



**MASTERS
SWIMMING**
Australia

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NATIONAL

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NEWSLETTER

Is it time for another newsletter ? The last two months have whizzed past and I have only just recovered from producing the last edition.

It was great to receive some comments from Clubs (actually 2) in response to 'What Do You Think?' and also that Lane 9 caused a few to smile.

So what has happened to rest of the AUSSI membership? This is one of the opportunities to have your say and keep in touch with the latest developments. Of course an email would also be appreciated – if I received an email from every visitor to the site (20,000+) I could have a full time job just reading and responding.

Now is this edition is going to live up to expectations ?

Read the following:

- Message from our President, Mary Sweeney
- Memories of Munich from NED
- Update on the Pan Pacs
- Update on the 2000 National Swim
- What Do You Think ?
- Calendar
- National Records
- Sport Officials Code of Ethics
- Making the transition easier
- Lane 9 (the latest gossip)

The next edition will be just after the next Board Meeting and the results of the AMG and the Pan Pacs will hopefully be included. We wish everyone success in their chosen events.

Pauline Samson
Editor



Memories of Munich – from NED – Ivan Wingate, National Executive Director

I have just returned from a FINA Masters Committee meeting in Munich. Most of the matters addressed were in connection with the preparation for the World Masters Swimming Championships to be held there next year. For those who have “Memories of Morocco” and experienced the lack of ‘understanding’ of what is required to conduct an event of this magnitude, rest assured that it will be okay this time.

We did a site inspection of the facilities and the centre that was built for the 1972 Olympic Games is in incredibly good condition - better than some I have seen only ten years old. Probably the only draw back it would have when compared with a modern day facility, is that it has only eight lanes and not ten as is usually the case today. They seem to be confident however, that they can handle 6,000 swimmers or more. Despite the likely reduction in numbers from overseas because of the qualifying times, they expect greater participation from their own people because the qualifying times are much softer than those for the German Nationals i.e. they expect that many who can't get a swim in their National Swim will now be able to enter the “World Championships”.

The Open Water Swim will be held in the National Rowing Centre course (also built for the Olympics) which will be quite a contrast with Morocco too. The water is crystal clear from a spring and expected to be around 21 - 23°C. For ease of management, it will be a simple out and back course (up one side and down the other) of only about 4,600m.

The catering and social functions are to be held in an indoor facility built for equestrian, but is now a multipurpose arts centre - the Reithalle. It's a long walk from the pool, so they will have a regular shuttle service to and from, throughout each day. It's about a 7 min. ride and each night there will be professional entertainment with a different theme.

There's lots to see in and around Munich and the entry booklet will contain many of the day tours available. IST are also planning to have several trips available for AUSSI tourists, then after the Swim, an exciting time in, on and around the Rhine - details available soon.

I stayed one night in the Hotel chosen for our group who travel with IST. It is quite typical of the majority of hotels in Europe except that this one has recently had a re-fit i.e. new bathrooms, furnishings and everything is squeaky clean. It has a lovely dining area for breakfast, an adequate bar/lounge area and a pleasant outside courtyard with lots of greenery. I thought that it was much nicer than the much more expensive hotel the FINA committee are to stay at. It's not on the list of hotels in the entry booklet, but in the proximity of some of them. It's just a short walk to the underground (which is said to be 11 stations and 18 minutes to the pool - which I didn't test), but I do know that it is 10 - 15 mins walk (12 mins actual when timed) to the “Hauptbahnhof” (central railway station).

Across the road next to the taxi rank, is a huge electrical and photographic store with on the spot film processing, next to it is a huge modern furniture showroom, then next again is a huge “Pub” with dining areas, a beer hall and two (2) “Biergartens” (beer gardens). What more can one ask? About two minutes walk in a slightly different direction is St. Paul's Cathedral. A block and a half away is a mini-supermarket which sells fresh fruit, a wide range of breads etc., and ‘grog’. A bit further on you can buy spanners and engine oil, then there's a ‘Cheap as Chips’ type place with all sorts of useless stuff at good prices (including stationery and plastic ware), around the corner is a laundromat, then a continental deli with a lovely range of smelly meats and take-away pasta and further on there's lots more shops. There will be no need this time for petty pinching at the breakfast buffet. Also keep in mind that Dachau has re-opened, (but only for tourism at this stage).

