



**MASTERS
SWIMMING**
Australia

AUSSINEWS.COM

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May 2000

25th Year Celebrations

Our 2000 National Swim in Gladstone at Easter was a fitting celebration of the 25th year of AUSSI. In the pool many records were broken, many medals won and many PBs achieved. Queensland Branch has to be congratulated for their hard work in making this event such a success. Much of the day to day organizing was undertaken by Gladstone Gropers and I especially include them in my congratulations.

The weather was not as kind as we would have liked, but this did not seem to dampen the spirits of the hardy swimmers or officials who persevered and kept smiling as the day grew longer and the breeze a little cooler. The city of Gladstone supported this event fully and I again publicly acknowledge the assistance of the sponsors and supporters from the community. At the presentation dinner we were honoured to have with us a number of foundation members from Branches and their presence helped us recall our humble beginning.

From New South Wales there were two foundation members - Paul Wyatt (who attended dressed in an original twenty-five year old green and gold Tshirt), Gary Stutsel (National Director of Membership, awarded an OAM several years ago for services to AUSSI and also Life member of AUSSI).

From Western Australia - Kay Cox, (National Director of Coaching and member of National Management Committee, also Life member of AUSSI).

From Victoria - Barbara Brooks who has attended more National Swims than any other member and is a past National Board member.)

From South Australia - Di Simons who from 1973 was a member of the Old Time Swimmers League of Adelaide, from which Adelaide Masters was formed.

From Australian Capital Territory - Judy Ford, former member of the National Board and currently undertaking the merchandising portfolio for ACT.

No Foundation members were present from Northern Territory, Tasmania or Queensland, although all of these Branches have foundation members still current members.

All those present joined with me in thanking our early members for their vision and persistence in those early foundation years of AUSSI. We then cut an anniversary cake donated by the Queensland Branch.

As with every major anniversary we reminisced about our past, we took the time to pause, to congratulate each on where we are at present and we attempted to look towards the future. Where ever the future takes AUSSI, all members can be assured that the National Board will be doing everything it can to continue the vision of our founders in each Branch and to uphold our motto of Fun, Fitness and Friendship.

Unfortunately all members could not be at Gladstone and to those of you unable to be with us for the official celebrations I say Happy 25th AUSSI Anniversary.

This 25th Anniversary year is also the Year of the Membership when the National Board resolved to look at retention of membership. We can all play a part in this especially at Club level and it can be as easy as offering a hand in friendship to a prospective new member. We can all only be richer for the effort.

Mary Sweeney
National President

Dear All

This a late newsletter due to the National Swim being held late in April. There was also the National Board Meeting also held in Gladstone after the swim. Check out the photos and the list of winners in the 'centre fold'.

The month of May saw our individual hits to the National website as 100,000 with over 500,000 page requests. Of course March and April were popular with the addition of the National Top 10 results and now the National Swim results are also there—computers, the internet and email are just part of our lives.

I found these quotes recently and would like to share these with you:

"I think there is a world market for maybe five computers" - Thomas Watson, Chairman IBM, 1943.

"There is no reason anyone would want a computer in their home." - Ken Olson, President, Chairman and founder of Digital Equipment Corp, 1977.

This brings up another suggestion—that members can request a copy of the newsletter (without bells and whistles) by email or may order by subscription. Of course the newsletter is available from the website.

Some of our members are to be part of the Olympic Torch Relay—Joan Curtain, Bill Trigg and Christine Jeffs (Darwin Stingers), Justine Bamford (Hobart) and John Davis (SAT) and Andrew Martin (SAM). Are there any others we should know about?

The number of National records published seems to get longer every time—I've indicated to the National Recorder that he can only have as many records as fit on 1 x A4 page!! He says it's the swimmers that need to be told!!

And I received this message:

Dear Ed,

The Feb AUSSINEWS.COM was distributed at a Club BBQ held on the shores of the lovely Derwent River and all members read it with interest. (Big Al, Glenise, Susan and Janet were positively nostalgic). A group of dedicated breaststrokes went straight to the national records section and were impressed to see that a former Tasmanian teenage swimming star is still setting records in his favoured stroke, albeit three decades later. So "Hi" to PD of VMV from TSB, your reputation lives on.

