



AUSSI

MASTERS SWIMMING IN AUSTRALIA (INC.)

NATIONAL

NEWSHEET

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1st APOSA Festival of Sport - Brisbane, 5th-19th October 1991

(APOSA stands for Asia Pacific & Oceania Sports Assembly)

It will consist of:

- a. The Brisbane International Games (high performance competition in 6 - 8 sports);
- b. The 3rd Australian Masters Games (competitions for mature-aged athletes in approximately 30 sports)

World Swim - Rio de Janeiro, 1990

- DONATION TO AUSSI

With the World Swim recently over and most AUSSI's back in town after their sightseeing trips to South America, etc., AUSSI National has received a very welcome donation of \$2,840 being royalties from Gullivers Sport Travel, the official travel agents to AUSSI for the World Swim.

National Swim, Devonport, Tasmania - March, 1991

When thinking about your travel arrangements for the 1991 Nationals, remember that East West Airlines is a major sponsor of the event, so book your Apex fares to Devonport through them wherever possible.

What Members Get For Their Membership Fee

1. Promote fitness with regular, organised swims
2. Club coaching (Branch coaching available to all members)
3. Use of Library facilities (Branch)
4. Video Hire free for Club use
5. Insurance cover
6. Branch/Club Newsletter, Log book, learn to swim guide, top ten and aerobic results
7. Promote friendship at Club, Branch, National and World level

This appeared in the WA Newsletter---does it apply to your Branch, too?

Why You Should Renew Your Registration in 1990/91

An excellent article on this subject appeared in the September 1990 edition of the Victoria Branch's newsletter "The Swimmer". It was written by Danny Meisels and Hans Wehrens and would be well worth adapting for your own Branch.

Aerobics

The word "aerobics" turned 20 in 1988 and entered the 'Oxford English Dictionary' in 1986: "a method of physical exercise for producing beneficial changes in the respiratory and circulatory systems by activities which require only a modest increase in oxygen intake and so can be maintained."

Meet Entries

Interesting note under "Meet Information" for the New Zealand Masters Nationals in 1991, and I quote: "Individual events will be pre-seeded, slowest to fastest, according to times submitted. If no entry time is submitted, swimmers will be seeded in the fastest heat." That would soon put a stop to our habitual miscreants.

National Registrations

Who was the top Branch in 1989/90? Queensland thinks it was them with 1264 members, but NSW says sorry, they now have 1284 members. What does AUSSI National say?-----and WA, whom I'm sure are right up there too.

What AUSSI National Does for You

- * Maintains a central membership registry
- * Produces an Annual Report
- * Produces Manuals: Coaching
Club Guide
Swim Meet Guide
Referees Guidelines
Constitution, By-Laws and Rules
- * Produces Videos: Promotional
Coaching
- * Maintains Records: L.C. and S.C.
Issues Certificates
Produces reports
- * Produces Top Ten: L.C. and S.C.
- * Runs Aerobic Trophy: Compiles results
Issues certificates
Produces reports
Updates rules/times
- * Coaching Accreditation Courses:
Develops them
Controls and maintains them
Evaluates them
- * ~~AUSTSWIM~~ Adult Learn to Swim Course:
Developed it
Monitors it
- * Officials Training Courses:
Developed them
Controls and monitors them
- * Membership Survey: Developed it
Conducted it
Analysed the results

AUSSI National also sets policy, maintains the constitution, reviews and updates the Rules, liaises with kindred associations and governments, and coordinates Australia-wide activities.

We certainly get a lot for our membership dollar!

CALENDAR OF EVENTS

1990

13 - 21	October	Central Australian Masters Games
28	October	AUSSI Level 1M Coaching Accreditation Course. Contact Ted Tullberg on (03)802 3900 or 802 6035.
17 - 18	November	Vic Health Masters Games (swimming), The Pines pool, Frankston

1991

9	January	25km Long Distance Swim, Perth, WA
5 - 10	February	NZ Masters Games, Wanganui
12 - 16	March	16th AUSSI National Swim, Devonport, Tas
29 - 31	March	NZ Masters Nationals, Dunedin
16 - 19	May	USMS S.C. Nationals, Nashville, TN
12 - 17	July	4th Pan Pacific Masters, Yoyogi pool, Tokyo, Japan
22 - 25	August	USMS L.C. Nationals, Elizabethtown, KY
5 - 19	October	3rd Australian Masters Games, Brisbane

1992

11 - 15	March	17th AUSSI National Swim, Melbourne, Vic
27 June - 5 July		4th FINA/MSI World Masters Swim, Indianapolis, USA

CIRCULATION

Branch Newsletter Editors
Branch Secretaries
National Executive Director
President
AUSSI Historian