6	S. REEVES	22	NSF	6-19.00
7	G. HARPER	22	NCT	6-20.67
8	T. LYNCH	22	NTW	6-28.00
9	A. BURGESS	23	VRW	7-37.27
10	M. DUCZEK	21	NSF	8-32.35

Event: 800m FREESTYLE AGE 20-24
Best Time: 9-17.08 G. TONER '85

1	S. ALLEN	23	NHN	11-30.56
2	J. WARD	22	NBT	12-02.14
3	A. PECK	23	WSS	12-13.76
4	T. LYNCH	23	NTW	13-10.44
5	S. REEVES	22	NSF	13-26.40
6	G. HARPER	23	NCT	14-02.56
7	M. DUCZEK	21	NSF	18-10.34
8	J. DI BENEDETTO	22	NSF	19-48.77

Event: 1500m FREESTYLE
Best Time: 19-40.00 K. O'LOUGHLIN '85

1	S. ALLEN	23	NHN	22-38.60
2	G. PETHER	23	WMV	23-35.70
3	A. PECK	23	WSS	23-44.09
5	G. HARPER	23	NCT	26-49.31
6	M. DUCZEK	21	NSF	34-09.22

Event: 3000m FREESTYLE
Best Time: 47-49.21 A. PECK

1	A. PECK	23	WSS	47-49.21

Event: 5000m FREESTYLE
Best Time: 62-29.23 M. PHILLIPS '85

1	A. PECK	23	WSS	85-21.81

Event: 1 HOUR FREESTYLE
Best Distance: 3665m A. PECK

1	A. PECK	23	WSS	3665m

Event: 50m BACKSTROKE
Best Time: 32.21 A. PECK

1	A. PECK	22	WSS	32.21
2	C. ARTINI	23	NAD	33.12
3	M. NANN	21	NTR	33.77
4	M. THOMAS	22	NTR	34.03
5	M. BAGLEY	22	NML	34.21
6	P. DALEY	21	NKM	34.78
7	W. AUSTIN	23	WOP	35.01
8	G. PETHER	23	WMV	35.75
8	J. McKIE	20	WMV	35.75
10	B. GREEN	20	VSS	36.54

Event: 100m BACKSTROKE AGE 20-24
Best Time: 1-13.88 A. PECK

1	A. PECK	23	WSS	1-13.88
2	M. BAGLEY	22	NML	1-16.78
3	W. AUSTIN	23	WOP	1-18.64
4	G. PETHER	23	WMV	1-18.84
5	E. HEINISCH	20	SMR	1-22.01
6	J. McKIE	20	WMV	1-23.69
7	J. WARD	23	NBT	1-29.69
8	A. CLARKE	20	NTR	1-30.77
9	J. WILSON	21	VSN	1-33.33
10	S. ALLEN	23	NHN	1-38.91

Event: 200m BACKSTROKE
Best Time: 2-52.51 A. PECK

1	A. PECK	23	WSS	2-52.51
2	E. HEINISCH	20	SMR	2-53.28
3	G. PETHER	23	WMV	3-07.43
4	T. LYNCH	23	NTW	3-27.69
5	S. ALLEN	23	NHN	3-40.83

Event: 400m BACKSTROKE
Best Time: 5-59.61 A. PECK

1	A. PECK	23	WSS	5-59.61
2	J. WARD	22	NBT	6-46.22
3	S. ALLEN	23	NHN	7-17.27
4	T. LYNCH	22	NTW	7-48.98

Event: 800m BACKSTROKE
Best Time: 13-18.06

1	G. PETHER	23	WMV	13-18.06

Event: 1500m BACKSTROKE
Best Time: 25-00.19

1	A. PECK	23	WSS	25-00.19

Event: 3000m BACKSTROKE
Best Time: 49-01.00 A. PECK '88

1	A. PECK	23	WSS	49-54.12

Event: 5000m BACKSTROKE
Best Time: 86-56.21 A. PECK

1	A. PECK	23	WSS	86-56.21

Event: 50m BREASTSTROKE AGE 20-24
Best Time: 33.47 S. CLARK

1	S. CLARK	24	QUW	33.47
2	S. PRATT	23	QUW	35.75
3	P. HERBST	23	NNS	35.77
4	M. NANN	21	NTR	37.25
5	A. PATRICK	22	NLS	37.53
6	R. CONTI	23	VSN	37.56
7	B. GIFFORD	24	VPP	39.11
8	C. WILSON	20	VNL	39.37
9	A. TOKAI	21	VFR	39.70
10	S. ALLEN	23	NHN	40.74

Event: 100m BREASTSTROKE
Best Time: 1-14.25 D. ASHLEY

1	D. ASHLEY	21	VFR	1-14.25
2	W. AUSTIN	23	WOP	1-22.82
3	R. CONTI	22	NSN	1-25.36
4	G. PETHER	22	WMV	1-33.08
5	A. PECK	23	WSS	1-33.13
6	P. BROWN	24	WSM	1-40.63
7	P. CRAIG	22	WCR	1-42.10
8	S. ALLEN	23	NHN	1-42.50
9	M. LOVEGROVE	24	WAR	1-50.02
10	R. BELLATO	22	NGF	1-57.20

Event: 200m BREASTSTROKE
Best Time: 2-39.25 R. ARMSTRONG

1	D. ASHLEY	22	VFR	2-40.79
2	S. PRATT	23	QUW	2-58.57
3	R. CONTI	23	VSN	3-07.03
4	A. PECK	23	WSS	3-29.26
5	S. ALLEN	23	NHN	3-32.61
6	P. BROWN	24	WSM	3-32.81
7	A. SMITH	24	SAT	3-33.25
8	J. WHITE	23	SAM	3-43.97
9	S. REEVES	22	NSF	3-52.17
10	J. DI BENEDETTO	22	NSF	5-30.81

Event: 400m BREASTSTROKE
Best Time: 6-21.78 I. GILLOTT '88

1	A. PECK	23	WSS	7-26.34
2	S. ALLEN	23	NHN	7-29.06
3	S. REEVES	22	NSF	7-38.63
4	A. SMITH	24	SAT	8-00.04
5	J. DI BENEDETTO	22	NSF	11-11.70

Event: 800m BREASTSTROKE
Best Time: 13-14.61 B. GIFFORD '88

1	S. ALLEN	23	NHN	14-56.87
2	A. PECK	23	WSS	15-36.50
3	A. SMITH	24	SAT	16-10.43
4	S. REEVES	23	NSF	16-16.66

Event: 1500m BREASTSTROKE AGE 20-24
Best Time: 29-14.96 A. PECK

1	A. PECK	23	WSS	29-14.96
2	A. SMITH	24	SAT	30-44.81
3	S. REEVES	23	NSF	30-51.82

Event: 3000m BREASTSTROKE
Best Time: 61-16.25 A. PECK

1	A. PECK	23	WSS	61-16.25
2	S. REEVES	23	NSF	63-06.52

Event: 5000m BREASTSTROKE
Best Time: 105-33.38 A. PECK

1	A. PECK	23	WSS	105-33.38

Event: 1 HOUR BREASTSTROKE
Best Distance: 2950m A PECK

1	A. PECK	23	WSS	2950m

Event: 50m BUTTERFLY
Best Time: 30.63 M. THOMAS

1	M. THOMAS	22	NTR	30.63
2	C. ARTINI	23	NAD	31.06
3	G. PETHER	23	WMV	31.66
4	A. PATRICK	22	NLS	32.68
5	A. SCREEN	22	VFR	32.69
6	W. AUSTIN	23	WOP	32.78
7	J. WARD	23	NBT	33.19
8	C. THIEL	22	NNS	33.36
8	A. TOKAI	22	VFR	33.36
10	B. GIFFORD	24	VPP	33.42

Event: 100m BUTTERFLY
Best Time: 1-17.97 E. HEINISCH

1	E. HEINISCH	20	SMR	1-17.97
2	G. HILL	22	SAM	1-21.25
3	J. WEYMAN	22	NNS	1-29.73
4	S. ALLEN	23	NIN	1-35.17
5	A. PECK	23	WSS	1-40.61

EVent: 200m BUTTERFLY
Best Time: 3-16.88 G. HILL

1	G. HILL	22	SAM	3-16.88
2	M. THOMAS	22	NTR	3-18.45
3	S. ALLEN	23	NIN	3-21.26
4	E. HEINISCH	20	SMR	3-22.29
5	A. PECK	23	WSS	4-00.27

Event: 100m INDIVIDUAL MEDLEY AGE 20-24
Best Time: 1-03.05 S. CLARK

1	S. CLARK	24	QUW	1-03.05
2	P. HERBST	23	NNS	1-09.66
3	D. JAMES	24	SWD	1-10.85
4	C. ARTINI	23	NAD	1-11.26
5	D. BOULTON	23	QUW	1-13.48
6	M. THOMAS	22	NTR	1-14.20
7	G. PETHER	23	WMV	1-14.42
8	B. GIFFORD	24	VPP	1-17.64
9	A. TOKAI	21	VFR	1-17.78
10	A. CLARKE	20	NTR	1-19.58

Event: 200m INDIVIDUAL MEDLEY
Best Time: 2-23.16 D. ASHLEY

1	D. ASHLEY	21	VFR	2-23.16
2	B. GIFFORD	24	VPP	2-50.54
3	G. PETHER	23	WMV	2-51.66
4	A. PECK	23	WSS	3-01.87
5	S. ALLEN	23	NIN	3-13.63

Event: 400m INDIVIDUAL MEDLEY
Best Time: 6-53.27 A. PECK

1	A. PECK	23	WSS	6-53.27
2	J. WARD	22	NBT	7-21.93

Event: 800m INDIVIDUAL MEDLEY
Best Time: 14-25.26 A. PECK

1	A. PECK	23	WSS	14-25.26

Event: 50m FREESTYLE AGE 25-29
Best Time: 24-14. M. MORGAN ;87

1	R. KATZ	25	NAD	25.73
2	S. MEARES	28	NWG	25.86
3	J. IOSSIFIDIS	27	VPP	26.06
4	J. HAWTON	25	NGF	26.63
5	O. STAATS	27	QUW	26.93
6	G. KEET	27	NNS	26.95
7	D. STRIKE	29	QCC	27.17
8	M. DEUNK	26	VSN	27.23
9	K. PATRICK	26	WCM	27.26
10	R. NELSON	25	VPP	27.31

Event: 100m FREESTYLE AGE 25-29
Best Time: 52.45 M. MORGAN '88

1	R. KATZ	25	NAO	55.63
2	J. IOSSIFIDIS	27	VPP	57.75
3	P. SAWREY	28	NNS	57.83
4	G. TONER	27	NGS	58.55
5	R. NELSON	25	VPP	58.93
6	J. HAWTON	25	NGF	59.88
7	I GILLOTT	25	NNS	1-00.01
8	O. STAATS	27	QUW	1-00.57
9	D. MACKAY	29	QSM	1-01.41
10	C. WHITEHAND	29	VNL	1-02.65

Event: 200m FREESTYLE
Best Time: 1-55.33 M. MORGAN '87

1	O. STAATS	27	QUW	2-14.55
2	M. TIBBITTS	29	QTV	2-21.35
3	D. STRIKE	29	QCC	2-21.64
4	D. McKILLOP	27	QTV	2-22.01
5	B. HODGSON	27	NAO	2-22.32
6	S. CLUFF	27	NGF	2-23.63
7	S. GORE	26	VPP	2-25.19
8	K. MURISON	29	QUW	2-26.69
9	J. MORRIS	29	WOP	2-29.56
10	A. KEET	27	NNS	2-32.77

Event: 400m FREESTYLE
Best Time: 4-19.72 G. GOODWIN '83

1	J. IOSSIFIDIS	27	VPP	4-47.14
2	C. WHITEHAND	29	VNL	4-52.06
3	B. HODGSON	27	NAO	5-00.11
4	J. HAWTON	25	NGF	5-14.10
5	S. BOWERS	28	NRY	5-15.83
6	H. GUSDORF	25	VNL	5-17.56
7	B. JOHNSTONE	28	NSF	5-24.79
8	M. DOWER	28	WCR	5-29.25
9	C. SCHULTZ	29	OS	5-33.47
10	D. MACKAY	28	NHN	5-34.37

Event: 800m FREESTYLE
Best Time: 9-26.73 M. SMEDLEY '88

1	S. BOWERS	28	NRY	11-01.28
2	J. HAWTON	25	NGF	11-07.56
3	D. STRIKE	29	QCC	11-16.85
4	B. JOHNSTONE	28	NSF	11-21.53
5	G. BACIC	28	QRT	11-32.22
6	J. WEST	27	QMM	11-35.04
7	H. GUSDORF	25	VNL	11-54.23
8	J. RISK	26	NGF	11-56.04
9	E. POOLE		VPP	11-57.47
10	B. WITHERS	25	NTW	12-03.44

Event: 1500m FREESTYLE AGE 25-29
Best Time: 21-33.80 J. HAWTON

1	J. HAWTON	25	NGF	21-33.80
2	S. BOWERS	28	NRY	21-45.37
3	R. CROLL	29	VSS	21-51.13
4	H. GUSDORF	25	VNL	22-41.32
5	B. JOHNSTONE	29	NSF	22-42.04
6	G. NORTHERN		VPP	23-36.35
7	J. RISK	26	NGF	24-17.20
8	R. LONGBOTTOM	29	WEP	24-27.00
9	W. GARDNER	27	NSF	26-29.00
10	B. ROBERTS	27	NSF	30-29.16

Event: 3000m FREESTYLE
Best Time: 35-37.90 M. BROWN '88

1	S. BOWERS	28	NRY	44-50.51
2	G. NORTHERN		VPP	47-30.66
3	J. RISK	26	NGF	48-47.00
4	G. JOHNSTONE	28	NSF	49-45.32
5	W. GARDNER	27	NSF	53-27.99
6	B. ROBERTS	27	NSF	62-54.80

Event: 500m FREESTYLE
Best Time: 64-25.00 S. WEBB '88

1	S. BOWERS	28	NRY	76-10.13
2	J. RISK	26	NGF	82-45.00
3	R. LONGBOTTOM	29	WEP	86-38.00

Event: 1 HOUR FREESTYLE
Best Distance: 4695m S. WEBB '88

1	S. BOWERS	28	NRY	4050m
2	S. BRADBURY	29	WCR	3810m
3	M. DOWER	28	WCR	3790m
4	G. JOHNSTONE	29	NSF	3600m
5	R. LONGBOTTOM	29	WEP	3575m
6	J. RISK	26	NGF	3550m
7	G. CLEARY	26	QTV	3275m
8	G. SENDERS	28	WOP	3075m
9	T. MARCH	29	WEP	2450m

Event: 50m BACKSTROKE
Best Time: 31.61 J. HAWTON

1	J. HAWTON	25	NGF	31.61
2	C. BROWN	25	VBL	32.60
3	H. GUSDORF	25	VNL	32.86
4	D. MACKAY	29	QSM	32.87
5	S. BOWERS	28	NRY	33.05
6	J. KATAL	26	VGP	33.32
7	B. BURROWES	27	SWD	33.73
8	R. CROLL	28	VSS	33.84
9	J. MORRIS	29	WOP	34.06
10	I. GILLOTT	25	NNS	34.11

Event: 100m BACKSTROKE AGE 25-29
Best Time: 1-07.75 P. SAWREY

1	P. SAWREY	28	NNS	1-07.75
2	J. HAWTON	25	NGF	1-08.42
3	T. HAINES	27	SAM	1-10.00
4	P. STACEY	25	VPP	1-13.21
5	S. BOWERS	28	NRY	1-14.53
6	I. GILLOTT	25	NNS	1-16.05
7	R. CROLL	29	VSS	1-16.22
8	B. GIFFORD	25	VPP	1-17.60
9	S. HYDE	28	NWG	1-17.91
10	B. BURROWES	26	SWD	1-18.78

Event: 200m BACKSTROKE
Best Time: 2-29.37 J. HAWTON

1	J. HAWTON	25	NGF	2-29.37
2	I. GILLOTT	26	NNS	2-35.96
3	S. BOWERS	28	NRY	2-45.25
4	C. WHITEHAND	29	VNL	2-47.36
5	B. BURROWES	27	SWD	2-47.88
6	M. TIBBITTS	29	QTV	2-50.85
7	P. MULLINS	29	NHN	2-59.77
8	M. CONDE	28	SAM	3-00.12
9	A. McCRYSTAL	25	QSM	3-16.28
10	G. SENDERS	28	WOP	3-31.73

Event: 400m BACKSTROKE
Best Time: 5-32.15 J. HAWTON

1	J. HAWTON	25	NGF	5-32.15
2	S. BOWERS	28	NRY	6-13.28
3	P. MULLINS	29	NHN	6-19.56
4	E. POOLE		VPP	6-37.56
5	J. MORRIS	29	WOP	6-39.60
6	J. RISK	26	NGF	7-04.93
7	G. FATSEAS	29	NGF	7-23.80
8	T. CALLANT	25	VNL	7-46.62
9	G. CLEARY	27	QTV	7-50.95
10	G. SENDERS	28	WOP	8-02.29

Event: 800m BACKSTROKE
Best Time: 12-11.86 J. HAWTON

1	J. HAWTON	25	NGF	12-11.86
2	S. BOWERS	28	NRY	12-35.27
3	P. MULLINS	29	NHN	13-10.42
4	E. POOLE		VPP	14-41.89
5	J. RISK	26	NGF	15-08.24

Event: 1500m BACKSTROKE AGE 25-29
Best Time: 24-35.28 J. IOSSIFIDIS

1	J. IOSSIFIDIS	27	VPP	24-35.28
2	S. BOWERS	28	NRY	25-05.67
3	B. CROLL	29	VSS	26-03.15
4	P. MULLINS	29	NHN	27-28.79
5	B. GIFFORD	25	VPP	28-26.09
6	J. RISK	25	NGF	29-47.09

Event: 3000m BACKSTROKE
Best Time: 47-45.20 S. BOWERS

1	S. BOWERS	28	NRY	47-45.20
2	J. RISK	26	NGF	58-27.96

Event: 5000m BACKSTROKE
Best Time: 86-06.00 B. BURROWES '88

1	S. BOWERS	28	NRY	88-05.21

Event: 1 HOUR BACKSTROKE
Best Distance: 3540m S. BOWERS

1	S. BOWERS	28	NRY	3540m
2	J. RISK	26	NGF	3000m

Event: 50m BREASTSTROKE
Best Time: 32.03 G. CARROLL '88

1	M. DEUNK	26	VSN	33.11
2	S. HYDE	28	NWG	34.56
3	T. HAINES	27	SAM	34.73
4	A. SOLTERBECK	26	VPP	35.00
5	O. STAATS	27	QUW	35.09
6	R. SHERWIN	26	NWG	36.40
7	D. MACKAY	28	NHN	36.58
8	G. TONER	27	NGS	36.89
9	G. KEET	27	NNS	36.93
10	S. WEBB	28	VNL	36.95

Event: 100m BREASTSTROKE
Best Time: 1-09.72 M. SMEDLEY '87

1	G. CARROLL	28	NAC	1-11.22
2	R. SHERWIN	26	NWG	1-11.65
3	M. DEUNK	26	VSN	1-15.63
4	S. HYDE	28	NWG	1-16.04
5	K. PATRICK	26	WCM	1-17.81
6	S. CORNELIUS	25	WOP	1-23.09
7	R. JOHNSON	25	WCM	1-24.57
8	G. SENDERS	28	WOP	1-25.31
9	J. RISK	26	NGF	1-26.88
10	J. KATAL	26	VGP	1-27.72

Event: 200m BREASTSTROKE AGE 25-29
Best Time: 2-33.25 M. SMEDLEY '88

1	G. LEAYR		VPP	2-46.84
2	M. DEUNK	26	VSN	2-53.05
3	D. STRIKE	29	QCC	3-01.09
4	P. MUTTON	26	SAM	3-09.33
5	G. CLEARY	26	QTV	3-10.55
6	G. SENDERS	29	WOP	3-12.29
7	G. DAVIS	27	SWD	3-12.84
8	M. CONDE	28	SAM	3-17.68
9	R. WILLIAMS	28	NTW	3-18.33
10	T. BLADON	25	VPP	3-20.04

Event: 400m BREASTSTROKE
Best Time: 5-48.93 A. GOULD '87

1	S. BOWERS	28	NRY	6-28.31
2	J. RISK	26	NGF	6-44.16
3	D. MACKAY	28	NHN	6-51.06
4	D. ANSELL	26	WMV	6-58.79
5	G. CLEARY	26	QTV	6-59.39
6	B. WOODWORTH	26	TLC	7-02.15
7	T. BLADON	25	VPP	7-13.70
8	G. FATSEAS	29	NGF	7-23.20
9	R. WILLIAMS	28	NTW	7-37.04
10	T. POUND	29	QRH	7-52.14

Event: 800m BREASTSTROKE
Best Time: 12-49.17 G. LEAYR '88

1	S. BOWERS	28	NRY	13-20.19
2	R. WILLIAMS	28	NTW	13-47.34
3	J. RISK	26	NGF	13-51.00
4	B. WOODWORTH	25	TLC	14-52.58
5	G. CLEARY	26	QTV	15-16.26

Event: 1500m BREASTSTROKE
Best Time: 26-21.63 S. BOWERS

1	S. BOWERS	28	NRY	26-21.63
2	J. RISK	26	NGF	26-52.79
3	G. FATSEAS	29	NGF	29-06.61
4	S. ATKINS		VPP	29-07.10
5	B. WOODWORTH	26	TLC	29-18.97
6	P. CHENOWITH		VPP	30-50.73

Event: 3000m BREASTSTROKE
Best Time: 54-21.42 S. BOWERS

1	S. BOWERS	28	NRY	54-21.42
2	J. RISK	26	NGF	55-58.63
3	B. WOODWORTH	26	TLC	61-04.30
4	G. FATSEAS	29	NGF	61-45.18

Event: 5000m BREASTSTROKE AGE25-29
Best Time: 94-39.31 J. RISK

1	J. RISK	26	NGF	94-39.31
2	S. BOWERS	28	NRY	95-01.37

Event: 1 HOUR BREASTSTROKE
Best Distance: 3200m S. BOWERS

1	S. BOWERS	28	NRY	3200m
2	J. RISK	26	NGF	3025m
3	B. WOODWORTH	26	TLC	3020m

Event: 50m BUTTERFLY
Best Time: 28.01 S. GORE

1	S. GORE	26	VPP	28.01
2	S. MEARES	28	NWG	29.11
3	J. IOSSIFIDIS	27	VPP	29.25
4	J. HAWTON	25	NGF	29.64
5	M. DEUNK	26	VSN	29.72
6	J. KATAL	26	VGP	29.75
7	I. GILLOTT	26	NNS	29.99
8	R. NELSON	25	VPP	30.18
9	D. McKILLOP	27	QTV	30.82
9	R. SHERWIN	26	NWG	30.82

Event: 100m BUTTERFLY
Best Time: 1-03.06 P. SAWREY

1	P. SAWREY	28	NNS	1-03.06
2	S. GORE	26	VPP	1-07.51
3	D. McGRATH	26	SWD	1-09.19
4	J. IOSSIFIDIS	27	VPP	1-09.57
5	S. CLUFF	27	NGF	1-09.58
6	J. HAWTON	25	NGF	1-10.68
7	D. STRIKE	29	QCC	1-11.99
8	P. CHENOWITH	28	VPP	1-17.28
9	P. MULLINS	29	NGN	1-18.89
10	M. FARRELLY	27	SAM	1-20.55

Event: 200m BUTTERFLY
Best Time: 2-20.52 M. SMEDLEY '88

1	I. GILLOTT	26	NNS	2-42.84
2	J. IOSSIFIDIS	27	VPP	2-57.53
3	S. BOWERS	28	NRY	3-10.21
4	D. McKILLOP	27	QTV	3-24.33
5	M. TIBBITTS	29	QTV	3-26.21
6	G. CLEARY	26	QTV	3-47.44

Event: 400m BUTTERFLY AGE 25-29
Best Time: 6-25.97 S. BOWERS

1	S. BOWERS	28	NRY	6-25.97

Event: 800m BUTTERFLY
Best Time: 13-57.12 S. BOWERS

1	S.BOWERS	28	NRY	13-57.12

Event: 1500m BUTTERFLY
Best Time: 29-27.83 S. BOWERS

1	S. BOWERS	28	NRY	29-27.83

Event: 100m INDIVIDUAL MEDLEY
Best Time: 1-01.91 M. MORGAN '87

1	S. MEARES	28	NWG	1-07.43
2	I. GILLOTT	25	NNS	1-09.38
3	G. TONER	27	NGS	1-10.06
4	C. BROWN	25	VBL	1-10.99
5	N. DEUNK	25	VSN	1-11.12
6	S. WEBB	28	VNL	1-11.84
7	S. HYDE	28	NWG	1-12.06
8	H. GUSDORF	25	VNL	1-12.30
9	S. BOWERS	28	NRY	1-13.03
10	J. IOSSIFIDIS	27	VPP	1-13.40

Event: 200m INDIVIDUAL MEDLEY
Best Time: 2-12.67 D. MACKAY

1	D. MACKAY	28	NHN	2-12.67
2	I. GILLOTT	25	NNS	2-33.55
3	H. GUSDORF	25	VNL	2-41.79
4	P. STACEY	25	VPP	2-46.27
5	S. CLUFF	27	NGF	2-47.69
6	M. TIBBITTS	29	QTV	2-52.53
7	A. SOLTERBECK	26	VPP	2-53.49
8	J. MORRIS	29	WOP	2-55.56
9	P. MULLINS	29	NHN	3-03.05
10	M. HENRY	28	WMV	3-03.10

Event: 400m INDIVIDUAL MEDLEY
Best Time: 4-57.38 M. SMEDLEY '88

1	S. BOWERS	28	NRY	6-19.53
2	P. MULLINS	29	NHN	6-40.99
3	G. CLEARY	27	QTV	6-55.69

Event: 800m INDIVIDUAL MEDLEY
Best Time: 13-15.74 S. BOWERS

1	S. BOWERS	28	NRY	13-15.74
2	P. MULLINS	29	NHN	14-36.92

Event: 50m FREESTYLE AGE 30-34
Best Time: 24.50 M. MORGAN

1	M. MORGAN	31	NWG	24.50
2	A. HUNTER	33	NNS	25.50
3	H. KLOUZAL	34	NWG	25.83
4	J. SCHMALENBACH	33	VSN	26.61
5	R. BUTCHER	30	VPP	26.77
6	G. WADSWORTH	30	VDC	26.90
7	J. CORLIS	32	QTV	27.33
8	P. RAYMONT	33	NWG	27.46
9	S. ARNOLD	30	NEP	27.50
9	J. PURSER	32	VPP	27.50

Event: 100m FREESTYLE
Best Time: 52.72 M. MORGAN '88

1	M. MORGAN	31	NWG	55.20
2	R. BUTCHER	30	VPP	57.56
3	J. SCHMALENBACH	33	SAM	59.81
3	T. BACKMAN	32	VSN	59.81
5	G. WADSWORTH	30	VDC	59.96
6	J. HOMANN	30	NBA	1-01.37
7	S. LINNET	32	NTR	1-01.63
8	M. TIBBITS	30	QTV	1-01.91
9	R. BASTOCK	34	NGS	1-02.19
10	D. VEAL	30	NWG	1-02.35

Event: 200m FREESTYLE
Best Time: 1-58.73 M. MORGAN '88

1	R. BUTCHER	30	VPP	2-03.89
2	C. AHERN	31	QCN	2-14.43
3	W. TAYLOR	31	VNL	2-16.38
4	M. WHITE	32	NTR	2-18.45
5	R. BASTOCK	34	NGS	2-19.77
6	M. TIBBITS	30	QTV	2-21.03
7	J. BARRETT	30	QRT	2-23.40
8	J. GRAY	34	QCC	2-23.53
9	S. LINNET	32	NTR	2-25.62
10	G. WADSWORTH	30	VDC	2-28.55

Event: 400m FREESTYLE
Best Time: 4-26.28 G. GOODWIN '87

1	R. BUTCHER	30	VPP	4-27.15
2	S. LINNET	32	NTR	4-49.16
3	M. TIBBITS	30	QTV	4-57.87
4	M. WHITE	32	NTR	5-04.57
5	G. WADSWORTH	30	VDC	5-06.19
6	G. BRADLEY	30	WMV	5-17.40
7	G. MAHER	32	WEP	5-20.00
8	E. ASTILL	32	NSF	5-20.83
9	G. HUGHES	34	NHN	5-22.57
10	S. BROWN	31	WMV	5-28.72

Event: 800m FREESTYLE AGE 30-34
Best Time: 9-40.22 A. HUNTER '86

1	C. AHERN	31	QCN	10-11.39
2	J. BARRETT	30	QRT	10-14.26
3	S. LINNET	32	NTR	10-20.00
4	M. TIBBITS	30	QTV	10-30.62
5	M. WHITE	32	NTR	10-34.37
6	J. GRAY	34	QCC	10-48.33
7	G. MAHER	32	WEP	11-06.00
8	E. ASTILL	31	NSF	11-08.51
9	G. BRADLEY	30	WMV	11-16.99
10	G. HUGHES	32	NHN	11-17.78

Event: 1 HOUR FREESTYLE AGE 30-34
Best Distance: 4450m S. LINNET

1	S. LINNET	32	NTR	4450m
2	E. ASTILL	32	NSF	4050m
3	T. GRANT		VPP	3750m
4	S. ANTHONY	30	TLC	3640m
5	N. BUCHANAN	34	WEP	3525m
6	P. HERMITAGE	33	QTV	3475m
7	D. RONAN	34	NHN	3440m
8	A. FRIDAY	33	WMV	3425m
9	P. MATHER	30	WEP	3375m
10	G. BROWN	34	QTV	3175m

Event: 1500m FREESTYLE
Best Time: 18-23.67 G. GOODWIN '88

1	S. LINNET	32	NTR	19-34.42
2	G. BRADLEY	30	WMV	21-15.73
3	E. ASTILL	31	NSF	21-16.59
4	T. GRANT		VPP	21-30.38
5	M. WOOD		VPP	22-53.06
6	B. MOTT	30	WWF	22-59.85
7	M. LEOPOLD	32	VDC	23-27.04
8	T. HOWES	31	NHN	23-35.22
9	K. BEAZLEY	33	NSG	23-46.62
10	P. MATHER	30	WEP	23-48.00

Event: 50m BACKSTROKE
Best Time: 31.51 R. BUTCHER

1	R. BUTCHER	30	VPP	31.51
2	H. KLOUZAL	34	NWG	32.23
3	R. MARCH	30	WOP	32.85
4	S. LINNET	32	NTR	33.60
5	G. WADSWORTH	30	VDC	34.42
6	J. COOPER	33	WSM	34.52
7	A. BROOM	31	NSF	34.69
8	J. HOMANN	30	NBA	35.10
9	M. SHEPPARD	31	VPP	35.28
10	R. LUXTON	30	QMB	35.46

Event: 3000m FREESTYLE
Best Time: 36-41.11 R. BUTCHER

1	R. BUTCHER	30	VPP	36-41.11
2	S. LINNET	32	NTR	40-39.21
3	E. ASTILL	31	NSF	42-39.52
4	T. GRANT		VPP	45-34.77
5	K. BEAZLEY	33	NSG	47-07.78
6	M. WOOD		VPP	47-19.72
7	T. HOWES	31	NHN	49-42.93
8	N. BUCHANAN	34	WEP	50-40.00
9	P. HERMITAGE	34	QTV	51-12.81
10	G. BROWN	34	QTV	54-31.41

Event: 100m BACKSTROKE
Best Time: 1-03.84 M. MORGAN '88

1	M. MORGAN	31	NWG	1-04.53
2	S. LINNET	32	NTR	1-12.92
3	G. WADSWORTH	30	VDC	1-12.99
4	J. MORRIS	30	WOP	1-16.02
5	G. SIMPSON	32	SAM	1-16.84
6	J. COOPER	33	WSM	1-17.52
7	S. BROWN	31	WMV	1-20.00
8	H. WHITE	30	NTR	1-20.43
9	B. LIPPIATT	31	WSM	1-21.63
10	T. GRANT	30	VPP	1-21.78

Event: 5000m FREESTYLE
Best Time: 67-31.67 S. LINNET

1	S. LINNET	32	NTR	67-31.67
2	B. BUCHANAN	34	WEP	86-16.00
3	P. MATHER	30	WEP	90-36.00
4	P. HERMITAGE	34	QTV	90-54.80
5	G. POETSCHKA	32	NTW	103-55.00

Event: 200m BACKSTROKE
Best Time: 2-16.11 R. DILL-MACKY '88

1	S. LINNET	32	NTR	2-41.22
2	G. BRADLEY	31	WMV	2-44.87
3	G. WADSWORTH	30	VDC	2-50.81
4	P. RAYMONT	34	NWG	2-51.97
5	H. WHITE	30	NTR	2-52.50
6	G. SIMPSON	32	SAM	2-56.53
7	R. MARSH	30	WOP	2-57.89
8	J. DE KONING	33	SAT	2-58.99
9	A. BROOM	32	NSF	2-59.22
10	S. BROWN	31	WMV	2-59.35

Event: 400m BACKSTROKE AGE 30-34
Best Time: 5-16.39 A. GODFREY

1	A. GODFREY	32	VPP	5-16.39
2	G. WADSWORTH	30	VDC	5-47.32
3	S. LINNET	32	NTR	5-47.54
4	R. BUTCHER	30	VPP	5-56.36
5	P. GEDDES	34	NGS	6-03.16
6	H. WHITE	30	NTR	6-04.48
7	M. TIBBITS	30	QTV	6-06.13
8	A. BROOM	32	NSF	6-07.02
9	E. ASTILL	32	NSF	6-19.32
10	T. GRANT	30	VPP	6-23.62

Event: 800m BACKSTROKE
Best Time: 11-11.05 A. GODFREY

1	A. GODFREY	32	VPP	11-11.05
2	G. WADSWORTH	30	VDC	12-00.81
3	S. LINNET	32	NTR	12-00.95
4	R. BUTCHER	30	VPP	12-32.40
5	P. GEDDES	34	NGS	12-41.16
6	E. ASTILL	31	NSF	13-00.13
7	T. GRANT	30	VPP	13-13.55
8	P. MULLINS	30	NHN	13-52.45
9	K. BEAZLEY	33	NSG	13-55.38
10	K. THEODORE	34	QPN	14-05.33

Event: 1500m BACKSTROKE
Best Time: 22-35.11 S. LINNET

1	S. LINNET	32	NTR	22-35.11
2	R. BUTCHER	30	VPP	23-35.63
3	P. GEDDES	34	NGS	24-38.01
4	A. BROOM	31	NSF	24-49.48
5	E. ASTILL	32	NSF	25-55.33
6	K. BEAZLEY	33	NSG	26-11.38
7	P. HERMITAGE	34	QTV	28-09.03
8	T. HOWES	31	NHN	28-13.64
9	N. BUCHANAN	34	WEP	32-26.00
10	A. FRIDAY	33	WMV	33-57.65

Event: 3000m BACKSTROKE
Best Time: 47-13.62 S. LINNET

1	S. LINNET	32	NTR	47-13.62
2	K. BEAZLEY	33	NSG	52-41.14
3	E. ASTILL	32	NSF	54-13.02
4	A. BROOM	31	NSF	54-58.02
5	T. GRANT	30	VPP	55-37.58
6	P. HERMITAGE	34	QTV	56-50.89
7	N. BUCHANAN	34	WEP	72-04.00

Event: 5000m BACKSTROKE AGE 30-34
Best Time: 83-29.25 D. KING '88

1	E. ASTILL	32	NSF	90-33.95
2	P. HERMITAGE	34	QTV	99-57.64
3	N. BUCHANAN	34	WEP	116-44.00

Event: 1 HOUR BACKSTROKE
Best Distance: 3730m D. KING '88

1	A. BROOM	31	NSF	3500m
2	E. ASTILL	32	NSF	3450m
3	K. BEAZLEY	33	NSG	3425m
4	T. GRANT	30	VPP	3200m
5	P. HERMITAGE	34	QTV	3000m
6	N. BUCHANAN	34	WEP	2625m

Event: 50m BREASTSTROKE
Best Time: 33.91 J. SCHMALENBACH

1	J. SCHMALENBACH	33	VSN	33.91
2	J. PLANNER	31	VFR	34.47
3	P. RAYMONT	33	NWG	34.51
4	P. KIRKWOOD	31	QSM	34.74
5	M. KLOUZAL	34	NWG	35.53
6	R. BUTCHER	30	VPP	35.79
7	M. SHEPPARD	31	VPP	36.34
8	J. TOWNEND	34	QMM	36.37
9	S. LINNET	32	NTR	36.52
10	J. PURSER	32	VPP	36.53
10	J. DE KONING	32	SAT	36.53

Event: 100m BREASTSTROKE
Best Time: 1-12.74 G. BUSH '82

1	J. SCHMALENBACH	33	VSN	1-14.72
2	M. SHEPPARD	31	VPP	1-18.33
3	P. RAYMONT	33	NWG	1-18.53
4	S. LINNET	32	NTR	1-20.42
5	S. ARNOLD	30	NEP	1-20.97
6	N. RYALL	31	WIW	1-22.89
7	T. GRANT	31	VPP	1-24.84
8	M. TIBBITS	30	QTV	1-26.06
9	J. BACON	34	VWB	1-26.36
10	M. WHITE	32	NTR	1-26.39

Event: 200m BREASTSTROKE AGE 30-34
Best Time: 2-47.00 K. SHEEHAN '85

1	M. SHEPPARD	31	VPP	2-48.38
2	J. SCHMALENBACH	33	SAM	2-54.44
3	S. LINNET	32	NTR	2-59.78
4	J. de KONING	32	SAT	3-00.67
5	J. PLANNER	32	VFR	3-02.51
6	T. GRANT	31	VPP	3-05.49
7	B. LIPPIATT	31	WSM	3-05.94
8	J. GRAY	34	QCC	3-12.10
9	A. LEGGATT	32	SAM	3-15.18
10	N. SMITH	30	SWD	3-15.80

Event: 400m BREASTSTROKE
Best Time: 6-06.77 K. SHEEHAN '85

1	S. LINNET	32	NTR	6-11.91
2	G. WADSWORTH	30	VDC	6-38.09
3	T. GRANT	31	VPP	6-52.73
4	T. HOWES	31	NHN	7-23.20
5	G. HUGHES	34	NHN	7-25.11
6	R. BUTCHER	30	VPP	7-29.95
7	E. ASTILL	32	NSF	7-29.96
8	K. THEODORE	33	QPN	7-30.37
9	N. BUCHANAN	34	WEP	7-33.00
10	P. HERMITAGE	34	QTV	7-33.05

Event: 800m BREASTSTROKE
Best Time: 12-41.91 M. SHEPPARD '88

1	T. GRANT	31	VPP	13-58.38
2	G. WADSWORTH	30	VDC	14-14.35
3	M. TIBBITS	30	QTV	14-33.10
4	T. HOWES	31	NHN	15-00.61
5	E. ASTILL	32	NSF	15-16.54
6	K. THEODORE	33	QPN	15-27.91
7	N. BUCHANAN	34	WEP	15-30.00
8	P. HERMITAGE	34	QTV	15-33.69
9	A. FRIDAY	33	WMV	16-02.85
10	G. RODRIGUEZ	33	NGF	16-43.05

Event: 1500m BREASTSTROKE
Best Time: 25-53.65 D. KING '88

1	N. BUCHANAN	34	WEP	29-53.00
2	E. ASTILL	32	NSF	30-14.04
3	P. HERMITAGE	34	QTV	30-21.37
4	G. BROWN	34	QTV	31-44.32
5	A. FRIDAY	32	WMV	32-37.23
6	A. PINCER	34	WSS	36-23.42

Event: 3000m BREASTSTROKE AGE 30-34
Best Time: 52-13.42 E. ASTILL

1	E. ASTILL	32	NSF	52-13.42
2	S. LINNET	32	NTR	53-41.23
3	T. GRANT	31	VPP	55-55.03
4	P. HERMITAGE	34	QTV	61-23.57
5	N. BUCHANAN	34	WEP	63-56.00
6	G. BROWN	34	QTV	64-18.02
7	A. PINCER	34	WSS	76-57.67

Event: 5000m BREASTSTROKE
Best Time: 92-26.42 D. KING '88

1	T. GRANT	31	VPP	95-49.15
2	E. ASTILL	32	NSF	107-36.90
3	P. HERMITAGE	34	QTV	108-12.33
4	G. BROWN	34	QTV	110-46.58
5	N. BUCHANAN	34	WEP	112-28.00

Event: 1 HOUR BREASTSTROKE
Best Distance: 3400m D. KING '88

1	T. GRANT	31	VPP	3200m
2	P. HERMITAGE	34	QTV	2950m
3	E. ASTILL	32	NSF	2900m
4	G. BROWN	34	QTV	2800m
4	N. BUCHANAN	34	WEP	2800m

Event: 50m BUTTERFLY
Best Time: 26.53 M. MORGAN

1	M. MORGAN	31	NWG	26.53
2	A. HUNTER	33	NNS	28.82
3	R. BUTCHER	30	VPP	29.25
4	D. GIBSON	33	VPP	29.92
5	W. TAYLOR	31	VNL	30.15
6	J. PURSER	32	VPP	30.32
7	L. MORGAN	34	NWG	30.44
8	R. MARCH	30	WOP	30.67
9	J. PERRY	32	VNL	30.83
10	T. BACKMAN	32	VSN	31.04

Event: 100m BUTTERFLY
Best Time: 1-00.27 M. MORGAN '88

1	M. MORGAN	31	NWG	1-01.86
2	N. MUNRO	31	QCN	1-09.17
3	G. SIMPSON	32	SAM	1-12.03
4	M. WHITE	32	NTR	1-13.71
5	S. BURCHILL	30	QMK	1-13.94
6	K. BEAZLEY	34	NSG	1-19.91
7	T. HOWES	31	NHN	1-25.52
8	K. THEODORE	34	QPN	1-27.46
9	M. TIBBITS	30	QTV	1-30.03
10	B. MOTT	30	WWF	1-36.89

Event: 200m BUTTERFLY AGE 30-34
Best Time: 2-17.97 R. BUTCHER

1	R. BUTCHER	30	VPP	2-17.97
2	A. HUNTER	33	NNS	2-22.84
3	G. SIMPSON	32	SAM	2-36.64
4	L. MORGAN	34	NWG	2-43.45
5	M. WHITE	32	NTR	2-53.21
6	J. TOWNEND	34	QMM	3-00.97
7	K. BEAZLEY	34	NSG	3-17.01
8	P. MATHER	30	WEP	3-54.00
9	D. HALEY	32	QSM	4-11.77
10	A. FRIDAY	34	WMV	4-15.98

Event: 400m BUTTERFLY
Best Time: 6-38.59 W. CRESWICK '86

1	T. GRANT	31	VPP	6-39.66
2	T. HOWES	31	NHN	7-11.80
3	P. HERMITAGE	34	QTV	7-57.91
4	P. MALONEY	30	WML	8-54.74
5	N. BUCHANAN	34	WEP	8-58.00
6	A. FRIDAY	33	WMV	9-17.25

Event: 800m BUTTERFLY
Best Time: 14-18.93 T. GRANT

1	T. GRANT	31	VPP	14-18.93
2	T. HOWES	31	NHN	14-58.68
3	E. ASTILL	32	NSF	15-44.41
4	P. HERMITAGE	34	QTV	16-22.66
5	N. BUCHANAN	34	WEP	19-40.00
6	A. FRIDAY	33	WMV	19-57.08

Event: 100m INDIVIDUAL MEDLEY
Best Time: 1-02.90 M. MORGAN '88

1	M. MORGAN	31	NWG	1-06.09
2	R. BUTCHER	30	VPP	1-06.74
3	A. HUNTER	33	NNS	1-06.88
4	H. KLOUZAL	34	NWG	1-07.45
5	N. MUNRO	31	QCN	1-09.71
6	C. AHERN	31	QCN	1-09.91
7	M. CRESWICK	33	QSC	1-10.14
8	S. ARNOLD	30	WEP	1-10.27
9	P. RAYMONT	33	NWG	1-10.49
10	S. LINNET	32	NTR	1-10.87

Event: 200m INDIVIDUAL MEDLEY AGE30-34
Best Time: 2-35.50 S. LINNET

1	S. LINNET	32	NTR	2-35.50
2	M. SHEPPARD	31	VPP	2-35.97
3	N. MUNRO	31	QCN	2-40.07
4	M. WHITE	32	NTR	2-45.28
5	J. PURSER	33	VPP	2-46.38
6	T. GRANT	31	VPP	2-47.23
7	J. BACON	34	VWB	2-49.46
8	K. BEAZLEY	34	NSG	2-50.99
9	J. GRAY	34	QCC	2-51.92
10	H. WHITE	30	NTR	2-52.26

Event: 400m INDIVIDUAL MEDLEY
Best Time: 5-26.52 M. SHEPPARD '88

1	R. BUTCHER	30	VPP	5-28.66
2	S. LINNET	31	NTR	5-49.99
3	M. WHITE	32	NTR	6-00.77
4	K. BEAZLEY	34	NSG	6-15.43
5	E. ASTILL	31	NSF	6-18.89
6	M. TIBBITS	30	QTV	6-24.99
7	T. HOWES	31	NHN	6-39.28
8	G. HUGHES	34	NHN	6-52.45
9	P. HERMITAGE	34	QTV	6-59.07
10	P. MULLINS	30	NHN	6-59.60

Event: 800m INDIVIDUAL MEDLEY
Best Time: 13-28.96 T. GRANT

1	T. GRANT	31	VPP	13-28.96
2	E. ASTILL	31	NSF	13-35.96
3	P. HERMITAGE	34	QTV	14-30.14
4	T. HOWES	31	NHN	14-31.31
5	P. MULLINS	30	NHN	15-22.43
6	B. MOTT	30	WWF	15-36.69
7	P. MALONEY	30	WML	15-48.95
8	N. BUCHANAN	34	WEP	16-31.00
9	A. FRIDAY	33	WMV	16-39.23

Event: 50m FREESTYLE AGE 35-39
Best Time: 25.35 N. ROGERS

1	N. ROGERS	36	NWG	25.35
2	G. HENRY	35	QMM	25.78
3	B. WILLIAMSON	36	NWS	26.93
4	T. DAY	37	NKM	27.28
5	A. HARLOW	37	VGP	27.39
6	J. WILLIAMS	35	NKM	27.53
7	I. HATFIELD	35	SRY	27.54
8	P. CLELAND	36	WML	27.68
9	G. SPOTSWOOD	35	VSN	28.04
10	D. KING	35	NRY	28.18