Cheers

Pauline Samson, Newsletter Editor.

HONDA MASTERS GAMES: 21st—28th October, 2000

Swimming to be held at the Alice Springs Swimming Centre; age groups 25+; 5 individual events not including the 1500m freestyle.

AUSSI Masters Swimming Inc rules apply as at close of entries.

For further information contact:

Honda Masters Games—freecall—1800 658 951

Email: hondamastersgames@nt.gov.au

Website: <http://www.hondamastersgames.nt.gov.au/sport/swimming.htm>

AUSSI NATIONAL RECORDS APPROVED SINCE LAST NEWSLETTER.

LONG COURSE WOMEN

Gabrielle Donnelly QCN 20-24 yrs
800m Indv. Medley 13m58.53 19 Feb 00

Lesley Mayes QTV 40-44 yrs
200 Freestyle 02m16.78 19 Feb 00

Shane Gould WMR 40-44 yrs
100 Freestyle 01m03.23 19 Mch 00
400 Freestyle 04m50.73 18 Mch 00
100 Butterfly 01m10.65 18 Mch 00

Penelope Steele QBN 55-59 yrs
50m Backstroke 00m38.07 05 Feb 00

Gerda Williams CDW 55-59 yrs
800m Backstroke 13m47.92 19 Feb 00

Thelma Bryan QCN 70-74 yrs
200 Butterfly 05m13.59 19 Feb 00
800 Butterfly 22m34.95 19 Feb 00

Marg. Cunningham QWY 75-79 yrs
50m Butterfly 00m51.40 18 Mch 00
200m Indiv. Medley 04m11.41 18 Mch 00

Betty Stern NHL 80-84 yrs
50m Freestyle 00m46.35 26 Feb 00
100m Freestyle 01m48.20 04 Mch 00
200m Freestyle 04m02.20 04 Mch 00
400m Freestyle 09m32.66 12 Feb 00
50m Backstroke 00m51.41 15 Jan 00 @
50m Butterfly 01m15.78 12 Feb 00
50m Butterfly 01m12.14 20 Feb 00
200m Indv. Medley 04m55.50 12 Feb 00

J Drake-Brockman WCM 80-84 yrs
50m Freestyle 00m40.89 18 Mch 00 @
100m Freestyle 01m41.53 19 Mch 00
100m Backstroke 01m58.08 18 Mar 00 @
200m Backstroke 04m15.23 18 Mar 00 @

Joan Knobel QBL 80-84 yrs
200m Breaststroke 05m28.45 26 Feb 00

Margo Bates QHB 90-94 yrs
50m Freestyle 01m13.15 11 Mch 00
100m Freestyle 02m53.87 11 Mch 00
50m Backstroke 01m45.75 11 Mch 00
50m Breaststroke 02m03.25 11 Mch 00

LONG COURSE MEN

Mark Fitz-Walter QMM 45-49 yrs
50m Butterfly 00m29.40 25 Mch 00

John Crisp QMM 65-69 yrs
50m Butterfly 00m37.02 05 Feb 00
50m Butterfly 00m35.04 25 Mch 00

George Stewart NWS 75-79 yrs
50m Butterfly 00m45.59 20 Feb 00

Ted Tansley VBC 75-79 yrs
200m Breaststroke 04m21.66 05 Mch 00

John Crisp QMM 65-69 yrs
50m Butterfly 00m37.02 05 Feb 00
50m Butterfly 00m35.04 25 Mch 00

George Stewart NWS 75-79 yrs
50m Butterfly 00m45.59 20 Feb 00

Ted Tansley VBC 75-79 yrs
200m Breaststroke 04m21.66 05 Mch 00

Robert McCabe VNL 80-84 yrs
400m Breaststroke 10m07.61 05 Mch 00

Sid Krasey VNL 80-84 yrs
50m Breaststroke 00m51.36 05 Mch 00

LONG COURSE RELAYS

Brisbane Southside 4x50m 160+ yrs
Female Freestyle 02m04.32 05 Feb 00
Jen Thomasson Nancy Richards
Donna O'Donnell Karyn Clark

