## AUSSI MASTERS SWIMMING IN AUSTRALI INC.



**FOUNDED 1975** 

# ANNUAL REPORT 1991

### AUSSI MASTERS SWIMMING IN AUSTRALIA (INC.) FOUNDED IN 1975

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Office Bearers — 1991

#### MANAGEMENT COMMITTEE

PRESIDENT Graeme McDougall

EXECUTIVE DIRECTOR Ivan Wingate

DIRECTOR OF FINANCE David Forsyth

DIRECTOR OF COACHING Anita Killmier

#### **BOARD MEMBERS**

A.C.T. Judy Ford — Director of Communications
N.S.W. Michele Schofield — Director of Technical Development
VIC. John Iossifidis — Director assisting Planning
W.A. David Cummins — Director of Planning
S.A. Peter Gillett — Director of Recording
TAS. Trish Beveridge — Director of Programmes
QLD. Bren Catchpole — Director of Membership Development
N.T. Norm Jarvis — Director assisting Membership

AUDITOR
Flor — Hanly & Associates

LIFE MEMBERS Gary Stutsel Glenys McDonald Peter Gillett

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## PRESIDENT'S REPORT

When writing a report on the activities of the past 12 months I could repeat much of what has been said in other Directors' Reports. I give therefore a personal overview which is important and include in the report a few thoughts towards the future, both short and long term.

AUSSI has had a very good year in 1991. There has been many hours contributed voluntarily by all members of the National Board and the Executive to keep peace with our growing organisation.

1991 as we all know was a very tough economic time for the majority of Australians and no doubt a majority of our members. Despite this the spirit of our administrators at all levels was maintained to ensure a continued growth in membership.

Your AUSSI Board continued to strive to bring the programmes and services to the members in all facets of our activities and I would like to thank all Directors for their individual contribution.

Change is constant and we therefore saw the retirement from the board of Norm Jarvis, Northern Territory and John lossifidis, Victoria. I thank both gentlemen for their contribution during their time on the Board and I know we will see them continuing their contribution ar Branch level.

I would like to formally thank in this report, John for his major contribution of the 'Membership Survey' of AUSSI. The true value of this work will be felt for many years as other Directors plan their portfolio activities ans as Branches develop their individual programmes.

We welcome to the Board, two new members in Rick Barnes, Northern territory and John Kinnaird, Victoria. No doubt both will have a quick learning progamme as their respective Branches will be hosting our national Championships in 1992 and 1993.

At the mid year Board Meeting I tabled a frank report which mainly dealt with communication within our organisation. A copy of that report was forwarded to all Branches and Clubs and from the feedback I received, has been read by many. That report



Graeme McDougall - National President

was I hope, read with a thought towards the future of AUSSI.

As AUSSI grows, we must continue to listen to our members wishes and ensure that the programmes that we develop are a true reflection of the majority. If we are to remain competitive in an ever expanding market place we must keep on our toes. More and more people are enjoying increased leisure time and our population is aging, therefore they are looking for positive and progressive organisations to join. I believe AUSSI is in a perfect position right across Australia to meet these needs. We must ensure we remain that way in the future. Our continued good planning and a close attention to good communication will ensure that.

I would also like to touch on a few highlights of 1991.

We congratulate Shelley Taylor-Smith on her wonderful achievements throughout the year, starting in Perth at the World Championships. I am sure we will see many more successes from you Shelley.

Western Australian AUSSI contribution to Australian Swimming in Perth during the World Swimming Championships must be commended. This exercise once again illustrates the close relationships that are enjoyed between our two organisations across Australia. A big thank you to AUSSI Tasmania and particularly Devonport for a great National Championship. I know it was enjoyed by all who attended. I would like to highlight the financial contribution that was made from those Championships to the National Income. A sincere thanks to all who participated in the organisation.

During 1991,AUSSI was represent at the FINA Masters Bureau Congress held in Perth in January, in conjunction with the 'World Swimming Championships' We played a major role in the debate concerning the adoption of Masters Swimming Rules and contributed to the debate regarding: Facility Specifications'.

In July we were represented at the MSI Pan Pacific Championships in Tokyo and the MSI Congress and associated meetings. We continue to play an important and significant role at International level and enjoy a very high reputation amongst Member Nations.

In 1992 we will see the introduction of many new and revised programmes all geared to benefit members. Details of these will come ditectly from individual Directors.

AUSSI continues to work closely with the Confederation of Australian Sport and we thank them for their continued support.

Through our Executive Director, Ivan Wingate and myself we continue to build our relationship with the Australian Sports Commission and will continue to strive until we receive what we believe is our just recognition in relation to 'Sports Development Funding' for our members.

1992 will continue to be a busy time for us all and through our Executive Director and all members of the National Board we will ensure the continued growth of AUSSI.

Your Sincerely,

GRAEME McDOUGALL National President

## EXECUTIVE DIRECTOR'S REPORT

Membership growth featured again in 1991. Whilst it was only a 11% increase compared with 15% the previous year, the number of new members is comparable. The new registration year began at 1st October and by the 31st December, the increase on the previous year is nearly 35%. Only time will tell whether or not 1992 is to be a boom year, or that the members were more prompt with their renewals this time.

#### **PROFILE**

The AUSSI profile received a boost at the begining of the year with the involvement of many W.A. AUSSI's assisting in the conduct of the 6th World Swim in Perth. Acknowledgement of the AUSSI contribution to the Long Distance Swim was received from FINA Secretary Ross Wales, and Kevin Holtom of Carine AUSSI received an award from A.S.I. for co- ordinating the event. AUSSI members Gary Stutsel, Glenys McDonald



Ivan Wingate — National Executive Director

(representing MSI), Graeme McDougall and myself (representing ASI). We were significant contributors to the first ever FINA Masters Congress. Michele Schofield was also in attendance as she was for most Technical Congresses, collecting valuable input for the re-write of our Swimming Rules.

#### PAN PACS — TOKYO

Acknowledgement of our standing in international Masters Swimming circles was in the invitation and free air-travel presented to Glenys McDonald — MSI Publicity Officer, Peter

Gillett - World Masters Swimming Recorder and Graeme McDougall — the chair of the MSI Championship Committee. A Special MSI Congress plus a series of technical workshops were held in conjunction with the 4th Pan Pacific Masters Swimming Championships, so Gary Stutsel — MSI President was there too, his fare paid by MSI. A number of major steps in technical, records recognition and publicity were achieved.

#### LONG DISTANCE SWIMMING

AUSSI again contributed to ASI's Long Distance Swimming commitments by conducting the 20km National Swim in Devonport in March.

At the ASI Long Distance Swimming Committee meeting held in Devonport at which I was the AUSSI delegate, it was decided to encourage State Swimming Associations to conduct annual 8km State Championships. I am pleased to report that a number of AUSSI members are prominent in organising most of these.

The second ASI LDSC meeting for the year was held in Sydney prior to the 30km International Marathon Swim. I was honoured to be invited to officicate at the Swim. Popular Carine AUSSI member Shelley Taylor-Smith, won the event outright, defeating some to the World's top male marathon swimmers too. With an incredibly successful year, winning all nine international swims she entered for (from 25km to 57km) she was awarded the Sport Australia 'Female Athlete of the Year'. AUSSI put forward the nomination.

