

National Office, 148A Ferguson Street, WILLIAMSTOWN VIC 3016
 ☎ (03) 9399 8861 Email: ned@aussimasters.com.au
 Fax (03) 9399 8863 Website: <http://www.aussimasters.com.au>

June, 2001



The National Office.

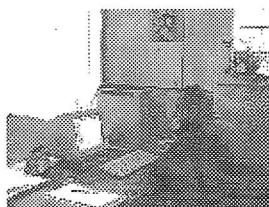


What you see as you enter the front door.

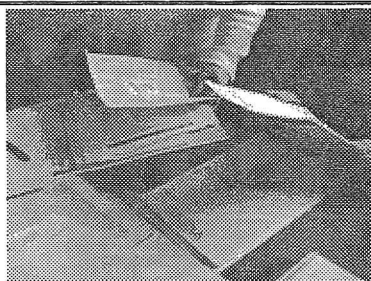


Julia (NED)

Many of you would be aware that the National Office of AUSSI has moved to Victoria and is situated at Williamstown. I had the opportunity to visit the office at a recent weekend workshop. The photos above show the entrance, the outer office and the office used by NED (Julia). The office has space for storage and a small meeting room. The workshop I attended was facilitated by Les Bee and it was to assist us re-accredit our technical courses. We worked from 9am–6pm (with a lunch break) and we got through most of what we had to do. Some of us have homework as well. Very soon, the new courses will be available and will use competency based training and assessment.



Les Bee (in the outer office)



Alan and Jeanette (Vic) sorting out their papers.



A view from the esplanade at Williamstown.



Where I stayed after the workshop—Heathville B&B—just fabulous.

The full colour version of this newsletter is available from the national website—in PDF format.

More recently the website has taken a bit of a facelift—I hope you have checked out the records, results, the link to the World Top 10 and the updated aerobic results.

And we are now a .com.au. The old address will still work for a few months as well.

In this edition there is information regarding insurance, the National Swim 2002, World Swim 2002, Australian Masters Games, the latest national records, plus a letter from NT, a poem from a swimmer in WA, a letter re heart surgery and of course Lane 9 (all these stories happened in Tas)

Happy reading

Pauline Samson (Editor)

As this is the International Year of the Volunteer and there has been a workshop to review all the technical courses, I thought you might find this article amusing:

Having (or giving) a Good Time

Announcement: Come on people, I know it's late, but we can't start the 800 until we have 24 timekeepers. If you can time, please help us out now!. (sounds familiar?)

You're thinking—I dunno how to use a stopwatch, but your swim is in heat six. So you're thinking, Oh God, kill me now. At least, if you knew how to time....

What follows is a Primer on Timing for all of us.....

- 1. Check the watch**
Most stopwatches used in today's meets have two buttons. If you ever get one with more buttons than that—trade with someone. Usually stop watches are right handed with the button on the right used to start and stop the watch. The button on the left is used to reset or take splits. However it's a good idea to hold the watch in the left hand and leave the right hand free to write.
- 2. Use your index finger, not your thumb.**
You'll hear that we're supposed to use our index finger rather than our thumb because there's some pulse or something in the thumb that's not in the index finger. If that sounds reasonable to you, great, use your index finger. If you want a better reason, try it both ways. You'll find your reflexes are better with your index finger, which is good, since it has no pulse and must otherwise be dead. At least it's good for something. Practice using your index finger. Good, now you're ready!!
- 3. Check your swimmer**
Okay you've volunteered because your swim is not until heat 6 and you didn't particularly like the shoes you're wearing anyway. When the swimmer arrives, he'll usually have a little card with his name on it, or you have a computer list on a clipboard. You should ask, 'Are you Bart?', if she says no, she may be in the wrong lane.
- 4. "Timers"!!**
Just before the race you'll be (should be) reminded to clear the watch. This could be your thumbs big chance to get in on the action....Good job!! See, you can do this.
- 5. Hold the watch up and relax**
Now the race is about to begin. Hold the watch up with the index finger on the right side button. And relax. Your reaction to the start is faster if you relax.
- 6. Watch for the flash, don't listen for it.**
Since light travels faster than sound, you'll want to watch for the flash—either from the strobe provided to accompany an electronic start, usually positioned to one side of the starter (that's the dude in white) - or from the side of the cylinder of the gun (the flash won't come from the muzzle because it's not a real gun—you know—blanks—the muzzle is just for show) - (Although Ken would disagree with that statement).
- 7. Keep your head in the game**
Now, pay attention to the race. If it's a short race, you're going to have to be ready. If it's a long race, you're going to have to know when it's over. And if it's a **very** long race, you may never get to go home.
- 8. Sight straight down on the finish**
As the finish approaches, you're going to want to lean over the edge of the poolside and sight downward through the plane of the finish line or end of the pool. Now do your best to stop the watch the instant the wall is touched. Usually the preferred body part is the hand, but in some backstroke events, the body part to first touch the wall may be quite exciting. (You won't want to miss this, so remember to lean all the way over). If a swimmer asks, you can tell him his time. If he doesn't ask, *believe me*, he doesn't want to know.
- 9. Don't drink**
Last thing—write the time down on the little card and wait for the starter to tell you it's okay to clear your watches. Don't reset until you get the okay, because there may be some deal where they don't know what they're doing and the referee will want to see all the little cards. He's the boss and if you screw it up, you won't get one of those warm, flat cokes in those sticky cups, they sometimes bring around.
- 10. Volunteer....please**
Okay. Now you know how to time. It's really pretty easy. So instead of sitting around and probably nodding off over the excitement, please volunteer to time. You'll enjoy it more. Oh, and mention my name. I'll get you a really good seat.