North Lodge Neptunes 4x50m 320+ yrs
Male Medley 03m49.21 05 Mch 00
Tom Rees Robert Charles
Sid Krasey Robert McCabe

Sunshine Coast 4x50m 320+ yrs
Mixed Medley 04m41.19 25 Mch 00
Austin Baptist Arthur Evans
Norma Rudolph Nancy Rittson

SHORT COURSE WOMEN

Sue Needham QMW 50-54 yrs
400m Butterfly 07m28.08 04 Mch 00
800m Butterfly 15m05.03 04 Mch 00

Thelma Bryan QCN 70-74 yrs
400m Butterfly 10m42.45 04 Mch 00
800m Butterfly 21m53.95 04 Mch 00

Marg. Cunningham QWY 75-79 yrs
50m Freestyle 00m42.02 04 Mch 00
100m Freestyle 01m32.54 04 Mch 00 @
50m Breaststroke 00m53.70 04 Mch 00
100m Breaststroke 02m07.01 04 Mch 00
100m Indiv. Medley 01m50.50 04 Mch 00

Margo Bates QHB 90-94 yrs
50m Freestyle 01m11.85 10 Feb 00 #
100m Freestyle 02m58.33 08 Feb 00 #
200m Freestyle 06m47.61 09 Feb 00 #
100m Backstroke 03m57.10 10 Feb 00 #

World Record
@ Provisional World Record

Darryl Hawkes
National Recorder

NATIONAL SWIM 2000
April 21-24th, Gladstone, Qld.

Founder's Trophy Gladstone Gropers

Runner's Trophy Brisbane Southside

Visitor's Trophy Brisbane Southside

National Heart Foundation Award
 Jeanne Crawford QTT

Swimmers of the Meet

Female Lesleigh Mayes

Male Mark Que

Relay Trophies

80+ Gladstone Gropers
 120+ Gladstone Gropers
 160+ Brisbane Southside
 200+ Miami Masters
 240+ Gladstone Gropers
 Miami Masters
 280+ Miami Masters

National Aerobic Trophy
 Somerset AUSSI (WA)

Tassie Award
 Campbelltown AUSSI (NSW)

Coach of the Year
 Rod Porteous (QGS)

National Records

Women

L Mayes	QTT	40-44	400m Freestyle
			200m Freestyle
M Earp	NWG	50-54	100m Butterfly
R Henze	NWL	60-64	400m Breaststroke
T Bryan	QCN	70-74	200m Butterfly
N Rudolph	QSC	75-79	400m Butterfly
J Knobel	QBL	80-84	200m Breaststroke
M Russell	QIF	85-89	200m Backstroke
M Bates	QHB	90-94	100m Freestyle

National Records

Men

M Que	QGS	20-24	50m Breaststroke
			50m Backstroke
F Christian	VDC	40-44	400m Butterfly
N Kime	QRH	40-44	400m Breaststroke
M Fitzwalter	QMM	45-49	50m Butterfly
M Taylor	QGS	45-49	400m Breaststroke
G Stewart	NWS	75-59	400m Butterfly
A Thomas	QTT	80-84	400m Backstroke

The 7th (and last) Silver Spruiker was printed on 23rd April with these comments from the Meet Director:

Thanks for your contributions that have made the Spruiker interesting reading. You are all aware of the effort it takes to put together a national swim meet, hundreds of people doing lots of tasks in co-ordination. There will be many to thank after the meet is finished.

Qld Branch wishes every success to Vic Branch in their quest to present the 2001 National Swim. Good luck Victoria.

Thanks to Queensland as the Branch for hosting the National Swim and congratulations to the Gladstone Gropers for their outstanding achievement of conducting the swim in their home town— for their tireless efforts in making this a very successful swim meet. Well done!!

Opinions expressed in this Newsletter, whether editorially or by contributions, do not necessarily represent the views of AUSSI.