#### NATIONAL SWIM

Our own AUSSI National Championships this year were held in Devonport, the first time away from a Capital City. More details appear elsewhere in this Annual Report, but I also want to record that it was a highly successful event and that despite a reduction in participants, it was the first financially successful Nationals we have had since 1987. Congratulations to all the Tasweigens who made it possible.

#### MASTERS GAMES

The third Australian Masters Games was held in Brisbane in October. A committee of Queensland Branch AUSSI's, plus the essential officiating on the day provided by Q.S.A., put on a very pleasant and extremely efficient Swim Meet. A pleasing aspect was the number on non-AUSSI's participating and joining in with the social functions.

#### CAS MASTERS COMMITTEE

I attended two meetings of the CAS Masters Committee, the second during the Masters Games. AUSSI has been a major contributor outside the meetings too and we look forward to the report being compiled by Ron Burns of the Masters Sport Project.

#### **BRANCH VISITS**

Again, I was able this year to visit most Branches with my travel being mostly financed by others. I do apologise however, that some visits were too brief therefore I did not meet with as many members as I feel I should. One on one communication is invaluable to me and I hope, to the other party too. I will endeavour to improve on this in 1992.

#### GOVERNMENT GRANT

Your President and I were privileged to be able to meet with Minister Kelly in Canberra, just prior to the September Board Meeting. She gave us a very good hearing and expressed a great deal of interest in the work we are doing. She also indicated a desire to us financially assisted by the Government, A week later I met with an officer of the Australian Sports Commission and we went through the guidelines for possible avenues of funding for us. There appeared to be an opportunity to seek a project oriented grant if it was geared towards an increase in participation. I have to report that we were not able to prepare such a project digest in the time available. In addition, we received a letter from Minister Kelly pointing out that until the CAS Masters Sport Project report was complete, the ASC, will not reconsider its current policy of not providing funds directly to individual masters organisations. We can however submit a proposal through Australian Swimming but the part of the letter which is of concern is: '... will be considered by the ASC in the context of the ASC and ASI'. Our undertaking to ASI is that we will not seek funds if it is to affect their existing allocations from the ASC. Applications for project funding for the next fiscal year will be called in late March so we will approach the matter again at that time.

#### AUSTRALIAN SWIMMING INC.

I am pleased to report that the relationship between AUSSI Branches and State Swimming associations, apart from the odd one on one personality clash, continues to be amicable. It's great to see our contribution to swimming in general, increasing with our help with the open water swims. Our officials training courses will commence in 1992, thereby allowing us to contribute even more by becoming self-sufficient and maybe helping other organisations from time to time.

I maintain fairly regular contact with the ASI Office in Canberra and I would like to record here, our appreciation for the help and interest in our work provided by Paul Quinlan. ASI held their AGM in Adelaide in conjunction with the Australian Short Course Championships. I was made welcome at the AGM and compliments about AUSSI were expressed. I enjoyed V.I.P. status at the Championships.

#### ADMINISTRATION

Elsewhere I will report details of the growth of demand on the National Office. The facility kindly provided by the Adelaide Aquatic Centre is now far from adequate, but tolerable until the fate of the Adelaide bid for the Commonwealth Games is known. If Adelaide's bid is successful, significant development will be made to the Aquatic Centre, including a number of new offices one for AUSSI (?).

Part of the crowding we now experience, is the installation of the National Registration System — formally done on W.A.'s computer. From National to W.A. — a big thank you for making your facility available for the previous two registration years.

It was a busy and fruitful year and a number of new developments have been introduced for the future as will be seen in the following reports.

We express our gratitude to UNISYS who continue to support us around the Country and for the provision of two computers for National use. We thank Australian Airlines for their continuing sponsorship in the provision of heavily subsidised airfares for when I am unalble to fly gratis on behalf of other organisations.

I have enjoyed being your NED for 1991.

IVAN WINGATE

## DIRECTOR OF FINANCE ANNUAL REPORT

It is my pleasure to report that after allowing \$3862 for depreciation we finished the year with a surplus of \$4412.

Income for the year was up by \$15514. Interest received was down by \$10174 but this was more than offset by the excellent result or the Tasmanian national swim and the increase in registration fees.

Expenditure increased by \$8578. The largest increase \$6260 for the executive directors fees was in line with the CPI increase Conference and meeting fees decreased by \$5245 due mainly to the reduced cost of air fares.

Funds were received from the revenue surplus of \$8274 (before depreciation) and \$5235 from cash reserves etc. Funds were used to increase stock, equipment and cash floats by \$4457, to increase debtors by



David Forsyth Director of Finance

\$3234 and to increase the 88 Fund by \$5818 in accordance with our rules.

The balance sheet shows our financial position remains sound and it is anticipated that this will be maintained for the 1992 year.

DAVID FORSYTH. AUSSI

## **AUSSI MASTERS SWIMMING IN AUSTRALIA INC.**

#### STATEMENT OF INCOME AND EXPENDITURE FOR THE YEAR ENDED 31/12/91

1990	1991 (%)	INCOME	1990	1991 (\$)
.9 70.5 23.9 .5 .0 1.5 2.7	1.5 79.6 12.2 5.0 .3 1.4	Branch Affiliations  Membership Fees Interest Swim Meets Coaching Accreditation Fees Profit on Stock Sales Royalty Travel Rio World Swim	950 72840 24675 484 30 1518 2840	1800 94575 14501 5919 390 1666
100.0	100.0		\$103337	\$118851
38.7 4.5 2.8 3.3	38.9 5.1 3.1 4.3	National Executive Directors Fee	40000 4617 2897 3375	46260 6078 3686 5151
19.6 6.1	12.6 6.4	Conferences and Meetings AUSSI Conferences and Meetings FINA/MSI	20260 6274	15015 7609
9.0	11.5	Insurances	9454	13680
2.3	2.2	Coaching and Technical	2376	2602
1.5	1.3	Affiliations and Subscriptions	1530	1573
.9	1.0	Computer Services	954	1241
3.5	2.8	Recording and Programs	3595	3315
	2.5	Planning and Development		2926
.1	.2	Bank Charges	133	189
.7	1.1	Sundry Administration Expenses	710	1252
4.7	3.2	Depreciation	4808	3862
4.7	_	Survey Costs	4878	
102.4	96.3 3.7	+ Surplus	\$105861	\$114439 4412
2.4	0.7	- Deficiency	2524	7712

\$103337

\$118851

100.0

100.0

### **AUSSI MASTERS SWIMMING IN AUSTRALIA INC.**

BALANCE SHEET AS AT 31/12/91

1990	ASSETS		1991
	Current		
600 886 426 358	Cash Floats	125777 585	2650 652 3660 35357
4	Stock on Hand		126362 6548
	Fixed		175229
	Trophies and Cases	1034 9962	10996
	LIABILITIES		\$186225 ———
	Sundry Creditors  MEMBERS ACCUMULATIONS		-
	Balance 1/1/90 Plus Surplus	181813 4412	
			186225
			\$186225

## AUDIT REPORT TO THE MEMBERS OF THE AUSSI MASTERS SWIMMING IN AUSTRALIA INCORPORATED

We have audited the Financial Report and attachments in accordance with Australian Auditing Standards. It was not practicable for us to establish control over memberships and sales prior to their initial entry in the accounting records, nor was it practicable for us to circularise members to confirm that all subscriptions have been received and recorded. Our audit relating to these transactions was therefore limited to the amounts recorded in the books of account.