Event: 100m FREESTYLE AGE 35-39
Best Time: 1-00.05 A. HARLOW

1	A. HARLOW	37	VGP	1-00.05
2	D. KING	35	NRY	1-00.09
3	T. DAY	37	NKM	1-00.84
4	K. SHEEHAN	36	WCM	1-00.88
5	J. WILLIAMS	35	NKM	1-01.30
6	D. WARNER	37	VMU	1-01.71
7	R. BASTOCK	35	NGS	1-02.16
8	S. TWARTZ	37	NHL	1-02.97
9	M. EAVES	36	VWB	1-04.02
10	G. McNEE	37	NWG	1-04.09

Event: 1500m FREESTYLE AGE 35-39
Best Time: 20-03.64 D. BRADY

1	D. BRADY	38	SRY	20-03.64
2	P. FORBES	37	WWF	20-20.96
3	A. CUMMING	35	NRY	20-37.80
4	S. TWARTZ	37	NHL	21-58.50
5	J. HARRIS	38	SRY	23-07.32
6	M. BURNS	36	VDC	23-27.27
7	J. WILLIAMS	36	NKM	23-41.53
8	J. STONE	39	WWF	24-13.78
9	G. LYMN	38	WMV	24-53.20
10	G. CUNNINGHAM	39	NCT	24-58.77

Event: 200m FREESTYLE
Best Time: 2-12.05 T. PASFIELD '86

1	D. WARNER	37	VMU	2-14.80
2	T. DAY	37	NKM	2-16.86
3	S. TWARTZ	37	NHL	2-18.30
4	P. WILLIAMS	39	ATN	2-20.68
5	A. HARLOW	37	VGP	2-20.85
6	G. McNEE	36	NWG	2-25.28
7	P. HUMPHREY	37	NLS	2-25.74
8	G. ANNEAR	38	NHL	2-25.79
9	D. LOADER	35	NHL	2-26.63
10	W. CRESWICK	36	NKM	2-27.39

Event: 3000m FREESTYLE
Best Time: 44-12.80 G. ANNEAR

1	G. ANNEAR	38	NHL	44-12.80
2	S. TWARTZ	37	NML	45-30.07
3	M. BURNS	36	VDC	47-53.85
4	G. RYAN	38	WEP	51-05.00
5	M. O'SHANNASSY	35	VPP	52-28.89
6	G. LYMN	38	WMV	52-43.29
7	R. KIDD	38	NHN	54-31.33
8	R. EAST	35	VSS	55-22.73
9	I. TOWNSON	35	WSS	57-07.07
10	R. WILCOXON	38	NGF	57-22.95

Event: 400m FREESTYLE
Best Time: 4-57.88 T. DAY

1	T. DAY	37	NKM	4-57.88
2	L. CUNEO	35	WMV	5-01.32
3	D. KING	35	NRY	5-02.18
4	P. FORBES	38	WWF	5-04.17
5	P. HUMPHREY	37	NLS	5-11.58
6	S. WALKER	35	SAM	5-12.15
7	J. WILLIAMS	35	NKM	5-12.16
8	A. CUMMINS	35	NRY	5-13.91
9	D. BRADY	38	SRY	5-16.70
10	W. CRESWICK	36	NKM	5-18.60

Event: 5000m FREESTYLE
Best Time: 74-24.17 D. KING

1	D. KING	35	NRY	74-24.17
2	G. EDWARDS	36	WSS	78-24.26
3	M. BURNS	36	VDC	82-16.64
4	G. RYAN	38	WEP	91-06.00
5	R. EAST	35	VSS	92-50.51
6	G. LYMN	38	WMV	93-00.26
7	R. KIDD	38	NHN	93-33.65
8	M. DUNN	38	NTW	96-15.00
9	R. WILCOXON	38	NGF	103-46.64
10	I. BECKINGHAM	38	ABC	104-43.70

Event: 800m FREESTYLE
Best Time: 9-38.04 G. PHIPPS '87

1	P. FORBES	37	WWF	10-30.55
2	G. HENRY	35	QMM	10-30.89
3	L. CUNEO	35	WMV	10-31.84
4	S. WALKER	35	SAM	10-33.78
5	S. TWARTZ	37	NHL	10-38.39
6	D. BRADY	38	SRY	10-38.62
7	T. DAY	36	NKM	10-40.13
8	W. CRESWICK	36	NKM	10-57.58
9	G. ANNEAR	38	NHL	11-01.73
10	D. KING	35	NRY	11-11.00

Event: 1 HOUR FREESTYLE
Best Distance: 3965m S. TWARTZ

1	S. TWARTZ	37	NHL	3965m
2	M. BURNS	36	VDC	3760m
3	G. LYMN	38	WMV	3475m
4	R. KIDD	37	NHN	3388m
5	R. EAST	35	VSS	3350m
6	J. KOPLICK	37	QTW	3250m
7	G. RYAN	38	WEP	3235m
8	R. PINKERTON	37	NHN	3200m
9	R. WILCOXON	36	NGF	3150m
10	P. THOMAS	35	WEP	3120m

Event: 50m BACKSTROKE AGE 35-39
Best Time: 31.81 D. TANTAU

1	D. TANTAU	35	VGP	31.81
2	P. CLELAND	36	WML	31.99
3	T. DAY	37	NKM	32.76
4	D. KEATS	39	THB	33.55
5	B. WILLIAMSON	36	NWS	34.48
6	G. HENRY	35	QMM	34.57
7	R. McCARTNEY	35	VFR	34.71
8	P. GEDDES	35	NTR	34.85
9	M. EAVES	36	VWB	35.03
10	S. TWARTZ	37	NHL	35.27

Event: 100m BACKSTROKE
Best Time: 1-13.83 T. DAY

1	T. DAY	37	NKM	1-13.83
2	D. KING	35	NRY	1-15.06
3	M. EAVES	36	VWB	1-15.38
4	P. GEDDES	35	NTR	1-16.26
5	D. KEATS	39	THB	1-16.79
6	J. WILLIAMS	35	NKM	1-19.56
7	I. HATFIELD	35	SRY	1-19.64
8	W. CRESWICK	36	NKM	1-19.79
9	S. WALKER	35	SAM	1-19.80
10	I. BRABIN	36	QCN	1-23.73

Event: 200m BACKSTROKE
Best Time: 2-35.01 J. COVACEVICH '86

1	T. DAY	37	NKM	2-37.51
2	S. TWARTZ	37	NHL	2-45.00
3	D. KING	35	NRY	2-45.46
4	P. GEDDES	35	NTR	2-48.07
5	W. CRESWICK	36	NKM	2-50.49
6	D. LOADER	36	NHL	2-56.63
7	J. WILLIAMS	35	NKM	3-05.10
8	M. BURNS	36	VDC	3-13.20
9	R. GRAY	37	WKW	3-18.55
10	K. CALDWELL	35	QTV	3-21.25

Event: 400m BACKSTROKE
Best Time: 5-39.85 T. DAY

1	T. DAY	37	NKM	5-39.85
2	P. GEDDES	35	NTR	5-54.33
3	W. CRESWICK	36	NKM	5-55.29
4	D. KING	35	NRY	6-00.51
5	J. WILLIAMS	35	NKM	6-07.80
6	R. EAST	35	VSS	6-29.56
7	P. FORBES	38	WWF	6-34.88
8	M. BURNS	36	VDC	6-37.54
9	D. LOADER	35	NHL	6-38.93
10	P. OGDEN	39	TLC	6-48.96

Event: 800m BACKSTROKE AGE 35-39
Best Time: 11-36.66 T. DAY

1	T. DAY	37	NKM	11-36.66
2	D. KING	35	NRY	12-05.30
3	P. GEDDES	35	NTR	12-15.78
4	W. CRESWICK	36	NKM	12-15.81
5	A. JONES	39	NTW	13-16.52
6	P. FORBES	37	WWF	13-31.97
7	J. WILLIAMS	36	NKM	13-35.82
8	R. EAST	35	VSS	13-46.82
9	M. BURNS	36	VDC	14-03.71
10	R. GRAY	37	WKW	14-24.54

Event: 1500m BACKSTROKE
Best Time: 22-50.29 D. KING

1	D. KING	35	NRY	22-50.29
2	P. GEDDES	35	NTR	23-58.70
3	J. WILLIAMS	36	NKM	26-15.62
4	R. EAST	35	VSS	26-20.89
5	M. BURNS	36	VDC	27-16.81
6	R. GRAY	37	WKW	28-11.32
7	G. HUGHES	35	NHN	28-56.13
8	G. RYAN	38	WEP	29-39.00
9	C. ENNIS		VPP	30-07.34
10	B. EBELING	36	NHN	30-49.86

Event: 3000m BACKSTROKE
Best Time: 47-45.23 D. KING

1	D. KING	35	NRY	47-45.23
2	P. FORBES	37	WWF	52-17.62
3	M. BURNS	36	VDC	55-13.41
4	R. EAST	35	VSS	55-34.22
5	R. KIDD	38	NHN	66-05.31
6	T. ROBINSON	35	NHN	70-19.00
7	B. LANGFIELD	35	WWF	77-21.51

Event: 5000m BACKSTROKE
Best Time: 81-52.82 D. KING

1	D. KING	35	NRY	81-52.82
2	R. EAST	35	VSS	96-25.00
3	M. BURNS	36	VDC	96-28.74
4	B. LANGFIELD	35	WWF	98-55.33
5	T. ROBINSON	35	NHN	127-03.40

Event: 1 HOUR BACKSTROKE AGE 35-39
Best Distance: 3770m D. KING

1	D. KING	35	NRY	3770m
2	M. BURNS	36	VDC	3180m
3	R. EAST	35	VSS	3150m
4	R. GRAY	37	WKW	3000m
5	R. KIDD	37	NHN	2762m
6	T. ROBINSON	35	NHN	2625m
7	B. LANGFIELD	35	WWF	2250m

Event: 50m BREASTSTROKE
Best Time: 33.61 H, DONDERO '87

1	W. CRESWICK	36	NKM	34.21
2	S. TWARTZ	37	NHL	36.49
3	R. McLEOD	39	NCT	36.98
4	D. HENKE	38	VFR	37.13
5	D. ROPE	#&	NTR	37.20
6	D. TANTAU	35	VGP	37.27
7	M. BURNS	36	VDC	37.30
8	D. KING	35	NRY	38.26
9	J. BACON	35	VWB	38.40
10	T. DAY	37	NKM	38.44

Event: 100m BREASTSTROKE
Best Time: 1-14.27 K. SHEEHAN

1	K. SHEEHAN	36	WCM	1-14.27
2	W. CRESWICK	36	NKM	1-17.03
3	S. TWARTZ	37	NHL	1-21.75
4	R. McINNES	36	NNS	1-24.75
5	J. WILLIAMS	35	NKM	1-25.86
6	J. BACON	35	VWB	1-26.02
7	D. HENKE	38	VFR	1-26.41
8	N. CARINS	37	THB	1-26.50
9	M. EAVES	36	VWB	1-26.65
10	D. KING	35	NRY	1-27.75

Event: 200m BREASTSTROKE
Best Time: 2-44.53 T. FISHER '88

1	W. CRESWICK	36	NKM	2-56.59
2	M. SMITH	39	SAM	2-59.59
3	B. TURNER	39	VNL	3-05.88
4	I. HATFIELD	35	SRY	3-05.97
5	S. WALKER	35	SAM	3-06.34
6	B. McNEVEN	35	WSM	3-13.80
7	N. CARINS	37	THB	3-14.19
8	D. HENKE	38	VFR	3-14.26
9	M. BURNS	37	VDC	3-14.63
10	J. BACON	35	VWB	3-14.98

Event: 400m BREASTSTROKE AGE 35-39
Best Time: 5-46.16 T. SAVIC '86

1	W. CRESWICK	36	NKM	6-13.99
2	D. KING	35	NRY	6-22.08
3	J. WILLIAMS	35	NKM	6-43.38
4	M. BURNS	37	VDC	6-43.42
5	L. CUNEO	35	WMV	6-58.40
6	T. DAY	37	NKM	7-04.31
7	R. WILCOXON	37	NGF	7-07.67
8	K. CALDWELL	35	QTV	7-14.48
9	R. WILLIAMS	39	QTW	7-16.48
10	M. DUNN	38	NTW	7-19.44

Event: 800m BREASTSTROKE
Best Time: 12-46.80 P. WYATT '86

1	D. KING	35	NRY	12-57.35
2	W. CRESWICK	36	NKM	13-06.69
3	M. BURNS	37	VDC	13-42.44
4	T. DAY	37	NKM	14-33.36
5	J. WILLIAMS	36	NKM	14-35.58
6	K. CALDWELL	35	QTV	15-13.36
7	R. WILCOXON	38	NGF	15-16.37
8	R. MCLEOD	39	NCT	15-38.72
9	B. CROWE	37	WWF	15-38.87
10	R. PINKERTON	37	NHN	15-45.57

Event: 1500m BREASTSTROKE
Best Time: 25-31.52 D. KING

1	D. KING	35	NRY	25-31.52
2	S. TWARTZ	37	NHL	26-48.03
3	M. BURNS	36	VDC	27-08.11
4	J. WILLIAMS	36	NKM	28-28.96
5	B. CROWE	37	WWF	30-15.61
6	K. BINGHAM	36	WMV	30-42.16
7	R. WILCOXON	36	NGF	30-50.00
8	T. ROBINSON	35	NHN	31-59.90
9	R. PINKERTON	38	NHN	32-00.22
10	R. EAST	35	VSS	32-34.64

Event: 3000m BREASTSTROKE
Best Time: 52-39.10 D. KING

1	D. KING	35	NRY	52-39.10
2	S. TWARTZ	37	NHL	54-54.25
3	M. BURNS	36	VDC	55-02.13
4	R. WILCOXON	36	NGF	60-52.64
5	K. BINGHAM	37	WMV	64-35.20
6	T. ROBINSON	35	NHN	65-25.90
7	R. EAST	35	VSS	65-37.53
8	R. KIDD	38	NHN	70-42.79
9	G. EDWARDS	36	WSS	74-42.67
10	S. YEO	36	NHL	82-47.20

Event: 5000m BREASTSTROKE AGE 35-39
Best Time: 89-54.73 D. KING

1	D. KING	35	NRY	89-54.73
2	M. BURNS	36	VDC	97-39.67
3	R. EAST	35	VSS	115-53.69
4	B. CROWE	37	WWF	115-56.38
5	T. ROBINSON	35	NHN	116-13.00

Event: 1 HOUR BREASTSTROKE
Best Distance: 3410m D. KING

1	D. KING	35	NRY	3410m
2	M. BURNS	36	VDC	3280m
3	J. KOPLICK	38	QTW	3050m
4	T. ROBINSON	35	NHN	2850m
5	K. BINGHAM	37	WMV	2840m
6	R. EAST	35	VSS	2650m
7	M. BYRNE	37	WMV	2565m
8	R. KIDD	38	NHN	2523m
9	B. LANGFIELD	35	WWF	2225m
10	S. YEO	36	NHL	2185m

Event: 50m BUTTERFLY
Best Time: 27.33 N. ROGERS

1	N. ROGERS	36	NWG	27.33
2	M. EAVES	36	VWB	29.79
3	P. CLELAND	36	WML	29.98
4	G. SPOTSWOOD	35	VSN	30.16
5	K. SHEEHAN	36	WCM	30.50
6	R. BASTOCK	35	NGS	31.21
7	L. SEVARACZ	36	VPP	31.47
8	S. TWARTZ	36	NHL	32.27
9	A. HARLOW	37	VGP	32.45
9	G. McNEE	36	NWG	32.45

Event: 100m BUTTERFLY
Best Time: 1-00.67 N. ROGERS

1	N. ROGERS	36	NWG	1-00.67
2	L. SEVARACZ	36	VPP	1-06.97
3	M. EAVES	36	VWB	1-13.97
4	A. CUMMING	35	NRY	1-14.87
5	G. McNEE	36	NWG	1-17.00
6	J. BACON	35	VWB	1-19.89
7	M. SMITH	39	SAM	1-23.28
8	M. BURNS	36	VDC	1-24.09
9	J. WILLIAMS	35	NKM	1-25.76
10	B. JAMES	39	QRT	1-27.27

Event: 200m BUTTERFLY AGE 35-39
Best Time: 2-27.09 L. SEVARACZ

1	L. SEVARACZ	36	VPP	2-27.09
2	D. LOADER	36	NHL	2-59.19
3	M. SMITH	39	SAM	3-04.42
4	M. BURNS	36	VDC	3-11.85
5	J. WILLIAMS	36	NKM	3-29.16
6	K. CALDWELL	35	QTV	3-33.89
7	M. MacDONALD	39	QTV	3-44.03
8	R. McLEOD	39	NCT	3-50.66
9	P. WHITE	39	QTV	3-53.65
10	R. KENDALL	37	QTV	3-59.15

Event: 400m BUTTERFLY
Best Time: 6-28.12 W. CRESWICK

1	W. CRESWICK	36	NKM	6-28.12
2	M. BURNS	36	VDC	6-40.45
3	S. TWARTZ	37	NHL	6-52.20
4	D. KING	35	NRY	7-51.87
5	K. CALDWELL	35	QTV	8-01.91
6	R. McLEOD	39	NCT	8-04.36
7	R. KIDD	38	NHN	9-19.09

Event: 800m BUTTERFLY
Best Time: 13-48.52 W. CRESWICK

1	W. CRESWICK	36	NKM	13-48.52
2	M. BURNS	37	VDC	14-03.63
3	D. KING	35	NRY	14-54.47
4	R. McLEOD	39	NCT	17-56.38
5	R. EAST	35	VSS	18-14.70
6	R. KIDD	38	NHN	19-06.73

Event: 100m INDIVIDUAL MEDLEY
Best Time: 1-07.38 G. HENRY

1	G. HENRY	35	QMM	1-07.38
2	K. SHEEHAN	36	WCM	1-09.03
3	P. CLELAND	36	WML	1-09.89
4	M. EAVES	36	VWB	1-11.16
5	D. KING	35	NRY	1-11.18
6	W. CRESWICK	36	NKM	1-11.53
7	S. TWARTZ	37	NHL	1-11.87
8	S. WALKER	35	SAM	1-13.84
9	T. DAY	37	NKM	1-14.01
10	P. EMERY	39	QSC	1-14.58

Event: 200m INDIVIDUAL MEDLEY AGE 35-39
Best Time: 2-39.02 S. TWARTZ

1	S. TWARTZ	36	NHL	2-39.02
2	M. EAVES	36	VWB	2-40.83
3	T. DAY	37	NKM	2-42.81
4	W. CRESWICK	36	NKM	2-42.91
5	D. LOADER	35	NHL	2-47.06
6	D. KING	35	NRY	2-47.44
7	J. WILLIAMS	35	NKM	2-49.62
8	G. McNEE	36	NWG	2-56.25
9	G. ANNEAR	38	NHL	2-59.30
10	R. McCARTNEY	36	VFR	3-03.49

Event: 400m INDIVIDUAL MEDLEY
Best Time: 5-24.29 J. COVACEVICH '88

1	T. DAY	37	NKM	5-58.28
2	D. KING	35	NRY	5-59.51
2	W. CRESWICK	36	NKM	5-59.51
4	M. EAVES	36	VWB	6-02.15
5	S. TWARTZ	36	NHL	6-02.28
6	J. WILLIAMS	35	NKM	6-07.15
7	M. BURNS	36	VDC	6-26.04
8	P. FORBES	37	WWF	6-36.70
9	G. ANNEAR	38	NHL	6-43.49
10	G. HUGHES	35	NHN	6-55.48

Event: 800m INDIVIDUAL MEDLEY
Best Time: 11-50.68 P. WYATT '86

1	D. KING	35	NRY	12-26.23
2	W. CRESWICK	36	NKM	12-32.44
3	S. TWARTZ	37	NHL	12-58.11
4	M. BURNS	37	VDC	13-14.82
5	J. WILLIAMS	35	NKM	13-26.82
6	R. EAST	35	VSS	15-17.69
7	R. McLEOD	39	NCT	16-45.02
8	R. KIDD	38	NHN	16-51.93

Event: 50m FREESTYLE AGE 40-44
Best Time: 25.94 G. ROGERS

1	G. ROGERS	40	NWG	25.94
2	G. CROFT	40	WIW	27.34
3	B. SEYMOUR	41	NWG	28.03
4	B. EASTOE	41	VPP	28.07
5	T. FISHER	41	NNS	28.11
6	J. BYROM	42	NSG	28.14
7	P. JOY	42	NWG	28.18
8	P. GOSS	41	TLC	28.28
9	R. PHEGAN	42	NRY	28.50
10	B. LARTER	42	NDB	28.53

Event: 100m FREESTYLE AGE 40-44
Best Time: 56.97 G. ROGERS

1	G. ROGERS	40	NWG	56.97
2	B. SEYMOUR	41	NWG	1-00.96
3	P. GOSS	41	TLC	1-02.18
4	R. PHEGAN	42	NRY	1-02.36
5	P. JOY	42	NWG	1-02.73
6	N. VENN	43	WOP	1-04.66
7	G. WINDUSS	42	VDC	1-05.91
8	R. WALKER	41	QMM	1-06.34
9	C. LOWRY	42	NWG	1-06.49
10	J. ANGOVE	40	WCM	1-06.58

Event: 200m FREESTYLE
Best Time: 2-12.28 B. SEYMOUR '88

1	P. JOY	42	NWG	2-18.75
2	G. CROFT	40	WIW	2-20.02
3	P. DRISCOLL	43	WCM	2-22.80
4	N. VENN	42	WOP	2-26.32
5	J. SCOTT	43	NHN	2-30.41
6	B. NICHOLAS	44	WCM	2-33.33
7	F. GODDEN	44	VDC	2-33.74
8	D. OXER		WCM	2-33.87
9	A. McGREGOR	40	WCM	2-34.29
10	C. KIRKLAND	44	NCT	2-35.98

Event: 400m FREESTYLE
Best Time: 4-52.77 R. PHEGAN

1	R. PHEGAN	42	NRY	4-52.77
2	G. WINDUSS	42	VDC	4-57.22
3	F. GODDEN	44	VDC	5-18.58
4	R. CORAM	42	WEP	5-24.00
5	J. SCOTT	43	NHN	5-28.13
6	P. WYATT	42	NCR	5-30.03
7	C. HAHN	42	NCR	5-30.96
8	A. de LACY	42	WEP	5-34.00
9	G. BACKUS	41	VSN	5-43.77
10	C. KIRKLAND	44	NCT	5-48.93

Event: 800m FREESTYLE
Best Time: 10-25.01 A. STRAHAN '86

1	R. CORAM	42	WEP	11-02.00
2	J. SCOTT	43	NHN	11-12.45
3	F. GODDEN	44	VDC	11-13.96
4	P. WYATT	42	NCR	11-26.37
5	R. TILLEY	42	QSM	11-47.20
6	C. HAHN	42	NCR	11-49.02
7	A. de LACY	42	WEP	11-55.00
8	C. KIRKLAND	44	NCT	12-09.18
9	R. MILLARD	44	WEP	12-10.00
10	R. ASHTON	42	NHL	12-21.83

Event: 1500m FREESTYLE AGE 40-44
Best Time: 21-21.00 R. CORAM

1	R. CORAM	42	WEP	21-21.00
2	R. PHEGAN	42	NRY	21-33.59
3	F. GODDEN	44	VDC	22-08.27
4	G. WILLIAMS	42	WMV	22-21.34
5	C. HAHN	42	NCR	22-26.10
6	A. de LACY	42	WEP	22-48.00
7	R. MILLARD	44	WEP	23-00.00
8	R. ASHTON	42	NHL	23-30.95
9	B. EDMUNDS	41	NSF	24-28.32
10	A. RENNIE	43	VDC	24-29.31

Event: 3000m FREESTYLE
Best Time: 39-45.62 P. JOY '87

1	R. CORAM	42	WEP	43-20.00
2	F. GODDEN	44	VDC	44-22.67
3	C. HAHN	42	NCR	45-29.85
4	R. PHEGAN	42	NRY	45-35.00
5	B. EASTOE	41	VPP	46-01.82
6	R. MILLARD	44	WEP	46-34.00
7	C. KIRKLAND	44	NCT	49-11.96
8	A. RENNIE	43	VDC	50-34.40
9	B. COWDELL	44	ABC	51-33.16
10	G. BUTLER	43	NHN	51-46.68

Event: 5000m FREESTYLE
Best Time: 66-48.13 P. JOY '87

1	R. CORAM	42	WEP	73-12.00
2	R. MILLARD	44	WEP	81-40.00
3	J. DEMOEN	42	WEP	97-20.00

Event: 1 HOUR FREESTYLE
Best Distance: 4500m P. JOY '87

1	R. CORAM	42	WEP	4125m
2	C. HAHN	42	NCR	3935m
3	R. MILLARD	44	WEP	3700m
4	B. COWDELL	44	ABC	3475m
5	G. BUTLER	40	WSS	3150m
6	G. DONOVAN	40	WEP	3125m

Event: 50m BACKSTROKE AGE 40-44
Best Time: 33.33 J. BYROM

1	J. BYROM	42	NSG	33.33
2	P. GOSS	41	TLC	33.44
3	C. WILLIAMS	43	NAF	33.82
4	B. SEYMOUR	41	NWG	33.89
5	T. LEWIS	41	VPP	34.20
6	J. FUSSELL	42	WOP	35.09
7	J. ANGOVE	40	WCM	37.27
8	R. KINDER	41	NML	37.35
9	B. EASTOE	41	VPP	37.65
10	P. JOY	42	NWG	37.83

Event: 100m BACKSTROKE
Best Time: 1-12.20 B. SEYMOUR

1	B. SEYMOUR	41	NWG	1-12.20
2	B. HAYES	43	NWG	1-15.74
3	L. CLARK	40	WWC	1-18.70
4	P. GOSS	41	TLC	1-18.76
5	J. ANGOVE	40	WCM	1-21.59
6	J. DEAN	40	SAM	1-21.62
7	G. BACKUS	42	VSN	1-23.71
8	R. CORAM	42	WEP	1-25.00
9	P. GREEN	40	STT	1-25.09
10	R. WALKER	41	QMM	1-26.91

Event: 200m BACKSTROKE
Best Time: 2-39.35 B. SEYMOUR

1	B. SEYMOUR	41	NWG	2-39.35
2	B. HAYES	43	NWG	2-48.94
3	P. GOSS	41	TLC	2-53.30
4	G. WINDUSS	42	VDC	2-59.22
5	R. CORAM	42	WEP	3-00.00
6	B. HOWARD	40	NLS	3-03.35
7	A. de LACY	42	WEP	3-05.00
8	F. GODDEN	44	VDC	3-06.95
9	C. KIRKLAND	44	NCT	3-08.32
10	P. WYATT	42	NCR	3-14.51

Event: 400m BACKSTROKE
Best Time: 6-17.00 R. CORAM

1	R. CORAM	42	WEP	6-17.00
2	F. GODDEN	44	VDC	6-17.84
3	P. GOSS	41	TLC	6-27.73
4	P. WYATT	42	NCR	6-30.27
5	A. de LACY	42	WEP	6-38.00
6	A. RENNIE	43	VDC	6-40.97
7	R. RACKLYEFT	40	NTR	6-58.55
8	R. FOWLER	42	WMV	7-28.60
9	R. MILLARD	44	WEP	7-37.00
10	J. DAGG	40	WWF	7-39.60

Event: 800m BACKSTROKE AGE 40-44
Best Time: 12-11.19 P. WYATT '88

1	F. GODDEN	44	VDC	12-56.53
2	P. WYATT	42	NCR	13-10.88
3	R. CORAM	42	WEP	13-15.00
4	A. RENNIE	43	VDC	13-52.13
5	C. KIRKLAND	44	NCT	14-01.86
6	A. de LACY	42	WEP	14-11.00
7	R. RACKLYEFT	40	NTR	14-45.20
8	R. FOWLER	42	WMV	15-09.85
9	R. MILLARD	44	WEP	15-40.00
10	N. MOORE	40	NHN	15-55.10

Event: 1500m BACKSTROKE
Best Time: 23-37.06 F. GODDEN '88

1	F. GODDEN	44	VDC	24-23.44
2	R. CORAM	42	WEP	25-22.00
3	A. RENNIE	43	VDC	26-41.27
4	P. OGDEN	40	TLC	27-33.84
5	R. RACKLYEFT	40	NTR	28-09.31
6	J. DAGG	40	WWF	29-50.81
7	R. MILLARD	44	WEP	31-12.00
8	N. MOORE	40	NHN	31-23.17
9	B. HAWKINS	42	WWF	34-17.11
10	R. DIXON	42	QTW	37-24.27

Event: 3000m BACKSTROKE
Best Time: 47-34.69 F. GODDEN '88

1	F. GODDEN	44	VDC	49-19.65
2	R. CORAM	42	WEP	52-13.00
3	R. MILLARD	44	WEP	64-43.00
4	B. HAWKINS	42	WWF	68-54.51

Event: 5000m BACKSTROKE
Best Time: 83-48.04 F. GODDEN '88

1	R. FOWLER	42	WMV	111-09.21

Event: 1 HOUR BACKSTROKE
Best Distance: 3635m F. GODDEN '88

1	R. CORAM	42	WEP	3285m
2	R. FOWLER	42	WMV	2825m
3	R. MILLARD	44	WEP	2775m
4	B. HAWKINS	42	WWF	2525m
5	G. UPTON		WCM	2303m

Event: 50m BREASTSTROKE AGE 40-44
Best Time: 34.11 B. ROBERTSON-DUNN '87

1	B. ROBERTSDUNN	43	NWG	34.58
2	T. LEWIS	41	VPP	35.21
3	P. WYATT	42	NCR	35.28
4	B. EASTOE	41	VPP	36.17
5	L. SMITH	41	NWG	37.32
6	P. JOY	42	NWG	37.62
7	F. GODDEN	44	VDC	37.70
8	J. BOLGER	41	WAB	38.42
9	B. WOOD	44	NCH	38.60
10	B. EDMUNDS	41	NSF	38.64

Event: 100m BREASTSTROKE
Best Time: 1-18.00 P. WYATT '87

1	T. LEWIS	42	VPP	1-19.31
2	B. ROBERT-DUNN	43	NWG	1-19.46
3	P. JOY	42	NWG	1-21.15
4	L. SMITH	41	NWG	1-22.00
5	P. DAVIS	40	NDB	1-25.66
6	R. ASHTON	43	NHL	1-25.78
7	N. HAYES	43	NWG	1-26.21
8	B. EDMUNDS	41	NSF	1-26.54
9	N. VENN	43	WOP	1-27.14
10	G. WILLIAMS	43	WMV	1-27.62

Event: 200m BREASTSTROKE
Best Time: 2-42.79 T. FISHER '88

1	P. WYATT	42	NCR	3-10.53
2	B. WOOD	44	NCH	3-14.43
3	N. VENN	43	WOP	3-15.92
4	F. GODDEN	44	VDC	3-18.97
5	R. FOWLER	42	WMV	3-21.22
6	V. PAUL	44	WOP	3-21.83
7	A. WILL	43	SAM	3-23.53
8	M. BOOTH	43	VGP	3-24.39
9	G. WILLIAMS	44	WMV	3-25.94
10	W. JAMIESON	41	SRY	3-29.34

Event: 400m BREASTSTROKE
Best Time: 6-04.49 P. WYATT

1	P WYATT	42	NCR	6-04.49
2	F. GODDEN	44	VDC	6-43.56
3	J. DAGG	40	WWF	7-01.39
4	B. EDMUNDS	41	NSF	7-09.80
5	R. ASHTON	42	NHL	7-16.36
6	C. HAHN	42	NCR	7-19.63
7	R. FOWLER	42	WMV	7-21.54
8	R. CORAM	42	WEP	7-28.00
9	G. DONOVAN	40	WEP	7-39.00
10	B. EDWARDS	40	NTW	7-57.00

Event: 800m BREASTSTROKE AGE 40-44
Best Time: 12-27.46 P. WYATT '87

1	P. WYATT	42	NCR	12-50.15
2	P. GODDEN	44	VDC	13-34.46
3	J. DAGG	40	WWF	14-24.16
4	R. ASHTON	42	NHL	14-31.84
5	B. EDMUNDS	41	NSF	14-55.53
6	R. FOWLER	42	WMV	15-03.46
7	R. CORAM	42	WEP	15-05.00
8	C. HAHN	42	NCR	15-06.11
9	S. EDWARDS	40	NTW	15-48.59
10	G. DONOVAN	40	WEP	15-56.00

Event: 1500m BREASTSTROKE
Best Time: 23-35.85 P. WYATT '88

1	R. ASHTON	42	NHL	27-00.36
2	J. DAGG	40	WWF	28-09.79
3	C. HAHN	42	NCR	28-25.11
4	B. EDMUNDS	41	NSF	28-46.60
5	R. CORAM	42	WEP	29-12.00
6	R. FOWLER	41	WMV	29-31.50
7	N. GILBERT		VPP	29-49.90
8	G. DONOVAN	40	WEP	30-00.00
9	G. BUTLER	43	NHN	30-36.60
10	J. BIGGELAAR	43	TLC	31-07.85

Event: 3000m BREASTSTROKE
Best Time: 48-41.31 P. WYATT '88

1	R. ASHTON	42	NHL	57-34.30
2	B. EDMUNDS	41	NSF	58-30.44
3	R. CORAM	42	WEP	60-34.00
4	G. BUTLER	43	NHN	65-26.46
5	R. MILLARD	44	WEP	68-23.00

Event: 5000m BREASTSTROKE
Best Time: 84-18.43 P. WYATT '88

1	B. EDMUNDS	41	NSF	101-24.27
2	J. NEVILLE	42	QMM	102-29.00
3	D. GRAY	43	QSM	103-44.08
4	M. RILEY	41	QSM	109-25.44
5	R. DIXON	42	QTW	118-34.53

Event: 1 HOUR BREASTSTROKE
Best Distance: 3690m P. WYATT '88

1	R. ASHTON	42	NHL	3175m
2	B. EDMUNDS	41	NSF	3050m
3	R. FOWLER	42	WMV	2990m
4	R. CORAM	42	WEP	2970m
5	G. BUTLER	43	NHN	2705m

Event: 50m BUTTERFLY AGE 40-44
Best Time: 30.12 P. WYATT

1	P. WYATT	42	NCR	30.12
2	T. LEWIS	41	VPP	30.89
3	B. LARTER	42	NDB	31.13
4	J. BYROM	42	NSG	31.83
5	B. EASTOE	42	VPP	31.88
6	P. JOY	42	NWG	32.12
7	G. WILLIAMS	43	WMV	32.35
8	N. VENN	43	WOP	32.44
9	B. SEYMOUR	41	NWG	32.48
10	P. DAVIS	40	NDB	32.88

Event: 100m BUTTERFLY
Best Time: 1-04.32 J. COVACEVICH '88

1	G. BACKUS	42	VSN	1-16.85
2	V. PAUL	44	WOP	1-21.53
3	P. WYATT	42	NCR	1-24.94
4	N. VENN	43	WOP	1-26.49
5	R. CORAM	42	WEP	1-28.00
6	M. NIEMELA	41	NNS	1-30.10
7	P. GREEN	40	STT	1-31.51
8	A. RENNIE	43	VDC	1-32.09
9	C. KIRKLAND	44	NCT	1-36.53
10	F. GODDEN	44	VDC	1-37.15

Event: 200m BUTTERFLY
Best Time: 2-23.16 J. COVACEVICH '88

1	B. LARTER	42	NDB	2-52.62
2	G. BACKUS	41	VSN	2-53.03
3	P. WYATT	42	NCR	3-13.21
4	R. CORAM	42	WEP	3-14.00
5	A. RENNIE	43	VDC	3-14.45
6	R. ANDERSON	40	QUW	3-26.72
7	C. HAHN	42	NCR	3-33.66
8	N. HARRINGTON	44	NRW	3-43.78
9	L. PALMER	41	VFR	4-05.18
10	R. MONTGOMERY	44	NTR	4-18.75

Event: 400m BUTTERFLY
Best Time: 6-09.96 G. WILLIAMS '88

1	P. WYATT	42	NCR	6-18.18
2	A. RENNIE	43	VDC	6-30.30
3	R. CORAM	42	WEP	7-01.00
4	C. HAHN	42	NCR	7-17.81
5	M. WANNELL	43	WCR	7-57.20
6	D. CUMMINS		WCM	7-58.47

Event: 800m BUTTERFLY AGE 40-44
Best Time: 13-35.31 A. RENNIE '86

1	A. RENNIE	43	VDC	13-42.16
2	R. CORAM	42	WEP	15-03.00
3	N. WANNELL	43	WCR	16-10.56
4	R. DIXON	41	QTW	18-15.98

Event: 100m INDIVIDUAL MEDLEY
Best Time: 1-08.77 T. FISHER '88

1	P. JOY	42	NWG	1-10.69
2	T. FISHER	41	NNS	1-12.15
3	T. LEWIS	41	VPP	1-12.36
4	B. EASTOE	41	VPP	1-12.44
5	R. PHEGAN	42	NRY	1-12.52
6	J. BYROM	42	NSG	1-12.72
7	B. SEYMOUR	41	NWG	1-14.75
8	P. DAVIS	40	NDB	1-15.45
9	P. EMERY	40	QSC	1-15.88
10	B. LARTER	42	NDB	1-16.56

Event: 200m INDIVIDUAL MEDLEY
Best Time: 2-30.59 J. COVACEVICH '88

1	P. WYATT	42	NCR	2-35.50
2	R. CORAM	42	WEP	2-58.00
3	M. NIEMELA	41	NNS	2-58.91
4	J. PARKYN	41	QUW	3-00.86
5	C. KIRKLAND	44	NCT	3-06.78
6	G. WILLIAMS	44	WMV	3-06.96
7	R. ASHTON	43	NHL	3-07.16
8	R. TILLEY	42	QSM	3-07.47
9	G. McGRODER	41	NTR	3-09.15
10	A. de LACY	42	WEP	3-11.00

Event: 400m INDIVIDUAL MEDLEY
Best Time: 5-24.86 J. COVACEVICH '88

1	P. WYATT	42	NCR	5-50.75
2	R. PHEGAN	42	NRY	5-56.91
3	F. GODDEN	44	VDC	6-14.52
4	R. CORAM	42	WEP	6-25.00
5	R. ASHTON	42	NHL	6-40.67
6	C. HAHN	42	NCR	6-53.11
7	A. RENNIE	43	VDC	6-53.21
8	C. WILLIAMS	43	NAF	7-01.88
9	B. EDMUNDS	41	NSF	7-04.10
10	M. WANNELL	43	WCR	7-05.60

Event:800m INDIVIDUAL MEDLEY AGE 40-44
Best Time: 12-07.64 P. WYATT '87

1	P. WYATT	42	NCR	12-23.13
2	R. CORAM	42	WEP	13-24.00
3	C. HAHN	42	VCR	13-43.21
4	A. RENNIE	43	VDC	14-26.33
5	R. FOWLER	42	WMV	15-19.68
6	M. WANNELL	43	WCR	15-40.72
7	N. MOORE	40	NHN	16-20.24
8	R. DIXON	41	QTW	16-36.98

Event: 50m FREESTYLE AGE 45-49
Best Time: 26.80 T. STRAHAN

1	T. STRAHAN	46	VDC	26.89
2	W. WEBSTER	47	NAD	28.41
3	B. HARRIS	47	NML	28.66
4	W. GAMBLE	45	NWG	29.27
5	J. PADGEN	48	NWG	29.37
6	M. WARNOCK	49	WOP	29.49
7	D. STENHOUSE	45	WOP	29.52
8	K. EDWARDS	45	WEP	29.70
9	R. CLARKE	48	SAM	30.19
10	R. CAMPION	48	VPP	30.34

Event: 100m FREESTYLE
Best Time: 58.66 T. STRAHAN '88

1	B. HARRIS	47	NML	1-03.96
2	G. SALTMAN	47	NNS	1-05.36
3	D. ROSS	47	NWG	1-07.57
4	C. THOMPSON	48	VMU	1-07.99
5	M. WARNOCK	49	WOP	1-08.00
6	W. WEBSTER	47	NAD	1-08.10
7	T. MORTIMER	45	NNS	1-08.13
8	R. CAMPION	48	VPP	1-08.21
9	C. LOCK	46	NWG	1-09.52
10	D. STENHOUSE	45	WOP	1-09.73

Event: 200m FREESTYLE
Best Time: 2-12.98 T. STRAHAN '88

1	G. SALTMAN	47	NNS	2-25.79
2	R. HARRIS	47	NML	2-28.39
3	K. EDWARDS	45	WEP	2-31.00
4	C. THOMPSON	48	VMU	2-31.34
5	W. WEBSTER	47	NAD	2-33.34
6	C. LOCK	46	NWG	2-35.84
7	T. MORTIMER	45	NNS	2-36.53
8	B. KIRKBRIDE	45	NKM	2-37.84
9	T. STRAHAN	46	VDC	2-38.23
10	F. GODDEN	45	VDC	2-40.23

Event: 400m FREESTYLE AGE 45-49
Best Time: 4-52.67 R. CAMPION

1	R. CAMPION	48	VPP	4-52.67
2	K. EDWARDS	45	WEP	5-14.00
3	T. STRAHAN	46	VDC	5-17.00
4	F. GODDEN	45	VDC	5-19.83
5	B. HARRIS	47	NML	5-24.82
6	B. GREEN	47	VDC	5-32.43
7	L. PEARCE	45	VPP	5-56.30
8	M. KERR	48	VMU	6-03.45
9	E. MILLIGAN	45	QTV	6-09.20
10	B. GARDINER	48	VSS	6-13.16

Event: 800m FREESTYLE
Best Time: 10-54.91 T. STRAHAN

1	T. STRAHAN	46	VDC	10-54.91
2	K. EDWARDS	45	WEP	11-10.00
3	F. GODDEN	45	VDC	11-18.56
4	B. GREEN	47	VDC	11-35.07
5	T. MORTIMER	45	NNS	12-03.23
6	M. FERGUSON	45	QSM	12-18.07
7	R. CLARKE	48	SAM	12-35.93
8	R. CORDUKES	47	QTV	12-39.54
9	E. MILLIGAN	45	QTV	12-43.35
10	M. SHANNY	45	NNS	13-05.67

Event: 1500m FREESTYLE
Best Time: 20-32.28 R. CAMPION

1	R. CAMPION	48	VPP	20-32.28
2	F. GODDEN	45	VDC	21-25.36
3	B. GREEN	46	VDC	22-24.66
4	K. EDWARDS	45	WEP	23-11.00
5	R. CLARKE	48	SAM	23-31.70
6	E. MILLIGAN	45	QTV	25-22.00
7	L. HEALY	47	VPP	25-30.02
8	J. WILSON	46	WSS	25-36.69
9	J. HALL	45	VPP	26-08.93
10	R. EDWARDS	47	QTW	26-28.04

Event: 3000m FREESTYLE
Best Time: 41-24.98 R. CAMPION

1	R. CAMPION	48	VPP	41-24.98
2	B. GREEN	46	VDC	45-30.04
3	J. WILSON	46	WSS	51-47.81
4	L. HEALY	47	VPP	52-45.70
5	E. MILLIGAN	45	QTV	54-21.00
6	B. GARDINER	48	VSS	55-06.80

Event: 5000m FREESTYLE AGE 45-49
Best Time: 72-03.53 A. GREGSON

1	B. GREEN	46	VDC	79-31.27
2	T. WILMOT	45	NWG	88-42.58
3	J. WILSON	46	WSS	89-33.54
4	E. MILLIGAN	45	QTV	92-16.00
5	B. GARDINER	48	VSS	98-08.01

Event: 1 HOUR FREESTYLE
Best Distance: 4150m A. GREGSON & T. STRAHAN '87

1	B. GREEN	46	VDC	3800m
2	B. GARDINER	48	VSS	3400m
3	J. WILSON	46	WSS	3360m
4	E. MILLIGAN	45	QTV	3300m
5	J. HULL	45	WOP	2600m
6	R. BANNER	47	NWS	2500m
7	R. SONE	45	WCR	2450m

Event: 50m BACKSTROKE
Best Time: 34.30 T. STRAHAN

1	T. STRAHAN	46	VDC	34.30
2	D. CAMINSCHI	49	WCR	34.40
3	R. CAMPION	47	VPP	34.95
4	C. LOCK	46	NWG	35.84
5	G. SALTMAN	47	NNS	35.94
6	D. STENHOUSE	45	WOP	37.45
7	D. PATRICK	47	NNS	37.79
8	R. JONES	46	VDC	38.08
9	W. WEBSTER	47	NAD	38.94
10	B. GREEN	46	VDC	39.34

Event: 100m BACKSTROKE
Best Time: 1-17.68 G. SALTMAN

1	G. SALTMAN	47	NNS	1-17.68
2	C. LOCK	46	NWG	1-17.89
3	D. STENHOUSE	45	WOP	1-21.88
4	B. GREEN	47	VDC	1-26.47
5	D. PATRICK	48	NNS	1-29.45
6	F. GODDEN	45	VDC	1-29.72
7	P. LEY	47	NML	1-29.77
8	V. PAUL	45	WOP	1-32.57
9	A. SUSKIN	46	SAT	1-32.63
10	E. MILLIGAN	45	QTV	1-33.50

Event: 200m BACKSTROKE AGE 45-49
Best Time: 2-51.34 C. LOCK

1	C. LOCK	46	NWG	2-51.34
2	F. GODDEN	45	VDC	2-52.36
3	D. STENHOUSE	45	WOP	2-57.78
4	B. GREEN	47	VDC	3-01.73
5	R. CLARKE	48	SAM	3-21.06
6	D. PATRICK	48	NNS	3-29.50
7	E. MILLIGAN	45	QTV	3-33.89
8	R. MAZZECCHELLI	49	WMV	3-37.21
9	M. SHANNY	45	NNS	3-39.99
10	G. MARKER	48	QTV	3-47.91

Event: 400m BACKSTROKE
Best Time: 6-07.71 F. GODDEN

1	F. GODDEN	45	VDC	6-07.71
2	B. GREEN	47	VDC	6-24.82
3	P. CRAIG	49	WCR	7-26.77
4	E. MILLIGAN	45	QTV	7-28.03
5	P. LEWIS	45	NHN	7-36.84
6	B. GARDINER	48	VSS	7-47.18
7	G. COLLOPY	48	WWF	8-09.02
8	B. CONROY	46	NHN	8-12.57
9	B. HEBER	48	NET	8-23.53
10	G. HOFF	47	WRK	8-25.99

Event: 800m BACKSTROKE
Best Time: 13-20.67 C. BELL '86

1	F. GODDEN	45	VDC	12-32.12
2	B. GREEN	47	VDC	13-05.64
3	E. MILLIGAN	45	QTV	15-39.98
4	B. GARDINER	48	VSS	15-40.44
5	P. LEWIS	45	NHN	15-56.19
6	G. COLLOPY	48	WWF	17-00.81
7	G. HOFF	47	WRK	17-18.71
8	B. CONROY	47	NHN	17-32.68
9	P. GLASS	46	WMV	21-02.05
10	B. PERRY	49	NWS	21-52.84

