



# AUSI MASTERS SWIMMING

IN AUSTRALIA (INC.)

NATIONAL OFFICE  
P.O. Box 207  
MARLESTON S.A. 5033  
Phone/Fax 08 8344 1217

# NATIONAL

Volume 9. No 5. OCTOBER 1998

# NEWSLETTER

Welcome to the October Edition of the National Newsletter.

Your Board had their Mid Year Board Meeting in Adelaide on 10th /11th October and had the opportunity to discuss many issues of concern to our organisation. Some of these are outlined in articles in this edition including 'Fees To Please', 'Around The Board' and 'Around The Branches'. The most important article however is 'Rule Changes' which details alterations to the AUSI Rules which are effective from 10 December 1998. Please make sure that all members, coaches and officials in your Club are made aware of these changes. (They're on a separate page for easy photocopying if you need to.)

Whilst I have only been on the National Board for a short time, it is obvious to me that all twelve of the current members are a hard-working and genuine bunch. Despite being locked in a room for eight to nine hours each day (*almost without breakfast!*) for two days straight, they still found time to get together to socialise and talk about, you guessed it, AUSI. Each Board Member readily volunteers many hours of their time to work on their National Portfolio and to represent you at National level. Please use them as a valuable contact and resource within your Branch.

The Board are committed to building a strong future for our unique organisation on the solid foundation that has been laid. This will occur through the development of a five-year plan, outlining our future purpose and direction, which is soon to be circulated to all Clubs.

A preliminary selection of a tender for the National Logo was made at the Board Meeting. Much thought has been put in to how we wish to portray our organisation into the next millennium. With this in mind the successful tenderer has been asked to make some minor alterations before final acceptance. I am hoping to publish the new logo in the December Edition and a branded range of merchandise should be available soon after that.

Read on for more news about the Board Meeting and other interesting snippets.

Jodi-Ann Beard

The AUSI Purpose is: "To encourage adults, regardless of age or ability, to swim regularly in order to promote fitness and improve their general health."

# LETTERS TO THE EDITOR

*As most AUSSI administrators are aware, we have an ongoing problem with Masters Games encroaching on our own well-established competition calendar. Because of them, we have had to cancel or shift some of our events. They are a serious drain on the voluntary hours of expertise of our administrators and they have eroded our membership figures in a number of areas (eg. 44% of swimmers at the AMG in Canberra were non-AUSSI's though many of those were former members.)*

*In "The Masters Athlete" in February 1998, the guest editorial was written by the President of the Australian Veterans Games - Wagga Wagga. From AUSSI's point-of-view there were numerous inaccuracies, omissions and an aspersion cast about our National Swim. Wagga Wagga's first Australian Veterans Games in 1991 was held on the same date as our National Swim and they had the effrontery to request that we change our date (which had been set some two years before their Games were thought of). In fairness, we considered it, but decided not to.*

*The AUSSI Masters Games Committee considered the editorial at a recent teleconference meeting and prepared the following response in the form of a 'Letter to the Editor' of the Masters Athlete. We reproduce it here for the interest of all AUSSI members.*

Dear Editor,

The front page article in the February 1998 issue of "The Masters Athlete" by Garry Gaffney drew a number of comments from members of AUSSI Masters Swimming.

(1) The most glaring omission from this article is that no mention is made of sporting organizations or the place they have in Regional Masters Games.

(2) The comment made in the article that "in 1996 many Sydney competitors in swimming chose to compete in Wagga Wagga Veterans Games over the AUSSI swim carnival (National Championships) at Homebush, which unfortunately clashed, because of the friendly intimate poolside venue at Wagga Wagga. Herein lies the essence of Regional Masters Games" is hardly correct if we consider that the 1996 AUSSI National Championships at Homebush was the largest ever held and attracted over 900 members, most of whom would agree that the National Championships that year were friendly and a huge success. The thrill of swimming in competition at this Olympic venue could not be understated - and there was certainly a large number of Sydney swimmers in attendance. That some went to Wagga Wagga to compete is their choice and quite understandable.

(3) We would agree with his comment that "Grinning is more important than Winning" and this concept along with the importance of participation over winning is stressed within the AUSSI organization and our competition. The

facts however are that some members freely admit that they attend Masters Games (Regional, State and Australian) because of the greater chance of winning a medal in a Games. Statistics show that the standard of competition is much higher in our internal competition compared to that in Masters Games. Many of those who won medals in swimming at the Australian Masters Games would not have won a medal in AUSSI National competition so maybe in some instances in relation to Masters Games, the opposite occurs and the comment could more correctly be "Winners are Grinners".

(4) Unfortunately the considerations of tourism in Regional Masters Games often takes precedence over sports, and as with this article, often little or no mention or thought is made of the contribution of sporting organizations and the great service they give to a region throughout all the year, not just for a week every year or two when a Regional Masters Games comes to town. AUSSI Masters Swimming for example focuses on the importance of encouraging adults, regardless of age or ability, to swim regularly in order to promote fitness and improve general health.