Included in the Current Assets Sundry Debtors Balance is an amount of \$3,500 which represents an amount requested for reimbursement for Overseas Travel expenses purported to have not been incurred on behalf of the association. The debtor has filed a lesser counter offer of reimbursement and the resolution of the matter is still in progress. The ultimate outcome cannot presently be determined and no provision for any possible reduction of the amount that may result has been made in the Financial Report.

In our opinion, subject to the effects, if any, on the Financial Report of the ultimate resolution of the matter discussed in the preceding paragraph, the Financial Report presents fairly the financial position of the Aussi Masters Swimming in Australia Incorporated as at 31 December 1991 and the results of its operations for the year then ended in accordance with Statements of Accounting Concepts and Australian Accounting Standards.

Yours faithfully,

FLOR-HANLY & ASSOCIATES

### COACH OF THE YEAR



Anita Killmier National Coaching Director and "Coach of the Year"

At the ASCA Awards Banquet at the Eden on the Park, Melbourne in May 1991, the Masters Swimming Coach of the Year was awarded to Anita Killmier.

Anita's contribution to Masters Swimming in Australia in 1990 included:

National Coaching Director's duties

- Principal Coach for Power Points, which recently won the Founder's Trophy at the Nationals in Devonport. Power Points recently made Anita a Life Member of the Club.
- Developed and published four issues of the Australian Masters swimming Coaches Newsletter, which now has wide readership in Australia and overseas.
- Completed writing and editing the coaches manual titled "Mastering Swimming" which will be published shortly.
- Established and maintained the National Lending Library.
- Co-ordinated coaching accreditation courses throughout Australia.
- Conducted a Level 1M accreditation course.
- Arranged and chaired a Coaches Panel meeting in Adelaide.
- Organised seminars and clinics and lectured at most.
- Developed future coaching accreditation courses and incentive schemes.
- Established excellent rapport with the coaching scene in general within Australia and overseas.



The "MARCH PAST" at the 1991 Nationals in Devonport

## DIRECTOR OF COACHING ANNUAL REPORT

#### "Mastering Swimming"

I am pleased that this project is now complete and AUSSI have a product that they can be justifiably proud of. It should enhance our members knowledge as well as providing some revenue.

The year was mainly spent in finding a publisher and working through the publishing process.

#### National Coaching Newsletter

The newsletter has increased in subscribers considerably and to remove part of the workload it is now being printed and collated by KWIKCOPY.

#### Workshops

In 1991 I attended the following workshops:

#### March - COURSE DESIGN WORKSHOP,

i.e. how to set accreditation courses

Canberra

May — NATIONAL COACHING DIRECTORS WORKSHOP which looked at developing career

looked at developing career structures for coaching. Kay Cox also attended and we used the time together to work on an outline for the Re-accreditation Policy which had to be submitted to the ACC—

Canberra

May — STATE COACHING DIRECTORS COURSE run by the Department of Sport and Recreation and the ACC was an instructors course in "how to

coach the coaches".

#### **Branch Clinics**

These were run by me at the invitation of branches. I gave two in Canberra to coincide with my workshops, one in Tasmania to coincide with Nationals and one in Tasmania to coincide with the State Relay Meet in November.

All were well received by members.

#### Re-Accreditation Policy

This has now been put into place and is up to State Coaching Directors to implement and manage.

#### Accreditation Courses

Level 1M courses were held in S.A. in April, N.S.W. in August and W.A. in October. Victoria and Queensland had to reschedule course for 1992 due to lack of interest.

Total number of accredited coaches is 93.

QLD = 26 ACT = 3 VIC = 21 TAS = 2 SA = 4 WA = 37

#### AUSSI Masters "Superset"

This fitness training set was designed by me and taken on by Trish Beveridge. It was sent out to all branches to distribute to clubs but I do not know it is being used yet.

#### Masters Coach of the Year Award

Presented for the second year in succession as part of ASCA's Annual Coaches Conference and I was honoured to have been the recipient.

#### **ASCA Annual Coaches Conference**

Held in Melbourne in 1991 this conference was well attended by Masters Coaches and our presence was felt. The opportunity to meet and learn from fellow coaches was a highlight of my year.

## DIRECTOR OF COMMUNICATIONS ANNUAL REPORT 1991

Early in 1991 a Five Year Plan was developed for the portfolio of Communications. The main item in it was the continued development of a publication to disseminate information from AUSSI National. Over the five year period, it was firstly to go to the Management



Judy Ford — Director of Communications

Committee, Board Members, Branch Secretaries and Newsletter Editors, Life Members and the Historian. Later it would go to Club Secretaries as well, and finally to individual members. As this would increase the cost markedly, ways of generating income need to be looked at.

1991 has seen a vast improvement in the quality of the layout and presentation of the National Newsheet (the publication referred to above) and this resulted in its being sent to all Clubs as well as the above-mentioned circulation. The upgrading also made it necessary to upgrade its name, hence it is now called the National Newsletter. It is to be hoped that the newsletter continues to improve in quality, size and concept and AUSSI realises its aim of producing a newsletter/magazine/year book of which it can be justifiably proud.

The Pan Pacific Masters swim was held in

Tokyo in July and a media spokesperson was appointed to report back results and anecdotes for use in the local media. However, with only a very small contingent of approximately ten travelling to Tokyo, there was not the pressure of results that there was when 160 travelled to Rio be Janeiro in 1990.

The ACT Branch has reluctantly decided to relinquish the portfolio of Communications. Being only a small Branch we are unable to field a team with sufficient expertise in this area. However we are proud to have been the force behind generating a National publication such as the National Newsletter and wish the Branch who succeeds us in this portfolio all the best.

JUDY FORD

## DIRECTOR OF PLANNING ANNUAL REPORT

1991 has been almost entirely devoted to the compilation of our 5 Year Plan Document — a somewhat daunting task — and one that could not have progressed to its present stage without the help of "experts". To this end, I was fortunate in gaining the assistance of a fellow W.A. Masters swimmer (from within my own club) who had the skills and necessary resources to wade through major documentation and submissions obtained from Board Members persuant to their efforts.

All portfolio requirements were analysed, and a draft document presented to the Board at the September meeting in Adelaide. Board members were then asked to study the document and advise me by the end of October of all costings and amendments they required to be made, thus enabling the final document to be prepared and presented to all early in 1992.

This task is presently underway, and when completed, the result will benefit our organisation by a planned approach to turn thoughts and ideas into reality, thus benefiting all in our search to grow bigger and better in the world of Masters Swimming.

DAVID CUMMINS

## DIRECTOR OF PROGRAMMES ANNUAL REPORT

Last year I stated that this year would be a particularly busy one for my portfolio. I was definitely right in making that statement. Each year year a steady growth in the number of participating clubs and swimmers in the Aerobic Trophy make it a more demanding task to compute the data and keep the programme up to form.

This year a review of the pointscore tables has meant that Branches have been asked for possible solutions to same. I must recognise both the New South Wales and Queensland Branches for their input into ideas and critisms of the proposals and thank them for comments direction. their and comprehensive report containing all replies from the 250 letters sent out to each club was compiled and their content evaluated at the Mid-year Conference. As a result at the Board Meeting in March I was directed to formulate a new pointscore system and update the Pointscore Rules Booklet, New Schedules were distributed to all Branch Secretaries and Recorders and feedback requested. It is envisaged that a new Booklet with new Pointscore timetables will be distributed for the 1992-3 Aerobic Year.