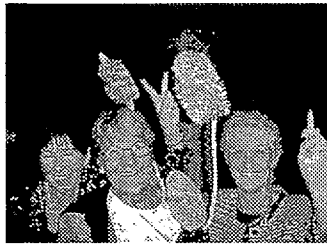
Items on matters affecting AUSSI are welcome but all contributions are subject to the discretion of the Editor. Address all correspondence to the Newsletter Editor:

P O Box 242, RSONY PARK, TAS 7018

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Phone/fax: (03) 62 43 6665

Closing date for next Newsletter (July) should be received by June 30th, 2000



Donna, Shirley & Deanna

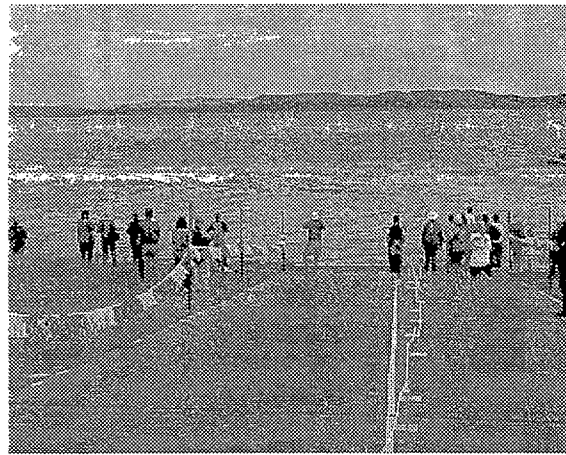


Lesleigh Mayes
Female Swimmer of the Meet

Mark Que
Male Swimmer of the Meet



Reg Pugh



Open Water Swim
Lake Awoonga



Rod Porteous
National Coach of
the Year



Opening Ceremony
AUSSI National Swim 2000



Gropers



Great heads showing off their
National Swim caps



Lyn, Pauline and Hayley

**CALENDAR of EVENTS
NATIONAL/INTERNATIONAL**

2000

- 27 July - 8 August 8th FINA World Masters Swimming Championships
MUNICH, GERMANY
- 21 - 28 October HONDA Masters Games
ALICE SPRINGS, NT., AUSTRALIA
- 28 Oct. - 5 Nov. Asia Pacific Masters Games (ASPAC)
GOLD COAST, QUEENSLAND, AUSTRALIA

2001

- 3 - 11 February New Zealand Masters Games
WANGANUI, NEW ZEALAND
- 4 - 8 April 26th AUSSI National Swim
MELBOURNE, VICTORIA, AUSTRALIA
- 5 - 14 October 8th Australian Masters Games
NEWCASTLE & HUNTER, NSW., AUSTRALIA

2002

- 22 - 24 March 27th AUSSI National Swim (*Short Course*)
(to be confirmed) SYDNEY, NEW SOUTH WALES, AUSTRALIA
- 29 March - 11 April 9th FINA World Masters Swimming Championships
CHRISTCHURCH, NEW ZEALAND
- 5 - 13 October 5th World Masters Games
MELBOURNE, VICTORIA, AUSTRALIA
- 19 - 26 October HONDA Masters Games
ALICE SPRINGS, NT., AUSTRALIA
- 26 Oct. - 3 Nov. Asia Pacific Masters Games (ASPAC)
GOLD COAST, QUEENSLAND, AUSTRALIA
- 2 - 9 November VI World Gay Games
SYDNEY, NSW., AUSTRALIA

2003

- March/April 28th AUSSI National Swim
PERTH, WESTERN AUSTRALIA
- October 9th Australian Masters Games
CANBERRA, ACT., AUSTRALIA

2004

- March/April 29th AUSSI National Swim

Letter received:

I was a member of our Twin Towns Services Masters swimming club that had the pleasure and good fortune to have competed and enjoyed the hospitality at the above swim.

To say that our members were pleased and delighted would be an understatement, especially the newer members some of whom who had never won a medal before in their lives. They were stoked and most will require larger hats. Some look like Las Vegas casinos when arrayed in all their medals.

