

AUSSI

masters news

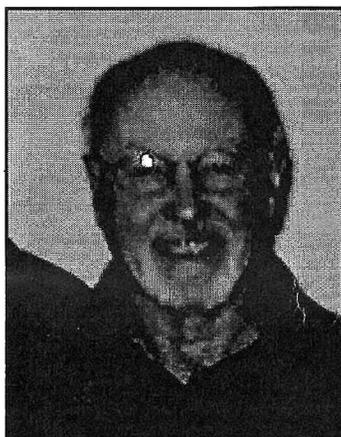
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**MASTERS
SWIMMING**
Australia

National President John Pugh



Above: John Pugh, President

October should be a good month from my point of view. Firstly it sees the Australasian Masters Games in Adelaide early in the month, which is always a pleasurable and well run event. Part of its excitement is seeing the non-AUSSI members emerge and put pressure on us with unexpected performances. I always hope that some of these participants will be persuaded to join an AUSSI club.

Secondly there is the annual October Board Meeting, which will see the notice of motion put to adopt the new constitution and by-laws, and more or less bring an end to four years of debate,

persuasion and revision. The process has been absolutely democratic and I hope that most misconceptions have been put to rest.

Clubs and Branches, the 'engine rooms' of our swimming and social activities, will hardly be aware that anything is changed because the changes are not radical. Branches retain control of the organisation through meetings of the *Association*, previously the Board, where branch delegates can vote according to the wishes of their branches. This happens now, and is not new.

The real change is in the *Board of Management* that replaces the present National Management Committee. It will have five elected members, instead of three, and these people will not represent branches or branch interests. Together they will be AUSSI'S 'think tank', and will consider strategic issues, such as the way in which we do, or can, fit into what is loosely called the 'sport industry'. This includes our relationship with FINA, ASCTA and

Swimming Australia and its programmes, and how adult swimming in general can grow within AUSSI and 'age-group' clubs and competitions. This is in addition to setting strategic plans and annual budgets for the Association to approve (or reject). So this new board will not be idle!

We should also be getting a full report on the results of the recent Club Database Project. We now know quite a lot about 141 of our 208 AUSSI clubs. Unfortunately we don't know any thing about 67 other clubs, which is disappointing. We can only help clubs that want to be helped.

Two other pieces of the survey information caught my eye. One was about participation in competitions and the other was about the type of help clubs would welcome from their branch or from AUSSI national.

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NATIONAL OFFICE

National President (cont...)

The average percentage of members per club that participate in the following Masters swimming competitions/programs are:

- Inter-club 35%
- Branch championships 26%
- National swims (in club's own state) 24%
- National swims (if interstate) 11%
- International Swim Meets 4%

So we are *not* an organisation pitched at elite swimmers and fitness and fun predominates, although there is a very small number of clubs that do focus on competition.

The National body and branches exist to provide services to clubs and their members so an important question is about the services that are wanted. The survey showed that the main kinds of help needed are:

- Attracting & retaining members 38%
- Marketing, promotion & media 30%
- Coaching 22%
- Officiating 18%
- Club administration 9%

We now have something to work on, either separately or jointly with branches.

In news from the National Office, Stephen Cardiff has resigned as Chief Executive Officer to pursue other opportunities in the industry. We wish him all the best for his future endeavors. Further details on what this means for the National Office are outlined below.

Finally, those of you who enjoy competing please get up to date with details of the National Swim in Melbourne next March and with the World Masters Swim in Perth, see the events section of AUSSI masters news for further information.

John Pugh
President

AUSSI National Office CEO Resignation



Above: Stephen Cardiff, Masters Swimming Australia CEO (30/5/2005-18/09/2007), volunteering at the 2007 FINA World Swimming Championships

Stephen Cardiff tendered his resignation with Masters Swimming Australia, effective 18th September 2007. Stephen leaves a legacy for the organisation, with his major achievements including:

- Writing an integrated Marketing, Communications and PR Plan;
- Coordinating the creation of a new organisational image to be

used on renovated website and nationally distributed promotional posters and brochures;

- Negotiating a sponsorship with Vorgee;
- Negotiating member benefits with various sponsors in preparation for a national membership card program;
- Leading an initiative to create a Member Protection Policy and transform the Risk Management Policy to bring it in line with the published industry standard;
- Implementing clear staff performance targets and appraisal processes; and
- Innumerable administrative tasks.

Prior to leaving, Stephen reflected on his time with AUSSI. "Over the last few years I have been impressed by the amount of passion and commitment for Masters Swimming existing at all levels of the organisation. In my role I have had the pleasure of

dealing with many passionate and committed people. The organisation is going through exciting times and I look forward to hearing news from Masters Swimming in the coming months and years."

"Professionally, I have learnt a great deal from this role. As I go forward to pursue other opportunities in the industry, I wish to convey my thanks and best wishes to everyone I have interacted in my time with Masters Swimming Australia."

Masters Swimming Australia wishes Stephen all the best for his future endeavors.

In light of Stephen's resignation, Loren Bartley has commenced the role of Acting CEO as of 19 September 2007. Loren will be in the office on a part-time basis, with the day-to-day administration of the office remaining the same with Jeanette Holowiuk as Administrator.

As a result of these staffing changes, the National Office operational hours will now be 8:30am-4:30pm Monday to Friday.

FEATURES

Club Database Project Summary

A big thanks once again to the 141 clubs that took the time to respond to the Masters Swimming Australia Club Database Project. A 68% return rate is an excellent response for a survey and reflects well on the organisation as a whole. The results of this survey have provided the National Management Committee and Board with valuable information in regards to the current position and needs of Masters Swimming Clubs. Masters Swimming Australia is also now in a much better position to provide accurate information about clubs in response to membership enquiries. A summary of key points of interest relevant to clubs have been provided below to provide some feedback to clubs in regards to the current landscape of Masters Swimming Clubs within Australia.

There were many themes that were evident through the information provided. For example, it was pleasing to see that the Masters Swimming Australia's motto of "fitness, friendship and fun" was evident within the culture of most clubs. This was further reinforced in the responses to various questions throughout the survey. For example, only 1% of clubs stated that swimmers had to compete to be a member of their club. The majority of clubs indicated that competition is encouraged rather than compulsory, as was attendance at training, with only 2% of clubs stating that they require members to attend club swimming training programs to be eligible to compete.

The "fun and friendship" elements of Masters Swimming was further emphasized with 76% of clubs indicating that they hold social functions for their members. There was a large range of activities listed, with the more common events being Christmas parties, presentation nights, group outings, after training breakfasts/coffees/dinner/etc, movie nights and bike rides. 48% of clubs

provided details of additional programs, events and/or awards their club offers to their members. There was a large range of responses, with the more common being Annual Club Awards, Club Newsletters, sea swims, club trips to competitions, stroke correction and charity events.

48% of clubs indicated that their club encourages members to participate in fundraising activities, either for their club (e.g. chocolate drives, raffle tickets, trivia nights, sausage sizzles and club functions) and/or for a named charity organizations or event (e.g. Walk for the Cure, Swim for Malaria, Swim for Heart, Swim-a-thons, Cancer morning teas), with many of these activities further promoting fitness, fun and friendship.

Masters Swimming Clubs on average seemed to be fairly inclusive in nature, with 72% of clubs indicating that their club programs were delivered in a way that is inclusive to all members of the community (e.g. people with a disability, culturally and linguistically diverse, indigenous, etc). In addition to this, 64% of clubs stated that the facilities they use to deliver programs are accessible for swimmers with a disability. Of those that stated that their facilities were not accessible, the main comments provided related to aging facilities, lack of control over the facilities and limited disability access available. 5% of clubs were established by Pool Management and 16% of clubs have a link with a Swimming Australia club. 14% of clubs stated that they have clubrooms, most being at the pool where they train in some form of shared arrangement with the facility.

30% of clubs stated that new members must have a minimum level of swimming competence prior

to joining their club. However, further highlighting the inclusive nature of clubs, the minimum level required was not very high. 7% of clubs defined the minimum competency as basic skills only or a few laps, 7% were more specific with a minimum of 25m, 9% required 50m, 3% required 100m and 1% required 200m. One club was more specific, requiring swimmers to pass the Australian Navy Swim Test, as their club was required to meet Defence Force requirements.

It seems that on average 82% of members re-join their club of choice each year and 23% of the memberships received come from new members. There was a large variance in the cost of membership fees, ranging from \$10 through to \$200, with the average being approximately \$73. Several clubs have pensioner rates/health care card holder rates, with some even having rates for couples. In addition to this, 60% of clubs require members to pay a pool entry fee to attend training. This is usually payable to the facility and price varies between \$1.50 and \$8, dependent on training venue. 29% of clubs require members to pay an additional coaching fee to attend training. This varies markedly between clubs; examples include a donation, \$1-8 per session or a weekly/monthly flat rate. In some cases the coaching cost is included with the pool entry fee or club funded. 40% of clubs stated that they charged members additional fees for uniform; however in most cases this was noted as optional. 13% of clubs provided details of additional fees they charged their members (e.g. social functions, lane hire and carnival fees).

On average, 58% of club members regularly attend club swimming training sessions. 48% of clubs indicated that 100% of swimmers

FEATURES

Club Database Project Summary (cont...)

attending their club training sessions are Members of Masters Swimming Australia, with the average number being 86% of swimmers per club. Swimmers attending club training sessions were further broken down into the following categories:

Category	% Swimmers Attending Training
Members of MSA (AUSSI)	86%
Open Water Swimmers	25%
Visitors (non-AUSSI members)	7%
Triathletes	5%
Surf Lifesavers	4%
Adults Learning to Swim	2%
Swimmers with a Disability	2%
Age-Group Swimmers	1%

NOTE: The above percentages add up to more than 100%, as some swimmers may fit into more than one category.

Competition/Program	% of Members Per Club
Inter-club	35%
Branch Competitions	26%
Aerobic Program	25%
Intra-club	25%
National Swim (conducted in club's state)	24%
Open Water Events	24%
Masters Games	13%
Postal Swims	13%
National Swim (conducted interstate)	11%
Million Metre Awards	8%
International Masters Swim Meets	4%

The average percentage of members per club that participate in the following Masters Swimming Competitions and Programs are:

In regards to Masters Swimming Australia Programs, 32% of clubs indicated that their club promoted the Masters Swimming Australia Million Metre Award to their members. Of those that indicated that their club does not promote this program, 6% of those clubs expressed that they were not aware of the program and 5% clubs indicated that their members were not interested in the program. A further 1% indicated that their older members achieved it years ago.