The most significant changes to the Aerobic Programme will be:—

- the replacement of the 3000m and 5000m swims with Half Hour and Three Quarter Hour Swims;
- modifications to the pointscore system expanding it from a 4 to 6 step scale and increasing points for the 400m and 800m swims.

It is important to understand that although the 3000m and 5000m swims will be deleted



Trish Beveridge — Director of Programmes

from the Aerobic Trophy they will still be available to swim as part of the AUSSI Awards Programme, National and World Records and Top Ten Times. Conversely, the Half Hour and Three Quarter Hour Swims will not be included in Top Ten or National Records.

Other new products on the scene have been the introduction of the Three Million Meter Award as from the 1st October 1991. No distances swum prior to that date are allowed and it will be interesting to see who will be the first holder of this new logo badge. The Super Set idea of Anita Killmier has now been circulated to all Branches and hopefully your club has it up and running in its coaching programme.

As AUSSI grows in membership and stature new ideas continue to emerge. These ideas are assisting the growth of AUSSI and I believe that all ideas should be evaluated on their merits. It is with this thought that I leave you to consider any new ideas for promoting Programmes within AUSSI. Please share it with us so that we can offer new incentives to members to continue to swim for fitness and fun.

TRISH BEVERIDGE.

## DIRECTOR MEMBERSHIP DEVELOPMENT ANNUAL REPORT

Membership of AUSSI Masters Swimming reached 6394 during 1991, the overall increase in members most satisfying at a time when many Australian enterprises were Although floundering. two Branches recorded a small drop in members, some did extremely well with both Tasmania and Victoria gaining by more than 20%. At 1450, Queensland retains the overall lead in members with Western Australia overtaking New South Wales in second place. Towards the end of the year, the registration of members at National level became computerised, monitored by the National Executive Director.

Registrations for the past five years are as follows:

Branch	1987	1988	1989	1990	1991
QLD	1003	878	968	1309	1450
WA	1253	1250	1134	1165	1331
NSW	1220	1273	1236	1293	1245
VIC	616	616	725	900	1161
SA	741	707	597	672	705
TAS	142	154	208	257	311
NT	63	102	89	105	113
ACT	82	70	78	94	78

Totals 5119 5050 5035 5759 6394

At the March 1991 National Swim at Devonport, AUSSI Masters Swimming acquired a changed image with the launching of a new logo together with co-ordinated brochures and posters to be distributed for use at branch and club levels.

A new members' kit was approved at the halfyearly Board meeting, its distribution commencing to new members in the 1991/ 92 season. Included in the kit will be the reproduced swimming section from "Safe



Bren Catchpole —
Director of Membership Development

Veterans' Sport", guidelines for safe participation by Masters. The publications from Australian Sports Medicine Federations, is recommended reading for all AUSSI members.

Late in the year, a National Safety Committee was established to formulate and monitor a National Safety Policy. It is proposed that a programme be launched to stimulate members' safety awareness not only when attending formalised swim meets but also at club level, enabling them to react positively and responsibly when difficult situations arise.

**BREN CATCHPOLE** 

## DIRECTOR OF TECHNICAL DEVELOPMENT

The Lecture Notes, Examination Papers, Marking Papers and Procedures for Conduct of Lectures and Marking for Timekeeper, Starter, Marshall and Check Starter were written and have been presented to the National Board and approved. As soon as the Lecture Notes are reproduced they will be available for distribution. An itinerary for NSW has been co-ordinated and will be conducted during the winter months of 1992. Northern Territory will most likely have first priority as they are the Host Branch for the next National Swim Meet and need assistance.

The Technical Officials Accreditation Cards have been printed and are ready for any



Michele Schofield — Director of Technical Development

registered AUSSI member who wishes to sit for and pass the Examinations for whichever position/s they would like to work at Club, Branch or Australian level. The AUSSI Handbook was scanned and work has been carried out on amendments throughout the year.

A copy of the AUSSI Handbook has been produced — on computer not commercially — (completely updated as at November 1991) and is available from the Executive Director. The full contents of the AUSSI Handbook have been put forward for consideration at the Annual General Meeting (submitted as various Notices of Motion), the Rules were discussed at the previous Meeting and input was forwarded to the National Technical Committee and these were then reproduced to be accepted at the Annual General Meeting and when the

Handbook is fully amended and accepted it will be commercially reproduced for distribution.

I would like to thank the assistance of the National Technical Committee who read the rules word for word with consideration of comments from various people and have now produced the rules for submission to the Annual General Meeting.

I would also like to thank the Management Committee and my fellow Directors for their assistance throughout the year.

MICHELE SCHOFIELD

## DIRECTOR OF RECORDING REPORT

1991 was a year of progress in the National recording area, a year which I am confident will herald the streamlining of the recording systems and thus ease the workload.

Two events in particular lead me to the above comments:

- The delivery of a computer and printer dedicated to the Recording portfolio.
- The offer of assistance from Darryl Hawkes, S.A. Branch Recorder.

Darryl has taken responsibility compilation of the top ten and besides the obvious benefit to my workload it is probable that his most significant impact may be seen in improvements to the computerisation of this task. I am hopeful that between Darryl. the National Computer myself and Committee we can realise a recorders dream, whereby the top ten is compiled by Branches supplying the information on floppy discs.

At the time of writing this report I am busy

entering the National Records into the computer which will not only save me time but also produce a more professional product.

My thanks to all of the Branch Recorders for the manner in which they have presented the information to me, I can only remember two instances when it has been necessary to query a record application, this dedication to the task certainly assists me in mine. Finally my thanks to Darryl Hawkes for his offer of help when I needed it and his contribution to the improvement of the task at hand.

#### PETER GILLETT



Peter Gillett — Director of Recording

## MASTERS SWIMMERS BLAZE GOLDEN TRAIL



Left to right:
Helen Constantine (37 years), Christine Birch (31 years), Joan Curtain (37 years)
All from Darwin

The Masters proved they are as good as the young swimmers by winning 23 medals in the Arafura Sports Festival competition.

The Arafura Festival was an enormous success for those Territorians who competed in swimming's 25-and-over age group.

"We are hoping to attract more local, national and international competition next time," masters spokesman Christine Birch said.

Birch blazed through the pool with personalbest times to take out a tally of seven gold medals.

She won the 50 and 100m events in freestyle, backstroke and butterfly, as well as the 200m medley.

Helen Constantine took out two gold and one silver in the freestyle, backstroke and 2km swim at Lake Alexander.

Mother and daughter, Joan and Leanne Curtain (17 years) both took gold in the swimming at Lake Alexander — Joan in the 5km swim and Leanne in the 17-24 years 2km event.

### QUEE 3LAND BRANCH REPORT

Its been another year of growth and consolidation for the Queensland Branch.

Membership for the 1991/92 was a record 1450, in a record 42 clubs spread almost the length of the state from Tweed Heads to Cairns.

To give our northern members more of a say in the operations of the branch, we introduced Tele-Links. Every second monthly general meeting we hold a conference call to include our North Queensland executive members. Currently we link up with Townsville, Mackay and Rockhampton. There has been nothing but praise for the move, especially from our northern clubs, so this initiative will continue.

The Queensland Branch also invested more than \$8,000 in two portable computers and associated software. These are currently in the possession of our recorder and registrar, whose job has been made much easier thanks to the time saving equipment. We are also investigating the purchase of another computer for use by our secretary.