David Samuelsohn
USMS

COUNTDOWN TO THE 8TH AUSTRALIAN MASTERS GAMES

With only a short time to go before the start of the 8th Australian Masters Games, the organisers of the swimming component are preparing to welcome, what they believe, will be the largest number of adult competitors ever to attend a swim meet in this country.

Over two years of planning by the swimming committee, made up from members of the Cessnock club, has gone into presenting the swimming program, and all those involved are becoming very excited as they put into place, the finishing touches for this wonderful event.

The biggest news so far is that McGuigans Wines has agreed to become swimming's major sponsor for the Games. This is an important breakthrough, as this sponsorship epitomises the fun and friendship that will be prevalent during the four days of competition.

In another major development, Games organisers have agreed to provide medals for each member of the teams finishing first, second and third in all the relays conducted during the Games. This will be in addition to the team in each relay that swims closest to their nominated time, winning a special McGuigans wine pack.

Arrangements have been completed for the supply of polo shirts and baseball caps with the Games and Swimming logos embroidered on them. These will only be available by pre-ordering, using the flier enclosed with your registration receipt. According to the supplier, there will be other items of merchandise available at the Games, so that everyone will be able to have a memento of the greatest Australian Masters Games ever held in this country.

For all those people who cannot find accommodation close to the pool, don't worry, because free transport has been arranged on all forms of public transport, simply by showing your accreditation. This transport includes ferries and rail as far away as Gosford.

The social function to be held on Saturday night 13th October, will take the form of a trip to Davey Jones' Locker and promises to be a beauty. There will be champagne on arrival, a delicious three course meal and McGuigans wines on the table. A live duet called Fire and Ice, will provide music for dancing or beautiful background while you mix and mingle with your friends.

No expense is being spared in an effort to make this the four most wonderful fun filled days of your life. Every night there will be live bands at the Games Village, as well as a host of other entertainment and all you need is your accreditation to gain admission.

It is now anticipated that more than 27,000 athletes and their friends will be in the Hunter for the Games. Every day there will be surprises and wonderful things for you to do and see between and after your events. The atmosphere will be like nothing you have previously experienced, such is the effort being made to entertain you.

On Thursday and Friday evenings a 'Happy Hour' will be held in the club adjacent to the pool, so that you can relax and plan your nights entertainment. You will not believe the extremes to which the people of the Hunter Valley are going, to guarantee everyone a great time. Make sure you try and arrange your stay so that you can take in the Farewell Ceremony, because it is going to be huge, with up to 10,000 people involved in what will be a fitting finale to the greatest Games of all.

Phil Baird

Swimming Coordinator (02 4990 1295) email masterbaird@hotmail.com

The Registration booklet for the 8th Australian Masters Games is now available.
The games are to be held in Newcastle and the Hunter from 5-14 October, 2001.

Games office: P O Box 5199, Newcastle West, NSW 2302

☎ (02) 4974 8777 Fax (02) 4974 8778 website: www.nhevents.com.au email: sparksc@nhevents.com.au

Email received from John Pollock, Secretary of the Darwin Stingers.

Dear Editor (Pauline)

You might be interested to know (for newsletter purposes) that an initiative of Darwin AUSSI Masters - the "Stingers" - has been successful in having smoking banned within the precincts of the two pools managed by a private company on behalf of the Darwin City Council.