50% of clubs indicated that they promote the Masters Swimming Australia Aerobics Program to their members, with 40% of clubs offering specific sessions for this program. These sessions are usually conducted as part of

the regular training program. Examples included, weekly during a particular session (usually weekends) or monthly (e.g. 2nd Saturday of the month). 53% of clubs indicated that they submit all officially recorded times from Aerobic Swims and Time Trials for the Masters Swimming Australia Top Ten to their Branch Recorder. 44% of clubs promote the Masters Swimming Australia National Postal Swims and 29% encouraged members to log their training distances for the Masters Swimming Australia Million Metre Awards. Where Masters Swimming Programs were not promoted within clubs, the issues of lack of awareness and lack of interest were the main reasons provided.

57% of clubs stated that their club had at least one active accredited coach. Qualifications listed included L1M, L2M, SAL (Green, Bronze & Silver) Licenses, AUSTSWIM and overseas equivalents. 38% of clubs stated that they have at least one active coach that is not accredited. Some of these coaches had qualifications that had expired, were "in training", held other industry qualifications (i.e. SAL or AUSTSWIM) or the details of their qualifications were unknown to the club.

The number of active accredited technical officials per club was largely unknown to the respondents completing the surveys. Therefore, the numbers indicated were quite low, with the approximate number of active accredited technical officials per club is as follows:

- Timekeeper - 2.5
- Chief Timekeeper - 0.6
- Check Starter - 0.7
- Marshal - 0.6
- Starter - 0.4
- Referee - 0.4

74% of clubs indicated that they would welcome new members

FEATURES

Club Database Project Summary (cont...)

sourced through their Masters Swimming Branch and/or Masters Swimming Australia. In most cases this was due to the clubs already operating at capacity at training and therefore being unable to service additional members obtained through any source.

The main form of assistance that clubs would welcome from Branches and/or Masters Swimming Australia related to attracting and retaining members (38% of clubs), marketing, promotion and media came next

with 30%, followed by coaching (22%), officiating (18%) and club administration (9%). A workshop will be held following the October Board meeting to identify the best way that Masters Swimming Australia Branches and National Office can go about providing this assistance, as well as discuss the implication for the organisation as a result of the overall trends identified in the Club Database Project responses.

The need to provide further education for clubs in some areas

has become evident as a result of this survey. For example, 16% of clubs stated that they were not incorporated, with cost or too few members cited as the main reasons. Masters Swimming Australia is educating its members by featuring an article on Incorporation, outlining the pros and cons of Incorporation for clubs, in this edition of AUSSI masters news.

*Loren Bartley
Acting Chief Executive Officer
Masters Swimming Australia*

VALE Arthur Thomas (17/12/1917-07/08/2007)



Above: Arthur Edward Thomas accepting the 2007 National Swim Vorgee Male Swimmer of the Meet Award

Arthur Edward Thomas was born on the 17th December 1917, passing away on the 7th August 2007, four and a half months prior to his 90th birthday.

Arthur joined the Navy in late 1941

where he served as a Sick Berth Attendant, before he rose to the rank of Petty Officer. Followed by hostilities and many years of service to the citizens of the Philippines, Arthur survived a quadruple bypass, and a 2 year recovery period, before he commenced competitive swimming.

As an 81 year old in 1998, he broke 23 Queensland and nine National records in Masters and then in his last year in this age group (2001), Arthur broke every State record and most National ones, from 25m to 1500m in all backstroke and freestyle events.

Upon entering the 85-89 year age group (2002), he became World Champion, winning the 50m Freestyle at the World Masters Championships in Christchurch, New Zealand. Seven months later, he won five Gold Medals and broke three World Masters Games Records in Melbourne and was credited with 1st place in the FINA World Top 10, 100m Freestyle with a time of 1:34.55.

In 2003, as an 86 year old, he was

also 1st in the World Top 10, 1500m Freestyle with a time of 35:51.69. Again in 2004 Arthur was placed 1st in the 100m and 400m Freestyle. Arthur held a current Masters Swimming Coach Accreditation and for many months helped out the club members of Twin Towns Masters in lane 1. As an 88 year old, he broke his own World 400m time in 2005.

During 2006 Arthur underwent two major operations and did not compete in for 12 months. At the beginning of 2007 and his 1st year in the 90-95 year age group, he returned to the pool and though nowhere near his previous top form, still managed to win all of his events bar one at the Nationals and was subsequently honoured as Male Swimmer of the Championships.

As a member of the Twin Towns Masters Swimming Club, he was the oldest member and by far the club's most successful one, being named Senior Sportsman of the Year in the Tweed Shire in two separate years.

Affectionately known as "King Arthur" of the "Record Table" and because of his seniority, he held the dubious club honours of OBE & BAR (Over Bloody Eighty and the Oldest Bugger 'Ere).

FEATURES

Incorporation

One of the main problems that face administrators in the conduct of their club or association is the issue of incorporation. The fact that 16% of clubs responding to the Masters Swimming Australia Club Database Project questionnaire stated that their club was not incorporated highlights that many Masters Swimming Clubs within Australia either are or have at some time tackled the issue of whether or not to incorporate.

There is no legal necessity for a sport or recreation organisation to become incorporated if it remains a voluntary association. However, remaining unincorporated does leave the organisation in a difficult situation in regard to the law. If an association is not incorporated, legal rights and obligations can fall onto individual members, as the law does not recognise a club or association as having any legal existence in its own name unless it is incorporated by law.

Creation of a separate legal entity for the organisation through incorporation usually protects individuals within an organisation, provided the organisation operates within acceptable business and community standards. With the organisation having a legal existence, it:

- Exists as a separate legal entity, regardless of changes of membership;
- May enter into contracts;
- May own land and other property;
- Can sue and be sued in its own right;
- Can accept gifts and bequests; and
- May borrow money

Regardless of whether a sport and recreation organisation wishes to incorporate, it usually abides by

rules that stipulate the way in which the organisation is governed. When members join a sport or recreation organisation they generally subscribe to a constitution and a set of by-laws. Unincorporated sport and recreation organisations may also create difficulties in terms of the formulation of legal proceedings.

There is no legal necessity for a sport or recreation club to become incorporated if it remains a voluntary association. However any not-for-profit group with five or more members should consider the benefits of becoming incorporated. These include:

- Having club members protected, to a certain extent, from being sued individually if someone is injured while involved in activities run by your club;
- Improving your club's fundraising ability and eligibility for grants. Many local councils insist on it before allocating funds; and
- Making it easier to enter into leases, to open and operate bank accounts and to borrow money.

Major sport and recreation organisations within our community, which are on a larger scale, may be incorporated as companies limited by guarantee. However, not-for profit sport and recreation organisations generally incorporate under state legislation known as the Associations Incorporation Act. The acts are not identical in each State or Territory. Administrators should refer to the relevant legislation in the state in which the organisation is incorporated or intends to incorporate. Information on the relevant legislation is usually available from departments of fair trading or their equivalents in each State and Territory. Details of these organizations in each state have been provided at the end of this article.

Sports clubs can have different types of structures that lead to varying legal obligations.

When involved in setting up an association, consider the benefits of various alternative structures, including whether or not to incorporate, becoming a cooperative, or setting up a company.

It is wise to obtain legal advice to ensure you choose the most advantageous structure for your association and fully understand the legal implications of your choice.

Incorporated associations must have an approved constitution and rules detailing matters such as:

- Qualifications for membership
- Quorums for meetings
- Provisions for elections

Benefits of Incorporation: Incorporation makes the club or association a legal entity and gives it a legal structure, which is enduring and independent of the individual members that make it up.

- This makes it easier for the club to enter into contracts. For example, contracts for renovations to clubrooms and facilities.
- Incorporated associations can own and fully control property such as a club house or swimming pool.
- If the club is sued, the liability of club members for debts or damage is limited. By contrast, members or office-bearers of unincorporated associations may become personally responsible for debts or may be sued.
- An incorporated association can invest a bequest (gift made in a will). Generally, a gift cannot be made to an unincorporated association.

FEATURES

I corporation (cont...)

- An incorporated association can borrow money and operate a bank account in its own name and make a profit.
- It can be easier for an incorporated association to obtain government funding because of the association's stable and more settled structure.

Incorporation means registering your club with the government. To incorporate your club, you'll need to follow some procedures including authorising someone who is at least 18 years old to do the incorporation.

Although there are benefits to be gained from incorporation, there are

also obligations. Incorporation requires the payment of application fees, obliges the association to have its financial transactions annually audited or verified depending on income or asset level and lodge annual financial returns, requires that the association comply with the provisions of the Act regarding the running of the association and may require the association to hold a public liability insurance policy (this is insurance that covers club members for accidents and mishaps).

Incorporation is Advisable if the Association:

- Owns land or chattels;

- Enters into contracts, including employment contracts;
- Conducts public events or competitions where other people are invited to participate;
- Seeks to hold a liquor licence or permit;
- Has a reasonable turnover of money;
- Is likely to borrow money;
- Conducts any sort of business, whether charitable or non-charitable; and
- Charges fees to outsiders to see or participate in its activities

For further information on your State/Territory Associations Incorporation Act, visit:

ACT

ACT Registrar-General's Office

<http://www.rgo.act.gov.au/associations.shtml>

NT

Department of Justice - Consumer and Business Affairs

http://www.nt.gov.au/justice/graphpages/cba/clubs_assoc/index.shtml

NSW

Registry of Co-operatives and Associations, NSW Office of Fair Trading

www.fairtrading.nsw.gov.au

QLD

The Office of Fair Trading in Queensland

www.consumer.qld.gov.au

SA

Office of Consumer and Business Affairs

www.ocba.sa.gov.au

TAS

Department of Justice, Consumer Affairs and Fair Trading

http://www.consumer.tas.gov.au/business_affairs/incorporated_associations

VIC

Consumer Affairs Victoria

www.consumer.vic.gov.au

WA

Department of Consumer and Employment Protection

www.docep.wa.gov.au/associations

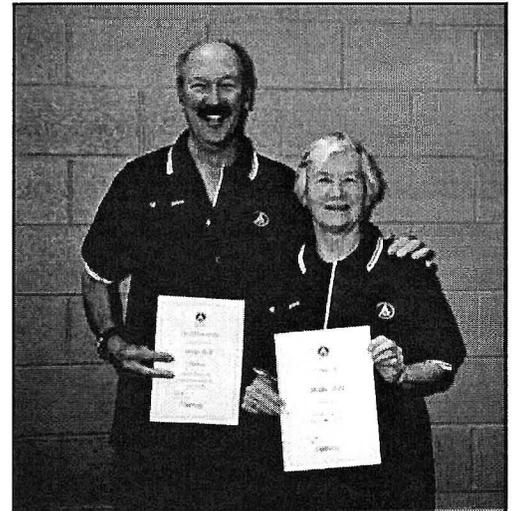
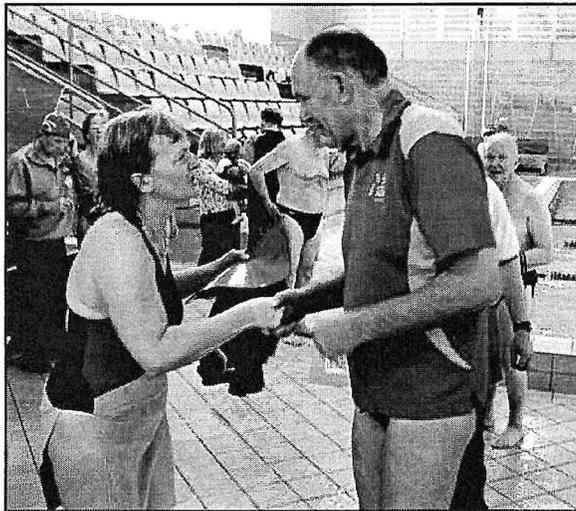
PROGRAMMES

Vorgee Million Metre Awards for water

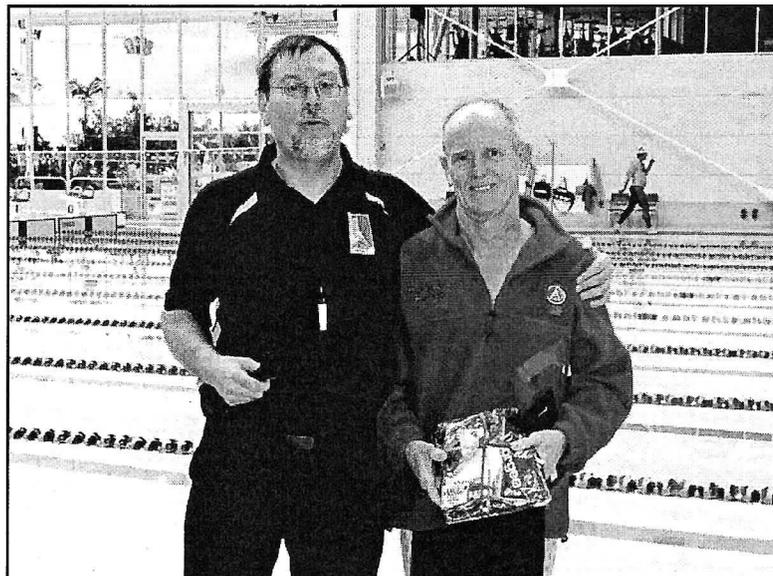
Congratulations to the following people, who have achieved their Vorgee Million Metre Awards from June to September 2007:

First Name	Surname	Club	State	Distance
Nancy	Haire	Brisbane Southside	QLD	1 Million
Christine	Dennis	Twin Towns	QLD	1 Million
Thomas	MacIndoe	Redcliffe Peninsula	QLD	1 Million
Cyril	Baldock	Coogee Randwick	NSW	1 Million
Katalin	Morden	Brisbane Southside	QLD	3 Million
Ken	Liddy	Twin Towns	QLD	3 Million
Tricia	Liddy	Twin Towns	QLD	3 Million
Gerry	Tucker	Malvern Marlins	VIC	5 Million

Right: L-R Anne Horner, TAS President, presenting Hector Beveridge with his Vorgee 3 million metre award



Right: L-R Paul Watmough, VIC President, presenting Gerry Tucker with his Vorgee 5 million metre award



Above: L-R Brian Hall and Thelma Sharp with their Vorgee 2 million metre award

BRANCH NEWS

South Australia

During May, June and July Life Be In It in SA hosts the annual Aquatic Team Challenge, which is staged fortnightly (7 swims) over a 14 week period. Swimmers were given the option of swimming 500m or 1km. The participants aim to increase the number of laps they are able to swim toward their designated distance or improve the time in which they swim their designated distance. 80 teams of up to five members per team, including over 300 participants from various companies around the City and metropolitan area participated. This year, for the first time, the SA Branch supported the event by supplying medals for the final presentation day and contributing swimming tips to the fortnightly Aquatic Team Challenge newsletter and hope to continue this relationship. Most participants are over twenty and are the perfect target group for AUSSI Masters membership. For further information, visit www.sa.lifebeinit.org.

Another successful Interclub Series (4) has been held over the Winter at the Adelaide Aquatic Centre with the winning club being Adelaide Masters with 2770 points. For more information, visit www.aussisa.org.au.

Club	Points	1	2	3	4
Adelaide Masters	2770	739	611	717	703
Atlantis	1893	418	569	474	432
Noarlunga	942	199	261	274	208
Tea Tree Gully	893	275	184	178	256
Marion	830	182	207	250	191
Henley Beach Masters	402	77	108	96	121
Aquadome Otters	52	13	13	14	12
Western Districts	44	10	11	9	14

The Mildura Masters Games were held in August. The SA Branch both sanctioned and strongly supported this event, supplying officials and Branch equipment, with many SA competitors participating in the event. This was another great Regional Masters Games and the swimming carnival gets bigger and better every time. Congratulations to Alan Erskine, Tubby Ramsay, Kerrie Whitelegg, Glenn Walker and all the rest of the local crew for putting on a top event. Again there was the usual Friday pilgrimage by Tubby's boat & a number of Houseboats to the Gol Gol pub for lunch. The meet was held over 4 days (Thurs-Sun) at the local 'Waves' complex which is great for the swimming and after swimming get together. The weekend finished off with the mandatory visit to the Petanque competition & lunch at a local winery. Make sure you mark your August 2009 in your calendars. Somewhere in the vicinity of 27 records were broken at the meet, including State & National. For more information, visit www.milduramasters.com.au.

The Openwater swim season is not far away and Shane Murphy OWS coordinator and the committee is meeting in October to finalise the calendar and tie up all the details in preparation. The

Branch has ordered more (2 Start - 2 Finish) Beach Flags or "feathers" as they are called, to be put out at Openwater swim carnivals. They have proved very successful at both Openwater Swims and outdoor pool carnivals, for judging the finish, advertising Masters Swimming & enhancing the atmosphere. They let people know who we are and hopefully create a bit more interest with the public for our events and AUSSI Masters Swimming.

The inaugural Australasian Masters Games which will be held in Adelaide from 5-14 October approaches rapidly. The swimming carnival will again be hosted at the Adelaide Aquatic Centre on the first weekend of the Games, as was the last Australian Masters Games swimming carnival in 2005. So far we have 319 registrations and SA Branch and members are looking forward to sharing several days of friendly rivalry in the pool as well as showing our guests some good old South Australian hospitality. I think the Worlds in Perth may have cut the numbers back a bit, but we still have a number of swimmers flying in from various parts of the globe. I would like to thank all entrants, partners & families for their support to the event and a special thank you to visiting officials without whom such carnivals would be difficult to stage. The next AMG will be in Geelong in 2009 and then back to Adelaide in 2011. For more information, visit www.AustralasianMasters.com.

The Port Pirie Regional Masters Games will be held 5-13 April 2008. They should be a good warm-up on the way to the Worlds in Perth 2008. The pool is a very well maintained outdoor 50 metre pool complex and the weather is usually pretty nice at this time of year. This is a terrific, well organised and friendly Regional Masters Games. Visit www.portpiriemastersgames.com.au for a registration booklet or call 1800 000 424.

Our annual presentation night is to be held again at the fantastic venue overlooking the fairways of the Royal Adelaide Golf Club in November. We are expecting another fine floorshow which is being managed and choreographed by Marj Muller and others.

Mike Walker
SA Branch President

BRANCH NEWS

New South Wales



Above: L-R Matthew Golby accepting the 2006 Campbelltown Branch pointscore Shield Division 2 from Ian Davis, NSW President

Annual General Meeting

At our AGM in June 2007, all the incumbents were returned to their Board positions; most committees members returned and a few new ones joined the ranks. This shows a healthy continuation of a successful Branch with the injection of new ideas at the same time.

- Swimmers of the Year were Lynette Stevenson and Paul Wyatt
- Warringah Masters won Club of the Year
- The Gary Stutsel Award was won by Mark Hepple for his significant contribution to MSNSW
- The Club Administration Award was won by Terry Gainey of Wests Auburn
- Seaside Pirates took out the Brian Hird Trophy (total points) and the Sue Johnstone Trophy (average points) for success at all weekend meets in 2006
- Campbelltown won both 2006 Aerobic Awards in NSW
- The 2006 BPS Division trophies were won by Novocastrian, Campbelltown,

Wyong and Gosford

- Swansea took out the Average Points for the BPS Meets 2006

Congratulations to all these winners.

Registrations

Towards end of August 2007, 1662 registrations had been processed in the NSW Branch office. We welcome a new club, Merrylands, and look forward to greeting their new members when they compete at Masters meets.

Relay Meet

This fun event at SOPAC attracted 369 swimmers from 16 clubs. As usual, thanks go to the fantastic officials, recorders and Volunteering NSW personnel for their hard work during the meet. Another great effort by Meet Director, Jane Noake, who organised the day for the many officials and swimmers.

Long Distance Championships

State Long Distance Short Course Championships were held on Saturday & Sunday, August 18 & 19, at Mt Annan Leisure Centre and attracted 142 swimmers from 30 Clubs. 19 National and many NSW records were broken. As the Championships were conducted over two days, it was not necessary to share lanes, and the 400m and 800m heats were run as races.

Branch Point Score Competition

At the BPS Meet hosted by Trinity AUSSI Masters the Betty Grant Award was presented to Bev Given of Warringah as an encouragement award for her contribution to AUSSI Masters.

Other competitions

An invitational meet was conducted in August at Kiama by the Branch Events Committee, 142 swimmers

including 17 non-members participated in this event. At this Meet 17 National and 26 NSW Records were set. The annual Hunter Sports Festival was also conducted at the end of June at Kurri. September will see the commencement of more frequent BPS meets as we head towards the warmer weather. The last Branch competition of the year will be the MSNSW Short Course Championships on October 20 & 21 at Tuggeranong in the ACT.