(5) Finally and most importantly, Mr. Gaffney suggests more liaison and organization in planning Regional Masters Games. Could we contribute with our suggestions for initial planning of a Regional Masters Games:

a) the authority or local council planning a Regional Masters Games should contact the Masters sports or the Masters sections of a sport in that area and gauge their enthusiasm for a Games being held. Often the regional sporting group does not have the capacity, nor the will to carry out what is thrust upon them. The sport in turn should contact their State Sporting Organization immediately.

b) that the authority planning a Regional Masters Games ensure that representatives of sports be included in all planning of a Games and several active representatives from the sports (not high profile ex-champions) be on the Games Board along with the tourism and local council representatives.

c) that the authority planning a Regional Masters Games guarantee the sports a worthwhile monetary return for their contribution in organizing their sport in a multi-discipline sports event which is often organized primarily (and sometimes solely) to promote tourism and to inject many thousands of dollars into the local economy.

d) that the authority organizing a Regional Masters Games use the knowledge that the sports, especially the State Sporting Organizations, have gained in their years of organizing their sports both in their own competition and in multi-discipline sports carnivals.

e) that the authority organizing a Regional Masters Games recognize that most Masters sports have their own well-organized state-wide calendar of yearly competition events, organized at least one calendar year in advance, and that if a Regional Masters Games is being held, the sports be given at least two years notice of proposed dates of any such event.

f) that the authority organizing a Regional Masters Games acknowledge the contribution made by the sports and that any "win-win situation" includes sports.

# CALENDAR OF NATIONAL/INTERNATIONAL EVENTS

1998	21 - 28 November	ACTEW Active Australia Games Swimming (20-40+ age groups) CANBERRA, AUSTRALIAN CAPITAL TERRITORY
1999	6 - 14 February	New Zealand Masters Games WANGANUI, NEW ZEALAND
	11 - 15 May	AUSSI National Swim* DARWIN, NORTHERN TERRITORY
	30 September - 2 October	Australian Masters Games swimming ADELAIDE, SOUTH AUSTRALIA
	16 - 23 October PERTH, AUSTRALIA	Pan Pacific Masters Swimming Championships
2000	21 - 23 April (Easter)	AUSSI National Swim GLADSTONE, QUEENSLAND
	27 July - 8 August	FINA World Masters Swimming Championships* MUNICH, GERMANY
	21 - 28 October	HONDA Masters Games ALICE SPRINGS, NORTHERN TERRITORY
2001	March/April	AUSSI National Swim MELBOURNE, VIC
2002	6 - 19 October	World Masters Games MELBOURNE, VIC

\* see below for further information

## NATIONAL SWIM 1999

Newsletter No. 1 has just been sent to all Clubs so here is a brief summary.

**Accommodation:** Darwin has everything from Backpackers to five-star hotels. A comprehensive list of establishments offering discounted rates to AUSSI members will be available later in the year.

**Airfares:** The official carrier, Ansett Australia, is offering excellent airfare/accommodation packages which you can book now by phoning Ansett on 131300 and quoting Booking Master File No. MC08635.

**Car Hire:** Most accommodation is in the CBD, about 14km away from the pool. Delta Car Rentals, another one of our sponsors, are offering special discounts for AUSSI members. You can contact Rick Paul on (08) 8941-0300.

**Holiday Information:** Touring information is available from NT Tours and Travel 1800 805 627 and you can get Tourist information from the NT Holiday Centre on 1800 621 336.

**Weather:** Average min. 22°C, average max. 32°C.

**Program:** 0800 - 1400 each day leaving ample time for shopping, sightseeing and dining in and around Darwin.

**Programme of events:** see your Club Secretary for Programme details

## MUNICH 2000

The 8th FINA World Masters Championships - Munich 2000 - will take place in the famous Olympic Pool for swimming, diving and synchro; at Dantebad for water-polo; and at the Olympic Rowing Course for open water swimming. Munich Waterworld will present a leisure and cultural program.

Marion Hillenbrand and Klaus Huber, respectively Chairwoman and Chairman of the Organising Committee, promised a great event with many surprises. For them, no doubt, the capital of Bavaria will be ready to welcome the maximum number of participants.

The Official Entry Book will be published after the next FINA Bureau Meeting before the end of the year and will be available from the AUSSI National Office.

Following the successful tour to Morocco, International Sports Tours are delighted to have again been appointed as AUSSI's preferred travel agent for the Championships in July/August 2000. IST director, Corinne Roberts, is heading to Munich in November to 'check things out' and should have some preliminary information early in the New Year.

The following AUSSI NATIONAL RECORDS have been approved since the last newsletter.