In November 2000, the club wrote to pool management and the council requesting that smoking be banned at the two pools, Parap and Casuarina (it had already been banned by the private operator of the other pool in Darwin).

The club cited the bans already in place at the other (privately run) Darwin pool and the Alice Springs pool, the known health hazards of passive smoking, the unpleasant odour of tobacco smoke for swimmers, the physical pollution caused by cigarette butts in the pools and on the surroundings and the need to promote healthy role models for children using the pools.

The request was discussed by the two pools' user committees and was supported by pool management, the NT Branch of AUSSI, the two amateur swimming clubs concerned and the Northern Territory Amateur Swimming Association.

Talk-back radio then got into the act, with the usual rhetoric about "smokers' rights" being used by those opposed to the ban and some interesting arguments such as the likely increase in child drownings if desperate parents were forced to leave the pool for a fag.

The City Council commissioned a survey of pool users which found an overwhelming majority of them in favour of a ban, support coming not only from AUSSI Masters, but also from age group swimmers and their parents and casual users of the pools.

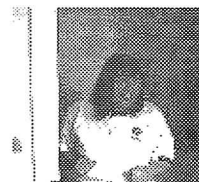
The Council subsequently adopted a recommendation of its Community Services Committee and introduced a complete ban effective 1 May 2001.

This might not seem to be a startling victory to those in southern states, but the NT lags notoriously behind the rest of Australia in anti-smoking legislation, eg, smoking is still permitted in restaurants and other venues in which it is banned elsewhere in the country. Darwin Stingers are proud of their achievement.

Regards
John

Thanks for sharing this initiative and success with the AUSSI membership. Congratulations on your success. It would be great to hear from other Clubs who are inspired to do something similar or have already had success. Ed.

Dear God
So far today I've done alright
I haven't gossiped
And I haven't lost my temper
I haven't been grumpy, nasty or selfish.
BUT in a few minutes God, I'm going to get out of bed
And that is when I'm going to need a lot of help. Amen



Julia (NED) taking the orders for tea and coffee at the recent Technical Workshop.

Insurance Matters

To reassure members that AUSSI's insurance policies are unaffected by the recent collapse of HIH:

Lowe, Lippmann Bott Pty Ltd has the following policies in place for AUSSI National:

POLICY	INSURER
Public & Products Liability	Gerling
Commercial Package	Zurich
Personal Accident—Group	Concorda
Directors & Officers Liability	Gerling
Professional Indemnity	Gerling

Lowe, Lippmann Bott is preparing a manual for distribution to AUSSI branches, and as soon as it is to hand, copies will be forwarded to you.

If you have any query in the meantime, please feel free to contact me.

Julia Phillips
National Executive Director

A letter from Les Beck (Qld)

Heart Surgery and Masters Swimming

I would like to add some comments to a letter (Apr 2001) written by JBW and your medical committee's reply to the questions raised.

I am male, 61 years old and have recovered from quadruple by-pass surgery three years ago, having been admitted to hospital with angina chest pains and very high blood pressure (no heart attack). My physical and mental rehabilitation has been so successful that in late 1999, I decided to resume swimming training, something I had not done since 1958.

A program of daily walking and a weekly 2000m swim soon brought about a noticeable improvement in my fitness and sense of well being (no scientific coaching/training monitoring has been undertaken).

In August 2000, I was 'discovered' by the Cairns Mudcrabs Masters Club and was invited to join, which I did with some trepidation. After full consultation with my GP, who has been monitoring me since the surgery, I took part in my first Masters carnival in Oct 2000. Recently I won medals in all my events in the State Swim in Townsville and am the holder of one state record in my age group.

My doctor informs me that my general health is excellent and apart from one daily aspirin, I am on NO medication. He has advised me 'to keep doing what I have been doing'.

I make these few comments, not to brag about my swimming progress (I am proud of my achievements) but yes to boast about my physical fitness and health and also to inform JBW and readers who may come across members of the 'zipper club', that we **ALL** need to be aware of our strengths and weaknesses, listen to and act upon the advice of medical experts and within these parameters— 'GO FOR IT!.

Many thanks for your letter Les. It would be great to hear from other members who have had similar experiences. Ed

IX FINA World Masters Championships, Christchurch, 2002

The registration booklets are now available from Branch Secretaries and also from the National Office.

Entries for all aquatic disciplines must be received before 8 Feb, 2002 and you can register online.

Pool swimming dates are from Sunday 24th March until Saturday 30th March and the Open Water swim will be a 3km swim on Sunday 31st March.