Vorgee Million Metre Awards

Melva McCarron from Wollongong has achieved her Three Million Metre award and Cyril Baldock of Coogee Randwick his One Million Metre award in just ten months.

Officials Courses

Two Timekeeper/ chief Timekeeper courses, plus one Marshal/Check Starter course, were conducted in NSW in the last three months.

Vale Arthur Thomas

Although Arthur is a member of Queensland Masters Swimming, his face and character was familiar to many NSW competitors. We say farewell to a great swimmer.

Di Coxon-Ellis
NSW Branch Secretary



Above: L-R Ian Davis, NSW President, presenting Jane Noake the 2006 Brian Hird Trophy for Seaside Pirates

BRANCH NEWS

Tasmania



Above: Anne Steele, first Tasmanian to swim the English Channel

The Tasmanian branch recently conducted our Winter (Short Course) championships at the Hobart Aquatic centre. Over 110 members took part and the competition was fierce with over a hundred branch records, seven individual National records pending and several National relays.

Hobart based swimmers took out the Swimmer of the Meet Awards. Sue Mayne (70-74) once again was female swimmer of the meet with one National and five Branch records, and Marciej Slugocki (55-59) was male swimmer with two

National records and six Branch. Other pending National record breakers were Andrew Horner (25-29), John Brice (85-89) and Erin Arnol (20-24).

The Launceston "Lemmings" won the Club Championship trophy for the 14th consecutive time, but only by a small margin – they may have to look out at the next championships.

Tasmanian Branch President Anne Horner also presented four Vorgee million metre awards at the meet – Hector Beveridge, Jenny Napier and Rod Oliver of Launceston all picked up their 2 million metre awards and Penny Davis of Hobart received her 2 million metre award.

Launceston based swimmers were popping the corks last week when the City Council finally (after 6 years and extensive lobbying) signed off on a new regional aquatic centre, giving the community a long awaited indoor facility. The proposed centre will have an eight lane 50 meter (with floating boom) indoor pool and a five lane 25 meter pool outdoors along with the normal kids play space and hydrotherapy pool. The facility will replace the current outdoor facility at Windmill Hill and is scheduled to open early 2009 and may be the venue for the 2010 National swim.

In other news, Hobart based swimmer Anne Steele became the first Tasmanian to swim the English Channel. Anne completed the swim in 10 hours and 58 minutes. In a recent media interview she hinted that she might go back and try a double crossing! Thank you to all the people that supported Anne's swim by donating to the Children's Cancer Fund. Anne raised over \$300,000.

*Ray Brien
Tasmanian Branch Publicity
Officer*



Above: Suzie Bowler and daughter Isobel (a future master?) at TAS Winter Championship

Northern Territory

Seeking new fields to conquer, a team of 11 swimmers from Darwin Stingers competed in the Singapore Masters National Championships from 30 June to 1 July 2007, breaking several NT records.

Another team of five competed in the Singapore Standard Chartered International Masters Meet from 24

to 26 August 2007. Again, there were several NT records broken and, provisionally, two Australian Records.

Stingers star Gerda Williams recorded 28:28.89 in the 65-69 years 1500m backstroke, shattering the existing long course record of 29:54.12, and 15:02.32 in the 800m

backstroke (old record 15:34.50).

At both meets, the Darwin teams were impressed by the welcome afforded to them and the standard of both the facilities and the operation of the meets.

*John Pollock
Branch Secretary*

BRANCH NEWS

Victoria

The Annual General Meeting of Masters Swimming Victoria was held on 21 August 2007. Although a small number attended, it was an increase from last year. Paul Watmough has been re-elected as President, Colin McCraith swaps from Vice-President Operations to Vice-President External Affairs, John Marshall returns as Technical Director and Rosa Montague returns as Publications Director.



Above: Bruce Allender, VIC Coaching Director

Bruce Allender from Malvern Marlins has taken over as Coaching Director, whilst Bruce Ripper has taken over the reins of the Finance portfolio in a caretaker role as the Board looks at making this position a more strategic one, investigating ways to assist Bruce in the day to day administering of this area.

The Branch conducted its State Short Course Meet in August with a slight increase in the number of swimmers competing on the day but a decrease in the number of relay teams. The 2007 State Long Course Championship presentations were also conducted at this event.

Malvern Marlins (1777) turned the tables on Powerpoints (1634) from 2006 by winning the combined club point score. Third was Doncaster (1185) with 4th place to Nth Lodge (568). The State Long Distance Long Course was conducted over two days in September and the State Long Course Relay Meet will be in November.

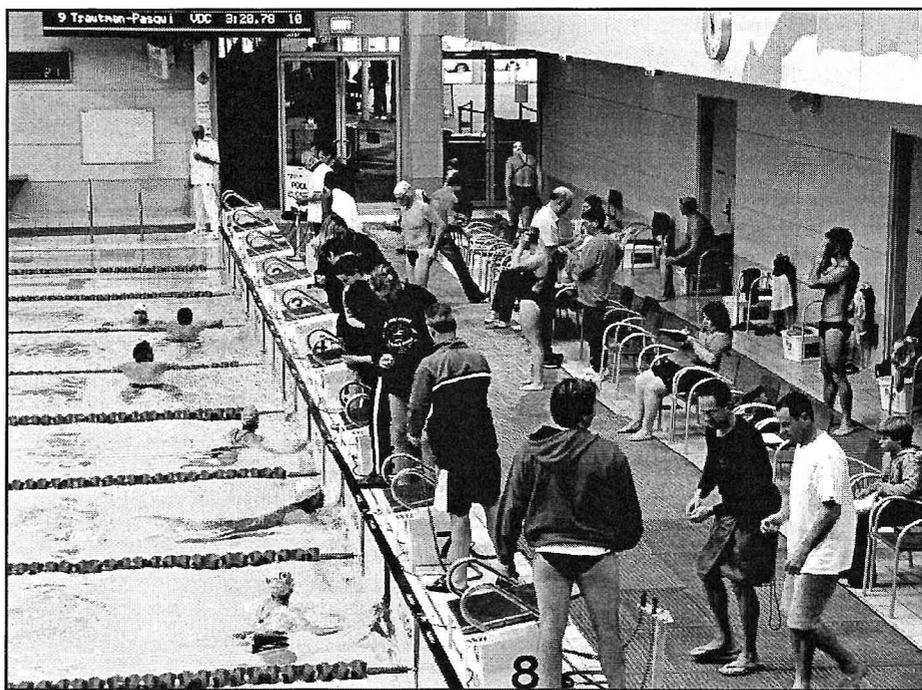


Left: L-R Paul Watmough, VIC President, presenting the Malvern Marlins Club Captain with the Winning Club Trophy for the 2007 State Long Course Championships

The Branch has a busy few months ahead with hosting the 33rd National Swim in March 2008. We are assisting the Glamourhead Sharks club in the conduct of the swimming events at the 1st Asia Pacific OutGames in February 2008. We have also been approached to conduct the swimming events at the 2009 Australian Masters Games in Geelong in February 2009.

Our numbers for 2007 have remained steady but we are expecting an increase with the National Swim in Melbourne. The Asia Pacific Games and the FINA World Swim are sure to attract prospective members also.

Jeanette Holowiuk
VIC Branch Administrator



Above: A race finish at the 2007 Victorian Short Course Championships

BRANCH NEWS

Western Australia

WA member numbers are up by about 60 from the same time in 2006, with a further increase expected with 16-month members joining soon to compete in the 2008 FINA World Masters. Peter Maloney has joined the Board, taking on the portfolio of Director of Development. Peter is working at getting potential clubs affiliated and developing strategies to assist smaller clubs to be more viable.

The BE ACTIVE Spring into Swimming membership growth project was launched at Mandurah AUSSI's distance swim meet on 12 August 2007. Many thanks to Mandurah for hosting this function which was well supported by the Mayor of Mandurah Paddi Creevey, who congratulated Mandurah AUSSI on being such an important part of the local community. Clubs will receive their annual promotional kit from Healthway soon to assist in promoting their clubs during the



Above: L-R Jenny Crake (President Mandurah AUSSI), Jack Busch (MSWA President) and Paddi Creevey (Mandurah Mayor).

project period. The 2007/08 Open Water Swims Calendar was also launched at Mandurah and advertises over 30 open water swims for the summer.

An OWS Workshop was held on 25 August 2007 as part of our event sanction process for MSWA clubs conducting OWS events during summer. Updated information was provided and clubs were able to share what's good and what's not for continuous improvement of their events. Feedback received has all been positive and this augers well for the up-coming OWS season to ensure all groups conduct safe and fair events.

Masters Swimming WA is excited to announce that we have a new website that is now more user friendly to members and potential members alike. The new address is www.mastersswimmingwa.asn.au.

World Record Holder Sally Bell was presented with her World Record Certificate at the August Council of Clubs meeting with her family in attendance.

Wendy Holtom
WA Branch Executive Officer

Queensland

The Queensland Branch is currently preparing for four major swim events which are to take place within the next two years.

The first event is the Short Course State Titles, which is scheduled for 20-21 October 2007 at the Noosa Aquatic Centre. The second is the Long Course State Titles, scheduled for 8-9 March 2008 at the Brisbane Aquatic Centre. The Pan Pacific Masters Games will be held 6-9 November 2008 and may include an open water swim. The final major event is the National Swim 2009, with a proposed date of 30 April to 3 May 2009 at the Brisbane Aquatic Centre. We will also be involved in the OWS held annually by QLD Swimming, taking place later next year.

All four swim committees have been put into place to cater for the

preparation and planning of these events.

Clubs throughout the state have continued to hold successful swim meets, including one of our smallest and newest clubs, The Nerangatangs. By all accounts it was a very successful and well organised swim meet.

The trial use of Meet Manager at swim meets in the South Region has been successful and based on the reception it's had from clubs that have used the program, we hope to be able to encourage clubs in the central and northern regions of Queensland to consider using it at their swim meets.

Members have continued to break records, with 39 individual State records and 10 State relay records broken between February and July

this year and 13 National records between May and July.

Five of the State records and two National records were broken by Arthur Thomas in early June this year. Sadly Arthur passed away a little over 2 months after breaking these records. Arthur was a respected and well known member of the Twin Towns Services Club and his enthusiasm and commitment to Masters Swimming was inspiring to all QMS members.