Event: 1500m BACKSTROKE
Best Time: 25-40.42 B. GREEN

1	B. GREEN	47	VDC	25-40.42
2	B. GARDINER	48	VSS	27-43.09
3	E. MILLIGAN	45	QTV	30-38.00
4	G. COLLOPY	47	WWF	34-01.14
5	B. RIPPER	49	VSS	37-04.18

Event: 3000m BACKSTROKE AGE 45-49
Best Time: 52-33.15 B. GREEN '88

1	B. GREEN	46	VDC	54-31.43
2	B. GARDINER	48	VSS	61-01.00
3	E. MILLIGAN	45	QTV	63-58.00
4	G. COLLOPY	47	WWF	75-29.00

Event: 5000m BACKSTROKE
Best Time: 87-44.52 B. GREEN

1	B. GARDINER	48	VSS	108-11.89
2	E. MILLIGAN	45	QTV	109-39.72
3	G. COLLOPY	47	WWF	131-48.10

Event: 1 HOUR BACKSTROKE
Best Distance: 3425m B. GREEN

1	B. GREEN	47	VDC	3320m
2	B. GARDINER	48	VSS	3225m
3	E. MILLIGAN	45	QTV	2800m
4	G. COLLOPY	47	WWF	2475m
5	B. RIPPER	49	VSS	2250m

Event: 50m BREASTSTROKE
Best Time: 37.80 J. MARSHALL

1	J. MARSHALL	45	QBN	37.80
2	R. HAMMOND	45	VSN	38.39
3	R. YOUNG	49	NEP	38.42
4	F. GODDEN	45	VDC	38.46
5	K. HERRON	49	QMM	39.19
6	T. STRAHAN	46	VDC	39.47
7	R. CAMPION	47	VPP	39.59
8	K. EDWARDS	45	WEP	39.98
9	B. HARRIS	47	NML	40.02
10	E. HUNTER	49	VFR	40.48

Event: 100m BREASTSTROKE
Best Time: 1-22.17 F. GODDEN

1	F. GODDEN	45	VDC	1-22.17
2	R. HAMMOND	46	VSN	1-23.92
3	C. WATSON	46	NWG	1-24.23
4	E. HUNTER	49	VFR	1-29.43
5	B. HARRIS	47	NML	1-30.23
6	E. DUYVESTYN	47	VFR	1-31.41
7	D. GILMOUR	49	VBD	1-33.20
8	J. ERPIC	45	ABC	1-33.97
9	E. MILLIGAN	45	QTV	1-35.25
10	P. LEY	47	NML	1-37.72

Event: 200m BREASTSTROKE AGE 45-49
Best Time: 2-50.86 M. MOLONEY '88

1	R. CAMPION	48	VPP	3-04.53
2	R. HAMMOND	46	VSN	3-05.79
3	F. GODDEN	45	VDC	3-13.48
4	K. HERRON	49	QMM	3-16.83
5	H. DUYVESTYN	47	VFR	3-17.69
6	E. HUNTER	49	VFR	3-20.65
7	D. GILMOUR	49	VBD	3-25.75
8	R. CLARKE	48	SAM	3-27.00
9	K. EDWARDS	45	WEP	3-28.00
10	M. SHANNY	45	NNS	3-29.27

Event: 400m BREASTSTROKE
Best Time: 6-03.93 M. MOLONEY '88

1	F. GODDEN	45	VDC	6-30.33
2	K. EDWARDS	45	WEP	7-05.00
3	D. SYLOW	48	QGC	7-27.10
4	R. CLARKE	48	SAM	7-31.48
5	E. MILLIGAN	45	QTV	7-33.00
6	S. ANSTEE	46	NNS	7-33.83
7	R. EDWARDS	47	QTV	7-37.86
8	G. COLLOPY	48	WWF	7-39.37
9	J. ERPIC	45	ABC	7-49.23
10	B. GARDINER	48	VSS	7-53.77

Event: 800m BREASTSTROKE
Best Time: 13-46.81 F. GODDEN

1	F. GODDEN	45	VDC	13-46.81
2	K. EDWARDS	45	WEP	14-57.00
3	R. CLARKE	48	SAM	15-02.49
4	E. MILLIGAN	45	QTV	15-26.75
5	D. SYLOW	48	QGC	15-34.27
6	B. GREEN	47	VDC	16-05.01
7	G. COLLOPY	48	WWF	16-13.70
8	B. GARDINER	48	VSS	16-14.89
9	S. ANSTEE	46	NNS	16-15.23
10	J. BERK	48	VNL	16-15.69

Event: 1500m BREASTSTROKE
Best Time: 26-32.87 F. GODDEN

1	F. GODDEN	45	VDC	26-32.87
2	B. GARDINER	48	VSS	30-09.38
3	E. MILLIGAN	45	QTV	30-28.00
4	B. GREEN	47	VDC	31-23.29
5	G. COLLOPY	48	WWF	31-33.82
6	J. HALL	45	VPP	31-55.25
7	J. ERPIC	45	ABC	32-28.59
8	J. BERK	49	VNL	33-16.00
9	R. McFAYDEN	47	NHN	35-39.89
10	L. HEALY	48	VPP	39-00.25

Event: 3000m BREASTSTROKE AGE 45-49
Best Time: 54-36.97 F. GODDEN

1	F. GODDEN	45	VDC	54-36.97
2	E. MILLIGAN	45	QTV	61-44.00
3	B. GARDINER	48	VSS	63-17.03
4	B. GREEN	47	VDC	65-48.52
5	G. COLLOPY	48	WWF	66-27.00
6	J. ERPIC	45	ABC	66-36.86

Event: 5000m BREASTSTROKE
Best Time: 111-33.41 B. GARDINER

1	B. GARDINER	48	VSS	111-33.41
2	E. MILLIGAN	45	QTV	113-16.00

Event: 1 HOUR BREASTSTROKE
Best Distance: 2975m B. GARDINER

1	B. GARDINER	48	VSS	2975m
2	E. MILLIGAN	45	QTV	2900m
3	B. GREEN	47	VDC	2735m
4	J. ERPIC	45	ABC	2700m
5	J. BERK	49	VNL	2640m
6	R. PRIOR	48	NCT	2525m
7	B. RIPPER	49	VSS	2075m

Event: 50m BUTTERFLY
Best Time: 32.22 T. STRAHAN

1	T. STRAHAN	46	VDC	32.22
2	R. CAMPION	47	VPP	32.82
3	W. WEBSTER	47	NAD	32.99
4	W. GAMBLE	45	NWG	33.38
5	J. PAGDEN	48	NWG	34.08
6	F. GODDEN	45	VDC	34.47
7	C. LOCK	46	NWG	34.58
8	R. JONES	46	VDC	34.71
9	V. PAUL	45	WOP	35.02
10	R. KIRKBRIDE	45	NKM	35.14

Event: 100m BUTTERFLY
Best Time: 1-25.00 B. GREEN

1	B. GREEN	47	VDC	1-25.00
2	J. MARSHALL	45	QBN	1-25.82
3	L. HEALY	48	VPP	1-29.28
4	D. BENNETT	47	QWS	1-32.90
5	E. MILLIGAN	45	QTV	1-41.06
6	D. PATRICK	47	NNS	1-44.50
7	J. ERPIC	45	ABC	1-49.03
8	R. KNIGHT	46	QTV	1-49.50
9	R. CORDUKES	48	QTV	1-53.56
10	D. HENRY	47	ABC	2-01.76

Event: 200m BUTTERFLY AGE 45-49
Best Time: 2-47.31 R. CAMPION

1	R. CAMPION	48	VPP	2-47.31
2	R. HAMMOND	45	VSN	3-07.65
3	W. GAMBLE	45	NWG	3-16.06
4	L. HEALY	48	VPP	3-24.17
5	E. MILLIGAN	45	QTV	3-51.27
6	R. KNIGHT	46	QTV	4-12.55
7	R. CORDUKES	48	QTV	4-23.85

Event: 400m BUTTERFLY
Best Time: 7-55.78 B. GARDINER

1	B. GARDINER	48	VSS	7-55.78
2	E. MILLIGAN	45	QTV	7-59.32

Event: 800m BUTTERFLY
Best Time: 16-10.38 B. GARDINER

1	B. GARDINER	48	VSS	16-10.38
2	E. MILLIGAN	45	QTV	16-40.08

Event: 100m INDIVIDUAL MEDLEY
Best Time: 1-12.64 T. STRAHAN

1	T. STRAHAN	46	VDC	1-12.64
2	R. CAMPION	47	VPP	1-15.15
3	D. CAMINSCHI	49	WCR	1-16.50
4	F. GODDEN	45	VDC	1-18.04
5	J. PAGDEN	48	NWG	1-18.22
6	W. GAMBLE	45	NWG	1-18.89
7	R. HAMMOND	45	VSN	1-19.87
8	B. HARRIS	47	NML	1-20.15
9	C. LOCK	46	NWG	1-20.49
10	D. ROSS	47	NWG	1-21.04

Event: 200m INDIVIDUAL MEDLEY
Best Time: 2-44.01 R. CAMPION

1	R. CAMPION	48	VPP	2-44.01
2	F. GODDEN	45	VDC	2-47.24
3	B. GREEN	47	VDC	3-04.41
4	D. ROSS	47	NWG	3-08.64
5	E. MILLIGAN	45	QTV	3-13.85
6	P. ATKINSON	45	QSM	3-15.55
7	M. SHANNY	45	NNS	3-18.66
8	T. MORTIMER	45	NNS	3-25.59
9	R. LUGG	49	WOP	3-34.55
10	R. KNIGHT	46	QTV	3-36.37

Event: 400m INDIVIDUAL MEDLEY AGE45-49
Best Time: 5-45.74 R. CAMPION '88

1	R. CAMPION	48	VPP	5-59.94
2	B. GREEN	47	VDC	6-44.50
3	E. MILLIGAN	45	QTV	7-07.37
4	B. GARDINER	48	VSS	7-24.92
5	K. EDWARDS	45	WEP	7-35.00
6	G. MARKER	48	QTV	7-36.27
7	P. LEWIS	45	NHN	8-00.27
8	R. EDWARDS	47	QTW	8-06.45
9	J. ERPIC	45	ABC	8-09.47
10	R. CORDUKES	47	QTV	8-13.82

Event: 800m INDIVIDUAL MEDLEY
Best Time: 14-55.04 E. MILLIGAN

1	E. MILLIGAN	45	QTV	14-55.04
2	B. GARDINER	48	VSS	15-19.46
3	R. CORDUKES	47	QTV	16-34.02
3	R. KNIGHT	46	QTV	17-12.78

Event: 50m FREESTYLE AGE 50-54
Best Time: 27.17 J. McDIARMID '87

1	P. JACKSON	51	NWG	28.20
2	G. STUTSEL	50	NTR	29.37
3	R. FORD	50	NHN	29.44
4	H. BAHREND	51	VPP	30.49
5	C. EDDY	50	VPP	31.19
6	J. DIGANCE	50	STT	31.23
7	B. POWER	50	WCM	31.24
8	R. JACKSON	51	NTR	31.38
9	E. MARTIN	51	NLS	31.41
10	A. GREGSON	51	NHL	31.47

Event: 100m FREESTYLE
Best Time: 1-01.23 J. McDIARMID '88

1	P. JACKSON	50	NWG	1-05.53
2	J. CRISP	53	QMM	1-05.69
3	R. FORD	50	NHN	1-08.19
4	J. PUGH	51	TLC	1-10.13
5	A. GREGSON	51	NHL	1-10.47
6	J. TONNER	50	NTR	1-11.00
7	I. WINGATE	50	SAT	1-11.34
8	B. POWER	51	WCM	1-11.68
9	N. OLIVE	50	NCH	1-13.67
10	B. SCHRADER	50	NHN	1-14.52

Event: 200m FREESTYLE AGE 50-54
Best Time: 2-20.75 J. McDIARMID '88

1	A. GREGSON	52	NHL	2-32.11
2	J. PUGH	51	TLC	2-35.74
3	C. BELL	51	QTV	2-37.55
4	B. FORD	50	NHN	2-39.94
5	M. WARNOCK	50	WOP	2-47.78
6	B. SCHRADER	51	NHN	2-49.21
7	R. WORRALL	51	NNS	2-50.28
8	N. WILLIAMS	50	WCM	2-51.42
9	R. JACKSON	51	NTR	2-53.53
10	J. GODKIN	52	NGF	2-54.23

Event: 400m FREESTYLE
Best Time: 5-12.00 B. BARRY '86

1	R. FORD	50	NHN	5-26.58
2	J. PUGH	51	TLC	5-33.76
3	C. BELL	51	QTV	5-39.49
4	J. TONNER	50	NTR	5-45.05
5	B. DENGATE	52	QTW	5-57.25
6	C. EDDY	51	VPP	6-03.59
7	B. SCHRADER	50	NHN	6-05.78
8	I. WINGATE	50	SAT	6-07.59
9	J. GODKIN	51	NGF	6-07.96
10	P. WINRAM	53	NHL	6-17.11

Event: 800m FREESTYLE
Best Time: 10-59.64 R. FORD

1	R. FORD	50	NHN	10-59.64
2	A. GREGSON	51	NHL	11-16.84
3	C. BELL	51	QTV	11-42.25
4	P. WATSON	52	NTW	12-14.58
5	I. WINGATE	50	SAT	12-32.62
6	H. BAHREND	51	VPP	12-36.75
7	N. OLIVE	50	NCH	12-43.64
8	B. SCHRADER	50	NHN	12-45.31
9	R. WORRALL	51	NNS	13-00.91
10	D. STABLEFORD	54	STT	13-08.66

Event: 1500m FREESTYLE
Best Time: 21-45.01 A. GREGSON

1	A. GREGSON	52	NHL	21-45.01
2	J. PUGH	51	TLC	23-18.60
3	P. WATSON	52	NTW	23-54.00
4	I. WINGATE	50	SAT	23-45.87
5	D. STABLEFORD	54	STT	24-48.13
6	B. SCHRADER	51	NHN	25-16.18
7	R. SMITH	54	NCR	25-26.91
8	L. WORTH	51	WEP	26-39.00
9	P. GILLETT	52	STT	26-57.42
10	T. ANDERSON	50	QTV	27-59.96

Event: 3000m FREESTYLE AGE 50-54
Best Time: 47-13.61 J. PUGH

1	J. PUGH	51	TLC	47-13.61
2	R. SMITH	54	NCR	51-24.88
3	L. WORTH	51	WEP	55-17.00
4	T. ANDERSON	50	QTV	56-10.99
5	B. TILLEY	52	VSS	72-03.18
6	B. RISK	51	NGF	82-45.32
7	B. RIPPER	50	VSS	85-56.85

Event: 5000m FREESTYLE
Best Time: 73-25.13 A. GREGSON '87

1	L. WORTH	51	WEP	98-25.00
2	B. RIPPER	50	VSS	151-34.44

Event: 1 HOUR FREESTYLE
Best Distance: 3740m J. PUGH

1	J. PUGH	51	TLC	3740m
2	C. BELL	52	QTV	3450m
2	J. GODKIN	51	NGF	3450m
4	L. WORTH	51	WEP	3205m
5	R. SMITH	54	NCR	3090m
6	T. ANDERSON	50	QTV	3075m
7	B. TILLEY	52	VSS	2500m
8	K. PASCOE	51	WCR	2465m
9	B. RISK	50	NSF	2400m
10	R. NULSEN	52	WEP	2175m

Event: 50m BACKSTROKE
Best Time: 34.55 R. ANDREW

1	R. ANDREW	50	WML	34.55
2	B. POWER	50	WCM	37.15
3	H. BAHREND	51	VPP	38.46
4	A. ABURN	50	VSN	38.99
5	A. GREGSON	51	NHL	39.19
6	J. MARRIOTT	52	VPP	39.44
7	G. PADDICK	51	WOP	40.74
8	E. MARTIN	51	NLS	41.82
9	R. JACKSON	51	NTR	42.47
10	R. RICHARDS	53	QSM	42.51

Event: 100m BACKSTROKE
Best Time: 1-14.70 B. BARRY '85

1	B. POWER	51	WCM	1-24.88
2	B. DEANE	51	QSM	1-29.87
3	A. ABURN	51	VSN	1-30.40
4	J. DIGANCE	50	STT	1-32.75
5	L. WORTH	51	WEP	1-38.00
6	J. MARRIOTT	53	VPP	1-38.25
7	P. LONG	51	NWG	1-41.49
8	R. SMITH	54	NCR	1-41.77
9	J. McINERNEY	54	NWG	1-42.89
10	J. GROSVENOR	54	SRY	1-43.79

Event: 200m BACKSTROKE AGE 50-54
Best Time: 3-10.77 J. PUGH

1	J. PUGH	51	TLC	3-10.77
2	J. DIGANCE	50	STT	3-21.09
3	A. ABURN	51	VSN	3-24.95
4	R. SMITH	54	NCR	3-29.52
5	J. MARRIOTT	53	VPP	3-29.77
6	K. WATTS	50	NWG	3-35.85
7	D. HAWKES	50	SMR	3-37.06
8	K. BETHE	53	NCS	3-42.57
9	L. WORTH	51	WEP	3-44.00
10	R. WORRALL	52	NNS	3-47.92

Event: 400m BACKSTROKE
Best Time: 5-57.00 B. BARRY '86

1	J. PUGH	51	TLC	6-38.24
2	A. GREGSON	52	NHL	6-38.92
3	C. BELL	51	QTV	6-42.93
4	H. BAHREND	51	VPP	6-46.68
5	R. SMITH	54	NCR	7-04.82
6	J. MARRIOTT	53	VPP	7-47.18
7	L. WORTH	51	WEP	7-59.00
8	K. BETHE	53	NCS	8-11.00
9	R. THOMPSON	52	NCS	8-11.70
10	T. McKIE	52	WMV	8-29.22

Event: 800m BACKSTROKE
Best Time: 13-16.09 A. GREGSON '87

1	A. GREGSON	52	NHL	13-25.62
2	H. BAHREND	51	VPP	13-56.87
3	R. SMITH	54	NCR	14-49.18
4	J. MARRIOTT	53	VPP	15-28.97
5	L. WORTH	51	WEP	16-28.00
6	R. THOMPSON	52	NCS	17-22.84
7	T. McKIE	52	WMV	17-27.42
8	K. BETHE	53	NCS	17-31.00
9	R. NULSEN	52	WEP	22-18.00
10	M. SPARTALIS	52	NCR	25-06.73

Event: 1500m BACKSTROKE
Best Time: 25-13.82 A. GREGSON

1	A. GREGSON	52	NHL	25-13.82
2	J. PUGH	51	TLC	26-44.34
3	C. BELL	51	QTV	27-07.83
4	R. SMITH	54	NCR	28-51.57
5	L. WORTH	51	WEP	32-16.00
6	T. ANDERSEN	50	QTV	35-17.75
7	M. SPARTALIS	52	NCR	49-53.15

Event: 3000m BACKSTROKE AGE 50-54
Best Time: 52-28.52 A. GREGSON '87

1	R. SMITH	54	NCR	58-23.92
2	B. RIPPER	50	VSS	79-40.25
3	B. TILLEY	52	VSS	84-53.04

Event: 5000m BACKSTROKE
Best Time: 89-55.69 A. GREGSON '87

1	B. RIPPER	50	VSS	145-10.70

Event: 1 HOUR BACKSTROKE
Best Distance: 3350m A. GREGSON '87

1	R. SMITH	54	NCR	3090m
2	T. ANDERSEN	50	QTV	2475m
3	B. TILLEY	52	VSS	2275m
4	M. SPARTALIS	53	NCR	1600m

Event: 50m BREASTSTROKE
Best Time: 35.89 M. MOLONEY

1	M. MOLONEY	50	VPP	35.89
2	G. STUTSEL	50	NTR	36.71
3	R. RICHARDS	53	QSM	38.87
4	H. BAHREND	51	VPP	39.68
5	A. GREGSON	51	NHL	41.65
6	D. BEWS	51	VPP	42.07
7	H. van KRUYSSEN	50	SAT	42.08
8	J. VRAKKING	54	SAT	42.56
9	P. WATSON	52	NTW	43.07
10	P. COOK	53	VDC	43.59

Event: 100m BREASTSTROKE
Best Time: 1-19.09 M. MOLONEY

1	M. MOLONEY	50	VPP	1-19.09
2	G. STUTSEL	50	NTR	1-23.19
3	R. RICHARDS	53	QSM	1-27.44
4	B. POWER	50	WCM	1-34.09
5	A. GREGSON	52	NHL	1-35.21
6	J. BERK	50	VNL	1-37.23
7	R. ANDREW	50	WML	1-37.43
8	B. GREENE	50	WWC	1-40.14
9	R. WORRALL	51	NNS	1-41.58
10	T. McKIE	53	WMV	1-46.19

Event: 200m BREASTSTROKE AGE 50-54
Best Time: 2-51.44 M. MOLONEY

1	M. MOLONEY	50	VPP	2-51.44
2	G. STUTSEL	50	NTR	3-20.86
3	I. WINGATE	50	SAT	3-26.61
4	H. van KRUYSSEN	50	SAT	3-37.10
5	J. VRAKKING	54	SAT	3-37.19
6	C. BELL	52	QTV	3-51.70
7	T. McKIE	53	WMV	3-53.67
8	A. ARNOTT	52	VDC	3-54.21
9	J. PAGETT	52	STT	3-54.39
10	J. GROSVENOR	54	SRY	3-55.95

Event: 400m BREASTSTROKE
Best Time: 7-20.30 H. BAHREND

1	H. BAHREND	51	VPP	7-20.30
2	A. ARNOTT	52	VDC	7-58.21
3	J. BERK	50	VNL	8-04.59
4	T. McKIE	53	WMV	8-07.37
5	H. van KRUYSSEN	50	SAT	8-08.46
6	C. EDDY	51	VPP	8-09.18
7	R. THOMPSON	52	NCS	8-13.50
8	C. BELL	51	QTV	8-15.70
9	R. SMITH	54	NCR	8-17.20
10	L. WORTH	51	WEP	8-53.00

Event: 800m BREASTSTROKE
Best Time: 14-10.36 R. RICHARDS '86

1	R. SMITH	54	NCR	16-43.45
2	H. van KRUYSSEN	50	SAT	16-43.52
3	R. THOMPSON	52	NCS	16-44.50
4	J. BERK	50	VNL	16-47.25
5	T. MCKIE	53	WMV	17-00.44
6	C. BELL	52	QTV	17-48.72
7	L. WORTH	51	WEP	18-52.00
8	B. RISK	51	NGF	19-24.65
9	G. REID	54	NCR	19-27.71
10	R. NULSEN	52	WEP	20-48.00

Event: 1500m BREASTSTROKE
Best Time: 26-45.16 R. RICHARDS '87

1	H. van KRUYSSEN	50	SAT	31-54.33
2	C. BELL	51	QTV	32-12.13
3	R. SMITH	54	NCR	32-21.14
4	B. RISK	50	NSF	38-36.00
5	T. ANDERSEN	50	QTV	39-10.57
6	R. NULSEN	52	WEP	39-30.00
7	M. SPARTALIS	52	NCR	45-51.28

Event: 3000m BREASTSTROKE AGE 50-54
Best Time: 66-43.96 R. SMITH

1	R. SMITH	54	NCR	66-43.96
2	C. BELL	52	QTV	67-02.19
3	B. RISK	50	NSF	77-13.15
4	T. ANDERSEN	50	QTV	80-29.00
5	B. RIPPER	50	VSS	93-08.22
6	M. SPARTALIS	53	NCR	97-11.15

Event: 5000m BREASTSTROKE
Best Time: 111-37.48 C. BELL

1	C. BELL	52	QTV	111-37.48
2	R. SMITH	54	NCR	113-31.24
3	B. RISK	50	NSF	140-24.50
4	B. RIPPER	50	VSS	158-31.00

Event: 1 HOUR BREASTSTROKE
Best Distance: 2700m R. SMITH

1	R. SMITH	54	NCR	2700m
1	C. BELL	52	QTV	2700m
3	B. RISK	50	NSF	2400m
4	M. SPARTALIS	52	NCR	1820m

Event: 50m BUTTERFLY
Best Time: 30.00 P. JACKSON

1	P. JACKSON	51	NWG	30.00
2	H. BAHREND	51	VPP	34.20
3	J. PUGH	51	TLC	34.43
4	R. FORD	50	NHN	34.78
5	E. MARTIN	51	NLS	35.92
6	A. GREGSON	51	NHL	36.13
7	R. ANDREW	50	WMV	37.05
8	B. HOCKING	51	VNL	38.52
9	J. MARRIOTT	53	VPP	40.23
10	P. WATSON	52	NTW	40.84

Event: 100m BUTTERFLY
Best Time: 1-27.39 A. GREGSON

1	A. GREGSON	52	NHL	1-27.39
2	J. PUGH	51	TLC	1-28.03
3	G. STUTSEL	50	NTR	1-37.97
4	D. HAWKES	50	SMR	1-39.64
5	H. van KRUYSSEN	50	SAT	1-43.45
6	R. SMITH	54	NCR	1-48.15
7	B. HOCKING	52	VNL	1-51.07
8	T. HARKER	51	NNS	1-53.55
9	T. ANDERSEN	50	QTV	2-08.64
10	L. WORTH	51	WEP	2-11.00

Event: 200m BUTTERFLY AGE 50-54
Best Time: 3-18.41 A. GREGSON

1	A. GREGSON	51	NHL	3-18.41
2	P. WATSON	52	NTW	3-22.31
3	G. STUTSEL	50	NTR	3-26.02
4	I. WINGATE	50	SAT	3-30.43
5	R. SMITH	53	NCR	3-48.51
6	R. WORRALL	52	NNS	3-50.66
7	B. HOCKING	51	VNL	4-03.16
8	J. GROSVENOR	54	SRY	4-17.69
9	T. HARKER	51	NNS	4-23.54
10	C. EDDY	50	VPP	4-27.13

Event: 400m BUTTERFLY
Best Time: 6-42.81 S. GREGSON '87

1	R. SMITH	53	NCR	7-45.90

Event: 100m INDIVIDUAL MEDLEY
Best Time: 1-13.45 P. JACKSON

1	P. JACKSON	51	NWG	1-13.45
2	G. STUTSEL	50	NTR	1-17.92
3	H. BAHREND	51	VPP	1-19.28
4	A. GREGSON	52	NHL	1-21.05
5	R. ANDREW	50	WML	1-22.14
6	C. BELL	51	QTV	1-22.33
7	R. RICHARDS	53	QSM	1-22.84
8	I. WINGATE	50	SAT	1-23.33
9	B. DEANE	51	QSM	1-25.05
10	A. SHARPE	50	QBN	1-25.18

Event: 200m INDIVIDUAL MEDLEY
Best Time: 3-04.44 J. CRISP

1	J. CRISP	53	QMM	3-04.44
2	C. BELL	51	QTV	3-08.69
3	G. STUTSEL	50	NTR	3-09.12
4	R. WORRALL	51	NNS	3-28.34
5	B. SCHRADER	50	NHN	3-36.44
6	B. HOCKING	51	VNL	3-45.50
7	P. LONG	50	NWG	3-50.58
8	T. HARKER	51	NNS	3-57.31
9	T. McKIE	54	WMV	4-03.06
10	T. ANDERSEN	50	QTV	4-16.48

Event: 400m INDIVIDUAL MEDLEY
Best Time: 5-57.80 D. LOELOGER '84

1	R. WORRALL	51	NNS	7-23.67
2	R. SMITH	54	NCR	7-26.34
3	P. WATSON	52	NTW	7-28.87
4	B. SCHRADER	50	NHN	7-51.32
5	J. DEVEREAUX	52	WML	8-18.20
6	J. SANDERS	52	WCR	8-19.84
7	B. HOCKING	51	VNL	8-24.68
8	T. HARKER	51	NNS	8-39.26
9	T. ANDERSEN	50	QTV	8-47.00
10	B. PERRY	50	NWS	9-59.13

Event: 800m INDIVIDUAL MEDLEY AGE 50-54
Best Time: 13-15.07 A. GREGSON '87

1	R. SMITH	54	NCR	14-56.55
2	M. SPARTALIS	52	NCR	26-07.89

Event: 50m FREESTYLE AGE 55-59
Best Time: 29.27 J. WILLIAMS

1	J. WILLIAMS	57	NTW	29.27
2	P. BENT	56	NWG	30.15
3	B. BARRY	58	NLS	30.34
4	B. WEYMER	59	NGF	30.76
5	B. ORCHARD	58	VPP	31.00
6	J. SULZBACH	55	QUW	31.38
7	D. LOELIGER	55	SAM	32.20
8	J. HAWTHORNE	56	NHN	32.29
9	B. BARRATT	56	SMR	32.38
10	D. CANT	57	NNS	32.74

Event: 100m FREESTYLE
Best Time: 1-05.20 B. BARRY

1	B. BARRY	58	NLS	1-05.20
2	J. WILLIAMS	57	NTW	1-06.25
3	P. BENT	56	NWG	1-08.66
4	B. WEYMER	59	NGF	1-10.76
5	J. HAWTHORNE	56	NHN	1-11.55
6	P. DAYKIN	56	VBL	1-12.76
7	B. BARRATT	56	SMR	1-14.66
8	B. MALCOLM	57	VNL	1-14.80
9	J. BANHIDY	58	VPP	1-16.15
10	J. McCRAE	59	QTV	1-16.28

Event: 200m FREESTYLE
Best Time: 2-22.95 B. DONALDSON '86

1	B. BARRY	57	NLS	2-30.65
2	J. HAWTHORNE	55	NHN	2-42.56
3	P. DAYKIN	56	VBL	2-48.38
4	B. MALCOLM	57	VNL	2-53.83
5	B. WEYMER	58	BGF	2-59.26
6	G. KAY	55	NML	3-08.03
7	R. LINDSAY	58	NCT	3-08.59
8	G. LLEWELLYN	55	ABC	3-10.14
9	N. EARL	55	WBM	3-13.29
10	B. PALMER	55	QTV	3-16.59

Event: 400m FREESTYLE
Best Time: 5-37.50 J. WILLIAMS

1	J. WILLIAMS	56	NTW	5-37.50
2	J. HAWTHORNE	55	NHN	6-00.78
3	G. LLEWELLYN	55	ABC	6-33.05
4	R. BROMLEY	56	VNL	6-39.93
5	R. LINDSAY	58	NCT	6-42.91
6	B. MALCOLM	56	VNL	6-45.57
7	L. BELL	56	NWS	6-55.42
8	B. PALMER	55	QTV	6-56.12
9	R. CLEE	55	VNL	7-00.63
10	B. PURNELL	59	ABC	7-06.34

Event: 800m FREESTYLE AGE 55-59
Best Time: 11-53.52 J. HAWTHORNE

1	J. HAWTHORNE	56	NHN	11-53.52
2	G. LLEWELLYN	55	ABC	14-03.63
3	R. LINDSAY	58	NCT	14-07.28
4	L. BELL	57	NWS	14-19.94
5	J. McCRAE	59	QTV	14-29.07
6	B. PURNELL	59	ABC	14-59.49
7	B. WEYMER	59	NGF	15-00.00
8	J. MAHER	56	NWS	15-03.12
9	R. CLEE	55	VNL	15-03.14
10	M. BANES	58	NET	15-21.32

Event: 1500m FREESTYLE
Best Time: 21-28.00 J. WILLIAMS

1	J. WILLIAMS	57	NTW	21-28.00
2	J. HAWTHORNE	55	NHN	23-35.01
3	G. LLEWELLYN	55	ABC	26-28.74
4	R. LINDSAY	58	NCT	26-32.03
5	B. PALMER	55	QTV	28-29.62
6	R. CLEE	55	VNL	28-32.80
7	B. PURNELL	59	ABC	28-33.75
8	A. BELTON	59	WEP	29-15.00
9	B. WEYMER	59	NGF	29-23.19
10	J. BROWN	58	VSS	30-45.43

Event: 3000m FREESTYLE
Best Time: 47-37.68 J. HAWTHORNE

1	J. HAWTHORNE	56	NHN	47-37.68
2	G. LLEWELLYN	55	ABC	53-20.78
3	B. PURNELL	59	ABC	58-57.24
4	A. BELTON	59	WEP	62-41.00
5	J. CAIRNS	59	ABC	72-42.13
6	J. DAVEY	56	VSS	73-27.56

Event: 5000m FREESTYLE
Best Time: 81-15.20 J. HAWTHORNE '88

1	J. HAWTHORNE	56	NHN	81-28.82
2	G. LLEWELLYN	55	ABC	90-22.38
3	B. PURNELL	59	ABC	103-42.08

Event: 1 HOUR FREESTYLE AGE 55-59
Best Time: 3763m J. HAWTHORNE

1	J. HAWTHORNE	55	NHN	3763m
2	G. LLEWELLYN	55	ABC	3365m
3	B. WEYMER	58	NGF	3025m
4	A. BELTON	59	WEP	2949m
5	B. PURNELL	59	ABC	2930m
6	B. PALMER	55	QTV	2850m
7	J. CAIRNS	59	ABC	2490m
8	D. WILLIAMS	56	WCR	2470m
9	J. DAVEY	56	VSS	2450m

Event: 50m BACKSTROKE
Best Time: 35.86 B. BARRY

1	B. BARRY	58	NLS	35.86
2	P. BENT	56	NWG	36.34
3	B. ORCHARD	58	VPP	36.85
4	D. LOELIGER	55	SAM	40.18
5	J. SULZBACH	55	QUW	40.77
6	J. WILLIAMS	57	NTW	41.01
7	N. LEE	56	VBL	42.06
8	B. BARRATT	56	SMR	42.20
9	G. BRUCE	56	WOP	42.94
10	M. HALL	56	NNS	43.59

Event: 100m BACKSTROKE
Best Time: 1-18.93 B. BARRY

1	B. BARRY	58	NLS	1-18.93
2	B. BARRATT	57	SMR	1-32.24
3	M. HALL	56	NNS	1-36.03
4	J. HAWTHORNE	56	NHN	1-36.71
5	G. BRUCE	55	WOP	1-37.18
6	B. MALCOLM	57	VNL	1-39.23
7	J. LEMMON	59	NET	1-40.63
8	R. CLEE	55	VNL	1-42.07
9	G. KAY	55	NML	1-44.21
10	R. LINDSAY	58	NCT	1-49.12

Event: 200m BACKSTROKE
Best Time: 2-46.59 B. BARRY

1	B. BARRY	58	NLS	2-46.59
2	J. HAWTHORNE	56	NHN	3-30.91
3	J. LEMMON	59	NET	3.32.12
4	M. HALL	56	NNS	3-34.29
5	J. McCRAE	59	QTV	3-47.81
6	J. McINERNEY	55	NWG	3-49.58
7	R. CLEE	55	VNL	3-50.88
8	J. CAIRNS	59	ABC	4-02.27
9	B. PALMER	55	QTV	4-02.97
10	B. PURNELL	59	ABC	4-12.25

Event: 400m BACKSTROKE AGE 55-59
Best Time: 5-56.87 B. BARRY

1	B. BARRY	58	NLS	5-56.87
2	J. HAWTHORNE	55	NHN	7-26.68
3	R. CLEE	55	VNL	7-49.63
4	R. LINSDAY	58	NCT	8-02.89
5	J. CAIRNS	59	ABC	8-10.00
6	B. PALMER	55	QTV	8-16.23
7	B. PURNELL	59	ABC	8-34.37
8	J. BROWN	58	VSS	8-35.28
9	L. BELL	56	NWS	8-41.46
10	J. MAARSSEN	55	WKW	9-13.47

Event: 800m BACKSTROKE
Best Time: 14-19.52 N. STEVENS '87

1	J. HAWTHORNE	56	NHN	14-55.72
2	J. CAIRNS	59	ABC	16-29.45
3	R. LINDSAY	58	NCT	16-48.24
4	B. PURNELL	59	ABC	17-28.13
5	B. PALMER	55	QTV	17-52.22
6	J. BROWN	58	VSS	19-09.51
7	G. LLEWELLYN	55	ABC	22-10.51
8	J. YOUNG	55	NGF	24-54.68

Event: 1500m BACKSTROKE
Best Time: 29-19.52 J. HAWTHORNE

1	J. HAWTHORNE	56	NHN	29-19.52
2	J. CAIRNS	59	ABC	31-07.74
3	R. CLEE	56	VNL	33-40.78
4	B. PURNELL	59	ABC	35-14.92
5	B. WEYMER	58	NGF	36-48.36
6	J. BROWN	58	VSS	37-10.09
7	E. TOFFOLI	58	VSS	44-40.32
8	R. SAUNDER	58	VSS	46-53.81

Event: 3000m BACKSTROKE
Best Time: 58-44.37 J. HAWTHORNE '88

1	B. PURNELL	59	ABC	71-43.44
2	R. SAUNDER	58	VSS	93-55.61

Event: 5000m BACKSTROKE
Best Time: 102-02.00 J. HAWTHORNE

1	J. HAWTHORNE	56	NHN	102-02.00
2	B. PURNELL	59	ABC	122-06.30

Event: 1 HOUR BACKSTROKE
Best Distance: 3056m J. HAWTHORNE

1	J. HAWTHORNE	56	NHN	3056m
2	J. CAIRNS	59	ABC	2610m
3	B. PURNELL	59	ABC	2515m

Event: 50m BREASTSTROKE AGE 55-59
Best Time: 39.13 J. DAVIES '88

1	D. LOELIGER	55	SAM	39.78
2	J. DAVIES	58	SMR	39.80
3	J. WILLIAMS	57	NTW	40.62
4	B. BARRY	58	NLS	41.37
5	B. WEYMER	58	NGF	42.37
6	P. DAYKIN	56	VBL	42.86
7	D. COUPE	59	VGP	43.22
8	B. MALCOLM	57	VNL	43.63
9	F. ELSOM	58	NNS	44.90
10	N. LEE	56	VBL	45.75

Event: 100m BREASTSTROKE
Best Time: 1-32.44 B. BARRY

1	B. BARRY	58	NLS	1-32.44
2	B. WEYMER	59	NGF	1-35.36
3	D. COUPE	59	VGP	1-40.21
4	B. MALCOLM	57	VNL	1-42.72
5	R. CLEE	56	VNL	1-42.73
6	B. HIRD	55	NAF	1-44.77
7	J. MAARSSEN	55	WKW	1-49.28
8	G. de VRIES	55	VGL	1-53.01
9	J. HAWTHORNE	55	NHN	1-53.39
10	J. WARD	57	WMV	1-53.68

Event: 200m BREASTSTROKE
Best Time: 3-10.42 D. LOELIGER

1	D. LOELIGER	55	SAM	3-10.42
2	J. DAVIES	58	SMR	3-21.10
3	B. MALCOLM	57	VNL	3-35.90
4	D. COUPE	59	VGP	3-41.20
5	B. WEYMER	58	NGF	3-48.52
6	J. MENADUE	59	THB	3-53.81
7	H. MARKUS	58	QMM	3-56.75
8	B. PALMER	55	QTV	4-00.00
9	J. HAWTHORNE	56	NHN	4-01.75
10	B. PURNELL	59	ABC	4-07.08

Event: 400m BREASTSTROKE
Best Time: 7-32.04 J. WILLIAMS '87

1	B. MALCOLM	57	VNL	7-44.87
2	R. LINDSAY	58	NCT	8-23.12
3	J. HAWTHORNE	56	NHN	8-25.67
4	B. WEYMER	58	NGF	8-31.15
5	R. BROMLEY	56	VNL	8-45.41
6	B. PURNELL	58	ABC	8-45.66
7	B. PALMER	55	QTV	8-47.29
8	A. VELTON	59	WEP	8-48.00
9	K. SIMONS	55	SAM	8-48.72
10	G. de VRIES	55	VGL	9-02.90

Event: 800m BREASTSTROKE AGE 55-59
Best Time: 15-55.00 B.MALCOLM '88

1	B. MALCOLM	57	VNL	16-04.65
2	B. WEYMER	58	NGF	17-27.82
3	J. HAWTHORNE	56	NHN	17-30.24
4	B. PURNELL	58	ABC	18-01.22
5	J. BROWN	58	VSS	18-20.36
6	A. BELTON	59	WEP	18-26.00
7	K. SIMONS	55	SAM	18-39.77
8	J. ENSOR	56	QSC	19-27.08
9	B. DONALDSON	58	NHN	19-38.84
10	J. MAHER	56	NWS	19-39.63

Event: 1500m BREASTSTROKE
Best Time: 31-28.00 D. COUPE '88

1	J. HAWTHORNE	56	NHN	33-47.49
2	B. WEYMER	58	NGF	33-49.00
3	B. PURNELL	59	ABC	34-21.65
4	A. BELTON	59	WEP	36-39.00
5	J. BROWN	58	VSS	36-58.11
6	J. ENSOR	56	QSC	36-59.01
7	J. VERWEY	56	NKM	38-29.47

Event: 3000m BREASTSTROKE
Best Time: 64-07.00 D. COUPE '88

1	B. WEYMER	58	NGF	66-50.97
2	J. HAWTHORNE	56	NHN	68-33.86
3	B. PURNELL	59	ABC	69-30.70
4	J. BROWN	58	VSS	73-20.82

Event: 5000m BREASTSTROKE
Best Time: 113-13.34 J. HAWTHORNE '88

1	J. HAWTHORNE	56	NHN	117-49.04
2	J. BROWN	58	VSS	120-53.68
3	B. PURNELL	59	ABC	122-10.90

Event: 1 HOUR BREASTSTROKE
Best Time: 2810m D. COUPE '88

1	B. WEYMER	59	NGF	2700m
2	J. HAWTHORNE	56	NHN	2615m
3	B. PURNELL	59	ABC	2585m

Event: 50m BUTTERFLY AGE 55-59
Best Time: 34.94 P. BENT

1	P. BENT	56	NWG	34.94
2	J. WILLIAMS	57	NTW	35.71
3	N. LEE	56	VBL	37.06
4	J. HAWTHORNE	56	NHN	37.22
5	B. BARRY	57	NLS	38.03
6	P. DAYKIN	56	VBL	39.78
7	J. SULZBACH	55	QUW	40.97
8	R. CLEE	56	VNL	41.36
9	N. EARL	55	WBM	41.66
10	B. ORCHARD	58	VPP	41.83

Event: 100m BUTTERFLY
Best Time: 1-22.42 P. BENT

1	P. BENT	56	NWG	1-22.42
2	J. DAVIES	58	SMR	1-38.43
3	B. PALMER	55	QTV	1-43.22
4	J. HANCOCK	56	WOP	1-59.28
5	R. LINDSAY	58	NCT	1-59.96
6	J. McCRAE	59	QTV	2-03.96

Event: 200m BUTTERFLY
Best Time: 3-05.08 J. WILLIAMS

1	J. DAVIES	58	SMR	3-35.43
2	J. HAWTHORNE	56	NHN	3-37.00
3	B. MALCOLM	56	VNL	3-38.62
4	B. BARRATT	57	SMR	3-42.44
5	D. COUPE	59	VGP	3-52.38
6	J. LEMMON	59	NET	4-02.67
7	R. CLEE	55	VNL	4-26.06
8	R. LINDSAY	58	NCT	4-52.84

Event: 400m BUTTERFLY
Best Time: 8-03.76 J. HAWTHORNE '88

1	J. HAWTHORNE	56	NHN	8-10.65

Event: 800m BUTTERFLY
Best Time: 16-19.91 J. HAWTHORNE

1	J. HAWTHORNE	56	NHN	16-19.91

Event: 100m INDIVIDUAL MEDLEY AGE 55-59
Best Time: 1-14.57 B. BARRY '86

1	D. LOELIGER	56	SAM	1-19.67
2	B. BARRY	58	NLS	1-22.01
3	P. DAYKIN	56	VBL	1-28.18
4	J. SULZBACH	55	QUW	1-28.40
5	J. HAWTHORNE	55	NHN	1-28.52
6	J. LEMMON	59	NET	1-28.78
7	J. DAVIES	58	SMR	1-29.07
8	N. LEE	56	VBL	1-29.29
9	B. ORCHARD	58	VPP	1-29.74
10	G. ROSS	58	QMM	1-30.66

Event: 200m INDIVIDUAL MEDLEY
Best Time: 3-05.32 J. WILLIAMS

1	J. WILLIAMS	57	NTW	3-05.32
2	J. HAWTHORNE	56	NHN	3-10.08
3	J. LEMMON	58	NET	3-24.48
4	B. MALCOLM	57	VNL	3-26.69
5	J. SULZBACH	55	QUW	3-30.90
6	R. LINDSAY	58	NCT	3-37.54
7	R. CLEE	55	VNL	3-41.70
8	B. PALMER	55	QTV	3-43.60
9	J. McCRAE	59	QTV	3-52.56
10	J. MAHER	56	NWS	2-55.45

Event: 400m INDIVIDUAL MEDLEY
Best Time: 6-22.52 B. BARRY '86

1	J. HAWTHORNE	55	NHN	7-01.74
2	B. MALCOLM	57	VNL	7-41.88
3	R. LINDSAY	58	NCT	8-19.47
4	B. PALMER	55	QTV	8-26.82
5	R. CLEE	55	VNL	8-31.46
6	J. McCRAE	59	QTV	8-43.63
7	J. BROWN	58	VSS	8-49.48
8	J. DAVEY	56	VSS	10-18.30
9	J. YOUNG	55	NGF	11-38.50

Event: 800m INDIVIDUAL MEDLEY
Best Time: 14-57.65 J. HAWTHORNE '88

1	J. HAWTHORNE	55	NHN	15-10.60
2	J. DAVEY	56	VSS	22-33.58

Event: 50m FREESTYLE AGE 60-64
Best Time: 30.69 K. LITTLE '83

1	K. JONES	61	NRY	32.88
2	R. HARTLEY	62	WCR	33.05
3	T. DONOVAN	62	VNL	33.34
4	J. ASHLEY	60	NML	33.41
5	J. COLES	62	STT	33.53
6	R. CARLON	60	NML	33.87
7	J. VIDAL	62	NML	35.82
8	D. MICKLE	63	WML	35.88
9	J. McCRAE	60	QTV	36.14
10	G. MAINA	60	QTD	36.20

Event: 100m FREESTYLE
Best Time: 1-15.79 T. DONOVAN

1	T. DONOVAN	62	VNL	1-15.79
2	J. ASHBURY	60	NML	1-16.06
3	K. ROW	63	WOP	1-19.34
4	J. COLES	62	STT	1-21.41
5	D. REDPATH	62	SMR	1-22.40
5	J. WHYTE	60	WOP	1-22.40
7	N. CLARK	60	WOP	1-25.65
8	R. PHILPOT	62	NET	1-27.62
9	T. TANSLEY	63	VGL	1-28.37
10	V. GREEN	61	VDV	1-29.53