Registration fees are individual registration \$85 NZ and open water \$40 NZ, entry age is from 25 yrs.

Website: <http://www.eventnz.co.nz> for further details.

Preferred Travel Agent

The Management Committee has confirmed that Sports Travel Pty Ltd has been appointed as AUSSI's Preferred Travel Agent, and advise that the agreement between AUSSI and Sports Travel Pty Ltd has been signed.

Please promote Sports Travel Pty Ltd and support the Company that is supporting AUSSI.

Julia Phillips
NED

The Spirit of AUSSI Belmont

It's the young man who swims 800 for fun
With his Mum and his Nan looking on
Three generations all in the same club
A record that's second to none.

It's the big, big guy with his submarine turns
At first they can seem really daunting
Until you realise if you swim on his tail
You'll be pulled by his wash, - less exhausting.

It's the brand new Mum who comes for a swim
And she brings along beaut, baby daughter
But the coach will help out, with her eagle eyes
One on babe, one on the water.

It's the recognised champs who'll give you advice
With the odd quiet tip that will pay
It's the couple of stalwarts on a fund raising drive
Chasing tin cans down the highway.

It's the crusade to promote ocean swimming
By those who've experienced the thrill
It's honouring the memory of all the old mates
Who's spirits are with the club still.

It's grabbing members you don't even know
From countries a long way away
To make up a team for a relay or two
And then winning gold! I may say.

It's the comfortable mix of the young and the old
It's supporting the other 'Club Meets'
It's the ever pressing fund raising needs
It's the genuine support each for each.

It's being a part of a world family
Making welcome all those who would visit
It's members showing pride in their club
It's swimming, just for the Hell of it!

Mavis Gerrard
(AUSSI Belmont WA)



Masters Swimming NSW is pleased to announce that the Branch will be hosting the 27th Masters National Swim in 2002.

Dates: Saturday 16 March, Sunday 17 March and Monday 18 March.

Venue: Sydney International Aquatic Centre (SIAC) (home of the Sydney 2000 Olympics)

These Championships will be a short course event.

Events will be 50, 100, 200, 400 Freestyle, 50, 100 and 200 Backstroke, Breaststroke and Butterfly, 100, 200 and 400 Individual Medley.

More details can be obtained from the event web address:
<http://www.sydneymastersswim2002.com>

For enquiries email:
enquiries@sydneymastersswim2002.com

Note that these championships will be held one weekend prior to the 9th Masters Swimming World Championships in Christchurch, New Zealand from 22 March—3 April 2002.



Alan Davis,
National Technical
Director at the
recent workshop in
Melbourne.

AUSSI NATIONAL RECORDS

The following performances have been approved as National Records since the last newsletter.