As I said, the Hotel is typical - tiny lift, small rooms, no coffee making facilities, no airconditioning and no swimming pool. They had a steam-room, solarium and whirlpool which has yet to be rebuilt - maybe by next year (?). It does however have new fridges and the mini-bar prices are tolerable. It has cable television - all twelve channels in German (the same as anywhere). You can drink the tap water, it comes from the mountains, so there's some savings here.

Munich (or München as the locals call it) is in two parts - the old and the new. The beautiful 400 year old architecture is something to see and experience - especially with a litre stein of German beer in your hand and loud music playing (that's another story). English is widely spoken but all signage is in German. Some restaurants have menus in English, but most do not. It would be a good idea before you go, to learn a little German so that you can tell what's fish and what's pork. Prices are about the same as in Sydney. Shopping in the new section in the department stores is much like here.

Are there any questions?



A Message from the National President of AUSSI
Masters Swimming, Mary Sweeney.

I have now been in the position of National President for about two months and that time seems to have flown. Before I write anything further, I firstly must thank Glenys McDonald, our Immediate Past President, for her guidance of our organisation over the last six years. I am sure everyone joins me in wishing Glenys and Vic a well deserved rest.

The Darwin National Swim is now history and I thank our NT members for the generous hospitality shown to all interstate visitors whilst we were there. There were some problems with age group placings and the National Board sincerely apologises to those who were involved in the mix-up. Relay points are being recalculated also and amended results will be advised as soon as possible.

The next big events on our calendar are of course the Pan Pacs in Perth in October and the 2000 National Swim in Gladstone. Both look like shaping up as events not to be missed. Information on both can be obtained from your Club or Branch Executive.

To have or not to have a Members Forum at the 2000 National Swim has again been raised for consideration. In past years when Forums have been held, they rarely have been well attended - members want Forums but then don't attend and a Forum wasn't held at the National Swim in Darwin this year. The National Board however are always willing to answer any questions from members, and would willingly have a Forum if that is the wish of a majority of the members who will be attending the Swim.

So - Do You Want a National Forum at the 2000 National Swim ? Would you attend a Forum if it was scheduled at the National Swim ? The final decision to have, or not to have one, may depend on the Members/Clubs/Branches interest to this request. The Management Committee would appreciate you sending your thoughts to the National Office. It's over to you, members!

I hope to meet some of you at the Pan Pacs in October.

Yours in Swimming
Mary Sweeney.

Recently I was told that AUSSI needed to have a code of ethics for officials – my response was that There was Sports Officials Code of Ethics: to:

- ✍ Place safety and welfare above all else
- ✍ Accept responsibility for all actions taken
- ✍ Be impartial
- ✍ Avoid any situation which may lead to conflict or interest
- ✍ Be courteous, respectful and open to discussion and interaction
- ✍ Value the individual in sport
- ✍ Seek continual self improvement through study, performance appraisal and regular updating of competencies
- ✍ Encourage inclusive practices and access to all areas of officiating
- ✍ Be a positive role model in behaviour and personal appearance
- ✍ Refrain from any form of personal abuse towards athletes
- ✍ Refrain from any form of sexual harassment towards athletes
- ✍ Show concern and caution towards sick and injured athletes



Perth gears up to host international masters swim feast.

In October, Masters swimmers from around the corner and around the globe will converge on Perth's Challenge Stadium for nine days of international competition.

The 7th Pan Pacific Masters Swimming Championships is being hosted by the Western Australian Branch of AUSSI Masters Swimming. The event is set to attract an estimated 1,300 national and international swimmers, divers and water polo players, including previous Olympians, world record holders and previous and current masters world record holders.

The event is always hosted by a Pacific Rim country, with Perth the first capital city on the Indian Ocean to stage the event. While most competitors are drawn from every continent, swimmers from Alaska are looking forward to open water swimming in a warm ocean. And there's keen interest from large groups of Japanese swimmers, and from swimming clubs in Brazil, Mexico, South Africa and across Europe, and of course from across Australia.

All pool swimming events, diving and water polo will take place at Challenge Stadium. As the venue for the 6th FINA World Swimming Championships in 1991 and again for the 8th FINA World Swimming Championships held last year, Challenge Stadium is recognised as perhaps the best aquatic competition facility in the world.