Currently we have 50 affiliated clubs and 1337 members. Our membership is increasing steadily and heartening is the fact that more and more swimmers in the 20-40 year age groups are joining Masters Swimming.

Helga Ward
QLD Branch Administrator

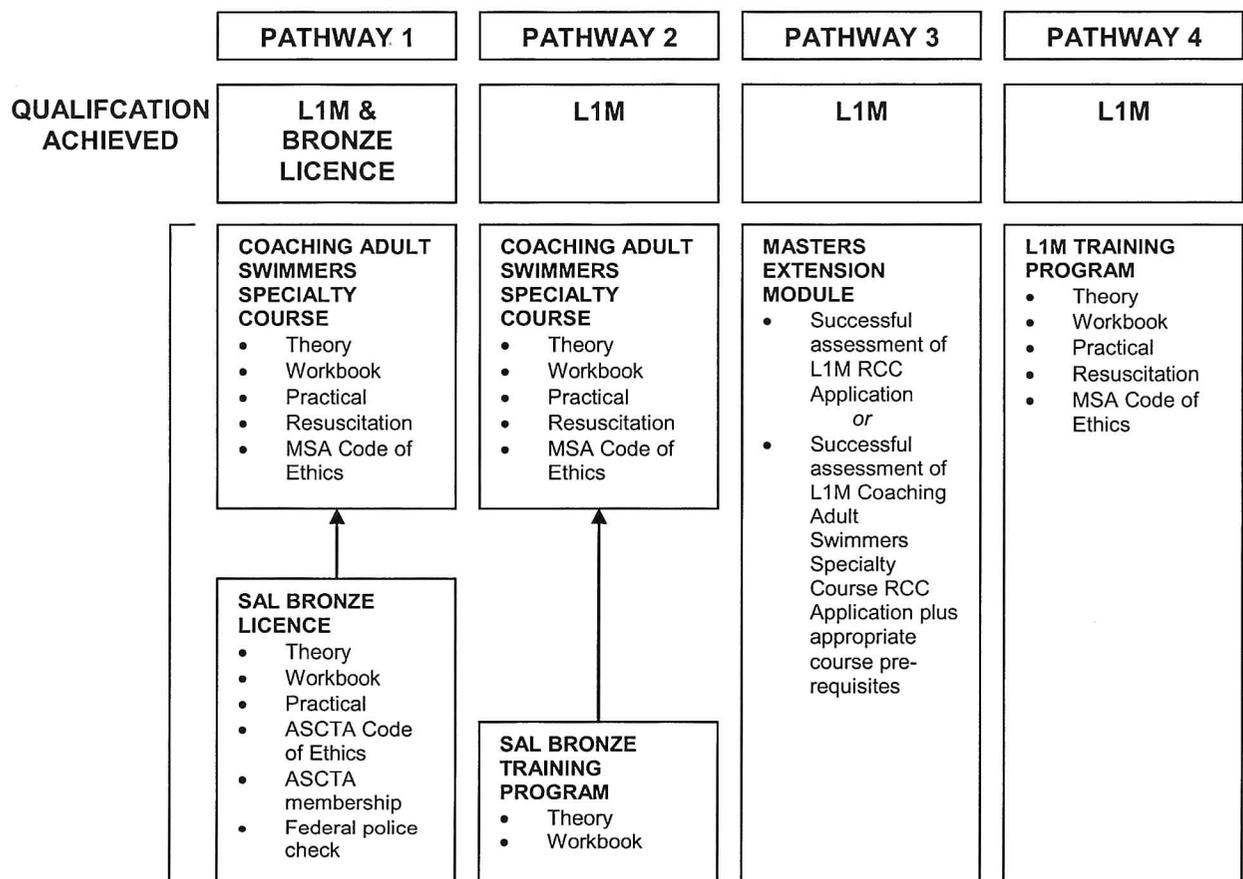
NATIONAL COMMITTEES

Coaching Competency Based Training

Masters Swimming Australia has two Accreditations registered with the Australian Sports Commission (ASC) National Coaching Accreditation Scheme (NCAS); the Level 1M and 2M Swimming Coach Accreditations. The training programs associated with both of these accreditations adhere to the NCAS requirements of Competency Based Training (CBT).

CBT is defined as “the application of skills and knowledge in the workplace to an agreed standard”. CBT aims to provide all coaches with access to a needs-based and flexible training program, which helps the coach to gain the required competency standards for the respective level of accreditation the coach is seeking. Competency in this instance relates to what a person can *DO*, and to what standard, in order to become a qualified coach.

Masters Swimming Australia has embraced the principle of flexibility in CBT by providing several pathways to assist coaches with varying backgrounds, experience and education needs to achieve the Level 1M Swim Coach Accreditation. By providing a more flexible approach to learning, Masters Swimming Australia has also been able to make this accreditation more accessible to coaches. Examples of the various pathways toward accreditation as a L1M Swimming Coach are outline in the diagram below.



Above: Example Pathways toward accreditation as a L1M Swimming Coach

Each Level 1M pathway has been designed to enable coaches to achieve the required standards described in the competency statements, whilst recognising prior learning (RPL) or current competencies (RCC) the coach may already have.

NATIONAL COMMITTEES

The benefits of each pathway are as follows:

Pathway 1 – This pathway is the recommended pathway to become a L1M Swim Coach and has the added bonus of gaining two qualifications in the process. It is also the best option for coaches that currently hold a SAL Bronze Licence (or higher) who would like to become a Masters Swim Coach. It involves the coach completing all aspects of the SAL Bronze Licence right through to accreditation and then undertaking the Coaching Adult Swimmers Specialty Course and achieving competencies within this Course.

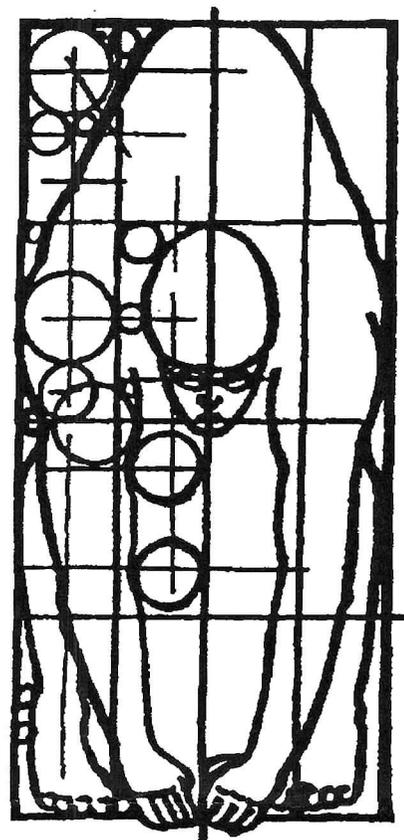
Pathway 2 – This pathway is recommended for individuals who wish to become a Masters Swim Coach, who have no interest in coaching junior swimmers. They still attend the SAL Bronze Training Program and complete the workbook assessment, but they do not have to undertake the practical coaching hours nor complete any of the Australia Swim Coaches and Teachers Association (ASCTA) requirements. The main difference between Pathway 1 and 2 is that coaches undertaking Pathway 2 usually need to undertake more practical coaching hours prior to being assessed as competent for the Coaching Adult Swimmers Specialty Course Practical Assessment Task. The drawback for this pathway is that the coach would receive the Level 1M Swim Coach accreditation, but not the SAL Bronze Licence.

Pathway 3 – This pathway is suitable for those individuals who

have significant prior learning and experience relevant to coaching Adult Swimmers and are able to demonstrate RCC in all or some units of the Masters Swimming Australia Level 1M Training Program. Full RCC as a means toward accreditation will be granted when all the stated competencies of the Level 1M have been met, provided the applicant can also show evidence of the course prerequisites (where appropriate). Coaches who have undertaken the SAL Bronze Training Program and have additional training and experience relevant to coaching Adult Swimmers can apply for RCC using the Coaching Adult Swimmers Specialty Course RCC Application Form. Coaches who have not undertaken this course, but have additional training and experience relevant to coaching Adult Swimmers can still apply using the Level 1M RCC Application Form. In the event of partial completion of the learning outcomes, the assessor will outline which learning outcomes still need to be achieved, and what evidence is still required. Applicants assessed as only partially achieving the competencies they are applying for RCC for may be advised to complete some units within the training program and/or submit themselves for practical assessment in order to achieve the Level 1M Accreditation.

Pathway 4 – This pathway involves undertaking the full 1M Training Program and achieving all competencies within this course.

Assessment tools have been developed to establish whether or



not a coach can execute the competency standard. The assessment tool used may vary depending upon which pathway toward accreditation the individual coach has chosen. This is due to RPL/RCC being built into the assessment process where prerequisites are required prior to undertaking a particular training pathway.

To express interest in participating in one of the above pathways toward accreditation as a Level 1M Coach, please contact your Branch.

*Loren Bartley
Technical Development Officer
Masters Swimming Australia*



NATIONAL COMMITTEES

Technical

Technical Course Changes from July 2007

The National Technical Committee has reviewed the training courses for officials and made extensive changes to their content and sequence to align them with changes in procedures. These changes should lead to increases in both the number and competence of officials.

Courses are open to members, family and friends as we particularly welcome interested non-swimmers. On the other hand there is a large number of officials who both compete and officiate at meets.

Courses can be arranged by individual clubs, groups of clubs, or the Branch Technical Committees by contacting their Branch Secretary. The courses must be conducted by active AUSSI officials who are accredited for that position.

For each position candidates will be required to:

- Pre-read the notes and the relevant rules for the position
- Attend a theory session, including role plays to review the duties of the position and completing a questionnaire which will then be discussed
- Complete the stated practical hours practicing the position's roles under direct supervision and have their log-sheet completed and signed off by the official who supervised them

The first unit is Timekeeper with a total of 8 practical hours, with 4 of these at a sanctioned AUSSI meet, plus 4 hours at club swims or other swimming organisation's meets.

Once accredited as a Timekeeper, officials must then complete the two theory units General Principles of Officiating and Roles and Responsibilities for Masters Swimming Officials before they can progress to any of the five following units:

- Chief Timekeeper
- Check Starter
- Clerk of Course
- Marshal
- Starter

- Inspector of Turns

All of the above units must be completed before starting the practical hours for the Judge of Stroke unit and once it is completed, doing hours for the Referee unit.