LONG COURSE WOMEN

Deanne Nolan	QSM	20-24 yrs
400m Backstroke	06m03.34	06 May 01
Penny Palfrey	QRT	35-39 yrs
400m Freestyle	04m40.96	05 May 01
Joanne Sutcliffe	SAM	40-44 yrs
50m Backstroke	00m35.35	25 Mar 01
100m Backstroke	01m17.37	25 Mar 01
Connie Frydrich	NCS	45-49 yrs
400m Backstroke	06m25.31	23 Mar 01
Kathryn Langthorne	NML	50-54 yrs
200m Freestyle	02m36.82	25 Mar 01
400m Freestyle	05m22.68	23 Mar 01
Donna Dalzell	QTM	50-54 yrs
100m Backstroke	01m23.97	07 Apr 01
Susan Harbottle	VDC	50-54 yrs
100m Breaststroke	01m29.41	07 Apr 01
Diane Bockisch	VMV	55-59 yrs
50m Butterfly	00m37.80	06 Apr 01
100m Butterfly	01m28.61	04 Apr 01
Pam Fletcher	NET 60-64 yrs	
200m Butterfly	03m42.51	24 Mar 01
Tricia Legge	QTT65-69 yrs	
50m Breaststroke	00m47.98	24 Mar 01
100m Breaststroke	01m45.28	07 Apr 01
200m Breaststroke	03m57.29	05 May 01
Pam Hutchings	NET 65-69 yrs	
50m Freestyle	00m34.95	06 Apr 01
50m Freestyle	00m34.90	24 Mar 01
100m Freestyle	01m18.35	04 Apr 01
200m Freestyle	03m00.65	25 Mar 01
50m Backstroke	00m40.26	25 Mar 01
50m Backstroke	00m39.86	04 Apr 01
100m Backstroke	01m28.60	07 Apr 01
200m Backstroke	03m21.10	24 Mar 01
200m Backstroke	03m15.69	06 Apr 01
400m Backstroke	06m58.17	28 Apr 01
Barbara Vickers	NML	75-79 yrs
200m Breaststroke	04m34.27	25 Mar 01
Margaret Cunningham	QWY	75-79 yrs
100m Freestyle	01m29.19	04 Apr 01
200m Freestyle	03m25.74	07 Apr 01
200m Freestyle	03m22.38	06 May 01
50m Breaststroke	00m54.08	04 Apr 01
400m Breaststroke	09m35.38	06 May 01
200m Indv. Medley	04m04.43	05 Apr 01
Mary Garton	NBT80-84 yrs	
800m Backstroke	28m22.32	28 Apr 01
Joyce Faunce	QNA	80-84 yrs
400m Freestyle	09m06.97	05 May 01
Nancy Rittson	QSC	85-89 yrs
50m Backstroke	01m25.53	31 Mch 01
100m Backstroke	03m05.90	31 Mch 01
Clarice Artis	VNL85-89 yrs	
200m Backstroke	06m48.48	06 Apr 01
400m Freestyle	13m31.05	06 Apr 01
800m Freestyle	28m32.71	05 Apr 01
Margo Bates	QHB	90-94 yrs
100m Freestyle	02m44.21	05 May 01
200m Freestyle	06m15.03	06 May 01
LONG COURSE MEN		
David Whitelaw	ACN	20-24 yrs
1500m Breaststroke	27m12.97	28 Apr 01
Michael Petersen	NBT30-34 yrs	
400m Backstroke	05m23.52	23 Mar 01
1500m Backstroke	21m43.08	28 Apr 01
Stuart Meares	NWG	40-44 yrs
200m Indv. Medley	02m26.61	25 Mar 01
John Stacpool	NSA	45-49 yrs
50m Freestyle	00m26.12	06 Apr 01
Mark Taylor	VSP45-49 yrs	
100m Breaststroke	01m18.14	07 Apr 01