A 3,000m Open Water event will be held in the ocean at Rottnest Island, which is 20km off the coast of Perth.

The history of the Pan Pacific Masters Swimming Championships dates back almost 20 years. An Australian initiative, the first event was staged in Sydney in 1981 and attracted 350 competitors. Sydney was to host the 2nd in 1983.

After an hiatus of six years, the 3rd Pan Pacific Masters Swimming Championships was held in Indianapolis, USA. The event attracted 1,000 entrants and saw over 200 Masters World Short Course Records broken or established.

More than 3,420 masters swimmers entered the event hosted by Tokyo in 1991. The majority of swimmers were Japanese – a reflection of the popularity of masters swimming in Japan. Between 300 and 600 Japanese competitors are expected at this year's events in Perth.

After Tokyo, the event moved to Hamilton, New Zealand in 1993 and was next staged in 1997 in Maui, Hawaii, attracting 1,100 from 23 countries.

The event offers Australian Masters swimmers the opportunity to test their mettle in the international arena. There may be rivalry between nations, but swimmers, who must be 25 years and over, compete as individuals in the friendly atmosphere that is the trademark of masters swimming around the world.

For information on how to enter call (08) 9441 8276 or write to The Organising Committee, 7th Pan Pacific Masters Swimming Championships, P O Box 2084, Claremont, WA, 6010

Entry forms are available on our website at: www.stmarys.wa.edu/panpacs/index.html

Making the transition easier. (Copy of note to Editor of AUSSI Victoria Newsletter from NED)

Dear Editor

I noted with interest, the final paragraph of the Victorian Branch Registrar's annual report where he said: *"I am willing to stand again only one more year at the maximum. I am working on procedural guidelines for the role and would be happy to talk to anyone about a changeover – immediate or gradual"* (John Turley).

John's offer I believe is excellent. An area most groups fall down on is in "handing-over" and AUSSI at all levels can improve considerably with this too. Too often we see an office bearer turn up at an annual general meeting and say "no" to carrying on and there has been nobody approached to take the job on. Then, someone gets railroaded into the position, without any preparation or knowledge of what the job entails. Consequently it becomes an unwanted task and is usually not done very well, whereas it could be interesting and personally rewarding if the incumbent is prepared.

Well done John and good luck with the abundance of offers.

Ivan Wingate – NED

CALENDAR OF NATIONAL/INTERNATIONAL EVENTS

	AUSSI/FINA Sanctioned meets.	OTHER (May be sanctioned by AUSSI.)
1999	16 - 23 Oct: Pan Pacs Masters Swim Championships PERTH, WESTERN AUSTRALIA 17-20 Nov: Hawaiian Open Water Championships	30 Sept - 3 Oct: Aust. Masters Games (Swimming) ADELAIDE, SOUTH AUSTRALIA
2000	21 - 24 April (Easter): AUSSI National Swim GLADSTONE, Queensland 27 Jul - 8 Aug: FINA World Masters Swim Champ's MUNICH, GERMANY 18 - 22 Nov: 2000 FINA World Open Water Championships, Waikiki Beach	5 - 13 February: New Zealand Masters Games DUNEDIN, NEW ZEALAND 26 - 30 April : Public Service Games, Melbourne 21 - 28 October: Honda Masters Games ALICE SPRINGS, NORTHERN TERRITORY 28 Oct - 5 Nov: Asia Pacific Masters Games GOLD COAST, QUEENSLAND
2001	March/April: AUSSI National Swim MELBOURNE, VICTORIA	5 - 14 October: 8th Australian Masters Games NEWCASTLE & HUNTER, NSW
2002		6 - 19 October: World Masters Games MELBOURNE, VICTORIA 2 - 9 Nov: VI World Gay Games, SYDNEY, NSW
2003		October: 9th Australian Masters Games CANBERRA, AUSTRALIA

The 25th AUSSI Masters National Swim is being held in Gladstone, Queensland from 21st - 24th April.

The swim is being hosted by the Gladstone Gropers and the committee is working hard to make this a very successful swim meet.