All officials are now required to complete a re-accreditation process every 4 years to maintain their knowledge of the Rules and procedures for each of the positions they wish to remain accredited in.

Course materials are available from Branch Secretaries and Technical Directors.

*Gary Stutsel, Chair
National Technical Committee.*



Above: Officials from the Tasmanian Winter Champs

Membership & Participation

The membership committee has been fairly quiet the last few weeks as we are sorting out a few unforeseen problems with the printing of the membership card, we think we have come up with a long term solution which will be to buy a

machine that will enable us to print the cards "in house", the initial outlay will be more than recouped over the years of use.

Still working on sponsorship deals which are proceeding slowly and

our next project will be to work on a new range of merchandise, some of which we are hoping will be ready for the World championships next year.

*Therese Crollick
Membership & Participation Chair*

SPONSORS



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WESTERN AUSTRALIA
17-25 APRIL 2008



"The Challenge Stadium"



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International Sports Tours

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NATIONAL
BREAST CANCER FOUNDATION
FUNDING RESEARCH FOR PREVENTION AND CURE
FUNDRAISING SUPPORTER



Hayley Lewis, Olympic and Commonwealth Swimming Champion is calling for all Australians to support Vorgee by buying swimming goggles and caps and hopeful that by raising funds for research the incidence of breast cancer can be reduced.

Hayley says, "Breast cancer can affect all women. In fact, it is the major cause of cancer death for Australian women. With continued support and funding from the National Breast Cancer Foundation, improvements in research mean survival rates are on the rise. So please, get behind Vorgee and support Breast Cancer Research".

Founder for Vorgee, John Vorgais says, "When I started Vorgee, I wanted to celebrate healthy and active lifestyles; lifestyles that are threatened by this dreadful disease. Through this campaign we are eager to raise funds for research and hope that this research will be very successful in preventing breast cancer from taking more lives".

Vorgee NBCF special edition goggles and swimming caps are available at Amart Allsports and participating aquatic centres and pharmacies around Australia.



Above: Hayley Lewis, Olympic and Commonwealth Swimming Champion

EVENTS

1st Asia Pacific Outgames, Melb 2008

The 1st Asia Pacific Outgames is a multi-sport tournament, featuring a swimming competition hosted by Melbourne Club, the Glamourhead Sharks.

The Outgames is the next international swim meet to hit Melbourne waters with swimmers expected from not only across Australia but right across the Asia Pacific region including New Zealand, Singapore, Thailand, and Malaysia. Victorian swimmers are encouraged to come along, enjoy some strong competition and join in the fun.

The competition will take place at the Melbourne Sports and Aquatic Center over 3 days from Friday 1st until Sunday 3rd February.

Registration in up to 6 individual events is permitted with a 50m, 100m & 200m of each stroke offered along with a 200IM and 400 free. Each competition day will open and close with a relay covering 50m and 100m. Medal for 1st, 2nd and 3rd will be presented for each age group.

The event has been sanctioned by AUSSI Masters. The Glamourheads are pleased to be partnering and working with the Victorian Branch of AUSSI Masters to ensure that the sporting tournament is run proficiently to the recognised rules.

Entries for the 1st Asia Pacific Outgames will open shortly. Keep an eye out in the near future for registration forms that will be distributed to the club secretaries.

Visit www.glamouheads.org for further information.

swim with your neighbours...



The Glamourheads welcome
ALL SWIMMERS
from Australia and around
the entire Asia Pacific region



Swim Tournament @ MSAC
Fri 01 to Sun 03 February 2008

Registrations open soon
visit for www.glamourheads.org event details



The meet is sanctioned by AUSSI Masters Swimming Australia. AUSSI Masters Swimming in Australia Current Rules, as at the date of the meet, will apply.

Sydney 2009 World Masters Games



The World Masters Games are heading to Sydney in October 2009 with 30,000 competitors expected to take part in the world's largest masters sporting event. The Sydney 2009 World Masters Games will be held from 10-18 October, 2009.

There will be 26 sports on offer at the Sydney 2009 World Masters Games. The home of the Games will be Sydney Olympic Park with competition venues extending across the Sydney metropolitan area.

Competitors will have the rare opportunity to participate in their sport at many of the same world class arenas used for the Sydney 2000 Olympic Games.

Don't miss your chance to compete in the world's biggest masters sporting event in one of the most spectacular cities in the world. To find out more or to sign up to receive regular updates on the Sydney 2009 World Masters Games visit www.2009worldmasters.com.

EVENTS

2008 FINA World Masters Championships

Great Opportunity to Participate in the XII FINA World Masters Championships 2008

Officials and Volunteers Needed

The chance to play a role in such an important event as the World Masters Swim only comes along once in a lifetime. The World Masters Championships are to be held in Perth in April 2008. The swimming organizing committee are looking for officials and volunteers both for the pool swimming and the open water swim. Accredited and experienced officials are needed for many positions however volunteers with a knowledge and/or interest in swimming will also be welcome to help out in a variety of roles. We invite you to be part of the action and register on line www.2008finamasters.org and follow the volunteer link (after the end of September) or complete an

expression of interest form included in this newsletter or available from your AUSSI Masters Swimming branch. Even if you are coming to Perth to swim in the event perhaps you have a morning or an afternoon free where you can help out and enable us to conduct an efficiently run meet.

Pool Swimming

The pool swimming events will take place at Challenge Stadium Mt Claremont from 18th April to 24th April inclusive. Two 50-metre pools will be used concurrently each day with several shifts operating from about 7.30am to 6pm. We require people to be Timekeepers, Judge of Strokes, Inspectors of Turns, Referees, Starters, False Start Personnel, Runners and Marshals. Having an accreditation would be an advantage however some training will be available where necessary.

Open Water Swim

The OWS events will be held on Friday 25th April 2008 in the Swan River. Officials will be required to be at the venue from approx 11:30am to 4:30pm (actual times will be confirmed closer to the day). No pool events are on this day.

Some qualified experience as an OWS Referee, Timekeeper, Judge, etc would be an advantage as would experience with swims for a large number (300+) of competitors.

Those FINA List officials who have already applied to FINA to officiate at the swim need not reapply.

Be sure not to miss out on this opportunity and lodge an expression of interest now either on line or on the form enclosed in this newsletter or obtainable from your AUSSI Masters Swimming branch.

2008 National Swim, Melbourne

The 2008 National Swim Organising Committee is just putting the final touches to their brochure for the 33rd AUSSI Mastes National Swim in Melbourne 20-23 March 2008. Once finalized, all the relevant documentation will be forwarded to clubs, as well as being available on the national web site www.aussimasters.com.au.

In the meantime, the Organising Committee is calling for Officials to nominate for this event. Officials required are Referees, Judges of Stroke, Inspectors of Turns, Starters, Marshals, Check Starters, Clerks Of Course, Chief Timekeepers and Timekeepers.

If you would like to Officiate at the

2008 National Swim, please complete the Officials Nomination Form enclosed in this newsletter and return it by mail to 2008 Technical Officials, Masters Swimming Victoria Branch, 148 Ferguson Street, Williamstown VIC 3016.

POSTAL SWIMS 2007

Date	Details
1 Sep-31 Oct 2007	Aqua Jets (QLD) The Taskmaster PS07/03 800m, 1500m, 1 / 2 hr, 1 hr, any stroke. 25m or 50m pool
1 Oct-30 Nov 2007	Swim Like a Legend PS07/08 Swim 7 events in which Australian swimmers won Olympic medals between 1900 & 1956 one after another.