Peter Schuster

200m Butterfly

Michael Moloney

100m Breaststroke

200m Breaststroke

Dieter Loeliger

100m Breaststroke

Jonathon Davies

100m Breaststroke

200m Breaststroke

Bob Barry

100m Freestyle

200m Freestyle

200m Freestyle

50m Backstroke

100m Backstroke

100m Backstroke

200m Backstroke

Max van Gelder

50m Freestyle

George Stewart

1500m Backstroke

800m Indv. Medley

LONG COURSE RELAYS

Adelaide Masters

Male Medley

Michael Gray

Bronte Edwards

Manly

Male Medley

Barry Barker

Tony Goodwin

North Lodge

Mixed Medley

Clarice Artis

Bob McCabe

SHORT COURSE WOMEN

Pam Hutchings

50m Backstroke

200m Freestyle

Thelma Bryan

400m Backstroke

800m Backstroke

Barbara Vickers

200m Breaststroke

Joyce O'Farrell

100m Freestyle

200m Freestyle

Margaret Russell

50m Backstroke

SHORT COURSE MEN

Bronte Edwards

100m Butterfly

Paul Wyatt

200m Indv. Medley

Chris Bell

400m Butterfly

800m Butterfly

Jonathon Davies

200m Breaststroke

Richard Hartley

200m Freestyle

Stuart Somerville

200m Breaststroke

Edward Geary

200m Breaststroke

100m Indv. Medley

VFR45-49 yrs

02m23.12 07 Apr 01

VPP60-64 yrs

01m23.34 07 Apr 01

02m59.23 05 Apr 01

SAM **65-69 yrs**

01m33.86 07 Apr 01

SAM **70-74 yrs**

01m41.23 07 Apr 01

03m48.75 25 Mar 01

NWL **70-74 yrs**

01m12.59 04 Apr 01

02m41.89 25 Mar 01

02m41.18 07 Apr 01

00m39.86 04 Apr 01

01m27.67 25 Mar 01

01m26.89 07 Apr 01

03m04.57 24 Mar 01

NWG **70-74 yrs**

00m31.70 06 Apr 01

NWS **75-74 yrs**

36m22.76 28 Apr 01

21m35.36 28 Apr 01

SAM 4x50m 240-279 yrs

02m21.84 05 Apr 01

Dieter Loeliger

Ronald Hardy

NML 4x50m 280-319 yrs

02m50.21 05 Apr 01

Stuart Somerville

David Lawler

VNL 4x50m 320-359 yrs

04m18.37 06 Apr 01

Sid Krasey

Hazel Gillbee

NET 65-69 yrs

00m40.37 05 May 01 ##

02m53.49 05 May 01

QCN **70-74 yrs**

08m38.24 31 Mar 01

17m51.28 31 Mar 01

NML **75-79 yrs**

04m36.10 05 May 01

WSM **80-84 yrs**

02m06.06 05 May 01

04m31.51 05 May 01

QIF 85-89 yrs

01m46.57 31 Mar 01

SAM **55-59 yrs**

01m16.55 06 May 01

NCR **55-54 yrs**

02m48.83 05 May 01

QTV60-64 yrs

07m40.69 31 Mar 01

16m02.61 31 Mar 01

SAM **70-74 yrs**

03m42.87 06 May 01

WCR **75-79 yrs**

03m00.68 05 May 01

NML **80-84 yrs**

04m47.98 05 May 01

SAT80-84 yrs

04m40.95 06 May 01

02m01.22 06 May 01

Potential World Record

Darryl Hawkes

National Recorder

A complete list of the latest records (including the historical records) are available from the National website.

Lane 9

- Swimmer, nicknamed 'Turtle' ? - Overheard at a recent swim meet as he completed 1500m backstroke—oh, he's fine on his back, turn him on his front and he's useless!.
- Another swimmer not wanting to be the odd one out (literally) - 'I got up on the blocks and the others just slipped in—so I didn't want to be left behind so I slipped in beside them.
- Another 'senior' swimmer finished the 800m freestyle and it was noticed his eyes were rather red and were obviously stinging— 'My goggles leaked all the way!!!' Actually his goggles were on his forehead for the 32 laps!
- At the Australian Open Championships held in Hobart in March, a number of Hobart Dolphins volunteered their services as officials.
One Dolphin was assigned the task of controlling the competitors' entrance. The rule was simple: No pass, No entry. After several days of mingling with the best, one might have thought that she might slacken, but no. One day, a rather tall young man ambled up to the competitors' door. Ever vigilant, our Dolphin barred his way - "Young man" she said "You are not wearing your pass, so you can't come in!" Said young man stood his ground on his world famous size 17 feet and gazed down at our Dolphin. Not deterred, she gazed back up. Witnesses held their collective breaths - would we be deprived of another world record by his absence? Relief all round, the Thorpedo produced his pass from his back pocket - and was allowed in!
- "Fitness, friendship and fun" may be the motto for AUSSI, but for some, it might as well read "Records, records, records". At the Short Course Long Distance championships in Launceston one competitor managed to claim the 100m, 200m, 400m, 800m and 1500m records all in one long swim. A commendable effort - but did he let us know! So much so, that his driver threatened to put him in the boot for the long drive back to Hobart if he didn't shut up about it.
- The two armed backstroke has become endemic in Hobart, to the point where several swimmers are slicing 4-5 minutes off their 800+ backstroke times. One delighted member who was made aware of this remarked—"Thanks for letting me know that—gosh, there's a lot to be said for using two hands instead on one!!
- One of 'senior' ladies is in for a heap of stories this time—she was telling another tassie member at the recent Nationals about bumping her head during a short course backstroke (she can't see the flags too well), anyway people were telling her at either end of the pool—"Turn, Nan, Turn—anyone would think I was the Queen Mary under sail".
And she's been diagnosed with a new disease—metaprosis - (medical panel might have to advise on this one) - apparently it's unique to older Masters swimmers—causes the neck to bend forward due to the weight of 5 gold medals
And she was overheard to say at the National Swim Presentation Dinner when discussing her 5 gold medals—"Those old ladies didn't make it a contest!" (Well, she is only 82!!)
- For years some of us have been known to quote a member—as—"H said this or H said that"..... Well his latest pearl of wisdom at a recent branch meeting was concerning membership numbers—"We are one big happy family, however family members pass on and we need procreation to be able to continue and apparently this can be achieved by a good strategic plan." (Something for our NED perhaps?)

Opinions expressed in this Newsletter, whether editorially or by contributions, do not necessarily represent the views of AUSSI. Items on matters affecting AUSSI are welcome but all contributions are subject to the discretion of the Editor.

Address all correspondence to the Newsletter Editor, P O Box 242, Rosny Park, Tas 7018

Email: aussi@trump.net.au Phone/fax (03) 62 43 6665

Closing date for the next newsletter (August) should be received by July 31st, 2001.