Communications also increased markedly during the year. This follows the move last season to introduce payment to our branch secretary. The very big workload this job now entails, left us with no option but to introduce some type of reward for the long hours involved. Peter Emery has done an outstanding job in the position, especially in the area of distributing branch and national office material to our ever increasing number of clubs.



David Mackay — President Queensland Branch

1991 was the year we hosted the swimming section of the 3rd Australian Masters Games. Held at the Chandler Aquatic Centre, it was a huge success with a record 485 swimmers from throughout Australia and overseas taking part.

Overall, its been a "red letter year" for the Queensland branch. While we are happy with what we have achieved, we won't be able to stand still as we keep pace with the record growth levels of Masters Swimming.

DAVID MACKAY

### N.S.W. BRANCH REPORT

My first Annual Report covers another very busy and successful year for the NSW Branch, during which we welcomed four new clubs, held our first open water swim, our first coaching accreditation course and saw greatly increased nembers at our two major carnivals.

Our membership at September 30, 1991, was 1247 in 40 clubs. During 1991, new clubs were formed at Narrabeen, Moree, Shoalhaven and Glen Innes. We also gained the services of a very enthusiastic membership liaison officer, Peter Bent, who did much to encourage new clubs and new members.

We also honoured the previous Secretary, Ken Ford, with the Branch's first Life Membership in recognition of his outstanding efforts for AUSSI NSW over the previous six years.

Our calendar for 1991 contained sixteen interclub carnivals, two promotional meets and the State Cup and Short Course Championships. The ACT Branch also held its usual Long Distance meet and Branch Carnival, both of which were attended by many NSW swimmers. During these, NSW swimmers set a total of 505 NSW records, 226 National records and 4 World records. Our thanks are extended to Sue Johnstone. our hard-working State Recorder and Peter Gillett, the National Recorder, both of whom have been given unprecedented amounts of work by our successful swimmers. It was encouraging to have approximately one hundred more swimmers at each of our major meets compared to the previous year.

One innovation was to book accommodation at a large complex close to our State Cup venue. This saw 120 people staying there on the Saturday night for a pleasant social gettogether with members of other clubs.

Early in 1991, we booked accommodation for a two day workshop retreat to examine the AUSSI member survey and the positive and negative aspects of AUSSI in NSW. June Hird led the sessions, Mark Tonnelli was the after dinner speaker and Geoff Tindall, our State Coach, held coaching sessions. The Annual General Meeting was held as part of this weekend. Several committees were formed to continue work in important areas and these reported back later in the year and decided to continue to meet on a half yearly basis.

Our first Level 1M Coaching Accreditation Course was held in August at the NSW Academy of Sport, with 28 participants from NSW and ACT. Requests for a further course have been received from people unable to attend this one.

Our Computer Recorder, Brett Larkin, has made several improvements to the Branch Computer programme, and the Management Committee decided to make the use of this system mandatory at all interclub carnivals. This means that the Top Ten can be produced directly from the carnival results, eliminating much duplication of work which was previously necessary. All carnivals now have results of all events posted a few minutes after they are swum, with individual pointscores, overall club pointscores and certificate labels available a shortly after the conclusion of the meet.

During 1991, we received a very generous donation from Gullivers Sport Travel a raffle prize of a trip to the Indianapolis World Swim or a trip for two to Hawaii. The NSW and Queensland Branches held a guessing competition for this and the NSW Branch netted almost \$6,000 from it. Our thanks to Peter Bent for being instrumental in obtaining this great fund-raising donation.

During 1991, the Branch newsletter, "Splash", continued to be an important means of communication with our members. "The Phantom" is doing an excellent job with this and we look forward to his/her continuing involvment in this area.

The NSW AUSSI Office continues to operate three days a week to provide a service to our members. The Office Administrator handles registrations, correspondence, major carnival organisation, dissemination of results, Top Ten, memos to clubs, etc. and the hundred and one other services requested by our



Beryl Stenhouse — Secretary

members. Helping new clubs get started is another important duty. This year, I have held this position as well as that of Secretary and have found both very challenging and enjoyable. I would like to thank Brian Hird, our President, as well as the other members of the Management Committee for all their support, and also Ivan Wingate who gets frequent phone calls from me about various matters. I would also like to thank the NSW Department of Sport, Recreation and Racing for their 1991 grant to us.

BERYL STENHOUSE

### W.A. BRANCH REPORT

1991 has shown itself to be another busy and successful year for Masters Swimming in Western Australia.

An increase of membership by more than 160 and another new country club are listed in our achievements over the past year. The executive was expanded to 11 members to include a Technical Officer, State Swim Meet Director and State Coach.

The Branch office also returned to new quarters at Perth's Superdrome after the excitement of the World Swim settled down.

#### World Swim

The World Swim in Perth drew accolades from the Secretary of FINA acknowledging the fine effort from AUSSI WA in conducting almost entirely the 25km Ling Distance event. To cap this off, the gold medal for this event

was won by W.A.'s Shelley Taylor-Smith.



Stephanie Power — W.A. Administrator

#### Fitness, Education and Coaching

The Level 1 Coaching Accreditation course for 1991/92 saw 12 members take part in theory sessions. AUSSI National now has a Level 2 course in operation and this is being piloted by W.A Eight of our members have completed the General course through the Ministry for Sport and Recreation, and the remaining part of the course will be conducted in the first half of 1992.

The National Coaching Directors Meeting was attended by Kay Cox from W.A. who assisted with the planning of the Level 2 course. This meeting also enabled her to become familiar with the AUSSI Reaccreditation policy.

An award for W.A. Coach of the Year was introduced and the successful coach was Kevin Holtom, whose hard work and dedication to Carine AUSSI made him a worthy recipient.

#### National Records

Eight National and one world record were set at our March State Swim. Our Winter Swim took on a new format with a change from September to October and the introduction of a points system. Nineteen National and another world record were set at this meet.

#### Community Involvement

Several of our members took part in the AUSTSWIM Adult Extension Course. This skill gives our Coaches another dimension from which our members will ultimally benefit.

As has happened in past years, the Sorrento

Swim was again successful in contributing funds to the Spastic Welfare Association for the purchase of much needed equipment.

Several clubs took part year in the Disabled Swimming programme again in 1991. These efforts are well recognised in the community.

#### Australian Masters Games — Perth 1993

AUSSI W.A. will be organising and conducting the swimming component of these games. Preliminary discussions have taken place and a promotion.

#### 1995 Pan Pacific Masters Aquatic Championships

With Perth to play host city to this important event, AUSSI W.A. will have the task of organising all arrangements to the last detail. There is no denying that this will take all the expertise available. Approaches have been made for financial assistance, and budgets are being prepared. Expectations of 3,000 competitors are not unreal, and if promoted carefully, the Championships will remembered as being one of the most memorable for fun. fellowship and economically successful.

#### **Future Growth**

To promote and develop Masters Swimming in W.A., we have engaged the services of an AUSSI member whose task is to increase membership, form new clubs, and generally make pool users aware of our association.

The Health Promotion Foundation of W.A. has provided funds for a progamme submitted by Kay Cox on behalf of the Branch. The project is to be carried out in metropolitan pools and is designed to involve the community in a healthy lifestyle through swimming. The ultimate goal is to encourage the participants to become AUSSI members.