**LONG COURSE WOMEN**

<b>Jenny Whiteley</b>	<b>NRV</b>	<b>40-44 yrs</b>
800m Breaststroke	13m55.27	29 Aug 98
1500m Breaststroke	26m28.75	29 Aug 98
<b>Kathryn Langthorne</b>	<b>NML</b>	<b>50-54 yrs</b>
800m Freestyle	11m29.53	29 Aug 98
<b>Mary Garton</b>	<b>NBT</b>	<b>80-84 yrs</b>
400m Breaststroke	14m53.46	29 Aug 98
800m Breaststroke	30m07.78	29 Aug 98
<b>Mago Bates</b>	<b>QHB</b>	<b>85-89 yrs</b>
50m Freestyle	01m10.79	15 Aug 98 #
100m Freestyle	02m41.44	15 Aug 98 #
200m Freestyle	05m59.31	15 Aug 98 #

# Portland Oregon USA

**LONG COURSE MEN**

<b>Darren Turner</b>	<b>NLS</b>	<b>30-34 yrs</b>
800m Freestyle	09m07.30	29 Aug 98
1500m Freestyle	17m15.08	29 Aug 98
<b>Tony Goodwin</b>	<b>NML</b>	<b>60-64 yrs</b>
400m Breaststroke	07m05.10	29 Aug 98
800m Breaststroke	14m26.40	29 Aug 98
<b>Bob Barry</b>	<b>NLS</b>	<b>65-69 yrs</b>
800m Backstroke	13m32.56	29 Aug 98
1500m Backstroke	25m34.59	29 Aug 98
<b>Kevin Vickery</b>	<b>NET</b>	<b>75-79 yrs</b>
200m Freestyle	02m58.93	15 Aug 98 #
400m Freestyle	06m31.01	15 Aug 98 #

# Portland Oregon USA

**SHORT COURSE WOMEN**

<b>Natalie Hamilton</b>	<b>NRV</b>	<b>20-24 yrs</b>
100m Breaststroke	01m21.48	15 Aug 98
<b>Kirsteen Butler</b>	<b>VPP</b>	<b>30-34 yrs</b>
200m Backstroke	02m34.78	16 Aug 98
<b>Margaret Barrett</b>	<b>QTW</b>	<b>35-39 yrs</b>
400m Backstroke	05m52.53	25 Jul 98
800m Backstroke	12m00.78	25 Jul 98
1500m Backstroke	23m00.94	29 Aug 98
<b>Maree Skennerton</b>	<b>QRC</b>	<b>35-39 yrs</b>
800m Breaststroke	13m24.60	29 Aug 98
1500m Breaststroke	25m30.66	29 Aug 98
<b>Glenise Gale</b>	<b>TSB</b>	<b>40-44 yrs</b>
200m Backstroke	02m41.64	01 Aug 98
100m Backstroke	01m15.60	06 Sep 98
200m Backstroke	02m40.87	07 Sep 98
200m Backstroke	02m40.47	07 Sep 98
200m Breaststroke	02m58.67	06 Sep 98
<b>Jenny Whiteley</b>	<b>NRV</b>	<b>40-44 yrs</b>
50m Freestyle	00m28.19	15 Aug 98
100m Freestyle	01m02.06	05 Sep 98
400m Freestyle	04m58.90	25 Jul 98
1500m Freestyle	19m04.88	25 Jul 98
50m Backstroke	00m34.66	15 Aug 98
100m Breaststroke	01m21.41	15 Aug 98
50m Butterfly	00m32.13	15 Aug 98
50m Butterfly	00m32.08	05 Sep 98
200m Butterfly	02m40.00	05 Sep 98
<b>Jenny Grace</b>	<b>QBN</b>	<b>50-54 yrs</b>
1500m Backstroke	25m30.18	29 Aug 98

<b>Judy Burke</b>	<b>NML</b>	<b>55-59 yrs</b>
100m Butterfly	01m36.87	15 Aug 98
<b>Jen Thomasson</b>	<b>QSM</b>	<b>55-59 yrs</b>
50m Freestyle	00m31.78	12 Sep 98
200m Freestyle	02m34.31	25 Jul 98
400m Freestyle	05m30.64	29 Aug 98
800m Freestyle	11m04.01	29 Aug 98 **
1500m Freestyle	20m49.11	29 Aug 98 **
800m Backstroke	12m53.85	25 Jul 98
100m Breaststroke	01m29.38	29 Aug 98
100m Indv. Medley	01m22.40	29 Aug 98
100m Indv. Medley	01m22.13	12 Sep 98
400m Indv. Medley	06m11.73	25 Jul 98 **
<b>Tricia Legge</b>	<b>QTT</b>	<b>60-64 yrs</b>
1500m Backstroke	29m35.93	29 Aug 98
<b>Sue Mayne</b>	<b>TTL</b>	<b>60-64 yrs</b>
100m Breaststroke	01m43.23	15 Aug 98
200m Breaststroke	03m43.36	16 Aug 98
<b>Barbara Brooks</b>	<b>VNL</b>	<b>60-64 yrs</b>
800m Indv. Medley	17m01.31	16 Aug 98
<b>Corrie Degroot</b>	<b>VNL</b>	<b>70-74 yrs</b>
800m Backstroke	17m54.71	16 Aug 98
<b>Alma Brecknock</b>	<b>SAM</b>	<b>80-84 yrs</b>
200m Freestyle	05m01.81	26 Jul 98