2000 NATIONAL SWIM UPDATE

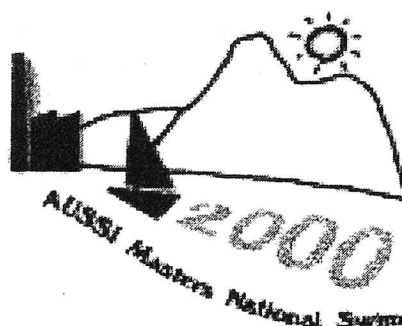
There is a website and email address for more information about the swim.

Check it out at this address: www.selcon.com.au/~aussiweb

email: aussiweb@selcon.com.au

and look at the following:

- ☉ Your Road to Gladstone
- ☉ Calendar of Events
- ☉ Swim Program
- ☉ Sponsor Links
- ☉ Masters Swimming Links
- ☉ "Silver Spruiker" Newsletter



The following AUSSI NATIONAL RECORDS have been approved since the last newsletter.

LONG COURSE WOMEN

Natalie Hamilton NRY 20-24 yrs
50m Breaststroke 00m36.44 12 May 99

Rebecca Foreman SAT 25-29 yrs
800m Backstroke 11m36.32 12 May 99

Jen Thomasson QSM 55-59 yrs
50m Freestyle 00m32.45 13 May 99
200m Freestyle 02m36.72 13 May 99
800m Freestyle 11m40.21 12 May 99

Gloria Hardy VNL 60-64 yrs
100m Breaststroke 01m43.85 11 May 99
200m Breaststroke 03m46.02 14 May 99

Madeline Evers WBM 80-84 yrs
800m Freestyle 26m18.83 12 May 99

Margaret Russell QIF 85-89 yrs
200m Backstroke 08m50.83 11 May 99

May Tromp WSM 85-89 yrs
800m Backstroke 37m14.08 12 May 99

LONG COURSE MEN

Stephen Lamy NML 50-54 yrs
200m Backstroke 02m42.90 22 May 99

Victor Paul WCM 55-59 yrs
800m Freestyle 10m46.10 20 Jun 99
1500m Backstroke 25m45.27 18 Jul 99
400m Butterfly 06m41.04 20 Jun 99
800m Butterfly 13m42.64 15 May 99
800m Indiv Medley 12m49.60 15 May 99

Gary Stutzel NTR 60-64 yrs
50m Breaststroke 00m38.27 12 May 99

Patrick Galvin VMV 65-69 yrs
50m Breaststroke 00m39.94 12 May 99

Allan Dufty NET 70-74 yrs
50m Breaststroke 00m42.70 12 May 99
100m Breaststroke 01m41.83 11 May 99
200m Breaststroke 03m49.78 14 May 99
50m Butterfly 00m38.45 12 May 99

Arthur Thomas QTT 80-84 yrs
400m Backstroke 09m21.41 02 May 99

SHORT COURSE WOMEN

Cherie Currie SLF 20-24 yrs
100m Breaststroke 01m16.78 06 Jun 99
200m Breaststroke 02m46.12 06 Jun 99
50m Butterfly 00m31.11 11 Jul 99
100m Indiv. Medley 01m10.22 11 Jul 99

Alison Pegg QWS 35-39 yrs
800m Butterfly 11m41.24 12 Jun 99

Margie Barrett QTW 35-39 yrs
400m Backstroke 05m49.15 13 Jun 99
800m Backstroke 11m56.67 12 Jun 99

Jenny Whiteley NRY 40-44 yrs
400m Butterfly 05m54.81 17 Jul 99
400m Indiv. Medley 05m40.09 17 Jul 99

Connie Frydrych NCS 45-49 yrs
400m Backstroke 06m21.03 17 Jul 99
800m Backstroke 13m04.80 17 Jul 99
1500m Backstroke 24m58.60 17 Jul 99

Lyn May NWO 50-54 yrs
800m Butterfly 17m30.89 17 Jul 99

Jen Thomasson QSM 55-59 yrs

100m Freestyle 01m11.34 13 Jun 99
200m Breaststroke 03m13.70 13 Jun 99
400m Breaststroke 06m50.47 13 Jun 99
800m Breaststroke 13m50.87 12 Jun 99

Tricia Legge QTT 60-64 yrs
100m Butterfly 01m48.53 29 May 99
1500m Breaststroke 31m41.01 12 Jun 99
400m Indiv. Medley 07m48.76 13 Jun 99