Event: 200m FREESTYLE
Best Time: 2-35.43 R. HARTLEY '88

1	R. CARLON	60	NML	2-55.98
2	T. DONOVAN	62	VNL	2-58.93
3	J. WHYTE	60	WOP	3-02.14
4	R. GIBBS	61	NHN	3-13.98
5	D. HALL	60	VDC	3-14.45
6	D. HARKUP	60	WRK	3-20.00
7	R. PHILPOT	63	NET	3-29.89
8	G. MORRIS	60	WOP	3-32.97
9	B. IRESON	60	NGF	3-34.59
10	G. STEWART	63	NWS	3-38.11

Event: 400m FREESTYLE
Best Time: 5-39.09 R. HARTLEY

1	R. HARTLEY	62	WCR	5-39.09
2	K. JONES	61	NRY	5-58.87
3	K. MARSHALL	63	VBD	6-30.05
4	T. DONOVAN	62	VNL	6-31.53
5	R. GIBBS	61	NHN	6-39.97
6	D. HALL	60	VDC	6-43.69
7	D. HARKUP	60	WRK	7-00.18
8	V. GREEN	60	VDV	7-42.77
9	R. HOPKINS	63	NWS	7-46.26
10	R. PHILPOT	62	NET	8-04.20

Event: 800m FREESTYLE AGE 60-64
Best Time: 11-15.20 R. HARTLEY '88

1	R. HARTLEY	63	WCR	11-26.60
2	D. HALL	60	VDC	14-02.05
3	T. DONOVAN	62	VNL	14-27.82
4	D. HARKUP	60	WRK	14-54.82
5	R. PHILPOT	62	NET	15-26.27
6	W. RIVERS	64	NCR	16-31.70
7	B. IRESON	61	NGF	16-56.98
8	G. STEWART	63	NWS	17-44.40
9	W. LENNON	63	NCR	19-00.76

Event: 1500m FREESTYLE
Best Time: 22-47.26 R. HARTLEY

1	R. HARTLEY	62	WCR	22-47.26
2	R. BUTTON	64	NTN	24-54.49
3	K. JONES	61	NRY	25-43.06
4	T. DONOVAN	62	VNL	27-15.19
5	D. HARKUP	60	WRK	29-27.34
6	W. RIVERS	64	NCR	33-30.08
7	W. LENNON	63	NCR	36-38.95

Event: 1 HOUR FREESTYLE
Best Distance: 3950m R. HARTLEY

1	R. HARTLEY	62	WCR	3950m
2	W. LENNON	63	NCR	2350m

Event: 50m BACKSTROKE
Best Time: 40.17 R. CARLON

1	R. CARLON	60	NML	40.17
2	R. POWELL	61	VFR	41.56
3	K. JONES	61	NRY	41.85
4	O. FORD	63	VGP	42.36
5	D. REDPATH	62	SMR	44.05
6	M. STEVENS	62	QTW	44.40
7	J. ASHLEY	60	NML	45.27
8	T. DONOVAN	61	VNL	45.54
9	R. HARTLEY	62	WCR	45.62
10	B. CLEAVER	62	NTN	46.34

Event: 100m BACKSTROKE
Best Time: 1-29.28 R. CARLON

1	R. CARLON	60	NML	1-29.28
2	O. FORD	63	VGP	1-40.61
3	G. MORRIS	60	WOP	1-44.15
4	D. REDPATH	62	SMR	1-45.46
5	R. PHILPOT	63	NET	1-48.86
6	J. NIMMO	64	QCN	1-55.45
7	M. NOBLE	64	WOP	1-57.15
8	G. STEWART	63	NWS	1-59.62
9	D. HALL	60	VDC	2-00.83
10	R. COLLINSON	63	WOP	2-00.91

Event: 200m BACKSTROKE AGE 60-64
Best Time: 3-18.70 R. CARLON

1	R. CARLON	60	NML	3-18.70
2	G. MORRIS	60	WOP	3-46.04
3	O. FORD	63	VGP	3-50.23
4	D. REDPATH	62	SMR	3-55.63
5	R. PHILPOT	62	NET	3-57.54
6	D. HALL	60	VDC	4-07.79
7	J. WHYTE	60	WOP	4-20.04
8	D. HARKUP	60	WRK	4-22.00
9	W. RIVERS	64	NCR	4-54.12
10	S. PATERSON	63	WOP	5-18.07

Event: 400m BACKSTROKE
Best Time: 7-10.36 M. STEVENS '87

1	K. JONES	61	NRY	7-30.42
2	D. HALL	60	VDC	8-20.84
3	D. HARKUP	60	WRK	8-40.20
4	W. RIVERS	64	NCR	10-07.81
5	B. IRESON	61	NGF	10-42.97
6	W. LENNON	63	NCR	10-58.82
7	R. MARCHANT	61	QSC	11-20.33

Event: 800m BACKSTROKE
Best Time: 14-56.81 M. STEVENS '88

1	R. BUTTON	64	NTN	17-44.27
2	D. HARKUP	60	WRK	18-06.21
3	W. RIVERS	64	NCR	21-08.78
4	W. LENNON	63	NCR	21-49.78

Event: 1500m BACKSTROKE
Best Time: 29-36.77 M. STEVENS '87

1	W. RIVERS	64	NCR	42-11.62
2	B. RIESON	61	NGF	42-57.55
3	W. LENNON	63	NCR	44-17.83

Event: 50m BREASTSTROKE
Best Time: 41.28 R. POWELL

1	R. POWELL	61	VFR	41.28
2	J. VIDAL	62	NML	42.96
3	L. STENSTROM	60	NNS	43.27
4	G. MORRIS	60	WOP	45.44
5	T. CARTWRIGHT	60	NET	46.35
6	T. TANSLEY	63	VGL	46.70
7	B. STEVENS	63	SMR	47.68
8	T. DONOVAN	61	VNL	48.41
9	R. COLLINSON	63	WOP	48.47
10	J. WHYTE	60	WOP	48.59

Event: 100m BREASTSTROKE AGE 60-64
Best Time: 1-38.31 R. POWELL

1	R. POWELL	61	VFR	1-38.31
2	J. VIDAL	62	NML	1-41.74
3	G. MORRIS	60	WOP	1-48.24
4	K. GALLAGHER	62	WIW	1-49.84
5	B. IRESON	60	NGF	1-50.77
6	B. THOMAS	62	VNL	1-51.98
7	K. ROW	63	WOP	1-52.20
8	J. WHYTE	60	WOP	1-52.49
9	S. WATSON	64	NNS	1-52.63
10	T. TANSLEY	63	VGL	1-52.90

Event: 200m BREASTSTROKE
Best Time: 3-51.50 R. POWELL

1	R. POWELL	61	VFR	3-51.50
2	K. ROW	63	WOP	4-02.11
3	B. IRESON	61	NGF	4-04.83
4	B. STEVENS	63	SMR	4-08.75
5	J. WHYTE	60	WOP	4-12.92
6	N. CLARK	62	WOP	4-13.42
7	M. HARKER	60	STT	4-26.91
8	G. MORRIS	60	WOP	4-30.33
9	K. WAKE	61	NWG	4-31.69
10	R. COLLINSON	63	WOP	4-34.52

Event: 400m BREASTSTROKE
Best Time: 7-42.00 R. McCABE '83

1	J. VIDAL	62	NML	7-55.67
2	B. IRESON	61	NGF	8-39.55
3	J. CAREY	64	NWG	8-55.32
4	T. DONOVAN	62	VNL	8-57.53
5	M. STEVENS	61	QTW	9-14.33
6	D. HARKUP	60	WRK	9-22.40
7	G. STEWART	63	NWS	9-28.14
8	D. HALL	60	VDC	9-32.13
9	C. COWLAND	64	WKW	9-37.66
10	R. HARDWICK	63	WCR	9-40.24

Event: 800m BREASTSTROKE
Best Time: 15-56.71 R. BUTTON

1	R. BUTTON	64	NHN	15-56.71
2	B. IRESON	61	NGF	17-34.42
3	D. HARKUP	60	WRK	19-21.28
4	M. HARKER	60	STT	20-31.09
5	R. HARDWICK	63	WCR	20-54.47
6	W. RIVERS	64	NCR	23-09.73
7	W. LENNON	63	NCR	23-48.46

Event: 1500m BREASTSTROKE AGE 60-64
Best Time: 32-12.49 B. IRESON '88

1	R. WALLACE	62	TLC	45-03.18
2	W. LENNON	63	NCR	46-47.28

Event: 3000m BREASTSTROKE
Best Time: 70-42.31 B. IRESON

1	B. IRESON	61	NGF	70-42.31

Event: 5000m BREASTSTROKE
Best Time: 120-41.12 B. IRESON

1	B. IRESON	61	NGF	120-41.12

Event: 1 HOUR BREASTSTROKE
Best Distance: 2625m J. CAREY

1	J. CAREY	64	NWG	2625m
2	B. IRESON	61	NGF	2600m
3	R. HARDWICK	63	WCR	2075m
4	R. WALLACE	62	TLC	1955m

Event: 50m BUTTERFLY
Best Time: 38.54 L. STENSTROM

1	L. STENSTROM	60	NNS	38.54
2	J. VIDAL	62	NML	42.78
3	J. SUTCLIFFE	61	VGP	43.17
4	T. DONOVAN	62	VNL	43.24
5	K. ROW	63	WOP	43.58
6	A. MORRIS	63	NLS	44.24
7	H. WEHRENS	61	VDV	44.85
8	G. STEWART	63	NWS	45.41
9	R. PHILPOT	63	NET	45.52
10	T. CARTWRIGHT	60	NET	45.88

Event: 100m BUTTERFLY
Best Time: 1-39.00 B. STEVENS

1	B. STEVENS	64	SMR	1-39.00
2	J. SUTCLIFFE	61	VGP	1-44.89
3	W. RIVERS	64	NCR	3-07.16

Event: 200m BUTTERFLY
Best Time: 3-46.79 K. VICKERY '87

1	J. SUTCLIFFE	61	VGP	4-12.61
2	J. VIDAL	62	NML	4-27.29

Event: 100m INDIVIDUAL MEDLEY AGE 60-64
Best Time: 1-26.29 K. VICKERY '84

1	T. DONOVAN	61	VNL	1-34.16
2	J. VIDAL	62	NML	1-34.97
3	R. HARTLEY	62	WCR	1-35.24
4	R. POWELL	61	VFR	1-35.28
5	R. CARLON	60	NML	1-35.63
6	B. STEVENS	64	SMR	1-40.37
7	M. STEVENS	62	QTW	1-40.41
8	S. WATSON	64	NNS	1-41.24
9	G. STEWART	63	NWS	1-44.59
10	G. MORRIS	60	WOP	1-45.32

Event: 200m INDIVIDUAL MEDLEY
Best Time: 3-15.26 K. VICKERY '84

1	K. JONES	61	NRY	3-18.83
2	K. ROW	63	WOP	3-58.78
3	J. WHYTE	60	WOP	4-14.44

Event: 400m INDIVIDUAL MEDLEY
Best Time: 7-08.52 K. VICKERY '88

1	D. HARKUP	60	WRK	8-27.95
2	W. RIVERS	64	NCR	10-44.96
3	W. LENNON	63	NCR	11-31.17

Event: 800m INDIVIDUAL MEDLEY
Best Time: 16-22.61 M. STEVENS

1	M. STEVENS	61	QTW	16-22.61

Event: 50m FREESTYLE AGE 65-69
Best Time: 32.20 R. BUTTON

1	R. BUTTON	65	NHN	32.20
2	K. VICKERY	65	NET	32.81
3	N. DOUST	65	NWG	34.42
4	R. ALLERTON	69	NGS	36.78
5	B. GASTON	68	WCM	36.92
6	T. GEARY	67	SMR	38.28
7	R. RODGERS	65	VSS	38.53
8	R. MITCHELL	68	NRW	39.48
9	B. McCABE	68	VNL	39.49
10	J. EIFLER	66	WMV	39.60

Event: 100m FREESTYLE AGE 65-69
Best Time: 1-13.26 K. VICKERY

1	K. VICKERY	66	NET	1-13.26
2	N. DOUST	65	NWG	1-21.39
3	R. ALLERTON	69	NGS	1-23.69
4	B. McCABE	68	VNL	1-32.35
5	R. MITCHELL	68	VRW	1-33.09
6	J. EIFLER	66	WMV	1-34.24
7	R. MILLER	65	QSC	1-35.75
8	R. RUCK	66	VRW	1-36.00
9	S. KRASEY	68	VNL	1-40.89
10	R. COOPER	65	WSM	1-44.63

Event: 200m FREESTYLE
Best Time: 2-45.26 K. VICKERY

1	K. VICKERY	65	NET	2-45.26
2	J. JENKINS	69	NML	3-02.74
3	B. McCABE	68	VNL	3-20.73
4	R. RUCK	67	VRW	3-46.04
5	J. COCKBURN	68	NCS	3-53.19
6	N. ILSLEY	65	VNL	4-01.57
7	J. EIFLER	66	WMV	4-12.89
8	D. NEIGHBOUR	65	NET	4-19.59
9	J. LEE	68	NNS	5-37.23

Event: 400m FREESTYLE
Best Time: 6-04.91 K. VICKERY

1	K. VICKERY	66	NET	6-04.91
2	R. RUCK	66	VRW	7-22.78
3	R. RODGERS	66	VSS	7-47.18
4	D. FOWLES	67	QBN	8-09.03
5	N. ILSLEY	65	VNL	9-07.70
6	W. BROOM	68	NBT	9-10.40
7	D. FERGUSON	67	WMV	9-24.83
8	D. NEIGHBOUR	65	NET	10-07.02
9	J. FRAZER	67	VPP	10-18.04

Event: 800m FREESTYLE
Best Time: 12-28.20 B. HARRIS '85

1	R. BUTTON	65	NHN	12-36.73
2	K. VICKERY	65	NET	12-52.06
3	R. RODGERS	66	VSS	16-16.58
4	D. FOWLES	67	QBN	16-33.95
5	D. FERGUSON	67	WMV	19-27.94
6	D. NEIGHBOUR	65	NET	20-38.89

Event: 1500m FREESTYLE AGE 65-69
Best Time: 32-58.60 R. RODGERS

1	R. RODGERS	66	VSS	32-58.60

Event: 3000m FREESTYLE
Best Time: 66-55.11 R. RODGERS

1	R. RODGERS	66	VSS	66-55.11
2	D. FOWLES	68	QBN	68-40.11
3	J. COCKBURN	68	NCS	77-34.21

Event: 5000m FREESTYLE
Best Time: 117-02.34 R. RODGERS

1	R. RODGERS	66	VSS	117-02.34
2	E. HILL	65	QTW	145-56.59

Event: 1 HOUR FREESTYLE
Best Distance: 2700m D. FOWLES

1	D. FOWLES	68	QBN	2700m
2	R. RODGERS	66	VSS	2450m

Event: 50m BACKSTROKE
Best Time: 42.13 K. VICKERY

1	K. VICKERY	65	NET	42.13
2	B. GASTON	68	WCM	43.77
3	J. JENKINS	69	NML	43.97
4	R. SNELL	68	VDV	47.19
5	R. ROBERTS	66	WSM	45.47
6	R. COOPER	65	WSM	49.49
7	R. ALLERTON	67	NGS	50.36
8	B. McCABE	68	VNL	50.44
9	R. MITCHELL	68	VRW	51.82
10	J. EIFLER	66	WMV	53.01

Event: 100m BACKSTROKE
Best Time: 1-36.44 K. VICKERY

1	K. VICKERY	66	NET	1-36.44
2	R. COOPER	65	WSM	1-44.51
3	T. GEARY	67	SMR	1-47.74
4	S. KRASEY	68	VNL	1-50.16
5	J. COCKBURN	68	NCS	1-58.89
6	R. RUCK	67	VRW	2-04.66
7	J. EIFLER	66	WMV	2-06.56
8	D. FERGUSON	67	WMV	2-12.81
9	D. FOWLES	67	QBN	2-14.73
10	R. CLEGGETT	66	SWD	2-31.53

Event: 200m BACKSTROKE AGE 65-69
Best Time: 3-33.60 K. VICKERY

1	K. VICKERY	66	NET	3-33.60
2	J. CAREY	65	NWG	3-54.35
3	S. KRASEY	68	VNL	3-55.53
4	J. COCKBURN	68	NCS	4-17.21
5	N. ILSLEY	65	VNL	5-06.29
6	R. CLEGGETT	68	SWD	5-18.06

Event: 400m BACKSTROKE
Best Time: 7-36.62 K. VICKERY

1	K. VICKERY	65	NET	7-36.62
2	R. BUTTON	65	NHN	7-54.87
3	S. KRASEY	68	VNL	8-32.07
4	R. RODGERS	66	VSS	10-02.88
5	D. FERGUSON	67	WMV	10-04.52
6	D. FOWLES	67	QBN	11-42.52

Event: 800m BACKSTROKE
Best Time: 15-15.19 K. VICKERY

1	K. VICKERY	65	NET	15-15.19
2	R. BUTTON	65	NHN	15-57.96
3	W. BROOM	68	NBT	20-12.39
4	D. FERGUSON	67	WMV	20-16.61
5	R. RODGERS	66	VSS	20-26.10

Event: 1500m BACKSTROKE
Best Time: 28-40.63 K. VICKERY

1	K. VICKERY	65	NET	28-40.63
2	R. BUTTON	65	NHN	31-18.44
3	R. RODGERS	66	VSS	38-33.06
4	D. FOWLES	67	QBN	43-26.89

Event: 3000m BACKSTROKE
Best Time: 83-28.65 R. RODGERS

1	R. RODGERS	66	VSS	83-28.65
2	D. FERGUSON	67	WMV	83-43.09

Event: 1 HOUR BACKSTROKE
Best Distance: 2250m R. RODGERS

1	R. RODGERS	66	VSS	2250m

Event: 50m BREASTSTROKE AGE 65-69
Best Time: 42.30 G. SAHLEY '88

1	B. McCABE	69	VNL	44.83
2	S. KRASEY	68	VNL	45.16
3	J. CAREY	65	NWG	45.84
4	R. ROBERTS	66	WSM	46.27
5	N. DOUST	65	NWG	46.85
6	K. VICKERY	65	NET	46.88
7	J. EIFLER	66	WMV	48.07
8	A. BAILY	65	NGS	49.63
9	T. GEARY	67	SMR	51.13
10	D. FOWLES	67	QBN	53.29

Event: 100m BREASTSTROKE
Best Time: 1-38.49 B. McCABE '85

1	B. McCABE	69	VNL	1-40.72
2	J. CAREY	65	NWG	1-41.72
3	R. BUTTON	65	NHN	1-42.43
4	K. VICKERY	65	NET	1-42.89
5	D. FOWLES	67	QBN	1-57.24
6	J. EIFLER	66	WMV	1-59.01
7	R. COOPER	65	WSM	2-00.22
8	B. WHYTE	69	WIW	2-03.31
9	W. BROOM	68	NBT	2-04.00
10	B. CHAPMAN	65	WSM	2-11.72

Event: 200m BREASTSTROKE
Best Time: 3-48.25 B. McCABE

1	B. McCABE	69	VNL	3-48.25
2	J. CAREY	65	NWG	3-48.73
3	R. COOPER	65	WSM	4-13.39
4	D. NEIGHBOUR	65	NET	6-17.75
5	M. BAGLEY	69	NNS	8-38.84

Event: 400m BREASTSTROKE
Best Time: 8-02.50 B. McCABE '86

1	B. McCABE	69	VNL	8-19.09
2	J. CAREY	65	NWG	8-20.50
3	R. RODGERS	66	VSS	9-58.40
4	D. NEIGHBOUR	65	NET	11-50.11
5	J. COCKBURN	68	NCS	12-09.37

Event: 800m BREASTSTROKE
Best Time: 15-54.07 R. BUTTON

1	R. BUTTON	65	NHN	15-54.07
2	B. McCABE	68	VNL	17-29.20
3	R. RODGERS	66	VSS	21-07.00
4	D. FERGUSON	67	WMV	21-31.16

Event: 1500m BREASTSTROKE AGE 65-69
Best Time: 31-24.33 B. McCABE '86

1	B. McCABE	68	VNL	33-37.55
2	D. FOWLES	67	QBN	38-34.63
3	R. RODGERS	66	VSS	42-31.00

Event: 3000m BREASTSTROKE
Best Time: 65-45.00 B. McCABE

1	D. FERGUSON	67	WMV	84-37.24
2	R. RODGERS	66	VSS	88-55.26

Event: 5000m BREASTSTROKE
Best Time: 111-21.00 B. McCABE '87

1	R. RODGERS	66	VSS	153-40.97

Event: 1 HOUR BREASTSTROKE
Best Distance: 2750m B. McCABE '87

1	R. RODGERS	66	VSS	2100m

Event: 50m BUTTERFLY
Best Time: 39.00 R. BUTTON

1	R. BUTTON	65	NHN	39.00
2	J. JENKINS	69	NML	43.03
3	K. VICKERY	65	NET	43.32
4	J. CAREY	65	NWG	47.23
5	J. EIFLER	66	WMV	56.25
6	B. McCABE	69	VNL	59.15
7	R. RODGERS	66	VSS	1-03.89
8	E. HILL	66	QTW	1-08.55
9	B. CHAPMAN	65	WSM	1-15.59

Event: 100m BUTTERFLY
Best Time: 2-08.12 B. McCABE

1	B. McCABE	69	VNL	2-08.12

Event: 200m BUTTERFLY
Best Time: 3-57.04 B. McCABE

1	B. McCABE	69	VNL	3-57.04
2	K. VICKERY	65	NET	4-01.27

Event: 400m BUTTERFLY
Best Time: 8-09.15 B. McCABE '88

1	B. McCABE	69	VNL	8-39.56
2	R. RODGERS	66	VSS	12-29.90
3	E. HILL	65	QTW	12-53.70

Event: 800m BUTTERFLY AGE 65-69
Best Time: 17-14.23 B. McCABE '88

1	R. RODGERS	66	VSS	26-46.69

Event: 100m INDIVIDUAL MEDLEY
Best Time: 1-26.20 R. BUTTON

1	R. BUTTON	65	NHN	1-26.20
2	K. VICKERY	65	NET	1-30.65
3	J. JENKINS	69	NML	1-35.45
4	J. CAREY	65	NWG	1-37.27
5	S. KRASEY	68	VNL	1-40.64
6	B. McCABE	68	VNL	1-40.99
7	B. GASTON	68	WCM	1-45.09
8	J. SCARR	66	QTD	1-47.99
9	R. ROBERTS	66	WSM	1-49.53
10	D. FOWLES	68	QBN	1-51.32

Event: 200m INDIVIDUAL MEDLEY
Best Time: 4-36.63 R. RODGERS

1	R. RODGERS	66	VSS	4-36.63

Event: 400m INDIVIDUAL MEDLEY
Best Time: 7-34.96 K. VICKERY

1	K. VICKERY	65	NET	7-34.96
2	B. McCABE	68	VNL	8-26.51
3	R. RODGERS	66	VSS	9-50.08

Event: 800m INDIVIDUAL MEDLEY
Best Time: 15-46.89 K. VICKERY

1	K. VICKERY	65	NET	15-46.89
2	R. RODGERS	66	VSS	21-02.38

Event: 50m FREESTYLE AGE 70-74
Best Time: 32.54 D. JOY

1	D. JOY	70	NWG	32.54
2	B. ALLERTON	70	NGS	36.26
3	C. TOMPKINS	71	VPP	37.03
4	S. SIMPSON	73	NML	37.36
5	D. JEFFRIES	71	WCM	37.87
6	H. CRISP	72	NML	39.01
7	J. WINTERS	72	NML	39.90
8	L. BULLEN	70	NWG	40.32
9	T. REES	71	VNL	40.97
10	L. CAMPBELL	71	NHN	43.49

Event: 100m FREESTYLE AGE 70-74
Best Time: 1-18.97 D. JOY

1	D. JOY	70	NWG	1-18.97
2	B. ALLERTON	70	NGS	1-23.35
3	C. TOMPKINS	71	VPP	1-29.91
4	L. BULLEN	70	NWG	1-31.04
5	J. WINTERS	72	NML	1-34.86
6	L. CAMPBELL	71	NHN	1-35.73
7	T. REES	70	VNL	1-37.50
8	B. PURVIS	72	WKW	1-45.59
9	J. BELL	71	SRY	1-58.16
10	D. KENNEDY	71	WCM	2-03.61

Event: 200m FREESTYLE
Best Time: 3-09.75 J. JENKINS

1	J. JENKINS	70	NML	3-09.75
2	B. ALLERTON	70	NGS	3-17.47
3	L. CAMPBELL	71	NHN	3-30.50
4	T. REES	70	VNL	3-44.78
5	H. CRISP	72	NML	3-59.19
6	B. PURVIS	72	WKW	4-05.65
7	D. GAHA	73	NWG	4-43.73
8	M. BAGLEY	70	NNS	9-28.08

Event: 400m FREESTYLE
Best Time: 6-29.68 J. JENKINS

1	J. JENKINS	70	NML	6-29.68
2	C. TOMPKINS	71	VPP	7-15.69
3	L. CAMPBELL	71	NHN	7-16.20
4	L. BULLEN	70	NWG	7-43.90
5	T. REES	70	VNL	7-46.39
6	B. PURVIS	72	WKW	9-18.05

Event: 800m FREESTYLE
Best Time: 14-36.30 L. CAMPBELL

1	L. CAMPBELL	71	NHN	14-36.30
2	L. BULLEN	70	NWG	16-03.10
3	T. REES	70	VNL	16-41.13

Event: 1500m FREESTYLE
Best Time: 31-38.96 L. BULLEN

1	L. BULLEN	70	NWG	31-38.96

Event: 3000m FREESTYLE
Best Time: 64-36.83 L. BULLEN

1	L. BULLEN	70	NWG	64-36.83

Event: 1 HOUR FREESTYLE AGE 70-74
BestDistance: 2775m L. BULLEN

1	L. BULLEN	70	NWG	2775m

Event: 50m BACKSTROKE
Best Time: 43.85 D. JEFFRIES

1	D. JEFFRIES	71	WCM	43.85
2	J. JENKINS	70	NML	44.01
3	C. TOMPKINS	70	VPP	48.23
4	D. JOY	70	NWG	48.83
5	S. SIMPSON	74	NML	49.35
6	B. ALLERTON	70	NGS	51.69
7	J. WINTERS	72	NML	56.79
8	L. BULLEN	70	NWG	57.77
9	T. REES	70	VNL	1-02.16
10	H. CRISP	72	NML	1-08.92

Event: 100m BACKSTROKE
Best Time: 1-36.86 J. JENKINS

1	J. JENKINS	70	NML	1-36.86
2	B. ALLERTON	70	NGS	1-54.81
3	L. CAMPBELL	71	NHN	2-03.13
4	L. BULLEN	70	NWG	2-08.45
5	J. WINTERS	72	NML	2-11.87
6	D. KENNEDY	71	WCM	2-23.85
7	M. PARKER	74	VNL	2-31.28
8	J. SAVAGE	74	SAM	3-08.00

Event: 200m BACKSTROKE
Best Time: 3-33.33 J. JENKINS

1	J. JENKINS	70	NML	3-33.33
2	B. ALLERTON	70	NGS	4-16.71
3	L. BULLEN	70	NWG	4-50.85
4	J. SAVAGE	74	SAM	5-55.26

Event: 400m BACKSTROKE
Best Time: 8-29.69 C. TOMPKINS

1	C. TOMPKINS	70	VPP	8-29.69
2	L. CAMPBELL	71	NHN	9-05.44
3	L. BULLEN	70	NWG	9-29.94
4	T. REES	70	VNL	10-51.29

Event: 800m BACKSTROKE
Best Time: 19-16.45 L. BULLEN

1	L. BULLEN	70	NWG	19-16.45

Event: 50m BREASTSTROKE AGE 70-74
Best Time: 52.59 T. REES

1	T. REES	70	VNL	52.59
2	H. CRISP	72	NML	57.84
3	J. BELL	71	SRY	58.89
4	C. TOMPKINS	70	VPP	59.73
5	S. SIMPSON	74	NML	1-04.45
6	B. ALLERTON	70	NGS	1-04.70
7	L. BULLEN	70	NWG	1-09.60
8	M. PARKER	74	VNL	1-21.55
9	J. SAVAGE	74	SAM	1-23.15
10	D. GAHA	73	NWG	1-24.13

Event: 100m BREASTSTROKE
Best Time: 2-01.08 D. KENNEDY

1	D. KENNEDY	71	WCM	2-01.08
2	T. REES	70	VNL	2-04.58
3	H. CRISP	72	NML	2-25.87
4	L. CAMPBELL	71	NHN	2-32.01
5	L. BULLEN	70	NWG	2-59.59
6	D. GAHA	73	NWG	3-20.57
7	M. BAGLEY	70	NNS	3-54.23

Event: 200m BREASTSTROKE
Best Time: 4-39.63 T. REES

1	T. REES	70	VNL	4-39.63
2	J. BELL	71	SRY	5-42.00

Event: 400m BREASTSTROKE
Best Time: 9-59.88 T. REES

1	T. REES	70	VNL	9-59.88

Event: 1 HOUR BREASTSTROKE
Best Distance: 1450m H. REDPATH

1	H. REDPATH	70	QSM	1450m

Event: 50m BUTTERFLY
Best Time: 42.05 C. TOMPKINS

1	C. TOMPKINS	70	VPP	42.05
2	J. JENKINS	70	NML	42.76
3	D. JEFFRIES	71	WCM	43.20
4	J. WINTERS	72	NML	1-02.40
5	L. BULLEN	70	NWG	1-07.50
6	L. CAMPBELL	71	NHN	1-08.87
7	R. DUNN	72	QTD	1-16.68
8	H. REDPATH	71	QSM	1-20.38

Event: 100m BUTTERFLY AGE 70-74
Best Time: 2-28.00 L. CAMPBELL

1	L. CAMPBELL	71	NHN	2-28.00

Event: 200m BUTTERFLY
Best Time: 5-07.81 L. CAMPBELL

1	L. CAMPBELL	71	NHN	5-07.81

Event: 400m BUTTERFLY
Best Time: 15-06.13 H. REDPATH

1	H. REDPATH	70	QSM	15-06.13

Event: 800m BUTTERFLY
Best Time: 32-53.56 H. REDPATH

1	H. REDPATH	70	QSM	32-53.56

Event: 1500m BUTTERFLY
Best Time: 66-06.00 H. REDPATH

1	H. REDPATH	70	QSM	66-06.00

Event: 1 HOUR BUTTERFLY
Best Distance: 1425m H. REDPATH

1	H. REDPATH	70	QSM	1425m

Event: 100m INDIVIDUAL MEDLEY
Best Time: 1-34.67 D. JEFFREY '87

1	J. JENKINS	70	NML	1-36.04
2	C. TOMPKINS	70	VPP	1-50.19
3	T. REES	70	VNL	2-03.53
4	B. ALLERTON	70	NGS	2-03.62
5	L. CAMPBELL	71	NHN	2-04.50
6	R. DUNN	72	QTD	2-05.50
7	D. KENNEDY	71	WCM	2-11.02
8	J. WINTERS	72	NML	2-16.21
9	L. BULLEN	70	NWG	2-20.63
10	H. REDPATH	71	QSM	2-34.98

Event: 200m INDIVIDUAL MEDLEY
Best Time: 3-39.94 J. JENKINS

1	J. JENKINS	70	NML	3-39.94
2	L. CAMPBELL	71	NHN	4-21.26

Event: 400m INDIVIDUAL MEDLEY
Best Time: 9-30.14 L. CAMPBELL

1	L. CAMPBELL	71	NHN	9-30.14

Event: 800m INDIVIDUAL MEDLEY AGE70-74
Best Time: 16-46.16 L. BULLEN

1	L. BULLEN	70	NWG	16-46.16
2	H. REDPATH	70	QSM	24-35.80

Event: 50m FREESTYLE AGE 75-79
Best Time: 42.44 J. COMYNS

1	J. COMYNS	78	NAC	42.44
2	G. McGILVRAY	77	NWG	42.52
3	B. WESTWOOD	76	WIW	46.37
4	B. BUSST	78	NWS	49.01
5	R. JEFFREY	79	WCM	54.08
6	B. DOWKER	75	QTV	1-02.60
6	K. SARSON	77	SMR	1-02.60
8	K. FORD	75	NCR	1-06.71
9	J. HOLMES	77	NET	1-07.16
10	G. COZINS	79	NNS	1-18.49

Event: 100m FREESTYLE
Best Time: 1-42.59 G. McGILVRAY

1	G. McGILVRAY	77	NWG	1-42.59
2	R. JEFFREY	79	WCM	2-06.76
3	K. FORD	75	NCR	2-32.16
4	J. HOLMES	78	NET	2-48.24
5	G. COZINS	78	NNS	3-05.13

Event: 200m FREESTYLE
Best Time: 4-57.69 B. DOWKER

1	B. DOWKER	75	QTV	4-57.69
2	K. FORD	75	NCR	5-02.07

Event: 400m FREESTYLE
Best Time: 10-28.52 K. FORD

1	K. FORD	75	NCR	10-28.52

Event: 800m FREESTYLE
Best Time: 14-50.40 G. McGILVRAY '87

1	B. DOWKER	75	QTV	21-24.81
2	K. FORD	75	NCR	22-08.98

Event: 1500m FREESTYLE
Best Time: 39-32.00 K. FORD

1	K. FORD	75	NCR	39-32.00

Event: 1 HOUR FREESTYLE AGE 75-79
BestDistance: 2750m G. McGILVRAY '87

1	G. McGILVRAY	77	NWG	2575m
2	K. FORD	75	NCR	2254m

Event: 50m BACKSTROKE
Best Time: 1-03.08 G. McGILVRAY

1	G. McGILVRAY	77	NWG	1-03.08
2	R. JEFFREY	79	WCM	1-05.43
3	B. BUSST	78	NWS	1-05.66
4	A. CLARKE	76	QTW	1-09.49
5	B. WESTWOOD	76	WIW	1-10.21
6	J. HOLMES	77	NET	1-16.11
7	K. FORD	76	NCR	1-18.54
8	G. COZINS	79	NNS	1-19.28

Event: 100m BACKSTROKE
Best Time: 2-21.51 R. JEFFREY

1	R. JEFFREY	79	WCM	2-21.51
2	A. BURGOYNE	79	QCN	2-21.97
3	G. McGILVRAY	77	NWG	2-28.69
4	B. DOWKER	75	QTV	2-42.58
5	B. BUSST	78	NWS	2-42.60
6	K. FORD	76	NCR	2-44.13
7	G. COZINS	79	NNS	2-52.02

Event: 200m BACKSTROKE
BestTime: 5-30.71 G. McGILVRAY

1	G. McGILVRAY	77	NWG	5-30.71
2	K. FORD	76	NCR	5-44.90
3	G. COZINS	79	NNS	6-10.65

Event: 400m BACKSTROKE
Best Time: 11-39.43 K. FORD

1	K. FORD	76	NCR	11-39.43

Event: 800m BACKSTROKE
Best Time: 24-41.98 K. FORD

1	K. FORD	76	NCR	24-41.98

Event: 50m BREASTSTROKE
Best Time: 56.34 A. BURGOYNE

1	A. BURGOYNE	79	QCN	56.34
2	B. WESTWOOD	75	WIW	58.41
3	K. SARSON	77	SMR	1-03.86
4	B. BUSST	78	NWS	1-16.66
5	G. McGILVRAY	77	NWG	1-17.24
6	J. HOLMES	77	NET	1-27.13
7	K. FORD	76	NCR	1-33.84
8	B. DOWKER	75	QTV	1-36.92
9	G. COZINS	79	NNS	1-41.43

Event; 100m BREASTSTROKE AGE 75-79
Best Time: 2-28.47 B. COLQUHOUN

1	B. COLQUHOUN	78	WIW	2-28.47
2	R. JEFFREY	79	WCM	2-58.51
3	K. FORD	76	NCR	3-08.88
4	B. BUSST	78	NWS	3-22.61
5	G. COZINS	78	NNS	3-35.50

Event: 200m BREASTSTROKE
Best Time: 4-23.91 F. GRIFFITHS '86

1	A. BURGOYNE	79	QCN	5-01.11
2	K. SARSON	77	SMR	6-04.02
3	K. FORD	76	NCR	6-49.02

Event: 400m BREASTSTROKE
Best Time: 11-29.95 A. CLARKE

1	A. CLARKE	75	QTW	11-29.95
2	K. FORD	75	NCR	13-57.00

Event: 50m BUTTERFLY
Best Time: 1-32.29 K. FORD

1	K. FORD	76	NCR	1-32.29
2	G. COZINS	79	NNS	1-44.12

Event: 100m INDIVIDUAL MEDLEY
Best Time: 1-54.49 F. GRIFFITHS '86

1	K. FORD	76	NCR	2-38.88
2	G. COZINS	79	NNS	3-08.83

Event: 200m INDIVIDUAL MEDLEY
Best Time: 7-14.92 G. COZINS

1	G. COZINS	79	NNS	7-14.92

Event: 50m FREESTYLE AGE 80-84
Best Time: 40.50 F. GRIFFITHS

1	F. GRIFFITHS	81	NET	40.50
2	C. JARDINE	83	NSG	44.95
3	R. WILLIAMS	83	NHN	47.31
4	T. ROGERS	81	VNL	1-00.57

Event: 100m FREESTYLE
Best Time: 1-35.10 F. GRIFFITHS

1	F. GRIFFITHS	81	NET	1-35.10
2	R. WILLIAMS	83	NHN	1-55.56
3	J. ROGERS	81	VNL	2-06.60

Event: 200m FREESTYLE
Best Time: 4-40.15 R. WILLIAMS

1	R. WILLIAMS	83	NHN	4-40.15

Event: 400m FREESTYLE AGE 80-84
Best Time: 10-18.16 R. WILLIAMS

1	R. WILLIAMS	83	NHN	10-18.16

Event: 50m BACKSTROKE
Best Time: 1-04.75 F. GRIFFITHS

1	F. GRIFFITHS	81	NET	1-04.75
2	C. JARDINE	83	NSG	1-07.67
3	J. ROGERS	81	VNL	1-13.18
4	R. WILLIAMS	83	NHN	1-18.63

Event: 50m BREASTSTROKE
Best Time: 58.49 F. GRIFFITHS

1	F. GRIFFITHS	81	NET	58.49
2	C. JARDINE	83	NSG	1-15.50

Event: 200m BREASTSTROKE
Best Time: 5-03.07 F. GRIFFITHS

1	F. GRIFFITHS	81	NET	5-03.07

Event: 50m BUTTERFLY
Best Time: 1-04.93 F. GRIFFITHS

1	F. GRIFFITHS	81	NET	1-04.93

Event: 100m INDIVIDUAL MEDLEY
Best Time: 2-04.55 F. GRIFFITHS '88

1	R. WILLIAMS	84	NHN	3-01.00

Event: 50m FREESTYLE AGE 90-94
Best Time: 50.57 L. SPARRIUS

1	L. SPARRIUS	90	QSC	50.57

Event: 50m FREESTYLE AGE 20-24
Best Time: 28.22 R. WHITE

1	R. WHITE	21	TDP	28.22
2	S. PALMER	24	SAM	30.44
3	V. MOORE	23	TLC	30.91
4	S. DUNNING	23	QTV	30.95
5	M. VON XANTEN	22	QTV	31.28
6	J. MESSENGER	22	SAT	31.32
7	D. THOMAS	20	SAM	31.42
8	L. STEPHENS	21	SMR	31.55
9	A. BILLBROUGH	22	VFR	31.63
10	E. COMO	23	NGF	32.00

Event: 100m FREESTYLE
Best Time: 1-02.01 R. WHITE

1	R. WHITE	21	TDP	1-02.01
2	K. PRYDE	24	VPP	1-05.82
3	V. MOORE	23	TLC	1-07.61
4	M. VON XANTEN	22	QTV	1-07.63
5	S. FOX	24	VSN	1-08.63
6	L. SWINBURN	23	NNS	1-12.44
7	S. DUNNING	23	QTV	1-14.91
8	A. BROWN	22	NLS	1-15.18
9	M. EYRE	23	NNS	1-15.21
10	E. COMO	23	NGF	1-15.57

Event: 200m FREESTYLE
Best Time: 2-15.39 S. MORGAN '88

1	R. WHITE	21	TDP	2-16.29
2	S. PALMER	24	SAM	2-25.23
3	V. MOORE	23	TLC	2-29.88
4	A. CARNE	20	SRY	2-35.24
5	B. BRADDICK	20	WOP	2-38.57
6	M. EYRE	23	NNS	2-42.49
7	C. BARTLEY	21	WEP	2-43.00
8	M. BECK	23	QTV	2-47.33
9	B. McKENZIE	23	QTV	2-48.02
10	L. KISLER	24	VDC	2-53.92

Event: 400m FREESTYLE
Best Time: 4-57.12 S. PALMER

1	S. PALMER	24	SAM	4-57.12
2	A. CARNE	20	SRY	5-16.50
3	M. VON XANTEN	22	QTV	5-23.15
4	C. BARTLEY	21	WEP	5-36.00
5	J. BAXTER	23	THB	5-37.71
6	M. EYRE	23	NNS	5-45.45
7	K. PRYDE	24	VPP	5-49.75
8	M. BECK	23	QTV	5-50.55
9	L. KILSER	24	VDC	6-11.21
10	M. WILSON	23	NAD	6-15.99

Event: 800m FREESTYLE AGE 20-24
Best Time: 9-59.63 S. LOCKYER '84

1	S. PALMER	24	SAM	10-01.04
2	M. VON XANTEN	22	QTV	10-43.71
3	B. McKENZIE	24	QTV	11-38.54
4	C. BARTLEY	21	WEP	11-42.00
5	K. PRYDE	24	VPP	11-48.44
6	M. BECK	23	QTV	12-05.13
7	D. CROSS	22	NTW	12-43.78
8	L. KISLER	24	VDC	13-05.91
9	T. CURRAN	24	NSF	13-10.21
10	E. COMO	23	NGF	13-23.98

Event: 1500m FREESTYLE
Best Time: 18-48.02 S. PALMER

1	S. PALMER	24	SAM	18-48.02
2	K. PRYDE	24	VPP	22-02.90
3	C. BARTLEY	21	WEP	22-30.00
4	M. BECK	23	QTV	23-53.71
5	D. CROSS	22	NTW	24-35.00
6	L. KISLER	24	VDC	25-44.02
7	K. BATES	23	NBN	27-54.67
8	M. DEVENEY	20	NGF	28-15.38
9	C. HENNESSY	22	WEP	31-26.00
10	D. EGGLETON	24	NGS	33-58.95

Event: 3000m FREESTYLE
Best Time: 43-34.39 M. HIRST '87

1	C. BARTLEY	21	WEP	45-34.00
2	M. BECK	23	QTV	54-47.00
3	M. DEVENEY	20	NGF	55-48.18
4	D. EGGLETON	24	NSF	67-08.61

Event: 5000m FREESTYLE
Best Time: 75-51.81 M. HIRST '87

1	M. BECK	23	QTV	92-16.00
2	M. DEVENEY	20	NGF	93-51.25

Event: 1 HOUR FREESTYLE
Best Distance: 3625m M. BECK

1	M. BECK	23	QTV	3625m
2	M. DEVENEY	20	NGF	3275m
3	T. CURRAN	24	NSF	3250m
4	B. BRADDICK	20	WOP	3100m
5	K. AUSTIN	24	WSS	2800m
6	C. HENNESSY	22	WEP	2650m
7	D. EGGLETON	24	NSF	2500m

Event: 50m BACKSTROKE AGE 20-24
Best Time: 32.55 S. MORGAN '88

1	A.	BILBROUGH	22	VFR	34.77
2	F.	BILBROUGH	22	VFR	36.22
3	S.	FOX	24	VSN	37.92
4	M.	VON XANTEN	22	QTV	38.74
5	S.	COLEMAN	20	VSS	39.51
6	L.	SWINBURN	23	NNS	39.69
7	K.	AUSTIN	24	WSS	40.12
8	M.	DEVENEY	20	NGF	40.80
9	C.	BARTLEY	21	WEP	40.81
10	K.	CONDON	20	VSN	41.22

Event: 100m BACKSTROKE
Best Time: 1-11.43 S. MORGAN '88

1	K.	PRYDE	24	VPP	1-14.27
2	A.	BILBROUGH	22	VFR	1-15.21
3	F.	BILBROUGH	22	VFR	1-16.56
4	S.	PALMER	24	SAM	1-17.31
5	J.	MESSENGER	21	SAT	1-21.21
6	M.	VON XANTEN	22	QTV	1-21.31
7	S.	DUNNING	23	QTV	1-26.53
8	C.	BARTLEY	21	WEP	1-28.00
9	K.	AUSTIN	24	WSS	1-29.72
10	M.	EYRE	23	NNS	1-29.94

Event: 200m BACKSTROKE
Best Time: 2-35.03 S. MORGAN '88

1	S.	DUNNING	23	QTV	3-08.96
2	M.	EYRE	23	NNS	3-17.17
3	J.	BARONIAN	24	SWD	3-25.50
4	K.	AUSTIN	24	WSS	3-30.88
5	M.	BECK	23	QTV	3-43.17
6	L.	KISLER	24	VDC	3-46.62
7	B.	McKENZIE	23	QTV	3-53.78
8	P.	GREGSON	24	VDC	4-07.11
9	C.	HENNESSY	22	WEP	4-14.00
10	A.	JAMES	24	NAF	4-28.58

Event: 400m BACKSTROKE
Best Time: 5-29.02 S. BRISTOW '84

1	K.	PRYDE	24	VPP	6-23.18
2	M.	DEVENEY	20	NGF	7-13.57
3	L.	KISLER	24	VDC	7-40.53
4	M.	BECK	23	qtv	7-44.80
5	P.	GREGSON	24	VDC	8-29.27
6	D.	EGGLETON	24	NSF	8-36.53
7	V.	SMITH	24	WRK	10-31.39
8	M.	MOXHAM	24	NSF	10-45.40
9	R.	DUNPHY	21	NSF	11-32.38