**SHORT COURSE MEN**

<b>Bernard Taurany</b>	<b>NRV</b>	<b>20-24 yrs</b>
50m Breaststroke	00m32.82	15 Aug 98
<b>Rob Edwards</b>	<b>QTW</b>	<b>25-29 yrs</b>
1500m Freestyle	18m30.39	29 Aug 98
<b>Matthew Wright</b>	<b>QPN</b>	<b>25-29 yrs</b>
400m Breaststroke	05m21.92	25 Jul 98
800m Breaststroke	11m38.59	25 Jul 98
800m Breaststroke	11m24.49	29 Aug 98
1500m Breaststroke	21m35.30	29 Aug 98
<b>Darren Whetton</b>	<b>VSP</b>	<b>25-29 yrs</b>
800m Indv. Medley	13m15.31	16 Aug 98
<b>Rob McBroom</b>	<b>QBC</b>	<b>35-39 yrs</b>
800m Backstroke	11m45.86	25 Jul 98
<b>Rob Spencer</b>	<b>QBN</b>	<b>35-39 yrs</b>
100m Indv. Medley	01m05.19	29 Aug 98
<b>Francis Christian</b>	<b>VDC</b>	<b>40-44 yrs</b>
200m Freestyle	02m07.33	16 Aug 98
800m Freestyle	09m21.39	16 Aug 98
<b>Stuart Pullen</b>	<b>NWO</b>	<b>40-44 yrs</b>
800m Backstroke	11m44.24	25 Jul 98
<b>David King</b>	<b>NRV</b>	<b>45-49 yrs</b>
1500m Freestyle	19m05.57	25 Jul 98
<b>Steve Selig</b>	<b>VMV</b>	<b>45-49 yrs</b>
200m Backstroke	02m33.26	16 Aug 98
<b>Len Cook</b>	<b>QHA</b>	<b>45-49 yrs</b>
800m Breaststroke	13m41.77	25 Jul 98
<b>Gerry Tucker</b>	<b>VMV</b>	<b>45-49 yrs</b>
800m Butterfly	13m39.22	16 Aug 98
<b>Greg Stewart</b>	<b>NET</b>	<b>45-49 yrs</b>
800m Indv. Medley	12m16.01	25 Jul 98
<b>Paul Wyatt</b>	<b>NCR</b>	<b>50-54 yrs</b>
100m Breaststroke	01m18.26	15 Aug 98
<b>Gary Winduss</b>	<b>VSP</b>	<b>50-54 yrs</b>
800m Freestyle	10m44.95	16 Aug 98

# **ALTERATIONS TO THE RULES effective 10 December 1998**

Code: as is delete add

## **R8 MEET RULES**

8.3 Individual entries shall only be accepted from persons representing clubs. No swimmer or team may be designated as representing a Branch, country or Federation.

8.6 For times to be accepted for Top Ten recording, meets must be conducted in bath-type pools of 25m, ~~33.4/3m~~, 50m or 55yards in length.

## **R9 NATIONAL TOP TEN**

9.5 A short course (25m pool) and a long course (50m or 55 yard pool) list of the ten best times recorded during the year----.

## **SW4 EVENTS AND CONDITIONS OF ENTRY FOR INTER-CLUB MEETS**

4.3.1 A swimmer must ~~fill in a race card~~ nominate for each event in which he ~~they~~ wishes to compete. It is important that the ~~card or cards~~ entries be filled in correctly and legibly. Failure to do this could result in the entry being refused.

4.3.2 ~~Relay entries are entered on relay cards. These entries will contain the name of the club competing and the event in which they wish to compete.~~ Clubs must nominate for each event in which they wish to compete. The ~~filling in nomination~~ of names, sex, and ages and registration numbers of the registered swimmers of the team ~~members will~~ may be done advised before the event is swum. Any special instructions for this will be announced at the meet.

## **SW5 OFFICIALS**

### **SW5.6 MARSHAL**

5.6.2 ~~advise the Referee prior to the swimmer's event, when initials MD (Medical Disability) appear on a swimmer's card~~ next to a swimmer's name.

### **SW5.8 CHIEF TIMEKEEPER**

5.8.1 allocate timekeepers to their lanes, and appoint Chief Lane Timekeepers who shall be responsible for recording the times ~~being taken on the card~~ when watches are used.

### **SW5.10 RECORDER**

5.10.1 The Chief Recorder is responsible for checking results from the AOE ~~printouts and~~ or the manual times recorded ~~on the cards.~~

5.10.3 be in possession of all current records and ensure that in the case of records being set or broken that all ~~cards are filled in~~ details have been recorded correctly on an official record form.

New Rule 5.10.4 be in possession of the current MD list and ensure that all relevant officials are notified when an MD has been requested.

### **SW5.11 RUNNER**

5.11.1 when required, collect all ~~cards~~ recorded times from the Lane Timekeepers after each heat and return them to the Recorder.

5.11.2 when required, distribute ~~race~~ time recording slips ~~cards~~ to Lane Timekeepers.

## **SW9 BACKSTROKE**

9.3 During the turn, the shoulders may be turned over the vertical to the breast after which a continuous single arm pull or a continuous simultaneous double arm pull may be used to initiate the turn. Once the body has left the position on the back, there will be no kick or arm pull that is independent of the continuous turning action. The swimmer must have returned to the position on the back upon leaving the wall. When executing the turn there must be a touch of the wall with some part of the swimmer's body.