Robin Henze NWL 60-64 yrs
400m Breaststroke 07m49.05 17 Jul 99

Joyce Wills QBN 70-74 yrs
100m Freestyle 01m35.19 29 May 99
Norma Rudolph QSC 75-79 yrs
1500m Freestyle 33m21.39 12 Jun 99
400m Indiv. Medley 10m55.51 13 Jun 99

Persis Rae WWF 80-84 yrs
50m Backstroke 00m57.17 01 May 99

Alma Brecknock SAM 80-84 yrs
200m Breaststroke 05m15.88 11 Jul 99
50m Butterfly 01m38.65 06 Jun 99
100m Indiv. Medley 02m43.33 06 Jun 99

SHORT COURSE MEN

Andrew Osborne SLF 20-24 yrs
200m Breaststroke 02m38.47 11 Jul 99

Brent Walker TAC 25-29 yrs
1500m Freestyle 17m50.95 29 May 99

Robert Edwards QTW 25-29 yrs
800m Freestyle 09m20.38 12 Jun 99

Matthew Wright QPN 30-34 yrs
50m Breaststroke 00m31.27 29 May 99
100m Breaststroke 01m09.12 29 May 99
100m Breaststroke 01m07.66 13 Jun 99
400m Breaststroke 05m38.00 13 Jun 99
400m Butterfly 05m39.51 12 Jun 99
800m Butterfly 11m42.10 12 Jun 99

Peter Emery QBC 50-54 yrs
400m Freestyle 05m03.53 13 Jun 99

John Crisp QMM 60-64 yrs
1500m Backstroke 26m02.37 12 Jun 99
800m Indiv. Medley 13m10.51 13 Jun 99

Arthur Evans QSC 85-89 yrs
50m Breaststroke 01m02.70 29 May 99
100m Breaststroke 02m33.82 29 May 99

Darryl Hawkes
National Recorder

Opinions expressed in this Newsletter, whether editorially or by contributions, do not necessarily represent the views of AUSSI. Items on matters affecting AUSSI are welcome but all contributions are subject to the discretion of the Editor. Address all correspondence to the Newsletter Editor: P O Box 242, ROSNY PARK TAS 7018 E-mail: aussi@trump.net.au Phone/fax: (03) 62 43 6665 Closing date for the next newsletter (October) should be received by September 30th, 1999.

Bunbury Winter 3 x 400m Postal Swim Results

95 swimmers representing 24 clubs entered this years postal swim.

Most Improved swimmer this year was Janet Henry, from Twin Towns Services Masters Swimming Club, with a massive and impressive improvement of 4 minutes 41 seconds and 57 hundredths. The fastest swimmer for 1999 was Barbara Pellick from our own club (Bunbury AUSSI Masters) just 1 second in front of Shane Gould from Margaret River AUSSI.

Age group winners were

Ladies

20-24	Gabrielle Donnelly	QCN	21.17.27
25-29	Karen Newberry	QCN	19.52.00
30-34	Carol McCarthy	WMR	18.29.20
35-39	Barbara Pellick	WBB	18.10.80
40-44	Shane Gould	WMR	18.11.81
45-49	Kay Hutchins	QBB	20.45.02
50-54	Nerida Murray	NRI	23.52.53
55-59	Robyn Hughes	QSC	27.44.08
60-64	Patricia Legge	QTT	22.50.67
65-69	Janet Henry	QTT	32.10.44
70-74	Betty Gardner	QSC	33.35.72
75-79	Norma Rudolph	QSC	31.57.48
80-84	Nell Carew	NET	45.00.88

Men

30-34	Ben Taylor	NWS	18.21.22
35-39	Bryan Green	QCN	18.39.79
40-44	David Northfield	QAJ	19.35.75
45-49	Don Taylor	QCN	19.51.51
50-54	Owen Williams	QIF	20.22.25
55-59	Rex Neale	QPB	23.54.40
60-64	Ron Edwards	WBB	23.50.03
65-69	Allan Davies	AKP	30.57.17
75-79	Royce Jackson	QTT	28.07.27
85-89	Arthur Evans	QSC	35.16.18

Responses to What Do You Think in the last National Newsletter.