Event: 800m BACKSTROKE AGE 20-24
Best Time: 12-23.11 L. HART '87

1	M.	BECK	23	QTV	15-36.23
2	M.	DEVENEY	20	NGF	16-47.87
3	D.	EGGLETON	24	NSF	19-04.00
4	M.	MOXHAM	24	NSF	22-34.75

Event: 1500m BACKSTROKE
Best Time: 26-34.18 S. GARVEY

1	S.	GARVEY		VPP	26-34.18
2	M.	DEVENEY	29	NGF	28-10.41
3	M.	BECK	23	QTV	32-11.00
4	D.	EGGLETON	24	NSF	36-13.00

Event: 3000m BACKSTROKE
Best Time: 56-55.31 M. HIRST '88

1	D.	EGGLETON	24	NSF	73-44.38

Event: 1 HOUR BACKSTROKE
Best Distance: 2875m M. BECK

1	M.	BECK	23	QTV	2875m
2	D.	EGGLETON	24	NSF	2400m

Event: 50m BREASTSTROKE
Best Time: 36.95 M. VON XANTEN

1	M.	VON XANTEN	22	QTV	36.95
2	L.	KEYS	21	QUW	37.06
3	S.	KIMBERLEY	24	VSN	38.09
4	M.	BECK	23	QTV	39.10
5	S.	DUNNING	23	QTV	40.33
6	D.	MILLINGTON	24	VSN	41.50
7	B.	McKENZIE	23	QTV	42.47
8	S.	COLEMAN	20	VSS	43.03
9	L.	McMALLON	24	NAO	43.42
10	A.	BROWN	22	NLS	43.47

Event: 100m BREASTSTROKE
Best Time: 1-27.31 R. GILES

1	R.	GILES	24	WCM	1-27.31
2	S.	KIMBERLEY	24	VSN	1-27.65
3	D.	MILLINGTON	24	VSN	1-33.47
4	C.	MARRIOTT	24	NAE	1-39.39
5	E.	COMO	23	NGS	1-40.67
6	T.	BRANDIS	24	WSM	1-45.61
7	K.	AUSTIN	24	WSS	1-48.40
8	S.	PADDICK	22	WOP	1-49.33
9	B.	BRADDICK	20	WOP	1-50.60
10	S.	BODYCOTE	22	NHN	1-52.79

Event: 200m BREASTSTROKE AGE 20-24
Best Time: 2-55.01 M. VON XANTEN

1	M. VON XANTEN	22	QTV	2-55.01
2	B. McKENZIE	23	QTV	3-34.37
3	S. DUNNING	23	QTV	3-38.06
4	J. MacDONALD	23	TLC	3-40.34
5	T. SINCLAIR	23	VSS	3-41.04
6	B. BRADDICK	20	WOP	3-51.43
7	M. BECK	23	QTV	3-53.42
8	L. KISLER	24	VDC	3-55.42
9	J. BARONIAN	24	SWD	3-56.50
10	S. BODYCOTE	22	NHN	3-59.39

Event: 400m BREASTSTROKE
Best Time: 6-18.85 M. VON XANTEN

1	M. VON XANTEN	22	QTV	6-18.85
2	L. KISLER	24	VDC	7-55.17
3	T. SINCLAIR	23	VSS	7-56.56
4	J. McDONALD	23	TLC	8-12.54
5	M. BECK	23	QTV	8-19.57
6	T. CURRAN	24	NSF	8-23.06
7	C. HENNESSY	22	WEP	8-27.00
8	M. DEVENEY	20	NGF	8-36.68
9	K. AUSTIN	24	WSS	9-06.54
10	D. LAWRENCE	24	WEP	9-42.00

Event: 800m BREASTSTROKE
Best Time: 13-48.09 M. HIRST '87

1	T. SINCLAIR	23	VSS	16-06.00
2	M. BECK	23	QTV	16-28.36
3	L. KISLER	24	VDC	16-28.45
4	T. CURRAN	24	NSF	16-38.54
5	M. DEVENEY	20	NGF	17-27.94
6	C. HENNESSY	22	WEP	18-20.00
7	D. EGGLETON	23	NSF	21-16.29

Event: 1500m BREASTSTROKE
Best Time: 31-37.85 L. KISLER

1	L. KISLER	24	VDC	31-37.85
2	M. BECK	23	QTV	32-17.00
3	M. DEVENEY	20	NGF	33-51.44
4	D. EGGLETON	24	NSF	40-26.70

Event: 3000m BREASTSTROKE
Best Time: 54-18.72 M. HIRST '88

1	M. BECK	23	QTV	68-16.98

Event: 1 HOUR BREASTSTROKE AGE 20-24
Best Distance: 3250m M. HIRST '88

1	M. DEVENEY	20	NGF	2450m
2	D. EGGLETON	24	NSF	2150m

Event: 50m BUTTERFLY
Best Time: 31.52 R. WHITE

1	R. WHITE	21	TDP	31.52
2	A. BILBROUGH	22	VFR	31.99
3	V. MOORE	23	TLC	33.63
4	K. PRYDE	24	VPP	33.85
5	M. VON XANTEN	23	QTV	34.88
6	M. THORNTON	22	VSN	35.51
7	S. COLEMAN	21	VSS	35.60
8	F. BILBROUGH	22	VFR	36.16
9	R. GILES	24	WCM	36.34
9	E. COMO	23	NGF	36.34

Event: 100m BUTTERFLY
Best Time: 1-10.86 S. MORGAN '88

1	R. WHITE	21	TDP	1-11.37
2	J. BAXTER	23	THB	1-15.91
3	V. MOORE	23	TLC	1-16.01
4	J. MESSENGER	22	SAT	1-17.84
5	M. VAN XANTEN	22	QTV	1-18.40
6	S. DUNNING	23	QTV	1-31.38
7	B. McKENZIE	24	QTV	1-32.47
8	L. KISLER	24	VDC	1-42.36

Event: 200m BUTTERFLY
Best Time: 2-29.72 S. PALMER

1	S. PALMER	24	SAM	2-29.72
2	M. VON XANTEN	22	QTV	3-06.54
3	S. DUNNING	23	QTV	3-47.52
4	L. KISLER	24	VDC	4-05.16

Event: 400m BUTTERFLY
Best Time: 6-09.59 L. STANLEY '86

1	M. BECK	23	QTV	7-11.94

Event: 800m BUTTERFLY
Best Time: 14-30.52 M. HIRST '88

1	M. BECK	23	QTV	14-59.89

Event: 100m INDIVIDUAL MEDLEY AGE 20-24
Best Time: 1-11.96 S. MORGAN '88

1	R. WHITE	21	TDP	1-12.58
2	K. McMALLON	23	NAD	1-14.16
3	E. COMO	23	NGF	1-14.39
4	M. VON XANTEN	22	QTV	1-15.91
5	V. MOORE	23	TLC	1-16.31
6	K. PRYDE	24	VPP	1-17.42
7	A. BILBROUGH	21	VFR	1-17.48
8	J. BAXTER	23	THB	1-19.38
9	S. DUNNING	23	QTV	1-21.17
10	L. KEYS	21	QUW	1-23.65

Event: 200m INDIVIDUAL MEDLEY
Best Time: 2-42.22 M. VON XANTEN

1	M. VON XANTEN	22	QTV	2-42.22
2	K. PRYDE	24	VPP	2-48.75
3	L. SWINBURN	23	NNS	3-04.48
4	C. BARTLEY	21	WEP	3-05.00
5	S. DUNNING	23	QTV	3-20.25
6	M. BECK	23	QTV	3-24.29
7	K. AUSTIN	24	WSS	3-32.10
8	B. McKENZIE	23	QTV	3-55.25

Event: 400m INDIVIDUAL MEDLEY
Best Time: 6-12.33 V. MOORE

1	V. MOORE	23	TLC	6-12.33
2	M. BECK	23	QTV	6-59.83
3	L. KISLER	24	VDC	7-21.72
4	T. SINCLAIR	23	VSS	7-58.75
5	M. DEVENEY	20	NGF	8-33.00
6	M. LEVONIS	24	QTW	8-41.42

Event: 800m INDIVIDUAL MEDLEY
Best Time: 13-07.29 A. ZAVETCHANOS '88

1	M. BECK	23	QTV	14-37.07
2	L. KISLER	24	VDC	15-35.22
3	T. SINCLAIR	23	VSS	16-27.83

Event: 50m FREESTYLE AGE 25-29
Best Time: 28.46 J. COSSTICK '88

1	D. O'DONNELL	27	QUW	29.33
2	K. PRYDE	25	VPP	29.56
3	S. MORGAN	26	NWG	29.60
4	S. BRISTOW	29	NNS	29.64
5	S. TULLY	26	WCM	30.44
6	N. NIXON	28	VDC	30.47
7	J. SUTCLIFFE	28	SAM	30.73
8	S. BARRETT	27	VPP	31.15
9	J. RAYNER	27	QMM	31.19
10	C. JONES	26	SWD	31.34

Event: 100m FREESTYLE AGE 25-29
Best Time: 1-02.70 J. COSSTICK '88

1	S. BRISTOW	29	NNS	1-03.85
2	D. O'DONNELL	27	QUW	1-03.98
3	K. PRYDE	25	VPP	1-04.19
4	S. PALMER	25	SAM	1-05.25
5	S. TULLY	26	WCM	1-06.61
6	C. JONES	26	SWD	1-08.22
7	M. HIRST	25	QTV	1-08.40
8	K. NAVARA	28	ATN	1-08.68
9	N. NIXON	27	VDC	1-08.76
10	H. PRICE	26	QSM	1-11.81

Event: 200m FREESTYLE
Best Time: 2-13.77 J. COSSTICK '88

1	K. AIKEN	27	THB	2-21.08
2	N. NIXON	28	VDC	2-22.78
3	S. TULLY	26	WCM	2-25.03
4	K. NAVARA	28	QTN	2-26.81
5	M. HENNIG	28	WML	2-30.12
6	C. GILES	25	NNS	2-30.74
7	M. HIRST	25	QTV	2-31.19
8	R. MALONEY	27	WML	2-36.45
9	L. ANSELL	27	WMV	2-36.93
10	A. DYKE	26	VPP	2-42.90

Event: 400m FREESTYLE
Best Time: 4-44.56 C. FERGUSON '87

1	N. NIXON	28	VDC	4-58.74
2	M. HENNIG	27	WML	5-11.31
3	C. GILES	25	NNS	5-15.89
4	L. ANSELL	27	WMV	5-30.69
5	J. LEVY	29	VPP	5-48.27
6	A. DYKE	26	VPP	5-54.28
7	J. DICKEY	28	VDC	5-55.20
8	J. KOPECEK	25	VDC	5-55.29
9	T. COLYER	28	ABC	6-04.78
10	L. ALLEN-SHORT	26	NHN	6-06.44

Event: 800m FREESTYLE
Best Time: 9-21.60 S. PALMER-WHITE

1	S. PALMER-WHITE	25	SAM	9-21.60
2	N. NIXON	27	VDC	10-22.86
3	M. HENNIG	28	WML	10-42.49
4	M. HIRST	25	QTV	10-50.25
5	L. ANSELL	26	WMV	11-38.06
6	J. KOPECEK	25	VDC	11-52.39
7	E. MALONEY	27	VPP	12-28.49
8	L. ALLEN-SHORT	26	NHN	12-30.60
9	A. DYKE	26	VPP	12-34.74
10	J. DICKEY	28	VDC	12-43.59

Event: 1500m FREESTYLE AGE 25-29
Best Time: 21-42.01 M. HIRST

1	M. HIRST	25	QTV	21-42.01
2	N. NIXON	28	VDC	21-59.33
3	J. KOPECEK	25	VDC	22-16.50
4	L. ANSELL	27	WMV	22-44.36
5	J. DICKEY	28	VDC	24-31.06
6	T. COLYER	28	ABC	25-12.52
7	C. NOONAN	26	NCR	25-34.56
8	K. MURDEN	29	NTW	25-38.00
9	T. CURRAN	25	NSF	26-29.05
10	R. BLENHEIM	27	VDC	28-28.18

Event: 3000m FREESTYLE
Best Time: 38-56.33 I. HOL '86

1	N. NIXON	28	VDC	43-56.84
2	M. HIRST	25	QTV	44-01.33
3	K. MAIDMENT		VPP	44-33.31
4	S. BARRETT	27	VPP	45-01.40
5	T. COLYER	28	ABC	50-28.67
6	J. DICKEY	28	VDC	51-38.73
7	T. CURRAN	25	NSF	53-08.03
8	L. HARRISON	29	QTV	54-07.67
9	L. FORMATO	28	WSS	72-40.20
10	M. MOXHAM	25	NSF	79-45.80

Event: 5000m FREESTYLE
Best Time: 65-00.55 I. HOL '86

1	N. NIXON	28	VDC	73-45.00
2	M. HIRST	25	QTV	75-53.00
3	T. COLYER	28	ABC	84-21.20
4	T. CURRAN	25	NSF	91-35.89
5	L. HARRISON	29	QTV	94-53.47

Event: 1 HOUR FREESTYLE
Best Distance: 4600m I. HOL '86

1	M. HIRST	25	QTV	4175m
2	N. NIXON	28	VDC	3980m
3	T. COLYER	28	ABC	3565m
4	J. DICKEY	28	VDC	3380m
5	S. CASTLEDINE	25	WEP	2770m
6	L. FORMATO	28	WSS	2700m
7	R. BLENHEIM	27	VDC	2625m

Event: 50m BACKSTROKE AGE 25-29
Best Time: 32.93 S. MORGAN '88

1	S. MORGAN	26	NWG	34.43
2	J. SUTCLIFFE	28	SAM	34.83
2	K. PRYDE	25	VPP	34.83
4	J. KOPECEK	25	VDC	35.52
5	D. O'DONNELL	27	QUW	35.65
6	A. ZAVETCHANOS	25	VPP	35.83
7	T. VALENTINE	26	NAD	36.00
8	J. RAYNER	27	QMM	36.11
9	S. TULLY	26	WCM	36.34
10	N. NIXON	28	VDC	36.57

Event: 100m BACKSTROKE
Best Time: 1-09.56 S. MORGAN

1	S. MORGAN	26	NWG	1-09.56
2	J. KOPECEK	25	VDC	1-15.89
3	L. ANSELL	27	WMV	1-17.54
4	S. TULLY	26	WCM	1-17.60
5	J. SUTCLIFFE	28	SAM	1-17.93
6	S. SALIER	25	SAM	1-18.53
7	T. VALENTINE	26	NAD	1-18.67
8	A. ZAVETCHANOS	25	VPP	1-21.99
9	K. NAVARA	27	ATN	1-22.82
10	J. DICKEY	28	VDC	1-25.85

Event: 200m BACKSTROKE
Best Time: 2-31.99 S. MORGAN

1	S. MORGAN	26	NWG	2-31.99
2	S. PALMER	25	SAM	2-37.20
3	J. SUTCLIFFE	28	SAM	2-47.53
4	J. HARRISON	26	THB	2-49.53
5	L. ANSELL	27	WMV	2-49.59
6	A. ZAVETCHANOS	25	VPP	2-52.36
7	N. NIXON	28	VDC	3-01.57
8	J. DICKEY	28	VDC	3-01.58
9	J. KOPECEK	25	VDC	3-03.56
10	M. JARVIS	28	SMR	3-11.67

Event: 400m BACKSTROKE
Best Time: 5-47.08 S. ANDREW '86

1	L. ANSELL	26	WMV	5-58.89
2	J. DICKEY	28	VDC	6-06.80
3	N. NIXON	28	VDC	6-08.82
4	M. HENNIG	28	WML	6-10.34
5	J. KOPECEK	25	VDC	6-11.15
6	K. PRYDE	25	VPP	6-19.46
7	R. MALONEY	27	WML	6-37.05
8	M. HIRST	25	QTV	6-46.14
9	L. HOWES	26	NHN	7-05.16
10	R. BLENHEIM	27	VDC	7-24.45

Event: 800m BACKSTROKE AGE 25-29
Best Time: 11-52.41 L. HART '87

1	N. NIXON	28	VDC	12-19.96
2	J. KOPECEK	25	VDC	12-26.26
3	K. PRYDE	25	VPP	12-55.53
4	M. HENNIG	28	WML	12-55.70
5	J. DICKEY	28	VDC	12-59.08
6	M. HIRST	25	QTV	14-11.40
7	E. MALONEY	27	VPP	14-36.53
8	L. HARRISON	29	QTV	14-48.02
9	L. HOWES	26	NHN	15-25.65
10	R. BLENHEIM	27	VDC	16-04.33

Event: 1500m BACKSTROKE
Best Time: 22-49.28 M. BARRETT '88

1	J. KOPECEK	25	VDC	23-36.85
2	K. PRYDE	25	VPP	24-08.43
3	J. DICKEY	28	VDC	25-12.06
4	K. MAIDMENT		VPP	26-01.84
5	M. HIRST	25	QTV	27-05.23
6	S. BARRETT	27	VPP	27-26.85
7	L. HARRISON	29	QTV	28-21.51
8	T. COLYER	28	QBC	30-49.51
9	M. MOXHAM	25	NSF	39-48.17

Event: 3000m BACKSTROKE
Best Time: 46-51.71 M. BARRETT '88

1	J. DICKEY	28	VDC	53-30.66
2	M. HIRST	25	QTV	54-44.07
3	T. COLYER	28	ABC	62-43.57

Event: 5000m BACKSTROKE
Best Time: 80-56.51 M. BARRETT '88

1	M. HIRST	25	QTV	92-54.80
2	T. COLYER	28	ABC	107-12.18

Event: 1 HOUR BACKSTROKE
Best Distance: 3800m M. BARRETT '88

1	J. DICKEY	28	VDC	3260m
2	M. HIRST	25	QTV	3150m
3	L. HARRISON	29	QTV	3000m
4	T. COLYER	28	ABC	2865m
5	M. MOXHAM	25	NSF	2050m

Event: 50m BREASTSTROKE AGE 25-29
Best Time: 39.60 M. HIRST

1	M. HIRST	25	QTV	39.60
2	N. NIXON	27	VDC	40.38
3	A. GARDINER	25	VPP	40.48
4	J. KOPECEK	25	VDC	40.53
5	M. RAMSEY	29	VBL	40.79
6	A. ZAVETCHANOS	25	VPP	41.70
7	J. SUTCLIFFE	28	SAM	41.81
8	L. ANSELL	26	WMV	42.68
9	M. HENNIG	28	WML	42.93
10	M. JARVIS	28	SMR	43.03

Event: 100m BREASTSTROKE
Best Time: 1-18.21 L. LEHMANN '88

1	M. HIRST	25	QTV	1-25.88
2	M. HENNIG	28	WML	1-31.22
3	A. GARDINER	25	VPP	1-31.56
4	L. ANSELL	27	WMV	1-32.20
5	S. BARRETT	27	VPP	1-32.60
6	K. PAHLOW	25	VSN	1-34.34
7	L. FREEMAN	28	QMM	1-34.54
8	R. MALONEY	27	WML	1-37.16
9	N. NIXON	28	VDC	1-38.15
10	J. EVANS	27	NLS	1-38.22

Event: 200m BREASTSTROKE
Best Time: 2-46.36 L. LEHMANN '88

1	N. NIXON	28	VDC	3-03.21
2	M. HIRST	25	QTV	3-03.59
3	J. BUNCLE	25	VNL	3-04.27
4	M. JARVIS	28	SMR	3-16.87
5	E. MALONEY	27	VPP	3-21.17
6	L. FREEMAN	28	QMM	3-31.75
7	J. KOPECEK	25	VDC	3-32.81
8	K. GALE	26	WWF	3-35.32
9	J. CURTIS	28	WKW	3-44.42
10	B. DWYER	28	WSM	3-46.01

Event: 400m BREASTSTROKE
Best Time: 6-37.83 N. NIXON

1	N. NIXON	27	VDC	6-37.83
2	M. HIRST	25	QTV	6-49.22
3	S. BOWER	28	TLC	7-04.66
4	M. HENNIG	28	WML	7-04.88
5	C. BROWN	28	TLC	7-05.26
6	J. KOPECEK	25	VDC	7-08.57
7	E. MALONEY	27	VPP	7-08.66
8	T. CURRAN	25	NSF	7-26.55
9	J. EVANS	26	NLS	7-32.35
10	M. BARRETT	28	QTW	7-39.10

Event: 800m BREASTSTROKE AGE 25-29
Best Time: 14-02.13 M. HIRST

1	M. HIRST	25	QTV	14-02.13
2	E. MALONEY	27	VPP	14-16.48
3	N. NIXON	28	VDC	14-21.16
4	J. KOPECEK	25	VDC	14-22.73
5	M. HENNIG	28	WML	14-31.56
6	L. ANSELL	26	WMV	14-37.28
7	S. BOWER	28	TLC	14-51.36
8	M. BARRETT	28	QTW	14-57.65
9	T. CURRAN	25	NSF	15-44.23
10	L. HOWES	26	NHN	16-14.96

Event: 1500m FREESTYLE
Best Time: 26-52.82 N. NIXON

1	N. NIXON	28	VDC	26-52.82
2	M. HIRST	25	QTV	27-04.61
3	J. KOPECEK	25	VDC	27-09.50
4	T. CURRAN	25	NSF	30-49.25
5	A. DYKE	26	VPP	31-21.57
6	R. BLENHEIM	27	VDC	32-20.13
7	T. COLYER	28	ABC	32-39.84
8	J. DICKEY	28	VDC	36-17.35
9	T. WILLIS	29	NGF	36-22.49

Event: 3000m BREASTSTROKE
Best Time: 56-19.36 M. HIRST

1	M. HIRST	25	QTV	56-19.36
2	T. CURRAN	25	NSF	64-01.52
3	T. COLYER	28	ABC	66-34.80
4	T. WILLIS	29	NGF	75-44.09

Event: 5000m BREASTSTROKE
Best Time: 95-42.43 M. HIRST

1	M. HIRST	25	QTV	95-42.43
2	T. CURRAN	25	NSF	107-23.91
3	T. COLYER	28	ABC	110-49.49

Event: 1 HOUR BREASTSTROKE
Best Distance: 3175m M. HIRST

1	M. HIRST	25	QTV	3175m
2	T. COLYER	28	QBC	2710m
3	T. CURRAN	25	NSF	2700m
4	J. DICKEY	28	VDC	2350m

Event: 50m BUTTERFLY AGE 25-29
Best Time: 31.60 .S MORGAN

1	S. MORGAN	26	NWG	31.60
2	N. NIXON	27	VDC	32.58
3	D. O'DONNELL	27	QUW	32.98
4	S. BRISTOW	29	NNS	33.56
5	J. KOPECEK	25	VDC	33.96
6	K. NAVARA	28	ATN	34.30
7	S. TULLY	26	WCM	34.63
8	A. ZAVETCHANOS	25	VPP	35.50
9	H. PRICE	26	QSM	35.87
10	S. BENTLEY	29	VRB	36.99

Event: 100m BUTTERFLY
Best Time: 1-09.03 S. PALMER

1	S. PALMER	25	SAM	1-09.03
2	N. NIXON	28	VDC	1-11.88
3	K. AIKEN	27	THB	1-12.30
4	L. ANSELL	26	WMV	1-19.29
5	K. NAVARA	27	ATN	1-19.63
6	A. ZAVETCHANOS	25	VPP	1-22.29
7	J. BUNCLE	25	VNL	1-22.47
8	M. JARVIS	28	SMR	1-22.50
9	J. KOPECEK	25	VDC	1-29.13
10	A. DYKE	26	VPP	1-32.70

Event: 200m BUTTERFLY
Best Time: 2-24.89 S. PALMER-WHITE

1	S. PALMER-WHITE	25	SAM	2-24.89
2	N. NIXON	28	VDC	2-38.01
3	S. BARRETT	27	VPP	2-57.80
4	S. SALIER	25	SAM	3-01.65
5	L. ANSELL	27	WMV	3-04.14
6	M. JARVIS	28	SMR	3-12.27
7	J. KOPECEK	25	VDC	3-12.79
8	J. DICKEY	28	VDC	3-18.56
9	M. HIRST	25	QTV	3-31.49
10	A. DYKE	26	VPP	3-38.41

Event: 400m BUTTERFLY
Best Time: 5-33.83 N. NIXON

1	N. NIXON	27	VDC	5-33.83
2	M. HENNIG	28	WML	6-08.87
3	J. KOPOCEK	25	VDC	6-43.65
4	J. DICKEY	28	VDC	7-12.01
5	M. HIRST	25	QTV	7-13.45
6	E. MALONEY	27	VPP	7-33.10
7	T. COLYER	28	ABC	7-48.16
8	S. CASTLEDINE	25	WEP	8-41.00

Event: 800m BUTTERFLY AGE 25-29
Best Time: 11-30.22 N. NIXON

1	N. NIXON	28	VDC	11-30.22
2	M. HENNIG	28	WML	12-37.01
3	M. HIRST	25	QTV	14-41.55
4	T. COLYER	28	ABC	16-45.30
5	S, CASTLEDINE	25	WEP	17-56.00

Event: 100m INDIVIDUAL MEDLEY
Best Time: 1-11.45 J. COSSTICK '88

1	S. MORGAN	26	NWG	1-12.25
2	N. NIXON	27	VDC	1-14.96
3	K. NAVARA	28	ATN	1-15.12
4	S. BRISTOW	29	NNS	1-16.05
5	J. SUTCLIFFE	28	SAM	1-16.09
6	S. TULLY	26	WCM	1-16.62
7	J. HARRISON	26	THB	1-16.81
8	K. AIKEN	27	THB	1-17.42
9	J. RAYNER	27	QMM	1-17.89
10	L. ANSELL	26	WMV	1-18.23

Event: 200m INDIVIDUAL MEDLEY
Best Time: 2-53.85 M. HIRST

1	M. HIRST	25	QTV	2-53.85
2	D. COX	28	NTR	3-00.72
3	A. GARDINER	25	VPP	3-03.84
4	K. MURDEN	29	NTW	3-22.23
4	L. HOWES	26	NHN	3-22.23
6	L. HARRISON	28	QTV	3-23.98
7	M. BROWN	28	WKW	3-27.93
8	R. ANDERSON	29	NBA	3-35.94
9	M. KIDDLE	25	QMK	3-59.25

Event: 400m INDIVIDUAL MEDLEY
Best Time: 5-15.65 S. PALMER-WHITE

1	S. PALMER-WHITE	25	SAM	5-15.65
2	N. NIXON	27	VDC	5-50.08
3	L. ANSELL	27	WMV	6-07.50
4	M. HENNIG	27	WML	6-13.59
5	J. KOPECEK	25	VDC	6-25.13
6	E. MALONEY	27	VPP	6-51.71
7	J. DICKEY	28	VDC	7-03.19
8	K. MURDEN	29	NTW	7-11.90
9	L. HOWES	26	NHN	7-15.69
10	T. COLYER	28	ABC	7-17.59

Event: 800m INDIVIDUAL MEDLEY AGE 25-29
Best Time: 12-32.38 M. HENNIG

1	M. HENNIG	28	WML	12-32.38
2	N. NIXON	27	VDC	12-33.55
3	J. KOPECEK	25	VDC	13-04.10
4	M. HIRST	25	QTV	13-25.90
5	E. MALONEY	27	VPP	14-12.65
6	J. DICKEY	28	VDC	14-40.57
7	L. HOWES	26	NHN	15-21.29
8	T. COLYER	28	ABC	15-21.91
9	R. BLENHEIM	27	VDC	15-31.49
10	J. TIBBITTS	29	QTV	17-06.78

Event: 50m FREESTYLE AGE 30-34
Best Time: 29.05 J. COSSTICK

1	J. COSSTICK	30	NRY	29.05
2	A. KILLMIER	32	VPP	30.19
3	L. HERRIMAN	32	QSC	30.55
4	K. BRASHER	32	QHB	30.65
5	S. CROW	32	VDC	31.29
6	C. REABURN	30	QMM	31.86
7	D. GROENEN	30	VRB	31.93
8	C. O'BRIEN	31	WWF	32.10
9	J. CLIFTON	33	VPP	32.21
10	K. VAN KOOL	33	NGS	32.22

Event; 100m FREESTYLE
Best Time: 1-03.70 J. COSSTICK

1	J. COSSTICK	30	NRY	1-03.70
2	L. LEHMANN	30	SMR	1-05.56
3	S. KEARNEY	32	NML	1-07.64
4	L. HERRIMAN	32	QSC	1-08.65
5	D. GROENEN	30	VRB	1-10.52
6	K. VAN KOOL	33	NGS	1-12.35
7	H. RAMSAY	30	VBL	1-12.70
8	D. MARTYN	30	WWF	1-13.40
9	C. O'BRIEN	31	WWF	1-14.10
10	K. CAMERON	30	QUW	1-15.47

Event: 200m FREESTYLE
Best Time: 2-24.15 L. HERRIMAN

1	L. HERRIMAN	32	QSC	2-24.15
2	N. McELROY	31	WOP	2-29.11
3	K. VAN KOOL	33	NGS	2-33.88
4	P. GRAY	33	TLC	2-40.63
5	D. GLENWRIGHT	30	QTS	2-42.43
6	A. HARDMAN	32	NNS	2-44.23
7	H. BRITTEN	30	WOP	2-49.73
8	E. WAKELY	31	VSA	2-50.84
9	D. SULLIVAN	31	NNS	2-51.37
10	N. HOLLIER	32	NLS	2-53.41

Event: 400m FREESTYLE AGE 30-34
Best Time: 4-53.03 M. GRANT '87

1	L. HERRIMAN	32	QSC	5-11.76
2	J. RAMSAY	32	VMU	5-38.09
3	A. KILLMIER	32	VPP	5-42.98
4	D. GROENEN	30	VRB	5-44.79
5	D. MARTYN	30	WWF	5-47.90
6	S. CROW	32	VDC	5-51.40
7	C. O'BRIEN	31	WWF	5-55.59
8	N. HOLLIER	32	NLS	6-00.73
9	A. SNAAUW	30	VWB	6-04.47
10	G. STEPHENS	32	NHL	6-13.20

Event: 800m FREESTYLE
Best Time: 10-47.90 L. HERRIMAN

1	L. HERRIMAN	32	QSC	10-47.90
2	K. SMITH	30	TDP	10-49.97
3	D. MARTYN	30	WWF	11-43.60
4	D. GLENWRIGHT	30	QTW	12-05.21
5	C. O'BRIEN	31	WWF	12-19.62
6	G. STEPHENS	32	NHL	12-46.53
7	G. SMART	30	NWS	12-57.49
8	C. DEWIT	32	NET	12-59.83
9	M. RICHARDS	31	WWF	13-14.59
10	D. SULLLIVAN	31	NNS	13-31.75

Event: 1500m FREESTYLE
Best Time: 20-42.60 K. SMITH

1	K. SMITH	30	TDP	20-42.60
2	P. GRAY	33	TLC	23-45.27
3	M. TAPLIN	32	TLC	24-14.13
4	C. O'BRIEN	31	WWF	24-25.38
5	D. BLOOR	33	WEP	27-11.00
6	T. JOHNSON	30	NTR	28-37.46
7	T. LEOPOLD	33	VDC	30-01.28
8	P. BOURKE	33	NTW	30-16.00
9	T. WILLIS	30	NGS	30-34.12
10	N. KELLY	32	NHN	38-33.42

Event: 3000m FREESTYLE
Best Time: 42-56.72 K. SMITH

1	K. SMITH	30	TDP	42-56.72
2	M. TAPLIN	33	TLC	47-17.50
3	P. GRAY	33	TLC	49-23.42
4	T. JOHNSON	30	NTR	56-18.29
5	D. BLOOR	33	WEP	57-15.00
6	T. WILLIS	30	NGF	61-27.77

Event: 5000m FREESTYLE
Best Time: 106-38.60 T. WILLIS

1	T. WILLIS	30	NGF	106-38.60

Event: 1 HOUR FREESTYLE AGE 30-34
Best Distance: 3900m K. SMITH

1	K. SMITH	30	TDP	3900m
2	M. TAPLIN	33	TLC	3790m
3	D. MARTYN	30	WWF	3600m
4	P. GRAY	33	TLC	3520m
5	D. BLOOR	33	WEP	3135m
6	J. GORST	34	ABC	2895m
7	D. FAHEY	33	NHL	2360m

Event: 50m BACKSTROKE
Best Time: 35.18 A. KILLMIER

1	A. KILLMIER	32	VPP	35.18
2	J. CLIFTON	33	VPP	36.07
3	C. O'BRIEN	31	WWF	37.71
4	S. CROW	32	VDC	38.36
5	K. CAMERON	30	QUW	38.63
6	A. HARDMAN	31	NNS	39.51
7	J. HOLOWIUK	34	VRW	39.52
8	J. McMAHON	31	SRY	39.96
9	G. STEPHENS	33	NHL	40.17
10	D. MARTYN	30	WWF	40.28

Event: 100m BACKSTROKE
Best Time: 1-15.89 A. KILLMIER

1	A. KILLMIER	32	VPP	1-15.89
2	G. STEPHENS	33	NHL	1-23.06
3	A. HOLLINGWORTH	30	WCM	1-23.13
4	P. GRAY	33	TLC	1-27.67
5	C. O'BRIEN	31	WWF	1-28.04
6	N. McELROY	31	WOP	1-28.97
7	K. VAN KOOL	33	NGS	1-30.86
8	M. NIELSEN	31	QCN	1-31.87
9	H. BICKERS	34	SRY	1-34.04
10	D. MARTYN	30	WWF	1-34.50

Event: 200m BACKSTROKE
Best Time: 2-53.43 G. STEPHENS

1	G. STEPHENS	33	NHL	2-53.43
2	P. GRAY	33	TLC	3-04.04
3	D. NORBURY	31	VRW	3-16.52
4	D. MARTYN	30	WWF	3-23.30
5	S. BUSSELL	32	SAM	3-23.72
6	H. BICKERS	34	SRY	3-24.40
7	S. POW	34	WOP	3-31.95
8	S. PETRICK	33	SAM	3-32.00
9	A. KRISCHOCK	33	SMR	3-32.22
10	E. EVATT	31	NNS	3-34.70

Event: 400m BACKSTROKE AGE 30-34
Best Time: 5-58.53 A. KILLMIER

1	A. KILLMIER	32	VPP	5-58.53
2	J. COSSTICK	30	NRY	6-07.36
3	K. SMITH	30	TDP	6-25.13
4	C. O'BRIEN	31	WWF	6-34.41
5	D. MARTYN	30	WWF	6-34.78
6	P. GRAY	33	TLC	6-37.34
7	G. SMART	30	NWS	7-30.96
8	E. EVATT	31	NNS	7-34.97
9	M. RICHARDS	30	WWF	7-35.46
10	J. DAVIDSON	34	QTW	7-37.20

Event: 800m BACKSTROKE
Best Time: 12-13.75 A. KILLMIER

1	A. KILLMIER	32	VPP	12-13.75
2	J. COSSTICK	30	NRY	12-19.42
3	K. SMITH	30	TDP	13-15.41
4	C. O'BRIEN	31	WWF	13-28.27
5	D. MARTYN	30	WWF	13-34.08
6	J. GOBBERT	33	WWF	15-52.75
7	D. BLOOR	33	WEP	16-34.00
8	D. WAGNER	34	QTW	16-57.08
9	J. GORST	34	ABS	17-11.03
10	J. SISSON	31	QTW	22-22.94

Event: 1500m BACKSTROKE
Best Time: 23-09.89 J. COSSTICK

1	J. COSSTICK	30	NRY	23-09.89
2	K. SMITH	30	TDP	25-45.68
3	P. GRAY	33	TLC	27-20.04
4	D. BLOOR	33	WEP	33-00.00
5	J. GOBBERT	34	WWF	33-36.17

Event: 3000m BACKSTROKE
Best Time: 48-53.52 J. COSSTICK

1	J. COSSTICK	30	NRY	48-53.52
2	D. MARTYN	30	WWF	54-25.83
3	D. BLOOR	33	WEP	67-58.00
4	J. GOBBERT	34	WWF	70-54.88

Event: 5000m BACKSTROKE
Best Time: 93-10.65 D. MARTYN

1	D. MARTYN	30	WWF	93-10.65

Event: 1 HOUR BACKSTROKE
Best Distance: 3680m J. COSSTICK

1	J. COSSTICK	30	NRY	3680m
2	J. GOBBERT	34	WWF	2600m
3	D. BLOOR	33	WEP	2500m

Event: 50m BREASTSTROKE AGE 30-34
Best Time: 37.60 L. LEHMANN

1	L. LEHMANN	30	SMR	37.60
2	H. RAMSEY	30	VBL	40.62
3	J. RAMSEY	32	VMU	41.63
4	M. TAPLIN	32	TLC	41.75
5	S. KEARNEY	32	NML	42.44
6	J. CLIFTON	33	VPP	42.62
7	A. KILLMIER	31	VPP	42.82
8	L. CUMMINS	34	WCM	44.34
9	J. McMAHON	31	SRY	44.36
10	S. BUSSELL	32	SAM	44.81
10	M. NIELSEN	31	QCN	44.81

Event: 100m BREASTSTROKE
Best Time: 1-30.20 J. RAMSAY

1	J. RAMSAY	32	VMU	1-30.20
2	M. TAPLIN	32	TLC	1-30.63
3	A. HOLLINGWORTH	30	WCM	1-32.18
4	S. MADDOCK	32	WCR	1-38.52
5	L. CUMMINS	33	WCM	1-39.28
6	H. CALDWELL	33	QTV	1-39.44
7	L. WRIGHT	31	WSM	1-41.87
8	S. POW	34	WOP	1-42.51
9	D. MARTYN	30	WWF	1-42.60
10	T. JOHNSON	30	NTR	1-44.08

Event: 200m BREASTSTROKE
Best Time: 2-55.96 L. LEHMANN

1	L. LEHMANN	30	SMR	2-55.96
2	J. RAMSAY	32	VMU	3-14.45
3	M. TAPLIN	32	TLC	3-18.38
4	S. BUSSELL	32	SAM	3-24.91
5	H. CALDWELL	33	QTV	3-25.35
6	D. GROENEN	30	VRB	3-35.22
7	S. POW	34	WOP	3-47.99
8	J. HILL	34	WSM	3-54.32
9	M. FISHER	30	STT	3-58.00
10	F. HYLTON	30	SWD	3-58.58

Event: 400m BREASTSTROKE
Best Time: 6-38.28 J. COSSTICK

1	J. COSSTICK	30	NRY	6-38.28
2	M. GRANT	33	QSC	7-01.01
3	A. KILLMIER	32	VPP	7-02.46
4	S. BUSSELL	32	SAM	7-10.65
5	M. TAPLIN	32	TLC	7-13.80
6	H. CALDWELL	33	QTV	7-16.88
7	K. SMITH	30	TDP	7-19.22
8	S. MADDOCK	32	WCR	7-34.59
8	O. SULLIVAN	31	NNS	7-34.59
10	T. JOHNSON	30	NTR	7-52.30

Event: 800m BREASTSTROKE AGE 30-34
Best Time: 13-40.12 J. COSSTICK

1	J. COSSTICK	30	NRY	13-40.12
2	M. GRANT	33	QSC	14-13.22
3	K. SMITH	30	TDP	14-32.08
4	S. BUSSELL	32	SAM	14-34.62
5	A. McMAHON	34	TLC	16-14.34
6	J. GOBBERT	33	WWF	16-23.12
7	J. GORST	34	ABC	17-19.26
8	R. MORCOMBE	33	WEP	18-13.00
9	P. OSBORNE	32	WEP	18-23.00
10	J. JENKINS	33	QTW	18-30.89

Event: 1500m BREASTSTROKE
Best Time: 26-51.32 J. COSSTICK

1	J. COSSTICK	30	NRY	26-51.32
2	M. GRANT	33	QSC	26-56.17
3	H. CALDWELL	33	QTV	28-33.75
4	K. SMITH	30	TDP	29-30.00
5	M. TAPLIN	33	TLC	29-56.38
6	A. McMAHON	34	TLC	30-59.82
7	D. McHENRY	33	TLC	33-15.30
8	J. JENKINS	34	QTW	33-51.10
9	P. OSBORNE	32	WEP	34-27.00

Event: 3000m BREASTSTROKE
Best Time: 52-50.36 J. COSSTICK

1	J. COSSTICK	30	NRY	52-50.36
2	K. SMITH	30	TDP	58-10.00

Event: 1 HOUR BREASTSTROKE
Best Distance: 3325m J. COSSTICK

1	J. COSSTICK	30	NRY	3325m
2	K. SMITH	30	TDP	2975m
3	A. McMAHON	34	TLC	2900m
4	T. WILLIS	30	NGF	2350m

Event: 50m BUTTERFLY
Best Time: 34.60 J. CLIFTON

1	J. CLIFTON	33	VPP	34.60
2	A. KILLMIER	31	VPP	34.69
3	H. BRITTEN	30	WOP	35.53
4	S. CROW	32	VDC	35.74
5	K. BRASHER	32	QHB	36.09
6	H. HOLOWIUK	33	VRW	36.83
7	M. KEMP	30	VPP	36.92
8	A. HOLLINGWORTH	30	WCM	36.97
9	K. VAN KOOL	33	NGS	37.14
10	H. RAMSAY	30	VBL	37.22

Event: 100m BUTTERFLY AGE 30-34
Best Time: 1-14.41 L. LEHMANN

1	L. LEHMANN	30	SMR	1-14.41
2	J. HOLOWIUK	34	VRW	1-26.68
3	H. BICKERS	34	SRY	1-27.25
4	D. GLENWRIGHT	30	QTS	1-28.93
5	D. NORBURY	31	VRW	1-28.98
6	S. PETRICK	33	SAM	1-33.66
7	M. RICHARDS	30	WWF	1-37.82
8	M. WILBY	31	NGS	1-46.99
9	H. CALDWELL	33	QTV	1-50.03
10	E. EVATT	31	NNS	1-55.84

Event: 200m BUTTERFLY
Best Time: 2-43.97 L. LEHMANN

1	L. LEHMANN	30	SMR	2-43.97
2	K. SMITH	30	TDP	2-51.80
3	H. BICKERS	34	SRY	3-05.47
4	L. O'CONNELL	32	SAM	3-11.61
5	J. HOLOWIUK	34	VRW	3-28.96
6	H. CALDWELL	33	QTV	3-50.85
7	E. EVATT	31	NNS	3-59.99
8	J. GORST	34	ABC	4-13.52
9	D. BLOOR	33	WEP	4-21.00

Event: 400m BUTTERFLY
Best Time: 6-56.47 H. BICKERS

1	H. BICKERS	34	SRY	6-56.47
2	K. O'BRIEN	31	QTW	8-12.00
3	J. GORST	34	ABC	8-45.61
4	D. BLOOR	33	WEP	8-53.00
5	D. WAGNER	34	QTW	9-57.23

Event: 800m BUTTERFLY
Best Time: 15-40.75 H. BRITTEN

1	H. BRITTEN	30	WOP	15-40.75
2	K. O'BRIEN	31	QTW	19-15.27
3	D. BLOOR	33	WEP	19-21.00

Event: 100m INDIVIDUAL MEDLEY
Best Time: 1-12.65 J. COSSTICK

1	J. COSSTICK	30	NRY	1-12.65
2	L. LEHMANN	30	SMR	1-14.75
3	L. CUTHBERTSON	31	QGC	1-16.53
4	A. KILLMIER	31	VPP	1-17.18
5	C. O'BRIEN	31	WWF	1-20.05
6	M. HYNES	34	QSC	1-20.12
7	L. HERRIMAN	32	QSC	1-20.19
8	H. RAMSAY	30	VBL	1-20.26
9	J. McMAHON	31	SRY	1-20.59
10	J. CLIFTON	33	VPP	1-20.94

Event: 200m INDIVIDUAL MEDLEY AGE 30-34
Best Time: 3-03.61 A. HARDMAN

1	A. HARDMAN	31	NNS	3-03.61
2	E. WAKELY	31	VSA	3-11.95
3	D. NORBURY	31	VRW	3-15.42
4	D. GLENWRIGHT	30	QTS	3-23.44
5	H. CALDWELL	33	QTV	3-24.75
6	L. TANKARD	31	VPP	3-32.00
7	S. POW	34	WOP	3-34.04
8	A. SNAAUW	30	VWB	3-34.81
9	M. WILBY	31	NGS	3-44.75
10	E. EVATT	31	NNS	3-48.69

Event: 400m INDIVIDUAL MEDLEY
Best Time: 5-46.45 A. CLARK '87

1	J. COSSTICK	30	NRY	5-47.86
2	K. SMITH	30	TDP	6-01.30
3	R. BOURKE	32	QSC	6-17.48
4	M. HYNES	34	QSC	6-30.40
5	C. O'BRIEN	31	WWF	6-30.83
6	D. MARTYN	30	WWF	6-42.47
7	G. STEPHENS	32	NHL	6-51.09
8	M. RICHARDS	31	WWF	7-21.63
9	J. GORST	34	ABC	7-54.70
10	D. BLOOR	33	WEP	7-56.00

Event: 800m INDIVIDUAL MEDLEY
Best Time: 11-59.25 J. COSSTICK

1	J. COSSTICK	30	NRY	11-59.25
2	K. SMITH	30	TDP	12-42.27
3	J. GORST	34	ABC	16-12.86
4	D. BLOOR	33	WEP	16-37.00

Event: 50m FREESTYLE AGE 35-39
Best Time: 30-03 Z. BOYER

1	Z. BOYER	35	WCM	30.03
2	E. VINES	36	VGP	30.52
3	K. VALLANCE	35	WSM	30.56
4	J. MURRAY	37	VNL	31.35
5	M. RAGLESS	39	SMR	33.00
6	K. ROWE	37	NKM	33.06
7	D. COXON	36	NHL	33.16
8	A. FOOTE	38	WML	33.20
9	E. HAYWARD	35	NCH	33.25
10	M. HENNESSY	36	NML	33.38

Event: 100m FREESTYLE AGE 35-39
Best Time: 1-08.65 E. VINES

1	E. VINES	36	VGP	1-08.65
2	K. VALLANCE	36	WSM	1-11.10
3	M. RAGLESS	39	SMR	1-12.23
4	L. BROWN	35	QMM	1-13.37
5	D. COXON	35	NHL	1-13.38
6	E. HAYWARD	35	NCH	1-14.34
7	V. CLEARY	36	VRW	1-14.76
8	V. RAINE	36	QSM	1-16.63
9	L. MITCHELL	38	QTV	1-17.20
10	K. ROWE	37	NKM	1-17.29

Event: 200m FREESTYLE
Best Time: 2-20.49 L. WATSON '88

1	M. RAGLESS	39	SMR	2-37.30
2	K. VALLANCE	35	WSM	2-38.56
3	L. SHARPE	37	WEP	2-40.00
4	E. VINES	36	VGP	2-40.18
5	V. CLEARY	36	VRW	2-45.69
6	L. MITCHELL	38	QTV	2-46.77
7	K. PRYOR	37	QTV	2-48.89
8	D. COXON	35	NHL	2-50.75
9	M. WILBY	38	NCR	2-53.50
10	L. JOYNSON	35	QTV	2-53.63