## **SW10 BREASTSTROKE**

10.1 From the beginning of the first arm stroke after the start and after each turn, the body shall be kept on the breast, ~~and both shoulders shall be in line with the normal water surface.~~ It is not permitted to roll onto the back at any time.

10.3 The hands shall be pushed forward together from the breast on, under, or over the water, and shall be brought back on or under the surface of the water. The elbows shall be under the water except for

the last final stroke at the finish. The hands shall not be brought back beyond the hip line, except during the first stroke after the start and each turn.

**10.4 (addition)** All movements of the legs shall be simultaneous during the propulsive part of the kick.

**10.5** At each turn and at the finish of the race, the touch shall be made with both hands simultaneously at, above, or below the water level. ~~The shoulders shall remain in the horizontal plane until the touch has been made.~~ The head may be submerged after the last arm pull prior to the touch, provided it breaks the surface of the water at some point during the last complete or incomplete cycle preceding the touch.

### **SW11 BUTTERFLY**

~~11.1 The body must be on the breast at all times, except when executing a turn. The shoulders shall be in line with the water surface from the beginning of the first arm stroke, after the start and after each turn and shall remain in that position until the next turn or finish. From the beginning of the first arm stroke after the start and after each turn, the body shall be kept on the breast and both shoulders shall be in line with the normal water surface. Underwater kicking on the side is allowed.~~ It is not permitted to roll onto the back at any time.

**11.5** At the start and at turns, a swimmer is permitted one or more leg kicks and one arm pull under the water which must bring him to the surface. It shall be permissible for a swimmer to be completely submerged for a distance of not more than 15 metres after the start and each turn. By that point, the head must have broken the surface. The swimmer must remain on the surface until the next turn or finish.

### **SW12 MEDLEY SWIMMING**

**12.1** In individual medley events, the swimmer covers the four swimming styles in the following order: Butterfly, Backstroke, Breaststroke, and Freestyle.

**12.4** In Individual Medley events and Medley Relays an equal distance of each stroke must be swum. CLARIFICATION: Swimmers who commence with the wrong stroke in any leg cannot negate by stopping and returning to the pool end and recommencing using the correct stroke.

### **SW13 THE RACE**

**13.11** Any relay swimmer having finished his leg, must leave the pool as soon as possible without obstructing any other swimmer who has not yet finished his leg. Otherwise they relay team at fault shall may be disqualified.

### **SW14 RECORDS**

**14.2.4** ~~All relevant Officials mentioned in Rule SW1.1 must be present and active before a record can be attempted.~~ Times for records can only be accepted if all rules have been complied with and verified by the Referee.

~~14.2.8 If possible where a member is confident of setting or breaking a record the card must be duly marked and the Meet Director should be notified.~~ When a member is confident of setting or breaking a record the swim entry should be duly marked "RECORD ATTEMPT". The Chief Recorder should ensure all relevant officials are notified.

**14.2.9** When a record has been established and the time and competitor's details have has been recorded on ~~the entry card~~ an official record form, the card details should be verified by the Chief Recorder and then signed by the Referee ~~or Meet Director.~~

**14.2.13** A swimmer in an individual event may apply to have their intermediate distance especially timed, in accordance with SW14. ~~Such swimmer~~ Swimmers must complete the scheduled distance of ~~the an event to apply~~ be eligible for a record at the intermediate distance.

### **SW16 MEDICAL DISABILITY**

**16.2** Swimmers' ~~entry cards~~ entries must be prominently marked with the initials "MD" if they require medical disabilities to be taken into account by the Referee.

*The National Board has now passed a motion stating that changes to swimming rules SW7 - SW13 can only be considered at the National Board Meeting immediately following a FINA Congress.*