From Whitsunday AUSSI Masters

- ◇ They would appreciate the continuation of the publication of the National Top Ten Booklets. Not everyone has a computer and they find their members enjoy reading them.
- ◇ They would like to retain the badges for 1,3,10 million metres and then certificates for the aerobic swims.
- ◇ They feel that qualifying times for the World Masters Swim inhibits the average swimmer in competing in such an event. Masters is about fitness and fun and it seems that elite swimmers have a chance.
- ◇ And their Club is incorporated.

From Sandra Smith, Bunbury AUSSI Masters (her personal views)

- ◇ We still need to publish the National Top 10 booklets for a few years yet. There are still a lot of people who don't have access to computers yet.
- ◇ Cloth badges should be continued. Pieces of paper don't mean a lot and badges can be displayed proudly on sleeves. Would like to see badges for 1/2 and 3/4 hour. Also a badge for Aerobic Top Points rather than a certificate – deserves visible recognition. Are the 10 million badges made yet?
- ◇ Haven't had anything to do with a World Swim yet, and although not very fast would like to have the opportunity to enter at least 1 event. However she understands that having an open competition could make it a long event.

Many thanks for these replies – but surely there must be others who would like to have their say. So What Do You Think ?

- ☉ Being able to swim with another Club – when visiting another town for extended work etc. What fees are paid and what are the privileges you should enjoy ?
- ☉ Do we change a rule to eliminate the 'smarties' in AUSSI ?
- ☉ Do we publish Disq, DNS and DNF in official swim results and on the website for the world to see?
- ☉ Should we pay our Coaches ?



Lane 9



This is gossip and snippets of information heard around the Clubs and Branches.

If you have anything at all of any interest send a note,

or email me at aussi@trump.net.au

☺ What young, good looking State Coaching Director was pursued home after a night out in Adelaide recently ? That's a hard question with so many young, good looking State Coaching Directors to choose from, but it wasn't the one with the closely shaven, bared legs. Was this a mobile phone, a mobile waitress, or just Meals on Wheels ? Love from Carla.

👋 Who was the person finishing the Open Water Swim in Darwin during Butterfly ? It was a WA swimmer – apparently he likes to finish the last 10m in style. (Shares a name with the famous AUSSI platypus !!)

☺ Did you hear about the trainee Referees in WA having to deal with a formal protest at their first relay meet ? They thought it was joke !! Might as well throw them in at the deep end!!

☹ Overheard ? What's the difference between ignorance and apathy? I don't know and I don't care!!

■ Hmm!! You'd think that if a person gained 390 pts in the aerobic trophy, at least one of their best times would be in the Top 10.

\$\$ Our NED recently had a sleepless night - wondering how to determine the amount of GST to apply to the amount of copier toner in the machine as at July 1, 2000. (It's all part of the job!!)

☺ Had a message from a new AUSSI member, thrilled with the website and the 1998 National Top 10 rankings, however in his excitement he wanted to know if we had anything similar for 1999.

? *I don't suffer from stress, I'm a carrier!!*

🏊 At a recent short course Championships after an academic discussion a swimmer (Steve) challenged a younger swimmer (Brent) to swim the 200m Free in under 2:15 – the challenge was met with a time of 2:09 – Steve then had to swim the 100m Free as Butterfly and wear a pretty blue cap covered in flowers. He only managed the last 25m as the crowd cheered him home. Maybe he'll be a little more cautious next time – this may have been the alcohol that made him very brave!!

⌚ AOE is probably fantastic if it's working okay – but what happens if a swimmer breaks a National Record and there aren't the required manual back up times – oops!

✓ Tired of counting laps, especially in the 1500m backstroke when you also have to count strokes from the flags ? Try going through the alphabet instead – A-Z + A-D = 30 laps. Spend the lap thinking up words that begin with A, B etc, Greek Gods e.g. Aphrodite, Bacchus.....Zeus. Of course you fast swimmers won't have time to think !!

🚌 Just heard that some officials who were the last to leave the Casuarina Pool had to push the bus to help get it started. They are thinking of having this included in the training course and hours completed on the log sheet.

Z *No chicken philosophy this time, however have you heard this one ? Knock Knock , Who's there ? Cows Go , Cows Go Who ? Noooo, cows go MOOOO!*