As I have been involved at National level in the organizing of conventions I can fully appreciate the enormous work that went into the staging of 25th AUSSI Masters National Swim and all who had a finger in the pie can be very proud of themselves. But as is always the case there are some who can be a great deal prouder than others for as in most cases the load is carried by a few with broad shoulders. I am sure that none of our competing members or supporters have any complaints, only praise. There is always one nigger in the woodpile, me, but its constructive criticism about the open water swim.

I have competed in many open water swims from Coffs Harbours to the Sunshine Coast and most initially had course layout and bouy problems. My worst swim was the 5Kl swim in the rowing course lake at Nottingham. The water quality was similar to poor quality sewerage with a temperature between 14 to 17 degrees C. Have you ever seen a swimmer with three adams apples?

By no stretch of the imagination was Awoonga Dam anything like this but the very small marker bouys placed only at the extreme ends of each leg of the course made them virtually impossible to see, even from the elevated position on the shore. In the water they were impossible to see until almost on top of them especially those who are short sighted, I'll take a bow here. While there were a few rubber duckies etc. even they were very difficult to see when swimming in the very choppy water under a very dull sky.

The end result was that with the triangular course it meant many swimmers strayed (me included) to the right of returning faster swimmers on each leg, the first bouy in particular. There needs to be a very obtuse angle at every bouy to separate the returning swimmers from the outgoing swimmers. Best of all is a straight course or one with right angle corners.

Apart from that, no complaints, I bumped into no floating bodies and the water temperature was, in my opinion, excellent. Our pool here closed yesterday 20 degrees and several of our members happily completed 1 hour swims, no problems.

Again our members say thanks for an excellect programme.

George Maina --Twin Towns Services Masters PRO.

Reminder: Entries for World Swim, Munich—close on 27 June—faxed entries will not be accepted—so mail soon!!

Congratulations to WA AUSSI who has joined us in cyber space:

http://www.aussiwa.com.au
 email: aussiwa@iinet.net.au
 The Branch also has moved to new premises—their very own office.
 Postal address: P O Box 19, Westminster 6061. ☎ (08) 9440 6700
 Fax (08) 94406800

Some thoughts to ponder:

- Always remember you're unique—just like everyone else!
- Never test the depth of the water with both feet.
- Learn the rules so you know how to break them properly.

Lane 9

The following are snippets heard mostly around the pool—some names have been changed to protect the innocent. Have you any bits of good gossip to share?

- A relatively new swimmer in AUSSI set off in their first 400m freestyle aerobic—complete with fins—he thought he would get a faster time if his feet were as big as Ian Thorpe's.

At a recent Short Course Long Distance swim, Jan thought that when she lost sight of "the young thing" in the next lane that she had "burnt her off". "The young thing" was swimming an 800m and Jan was swimming a 1500m!!

- At training one night Kym was stopped at the end of the pool by some other concerned swimmers—they had noticed trickles of red down her face (from under her cap) - unbeknown to team mates, Kym had dyed her hair that day a nice cherry red colour.

It was mentioned that RB was too shy to come out of the motel bathroom wrapped in a towel even though he had been wandering around in his bathers at the swim meet—a lot skimpier than the towel!!

- Another swimmer described his pre-race "snack" - 1 very big hamburger, 2 sustagen drinks laced with protein powder, 5 pikelets (+bran), 2 pieces of dried paw paw and some nutslice—no wonder he was looking a little green towards the end of the 200 I/M.

This took place in the dark—One of my colleagues had woken up at 3am with a headache; got up placed a packet of mixed frozen peas and carrots (wrapped in a cloth) on his head; woke up suddenly with cold, wet, soggy vegetables trickling down his back; took packet to kitchen; went back to bed and took a mouthful of water from bedside table; guess what—partner had gathered up all the peas and carrots from the bed and placed in the glass. YUK!

- Did you like the comment from Susie O'Neill after semifinals of 200 Fly—her team mates assured her she had the Masters record!!

And they say there's no romance in marriage—apparently a recently married couple went on their honeymoon to the National Swim and shared their "digs" with 7 other club mates—were these the bridesmaids and their "best" men?

- Rob and Janina were being timed recently for a 400m aerobic swim, J was at least a body length ahead all the way—in the last 25m R

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Did you know that exits are on the way out?