#### Achnowledgements

Thanks to our sponsors and the Ministry for Sport and Recreation for their valued support. The new year will see some changes in our executive. Thanks must be extended to members of the 1990 executive and to countless others in volunteering their time and for their untiring efforts over the past twelve months.

STEPHANIE POWER

## VICTORIAN BRANCH REPORT

The 1991 year commenced with the firm belief by the State Committee that with the pleasurable task of hosting "The National" in 1992 ahead, a concentrated effort should be made in the areas of recruitment and conservation of existing members.

In consequence of the committees resolves the executive, under the guidance of the then President John Iossifidis, commenced a programme of increased and improved communications with clubs at both the clubs social functions and swim meets. Members of the executive actively attended the events and encouraged members to in turn communicate with the State committee members. The State newsletter was looked at by myself as the then State Director of Marketing and a new exciting and informative format was set. The rest is history as we were able to increase our club content by 3 new clubs (1 more for 1992) and membership to 1.161 members compared to 900 for 1990.

In Victoria we have little doubt in identifying our success to our concentration on communication and a refreshing attitude towards "Public Relations" with the business and media sector. We have implemented a system whereby most swimming and surf clubs are on our mailing list as well as some 40 or so media outlets. As the 1991 State Director of Marketing and now State President, I have made myself available to social groups and sports associations for discussion nights and talks on "AUSSI MASTERS SWIMMING". Further we insist that we always have data available for anyone (including schools) to identify ourselves.

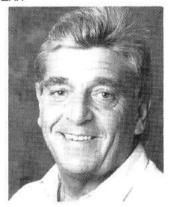
The challenge we had in hosting "The Nationals" has been well met by the State executive and we believe that the 1992 Nationals will be the largest swim meet of its kind Victoria has known. The Nationals committee expresses its thanks to all of the AUSSI MASTERS Australia wide who have provided assistance and guidance over the year. A special thanks is extended to our ever diligent N.E.D. Ivan.

I extend a special thank you to John lossifidis

(now married and completing a business degree course), Danny Meisels (now working in N.S.W.), Dick Campion (now a proud pool owner and lond distance swim coach), Jane Barrow (now heavy with child and blooming), all of whom have stood down from the executive. Plus our new Life Members Hans Wherens and Ted Tullberg.

May the starters gun be with you and records tumble in 1992.

#### IAN DEAR



Ian Dear - Branch President

### S.A. BRANCH REPORT

One could be excused for thinking that all is doom and gloom within the South Australian Branch, we have not had the great increases in membership that some other Branches have enjoyed, neither have we been able to attract any sponsorship money from Government Departments and, most distressing, we were unable to fill all the positions on the Branch Exective in 1991.

I guess our biggest problem was in not being able to fill the position of Secretary at the Annual General Meeting, Cathy offered her services after an appeal to Clubs however the amount of time she could devote to the position was limited owing to studies.

Not all is gloom however and the dedicated few that make up the Branch Executive

soldier on, sharing the workload and keeping the ship afloat, perhaps information is a bit slow in getting to Clubs sometimes but it does get there eventually. Being ever conscious of our problem, the executive is looking into the viability of funding the position of a part time administrator, obviously just paying someone is no instant cure to our problems but it should ensure that the day to day running of the branch is taken care of and allow the Executive time to plan for the future.

On the brighter side, although membership is not increasing it does remain stable, the majority of our Clubs are extremely well managed and active both on the fitness and fun side, entries to Interclub Meets remain constant at 160/180 per meet and the State Cup attracted 220 entries which is about 33% of our membership. A new club has been formed in the Elizabeth area, once again, this time however under the guidance of experienced AUSSI members and the support of the pool management it seems destined to succeed.

Open water long distance swims are programmed on most weekends during the summer months and have always been most popular with our members. This past season. a new concept has been tried with great success. 5 swims of varying distances were selected from the programme and these became a "Series", independent from the individual swims. swimmers have complete a minimum distance of 10km, in as many swims as they wish and at the end of the season each competitors average time for swimming 1km. is calculated. Trophies are awarded to individuals in age groups and clubs for the best average times over the series. Our thanks go to John Grosvenor for his organisation of this event and thinking up the concept in the first place.

The Director of Fitness and Coaching, Elly Fleig arranged two events during the year. In March she organised a Level 1 coaching course which 21 people attended and proved most successful. Also during the year she arranged a clinic under the guidance of Lee O'Connell on the subject of "Stretching Exercises" and this was so popular that members are asking when is the next one going to be held.

The Branch gratefully acknowledges the sponsorship of the following Companies;

UNISYS for the donation of a computer, dedicated to the recording of our swim meets, Messenger Newspapers for being major sponsors of the "Messenger Long Swim Series", also to Zedar and Coca-Cola for their support of this series.

After a gloom and doom start to this report, I shall conclude by saying that we do enjoy AUSSI in South Australia and although we are experiencing a few problems at the present, mainly in getting assistance at Branch level, the outlook for the future is a positive one.

PETER GILLETT Board Member



Peter Gillet Board Member — S.A. Branch

## TASMANIAN BRANCH REPORT

AUSSI Tasmania Branch has had a very rewarding year in 1991 with the completion of our major swim events on our calendar.

The Branch President, Hector Beveridge, has led an extremely diligent and hard working committee who have met on a regular basis to ensure that our Branch members achieve and enjoy the privileges that an AUSSI competitor merits.

Our recently appointed Safety Policy Coordinator, Bill Stewart, has been enthusiastically advancing our Safety Policies, both at Branch and Club level, and these have been greeted with enthusiasm and respect. The five clubs now affiliated within our Branch are all enjoying increasing memberships. Not only are they catering for the swimming but also are actively enjoying social functions and interclub communications on a wide scale. There is communications under to two further clubs affiliating, one in a Southern rural area and the other in a Northern rural area of the State. It is great to see the enthusiasm and support frm current operating clubs and their members towards not only new members but also towards establishing contact with possible new clubs.

We have also been fortunated enough to have had within our Branch two nominations for prestigious awards. Kathy Smith from the Devonport Club was nominated for the Tasmanian Sportswoman of the Year Award and presently underway is a nomination for Trish Beveridge also from the Devonport Club for the Administrator of the Year Award. Congratulations to both upon their nominations.

Competition wise our Branch was privileged to start the year off with the huge success of the National Swim Meet which also incorporated our Branch Summer Championships held in Devonport in March, It was the first National Swim that our Branch has hosted and the first held outside of a capital city. We were rewarded with 56 clubs and 347 members participating, excellent weather, good financial return, a very eniovable social programme and members should be proud of the friendly rivalry and pleasant atmosphere they displayed throughout the competition meet. AUSSI Tasmania is endebted to Brian Edwards and his swim meet committee for their effort and diligence.

A strong contingent of our members also competed in the 2nd Tasmanian Masters Games which were held in Hobart in May. It was great to see our present members canvassing those competitors not already in

our clubs, which hence resulted in several new registrations.

The Winter Short Course Swimming Championships held in Launceston at the Mowbray Memorial Swimming Pool saw the introduction of two new events, the 400m Medley which drew an entry of 10 competitors and the 800m Freestyle which drew any entry of 31 competitors. All in all it was a very successful meet with two new National Short Course Records being established by Janet Pugh in the 100m Breaststroke aged 21 years and Pam Gray in the 400m Medley aged 35 years. Both these ladies belonging to the host club of the meet, Launceston AUSSI.