**An official copy of these Rule Changes will be forwarded to all Clubs and Referees in due course.**

continued from page 4

<b>Paul Wyatt</b>	<b>NCR</b>	<b>50-54 yrs</b>
100m Breaststroke	01m18.26	15 Aug 98
<b>Gary Winduss</b>	<b>VSP</b>	<b>50-54 yrs</b>
800m Freestyle	10m44.95	16 Aug 98
<b>Patrick Devine</b>	<b>VMV</b>	<b>50-54 yrs</b>
100m Indv. Medley	01m10.58	16 Aug 98
200m Backstroke	02m43.29	16 Aug 98
<b>Michael Moloney</b>	<b>VPP</b>	<b>55-59 yrs</b>
400m Breaststroke	06m21.63	16 Aug 98
800m Breaststroke	12m49.37	16 Aug 98
<b>Tony Strahan</b>	<b>VDC</b>	<b>55-59 yrs</b>
50m Freestyle	00m27.42	16 Aug 98
50m Freestyle	00m27.35	16 Aug 98
100m Freestyle	01m01.13	16 Aug 98
200m Freestyle	02m15.30	16 Aug 98
50m Backstroke	00m34.96	16 Aug 98
<b>Mal Innes</b>	<b>TTL</b>	<b>55-59 yrs</b>
200m Butterfly	03m01.94	15 Aug 98
<b>Tony Goodwin</b>	<b>NML</b>	<b>60-64 yrs</b>
0m Breaststroke	00m39.14	15 Aug 98
500m Breaststroke	26m53.38	25 Jul 98
<b>Geoff McKenzie</b>	<b>QSC</b>	<b>60-64 yrs</b>
1500m Backstroke	28m44.13	29 Aug 98
<b>Bob Barry</b>	<b>NLS</b>	<b>65-69 yrs</b>
400m Backstroke	06m39.93	25 Jul 98
800m Backstroke	13m26.38	25 Jul 98
1500m Backstroke	25m16.21	25 Jul 98
<b>Patrick Galvin</b>	<b>QWS</b>	<b>65-69 yrs</b>
400m Breaststroke	07m29.99	25 Jul 98
800m Breaststroke	15m39.68	25 Jul 98
1500m Breaststroke	29m56.90	29 Aug 98
<b>Royce Jackson</b>	<b>QTT</b>	<b>70-74 yrs</b>
1500m Freestyle	26m57.90	29 Aug 98
<b>Kevin Vickery</b>	<b>NET</b>	<b>75-79 yrs</b>
200m Freestyle	03m07.74	55 Sep 98
<b>Steve Wilkes</b>	<b>QBN</b>	<b>75-79 yrs</b>
1500m Freestyle	26m59.66	29 Aug 98
<b>Russell Dunn</b>	<b>QTT</b>	<b>80-84 yrs</b>
800m Freestyle	16m29.26	29 Aug 98
1500m Freestyle	31m02.59	29 Aug 98
<b>Arthur Thomas</b>	<b>QTT</b>	<b>80-84 yrs</b>
50m Backstroke	00m51.74	12 Sep 98
<b>Jack Mathieson</b>	<b>NSH</b>	<b>80-84 yrs</b>
1500m Backstroke	50m30.81	25 Jul 98
<b>Harvey Redpath</b>	<b>QSM</b>	<b>80-84 yrs</b>
1500m Backstroke	43m33.78	29 Aug 98
<b>Alfredo Cherchi</b>	<b>NTR</b>	<b>90-94 yrs</b>
50m Backstroke	01m17.84	15 Aug 98
<b>Jim Walker</b>	<b>QSM</b>	<b>90-94 yrs</b>
50m Breaststroke	01m50.85	29 Aug 98
<b>SHORT COURSE RELAYS</b>		
<b>North Lodge Neptunes</b>		16 Aug 98
Mens Freestyle	320+	04m08.34
Syd Krasey	Tom Rees	
Bob McCabe	Mal Parker	
<b>North Lodge Neptunes</b>		16 Aug 98
Mens Medley	320+	04m29.50
Syd Krasey	Tom Rees	
Bob McCabe	Mal Parker	

<b>Warringah Masters</b>		15 Aug 98
Mens Medley	200+	02m09.23
Brian Hayes	Tony Tooher	
John Parry	John Pagden	
<b>Manly AUSSI</b>		15 Aug 98
Mixed Medley	200+	02m25.97
Donna Miles	William Harris	
Stephen Lamy	Kathryn Langthorne	
<b>Doncaster Dolphins</b>		16 Aug 98
Mixed Medley	200+	02m21.79
Tony Strahan	Brian Walsh	
Susan Harbottle	Janet Sayers	
<b>** FINA Masters World Record</b>		

Darryl Hawkes  
National Recorder

## FEES TO PLEASE

There has been a change to the rules regarding the payment of the AUSSI registration fees. This does not effect normal AUSSI members who re-register each year.

To encourage new members to join AUSSI in the latter part of the year, AUSSI will now reduce its fees to 50% of the annual fee for those joining in the last four months of the year (previously the last three months). The fee for the same period is reduced to 25% if you pay the following 12 months registration in advance. We are hoping that swimmers joining from September will see the benefit of this and join up for the full 16-month period.

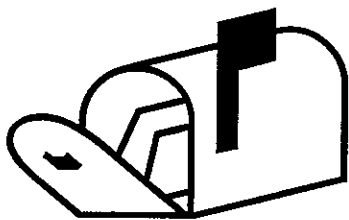
The National component of registration fees for 1999 has increased slightly from \$17.00 to \$18.00. Please note that Branch component is set by your Branch committee and there may be an additional Club fee. Please see your Club/Branch Registrar for the relevant details.

## Psst...just a tip.

Swimmers who are travelling overseas should take tipping into account when budgeting for their trip. Although it is not customary to tip in Australia, it is expected in most overseas countries, especially where wages are very low.

This proved to be somewhat embarrassing at the recent post-swim tour of Morocco as many swimmers did not heed this custom. AUSSI has since agreed to reimburse the \$US200 generously contributed by one of its members in order to help AUSSI save face and leave with our reputation intact.

It may not seem like much to us but a dollar or two per day makes a world of difference to the people who serve you and make your trip so much more pleasant.



## POSTAL CENTRE

### BUNBURY WINTER 3 x 400m POSTAL SWIM RESULTS

W.A. Club participation was very disappointing this year. We continue to be well supported by the Eastern States clubs. 92 swimmers competed this year, representing a drop of 8.