Event: 400m FREESTYLE
Best Time: 5-29.07 M. RAGLESS

1	M. RAGLESS	39	SMR	5-29.07
2	L. SHARPE	37	WEP	5-39.00
3	M. WILBY	38	NCR	5-47.23
4	L. MITCHELL	38	QTV	5-49.26
5	A. HARRIS	36	VGP	6-07.27
6	L. JOYNSON	35	QTV	6-15.80
7	V. CLEARY	36	VRW	6-21.97
8	J. HALL	39	NHL	6-22.29
9	D. ROBERTS	37	NRY	6-25.05
10	K. ROWE	37	NKM	6-26.21

Event: 800m FREESTYLE
Best Time: 11-25.00 L. SHARPE

1	L. SHARPE	37	WEP	11-25.00
2	M. WILBY	37	NCR	11-46.12
3	L. MITCHELL	38	QTV	11-46.67
4	L. BROWNE	35	QMM	11-50.65
5	T. MacDONALD	35	QSM	12-25.49
6	V. RAINE	36	QSM	12-33.41
7	D. McLENNAN	36	QTV	12-34.74
8	K. PRYOR	37	QTV	12-37.73
9	D. COXON	36	NHL	12-46.03
10	E. MAYTON	37	STT	13-19.50

Event: 1500m FREESTYLE AGE 35-39
Best Time: 21-56.00 L. SHARPE

1	L. SHARPE	37	WEP	21-56.00
2	M. WILBY	37	NCR	22-08.98
3	L. JOYNSON	35	QTV	24-20.48
4	D. COXON	36	NHL	25-06.22
5	M. ASKEW		vpp	25-15.76
6	E. MAYTON	37	STT	25-19.80
7	R. PAYNE	38	QTV	25-45.12
8	J. HALL	39	NHL	26-01.89
9	J. GORST	35	ABC	26-17.95
10	C. DUNLOP	36	NHN	27-38.06

Event: 3000m FREESTYLE
Best Time: 44-05.00 L. SHARPE

1	L. SHARPE	37	WEP	44-05.00
2	L. MITCHELL	38	QTV	50-05.21
3	L. JOYNSON	35	QTV	51-49.00
4	J. GORST	35	ABC	53-30.36
5	R. PAYNE	38	QTV	53-49.00
6	L. BUCHANON	38	NHL	57-53.91
7	A. ELSEGOOD	38	NHL	58-05.82
8	J. HALL	39	NHL	58-24.09
9	K. DONOVAN	39	WEP	60-00.30
10	M. BOUCKER	36	WSS	61-20.74

Event: 5000m FREESTYLE
Best Time: 79-21.57 L. MITCHELL '88

1	L. MITCHELL	38	QTV	85-42.00
2	R. PAYNE	38	QTV	90-44.68
3	J. GORST	35	ABC	93-40.34
4	L. JOYNSON	35	QTV	96-18.74
5	K. PHILLIPS	37	WWF	103-16.76
6	M. BOUCKER	36	WSS	112-29.51
7	H. RUBIN	37	NRY	112-57.03

Event: 1 HOUR FREESTYLE
Best Distance: 3885m M. WILBY :**

1	L. MITCHELL	38	QTV	3800m
2	J. HALL	39	NHL	3375m
3	J. GORST	35	ABC	3355m
4	L. JOYNSON	35	QTV	3300m
5	R. PAYNE	38	QTV	3275m
6	B. WINGER	36	NWG	3240m
7	F. ROGERS	38	WSS	3150m
8	L. BUCHANON	37	NHL	3110m
9	A. ELSEGOOD	38	NHL	3075m
10	Y. JONES	35	WWF	2925m

Event: 50m BACKSTROKE AGE 35-39
Best Time: 35.62 R. WILLSMORE & M. TOPPEL

1	J. MURRAY	37	VNL	37.04
2	K. VALLANCE	35	WSM	37.05
3	P. SOMERVILLE	37	NHL	38.57
4	C. DAVEY	39	NTR	40.05
5	E. VINES	36	VGP	40.26
6	E. HAYWARD	35	NCH	40.56
7	J. HALL	39	NHL	41.06
8	K. ROWE	37	NKM	41.20
9	M. HENNESSY	36	NML	41.21
10	L. BUCHANON	38	NHL	41.44

Event: 100m BACKSTROKE
Best Time: 1-22.75 K. VALLANCE

1	K. VALLANCE	36	WSM	1-22.75
2	J. KEAST	37	STT	1-28.68
3	M. WILBY	38	NCR	1-29.04
4	R. PAYNE	38	QTV	1-31.78
5	J. HALL	39	NHL	1-32.27
6	M. RAGLESS	39	SMR	1-32.43
7	L. BUCHANON	38	NHL	1-32.64
8	D. ROBERTS	37	NBT	1-33.82
9	C. PARSON	36	QSM	1-34.95
10	K. ROWE	37	NKM	1-35.18

Event: 200m BACKSTROKE
Best Time: 3-06.61 M. WILBY

1	M. WILBY	38	NCR	3-06.61
2	P. SOMERVILLE	38	NHL	3-11.15
3	J. HALL	39	NHL	3-11.80
4	L. BUCHANON	38	NHL	3-16.96
5	R. PAYNE	38	QTV	3-21.58
6	A. ERPIC	38	ATN	3-21.63
7	D. ROBERTS	37	NBT	3-23.83
8	L. SHARPE	37	WEP	3-25.00
9	L. MITCHELL	38	QTV	3-28.63
10	D. COXON	37	NHL	3-28.88

Event: 400m BACKSTROKE
BestTime: 6-27.05 P. SOMERVILLE '88

1	J. HALL	39	NHL	6-41.77
2	M. WILBY	38	NCR	6-48.21
3	R. PAYNE	38	QTV	6-53.05
4	L. SHARPE	37	WEP	6-58.00
5	L. MITCHELL	38	QTV	7-02.18
6	K. GIBSON	35	QRH	7-06.24
7	D. COXON	36	NHL	7-12.52
8	L. JOYNSON	35	QTV	7-20.72
9	J. GORST	35	ABC	7-26.54
10	S. STIRK	36	WMV	7-30.67

Event: 800m BACKSTROKE AGE 35-39
Best Time: 12-59.94 P. SOMERVILLE '88

1	L. SHARPE	37	WEP	14-03.00
2	R. PAYNE	38	QTV	14-19.41
3	M. WILBY	37	NCR	14-23.72
4	J. HALL	39	NHL	14-28.90
5	L. BUCHANON	38	NHL	14-30.03
6	L. MITCHELL	38	QTV	14-32.01
7	L. JOYNSON	35	QTV	15-00.87
8	J. GORST	35	ABC	15-10.14
9	Y. JONES	35	WWF	15-14.67
10	K. ROWE	37	NKM	15-36.96

Event: 1500m BACKSTROKE
Best Time: 26-24.29 P. SOMERVILLE '87

1	M. WILBY	37	NCR	27-10.97
2	L. SHARPE	37	WEP	27-35.00
3	L. BUCHANON	38	NHL	27-38.36
4	L. MITCHELL	38	QTV	27-40.65
5	R. PAYNE	38	QTV	28-14.35
6	J. GORST	35	ABC	28-47.55
7	L. JOYNSON	35	QTV	30-05.99
8	A. ELSEGOOD	38	NHL	31-38.12
9	M. SUTTON	38	NHL	32-08.50
10	S. BEATTY	38	WWF	33-20.41

Event: 3000m BACKSTROKE
Best Time: 55-02.68 M. WILBY '88

1	L. SHARPE	37	WEP	56-29.00
2	R. PAYNE	38	QTV	56-44.35
3	L. MITCHELL	38	QTV	56-52.00
4	J. GORST	35	ABC	59-12.16
5	Y. JONES	35	WWF	59-49.31
6	L. JOYNSON	35	QTV	63-58.00
7	D. WAGNER	35	QTW	67-42.73
8	S. BEATTY	38	WWF	76-02.62
9	H. RUBIN	37	NRY	79-02.35
10	L. CROFT	39	WIW	89-24.25

Event: 5000m BACKSTROKE
Best Time: 95-19.54 M. WILBY '87

1	L. SHARPE	37	WEP	95-27.00
2	L. MITCHELL	38	QTV	95-39.00
3	J. GORST	35	ABC	104-38.95
4	Y. JONES	35	WWF	105-31.00
5	H. RUBIN	37	NRY	135-57.72

Event: 1 HOUR BACKSTROKE AGE 35-39
Best Distance: 3245m M. WILBY '88

1	L. MITCHELL	38	QTV	3175m
1	L. SHARPE	37	WEP	3175m
3	Y. JONES	35	WWF	3025m
4	J. GORST	35	ABC	3020m
5	R. PAYNE	38	QTV	3000m
6	L. JOYNSON	35	QTV	2800m
7	S. BEATTY	38	WWF	2575m
8	M. AITKEN	38	WWF	2325m
9	H. RUBIN	37	NRY	2300m

Event: 50m BREASTSTROKE
Best Time: 41.26 P. SOMERVILLE

1	P. SOMERVILLE	37	NHL	41.26
2	J. BACON	36	VWB	41.64
3	R. DILLON	38	THB	42.88
4	L. JOYNSON	35	QTV	43.33
5	T. MacDONALD	35	QSM	44.20
5	K. PRYOR	37	QTV	44.20
7	K. DONOVAN	39	WEP	44.22
7	D. COXON	36	NHL	44.22
9	V. RAINE	36	QSM	44.44
10	J. MURRAY	37	VNL	44.53

Event: 100m BREASTSTROKE
Best Time: 1-27.89 L. WATSON '88

1	D. COXON	36	NHL	1-33.68
2	P. SOMERVILLE	37	NHL	1-34.14
3	C. WOODS	37	NBA	1-34.31
4	L. JOYNSON	35	QTV	1-35.36
5	J. BACON	36	VWB	1-35.54
6	K. PRYOR	37	QTV	1-37.59
7	S. THURSTON	35	WWC	1-40.47
8	K. VALLANCE	35	WSM	1-42.70
9	M. SUTTON	38	NHL	1-44.13
10	L. BUCHANON	38	NHL	1-44.24

Event: 200m BREASTSTROKE
Best Time: 3-24.49 L. JOYNSON

1	L. JOYNSON	35	QTV	3-24.49
2	K. PRYOR	37	QTV	3-30.05
3	C. WOODS	37	NBA	3-33.83
4	M. BOUCKER	36	WSS	3-39.82
5	Y. JONES	35	WWF	3-41.09
6	J. BALL	37	QTV	3-43.67
7	L. MITCHELL	38	QTV	3-45.10
8	M. SUTTON	38	NHL	3-48.36
9	K. DONOVAN	39	WEP	3-49.00
10	L. CARROLL	36	VRW	3-49.48

Event: 400m BREASTSTROKE AGE 35-39
Best Time: 6-55.78 J. ATTERBURY '88

1	L. JOYNSON	35	QTV	7-21.55
2	M. BOUCKER	36	WSS	7-43.04
3	L. MITCHELL	38	QTV	7-44.13
4	K. DONOVAN	39	WEP	7-51.00
5	Y. JONES	35	WWF	7-52.03
6	R. PAYNE	38	QTV	7-54.51
7	M. WILBY	38	NCR	7-58.64
8	L. SHARPE	37	WEP	8-02.00
9	M. SUTTON	38	NHL	8-03.52
10	K. ROWE	37	NKM	8-04.61

Event: 800m BREASTSTROKE
Best Time: 14-33.21 J. ATTERBURY '88

1	L. JOYNSON	35	QTV	15-09.66
2	Y. JOYCE	35	WWF	15-42.06
3	L. MITCHELL	38	QTV	15-51.04
4	L. BUCHANON	38	NHL	15-54.99
5	R. PAYNE	38	QTV	16-11.71
6	M. BOUCKER	36	WSS	16-12.81
7	L. SHARPE	37	WEP	16-16.00
8	M. SUTTON	38	NHL	16-42.67
9	K. ROWE	37	NKM	16-44.41
10	M. WILBY	38	NCR	16-55.73

Event: 1500m BREASTSTROKE
Best Time: 30-37.26 L. MITCHELL

1	L. MITCHELL	38	QTV	30-37.26
2	L. BUCHANON	38	NHL	30-45.75
3	R. PAYNE	38	QTV	31-40.95
4	M. BOUCKER	36	WSS	32-02.15
5	K. DONOVAN	39	WEP	32-04.00
6	M. WILBY	38	NCR	32-05.14
7	J. GORST	35	ABC	32-21.63
8	A. ELSEGOOD	38	NHL	32-29.05
9	K. OLIVARI	36	WSS	33-51.36
10	S. BEATTY	38	WWF	38-47.38

Event: 3000m BREASTSTROKE
Best Time: 60-50.71 Y. JONES

1	Y. JONES	35	WWF	60-50.71
2	L. JOYNSON	35	QTV	61-44.31
3	L. MITCHELL	38	QTV	62-54.29
4	A. ELSEGOOD	38	NHL	64-16.04
5	K. DONOVAN	39	WEP	65-04.00
6	R. PAYNE	38	QTV	65-35.93
7	M. BOUCKER	36	WSS	65-41.97
8	J. GORST	35	ABC	66-41.92
9	K. OLIVARI	36	WSS	71-50.20
10	H. RUBIN	37	NRY	83-20.06

Event: 5000m BREASTSTROKE AGE 35-39
Best Time: 106-28.49 Y. JONES

1	Y. JONES	35	WWF	106-28.49
2	L. MITCHELL	38	QTV	107-50.84
3	L. JOYNSON	35	QTV	108-53.88
4	R. PAYNE	38	QTV	110-55.03
5	J. GORST	35	ABC	110-59.67
6	M. BOUCKER	36	WSS	116-21.84
7	K. OLIVARI	35	WSS	123-28.36
8	H. RUBIN	37	NRY	141-59.16

Event: 1 HOUR BREASTSTROKE
Best Distance: 2900m L. JOYNSON

1	L. JOYNSON	35	QTV	2900m
1	Y. JONES	35	WWF	2900m
3	L. MITCHELL	38	QTV	2875m
4	K. DONOVAN	39	WEP	2775m
5	R. PAYNE	38	QTV	2750m
5	M. BOUCKER	36	WSS	2750m
5	J. GORST	35	ABC	2750m
8	K. OLIVARI	35	WSS	2550m
9	H. RUBIN	37	NRY	2275m

Event: 50m BUTTERFLY
Best Time: 32.75 Z. BOYER

1	Z. BOYER	35	WCM	32.75
2	J. MURRAY	37	VNL	34.24
3	E. VINES	36	VGP	35.15
4	M. KING	37	WIW	38.42
5	M. WILBY	38	NCR	38.48
6	M. HENNESSY	36	NML	39.17
7	A. FOOTE	38	WML	39.63
8	K. VALLANCE	36	WSM	39.73
9	L. SHARPE	37	WEP	39.91
10	C. DAVEY	39	NTR	39.99

Event: 100m BUTTERFLY
Best Time: 1-32.02 M. RAGLESS

1	M. RAGLESS	39	SMR	1-32.02
2	L. SHARPE	37	WEP	1-35.00
3	R. DILLON	38	THB	1-36.58
4	D. ROBERTS	37	NBT	1-41.18
5	L. JOYNSON	35	QTV	1-43.66
6	J. HIRD	38	NAF	1-44.41
7	K. DONOVAN	39	WEP	1-45.00
8	R. PAYNE	38	QTV	1-46.97
9	M. WILBY	37	NCR	1-47.55
10	S. POW	35	WOP	1-48.41

Event: 200m BUTTERFLY AGE 35-39
Best Time: 2-43.22 L. WATSON '88

1	J. KEAST	37	STT	3-13.93
2	L. MITCHELL	38	qtv	3-27.35
3	M. RAGLESS	39	SMR	3-30.80
4	L. SHARPE	37	WEP	3-32.00
5	L. JOYNSON	35	QTV	3-38.37
6	R. PAYNE	38	QTV	4-03.92
7	J. GORST	35	ABC	4-06.75
8	K. DONOVAN	39	WEP	4-18.00
9	R. TEW	39	SWD	4-20.69
10	A. ELSEGOOD	38	NHL	4-29.58

Event: 400m BUTTERFLY
Best Time: 7-06.59 M. WILBY '87

1	L. MITCHELL	38	QTV	7-09.09
2	S. NEEDHAM	38	QSC	7-25.53
3	L. SHARPE	37	WEP	7-41.00
4	L. JOYNSON	35	QTV	7-54.01
5	D. COXON	36	NHL	8-24.62
6	J. GORST	35	ABC	8-26.20
7	L. BUCHANON	38	NHL	8-26.89
8	K. DONOVAN	39	WEP	8-38.00
9	M. SMITH	39	WWF	8-47.66
10	S. ROBERTS	37	QSC	8-56.75

Event: 800m BUTTERFLY
Best Time: 14-56.97 L. MITCHELL

1	L. MITCHELL	38	QTV	14-56.97
2	L. SHARPE	37	WEP	15-21.00
3	K. DONOVAN	39	WEP	17-53.00
4	H. RUBIN	37	NRY	19-28.79

Event: 1500m BUTTERFLY
Best Time: 38-53.32 H. RUBIN

1	H. RUBIN	37	NRY	38-53.32

Event: 3000m BUTTERFLY
Best Time: 78-31.40 H. RUBIN

1	H. RUBIN	37	NRY	78-31.40

Event: 5000m BUTTERFLY
Best Time: 134-09.47 H. RUBIN

1	H. RUBIN	37	NRY	134-09.47

Event: 1 HOUR BUTTERFLY
Best Distance: 2325m H. RUBIN

1	H. RUBIN	37	NRY	2325m

Event: 100m INDIVIDUAL MEDLEY AGE35-39
Best Time: 1-16.94 M. TOPPEL '88

1	Z. BOYER	35	WCM	1-18.15
2	J. MURRAY	37	VNL	1-20.22
3	K. GIBSON	35	QRH	1-22.03
4	S. ANDERSON	37	QMM	1-23.87
5	K. VALLANCE	35	WSM	1-24.61
6	P. SOMERVILLE	37	NHL	1-25.35
7	J. HALL	39	NHL	1-25.65
8	D. COXON	36	NHL	1-26.58
9	M. HYNES	35	QSC	1-26.66
10	V. RAINE	36	QSM	1-27.32

Event: 200m INDIVIDUAL MEDLEY
Best Time: 3-07.84 M. WILBY

1	M. WILBY	38	NCR	3-07.84
2	L. JOYNSON	35	QTV	3-13.48
3	T. MacDONALD	35	QSM	3-14.17
4	E. HAYWARD	35	NCH	3-14.81
5	L. SHARPE	37	WEP	3-15.00
6	L. MITCHELL	38	QTV	3-16.27
7	V. CLEARY	36	VRW	3-17.00
8	D. COXON	36	NHL	3-17.93
9	J. BACON	36	VWB	3-18.41
10	K. PRYOR	37	QTV	3-19.44

Event: 400m INDIVIDUAL MEDLEY
Best Time: 6-43.00 L. SHARPE

1	L. SHARPE	37	WEP	6-43.00
2	L. MITCHELL	38	QTV	6-51.00
3	M. HYNES	35	QSC	6-58.48
4	L. JOYNSON	35	QTV	7-01.99
5	S. NEEDHAM	38	QSC	7-08.99
6	M. WILBY	38	NCR	7-10.26
7	J. HALL	39	NHL	7-14.88
8	D. COXON	36	NHL	7-20.84
9	K. PRYOR	37	QTV	7-22.08
10	R. PAYNE	38	QTV	7-22.15

Event: 800m INDIVIDUAL MEDLEY
Best Time: 14-11.80 L. MITCHELL

1	L. MITCHELL	38	QTV	14-11.80
2	L. SHARPE	37	WEP	14-16.00
3	L. BUCHANON	38	NHL	15-23.83
4	R. PAYNE	38	QTV	15-36.48
5	J. GORST	35	ABC	15-38.93
6	K. DONOVAN	39	WEP	16-27.00
7	A. ELSEGOOD	38	NHL	16-44.63
8	M. SMITH	38	WWF	16-48.51
9	M. SUTTON	38	NHL	17-13.73
10	A. BOON	35	QTV	18-41.75

Event: 50m FREESTYLE AGE 40-44
Best Time: 30.92 M. TOPPEL

1	M. TOPPEL	40	VPP	30.92
2	B. LUSCOMBE	44	VNL	31.45
3	J. HALL	40	NHL	32.26
4	C. DAVEY	40	NTR	33.19
5	Y. VANSTYN	40	VGP	33.22
6	L. KENNIWELL	42	NWG	33.58
7	B. NICHOL	43	VDC	33.70
8	C. SOUTH	43	SAM	33.83
9	J. MULQUEEN	42	STT	33.98
10	S. FRENCH	41	NMB	34.20

Event: 100m FREESTYLE
Best Time: 1-08.93 R. WILSMORE '87

1	G. CORLIS	41	QTV	1-11.47
2	Y. VAN STYN	40	VGP	1-15.52
3	V. HOLMAN	41	WCR	1-15.87
4	C. SOUTH	43	SAM	1-17.03
5	J. MULQUEEN	42	STT	1-18.06
6	S. FRENCH	41	NMB	1-18.45
7	J. SUTTON	40	VNL	1-19.33
8	C. ELLIS	44	VFR	1-20.32
9	L. BURCH	44	QTV	1-20.39
10	B. LUSCOMBE	44	VNL	1-20.73

Event: 200m FREESTYLE
Best Time: 2-34.53 J. WATSON '88

1	J. HALL	40	NHL	2-52.33
2	L. BURCH	44	QTV	2-55.18
3	C. ANDERSON	42	VNL	3-04.25
4	L. MAY	40	NLS	3-04.71
5	L. KENNIWELL	42	NWG	3-05.39
6	J. HASSON	43	WWF	3-07.82
7	K. GREENWAY	41	WOP	3-08.47
8	A. WILLIAMS	40	WMV	3-08.63
9	J. ROFFEY	40	VPP	3-09.09
10	J. MACLEOD	43	QRH	3-10.98

Event: 400m FREESTYLE
Best Time: 5-28.10 G. CORLIS '88

1	J. SUTTON	40	VNL	6-04.58
2	B. LUSCOMBE	44	VNL	6-09.31
3	C. ELLIS	44	VFR	6-14.76
4	L. BURCH	44	QTV	6-20.06
5	B. BYERS	42	WCR	6-29.31
6	J. HASSON	42	WWF	6-31.29
7	M. MUNDAY	44	VWB	6-34.82
8	N. DUHIG	40	VNL	6-40.89
9	C. ANDERSON	42	VNL	6-44.42
10	L. KENNIWELL	42	NWG	6-47.91

Event: 800m FREESTYLE AGE 40-44
Best Time: 11-17.00 G. CORLIS '88

1	V. HOLMAN	41	WCR	12-16.00
2	L. BURCH	44	QTV	12-39.49
3	C. CHALMERS	40	QSM	12-44.21
4	V. WATTS	43	NWG	13-16.09
5	S. CLARK	41	NCH	13-30.13
6	J. ROFFEY	40	VPP	13-32.33
7	L. KENNIWELL	42	NWG	13-33.91
8	B. VAN DER L'ST	43	WMV	13-34.78
9	N. DUHIG	40	VNL	13-42.39
10	J. HASSON	42	WWF	13-46.23

Event: 1500m FREESTYLE
Best Time: 21-46.36 G. CORLIS '88

1	V. HOLMAN	40	WCR	24-11.58
2	L. KENNIWELL	42	NWG	26-21.45
3	B. VAN DER L"ST	42	WMV	26-23.20
4	N. DUHIG	40	VNL	27-01.34
5	C. ANDERSON	42	VNL	27-03.06
6	J. ROFFEY	40	VPP	27-04.36
7	J. WATTERS	42	NTR	27-47.82
8	J. AYLMORE	42	WEP	29-50.00
9	S. GRIFFITHS	43	WWF	30-33.60
10	L. THEUNS	42	NHL	32-26.40

Event: 3000m FREESTYLE
Best Time: 45-25.01 G. CORLIS '88

1	L. BURCH	44	QTV	53-04.05
2	J. ROFFEY	40	VPP	54-31.64
3	J. WATTERS	43	NTR	56-50.41
4	J. TWARTZ	40	NHL	65-10.08
5	K. HOUGH	40	NCT	65-13.07
6	H. WILTON	43	QTV	68-29.00

Event: 5000m FREESTYLE
Best Time: 90-19.73 L. BURCH

1	L. BURCH	44	QTV	90-19.73
2	S. QUARTERMAIN	44	VSS	120-01.37

Event: 1 HOUR FREESTYLE
Best Distance: 3825m G. CORLIS

1	G. CORLIS	41	QTV	3825m
2	K. COX	40	WCR	3750m
3	V. HOLMAN	40	WCR	3640m
4	L. BURCH	44	QTV	3375m
5	J. HASSON	43	WWF	3300m
6	B. BYERS	42	WCR	3160m
7	J. TWARTZ	40	NHL	2770m
8	L. THEUNS	42	NHL	2755m
9	H. WILTON	43	QTV	2600m
10	H. EDMUNDS	41	NSF	2550m

Event: 50m BACKSTROKE AGE 40-44
Best Time: 35.55 R. WILSMORE '87

1	M. TOPPEL	40	VPP	37.72
2	C. MUNNS	44	NBT	38.15
3	C. SOUTH	43	SAM	39.61
4	C. WOODHOUSE	42	NHL	40.37
5	J. O'LOUGHLIN	40	WKW	41.45
6	S. EASTOE	42	VPP	41.74
7	S. CLARK	41	NCH	42.33
8	M. WATSON	42	QNM	43.27
9	B. NICHOL	43	VDC	43.42
10	J. ATTERBURY	40	NFS	43.48

Event: 100m BACKSTROKE
Best Time: 1-26.28 E. FLEIG

1	E. FLEIG	44	SAM	1-26.28
2	C. SOUTH	43	SAM	1-28.73
3	C. WOODHOUSE	41	NHL	1-31.66
4	A. GIBBONS	42	VDC	1-32.17
5	J. O'LOUGHLIN	40	WKW	1-34.13
6	J. ATTERBURY	40	NFS	1-34.47
7	B. NICHOL	43	VDC	1-35.83
8	J. HOLMAN	41	QCR	1-36.07
9	B. BATEMAN	43	VDC	1-37.17
10	J. SUTTON	40	VNL	1-39.95

Event: 200m BACKSTROKE
Best Time: 2-58.32 G. CORLIS '88

1	A. GIBBONS	42	VDC	3-12.55
2	J. O'LOUGHLIN	40	WKW	3-21.02
3	S. CLARK	41	NCH	3-29.01
4	L. BURCH	44	QTV	3-29.54
5	J. SUTTON	40	VNL	3-32.31
6	P. MORRISON	40	SWD	3-36.42
7	C. ANDERSON	42	VNL	3-38.94
8	J. SIMONS	40	SMP	3-45.52
9	J. TWARTZ	41	NHL	3-47.34
10	I. McLERNON	43	SRY	3-58.19

Event: 400m BACKSTROKE
Best Time: 6-10.11 G. CORLIS '88

1	G. CORLIS	41	QTV	6-20.87
2	C. WOODHOUSE	41	NHL	6-50.35
3	J. WATTERS	43	NTR	7-10.01
4	V. HOLMAN	40	WCR	7-10.34
5	L. BURCH	44	QTV	7-14.40
6	B. LUSCOMBE	44	VNL	7-27.43
7	B. BYERS	42	WCR	7-38.03
8	J. HASSON	43	WWF	7-38.79
9	C. ANDERSON	42	VNL	7-41.90
10	C. WATKINS	40	WMV	7-50.86

Event: 800m BACKSTROKE AGE 40-44
Best Time: 13-29.00 G. CORLIS '88

1	C. WOODHOUSE	42	NHL	13-58.30
2	V. HOLMAN	41	WCR	14-32.45
3	J. O'LOUGHLIN	40	WKW	14-33.20
4	L. BURCH	44	QTV	15-32.68
5	J. HASSON	43	WWF	15-36.90
6	C. WATKINS	40	WMV	16-02.64
7	S. GRIFFITHS	43	WWF	16-08.21
8	J. TWARTZ	42	NHL	16-20.57
9	H. LIND	41	QSC	16-25.76
10	L. KENNIWELL	42	NWG	16-38.33

Event: 1500m BACKSTROKE
Best Time: 25-20.16 G. CORLIS '88

1	G. CORLIS	41	QTV	25-25.75
2	L. BURCH	44	QTV	28-16.20
3	H. LIND	41	QSC	31-56.69
4	A. JOHNS	44	VSS	32-48.16
5	S. QUARTERMAIN	44	VSS	33-31.00
6	M. CORDEROY	44	NCT	34-49.35
7	P. DOWNING	42	VSS	36-56.79
8	R. PHILLIPS	40	NHN	37-00.90

Event: 3000m BACKSTROKE
Best Time: 52-29.00 G. CORLIS '88

1	J. O'LOUGHLIN	40	WKW	56-21.47
2	L. BURCH	44	QTV	59-47.47
3	J. TWARTZ	41	NHL	66-11.01
4	J. HASSON	43	WWF	66-29.00
5	A. JOHNS	44	VSS	66-50.63
6	S. GRIFFITHS	42	WWF	67-42.16
7	S. QUARTERMAIN	44	VSS	72-31.16
8	H. WILTON	43	QTV	84-59.00

Event: 5000m BACKSTROKE
Best Time: 88-29.54 G. CORLIS '88

1	L. BURCH	44	QTV	99-27.94
2	J. HASSON	43	WWF	106-08.00
3	S. QUARTERMAIN	44	VSS	127-00.50
4	R. PHILLIPS	40	NHN	138-41.46

Event: 1 HOUR BACKSTROKE
Best Distance: 3425m G. CORLIS '88

1	J. O'LOUGHLIN	40	WKW	3200m
2	L. BURCH	44	QTV	3000m
3	J. HASSON	43	WWF	2800m
4	A. JOHNS	44	VSS	2650m
5	S. QUARTERMAIN	44	VSS	2600m
6	P. DOWNING	42	VSS	2400m
7	H. WILTON	43	QTV	2025m

Event: 50m BREASTSTROKE AGE 40-44
Best Time: 40.86 M. TOPPEL

1	M. TOPPEL	40	VPP	40.86
2	J. ATTERBURY	40	NFS	41.79
3	C. MUNNS	44	NBT	44.09
4	G. CORLIS	41	QTV	44.63
5	Y. VAN STYN	40	VGP	44.97
6	L. KENNIWELL	42	NWG	45.05
7	R. KEMP	41	VNL	45.99
8	C. LYNCH	40	NGF	46.28
9	K. RICCHINI	43	VGL	46.93
10	C. SOUTH	43	SAM	47.33

Event: 100m BREASTSTROKE
Best Time: 1-31.19 C. CHALMERS

1	C. CHALMERS	40	QSM	1-31.19
2	J. ATTERBURY	40	NFS	1-32.85
3	G. CORLIS	41	QTV	1-37.05
4	Y. VAN STYN	40	VGP	1-37.81
5	L. MEANEY	43	WCM	1-40.93
6	L. KENNIWELL	42	NWG	1-41.70
7	C. LYNCH	40	NGF	1-42.78
8	C. ELLIS	44	NFR	1-43.13
9	K. RICCHINI	43	VGL	1-43.99
10	B. VAN DER L'ST	44	WMV	1-46.70

Event: 200m BREASTSTROKE
Best Time: 3-19.08 C. CHALMERS

1	C. CHALMERS	40	QSM	3-19.08
2	E. FLEIG	44	SAM	3-28.52
3	Y. VAN STYN	40	VGP	3-29.13
4	G. CORLIS	41	QTV	3-30.35
5	L. BURCH	44	QTV	3-44.52
6	J. EDGERTON	41	QCN	3-51.56
7	C. LYNCH	41	NGF	3-55.89
8	B. VICKRIDGE	42	VDC	3-58.25
9	N. DUHIG	40	VNL	4-00.33
10	V. DOBIE	41	SMR	4-01.55

Event: 400m BREASTSTROKE
Best Time: 7-24.32 P. BATES '85

1	G. CORLIS	41	QTV	7-24.74
2	L. BURCH	44	QTV	7-52.80
3	L. OROHOE	43	WMV	8-07.84
4	C. LYNCH	40	NGF	8-11.18
5	S. QUARTERMAIN	44	VSS	8-13.00
6	L. LLOYD	40	WMV	8-14.54
7	L. KENNIWELL	42	NWG	8-17.16
8	B. LUSCOMBE	44	VNL	8-20.32
9	B. PIPER	41	ABC	8-34.26
10	J. TWARTZ	40	NHL	8-36.41

Event: 800m BREASTSTROKE AGE 40-44
Best Time: 15-28.66 G. CORLIS

1	G. CORLIS	41	QTV	15-28.66
2	L. KENNIWELL	42	NWG	16-37.84
3	S. KAMBARA	44	NWG	16-52.52
4	V. HOLMAN	41	WCR	17-07.24
5	J. TWARTZ	40	NHL	17-14.77
6	S. QUARTERMAIN	44	VSS	17-18.12
7	B. PIPER	41	ABC	17-27.64
8	L. LLOYD	41	WMV	17-42.45
9	M. FITZPATRICK	41	WKW	17-50.44
10	S. GRIFFITHS	43	WWF	18-24.05

Event: 1500m BREASTSTROKE
Best Time. 27-39.61 L. KENNIWELL

1	L. KENNIWELL	42	NWG	27-39.61
2	J. TWARTZ	40	NHL	32-31.52
3	S. QUARTERMAIN	44	VSS	32-44.82
4	B. PIPER	41	ABC	33-14.84
5	A. JOHNS	44	VSS	34-19.47
6	L. LLOYD	41	WMV	36-29.94
7	H. LIND	44	QSC	36-45.20
8	K. HOUGH	40	NCT	37-23.37
9	D. JONES	44	WEP	38-56.00
10	P. DOWNING	42	VSS	39-14.18

Event: 3000m BREASTSTROKE
Best Time: 63-54.05 L. BURCH

1	S. QUARTERMAIN	44	VSS	65-02.11
2	L. BURCH	44	QTV	65-09.68
3	A. JOHNS	44	VSS	68-14.71
4	J. TWARTZ	41	NHL	70-11.04
5	P. DOWNING	42	VSS	73-43.21
6	H. WILTON	43	QTV	94-19.00

Event: 5000m BREASTSTROKE
Best Time: 107-33.71 S. QUARTERMAIN

1	S. QUARTERMAIN	44	VSS	107-33.71
2	L. BURCH	44	QTV	109-31.20
3	J. HASSON	43	WWF	164-31.05

Event: 1 HOUR BREASTSTROKE
Best Distance: 2750m L. BURCH

1	L. BURCH	44	QTV	2750m
2	S. QUARTERMAIN	44	VSS	2700m
3	A. JOHNS	44	VSS	2600m
4	H. LIND	44	QSC	2435m
5	P. DOWNING	42	VSS	2400m
6	D. JONES	44	WEP	2130m
7	C. HERBERT	42	WSS	2100m
8	J. HASSON	43	WWF	2000m

Event: 50m BUTTERFLY AGE 40-44
Best Time: 34.31 M. TOPPEL

1	M. TOPPEL	40	VPP	34.31
2	G. CORLIS	41	QTV	37.36
3	C. WOODHOUSE	42	NHL	38.02
4	B. LUSCOMBE	44	VNL	38.32
5	C. DAVEY	40	NTR	38.53
6	J. HALL	40	NHL	38.64
7	Y. VAN STYN	40	VGP	38.75
8	C. CHALMERS	40	QSM	39.63
9	K. STEER	41	VGP	39.87
10	J. CAMPION	42	VPP	40.43

Event: 100m BUTTERFLY
Best Time: 1-22.77 G. CORLIS

1	G. CORLIS	41	QTV	1-22.77
2	C. WOODHOUSE	42	NHL	1-48.57
3	V. DOBIE	41	SMR	1-53.40
4	J. SCHUBERT	41	QSM	1-54.99
5	K. HOUGH	40	NCT	1-56.79
6	P. MORRISON	40	SWD	2-00.89
7	D. WILLIAMS	44	QMK	2-02.89
8	H. WILTON	42	QTV	2-12.24
9	J. TWARTZ	41	NHL	2-12.80
10	M. CORDEROY	44	NCT	2-19.22

Event: 200m BUTTERFLY
Best Time: 3-07.41 E. FLEIG

1	E. FLEIG	44	SAM	3-07.41
2	L. BURCH	44	QTV	3-37.02
3	C. WOODHOUSE	42	NHL	3-53.75
4	P. MORRISON	40	SWD	4-12.91
5	H. WILTON	43	QTV	5-25.01

Event: 400m BUTTERFLY
Best Time: 7-43.43 L. BURCH '88

1	L. BURCH	44	QTV	7-44.14
2	C. WOODHOUSE	42	NHL	7-51.53
3	V. HOLMAN	40	WCR	8-07.88
4	J. HASSON	43	WWF	8-10.50
5	S. QUARTERMAIN	44	VSS	9-15.54
6	P. DOWNING	42	VSS	10-14.69

Event: 800m BUTTERFLY
Best Time: 16-01.58 L. BURCH

1	L. BURCH	44	QTV	16-01.58
2	J. HASSON	43	WWF	17-17.43
3	S. QUARTERMAIN	44	VSS	19-33.17

Event: 100m INDIVIDUAL MEDLEY AGE 40-44
Best Time: 1-18.79 R. WILSMORE '87

1	M. TOPPEL	40	VPP	1-18.52
2	G. CORLIS	41	QTV	1-21.58
3	C. MUNNS	44	NBT	1-24.36
4	J. HALL	40	NHL	1-24.85
5	C. DAVEY	40	NTR	1-28.64
6	M. WATSON	42	QMM	1-29.40
7	K. LIGGINS	41	WCM	1-29.96
8	L. KENNIWELL	42	NWG	1-30.84
9	C. WOODHOUSE	41	NHL	1-31.19
10	B. LUSCOMBE	44	VNL	1-31.63

Event: 200m INDIVIDUAL MEDLEY
Best Time: 2-58.84 M. TOPPEL '88

1	J. HALL	40	NHL	3-13.21
2	M. WATSON	42	QMM	3-17.47
3	C. WOODHOUSE	41	NHL	3-21.29
4	L. BURCH	44	QTV	3-21.37
5	J. EDGERTON	41	QCN	3-24.29
6	C. ELLIS	44	VFR	3-27.69
7	B. BYNGE	43	NTW	3-40.75
8	J. WATTERS	42	NTR	3-46.77
9	L. LLOYD	41	WMV	3-50.97
10	P. DOWNING	42	VSS	3-52.40

Event: 400m INDIVIDUAL MEDLEY
Best Time: 6-21.85 G. CORLIS

1	G. CORLIS	41	QTV	6-21.85
2	V. HOLMAN	40	WCR	7-05.19
3	L. BURCH	44	QTV	7-11.93
4	C. WOODHOUSE	41	NHL	7-17.38
5	J. SUTTON	40	VNL	7-42.12
6	B. BYERS	42	WCR	7-46.25
7	J. O'LOUGHLIN	40	WKW	8-10.81
8	B. BYNGE	43	NTW	8-13.96
9	J. ROFFEY	40	VPP	8-23.36
10	J. TWARTZ	40	NHL	8-25.73

Event: 800m INDIVIDUAL MEDLEY
Best Time: 13-40.20 G. CORLIS '88

1	E. FLEIG	44	SAM	14-08.14
2	L. BURCH	44	QTV	14-58.03
3	V. HOLMAN	40	WCR	15-02.86
4	J. HASSON	43	WWF	17-09.40
5	J. TWARTZ	40	NHL	17-18.36
6	S. QUARTERMAIN	44	VSS	17-38.16

Event: 50m FREESTYLE AGE 45-49
Best Time: 32.46 C. FLEMING

1	C. FLEMING	45	STT	32.46
2	H. BRUCE	46	NNS	33.16
3	K. WILLIAMS	47	SMO	34.53
4	C. MUNNS	45	NBT	35.04
5	J. McLEAN	45	NWG	35.75
6	M. MANKS	47	VNL	35.82
7	J. FORD	46	ABC	36.14
8	M. CAREY	47	VRW	36.44
9	H. JONES	47	VPP	36.58
10	P. WINGATE	48	SAT	36.81

Event: 100m FREESTYLE
Best Time: 1-12.52 C. FLEMING

1	C. FLEMING	45	STT	1-12.52
2	H. BRUCE	46	NNS	1-16.71
3	J. McLEAN	45	NWG	1-21.63
4	M. MANKS	47	VNL	1-22.47
5	P. WINGATE	49	SAT	1-22.57
6	H. DUNCAN	48	NCT	1-24.76
7	J. HARRIS	49	NWG	1-24.98
8	A. STEVENS	47	VNL	1-25.68
9	P. GREEN	46	WOP	1-28.20
10	L. HASSALL	45	NCS	1-28.36

Event: 200m FREESTYLE
Best Time: 2-43.28 C. FLEMING

1	C. FLEMING	45	STT	2-43.28
2	H. BRUCE	46	NNS	2-57.46
3	C. NEWEY	49	TDP	3-05.21
4	J. McLEAN	45	NWG	3-05.44
5	L. HASSALL	45	NCS	3-08.72
6	V. HEAD	47	NWG	3-17.00
7	A. STEVENS	47	VNL	3-18.09
8	H. DUNCAN	48	NCT	3-23.38
9	N. DAVIES	49	WML	3-25.54
10	M. MANKS	46	VNL	3-26.62

Event: 400m FREESTYLE
Best Time: 5-58.49 C. CLARKE

1	C. CLARKE	45	WCR	5-58.49
2	C. FLEMING	45	STT	6-00.45
3	C. ELLIS	45	VFR	6-11.24
4	C. NEWEY	49	TDP	6-21.56
5	M. SMITH	49	VNL	6-33.77
6	L. HASSALL	45	NCS	6-45.19
7	J. JAMES	49	WMV	6-46.90
8	J. FORD	45	ABC	6-47.81
9	V. HEAD	47	NWG	6-55.66
10	M. MANKS	47	VNL	7-10.89

Event: 800m FREESTYLE AGE 45-49
Best Time: 12-09.88 C. FLEMING

1	C. FLEMING	45	STT	12-09.88
2	J. FORD	46	ABC	14-12.16
3	S. WILSON	45	QRT	14-16.07
4	J. JAMES	49	WMV	14-23.03
5	J. LEWIS	45	QSC	14-29.19
6	V. HEAD	46	NWG	14-38.65
7	D. ADAMS	45	NAM	14-53.29
8	H. DUNCAN	48	NCT	15-16.29
9	M. HALL	47	NWS	15-20.95
10	A. STEVENS	47	VNL	15-48.87

Event: 1500m FREESTYLE
Best Time: 22-54.61 C. FLEMING

1	C. FLEMING	45	STT	22-54.61
2	J. FORD	46	ABC	26-48.37
3	V. HEAD	47	NWG	28-20.92
4	H. DUNCAN	48	NCT	28-57.04
5	M. MANKS	46	VNL	29-21.73
6	M. HALL	48	NWS	29-30.93
7	A. STEVENS	47	VNL	29-37.00
8	J. NULSEN	48	WEP	33-38.00
9	J. ANDERSON	49	QTV	37-43.59

Event: 3000m FREESTYLE
Best Time: 51-29.00 M. SMITH '88

1	V. HEAD	47	NWG	58-34.00

Event: 5000m FREESTYLE
Best Time: 87-22.03 M. SMITH '87

1	V. HEAD	47	NWG	98-49.54

Event: 1 HOUR FREESYLE
Best Distance: 3538m G. ROBINSON '85

1	V. HEAD	47	NWG	2985m
2	M. MANKS	46	VNL	2900m
3	J. NULSEN	48	WEP	2475m
4	C. FINDLEY	45	NBT	2400m
5	J. ANDERSON	49	QTV	2300m
6	F. HUNT	48	WOP	2225m

Event: 50m BACKSTROKE AGE 45-49
Best Time: 36.50 C. MUNNS

1	C. MUNNS	45	NBT	36.50
2	H. JONES	46	VPP	40.85
3	C. GREENE	47	WWC	41.79
4	K. WILLIAMS	47	SMP	42.33
5	J. FORD	46	ABC	42.70
6	J. McLEAN	45	NWG	44.33
7	H. BRUCE	45	NNS	44.38
8	M. CAREY	48	VRW	44.79
9	A. SMITH	49	WKW	45.65
10	M. SMITH	49	VNL	45.77

Event: 100m BACKSTROKE
Best Time: 1-26.82 A. KINNAIRD '85

1	H. JONES	47	VPP	1-32.34
2	J. FORD	46	ABC	1-34.10
3	C. FLEMING	45	STT	1-41.50
4	A. SMITH	49	WKW	1-43.33
5	J. WILLIAMS	47	WCM	1-45.87
6	J. GREENING	46	SAT	1-47.82
7	J. HUMPHRIES	45	WSM	1-51.35
8	J. DAVIES	45	SRY	1-54.10
9	F. HUNT	48	WOP	1-56.85
10	J. GUNN	47	WBM	2-02.41

Event: 200m BACKSTROKE
Best Time: 3-00.04 C. MUNNS

1	C. MUNNS	45	NBT	3-00.04
2	E. FLEIG	45	SAM	3-04.58
3	C. NEWEY	49	TDP	3-22.88
4	H. JONES	47	VPP	3-23.84
5	J. FORD	45	ABC	3-36.52
6	V. LYNCH	49	NSG	3-37.22
7	V. HEAD	47	NWG	3-44.64
8	H. BRUCE	46	NNS	3-47.53
9	J. DAVIES	45	SRY	3-57.03
10	H. ATKINSON	46	NWG	4-16.05

Event: 400m BACKSTROKE
Best Time: 7-07.50 C. NEWEY

1	C. NEWEY	49	TDP	7-07.50
2	J. FORD	45	ABC	7-16.62
3	H. JONES	47	VPP	7-42.41
4	J. JAMES	49	WMV	7-50.93
5	H. DUNCAN	48	NCT	7-57.58
6	V. HEAD	46	NWG	8-02.93
7	V. LYNCH	49	NSG	8-03.46
8	M. WARDLE	49	SMR	8-25.05
9	M. HALL	48	NWS	9-13.37
10	N. DAVIES	48	WML	9-13.88

Event: 800m BACKSTROKE AGE 45-49
Best Time: 14-39.50 C. NEWEY '87

1	C. NEWEY	49	TDP	14-55.32
2	J. FORD	46	ABC	15-15.42
3	H. DUNCAN	48	NCT	15-52.28
4	V. HEAD	47	NWG	16-54.99
5	M. WARDLE	49	SMR	17-12.05
6	D. WILLIAMS	45	QMK	18-05.15
7	N. DWYER	49	QNM	18-38.77
8	M. HALL	48	NWS	19-12.64
9	J. McAFEE	48	NCS	19-15.79
10	D. WILLIAMSON	48	NHN	21-25.24