NATIONAL RECORDS

Short Course Individual 01/06/07–31/08/07

Swimmers	Age Group	Distance	Stroke	Date	Time	Club
ERIN ARNOL	20-24	25M	FREESTYLE	25.08.2007	000:14.61	TAC
EBONY EBENWALDNER	25-29	25M	BUTTERFLY	07.07.2007	000:15.28	VCS
EBONY EBENWALDNER	25-29	800M	INDIVIDUAL MEDLEY	24.06.2007	011:03.79	VCS
KASEY SHEPHERD	25-29	25M	BUTTERFLY	04.08.2007	000:13.95	NBT
OLIVER J HARRIS	25-29	25M	BUTTERFLY	30.06.2007	000:12.69	NHS
OLIVER J HARRIS	25-29	25M	BUTTERFLY	10.06.2007	000:12.88	NHS
ANDREW HORNER	25-29	25M	BREASTSTROKE	25.08.2007	000:15.26	TTL
ANDREW HORNER	25-29	25M	FREESTYLE	25.08.2007	000:12.05	TTL
KASEY SHEPHERD	25-29	25M	BUTTERFLY	04.08.2007	000:13.95	NBT
SARAH L JAMES	30-34	25M	BREASTSTROKE	21.07.2007	000:16.91	VYR
STUART SMALL	30-34	25M	BUTTERFLY	30.06.2007	000:12.77	NDB
STUART SMALL	30-34	25M	FREESTYLE	30.06.2007	000:11.78	NDB
DEBBIE J MORRIS	35-39	25M	BREASTSTROKE	21.07.2007	000:17.81	VBG
JULIAN HUNT-SMITH	35-39	25M	BREASTSTROKE	21.07.2007	000:15.16	VMV
MARTIN MARKOV	35-39	25M	BACKSTROKE	21.07.2007	000:14.74	VMV
MARTIN MARKOV	35-39	25M	FREESTYLE	21.07.2007	000:11.90	VMV
NOEMI DOMONKOS	35-39	25M	BACKSTROKE	04.08.2007	000:15.97	NSP
PETER THIEL	35-39	25M	BREASTSTROKE	30.06.2007	000:15.27	NTS
PETER THIEL	35-39	25M	FREESTYLE	30.06.2007	000:11.92	NTS
NOEMI DOMONKOS	35-39	1500M	BACKSTROKE	18.08.2007	021:41.47	NSP
NOEMI DOMONKOS	35-39	25M	BACKSTROKE	04.08.2007	000:15.97	NSP
HELEN WHITFORD	40-44	1500M	BACKSTROKE	17.06.2007	020:48.27	VPP
HELEN WHITFORD	40-44	400M	BACKSTROKE	24.06.2007	005:21.09	VPP
HELEN WHITFORD	40-44	400M	INDIVIDUAL MEDLEY	17.06.2007	005:30.42	VPP
HELEN WHITFORD	40-44	50M	BACKSTROKE	21.07.2007	000:33.25	VPP
HELEN WHITFORD	40-44	800M	BACKSTROKE	24.06.2007	010:51.69	VPP
HELEN WHITFORD	40-44	100M	BACKSTROKE	04.08.2007	001:09.37	VPP
HELEN WHITFORD	40-44	200M	BACKSTROKE	04.08.2007	002:29.22	VPP
HELEN WHITFORD	40-44	200M	INDIVIDUAL MEDLEY	04.08.2007	002:36.31	VPP
HELEN WHITFORD	40-44	50M	BACKSTROKE	04.08.2007	000:32.66	VPP
HELEN WHITFORD	40-44	50M	BACKSTROKE	04.08.2007	000:32.68	VPP
JENNIE BUCKNELL	40-44	25M	BACKSTROKE	21.07.2007	000:15.90	VPP
JENNIE BUCKNELL	40-44	25M	BUTTERFLY	21.07.2007	000:13.80	VPP
JENNIE BUCKNELL	40-44	25M	FREESTYLE	21.07.2007	000:12.35	VPP
JENNIE BUCKNELL	40-44	50M	BACKSTROKE	30.06.2007	000:33.52	VPP
JENNIE BUCKNELL	40-44	50M	BUTTERFLY	30.06.2007	000:30.91	VPP
JENNIE BUCKNELL	40-44	50M	FREESTYLE	30.06.2007	000:27.37	VPP
JENNI BUCKNELL	40-44	50M	BUTTERFLY	26.08.2007	000:30.90	VPP
SHANE GORE	40-44	25M	BUTTERFLY	21.07.2007	000:12.64	VPP
STUART MOFFATT	40-44	25M	BREASTSTROKE	21.07.2007	000:14.25	VPP
STUART MOFFATT	40-44	25M	BUTTERFLY	21.07.2007	000:12.77	VPP
STUART MOFFATT	40-44	100M	BREASTSTROKE	04.08.2007	001:10.78	VPP
DAVID O'BRIEN	40-44	400M	BACKSTROKE	19.08.2007	005:11.35	NHS
VICKY WATSON	40-44	50M	FREESTYLE	22.07.2007	000:27.39	NRY
DAVID MACKAY	45-49	25M	BREASTSTROKE	03.06.2007	000:15.20	QMM
DAVID MACKAY	45-49	25M	BREASTSTROKE	10.06.2007	000:15.49	QMM
JENNY WHITELEY	45-49	25M	BACKSTROKE	04.08.2007	000:15.72	NRY
JENNY WHITELEY	45-49	25M	BREASTSTROKE	04.08.2007	000:16.37	NRY
JENNY WHITELEY	45-49	25M	BUTTERFLY	04.08.2007	000:14.55	NRY
JENNY WHITELEY	45-49	25M	BACKSTROKE	04.08.2007	000:15.72	NRY
JENNY WHITELEY	45-49	25M	BREASTSTROKE	04.08.2007	000:16.37	NRY
JENNY WHITELEY	45-49	25M	BUTTERFLY	04.08.2007	000:14.55	NRY
JOANNE SUTCLIFFE	45-49	25M	BACKSTROKE	08.07.2007	000:16.51	SAM
DAVID HALLIWELL	45-49	25M	BACKSTROKE	24.08.2007	000:14.84	VMV
SALLY BELL	45-49	1500M	BACKSTROKE	04.08.2007	021:16.14	WCM
SALLY BELL	45-49	200M	BACKSTROKE	12.08.2007	002:41.04	WCM
SALLY BELL	45-49	400M	BACKSTROKE	04.08.2007	005:28.05	WCM
SALLY BELL	45-49	800M	BACKSTROKE	04.08.2007	011:12.49	WCM
ALAN F GODFREY	50-54	25M	BACKSTROKE	10.06.2007	000:15.43	NTS
ALAN F GODFREY	50-54	400M	INDIVIDUAL MEDLEY	09.06.2007	005:22.40	NTS
ALAN F GODFREY	50-54	1500M	BACKSTROKE	18.08.2007	020:59.66	NTS
ALAN GODFREY	50-54	400M	BACKSTROKE	18.08.2007	005:17.54	NTS
ALAN GODFREY	50-54	800M	BACKSTROKE	18.08.2007	010:56.85	NTS
DEE SHEFFRIN	50-54	1500M	BREASTSTROKE	17.06.2007	027:40.68	VDC
FRANCIS CHRISTIAN	50-54	1500M	FREESTYLE	17.06.2007	017:40.72	VDC
FRANCIS CHRISTIAN	50-54	400M	FREESTYLE	24.06.2007	004:22.77	VDC
FRANCIS CHRISTIAN	50-54	400M	FREESTYLE	24.06.2007	004:29.09	VDC
FRANCIS CHRISTIAN	50-54	400M	FREESTYLE	17.06.2007	004:33.60	VDC
FRANCIS CHRISTIAN	50-54	800M	FREESTYLE	24.06.2007	009:08.63	VDC
FRANCIS CHRISTIAN	50-54	800M	FREESTYLE	17.06.2007	009:15.06	VDC
FRANCIS CHRISTIAN	50-54	200M	BUTTERFLY	04.08.2007	002:19.51	VDC
FRANCIS CHRISTIAN	50-54	200M	FREESTYLE	04.08.2007	002:04.63	VDC

NATIONAL RECORDS

Short Course Individual 01/06/07-31/08/07(cont...)

Swimmers	Age Group	Distance	Stroke	Date	Time	Club
JANET BOLTON	50-54	400M	BUTTERFLY	04.08.2007	007:14.22	NWO
JANET BOLTON	50-54	400M	BUTTERFLY	04.08.2007	007:14.22	NWO
JOHN STACPOOLE	50-54	25M	FREESTYLE	04.08.2007	000:11.88	NSA
JOHN STACPOOLE	50-54	25M	FREESTYLE	04.08.2007	000:11.88	NSA
KATHERINE R HEENAN	50-54	25M	BUTTERFLY	19.08.2007	000:16.24	SAM
KATHRYN DOBSON	50-54	100M	INDIVIDUAL MEDLEY	23.06.2007	001:19.67	NBM
KATHRYN DOBSON	50-54	200M	INDIVIDUAL MEDLEY	23.06.2007	002:53.22	NBM
KATHRYN DOBSON	50-54	400M	BACKSTROKE	18.08.2007	006:06.72	NBM
KATHRYN DOBSON	50-54	400M	INDIVIDUAL MEDLEY	18.08.2007	006:07.11	NBM
MARK PATTERSON	50-54	400M	FREESTYLE	09.06.2007	004:42.27	NSP
MARK TAYLOR	50-54	800M	BREASTSTROKE	24.06.2007	012:27.23	VSP
ROBYN WATTUS	50-54	25M	BREASTSTROKE	03.06.2007	000:19.06	NCR
SUSAN SPENCE	50-54	25M	BACKSTROKE	30.06.2007	000:17.26	NMT
GERRY TUCKER	55-59	1500M	FREESTYLE	17.06.2007	019:45.69	VMV
GERRY TUCKER	55-59	800M	FREESTYLE	24.06.2007	010:25.59	VMV
GRAHAM CROFT	55-59	200M	FREESTYLE	08.07.2007	002:12.99	SAM
JANETTE JEFFREY	55-59	25M	BACKSTROKE	21.07.2007	000:17.96	VMV
JANETTE JEFFREY	55-59	25M	FREESTYLE	21.07.2007	000:14.63	VMV
JANETTE JEFFREY	55-59	400M	BACKSTROKE	24.06.2007	006:04.58	VMV
JANETTE JEFFREY	55-59	100M	INDIVIDUAL MEDLEY	04.08.2007	001:20.69	VMV
STEPHEN LAMY	55-59	200M	BACKSTROKE	23.06.2007	002:41.82	NML
STEPHEN LAMY	55-59	400M	BACKSTROKE	04.08.2007	005:44.77	NML
STEPHEN LAMY	55-59	1500M	BACKSTROKE	18.08.2007	022:41.35	NML
STEPHEN LAMY	55-59	400M	BACKSTROKE	04.08.2007	005:44.77	NML
STEPHEN LAMY	55-59	800M	BACKSTROKE	18.08.2007	011:52.14	NML
STEPHEN LAMY	55-59	800M	BACKSTROKE	18.08.2007	012:04.11	NML
STUART ELLICOTT	55-59	100M	BREASTSTROKE	30.06.2007	001:18.09	NHS
STUART ELLICOTT	55-59	25M	BREASTSTROKE	30.06.2007	000:15.47	NHS
LESLEY BUCHANAN	55-59	400M	BUTTERFLY	18.08.2007	007:56.42	NHS
MACIEJ SLUGOCKI	55-59	200M	BACKSTROKE	25.08.2007	002:40.05	TAC
MACIEJ SLUGOCKI	55-59	200M	INDIVIDUAL MEDLEY	25.08.2007	002:38.63	TAC
BARRY SEYMOUR	60-64	400M	FREESTYLE	04.08.2007	005:00.75	NML
LYNETTE STEVENSON	60-64	25M	FREESTYLE	04.08.2007	000:14.60	NBT
PATRICK DEVINE	60-64	1500M	BACKSTROKE	17.06.2007	022:51.79	VMV
PATRICK DEVINE	60-64	400M	FREESTYLE	24.06.2007	005:14.68	VMV
PATRICK DEVINE	60-64	800M	INDIVIDUAL MEDLEY	24.06.2007	012:21.24	VMV
BRIAN WALSH	60-64	1500M	BUTTERFLY	17.06.2007	031:38.01	VDC
BARRY SEYMOUR	60-64	1500M	FREESTYLE	18.08.2007	019:55.05	NML
BARRY SEYMOUR	60-64	400M	FREESTYLE	04.08.2007	005:00.75	NML
BARRY SEYMOUR	60-64	800M	FREESTYLE	18.08.2007	010:24.96	NML
BARRY SEYMOUR	60-64	800M	FREESTYLE	18.08.2007	010:27.66	NML
LYNETTE STEVENSON	60-64	25M	FREESTYLE	04.08.2007	000:14.60	NBT
PAUL WYATT	60-64	1500M	BREASTSTROKE	18.08.2007	024:12.80	NCR
PAUL WYATT	60-64	400M	BUTTERFLY	18.08.2007	006:19.12	NCR
PAUL WYATT	60-64	800M	BREASTSTROKE	18.08.2007	012:44.30	NCR
PAUL WYATT	60-64	800M	BUTTERFLY	18.08.2007	013:08.52	NCR
VICTOR PAUL	60-64	1500M	FREESTYLE	04.08.2007	020:14.90	WBP
VICTOR PAUL	60-64	800M	BACKSTROKE	12.08.2007	013:02.75	WBP
VICTOR PAUL	60-64	800M	FREESTYLE	04.08.2007	010:43.02	WBP
GARY STUTSEL	65-69	25M	BREASTSTROKE	30.06.2007	000:18.50	NML
GARY STUTSEL	65-69	25M	BREASTSTROKE	10.06.2007	000:18.63	NML
GARY STUTSEL	65-69	400M	BUTTERFLY	18.08.2007	007:53.58	NML
GARY STUTSEL	65-69	800M	BUTTERFLY	18.08.2007	016:23.36	NML
JENNY WILLIAMS	65-69	400M	BUTTERFLY	17.06.2007	009:29.66	WCM
JOY C PAGE	65-69	25M	BACKSTROKE	08.07.2007	000:21.54	SAT
JOY C PAGE	65-69	25M	FREESTYLE	19.08.2007	000:16.53	SAT
MICHAEL GRAY	65-69	25M	BACKSTROKE	08.07.2007	000:17.89	SMR
JOHN CRISP	70-74	100M	FREESTYLE	10.06.2007	001:08.72	QMM
JOHN CRISP	70-74	200M	BUTTERFLY	03.06.2007	003:25.78	QMM
JOHN CRISP	70-74	25M	BUTTERFLY	03.06.2007	000:16.25	QMM
PAM HUTCHINGS	70-74	25M	BACKSTROKE	30.06.2007	000:20.53	NSP
PAM HUTCHINGS	70-74	25M	FREESTYLE	30.06.2007	000:16.76	NSP
TONY GOODWIN	70-74	200M	BREASTSTROKE	04.08.2007	003:06.16	NML
TONY GOODWIN	70-74	200M	BREASTSTROKE	23.06.2007	003:10.68	NML
TONY GOODWIN	70-74	25M	BREASTSTROKE	04.08.2007	000:17.50	NML
TONY GOODWIN	70-74	25M	BREASTSTROKE	30.06.2007	000:17.66	NML
TONY GOODWIN	70-74	400M	BREASTSTROKE	04.08.2007	007:01.27	NML
TONY GOODWIN	70-74	1500M	BREASTSTROKE	18.08.2007	027:44.91	NML
TONY GOODWIN	70-74	200M	BREASTSTROKE	04.08.2007	003:06.16	NML
TONY GOODWIN	70-74	25M	BREASTSTROKE	04.08.2007	000:17.50	NML
TONY GOODWIN	70-74	400M	BREASTSTROKE	04.08.2007	007:01.27	NML
TONY GOODWIN	70-74	800M	BREASTSTROKE	18.08.2007	014:36.64	NML
SUE MAYNE	70-74	400M	INDIVIDUAL MEDLEY	25.08.2007	008:26.64	TTL