Most improved swimmer over last year's time was, Bunbury AUSSI club member Coral Ganfield, with an improvement of 2.30.61. The fastest swimmer went to the men this year, with Bryan Green posting 19.22.37 overall.  
Sandra Smith

### HOPPERS PROGRESSIVE PENTATHLON

The inaugural pentathlon is to be swum during a two-hour period on any day on January or February 1999 in the following order:

- 25m Butterfly
- 50m Backstroke
- 100m Breaststroke
- 200m Freestyle
- 400m Individual Medley

Results in each age group are calculated on the lowest aggregate time over the five events.

There is an Earlybird Special of \$15 (inc. cap & certificate) per entry if sent by 18 December 1998. See your Club Secretary for details and entry forms.

### OCEANIA MASTERS ONE HOUR SWIM

Got an hour to spare in November/December 1998 or in the January 1999 holiday period? Then why not have a go at this one-hour postal swim!?

The object of the event is to see how far you can swim in one hour. You must have an official present to count laps and record split times and the results must then be verified by a Club official. Then you'll be on your way to receiving a personalised certificate and a spot prize if you're lucky. Each Club will receive a full set of results.

All this for only \$5.00 entry fee! See your Club Secretary for Entry Forms and Split Time Sheets.

### ★ CONGRATULATIONS - Ivan Wingate - AUSSI OFFICIAL OF THE YEAR ★

Many of us know Ivan Wingate as the National Executive Director, NED, 'the face of AUSSI', etc. But do we know the real Ivan? The Ivan who likes nothing better than to get out there amongst the membership and see people reaping the rewards of all his hard work: adults swimming for 'Fitness, Friendship and Fun'.

Ivan is a qualified AUSSI Referee and spends many hours of his spare time Refereeing at local AUSSI meets. He was a common sight on pooldeck as Chief Referee at the 1998 National Swim in Hobart and has just recently returned from filling the same shoes at the HONDA Masters Games in Alice Springs. As a FINA Open Water Official, he officiated at the 5Km and 25Km World Championships in Perth in January of this year and as a FINA Masters Official and member of the FINA Masters Technical Committee, he was the Chief Referee for the World Masters Swimming Championships in Casablanca, Morocco. Officials under his supervision, were all FINA accredited and came from nine different Federations. Many of you would have read the amusing account of his experiences he wrote, entitled "Morocco Magic".

Ivan conducted three Officiating Workshops during the last twelve months – two in Adelaide and one in Alice Springs.

Such is his dedication to Refereeing at the South Australian Branch level that they nominated him as AUSSI Official of the Year. The National Technical Committee agreed that his nomination (for the period October 1997 - September 1998) was most worthy.

CONGRATULATIONS Ivan! It is wonderful to see someone who has been around AUSSI for so long being richly rewarded with such an appropriate title. From desk to deck, you are an important asset to AUSSI.



# ARC UND THE BC ARD...

## COMMUNICATIONS

The National Newsletter is to continue to be published on a bi-monthly basis. The new A3 format and new items are being well received. A scanner will soon be purchased which will allow photos, pictures and cartoons to be reproduced in the newsletter. This will certainly liven things up.

The National Recorder is to trial a new Postal Folio linking him with Branch Recorders. It is hoped that this will facilitate better communications between Recorders and soon spread to other portfolios.

## MARKETING

Once the new AUSSI logo is official, a nationally badged range of clothing and memorabilia will be developed. Got any ideas on what you'd like to see in the range? Then call David Speechley (National Director of Marketing) on (07) 3876-2822, fax him on (07) 3876-2833 or e-mail him at qms@the hub.com.au.

AUSSI has also developed a brochure and survey to be distributed at Masters Games meets to advertise AUSSI and find out more about Masters Games participants.

## MEMBERSHIP DEVELOPMENT

AUSSI is in the process of developing a two-step New Club Kit. This is for use when people inquire about forming a new AUSSI Club.

The first part will include basic information about AUSSI and the many & varied activities that are involved. It will also outline the basics of setting up a Club, giving them enough information to decide if they wish to proceed.

Once a group has decided to affiliate they will get "Part Two" of the kit which will include the administrative paperwork and the Club Development Guide disk.

## PLANNING

AUSSI is soon to release their Strategic Plan. Each Director has been asked to write a five-year working document based on this Strategic Plan by the end of 1998.

From this working document will come an annual plan which will allow flexibility for change whilst still encompassing the overall direction of the organisation.

This will give the Board a firm idea of how each portfolio fits into the National scheme of things.

## PROGRAMMES

The National Aerobic Trophy continues to be well received. Many Clubs are swimming for the first time this year and many other Clubs have increased the number of members participating. Several Branches have introduced Branch-based Aerobic Trophy awards using the same points system.

Some discussion was held on the formatting of results for 1998 and it was agreed to remain with the A4 format as in the past.

## RECORDING

The introduction of the 'Certificate of Performance' cards seems to be going smoothly as record applications are timely on the whole. The cards are proving especially popular with swimmers who are going overseas or to non-AUSSI meets who can have them filled in as evidence of their performance.

E-mail is proving a very efficient way of connecting with most Branch Recorders and National Record downloads are now being done regularly.

## SWIM MEETS

The National Swim Meet Guide has been released and a copy has been distributed to all Branches. This is an excellent guide covering areas such as Initial Actions Required to Conduct a National Swim, Convenor of the Organising Committee and details of the various Sub Committees required to run a meet at this level.