Event: 1500m BACKSTROKE
Best Time: 25-17.59 C. MUNNS

1	C. MUNNS	45	NBT	25-17.59
2	C. NEWEY	49	TDP	28-49.10
3	V. HEAD	47	NWG	32-25.46
4	D. WILLIAMSON	48	NHN	41-39.27

Event: 3000m BACKSTROKE
Best Time: 58-44.52 J. FORD '88

1	C. NEWEY	49	TDP	58-58.28
2	V. HEAD	47	NWG	63-37.55

Event: 1 HOUR BACKSTROKE
Best Distance: 3060m J. FORD '88

1	V. HEAD	47	NWG	2775m

Event: 50m BREASTSTROKE
Best Time: 42.46 C. MUNNS

1	C. MUNNS	45	NBT	42.46
2	V. LYNCH	48	NSG	46.56
3	A. STEVENS	47	VNL	46.95
4	K. WILLIAMS	47	SMP	47.06
5	J. McLEAN	45	NWG	48.70
6	G. HARDY	49	VNL	49.36
7	L. HASSALL	45	NCS	50.55
8	H. HEBER	49	NET	51.04
9	H. JONES	46	VPP	51.11
10	P. WINGATE	48	SAT	51.22

Event: 100m BREASTSTROKE
Best Time: 1-33.03 C. MUNNS

1	C. MUNNS	45	NBT	1-33.03
2	H. BRUCE	46	NNS	1-40.05
3	B. POTTER	45	THB	1-41.57
4	A. STEVENS	47	VNL	1-42.11
5	M. LACKEY	46	NAF	1-42.66
6	V. LYNCH	49	NSG	1-42.92
7	J. FORD	45	ABC	1-50.00
8	J. SAUNDERS	47	NML	1-51.20
9	M. HALL	48	NWS	1-54.39
10	L. HASSALL	45	NCS	1-56.16

Event: 200m BREASTSTROKE AGE 45-49
Best Time: 3-51.95 A. STEVENS

1	A. STEVENS	47	VNL	3-51.95
2	S. WILSON	45	QRT	4-11.34
3	P. GREEN	46	WOP	4-14.62
4	J. HUMPHRIES	45	WSM	4-17.35
5	P. WINGATE	48	SAT	4-18.49
6	M. HALL	48	NWS	4-25.77
7	R. ROBERTSON	45	NSG	4-25.93
8	T. HARE	49	WKW	4-33.75
9	J. DAVIES	45	SRY	4-36.03
10	M. FEWINGS	45	NNS	4-38.30

Event: 400m BREASTSTROKE
Best Time: 7-17.69 C. MUNNS

1	C. MUNNS	45	NBT	7-17.69
2	V. LYNCH	48	NSG	7-47.08
3	H. DUNCAN	48	NCT	8-12.77
4	J. FORD	46	ABC	8-23.02
5	M. HALL	48	NWS	8-47.55
6	V. HEAD	47	NWG	8-57.71
7	C. FINDLEY	45	NBT	8-58.00
8	N. DAVIES	49	WML	9-18.09
9	N. DWYER	49	QNM	9-42.76
10	T. HARE	49	WKW	9-53.86

Event: 800m BREASTSTROKE
Best Time: 14-58.10 R. HENZE '88

1	V. LYNCH	48	NSG	16-10.82
2	J. FORD	46	ABC	16-54.34
3	C. NEWEY	49	TDP	17-34.85
4	M. HALL	48	NWS	18-01.36
5	V. HEAD	46	NWG	18-21.35
6	N. DAVIES	49	WML	18-58.28
7	M. BANKS	47	WCR	19-17.77
8	T. HARE	49	WKW	19-59.56
9	M. FEWINGS	45	NNS	20-01.20
10	J. McAFEE	48	NCS	21-25.12

Event: 1500m BREASTSTROKE
Best Time: 29-44.80 V. LYNCH '88

1	J. FORD	46	ABC	31-30.08
2	V. HEAD	47	NWG	36-08.89
3	C. NEWEY	49	TDP	36-10.38
4	J. NULSEN	48	WEP	44-41.00

Event: 3000m BREASTSTROKE
Best Time: 64-05.76 J. FORD '88

1	C. NEWEY	49	TDP	72-43.00
2	V. HEAD	47	NWG	73-54.73

Event: 5000m BREASTSTROKE AGE 45-49
Best Time: 109-11.00 H. DUNCAN '88

1	V. HEAD	47	NWG	128-50.33

Event: 1 HOUR BREASTSTROKE
Best Distance: 2850m H. DUNCAN '88

1	C. NEWEY	49	TDP	2600m
2	V. HEAD	47	NWG	2420m

Event: 50m BUTTERFLY
Best Time: 35.46 A. WYATT '88

1	B. LUSCOMBE	45	VNL	36.96
2	J. FORD	46	ABC	39.81
3	H. BRUCE	46	NNS	39.88
4	A. STEVENS	47	VNL	41.44
5	V. HEAD	47	NWG	43.26
6	M. CAREY	48	VRW	44.04
7	S. COLYER	45	WIW	45.26
8	L. HASSALL	45	NCS	46.15
9	V. LYNCH	48	NSG	46.20
10	F. TATLOW	46	VSN	46.58

Event: 100m BUTTERFLY
Best Time: 1-25.07 E. FLEIG

1	E. FLEIG	45	SAM	1-25.07
2	B. LUSCOMBE	45	VNL	1-27.26
3	J. FORD	46	ABC	1-41.80
4	C. NEWEY	49	TDP	1-51.06
5	V. LYNCH	49	NSG	1-52.24
6	J. McLEOD	49	NNS	2-05.92
7	J. LEWIS	45	QSC	2-06.32
8	J. NULSEN	48	WEP	2-44.00
9	P. TARRIER	49	QSC	2-48.30

Event: 200m BUTTERFLY
Best Time: 3-51.91 C. FLEMING

1	C. FLEMING	45	STT	3-51.91
2	V. HEAD	47	NWG	3-56.48
3	J. FORD	46	ABC	4-00.62
4	J. GUNN	49	VDV	4-36.28

Event: 400m BUTTERFLY
Best Time: 8-13.34 V. HEAD '87

1	V. HEAD	47	NWG	8-16.35
2	H. DUNCAN	48	NCT	8-23.53
3	C. NEWEY	49	TDP	8-50.28
4	J. LEWIS	45	QSC	9-29.86

Event: 800m BUTTERFLY AGE 45-49
Best Time: 17-15.83 H. DUNCAN '88

1	V. HEAD	47	NWG	17-42.74

Event: 100m INDIVIDUAL MEDLEY
Best Time: 1-23.45 C. MUNNS

1	C. MUNNS	45	NBT	1-23.45
2	E. FLEIG	45	SAM	1-25.01
3	B. LUSCOMBE	45	VNL	1-28.83
4	C. CLARKE	45	WCR	1-33.36
5	K. WILLIAMS	47	SMP	1-33.78
6	H. BRUCE	46	NNS	1-34.33
7	A. STEVENS	46	VNL	1-34.90
8	J. FORD	46	ABC	1-34.99
9	C. FLEMING	45	STT	1-35.06
10	B. POTTER	45	THB	1-35.96

Event: 200m INDIVIDUAL MEDLEY
Best Time: 3-25.97 V. LYNCH

1	V. LYNCH	48	NSG	3-25.97
2	A. STEVENS	47	VNL	3-32.92
3	J. McLEOD	49	NNS	4-18.25
4	K. NEESON	46	NTR	5-22.27
5	A. WILLIAMS	47	NBT	5-44.10

Event: 400m INDIVIDUAL MEDLEY
Best Time: 7-38.84 J. FORD

1	J. FORD	45	ABC	7-38.84
2	C. NEWEY	49	TDP	7-41.59
3	V. HEAD	47	NWG	8-06.91
4	J. LEWIS	45	QSC	8-26.50
5	H. HEBER	48	NET	9-11.32
6	N. DWYER	49	QNM	9-55.36
7	D. WILLIAMSON	49	NGN	11-27.26
8	A. WILLIAMS	47	NBT	12-49.47

Event: 800m INDIVIDUAL MEDLEY
Best Time: 15-07.50 J. FORD

1	J. FORD	46	ABC	15-13.98
2	C. NEWEY	49	TDP	15-42.13
3	H. DUNCAN	48	NCT	16-09.17
4	V. HEAD	46	NWG	16-46.16
5	J. LEWIS	45	QSC	17-13.95
6	N. DWYER	49	QNM	20-45.12

Event: 50m FREESTYLE AGE 50-54
Best Time: 36.22 P. HUTCHINGS

1	P. HUTCHINGS	53	NET	36.22
2	B. WILSON	54	VNL	37.02
3	R. HENZE	50	NLS	37.17
4	J. JAMES	50	WMV	37.56
5	A. KINNAIRD	52	VFR	38.35
6	M. WILSON	51	NTW	38.97
7	I. COLLINS	53	NET	39.61
8	M. DE VRIES	54	VGL	39.74
9	L. DENNINGTON	54	VFR	39.94
10	B. HART	53	WMV	40.02

Event: 100m FREESTYLE
Best Time: 1-27.11 M. DE VRIES

1	M. DE VRIES	54	VGL	1-27.11
2	B. HART	53	WMV	1-27.40
3	J. JAMES	50	WMV	1-27.42
4	M. WILSON	51	NTW	1-31.49
5	B. WILSON	54	VNL	1-31.62
6	I. COLLINS	52	NET	1-33.06
7	B. HALL	50	NRY	1-35.64
8	C. FOORD	51	QTV	1-35.83
9	P. McKIE	52	WMV	1-36.07
10	P. MUNCASTER	50	SAM	1-39.90

Event: 200m FREESTYLE
Best Time: 2-52.05 B. WILSON '85

1	R. HENZE	50	NLS	3-03.08
2	B. WILSON	54	VNL	3-12.23
3	F. GOULD	50	NNS	3-30.08
4	C. FOORD	51	QTV	3-36.27
5	B. HART	53	WMV	3-36.58
6	J. HILTON	52	NET	3-43.31
7	P. McKIE	52	WMV	3-43.77
8	J. WILD	52	WSM	3-49.73
9	J. BETHE	50	NCS	3-58.03
10	M. HOL	51	SRY	4-00.14

Event: 400m FREESTYLE
Best Time: 6-18.23 B. WILSON

1	B. WILSON	54	VNL	6-18.23
2	J. JAMES	50	WMV	6-35.42
3	B. HART	53	WMV	6-55.38
4	P. McKIE	51	WMV	7-14.95
5	B. HALL	50	NRY	7-18.77
6	C. FOORD	51	QTV	7-33.80
7	I. COLLINS	52	NET	7-41.64
8	J. LISS	50	WRK	7-46.80
9	M. WILSON	51	NTW	7-48.22
10	M. HOL	51	SRY	8-08.15

Event: 800m FREESTYLE AGE 50-54
Best Time: 13-44.50 J. JAMES

1	J. JAMES	50	WMV	13-44.50
2	B. WILSON	54	VNL	14-13.47
3	M. WILSON	51	NTW	15-14.02
4	S. KERR	52	QNM	15-19.12
5	C. FOORD	51	QTV	15-20.31
6	B. HART	53	WMV	15-33.65
7	P. McKIE	50	WMV	15-43.60
8	B. HALL	50	NRY	16-06.27
9	M. HOL	51	SRY	16-15.31
10	J. LISS	50	WRK	16-21.02

Event: 1500m FREESTYLE
Best Time: 26-17.18 J. JAMES

1	J. JAMES	50	WMV	26-17.18
2	B. WILSON	54	VNL	26-39.71
3	C. FOORD	51	QTV	29-44.00
4	B. HALL	50	NRY	30-12.42
5	M. WILSON	52	NTW	30-47.00
6	C. HOOD	50	WSS	32-59.74
7	E. MacKENZIE	54	ABC	34-54.73
8	M. TWIDALE	50	QTW	38-04.47
9	M. PETERSEN	51	NGS	40-16.54
10	K. BURR	50	WSS	40-41.26

Event: 3000m FREESTYLE
Best Time: 51-42.70 B. WILSON '88

1	J. JAMES	50	WMV	53-23.02
2	C. FOORD	51	QTV	61-54.33
3	M. WILSON	52	NTW	65-53.00
4	C. HOOD	50	WSS	77-03.41
5	M. PETERSEN	51	NGF	83-05.25
6	J. VASSALLO	54	NTR	84-00.00

Event: 1 HOUR FREESTYLE
Best Distance: 3750m B. WILSON '84

1	C. FOORD	51	QTV	2925m
2	A. SPITTLES	52	WOP	2800m
3	C. HOOD	50	WSS	2655m
4	M. PETERSEN	51	NGF	2325m
5	M. GLEGHORN	52	WOP	2200m
5	B. BECK	52	QTV	2200m
7	K. BURR	50	WSS	2150m
8	M. TWIDALE	50	QTW	2100m
9	J. VASSALLO	53	NTR	2075m

Event: 50m BACKSTROKE AGE 50-54
Best Time: 40.90 A. KINNAIRD

1	A. KINNAIRD	51	VFR	40.90
2	M. DE VRIES	54	VGL	42.49
3	L. DENNINGTON	54	VFR	44.90
4	J. JAMES	50	WMV	46.64
5	J. HILTON	52	NET	46.96
6	I. COLLINS	53	NET	48.64
7	B. WILSON	54	VNL	48.84
8	B. HART	53	WMV	49.04
9	M. WILSON	51	NTW	49.69
10	R. HENZE	50	NLS	49.80

Event: 100m BACKSTROKE
Best Time: 1-28.41 A. KINNAIRD '88

1	A. KINNAIRD	52	VFR	1-32.16
2	P. HUTCHINGS	53	NET	1-32.84
3	J. JAMES	50	WMV	1-41.35
4	L. DENNINGTON	54	VFR	1-43.76
5	B. HART	53	WMV	1-46.97
6	I. COLLINS	53	NET	1-48.58
7	B. WILSON	54	VNL	1-50.69
8	D. SIMONS	53	SAM	1-53.09
9	M. KENT	53	SAM	1-57.17
10	B. HALL	50	NRY	1-58.42

Event: 200m BACKSTROKE
Best Time: 3-13.68 A. KINNAIRD '88

1	P. HUTCHINGS	53	NET	3-21.41
2	A. KINNAIRD	52	VFR	3-23.12
3	J. JAMES	50	WMV	3-33.74
4	L. DENNINGTON	54	VFR	3-42.99
5	B. WILSON	54	VNL	3-51.37
6	I. COLLINS	53	NET	4-00.60
7	B. HART	54	WMV	4-04.83
8	S. KERR	52	QNM	4-11.27
9	M. KENT	53	SAM	4-14.00
10	N. MAARSSEN	51	WKW	4-27.68

Event: 400m BACKSTROKE
Best Time: 7-03.40 A. KINNAIRD '88

1	J. JAMES	50	WMV	7-19.00
2	J. LISS	50	WRK	7-50.52
3	B. HART	53	WMV	8-01.76
4	I. COLLINS	52	NET	8-33.36
5	P. McKIE	51	WMV	8-34.55
6	S. KERR	52	QNM	8-50.77
7	D. SIMONS	53	SAM	8-58.60
8	J. BETHE	50	NCS	9-00.38
9	M. WILSON	51	NTW	9-11.84
10	T. BROMLEY	53	VNL	9-15.80

Event: 800m BACKSTROKE AGE 50-54
Best Time: 13-05.74 B. WILSON '88

1	P. McKIE	50	WMV	17-59.46
2	D. SIMONS	53	SAM	18-09.90
3	S. KERR	52	QNM	18-35.31
4	N. MAARSSEN	51	WKW	18-38.97
5	M. WILSON	51	NTW	18-51.79
6	J. HEY	51	WRK	19-56.21
7	M. WETHERSPOON	51	QTW	20-04.71
8	C. FOORD	51	QTV	20-14.61
9	E. MacKENZIE	54	ABC	20-34.29
10	M. GIBBONS	54	NGF	21-31.59

Event: 1500m BACKSTROKE
Best Time: 30-59.36 B. WILSON '86

1	C. FOORD	51	QTV	40-25.55
2	M. WETHERSPOON	51	QTW	41-08.45
3	M. PETERSEN	51	NGF	43-27.16
4	M. GIBBONS	54	NGF	43-36.02
5	C. HOOD	50	WSS	44-21.91
6	P. HEAP	53	VSS	44-49.00
7	J. VASSALLO	54	NTR	48-19.47

Event: 3000m BACKSTROKE
Best Time: 62-53.11 B. WILSON '88

1	M. GIBBONS	54	NGF	91-41.09

Event: 1 HOUR BACKSTROKE
Best Distance: 2200m C. FOORD

1	C. FOORD	51	QTV	2200m
2	J. VASSALLO	54	NTR	2075m
3	M. GIBBONS	54	NGF	1825m
4	M. WETHERSPOON	51	QTW	1750m

Event: 50m BREASTSTROKE
Best Time: 45.37 R. HENZE

1	R. HENZE	50	NLS	45.37
2	G. HARDY	50	VNL	46.65
3	B. CLARK	51	WMV	48.52
4	I. COLLINS	53	NET	48.64
5	B. HALL	50	NRY	49.65
6	P. MUNCASTER	50	SAM	50.61
7	F. GOULD	50	NNS	51.39
8	J. JAMES	50	WMV	51.75
9	B. HART	53	WMV	53.62
10	F. MILHAM	50	SAT	53.86

Event: 100m BREASTSTROKE AGE 50-54
Best Time: 1-38.40 R. HENZE

1	R. HENZE	50	NLS	1-38.40
2	G. HARDY	50	VNL	1-43.39
3	B. KEET	50	WCM	1-48.45
4	R. BLOM	50	WML	1-49.16
5	B. HALL	50	NRY	1-50.00
6	B. CLARK	50	WMV	1-56.75
7	J. JAMES	50	WMV	2-03.13
8	M. WHIT.-SMITH	51	NET	2-04.47
9	J. LISS	50	WRK	2-06.50
10	P. McKIE	51	WMV	2-07.02

Event: 200m BREASTSTROKE
Best Time: 3-40.99 G. HARDY

1	G. HARDY	50	VNL	3-40.99
2	P. MUNCASTER	50	SAM	3-56.64
3	J. GUNN	50	VDV	4-01.49
4	J. MACK	53	QMK	4-03.20
5	B. HALL	50	NRY	4-08.08
6	T. BROMLEY	53	VNL	4-23.11
7	M. HOL	51	SRY	4-24.23
8	B. HART	53	WMV	4-24.61
9	F. MILHAM	50	SAT	4-29.49
10	J. JAMES	50	WMV	4-31.75

Event: 400m BREASTSTROKE
Best Time: 7-28.33 R. HENZE

1	R. HENZE	50	NLS	7-28.33
2	B. HALL	50	NRY	8-15.84
3	J. MACK	53	QMK	8-17.90
4	B. HART	53	WMV	8-31.07
5	P. McKIE	51	WMV	9-02.66
6	T. BROMLEY	53	VNL	9-21.13
7	K. ROBERTS	52	NCS	9-27.86
8	J. JAMES	50	WMV	9-30.31
9	M. WHIT.-SMITH	51	NET	9-33.24
10	C. FOORD	51	QTV	9-48.92

Event: 800m BREASTSTROKE
Best Time: 15-50.90 M. DE VRIES '88

1	J. MACK	53	QMK	16-58.96
2	B. HALL	50	NRY	17-13.97
3	B. HART	53	WMV	17-46.24
4	P. McKIE	51	WMV	18-49.53
5	C. FOORD	51	QTV	20-19.40
6	A. WHIT.-SMITH	51	NET	20-40.40
7	J. ANDERSEN	50	QTV	22-01.98
8	E. MacKENZIE	54	ABC	22-30.68
9	M. PETERSEN	51	NGF	23-11.75
10	M. RUTLEDGE	52	NTW	25-55.02

Event: 1500m BREASTSTROKE AGE 50-54
Best Time: 30-30.31 M. DE VRIES '88

1	B. HALL	50	NRY	32-47.10
2	C. FOORD	51	QTV	39-31.02
3	J. ANDERSEN	50	QTV	40-48.10
4	P. HEAP	53	VSS	48-06.34
5	M. PETERSEN	51	NGF	50-21.00
6	K. BURR	50	WSS	51-36.75

Event: 3000m BREASTSTROKE
Best Time: 68-26.30 B. HALL

1	B. HALL	50	NRY	68-26.30
2	C. FOORD	51	QTV	80-32.94
3	M. PETERSEN	51	NGF	100-32.73

Event: 5000m BREASTSTROKE
Best Time: 119-10.42 B. HALL

1	B. HALL	50	NRY	119-10.42

Event: 1 HOUR BREASTSTROKE
Best Distance: 2650m B. HALL

1	B. HALL	50	NRY	2650m
2	C. FOORD	51	QTV	2200m
3	M. PETERSEN	51	NGF	1875m
4	P. HEAP	53	VSS	1750m

Event: 50m BUTTERFLY
Best Time: 47.25 B. WILSON

1	B. WILSON	54	VNL	47.25
2	M. WILSON	51	NTW	49.16
3	B. CLARK	51	WMV	49.73
4	A. KINNAIRD	52	VFR	50.09
5	S. McFARLAND	54	VBD	51.37
6	B. HALL	50	NRY	51.73
7	B. HART	53	WMV	51.82
8	P. McKIE	52	WMV	52.98
9	I. COLLINS	53	NET	53.18
10	N. DWYER	50	QNM	53.99

Event: 100m BUTTERFLY
Best Time: 2-00.08 S. McFARLAND

1	S. McFARLAND	54	VBD	2-00.08
2	J. MACK	53	QMK	2-10.43
3	F. MILHAM	51	SAT	2-11.48
4	J. ANDERSEN	50	QTV	2-32.77
5	C. FOORD	51	QTV	2-38.95

Event: 200m BUTTERFLY AGE 50-54
Best Time: 4-07.39 S. McFARLAND

1	S. McFARLAND	54	VBD	4-07.39
2	A. KINNAIRD	51	VFR	4-17.00
3	B. WILSON	54	VNL	4-35.68

Event: 400m BUTTERFLY
Best Time: 8-14.50 B. WILSON '87

1	P. McKIE	51	WMV	9-59.08
2	J. PICTON	52	QSC	11-41.55
3	M. WETHERSPOON	51	QTW	11-55.25

Event: 800m BUTTERFLY
Best Time: 24-50.61 M. WETHERSPOON

1	M. WETHERSPOON	51	QTW	24-50.61

Event: 100m INDIVIDUAL MEDLEY
Best Time: 1-34.59 R. HENZE

1	R. HENZE	5-	NLS	1-34.59
2	B. WILSON	54	VNL	1-41.49
3	A. KINNAIRD	51	VFR	1-41.52
4	B. HALL	50	NRY	1-42.94
5	I. COLLINS	53	NET	1-44.48
6	F. GOULD	50	NNS	1-46.23
7	P. MUNCASTER	50	SAM	1-47.38
8	B. HART	53	WMV	1-47.71
9	B. CLARK	50	WMV	1-49.06
10	J. CADDEN	50	NNS	1-51.64

Event: 200m INDIVIDUAL MEDLEY
Best Time: 3-51.56 B. HALL

1	B. HALL	50	NRY	3-51.56
2	B. HART	54	WMV	4-05.69
3	M. WILSON	51	NTW	4-07.38
4	P. McKIE	52	WMV	4-11.65
5	J. GUNN	50	VDV	4-29.28
6	C. FOORD	51	QTV	4-29.78
7	J. MITCHELL	52	NSG	5-13.27
8	J. ANDERSEN	50	QTV	5-15.84
9	B. BECK	53	QTV	5-22.89
10	J. VASSALLO	54	NTR	6-08.24

Event: 400m INDIVIDUAL MEDLEY
Best Time: 7-17.39 B. WILSON '84

1	P. MCKIE	51	WMV	8-45.42
2	S. KERR	52	QNM	9-26.87
3	J. MITCHELL	51	NSG	11-28.05

Event: 800m INDIVIDUAL MEDLEY AGE 50-54
Best Time: 15-37.38 B. WILSON '85

1	P. McKIE	51	WMV	18-09.22
2	N. DWYER	50	QNM	19-31.46

Event: 50m FREESTYLE AGE 55-59
Best Time: 36.24 M. McQUADE

1	M. McQUADE	55	VPP	36.24
2	P. BERGE	56	NML	38.68
3	S. MALCOLM	58	VNL	38.96
4	P. DUNN	56	NET	39.57
5	B. BROOKS	55	VNL	40.80
6	P. REES	55	NLS	41.68
7	D. DICKEY	58	VDC	42.04
8	B. CARDEN	56	NBA	42.13
9	B. PATERSON	59	WOP	42.39
10	G. DAY	57	VNL	42.75

Event: 100m FREESTYLE
Best Time: 1-21.02 H. EVANS

1	P. BERGE	56	NML	1-26.41
2	B. BROOKS	55	VNL	1-28.64
3	P. DUNN	55	NET	1-29.15
4	S. MALCOLM	58	VNL	1-30.02
5	D. DICKEY	59	VDC	1-37.16
6	G. DAY	57	VNL	1-38.40
7	V. GREEN	56	NTR	1-38.63
8	B. JONES	58	WOP	1-41.86
9	M. HILL	57	WSM	1-43.10
10	G. McGOUGH	59	WMV	1-48.77

Event: 200m FREESTYLE
Best Time: 2-59.39 E. WALLIS '84

1	P. BERGE	56	NML	3-15.94
2	S. MALCOLM	58	VNL	3-17.37
3	P. B'BROODSPOT	55	VSS	3-33.42
4	D. DICKEY	59	VDC	3-38.08
5	V. GREEN	56	NTR	3-38.43
6	B. JONES	58	WOP	3-44.50
7	G. NIXON	59	VDC	3-48.78
8	B. PATERSON	59	WOP	3-49.16
9	J. CONSTANTINE	56	WIW	3-53.25
10	M. MORRIS	59	WOP	4-02.79

Event: 400m FREESTYLE
Best Time: 6-54.33 S. MALCOLM

1	S. MALCOLM	58	VNL	6-54.33
2	D. DICKEY	58	VDC	7-34.22
3	J. SIMMONS	56	QTV	7-52.06
4	G. NIXON	58	VDC	8-05.38
5	M. HARRIS		SWD	8-40.13
6	M. ARMSTRONG	56	SRY	8-53.42
7	W. McCABE	59	NCR	8-59.55
8	J. MITCHELL	56	VSN	9-04.13
9	B. MURPHY	57	NCS	9-13.93
10	G. McGOUGH	58	WMV	9-17.92

Event: 800m FREESTYLE AGE 55-59
Best Time: 12-41.66 H. EVANS '88

1	M. DE VRIES	55	VGL	14-29.07
2	P. B'BROODSPOT	56	VSS	14-50.19
3	V. GREEN	56	NTR	15-00.34
4	S. MALCOLM	58	VNL	15-13.76
5	D. DICKEY	58	VDC	15-38.80
6	J. SIMMONS	56	QTV	16-29.75
7	A. DUNCAN	57	QSC	16-55.99
8	N. ROSE	59	VSS	17-12.40
9	M. HARRIS		SWD	17-25.66
10	P. MARSHALL	56	NBA	17-30.46

Event: 1500m FREESTYLE
Best Time: 24-06.23 H. EVANS '88

1	P. B'BROODSPOT	56	VSS	27-12.41
2	V. GREEN	56	NTR	28-46.00
3	S. MALCOLM	58	VNL	29-05.03
4	D. DICKEY	59	VDC	30-58.29
5	J. SIMMONS	56	QTV	31-05.17
6	M. HARRIS		SWD	32-58.97
7	N. ROSE	59	VSS	33-15.10
8	G. OUTRAM	57	WSS	38-31.29
9	N. DEAN	55	QSC	38-39.93
10	E. KERR	56	WEP	40-29.00

Event: 3000m FREESTYLE
Best Time: 56-54.20 V. GREEN

1	V. GREEN	56	NTR	56-54.20
2	P. B'BROODSPOT	56	VSS	57-58.89
3	D. DICKEY	59	VDC	63-41.49
4	N. ROSE	59	VSS	66-30.72
5	J. SIMMONS	56	QTV	66-31.13
6	G. OUTRAM	57	WSS	76-53.28

Event: 5000m FREESTYLE
Best Time: 100-51.69 P. B'BROODSPOT

1	P. B'BROODSPOT	56	VSS	100-51.69
2	V. GREEN	56	NTR	105-01.00
3	J. SIMMONS	56	QTV	121-08.73

Event: 1 HOUR FREESTYLE
Best Distance: 3200m P. B'BROODSPOT

1	P. B'BROODSPOT	56	VSS	3200m
2	V. GREEN	56	NTR	3100m
3	D. DICKEY	59	VDC	2850m
4	G. OUTRAM	57	WSS	2400m
5	N. DEAN	55	QSC	2100m

Event: 50m BACKSTROKE AGE 55-59
Best Time: 42.18 M. McQUADE

1	M. McQUADE	55	VPP	42.18
2	M. DE VRIES	55	VGL	42.91
3	P. DUNN	55	NET	48.10
4	P. REES	55	NLS	49.89
5	P. BERGE	56	NML	51.03
6	B. JONES	58	WOP	51.49
7	G. DAY	57	VNL	51.50
8	B. BROOKS	55	VNL	52.09
9	V. GREEN	56	NTR	52.23
10	B. PATERSON	59	WOP	52.82

Event: 100m BACKSTROKE
Best Time: 1-39.37 E. WALLIS '84

1	P. DUNN	56	NET	1-48.32
2	V. GREEN	56	NTR	1-53.21
3	M. HILL	57	WSM	1-53.84
4	B. JONES	58	WOP	1-53.89
5	S. MALCOLM	58	VNL	1-58.07
6	B. PATERSON	59	WOP	2-00.12
7	D. DICKEY	59	VDC	2-01.90
8	A. DUNCAN	57	QSC	2-02.28
9	N. LASANDER	58	NET	2-07.18
10	G. McGOUGH	58	WMV	2-08.69

Event: 200m BACKSTROKE
Best Time: 3-36.12 M. DE VRIES

1	M. DE VRIES	55	VGC	3-36.12
2	V. GREEN	56	NTR	4-02.01
3	P. DUNN	56	NET	4-03.51
4	G. DAY	57	VNL	4-15.19
5	D. DICKEY	59	VDC	4-15.66
6	S. MALCOLM	58	VNL	4-18.08
7	B. PATERSON	59	WOP	4-20.06
8	J. SIMMONS	56	QTV	4-22.84
9	B. JONES	58	WOP	4-26.62
10	N. LASANDER	58	NET	4-27.51

Event: 400m BACKSTROKE
Best Time: 7-46.90 B. BROOKS

1	B. BROOKS	55	VNL	7-46.90
2	V. GREEN	56	NTR	8-07.51
3	D. DICKEY	59	VDC	8-33.56
4	P. DUNN	55	NET	8-46.32
5	S. MALCOLM	58	VNL	8-48.13
6	N. ROSE	59	VSS	8-48.97
7	G. DAY	57	VNL	8-55.60
8	A. DUNCAN	57	QSC	9-21.27
9	P. B'BROODSPOT	56	VSS	9-25.12
10	J. SIMMONS	56	QTV	9-27.10

Event: 800m BACKSTROKE AGE 55-59
Best Time: 17-37.77 P. DUNN

1	P. DUNN	55	NET	17-37.77
2	V. GREEN	56	NTR	17-40.60
3	D. DICKEY	58	VDC	17-47.53
4	N. ROSE	59	VSS	18-05.86
5	P. B'BROODSPOT	56	VSS	19-04.39
6	J. SIMMONS	56	QTV	19-23.62
7	G. McGOUGH	58	WMV	21-15.02
8	F. HOPKINS	59	NWS	22-51.55
9	B. MURPHY	57	NCS	22-52.64
10	E. KERR	56	WEP	23-28.00

Event: 1500m BACKSTROKE
Best Time: 34-03.08 V. GREEN

1	V. GREEN	56	NTR	34-03.08
2	N. ROSE	59	VSS	34-39.00
3	D. DICKEY	58	VDC	35-23.08
4	A. DUNCAN	57	QSC	35-48.72
5	P. B'BROODSPOT	56	VSS	36-17.76
6	J. SIMMONS	56	QTV	41-38.02
7	J. MILLER	56	VSS	42-45.12

Event: 3000m BACKSTROKE
Best Time: 69-45.00 V. GREEN

1	V. GREEN	56	NTR	69-45.00
2	D. DICKEY	59	VDC	72-45.60
3	P. B'BROODSPOT	56	VSS	74-07.03
4	J. SIMMONS	56	QTV	87-08.90

Event: 5000m BACKSTROKE
Best Time: 118-26.00 V. GREEN

1	V. GREEN	56	NTR	118-26.00
2	P. B'BROODSPOT	56	VSS	128-33.25

Event: 1 HOUR BACKSTROKE
Best Distance: 2575m V. GREEN

1	V. GREEN	56	NTR	2575m
2	D. DICKEY	59	VDC	2520m
3	P. B'BROODSPOT	56	VSS	2500m
4	J. SIMMONS	56	QTV	2225m

Event: 50m BREASTSTROKE AGE 55-59
Best Time: 52.23 V. GREEN

1	V. GREEN	56	NTR	52.23
2	N. ROSE	58	VSS	55.24
3	N. ADAMSON	56	QSM	55.97
4	S. MALCOLM	57	VNL	56.44
5	J. MITCHELL	56	VSN	57.40
6	M. ARMSTRONG	56	SRY	58.16
7	B. BROOKS	55	VNL	58.86
8	N. LASANDER	58	NET	58.94
9	R. LEFRANCKE	55	QNM	1-01.28
10	M. NANN	56	NTR	1-01.48

Event: 100m BREASTSTROKE
Best Time: 1-42.47 J. SANSOM '83

1	N. JOEL	57	WCM	1-46.18
2	V. GREEN	56	NTR	1-55.01
3	G. CARDEN	56	NBA	1-58.27
4	B. BROOKS	55	VNL	1-59.29
5	J. MITCHELL	56	VSN	2-01.92
6	M. HILL	58	WSM	2-05.28
7	L. EDGAR	57	QNM	2-08.00
8	V. HARRISON	55	WOP	2-08.78
9	B. JONES	58	WOP	2-12.37
10	G. OUTRAM	57	WSS	2-12.46

Event: 200m BREASTSTROKE
Best Time: 3-50.28 M. DE VRIES

1	M. DE VRIES	55	VGL	3-50.28
2	V. GREEN	56	NTR	4-05.22
3	B. BROOKS	55	VNL	4-08.91
4	N. ROSE	58	VSS	4-10.35
5	M. ARMSTRONG	56	SRY	4-34.07
6	G. OUTRAM	57	WSS	4-42.19
7	V. HARRISON	58	WOP	4-49.46
8	M. PICKERING	57	WSM	4-55.98
9	M. MORRISON	57	QMK	4-56.46
10	C. KING	56	NTW	4-57.70

Event: 400m BREASTSTROKE
Best Time: 8-22.41 C. DE GROOT '87

1	V. GREEN	56	NTR	8-35.50
2	N. ROSE	59	VSS	9-16.52
3	P. B'BROODSPOT	56	VSS	9-23.00
4	G. OUTRAM	57	WSS	9-44.68
5	N. LASANDER	58	NET	10-17.77
6	S. WALKER	56	VDC	10-18.00
7	E. KERR	56	WEP	10-21.00
8	D. DICKEY	58	VDC	10-23.60
9	J. SIMMONS	56	QTV	10-50.55
10	G. STRONG	57	WEP	10-53.62

Event: 800m BREASTSTROKE AGE 55-59
Best Time: 17-08.55 C. DE GROOT '86

1	V. GREEN	56	NTR	17-31.67
2	N. ROSE	59	VSS	19-14.16
3	P. B'BROODSPOT	56	VSS	19-39.20
4	G. OUTRAM	57	WSS	19-55.63
5	D. DICKEY	58	VDC	21-17.60
6	G. McGOUGH	58	WMV	21-28.84
7	E. KERR	56	WEP	21-42.00
8	J. SIMMONS	56	QTV	22-42.45
9	A. DUNCAN	57	QSC	23-54.26
10	D. BRIDGER	57	VDC	24-30.31

Event: 1500m BREASTSTROKE
Best Time: 32-47.36 C. DE GROOT '88

1	V. GREEN	56	NTR	33-17.86
2	N. ROSE	59	VSS	36-13.83
3	P. B'BROODSPOT	56	VSS	37-10.64
4	G. OUTRAM	57	WSS	40-21.15
5	D. DICKEY	59	VDC	41-27.66
6	E. KERR	56	WEP	42-29.00
7	J. SIMMONS	56	QTV	45-23.09
8	D. BRIDGER	57	VDC	48-29.34
9	N. DEAN	55	QSC	56-30.06

Event: 3000m BREASTSTROKE
Best Time: 67-00.18 C. DE GROOT '88

1	N. ROSE	59	VSS	75-35.74
2	P. B'BROODSPOT	56	VSS	78-52.81
3	J. SIMMONS	56	QTV	93-35.38

Event: 5000m BREASTSTROKE
Best Time: 113-58.28 C. DE GROOT '88

1	P. B'BROODSPOT	56	VSS	135-05.56

Event: 1 HOUR BREASTSTROKE
Best Distance: 2610m C. DE GROOT '88

1	P. B'BROODSPOT	56	VSS	2300m
2	D. DICKEY	58	VDC	2145m
3	J. SIMMONS	56	QTV	2050m
4	E. KERR	56	WEP	2000m
5	D. BRIDGER	57	VDC	1830m
6	N. DEAN	55	QSC	1585m

Event: 50m BUTTERFLY AGE 55-59
Best Time: 43.39 M. McQUADE

1	M. McQUADE	55	VPP	43.39
2	P. BERGE	56	NML	44.21
3	V. GREEN	56	NTR	46.34
4	B. BROOKS	55	VNL	49.10
5	B. JONES	58	WOP	49.19
6	P. REES	55	NLS	53.03
7	M. HILL	57	WSM	55.26
8	P. B'BROODSPOT	55	VSS	56.05
9	P. DUNN	56	NET	56.26
10	S. MALCOLM	58	VNL	57.47

Event: 100m BUTTERFLY
Best Time: 1-47.28 J. SANSOM '84

1	V. GREEN	56	NTR	1-47.32
2	B. BROOKS	55	VNL	2-01.15
3	T. BRYAN	58	QCN	2-08.62
4	M. MORRISON	57	QMK	2-16.01
5	J. SIMMONS	56	QTV	2-37.85
6	D. DICKEY	59	VDC	2-55.99

Event: 200m BUTTERFLY
Best Time: 4-01.36 V. GREEN

1	V. GREEN	56	NTR	4-01.36
2	T. BRYAN	58	QCN	4-30.73

Event: 400m BUTTERFLY
Best Time: 8-38.85 V. GREEN

1	V. GREEN	56	NTR	8-38.85
2	T. BRYAN	58	QCN	9-21.96
3	P. B'BROODSPOT	56	VSS	9-47.16
4	A. DUNCAN	57	QSC	12-35.58
5	G. McGOUGH	58	WMV	13-16.81

Event: 800m BUTTERFLY
Best Time: 17-50.35 V. GREEN

1	V. GREEN	56	NTR	17-50.35
2	T. BRYAN	58	QCN	19-06.38
3	P. B'BROODSPOT	56	VSS	19-43.11

Event: 1500m BUTTERFLY
Best Time: 34-20.50 V. GREEN

1	V. GREEN	56	NTR	34-20.50

Event: 100m INDIVIDUAL MEDLEY AGE 55-59
Best Time: 1-38.55 E. WALLIS '84

1	V. GREEN	56	NTR	1-42.73
2	T. BRYAN	58	QCN	1-43.74
3	P. DUNN	56	NET	1-45.38
4	B. BROOKS	55	VNL	1-46.85
5	B. JONES	58	WOP	1-47.83
6	S. MALCOLM	58	VNL	1-51.50
7	P. B'BROODSPOT	55	VSS	1-53.66
8	G. CARDEN	56	NBA	1-59.55
9	L. EDGAR	58	QBN	2-00.46
10	M. HILL	58	WSM	2-00.78

Event: 200m INDIVIDUAL MEDLEY
Best Time: 3-42.38 V. GREEN

1	V. GREEN	56	NTR	3-42.38
2	B. BROOKS	55	VNL	3-46.37
3	T. BRYAN	58	QCN	3-53.45
4	M. MORRISON	57	QMK	4-35.11
5	E. KERR	56	WEP	5-07.00
6	G. STRONG	57	WEP	5-07.74

Event: 400m INDIVIDUAL MEDLEY
Best Time: 7-59.01 V. GREEN '88

1	V. GREEN	56	NTR	8-06.24
2	P. B'BROODSPOT	56	VSS	8-54.21
3	D. DICKEY	59	VDC	9-39.56
4	J. SIMMONS	56	QTV	10-01.63
5	C. McGOUGH	58	WMV	10-19.27
6	A. DUNCAN	57	QSC	10-56.99

Event: 800m INDIVIDUAL MEDLEY
Best Time: 17-20.20 V. GREEN '88

1	P. B'BROODSPOT	56	VSS	18-40.02
2	A. DUNCAN	57	QSC	21-12.40
3	G. McGOUGH	58	WMV	23-13.83

Event: 50m FREESTYLE AGE 60-64
Best Time: 34.75 M. CUNNINGHAM

1	M. CUNNINGHAM	64	VDC	34.75
2	E. WALLIS	61	NML	38.24
3	B. ROBERTS	63	VNL	40.74
4	C. McK.- HICKS	61	NSG	41.49
5	G. MURRAY	62	NBA	42.37
6	E. MILFORD	63	NWG	42.45
7	J. COOK	62	NLS	42.96
8	B. ROSE	63	NCS	43.02
9	H. GILLBEE	60	VNL	43.18
10	A. PAUL	60	NET	45.47

Event: 100m FREESTYLE AGE 60-64
Best Time: 1-18.82 B. ROSE

1	B. ROSE	62	NCS	1-18.92
2	M. CUNNINGHAM	63	VDC	1-18.91
3	E. WALLIS	61	NML	1-22.67
4	B. ROBERTS	64	VNL	1-40.32
5	H. GILLBEE	60	VNL	1-43.41
6	G. MURRAY	61	NBA	1-47.94
7	P. BRUCE	60	WOP	1-49.59
8	V. LINCOLN	64	NGS	1-50.91
9	A. BARRINGTON	64	NWS	1-51.47
10	P. ADAMS	62	NHL	1-51.88

Event: 200m FREESTYLE
Best Time: 3-03.25 M. CUNNINGHAM

1	M. CUNNINGHAM	64	VDC	3-03.25
2	B. ROSE	62	NCS	3-38.29
3	J. COOK	62	NLS	3-40.83
4	B. ROBERTS	63	VNL	3-45.57
5	J. BAMFORD	63	THB	3-56.69
6	V. LINCOLN	64	NGS	4-00.42
7	P. BRUCE	60	WOP	4-00.88
8	A. BARRINGTON	64	NWS	4-01.82
9	H. GILLBEE	60	VNL	4-02.35
10	G. CLARK	61	WOP	4-07.19

Event: 400m FREESTYLE
Best Time: 6-40.36 E. WALLIS '88

1	M. CUNNINGHAM	63	VDC	6-51.18
2	B. ROBERTS	63	VNL	7-44.55
3	A. BARRINGTON	64	NWS	8-16.51
4	J. BAMFORD	63	THB	8-19.78
5	H. GILLBEE	60	VNL	8-23.87
6	B. MAHON	62	NCR	8-26.57
7	N. AYRES	64	VNL	8-41.39
8	A. JARVIS	60	SMR	9-00.23
9	H. AGOSTINI	63	SMR	9-12.91
10	W. McCABE	60	NCR	9-16.58

Event: 800m FREESTYLE
Best Time: 13-49.67 M. CUNNINGHAM

1	M. CUNNINGHAM	63	VDC	13-49.67
2	A. BARRINGTON	64	NWS	17-39.66
3	B. MAHON	62	NCR	17-47.77
4	A. JARVIS	60	SMR	18-32.92
5	H. AGOSTINI	63	SMR	18-47.59
6	P. ADAMS	62	NHL	19-03.15
7	O. EDDY	62	NET	19-59.19
8	J. NEIGHBOUR	63	NET	20-40.02

Event: 1500m FREESTYLE AGE 60-64
Best Time: 26-53.01 M. CUNNINGHAM

1	M. CUNNINGHAM	63	VDC	26-53.01
2	A. JARVIS	60	SMR	35-14.92
3	H. AGOSTINI	63	SMR	35-33.37
4	P. ADAMS	62	NHL	37-18.01
5	B. McLAY	64	VGL	41-25.99

Event: 3000m FREESTYLE
Best Time: 57-52.49 M. CUNNINGHAM '88

1	M. CUNNINGHAM	63	VDC	58-39.13

Event: 1 HOUR FREESTYLE
Best Distance: 3115m M. CUNNINGHAM

1	M. CUNNINGHAM	64	VDC	3070m
2	B. PATERSON	60	WOP	2750m
3	P. ADAMS	62	NHL	2375m

Event: 50m BACKSTROKE
Best Time: 46.53 M. CUNNINGHAM

1	M. CUNNINGHAM	63	VDC	46.53
2	E. WALLIS	61	NML	46.58
3	P. BRUCE	60	WOP	49.66
4	B. ROSE	62	NCS	50.38
5	G. McK-HICKS	61	NSG	52.11
6	J. WALKDEN	64	QMM	53.23
7	J. COOK	62	NLS	53.85
8	B. PATERSON	60	WOP	54.34
9	C. DE GROOT	60	VNL	55.07
10	C. MURRAY	61	NBA	56.09

Event: 100m BACKSTROKE
Best Time: 1-47.44 E. WALLIS

1	E. WALLIS	61	NML	1-47.44
2	M. CUNNINGHAM	64	VDC	1-52.26
3	P. BRUCE	60	WOP	1-53.74
4	C. DE GROOT	61	VRW	1-56.24
5	B. ROSE	63	NCS	1-57.17
6	B. PATERSON	60	WOP	1-59.38
7	B. ROBERTS	63	VNL	2-03.28
8	P. ADAMS	62	NHL	2-04.27
9	G. MURRAY	62	NBA	2-10.08
10	M. CAREY	60	NWG	2-11.77

Event: 200m BACKSTROKE AGE 60-64
Best Time: 3-48.89 E. WALLIS '88

1	M. CUNNINGHAM	64	VDC	3-50.96
2	E. WALLIS	62	NML	3-59.55
3	P. BRUCE	60	WOP	4-02.86
4	B. ROSE	63	NCS	4-03.73
5	N. VIDLER	60	WOP	4-47.56
6	A. BARRINGTON	64	NWS	4-56.52
7	O. EDDY	62	NET	4-57.39
8	M. CAREY	61	NWG	4-59.10
9	A. JARVIS	61	SMR	4-59.54
10	G. CLARK	61	WOP	5-01.73

Event: 400m BACKSTROKE
Best Time: 8-02.11 C. DE GROOT '88

1	M. CUNNINGHAM	63	VDC	8-06.10
2	B. ROBERTS	64	VNL	9-01.60
3	P. ADAMS	62	NHL	9-41.66
4	M. CAREY	60	NWG	10-00.80
5	B. MAHON	61	NCR	10-15.00
6	A. BARRINGTON	64	NWS	10-19.03
7	E. FARRELL	63	QGC	10-23.21
8	H. GILLBEE	60	VNL	10-39.54
9	W. McCABE	60	NCR	10-57.10
10	E. MELDRUM	62	NBT	11-13.93

Event: 800m BACKSTROKE
Best Time: 16-10.21 M. CUNNINGHAM

1	M. CUNNINGHAM	63	VDC	16-10.21
2	J. WALKDEN	64	QMM	19-51.00

Event: 1500m BACKSTROKE
Best Time: 31-34.62 M. CUNNINGHAM

1	M. CUNNINGHAM	64	VDC	31-34.62

Event: 3000m BACKSTROKE
Best Time: 66-12.91 M. CUNNINGHAM

1	M. CUNNINGHAM	63	VDC	66-12.91

Event: 1 HOUR BACKSTROKE
Best Distance: 2760m M. CUNNINGHAM

1	M. CUNNINGHAM	64	VDC	2760m

Event: 50m BREASTSTROKE
Best Time: 46.82 M. CUNNINGHAM

1	M. CUNNINGHAM	64	VDC	46.82
2	E. WALLIS	61	NML	50.52
3	E. MILFORD	63	NWG	52.68
4	M. MacKINNON	62	SAM	54.46
5	C. DE GROOT	60	VNL	54.90
6	A. PAUL	60	NET	55.19
7	A. MULCRONE	62	QSM	55.88
8	B. MAHON	62	NCR	58.55
9	B. ROSE	63	NCS	1-01.61
10	G. MURRAY	61	NBA	1-03.94

Event: 100m BREASTSTROKE AGE 60-64
Best Time: 1-45.01 J. SANSOM '88

1	M. CUNNINGHAM	63	VDC	1-47.43
2	C. DE GROOT	61	VRW	2-02.66
3	M. CAREY	61	NWG	2-21.57
4	B. MAHON	62	NCR	2-24.34
5	O. EDDY	62	NET	2-24.70
6	G. WHYTE	60	WOP	2-26.34
7	G. CLARK	61	WOP	2-33.13
8	V. HARDING	60	WSM	2-37.67
9	K. PHILPOT	60	NET	2-39.50
10	R. KEMPERS	64	WPC	2-39.69

Event: 200m BREASTSTROKE
Best Time: 3-48.66 M. CUNNINGHAM

1	M. CUNNINGHAM	63	VDC	3-48.66
2	C. DE GROOT	61	VRW	4-08.94
3	N. KEMPTON	60	WBM	4-20.77
4	M. MacKINNON	62	SAM	4-49.55
5	B. MAHON	62	NCR	4-56.94
6	M. CAREY	60	NWG	5-11.95
7	H. AGOSTINI	64	SMR	5-13.15
8	G. WHYTE	60	WOP	5-19.43
9	A. BARRINGTON	64	NWS	5-57.55
10	V. HARDING	60	WSM	6-03.17

Event: 400m BREASTSTROKE
Best Time: 7-53.18 M. CUNNINGHAM.