Our 1991 Relay Meet held at Devonport saw a new venture for a swim meet being exercised. The programme included not only the regular recognised relays being swum, but also the inclusion of two elite relays, the first of which was 4 x 100m Medley, the second being 4 x 100m Freestyle. Also included were a number of novelty events, as well as displays from St. Johns Ambulance, local Surf Clubs and Royal Life Saving. Special quest for the meet was Anita Killmier. Director of Coaching. presented a lecture on training methods and a stroke correction clinic. Both were met with great enthusiasm and were most rewarding for coaches and swimmers alike. Anita's visit was assisted by the Department of Sport and Recreation.

Unfortunately it was a devastating shock to us all when one of our most dedicated swimmers — Mr. Royce Bracken (aged 61) passed away in October during a club event. He was a very valued member of our Branch and displayed a true comradeship in a sport that he was extremely dedicated to. A perpetual memorial trophy has now been established, donated by his next of kin, and will henceforth be awarded at our Annual Summer Championships for the winner in the Mens 60-64 years age group.

We are looking forward to our AGM in February and to our upcoming Summer Championships being hosted by our newest affiliated club, New Norfolk. Good luck and Good Swimming in 1992.

PAMELA GRAY Secretary

## A.C.T. BRANCH REPORT

#### 1. CLUBS

The ACT Branch now has four clubs — Belconnen Wests AUSSI, Tuggeranong AUSSI, Oasis Masters and the newly formed club — Canberra AUSSI Masters based at the Olympic pool in Civic. the new all-weather bubble at Civic pool opened in September and saw our newest club become active.

#### 2. BRANCH DEVELOPMENT

#### 2.1. Government Grant

The Branch received a grant from the ACT Administration under their Sport's Development Programme which assisted with expenses associated with Branch administration and the conduct of our swim meets.

#### 2.2. Sponsorship

TOSHIBA sponsored us by photocopying and collating our newsletter TIDAL, until we received a photocopier donated by TOSHIBA. The ACT Division of the National Heart Foundation also continues to support us by publicising our aims and objectives and by providing their board room for Branch meetings.

#### 2.3. ACT Sports House

ACT AUSSI continues its membership of this organisation which, through its ACTSPORT arm, supports and represents all affiliated ACT sporting organisations on matters affecting sport development, sporting policies, facilities, funding from the ACT Government, promotions, etc.

#### 2.4. Branch Newsletter

There were 9 issues of TIDAL in 1991. Jean Harvey did an excellent job as editor. Elinor Mackenzie did all the travelling between TOSHIBA, the post office and her home to ensure that TIDAL reached our members, until the branch received its own photocopier. Angelika Erpic continued to maintain the TIDAL address list.

#### 2.5 Branch Executive Meetings

There were 8 such meetings spread over 1991. These were well attended by several non-executive ACT AUSSI members whose contribution and interest in the Branch and National affairs is most appreciated.

#### 2.6 Publicity

The Publicity Officer's position was not filled. However, Branch promotional activities in the year included:

- update of the flyer about ACT AUSSI and distribution to pools, recreation centres, etc.
- contribution to the ACT Sports
   Calendar, produced 6 monthly by the
   ACT Office of Sport, Recreation and
   Racing for distribution to the public,
   sporting and tourist organisations.
- participation in sporting promotions
- Heart Week co-ordinated by the ACT Division of the National Heart Foundation in April.
- use of AUSSI National posters and flyers.
- entry in the TELECOM white and yellow pages.

#### 3. NATIONAL

The Branch continued to be responsible for the Director of Communications portfolio and Judy Ford continued to represent the Branch in this position. Judy also represented th Branch at the National AGM held in Devonport in March and the National mid-year Board meeting in Adelaide in September.

#### 4. SWIM MEETS AND EVENTS

#### 4.1 ACT Long Distance Swim Meet

This event was held at the AIS pool on 20 and 21 July. There were 103 swimmers entered; 26 from the 4 ACT clubs and 77 from 17 NSW clubs. This year the meet was run as short course and applications for the recognition of 82 National records resulted from this meet.

#### 4.2 ACT Branch Swim Meet

This event was held at the AIS pool on 15 and 16 November. 63 swimmers competed; 30 from the 4 ACT clubs, 32 from 9 NSW clubs and one swimmer from QLD. This was the first time this meet was held in November.

#### 4.3 ACT Interclub Challenges

Enthusiasm was maintained for interclub challenges and there were 3 over the last year. The formats varied with a mixture of serious and fun events.

#### 4.4 Interstate Meets

ACT swimmers participated in the National Swim in Devonport, the NSW State Cup, other NSW meets, postal events and open water swims in NSW and SA.

#### 4.5 National Heart Foundation Swim for Heart

AUSSI again played a role in the 30 hour Swim for Heart held at the end of July. There were two AUSSI co-ordinated teams which raised \$4,000. Overall, \$34,000 was raised.

#### 5. COACHING

Two very much appreciated and well attended coaching clinics were held by the National Coaching Director, Anita Killmier, in March and May. Both clinics were composed of one hour of theory followed by one hour of in-pool coaching. The Branch has organised coaching clinics with somewhat mixed results. Several ACT AUSSI members attended a coaching accreditation course in Sydney in August.

#### 6. DES McCORMICK MEMORIAL TROPHY

I (Tanya Colyer) am honoured to have been awarded the Des McCormick Memorial Trophy for 1991.



Tanya Colyer Secretary — A.C.T. Branch

#### 7. SOCIAL EVENTS

the highlight of the year's social calendar was the ACT AUSSI 15th Anniversary Dinner in October. Many other social events were organised by individual clubs.

In closing I wish to thank everyone who has contributed to the running of the ACT Branch and on behalf of the ACT Branch wish all AUSSI members a healthy and successful 1992.

TANYA COLYER Secretary — A.C.T. Branch

## NORTHERN TERRITORY BRANCH REPORT

Each new start to AUSSI activities in the Territory is always an enthusiastic one when it is commenced at the A.G.M. held during the Honda Master Games in Alice Springs. This is because these Games are such a friendly gathering of Masters from all sports and certainly encompasses the spirit of our AUSSI Mastes ideals — fun, fitness and friendship.

The N.T. differs to our southern AUSSI clubs in that we elect our Branch Committee for two years. It has been our practice to conduct our

"State" Championships in conjunction with the Honda Master Games (maybe we set the precedent for the future of AUSSI Nationals ??) and the Branch Committee then originates from the Club which conducts the following N.T. Championships and in this case it was Darwin. However, no doubt Darwin will have to take the reigns again at the '92 A.G.M. being the co-ordinator of the 1993 NATIONALS which of course will incorporate our State swim.

The Branch was disappointed by the closure of the Katherine Kroaks Club and several attempts to renew interest in the area failed however, renewed efforts in 1992 are planned, including a promotional visit by the Darwin Stingers. Hopefully stimulating involvement of the Tindal RAAF Base as well

As ever the Postal Swims have been extremely popular with us 'outback' members and participation in the Aerobic Swims has also increased which gives our Clubs a greater sense of involvement with national club activities.

A very impressive publication of the "History of the Arnhem Salties" was producted by the Nhulunbuy AUSSI Club and copies distributed to N.T. and National. It is a guide all clubs should follow or recording their beginnings.