NATIONAL RECORDS

Short Course Individual 01/06/07–31/08/07

Swimmers	Age Group	Distance	Stroke	Date	Time	Club
BOB BARRY	75-79	25M	BACKSTROKE	04.08.2007	000:21.32	NWL
BOB BARRY	75-79	25M	BACKSTROKE	04.08.2007	000:21.32	MWL
ERLA MCGREGOR	75-79	25M	FREESTYLE	03.06.2007	000:19.71	NCR
JONATHAN DAVIES	75-79	25M	BREASTSTROKE	08.07.2007	000:20.11	SAM
JONATHAN DAVIES	75-79	50M	BREASTSTROKE	08.07.2007	000:44.76	SAM
GEORGE FRANKI	80-84	50M	FREESTYLE	22.07.2007	000:37.12	NNS
KEVIN VICKERY	80-84	25M	FREESTYLE	04.08.2007	000:19.28	NSP
KEVIN VICKERY	80-84	25M	FREESTYLE	04.08.2007	000:19.28	NSP
THOMAS CURRIE	80-84	1500M	FREESTYLE	17.06.2007	029:17.57	VMV
LIZ WALLIS	80-84	800M	FREESTYLE	18.08.2007	017:07.13	NML
TRUDY BULLIVANT	85-89	400M	BACKSTROKE	24.06.2007	012:00.44	VNL
JOHN BRICE	85-89	25M	BUTTERFLY	25.08.2007	000:34.99	TSB
ARTHUR THOMAS	90-94	200M	BACKSTROKE	03.06.2007	005:22.05	QTT
ARTHUR THOMAS	90-94	25M	BACKSTROKE	03.06.2007	000:29.46	QTT
ARTHUR THOMAS	90-94	25M	BREASTSTROKE	03.06.2007	000:53.64	QTT
JACK MATHIESON	90-94	25M	BREASTSTROKE	04.08.2007	000:40.48	NSH
JACK MATHIESON	90-94	1500M	BREASTSTROKE	18.08.2007	070:14.02	NSH
JACK MATHIESON	90-94	1500M	FREESTYLE	18.08.2007	070:14.02	NSH
JACK MATHIESON	90-94	25M	BREASTSTROKE	04.08.2007	000:40.48	NSH
JACK MATHIESON	90-94	400M	BREASTSTROKE	18.08.2007	017:28.33	NSH
JACK MATHIESON	90-94	800M	BREASTSTROKE	18.08.2007	036:04.52	NSH
JACK MATHIESON	90-94	800M	FREESTYLE	18.08.2007	036:04.52	NSH
PATRICIA GREYSMITH	90-94	100M	BACKSTROKE	10.06.2007	003:48.08	WMH
MARGO BATES	95-99	100M	BACKSTROKE	26.08.2007	005:12.32	SAM
MARGO BATES	95-99	200M	BACKSTROKE	24.08.2007	011:55.69	SAM
MARGO BATES	95-99	25M	BACKSTROKE	24.08.2007	001:08.08	SAM
MARGO BATES	95-99	25M	FREESTYLE	23.08.2007	000:35.91	SAM

Long Course Individual 01/06/07 - 31/08/07

Swimmers	Age Group	Distance	Stroke	Date	Time	Club
JEN THOMASSON	60-64	1500M	BACKSTROKE	28.07.2007	026:11.16	QSM
VICTOR PAUL	60-64	1500M	FREESTYLE	19.08.2007	020:08.24	WBP
GERDA WILLIAMS	65-69	800M	BACKSTROKE	25.08.2007	015:02.02	CDW
GERDA WILLIAMS	65-69	1500M	BACKSTROKE	25.08.2007	028:28.89	CDW
CHRISTIAN THIESS	70-74	400M	BUTTERFLY	28.07.2007	008:04.92	QHB
CHRISTIAN THIESS	70-74	800M	BUTTERFLY	28.07.2007	016:31.44	QHB
JOHN CRISP	70-74	800M	INDIVIDUAL MEDLEY	28.07.2007	015:20.95	QMM
TRICIA LIDDY	70-74	1500M	BREASTSTROKE	28.07.2007	033:40.03	QTT
TRICIA LIDDY	70-74	800M	BACKSTROKE	28.07.2007	016:35.79	QTT
AILSA DUNCAN	75-79	800M	BUTTERFLY	28.07.2007	025:47.18	QSC
PERSIS RAE	85-89	200M	BACKSTROKE	23.07.2007	004:46.20	WWF
JOYCE O'FARRELL	85-89	800M	FREESTYLE	19.08.2007	021:31.31	WSM

Short Course Relay 01/06/07–31/08/07

Gender	Age Group	Distance	Stroke	Date	Time	Club
FEMALE	120-159	4 X 25M	MEDLEY	22.07.2007	001:04.91	NSP
MIXED	120-159	4 X 25M	MEDLEY	22.07.2007	000:57.28	NTS
FEMALE	120-159	4 X 25M	FREESTYLE	08.07.2007	000:58.07	SAM
MALE	160-199	4 X 50M	FREESTYLE	22.07.2007	001:44.51	NTS
MIXED	160-199	4 X 25M	FREESTYLE	04.08.2007	000:50.16	VPP
MIXED	160-199	4 X 25M	MEDLEY	04.08.2007	000:55.54	VPP
MIXED	160-199	4 X 50M	MEDLEY	04.08.2007	002:00.89	VPP
MIXED	200-239	4 X 25M	MEDLEY	22.07.2007	001:02.29	NBT
MALE	200-239	4 X 25M	MEDLEY	22.07.2007	000:56.88	NSA
MALE	200-239	4 X 100M	FREESTYLE	22.07.2007	004:08.68	NTS
FEMALE	200-239	4 X 100M	FREESTYLE	22.07.2007	005:19.62	NWO
MALE	240-279	4 X 100M	MEDLEY	22.07.2007	005:17.86	NML
MALE	240-279	4 X 25M	MEDLEY	22.07.2007	001:01.82	NML
MIXED	240-279	4 X 25M	MEDLEY	22.07.2007	001:14.15	NML
FEMALE	240-279	4 X 25M	FREESTYLE	22.07.2007	001:11.43	NSP
FEMALE	240-279	4 X 50M	FREESTYLE	22.07.2007	002:27.48	NWG
FEMALE	280-319	4 X 25M	FREESTYLE	22.07.2007	001:35.51	NRI
MIXED	280-319	4 X 100M	MEDLEY	22.07.2007	007:41.53	NWG
MIXED	280-319	4 X 25M	FREESTYLE	22.07.2007	001:03.68	NWG
MIXED	280-319	4 X 25M	MEDLEY	22.07.2007	001:15.62	NWG
MIXED	280-319	4 X 50M	FREESTYLE	22.07.2007	002:32.94	NWG
MIXED	280-319	4 X 50M	MEDLEY	22.07.2007	002:58.79	NWG

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NT	PO Box 418, Parap NT 0804	(08) 8981 5919	www.nt.aussimasters.com.au
QLD	1st Floor, Corner of Castlemaine & Caxton Streets, Milton Qld 4064	(07) 3876 2822	www.aussimastersqld.com.au
SA	PO Box 219, North Adelaide SA 5006	(08) 8263 9958	www.aussisa.org.au
TAS	PO Box 659, Rosny Park Tas 7018	(03) 6223 1183	www.tas.aussi.org.au
VIC	148A Ferguson Street, Williamstown Vic 3016	(03) 9399 8861	www.aussivic.com.au
WA	PO Box 57, Claremont WA 6910	(08) 9387 4400	www.mastersswimmingwa.asn.au

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