1	M. CUNNINGHAM	63	VDC	7-53.18
2	C. DE GROOT	61	VRW	8-41.33
3	B. MAHON	62	NCR	10-03.39
4	M. CAREY	60	NWG	10-48.53
5	H. MALGORZEWICZ	64	SMR	10-50.38
6	A. JARVIS	60	SMR	11-25.07
7	O. EDDY	62	NET	11-26.32
8	B. McLAY	64	VBL	12-35.88

Event: 800m BREASTSTROKE
Best Time: 16-46.79 M. CUNNINGHAM

1	M. CUNNINGHAM	63	VDC	16-46.79
2	C. DE GROOT	60	VNL	18-10.88
3	H. MALGORZEWICZ	64	SMR	22-03.25
4	A. JARVIS	60	SMR	23-11.93

Event: 1500m BREASTSTROKE
Best Time: 33-07.88 C. DE GROOT '88

1	M. CUNNINGHAM	64	VDC	33-21.02
2	M. CAREY	61	NWG	46-45.40

Event: 3000m BREASTSTROKE
Best Time: 67-41.88 C. DE GROOT '88

1	M. CUNNINGHAM	64	VDC	68-15.86

Event: 1 HOUR BREASTSTROKE AGE 60-64
Best Distance: 2665m M. CUNNINGHAM

1	M. CUNNINGHAM	64	VDC	2665m
2	M. CAREY	61	NWG	1925m

Event: 50m BUTTERFLY
Best Time: 43.24 M. CUNNINGHAM

1	M. CUNNINGHAM	63	VDC	43.24
2	E. MILFORD	63	NWG	52.27
3	E. WALLIS	61	NML	55.37
4	A. PAUL	60	NET	56.66
5	B. ROBERTS	63	VNL	58.05
6	B. ROSE	63	NCS	59.17
7	C. DE GROOT	60	VNL	1-00.00
8	G. MURRAY	62	NBA	1-02.14
9	G. CLARK	61	WOP	1-12.00
10	D. FIELD	64	NET	1-16.55

Event: 100m BUTTERFLY
Best Time: 1-52.56 M. CUNNINGHAM

1	M. CUNNINGHAM	64	VDC	1-52.56
2	B. ROBERTS	64	VNL	2-23.73

Event: 100m INDIVIDUAL MEDLEY
Best Time: 1-33.86 M. CUNNINGHAM

1	M. CUNNINGHAM	63	VDC	1-33.86
2	E. WALLIS	61	NML	1-41.16
3	B. ROSE	63	NCS	1-55.92
4	E. MILFORD	63	NWG	1-57.95
5	C. DE GROOT	60	VNL	1-59.81
6	G. MURRAY	62	NBA	2-09.25
7	P. ADAMS	62	NHL	2-09.32
8	B. ROBERTS	64	VNL	2-10.26
9	H. AGOSTINI	64	SMR	2-17.03
10	O. EDDY	62	NET	2-20.48

Event: 200m INDIVIDUAL MEDLEY
Best Time: 3-38.08 M. CUNNINGHAM '88

1	E. WALLIS	61	NML	3-48.65
2	B. ROSE	62	NCS	4-22.60
3	C. DE GROOT	61	VRW	4-28.75
4	P. ADAMS	62	NHL	4-52.21
5	B. ROBERTS	63	VNL	4-53.60
6	G. MURRAY	61	NBA	4-58.81
7	G. CLARK	61	WOP	5-02.37
8	Z. SHAND	60	NLS	6-08.23

Event: 400m INDIVIDUAL MEDLEY
Best Time: 7-51.65 M. CUNNINGHAM

1	M. CUNNINGHAM	64	VDC	7-51.65

Event: 50m FREESTYLE AGE 65-69
Best Time: 43.10 N. ROWE

1	N. ROWE	66	NCS	43.10
2	M. DUTTON	69	VPP	44.43
3	J. WALKDEN	65	QMM	45.47
4	B. GRACE	66	NRY	46.25
5	J. GRANGE	66	NFS	46.53
6	R. TEYMANT	66	WCM	47.12
7	V. LINCOLN	65	NGS	48.37
8	D. COLBERT	66	QMM	49.28
9	E. WATSON	68	NCS	49.75
10	B. STERN	69	NCR	50.41

Event: 100m FREESTYLE
Best Time: 1-40.47 N. ROWE

1	N. ROWE	66	NCS	1-40.47
2	B. STERN	68	NCR	1-42.06
3	B. GRACE	66	NRY	1-42.87
4	N. AYRES	65	VNL	1-53.66
5	V. LINCOLN	65	NGS	1-54.12
6	E. WATSON	68	NCS	1-57.86
7	J. O'FARRELL	69	WSM	2-02.87
8	K. McCARTHY	66	SAM	2-07.29
9	H. MORRIS	66	WSM	2-11.26
10	T. O'NEIL	69	WOP	2-14.18

Event: 200m FREESTYLE
Best Time: 3-33.73 B. STERN

1	B. STERN	68	NCR	3-33.73
2	N. ROWE	66	NCS	3-35.88
3	B. GRACE	66	NRY	3-39.56
4	E. WATSON	68	NCS	4-05.44
5	J. GRANGE	66	NFS	4-08.95
6	V. LINCOLN	65	NGS	4-10.80
7	N. CAREW	69	NET	4-22.39
8	N. AYRES	65	VNL	4-32.86
9	P. RAE	69	WWF	4-40.67
10	E. CONROY	66	WOP	4-59.43

Event: 400m FREESTYLE
Best Time: 7-41.46 B. STERN

1	B. STERN	68	NCR	7-41.46
2	B. GRACE	66	NRY	7-41.74
3	N. AYRES	65	VNL	8-19.40
4	E. WATSON	67	NCS	8-50.83
5	P. RAE	69	WWF	9-31.63
6	A. EIFLER	69	WMV	10-33.67
7	N. VAUGHAN	69	NCS	12-23.14
8	J. JARVIS	66	NCT	13-26.18

Event: 800m FREESTYLE AGE 65-69
Best Time: 15-44.20 N. ROWE

1	N. ROWE	66	NCS	15-44.20
2	B. STERN	68	NCR	16-01.74
3	B. GRACE	66	NRY	16-13.74
4	M. CHIPPERFIELD	66	QTW	18-07.86
5	M. RIVERS	66	QNM	18-45.13
6	N. AYRES	65	VNL	18-50.36
7	P. RAE	69	WWF	19-23.28
8	S. BYRON	68	NTW	24-52.70

Event: 1500m FREESTYLE
Best Time: 29-57.00 B. STERN

1	B. STERN	69	NCR	29-57.00
2	B. GRACE	66	NRY	32-01.01
3	P. RAE	69	WWF	39-54.13
4	S. BYRON	68	NTW	49-53.00

Event: 1 HOUR FREESTYLE
Best Distance: 2990m B. STERN '88

1	B. STERN	69	NCR	2970m
2	T. O'NEIL	69	WOP	2050m
3	A. FLEMING	67	WSS	1700m

Event: 50m BACKSTROKE
Best Time: 48.26 B. STERN

1	B. STERN	69	NCR	48.26
2	B. CALLAGHAN	67	NML	50.48
3	M. DUTTON	69	VPP	50.75
4	N. ROWE	66	NCS	52.67
5	R. TEYMANT	66	WCM	52.82
6	P. RAE	69	WWF	54.47
7	J. GRANGE	66	NFS	54.91
8	E. PRICE	68	ABC	57.43
9	M. RIVERS	66	QNM	58.09
10	V. LINCOLN	65	NGS	1-01.31

Event: 100m BACKSTROKE
Best Time: 1-48.27 B. STERN

1	B. STERN	69	NCR	1-48.27
2	J. DRAKE-B'MAN	69	WCM	1-48.38
3	J. WALKDEN	65	QMM	1-56.00
4	N. ROWE	66	NCS	1-58.69
5	E. PRICE	68	ABC	2-06.40
6	B. GRACE	66	NRY	2-09.46
7	H. MORRIS	66	WSM	2-12.41
8	E. WATSON	68	NCS	2-12.52
9	V. LINCOLN	65	NGS	2-14.41
10	A. EIFLER	69	WMV	2-18.58

Event: 200m BACKSTROKE AGE 65-69
Best Time: 4-06.96 B. STERN

1	B. STERN	69	NCR	4-06.96
2	N. ROWE	66	NCS	4-19.14
3	B. GRACE	66	NRY	4-37.88
4	E. WATSON	68	NCS	4-44.08
5	M. RIVERS	66	QNM	5-02.71
6	A. EIFLER	69	WMV	5-13.07
7	N. AYRES	65	VNL	5-20.81
8	M. HARRIS	65	WKW	5-23.94
9	M. KEMP	69	SAM	6-10.61
10	A. FLEMING	67	WSS	6-55.52

Event: 400m BACKSTROKE
Best Time: 8.14.00 P. RAE

1	P. RAE	69	WWF	8-14.00
2	B. STERN	69	NCR	8-25.85
3	E. WATSON	67	NCS	8-40.03
4	M. DUTTON	69	VPP	8-56.06
5	B. GRACE	66	NRY	9-19,99
6	M. CHIPPERFIELD	66	QTW	9-43.20
7	N. AYRES	65	VNL	10-36.66
8	J. JARVIS	66	NCT	12-25.12
9	G. HARWOOD	67	WMV	13-10.05

Event: 800m BACKSTROKE
Best Time: 16-40.10 P. RAE

1	P. RAE	69	WWF	16-40.10
2	B. STERN	69	NCR	17-15.17
3	M. CHIPPERFIELD	66	QTW	19-34.61
4	E. WATSON	67	NCS	19-50.97
5	N. RUDOLPH	66	QSC	20-18.69

Event: 1500m BACKSTROKE
Best Time: 34-50.08 B. STERN

1	B. STERN	69	NCR	34-50.08

Event: 50m BREASTSTROKE
Best Time: 51.76 B. CALLAGHAN

1	B. CALLAGHAN	67	NML	51.76
2	M. DUTTON	68	VPP	57.12
3	E. WATSON	68	NCS	58.23
4	A. EIFLER	69	WMV	1-01.01
5	P. RAE	69	WWF	1-01.73
6	M. RIVERS	66	QNM	1-03.72
7	K. McCARTHY	66	SAM	1-04.19
8	B. STERN	68	NCR	1-06.07
9	F. CLAPSON	68	NCS	1-12.25
10	N. ROWE	66	NCS	1-13.61

Event: 100m BREASTSTROKE AGE 65-69
Best Time: 2-05.24 B. CALLAGHAN

1	B. CALLAGHAN	67	NML	2-05.24
2	E. WATSON	68	NCS	2-07.77
3	P. RAE	69	WWF	2-12.36
4	H. MORRIS	66	WSM	2-13.72
5	E. PRICE	68	ABC	2-14.66
6	A. EIFLER	69	WMV	2-15.21
7	B. STERN	68	NCR	2-18.34
8	B. GRANNERY	68	WOP	2-31.16
9	A. WHYTE	65	WIW	2-34.31
10	C. FINLAY	66	NSG	2-35.38

Event: 200m BREASTSTROKE
Best Time: 4-30.84 E. WATSON

1	E. WATSON	68	NCS	4-30.84
2	H. MORRIS	66	WSM	4-39.05
3	B. STERN	68	NCR	4-48.30
4	H. MALGORZEWICZ	65	SMR	5-12.89
5	N. RUDOLPH	66	QSC	5-36.91
6	N, VAUGHAN	69	NCS	6-37.66
7	M. EYERS	69	WBM	7-02.60
8	A. FLEMING	67	WSS	7-43.22

Event: 400m BREASTSTROKE
Best Time: 8-44.00 E. WATSON

1	E. WATSON	67	NCS	8-44.00
2	P. RAE	69	WWF	9-33.07
3	B. STERN	68	NCR	9-46.87
4	M. DUTTON	69	VPP	9-47.90
5	M. CHIPPERFIELD	66	QTW	10-25.78
6	N. FOWLER	69	SAM	11-11.18
7	N. RUDOPLH	66	QSC	11-34.33
8	N. ROWE	66	NCS	11-57.58
9	N. VAUGHAN	69	NCS	14-30.63
10	A. FLEMING	67	WSS	16-03.92

Event: 800m BREASTSTROKE
Best Time: 17-31.17 E. WATSON

1	E. WATSON	67	NCS	17-31.17
2	P. RAE	69	WWF	19-27.95
3	B. STERN	68	NCR	19-58.01
4	M. CHIPPERFIELD	66	QTW	21-17.61
5	N. FOWLER	69	SAM	22-51.38
6	N. RUDOPLH	66	QSC	24-49.13

Event: 1500m BREASTSTROKE
Best Time: 40-01.31 B. STERN

1	B. STERN	69	NCR	40-01.31

Event: 1 HOUR BREASTSTROKE AGE 65-69
Best Distance: 2210m B. STERN

1	B. STERN	69	NCR	2210m

Event: 50m BUTTERFLY
Best Time: 49.44 B. BARRIE '82

1	B. GRACE	66	NRY	52.24
2	M. DUTTON	69	VPP	53.37
3	B. CALLAGHAN	67	NML	58.70
4	E. PRICE	68	ABC	1-02.76
5	E. WATSON	68	NCS	1-03.36
6	M. CHIPPERFIELD	66	QTW	1-07.59
7	B. STERN	69	NCR	1-11.87
8	M. RIVERS	66	QNM	1-17.00
9	D. COLBERT	65	QMM	1-20.78
10	B. JEGO	66	NOF	2-05.03

Event: 100m BUTTERFLY
Best Time: 3-05.86 M. DUTTON

1	M. DUTTON	69	VPP	2-05.86
2	E. PRICE	68	ABC	2-27.98
3	M. CHIPPERFIELD	66	QTW	2-29.72
4	B. STERN	69	NCR	2-35.14

Event: 200m BUTTERFLY
Best Time: 5-07.45 E. PRICE

1	E. PRICE	68	ABC	5-07.45
2	B. STERN	69	NCR	5-25.36

Event: 400m BUTTERFLY
Best Time: 10-22.84 E. PRICE

1	E. PRICE	68	ABC	10-22.84
2	B. STERN	69	NCR	11-25.84

Event: 800m BUTTERFLY
Best Time: 19-53.44 E. PRICE

1	E. PRICE	68	ABC	22-16.72
2	B. STERN	69	NCR	23-18.57

Event: 100m INDIVIDUAL MEDLEY
Best Time: 1-47.71 M. DUTTON '86

1	M. DUTTON	68	VPP	1-50.58
2	B. STERN	69	NCR	1-58.84
3	B. GRACE	66	NRY	2-02.23
4	E. WATSON	68	NCS	2-02.26
5	E. PRICE	68	ABC	2-03.90
6	M. CHIPPERFIELD	66	QTW	2-11.82
7	N. ROWE	66	NCS	2-12.77
8	N. RUDOLPH	66	QSC	2-14.00
9	M. RIVERS	66	QNM	2-20.46
10	P. RAE	69	WWF	2-21.31

Event: 200m INDIVIDUAL MEDLEY AGE 65-69
Best Time: 4-38.03 E. WATSON

1	E. WATSON	68	NCS	4-38.03
2	B. GRACE	66	NRY	4-44.52

Event: 400m INDIVIDUAL MEDLEY
Best Time: 8-58.54 M. DUTTON

1	M. DUTTON	69	VPP	8-58.54
2	B. STERN	69	NCR	9-03.41
3	E. PRICE	68	ABC	9-36.66
4	M. CHIPPERFIELD	66	QTW	9-56.28
5	P. RAE	69	WWF	10-15.70

Event: 800m INDIVIDUAL MEDLEY
Best Time: 18-53.34 B. STERN

1	B. STERN	69	NCR	18-53.34
2	M. DUTTON	69	VPP	19-03.39

Event: 50m FREESTYLE AGE 70-74
Best Time: 48.42 L. JOHNSON

1	L. JOHNSON	74	NML	48.42
2	B. GRANT	71	NTR	53.06
3	L. McANDLISH	72	VNL	54.30
4	N. CAREW	70	NET	55.25
5	N. PATRICK	73	NNS	56.60
6	N. MONROE	70	QSM	56.63
7	M. GARTON	71	NHL	57.44
8	M. CALTHORPE	71	NET	58.45
9	P. RAE	70	WWF	59.16
10	S. MORRIS	72	NCS	59.38

Event: 100m FREESTYLE
Best Time: 1-52.85 L. JOHNSON

1	L. JOHNSON	74	NML	1-52.85
2	N. MONROE	70	QSM	2-00.31
3	B. GRANT	71	NTR	2-08.18
4	P. RAE	70	WWF	2-08.35
5	M. GARTON	71	NHL	2-12.72
6	M. CALTHORPE	71	NET	2-13.84
7	P. HALL	73	NWG	2-22.84
8	E. ANDERSON	74	QMM	2-44.90
9	C. STRIDE	72	WBM	2-46.79
10	G. SCHOFIELD	73	WBM	3-09.21

Event: 200m FREESTYLE AGE 70-74
Best Time: 3-24.40 B. ANDERSON '87

1	L. JOHNSON	74	NML	4-09.41
2	P. RAE	70	WWF	4-27.00
3	N. CAREW	70	NET	4-36.51
4	S. MORRIS	72	NCS	5-11.90
5	B. GRANT	71	NTR	5-42.31

Event: 400m FREESTYLE
Best Time: 7-15.47 B. ANDERSON '87

1	P. RAE	70	WWF	9-06.68
2	M. GARTON	70	NHL	9-35.34
3	M. CALTHORPE	70	NET	11-59.28

Event: 800m FREESTYLE
Best Time: 16-02.59 B. ANDERSON '88

1	P. RAE	70	WWF	18-17.45
2	M. GARTON	70	NHL	19-44.00
3	M. CALTHORPE	71	NET	25-36.80
4	T. BREEBART	73	NTW	31-53.00

Event: 1500m FREESTYLE
Best Time: 31-40.90 M. BOASE '84

1	M. GARTON	70	NHL	37-56.10

Event: 1 HOUR FREESTYLE
Best Distance: 2255m M. GARTON

1	M. GARTON	70	NHL	2255m

Event: 50m BACKSTROKE
Best Time: 45.05 B. ANDERSON '87

1	P. RAE	70	WWF	54.17
2	L. McANDLISH	72	VNL	59.19
3	L. JOHNSON	74	NML	1-00.94
4	S. MORRIS	72	NCS	1-02.04
5	N. PATRICK	73	NNS	1-02.83
6	B. GRANT	71	NTR	1-03.36
7	M. GARTON	70	NHL	1-03.95
8	T. WALKER	70	WPC	1-13.67
9	J. KENNEDY	74	WBM	1-13.89
10	M. HARDIE	72	NOF	1-24.79

Event: 100m BACKSTROKE AGE 70-74
Best Time: 1-54.85 P. RAE

1	P. RAE	70	WWF	1-54.85
2	L. McANDLISH	72	VNL	2-13.80
3	B. GRANT	71	NTR	2-14.71
4	M. GARTON	71	NHL	2-21.16
5	S. MORRIS	72	NCS	2-21.78
6	P. HALL	73	NWG	2-51.85
7	B. SCHOFIELD	73	WBM	3-10.45
8	W. CLARKSON	70	WSM	3-11.36
9	M. CALTHORPE	71	NET	3-31.87
10	C. STRIDE	72	WBM	3-38.04

Event: 200m BACKSTROKE
Best Time: 5-02.08 M. GARTON

1	M. GARTON	70	NHL	5-02.08
2	S. MORRIS	72	NCS	5-11.20
3	B. GRANT	71	NTR	5-24.76

Event: 400m BACKSTROKE
Best Time: 9-42.14 M. GARTON '88

1	C. STRIDE	72	WBM	15-15.52
2	T. BREEBART	73	NTW	15-57.45

Event: 800m BACKSTROKE
Best Time: 20-42.27 D. JONES '86

1	T. BREEBART	73	NTW	32-55.00

Event: 1500m BACKSTROKE
Best Time: 32-32.93 P. RAE

1	P. RAE	70	WWF	32-32.93
2	C. STRIDE	72	WBM	59-53.44
3	T. BREEBART	73	NTW	65-52.00

Event: 3000m BACKSTROKE
Best Time: 66-54.00 P. RAE

1	P. RAE	70	WWF	66-54.00

Event: 5000m BACKSTROKE
Best Time: 119-28.23 P. RAE

1	P. RAE	70	WWF	119-28.23

Event: 1 HOUR BACKSTROKE
Best Distance: 2725m P. RAE

1	P. RAE	70	WWF	2725m

Event: 50m BREASTSTROKE AGE 70-74
Best Time: 1-00.05 P. RAE

1	P. RAE	70	WWF	1-00.05
2	M. GARTON	71	NHL	1-08.92
3	L. JOHNSON	74	NML	1-11.69
4	N. CAREW	70	NET	1-24.90
5	N. PATRICK	73	NNS	1-29.18
6	G. SCHOFIELD	73	WBM	1-39.24
7	B. GRANT	71	NTR	1-50.26
8	T. BREEBART	73	NTW	2-01.05
9	M. CALTHORPE	71	NET	2-04.91
10	M. HARDIE	72	NOF	2-06.96

Event: 100m BREASTSTROKE
Best Time: 2-11.04 P. RAE

1	P. RAE	70	WWF	2-11.04
2	M. GARTON	70	NHL	2-26.94
3	T. WALKER	70	WPC	2-38.83
4	C. STRIDE	72	WBM	3-39.35
5	W. CLARKSON	70	WSM	4-17.10

Event: 200m BREASTSTROKE
Best Time: 4-25.33 F. VORRATH '87

1	P. RAE	70	NWF	4-41.93
2	T. BREEBART	73	NTW	8-11.56

Event: 400m BREASTSTROKE
Best Time: 12-19.99 M. RITTSON

1	N. RITTSON	73	QSC	12-29.99
2	T. BREEBART	73	NTW	18-42.25

Event: 50m BUTTERFLY
Best Time: 55.21 B. BARRIE '86

1	M. GARTON	71	NHL	1-17.39
2	P. HALL	73	NWG	1-36.40

Event: 100m BUTTERFLY
Best Time: 3-38.02 P. HALL

1	P. HALL	73	NWG	3-38.02

Event: 100m INDIVIDUAL MEDLEY
Best Time: 1-52.04 B. ANDERSON '87

1	P. RAE	70	WWF	2-20.08
2	M. GARTON	70	NHL	2-29.73
3	N. CAREW	70	NET	2-40.64
4	N. RITTSON	73	QSC	2-41.71

Event: 400m INDIVIDUAL MEDLEY AGE 70-74
Best Time: 9-53.67 P. RAE

1	P. RAE	70	WWF	9-53.67

Event: 50m FREESTYLE AGE 75-79
Best Time: 43.56 M. WRIGHT '84

1	M. WRIGHT	79	WOP	47.25
2	D. DYER	75	WSM	56.92
3	E. ANDERSON	75	QMM	1-01.32
4	J. KENNEDY	75	WBM	1-02.65
5	C. HACKETT	77	NWS	1-12.95
6	M. TROMP	75	WSM	1-30.63
7	J. GORE	76	NTR	1-45.24
8	M. CHISTIAKOFF	75	NGF	1-55.09

Event: 100m FREESTYLE
Best Time: 1-58.18 M. WRIGHT

1	M. WRIGHT	79	WOP	1-58.18
2	J. KENNEDY	75	WBM	2-16.48
3	E. ANDERSON	75	QMM	2-44.40
4	G. HACKETT	77	NWS	2-54.44
5	M. TROMP	75	WSM	3-13.84
6	J. GORE	76	NTR	3-44.88

Event: 200m FREESTYLE
Best Time: 4-45.06 M. WRIGHT

1	M. WRIGHT	79	WOP	4-45.06
2	J. KENNEDY	75	WBM	5-30.94
3	G. HACKETT	78	NWS	6-24.67
4	J. GORE	76	NTR	7-51.22

Event: 400m FREESTYLE
Best Time: 11-28.30 J. KENNEDY

1	J. KENNEDY	75	WBM	11-28.30
2	G. HACKETT	77	NWS	13-14.02
3	J. GORE	76	NTR	16-10.36

Event: 800m FREESTYLE
Best Time: 19-44.23 D. NICOL

1	D. NICOL	75	QGC	19-44.23
2	G. HACKETT	78	NWS	27-44.85
3	J. GORE	76	NTR	32-20.01

Event: 1500m FREESTYLE
Best Time: 59-57.01 J. GORE

1	J. GORE	76	NTR	59-57.01

Event: 1 HOUR FREESTYLE
Best Distance: 1525m J. GORE

1	J. GORE	76	NTR	1525m

Event: 50m BACKSTROKE AGE 75-79
Best Time: 53.71 M. WRIGHT

1	M. WRIGHT	79	WOP	53.71
2	G. HACKETT	77	NWS	1-36.04
3	M. TROMP	75	WSM	1-38.64
4	J. GORE	76	NTR	1-42.59
5	M. CHISTIAKOFF	75	NGF	1-53.58

Event: 100m BACKSTROKE
Best Time: 2-10.48 M. WRIGHT

1	M. WRIGHT	79	WOP	2-10.48
2	J. KENNEDY	75	WBM	2-46.73
3	G. HACKETT	78	NWS	3-35.14
4	J. GORE	76	NTR	3-37.95
5	M. CHISTIAKOFF	75	NGF	4-03.12

Event: 200m BACKSTROKE
Best Time: 4-51.87 M. WRIGHT

1	M. WRIGHT	79	WOP	4-51.87
2	G. HACKETT	77	NWS	7-28.97
3	J. GORE	76	NTR	7-53.42

Event: 400m BACKSTROKE
Best Time: 12-26.14 J. KENNEDY

1	J. KENNEDY	75	WBM	12-26.14
2	G. HACKETT	77	NWS	14-50.00
3	J. GORE	76	NTR	16-13.32

Event: 800m BACKSTROKE
Best Time: 32-23.00 J. GORE

1	J. GORE	76	NTR	32-23.00

Event: 1500m BACKSTROKE
Best Time: 60-02.15 J. GORE

1	J. GORE	76	NTR	60-02.15

Event: 1 HOUR BACKSTROKE
Best Distance: 1550m J. GORE

1	J. GORE	76	NTR	1550m

Event: 50m BREASTSTROKE
Best Time: 1-00.59 M. WRIGHT

1	M. WRIGHT	79	WOP	1-00.59
2	F. VORRATH	76	VPP	1-07.74
3	J. GORE	76	NTR	2-26.34
4	M. CHISTIAKOFF	75	NGF	2-57.53

Event: 100m BREASTSTROKE AGE 75-79
Best Time: 2-30.88 F. VORRATH

1	F. VORRATH	76	VPP	2-30.88
2	M. TROMP	75	WSM	3-17.45

Event: 200m BREASTSTROKE
Best Time: 6-00.94 F. VORRATH

1	F. VORRATH	76	VPP	6-00.94
2	M. TROMP	75	WSM	6-48.65

Event: 50m FREESTYLE AGE 80-84
Best Time: 48.47 M. WRIGHT

1	M. WRIGHT	80	WOP	48.47
2	R. HEDGES	80	QSC	1-13.68

Event: 100m FREESTYLE
Best Time: 1-53.44 M. WRIGHT

1	M. WRIGHT	80	WOP	1-53.44

Event: 50m BACKSTROKE
Best Time: 53.00 M. WRIGHT

1	M. WRIGHT	80	WOP	53.00
2	R. HEDGES	80	QSC	1-17.81

Event: 100m BACKSTROKE
Best Time: 2-03.10 M. WRIGHT

1	M. WRIGHT	80	WOP	2-03.10

Event: 200m BACKSTROKE
Best Time: 4-42.22 M. WRIGHT

1	M. WRIGHT	80	WOP	4-42.22

Event: 50m BREASTSTROKE
Best Time: 1-03.09 M. WRIGHT

1	M. WRIGHT	80	WOP	1-03.09

Event: 50m FREESTYLE AGE 90-94
Best Time: 2-05.40 V. FERNANCE

1	V. FERNANCE	91	NBT	2-05.40

Event: 100m FREESTYLE
Best Time: 4-23.67 V. FERNANCE

1	V. FERNANCE	90	NBT	4-23.67

Event: 50m BACKSTROKE
Best Time: 1-52.76 V. FERNANCE '88

1	V. FERNANCE	90	NBT	1-55.07

Event: 100m BACKSTROKE
Best Time: 4-19.46 V. FERNANCE

1	V. FERNANCE	91	NBT	4-19.46

WOMEN

Event: 4 x 50m FREESTYLE AGE 80+
Best Time: 2-05.31 POWERPOINTS

1	POWERPOINTS	2-05.31
2	SUNSHINE	2-12.04
3	NORTH LODGE	2-22.82
4	GUILDFORD	2-30.74
5	NORTH SYDNEY	2-31.54
6	HILLS	2-36.50
7	TRINITY	2-59.89

Event: 4 x 50m FREESTYLE AGE 120+
Best Time: 2-07.95 DONCASTER

1	DONCASTER	2-07.95
2	HILLS	2-12.30
3	POWERPOINTS	2-15.86
4	GIPPSLAND	2-17.20
5	OSBORNE PARK	2-20.80
6	SOMERSET	2-24.35
7	TRINITY	2-24.93
8	LEISURE COAST	2-28.53
9	MAIDA VALE	2-29.17
10	WARRNAMBOOL	2-29.59

Event: 4 x 50m FREESTYLE AGE 160+
Best Time: 2-24.02 DONCASTER

1	DONCASTER	2-24.02
2	NORTH LODGE	2-26.16
3	BRISBANE SOUTHSIDE	2-28.56
4	CLAREMONT	2-30.59
5	GOSFORD	2-38.61
6	MANLY	2-41.83
7	WARRINGAH	2-49.18
8	LEISURE COAST	2-50.64
9	ETTALONG	2-52.55
10	ST. GEORGE	2-56.85

Event: 4 x 50m FREESTYLE AGE 200+
Best Time: 2-23.42 POWERPOINTS

1	POWERPOINTS	2-23.42
2	NORTH LODGE	2-31.63
3	MAIDA VALE	2-53.99
4	DONCASTER	3-05.67
5	MANLY	3-12.86
6	WARRINGAH	3-13.46
7	HILLS	3-14.33
8	TRINITY	3-14.60
9	CRONULLA SUTHERLAND	3-17.04
10	WESTERN SUBURBS	3-37.18

WOMEN

Event: 4 x 50m FREESTYLE AGE 240+
Best Time: 2-26.31 OSBORNE PARK

1	OSBORNE PARK	2-26.31
2	CRONULLA SUTHERLAND	2-54.03
3	SOMERSET	3-00.21
4	ETTALONG	3-39.27
5	MAIDA VALE	4-15.13
6	TRINITY	4-52.59
7	OAK FLATS	5-19.54

Event: 4 x 50m FREESTYLE AGE 280+
Best Time: 5-01.15 SOMERSET

1	SOMERSET	5-01.15

Event: 4 x 50m MEDLEY AGE 80+
Best Time: 2-23.00 TOWNSVILLE

1	TOWNSVILLE	2-23.00
2	ADELAIDE MASTERS	2-25.00
3	NORTH SYDNEY	2-37.27
4	ATLANTIS	2-46.78
5	REYNELLA	2-54.26
6	WESTERN DISTRICTS	2-56.88
7	GUILDFORD	3-00.73
8	TRINITY	3-20.55
9	HILLS	3-36.69

Event: 4 x 50m MEDLEY AGE 120+
Best Time: 2-33.33 MARION

1	MARION	2-33.33
2	ADELAIDE MASTERS	2-38.95
3	HILLS	2-41.32
4	LEISURE COAST	2-41.88
5	WARRINGAH	2-42.17
6	TOWNSVILLE	2-47.13
7	TEA TREE GULLY	2-55.42
8	RINGWOOD	3-00.96
9	SUNSHINE	3-10.00
10	RATS OF TOBRUK	3-29.47

Event: 4 x 50m MEDLEY AGE 160+
Best Time: 2-38.50 TOWNSVILLE

1	TOWNSVILLE	2-38.50
2	TRINITY	2-47.74
3	CAIRNS	2-50.09
4	MANLY	2-50.93
5	HILLS	2-54.37
6	POWERPOINTS	2-55.60
7	GOSFORD	3-10.91
8	RYDE	3-23.56
9	ETTALONG	3-25.33
10	ATLANTIS	3-31.79

WOMEN

Event: 4 x 50m MEDLEY AGE 200+
Best Time: 3-08.60 DONCASTER

1	DONCASTER	3-08.60
2	ETTALONG	3-09.92
3	MANLY	3-13.48
4	ST. GEORGE	3-17.25
5	NORTH LODGE	3-17.94
6	WARRINGAH	3-27.64
7	MARION	3-30.26
8	NORTH SYDNEY	3-50.40
9	TOWNSVILLE	3-51.08
10	ADELAIDE MASTERS	4-01.83

Event: 4 x 50m MEDLEY AGE 240+
Best Time: 3-22.24 CRONULLA SUTHERLAND

1	CRONULLA SUTHERLAND	3-22.24
2	ETTALONG	4-17.48
3	WESTERN SUBURBS	4-50.66
4	TRINITY	5-30.77

.....

MEN

Event: 4 x 50m FREESTYLE AGE 80+
Best Time: 1-46.96 POWERPOINTS

1	POWERPOINTS	1-46.96
2	FRANKSTON	1-52.95
3	GUILDFORD	1-55.49
4	MAIDA VALE	1-55.72
5	CLAREMONT	1-56.64
6	TRINITY	1-57.17
7	SOMERSET	1-58.62
8	SUNSHINE	2-10.51
9	WESTERN SUBURBS	3-06.07

Event: 4 x 50m FREESTYLE AGE 120+
Best Time: 1-42.53 NORTH SYDNEY '88

1	SUNSHINE	1-48.67
2	POWERPOINTS	1-55.67
3	WARRINGAH	1-56.01
4	TRINITY	1-56.25
5	OSBORNE PARK	1-57.21
6	NORTH LODGE	1-58.19
7	HILLS	1-59.48
8	KIAMA	2-00.76
9	ST. GEORGE	2-01.79
10	RYDE	2-01.82

MEN

Event: 4 x 50m FREESTYLE AGE 160+
Best Time: 1-52.28 MIAMI MASTERS

1	MIAMI MASTERS	1-52.28
2	POWERPOINTS	1-55.63
3	WARRINGAH	1-56.68
4	NORTH SYDNEY	1-59.08
5	DONCASTER	2-01.38
6	MELBOURNE UNI	2-03.46
7	BRISBANE SOUTHSIDE	2-03.54
8	WARRINGAH	2-04.99
9	SUNSHINE	2-09.66
10	TAMWORTH	2-13.10

Event: 4 x 50m FREESTYLE AGE 200+
Best Time: 2-11.72 GIPPSLAND

1	GIPPSLAND	2-11.72
2	MANLY	2-16.50
3	TAMWORTH	2-16.60
4	ETTALONG	2-17.92
5	TRINITY	2-20.59
6	WARRINGAH	2-32.27
7	NORTH SYDNEY	2-38.56
8	NORTH LODGE	2-41.23
9	WESTERN SUBURBS	2-41.78
10	GUILDFORD	2-47.82

Event: 4 x 50m FREESTYLE AGE 240+
Best Time: 2-24.73 ETTALONG

1	ETTALONG	2-24.73
2	NORTH LODGE	2-26.15
3	WARRINGAH	2-36.96
4	MANLY	2-37.05
5	CLAREMONT	2-49.79
6	NORTH SYDNEY	4-15.35

Event: 4 x 50m MEDLEY AGE 80+
Best Time: 2-01.00 WARRINGAH

1	WARRINGAH	2-01.00
2	WESTERN DISTRICTS	2-08.37
3	TRINITY	2-14.68
4	ADELAIDE MASTERS	2-17.41
5	TOWNSVILLE	2-19.63
6	NORTH SYDNEY	2-19.64
7	GUILDFORD	2-22.80
8	ATLANTIS	2-26.00

MEN

Event: 4 x 50m MEDLEY 120+
Best Time: 2-08.49 WARRINGAH

1	WARRINGAH	2-08.49
2	ADELAIDE MASTERS	2-11.04
3	CAIRNS	2-13.02
4	TRINITY	2-17.12
5	HILLS	2-21.97
6	WESTERN DISTRICTS	2-24.27
7	RATS OF TOBRUK	2-24.82
8	SUNSHINE	2-25.71
9	MARION	2-27.69
10	NORTH SYDNEY	2-34.67

Event: 4 x 50m MEDLEY AGE 160+
Best Time: 2-05.47 WARRINGAH

1	WARRINGAH	2-05.47
2	POWERPOINTS	2-16.66
3	NORTH SYDNEY	2-21.94
4	ADELAIDE MASTERS	2-24.72
5	RYDE	2-25.91
6	TRINITY	2-25.96
7	ATLANTIS	2-27.03
8	HUNTER	2-39.63
9	WESTERN DISTRICTS	2-55.44
10	GUILDFORD	2-56.53

Event: 4 x 50m MEDLEY AGE 200+
Best Time: 2-13.02 WARRINGAH '88

1	TOWNSVILLE	2-38.23
2	MANLY	2-39.09
3	TEA TREE GULLY	2-43.00
4	ETTALONG	2-49.36
5	WARRINGAH	2-59.82
6	ST. GEORGE	3-03.39
7	TRINITY	3-05.36
8	ADELAIDE MASTERS	3-18.59

Event: 4 x 50m MEDLEY AGE 240+
Best Time: 2-37.35 MARION

1	MARION	2-37.35
2	MANLY	2-46.40
3	NORTH LODGE	3-00.42
4	CAIRNS	3-01.00
5	WESTERN DISTRICTS	3-23.73
6	ETTALONG	3-43.94
7	NORTH SYDNEY	4-23.52

Event: 4 x 50m MEDLEY AGE 280+
Best Time: 3-56.37 WARRINGAH

1	WARRINGAH	3-56.37

.....

MIXED

Event: 4 x 50m FREESTYLE AGE 80+
Best Time: 1-49.08 NORTH SYDNEY '88

1	POWERPOINTS	1-54.18
2	ADELAIDE MASTERS	1-56.71
3	NORTH SYDNEY	1-59.68
4	CLAREMONT	2-05.39
5	GUILDFORD	2-05.55
6	OSBORNE PARK	2-06.78
7	AUSSIE OLYMPIC	2-07.73
8	LEISURE COAST	2-08.10
9	KIAMA	2-08.42
10	WHITFORD	2-09.61

Event: 4 x 50m FREESTYLE AGE 120+
Best Time: 1-51.32 WARRINGAH '88

1	WARRINGAH	1-54.91
2	NORTH SYDNEY	1-57.66
3	MARION	2-03.46
4	AUSSIE OLYMPIC	2-03.88
5	GOSFORD	2-04.73
6	HILLS	2-05.90
7	SOMERSET	2-06.89
8	LEISURE COAST	2-06.95
9	TUGGERANONG	2-07.37
10	OSBORNE PARK	2-08.49

Event: 4 x 50m FREESTYLE AGE 160+
Best Time: 2-06.91 ADELAIDE MASTERS

1	ADELAIDE MASTERS	2-06.91
2	HILLS	2-09.60
3	LEISURE COAST	2-09.86
3	MANLY	2-09.86
5	WARRINGAH	2-12.99
6	TEA TREE GULLY	2-13.12
7	OSBORNE PARK	2-15.57
8	MOUNTAIN POOL	2-15.65
9	NORTH SYDNEY	2-15.67
10	WEST COAST	2-17.49

Event: 4 x 50m FREESTYLE AGE 200+
Best Time: 2-19.08 CLAREMONT

1	CLAREMONT	2-19.08
2	MANLY	2-22.59
3	ETTALONG	2-27.16
4	MELVILLE	2-31.36
5	OSBORNE PARK	2-33.36
6	TRINITY	2-34.05
7	NORTH LODGE	2-34.56
8	WARRINGAH	2-35.33
9	WESTERN SUBURBS	2-38.94
10	GEELONG	2-39.47

MIXED

Event: 4 x 50m FREESTYLE AGE 240+
Best Time: 2-24.19 MANLY

1	MANLY	2-24.19
2	ETTALONG	2-38.87
3	OSBORNE PARK	2-43.90
4	CRONULLA SUTHERLAND	2-49.78
5	GOSFORD	2-56.95
6	TRINITY	2-57.06
7	MARION	2-59.19
8	INGLEWOOD	3-11.65
9	CLAREMONT	3-14.41
10	WARRINGAH	3-22.03

Event: 4 x 50m FREESTYLE AGE 280+
Best Tiem: 4-02.56 INGLEWOOD

1	INGLEWOOD	4-02.56
2	ETTALONG	4-11.56
3	SOMERSET	4-19.39
4	NORTH SYDNEY	5-18.89

Event: 4 x 50m MEDLEY AGE 80+
Best Time: 2-05.49 NORTH SYDNEY '88

1	POWERPOINTS	2-08.67
2	FRANKSTON	2-09.85
3	ADELAIDE MASTERS	2-13.91
4	TOWNSVILLE	2-18.68
5	BRISBANE SOUTHSIDE	2-20.63
6	CLAREMONT	2-22.54
7	SUNSHINE	2-25.09
8	BALLARAT	2-26.29
9	INGLEWOOD	2-28.19
10	AUSSIE OLYMPIC	2-29.32

Event: 4 x 50m MEDLEY AGE 120+
Best Time: 2-08.64 WARRINGAH '88

1	POWERPOINTS	2-12.43
2	WARRNAMBOOL	2-16.16
3	HILLS	2-21.17
4	NORTH LODGE	2-21.45
5	MARION	2-22.41
6	MELVILLE	2-24.06
7	GOSFORD	2-25.88
8	AUSSIE OLYMPIC	2-26.02
9	ADELAIDE MASTERS	2-26.37
10	SOMERSET	2-27.23

MIXED

Event: 4 x 50m MEDLEY AGE 160+
Best Time: 2-17.85 POWERPOINTS

1	POWERPOINTS	2-17.85
2	MIAMI MASTERS	2-23.62
3	DONCASTER	2-24.26
4	ADELAIDE MASTERS	2-27.32
5	NORTH SYDNEY	2-31.57
6	HILLS	2-31.90
7	COFFS HARBOUR	2-32.19
8	TOWNSVILLE	2-36.50
9	NORTH LODGE	2-37.02
10	BLACKTOWN	2-39.02

Event: 4 x 50m MEDLEY AGE 200+
Best Time: 2-30.59 NORTH LODGE

1	NORTH LODGE	2-30.59
2	LEISURE COAST	2-36.94
3	TAMWORTH	2-39.37
4	GIPPSLAND	2-42.05
5	FRANKSTON	2-44.19
6	CARINE	2-46.30
7	DONCASTER	2-46.40
8	MANLY	2-47.85
9	MARION	2-49.87
10	OSBORNE PARK	2-54.94

Event: 4 x 50m MEDLEY AGE 240+
Best Time: 2-54.58 NORTH LODGE

1	NORTH LODGE	2-54.58
2	MANLY	2-56.96
3	POWERPOINTS	2-59.50
4	CAIRNS	3-03.55
5	OSBORNE PARK	3-03.65
6	CLAREMONT	3-09.52
7	MIAMI MASTERS	3-17.10
8	ETTALONG	3-17.75
9	MARION	3-19.22
10	GOSFORD	3-31.06

Event: 4 x 50m MEDLEY AGE 280+
Best Time: 3-11.32 NORTH LODGE '86

1	NORTH LODGE	3-51.47
2	ETTALONG	4-02.12
3	NORTH SYDNEY	5-42.33