Norm Jarvis will be relinquishing his role as Director Assisting Membership and we express our thanks to Norm for his efforts in this task and wish Rick Barnes well as he takes up his position with the Board of Directors in 1992.

As ever the N.T. AUSSI Masters have been assisted in travel to intra and inter-state events by our N.T. Department of Sport and Recreation Grants-in-Aid programme which is always greatly appreciated.

Naturally with our sights set on 1993 Nationals membership drives and promotion of AUSSI will be the prime objective for 91/ 92.

#### HELEN MURPHY



Helen Murphy Secretary — N.T. Branch

## LIFE MEMBERSHIP AWARDED AT THE 1991 A.G.M TO PETER GILLETT

Peter joined AUSSI in 1979 and became President of Central District Seals club in 1980. In this year he became Branch Recorder and in 1981 was elevated to Branch President, a position held for 3 years. Peter was again Branch President in 1988 and 1989, and is now the National Board Member for South Australia.

In 1980, Peter attended the second National

Council Meeting ever held, and has attended every Council/Board meeting since. His contributions have always been constructive, with wisdom, and he has often had to fight strongly to safeguard the best interests of the swimmer.

In 1982 Peter was appointed National Recorder and a year or two later, accepted the responsibility of World Recorder too. All Board Members would be familiar with the finesse Peter has applied to this responsibility, in seeing the many meticulous hand drafted Record Books he has produced over the years. Only Peter, and his wife Jean, would know the many painstaking hours invested to produce these end productions. Peter's love for his job is evident.

In 1981 Peter compiled the first National Top

Ten, a task that has now grown to mammoth proportions and to this date, unfortunately for Peter, has had to be compiled manually, — a job worthy of Life Membership in its own right.

Peter took an early interest in computing and with a colleague from work, established the first portable on-site swim meet system for AUSSI in 1982. Peter therefore, has become an important adviser on many systems developed since.

In 1986 Peter significantly contributed to the co-ordination of the National Swim in

Adelaide and was the official co-ordinator for the Swim Meet of the 2nd Australian Masters Games in 1989, where his leadership and organisational skills came to the fore with a highly successful competition.

Later in the year as an invited guest of Japan Masters Swimming, Peter attended the Pan Pacific Meet in Tokyo in his capacity as World Recorder.

HANK VAN KRUYSSEN President — S.A. Branch

## 1991 NATIONAL HEART FOUNDATION TROPHY

This is presented each year to a member of the Branch running the National Swim. The following is a profile of Alwynne McMahon, the recipient of the award, from Launceston AUSSI.

Alwynne has been an active member of Launceston AUSSI since its inception in 1981. She has swum in all State Championships, most Relay Championships and the National Swim in Melbourne in 1984, as well as the National Postal Swim. Participation in aerobic swims has also been above average, being amongst the three highest points scorers for the Club nearly every year. Her attendance at Club nights and other activities is also well above average.

Alwynne has swum times, mainly in longer distance events, which have qualified for Top Ten inclusion.

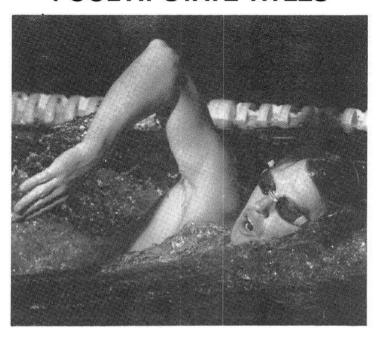
As a founding member of the Club, Alwynne was appointed Club Captain and has served on the Committee ever since. In this time she has served as Club Captain, Treasurer and is presently Recorder. She is also the Club delegate to Branch Meetings.

In the mid 1980's Alwynne assisted at Adult Learn-to-Swim classes and encouraged adult swimmers to join AUSSI. she still encourages adult 'social' swimmers to give AUSSI a go, and some enjoy their visit so much that they stay.



Alwynne McMahon

## VETERAN SCOOPS THE POOL AT STATE TITLES



Golden Oldie . . . Neroli Nixon's younger rivals were left in her wake at the state titles.

Australian swimming champion of the '70s, Neroli Nixon, has made a triumphant return to the sport she left 11 years ago.

Nixon, 29, claimed two gold medals during this week's VicHealth state swimming championships — defeating competitors 11 years her junior.

The former Australian title holder in the 200m butterfly, 400m freestyle blitzed her rivals to win the 100m freestyle and the 200m individual medley at the championships, and her daughter Jessica, 6, was there to cheer her on.

I am very happy with my swims. It is a good indication that all of the work I have been doing is paying off," Nixon said.

She won the 100m — her first state title — in 1.02.63, her fastest time over the distance.

Nixon backed that up with a 2.33.38 to take gold in the 200m individual medley — both times slashed the existing Australian masters records.

"My speed has really picked up, and I have a lot more strength than I ever had."

Nixon, who just missed selection for the Montreal Olympics in 1976 in the 400m individual medley and retired a year later, said she took up swimming again in 1988.

"It was a spur of the moment thing — I just wanted to get fit and lose some weight," she said.

"Then I became involved in the Masters swimming, and that really spurred me on to do more."

But her comeback was hindered by a strange breathing problem — later diagnosed to be a type of asthma aggravated by the chlorine pool chemicals.

After five months out of the water, Nixon trained for eight weeks — mostly in the open Bay water and the gym to avoid chlorine — before scooping the pool at the masters national swimming titles last year.

"Swimming so well in the masters really made me want to do better, but I had no idea I'd swim this well in the state titles against the young ones," she said.

FRANCES MURPHY

## 1991 FEMALE SWIMMER OF THE MEET NEROLI NIXON

As a junior swimmer Neroli ranked highly and placed in both National Age Groupand Open Championships in distance events, medley and butterfly.

Her times for the 400m IM and 800m F/S are still ranked 5th and 2nd respectively in the Victorian **all time** Best Performances.

She resumed swimming in 1988 in preparation for the World Masters Titles and along with her mother Greta have both proved valuable members of the Doncaster Dolphins.

Having whetted her appetite in Brisbane, Neroli began training in earnest leaving a trail of State and National Masters records in her wake

However, an unusual allergy to chlorine forced Neroli to adopt and unorthodox but rigid training schedule with herself as coach.

Weight training 5 times a week, power walking, beach runs and bayswims make up the bulk of ther programme, with a few shorter pool sessions to supplement her workouts.

The work paid off with 5 wins and 2 National records at the 1991 National Masters Championships where she was named Swimmer of the Meet.

## 1991 MALE SWIMMER OF THE MEET JOBST SCHMALENBACH

Jobst was born in Muenster, West Germany. He was only a fair swimmer from years 13 to 18 and in the last two, it was mostly Water Polo. He started swimming again at age 29 as a freestyler and was amongst the fastest swimmers in the amateur team.

He migrated to Australia and swam first with the Sunshine Stingrays then with Adelaide Masters. In Adelaide, coach Rod Ross encouraged him to concentrate on Breaststroke. With help from Glen Beringen as well, Jobst swam a time at the '89 Australian Masters Games which bettered the Commonwealth Games Time Trials qualification.

Jobst returned to Melbourne and now swims with Power Points under coach Anita Killmier.

Now swimming in the 35-39 age group, Jobst was selected as Swimmer of the Meet at Devonport with five firsts, which included two National Records and his 200m breaststroke time was judged the nearest to a World Record.



Jobst Schmalenbach