The guide is full of valuable information for Branch Swim Meet Committee members and even Interclub Swim Meet Directors who might be interested.

## TECHNICAL DEVELOPMENT

Rule Changes as outlined in the insert enclosed will come into effect on 10 December 1998. These rules will stay in place until the next FINA Congress. Updated insert pages for Handbooks will be distributed to Clubs and Referees in the near future.

AUSSI now has 29 accredited Referees. An updated copy of 'Guidelines for Referees' will be available in January. It will be sent to Referees and is available to anyone else upon request.

# AROUND THE BRANCHES...

## AUSTRALIAN CAPITAL TERRITORY

It has been 'full steam ahead' in the ACT Branch. We have held two relay interclubs this year, featuring both serious and silly events, the latter being well received. A prize went to Pam Alferink for her wagging tail in the 'Wagging the Dog's Tail' Relay on 23 Oct at Civic Pool.

We have been lucky to receive a grant of \$4000 from ACT Sports House. With the money we will be able to publicise two recently established daytime programs aimed at older swimmers and young mothers. A great co-operative effort between the Tuggeranong and North Canberra Clubs (and in particular Jill & David Mortlock and Margaret Hadfield).

## SOUTH AUSTRALIA

The 24 South Australia AUSSI's who competed at the Honda Masters Games in Alice Springs (17 - 24 October) returned home with a swag of medals. The competition was of a very high standard with some outstanding performances over the seven days. The upgrading of the pool, providing plenty of shade, was much appreciated in the hot conditions.

Everyone agreed they had a great time. Thanks to the friendly hospitality of the people of Alice Springs and Alice AUSSI in particular.

John Double

## NEW SOUTH WALES

We just held the NSW Short Course Championships at University of NSW pool on 17/18 October. 304 swimmers enjoyed a great meet - water, weather and whatever were fine... At the meet Jenny Whitely broke another World record smashing the 200m Breaststroke National Record of 3:01.23 and breaking the World record of 2:53.85 when she swam a 2:53.68. This has to be verified of course. A total of 40 State and 24 National records broken. Overall winners were Manly, closely followed by Warringah and North Sydney. Ettalong won the 1<sup>st</sup> place for a country club and also the average point score.

Di Coxon-Ellis

## TASMANIA

Most people in Clubs are swimming to complete the Aerobic Trophy Program entries before the end of the year. To help them along a short course interclub 400m meet is scheduled to be held soon. There is also a 1 km interclub relay in the pipeline.

Talays AUSSI Club had 10<sup>th</sup> birthday on 3<sup>rd</sup> October. (HAPPY BIRTHDAY! - Ed.)

AUSSI Tasmania's web page almost completed, we will advise you of the address in the next National Newsletter.

Pauline Samson

## NORTHERN TERRITORY

24 members of the Darwin Stingers recently returned from the Honda Masters Games. On arrival in Alice Springs the temperature was 40°C & dry but only a couple of days later struggled to make it to 18°C after an overnight low of 5°C! Gerda Williams swam 5 individual events, winning 5 gold medals and breaking 5 HMG records. She shared top aggregate points in her age group with her twin sister, Jannie Thompson. Twins Paul & David Gibson also shared top aggregate points in their age group. Alice Springs AUSSI won bi-annual Alice Springs AUSSI v. Darwin Stingers 8x50m mixed medley relay. The Branch AGM was held in Alice Springs where new office bearers were elected.

## VICTORIA

The theory component of our Level 1M Coaching course ran on 17/18 October with 17 candidates. The group were treated to some excellent sessions by the cream of Victoria's coaches/education presenters.

The practical component (a full-day Stroke Clinic with four top coaches) takes place on Sat. 28 November at Ringwood Aquatic Centre. A few places are still available for any swimmers who are interested in attending.

Jodi-Ann Beard

## QUEENSLAND

The ASPAC Masters Games on the Gold Coast are shaping up as the biggest Masters Swimming event since the World Masters Games with a record 552 entries.

Quite a number of Queensland swimmers contributed to Australia's credible fifth place with 34 medals (5 Gold, 16 Silver & 13 Bronze) in the swimming section of the recent World Masters Swimming Championships held in Casablanca, Morocco. In addition Australia won 5 Gold and 2 Bronze medals in the Open Water Swim.

## WESTERN AUSTRALIA

7<sup>th</sup> Pan Pacific Masters Swimming Championships  
15 - 23 October 1999 in Perth, Western Australia  
PROGRAM OF EVENTS (Fri 15: Registration)

Sat 16: 800m FR

Sun 17: 200m IM, 50m FLY, 100m FR, 4x50m Med Relay

Mon 18: 200m BRS, 400m FR

Tue 19: 400m IM, 100m BRS, 4x50m Mixed Med Relay

Wed 20: 200m BA, 50m BRS, 100m FLY

Thu 21: 200m FR, 50m BA, 4x50m Mixed FR Relay

Fri 22: 200m FLY, 50m FR, 100m BA, 4x50m FR Relay

Sat 23: Open Water Swim

Swimmers are limited to 7 individual events & O W Swim.