# AUSSI

### masters news

vol 5 number 4 December 2007



### MASTERS SWIMMING

Australia

# National President Jon Pugh



Above: Masters Swimming Australia Board Members at the October Board Meeting (L-R) Lynne Malone (WA), Ian Davis (NSW), Pauline Samson (TAS), Paul Watmough (VIC), John Pugh (President), Gerry Tucker (Director of Finance), John Pollock (NT), Therese Crollick (QLD) & Mike Walker (SA)

The final newsletter for the year is to bring you up to date with news from a National Office perspective and to wish you good cheer over the Christmas season. By the time you get the next one you should have swum off the good cheer, completed the National Swim in Melbourne and be ready for the FINA World Masters Swim in Perth.

The National Office is working well in spite of staff changes. Following an interview process, I am pleased to announce that Loren Bartley has been appointed at part-time CEO and Vivien Merrill has been appointed as the Executive Officer (full-time). In the interim, the National Office has worked well, with Loren in the role of Acting CEO and Jeanette Holowiuk as our Administrator, doing their many tasks efficiently and keeping the National Management Committee informed.

Sadly, Jeanette Holowiuk has resigned and will finish at the end of December and we will miss her experience and work ethic. You will be hard to replace Jeanette, but it is reassuring to know that we can always tap into your vast knowledge of Masters matters if we need to.

Branches and clubs may have noticed some difficulties in accessing the National database and that the website is not completely up-to-date. The problems are not of our making and the IT committee is working to get everything working properly before the end of the year.

The October Board meeting went smoothly and · the agenda was covered before the 5.00pm finishing time. As I foreshadowed previously, the new Constitution and By-Laws were accepted and will come into effect from 1 January next year. There are a few editing matters to be cleared up and these will be done at the next Board meeting. The process has taken four years, which reflects the

#### Inside this issue:

National Preside	nt	1-2
AUSSI National (	Office	2-5
Features	3.00	5
Branch News		6-11
National Commi	ttees	12-
Sponsors		14
Programmes		14
Postal Swims 200	08	15
Events		15-
National Record	S	17-
Branch Contacts		20
Publication Infor	mation	20
Contact Details		20

#### Featuring:

- New Governance Structure
- ChampionshipMembership
- Membership of Multiple Clubs
- Life membership

Continued page 2...

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# National President (cont...)

democratic process, debates involved and the calm guidance of lan Davis.

Swimmers are already able to be members of more than one club and a By-Law amendment will, from the beginning of next year, allow them to compete in inter-club and championship swims for whichever of their clubs they choose. Provisos are that a swimmer may only represent one club at a meet and must nominate a single club for the Aerobic Swim competition. This change has consequences for the database and recording system, and these are in the hands of the IT committee.

We have four exciting competitions coming up next year. In sequence

these are the First Asia Pacific
Outgames in February (Melbourne),
the National Swim in March
(Melbourne), the FINA World
Masters Swim in April (Perth) and
the Pan Pacs in November
(Southport, Queensland). We are
expecting to get some international
entries for the National Swim as
people make their way to Perth.

The World Swim presents a special challenge in that the organisers estimate that at least 1500 Australians need to compete to reach the target numbers. Consequently the Board agreed to a one-off Championship Membership at a reduced fee to be offered through existing 'Branch' clubs. The intention is to attract swimmers who

are not captured through our network of clubs. We envisage these to be triathletes, surf swimmers and those who have occupations that make club attachments difficult. Lots of these people take part in the various Masters Games held throughout the country. We do not see this innovation as detracting from 'normal' club memberships.

The FINA World Masters will be an outstanding experience and I urge you to enter. Qualifying times are generous, the venue one of the best in the world and WA an excellent place to be in April. I hope to see you there!

John Pugh President Masters Swimming Australia

# **AUSSI National Office**

After three months in the role of Acting CEO I have been overwhelmed with the level of activity at the National Office. Thank you to all for your patience and understanding as I have tackled this role in a part-time capacity. Particular thanks go to Jeanette Holowiuk, who has been a much needed support and fountain of knowledge when it comes to tackling those "random" events that seem to present themselves on an almost daily basis. Her support, knowledge and friendship will be a major loss to the office now that she has resigned. However, I wish her all the best in her future endeavors and am thankful that the relationship will not cease as she continues to support Masters Swimming in a voluntary capacity.

The October Board meeting resulted in some fairly significant action items for the National Office. Jeanette and I have been very busy working on bringing the concepts discussed at this meeting to

fruition. As a result, we are pleased to include in this edition of the AUSSI masters news details of the travel subsidy for interstate Technical Officials attending the FINA World Championships and details of the innovative new one-off Championship Membership Category to encourage greater participation at the FINA Worlds.

I have also tried to demystify the new constitution by providing a snapshot of the changes for those members that don't have a spare afternoon to plough through the full 20 page document! If you would like to read the full version, Clubs and Branches now have a copy of the new Constitution, revised By-Laws and Rules, which will also be on our website early in 2008.

Also included in this edition is an overview of the recent By Law change in regards to membership of multiple clubs, completing the picture of the major outcomes from

the Board meeting that needed to be communicated to members.

The National Office is also looking into developing a range of Masters Swimming Australia apparel that members can purchase to wear at the FINA World Masters and any subsequent international events, ensuring they are easily recognizable as Aussie's. Details will be on the National website and in the next edition of AUSSI masters news once finalized.

You may have noticed that our website has not provided the most current content of late. This is an issue that the IT Committee is working hard to rectify and we will be launching our new website early 2008 (see IT committee report on page 13 for more information), complete with a new look and current information!

Please note our Christmas closure dates on the following page.

Loren Bartley Acting CEO

# **New Governance Structure**

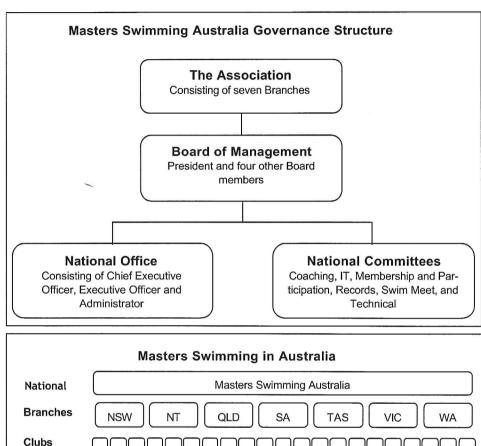
Members

A motion was passed at the October Board meeting that the revised Constitution and By Laws under the new governance structure be adopted with effect 1 January 2008. A copy has been sent out to all clubs for their information and will be available on the Masters Swimming Australia website in 2008.

The most notable change to the governance structure sees the National Management Committee replaced with the National Board of Management, comprising the President and four other elected members. The National Board of Management must meet a minimum of twice yearly. There will still be two General Meetings involving the Branches, one of which is the Annual General Meeting held in Autumn in conjunction with the annual National Swim and the other being held in Spring. The six permanent national committees remain the same: Coaching, IT, Membership and Participation, Records, Swim Meet, and Technical. The revised governance structure is illustrated in the diagram (top right).

There is no change to our membership structure. Swimmers continue to be members of clubs, with clubs affiliated to the Branches, and Branches affiliated with the Association. This is illustrated in the diagram above right.

Special thanks go to lan Davis, Chair of the Governance special committee, for his legal advice and the countless hours he has dedicated to liaison with the Branches, ensuring the revised Constitution meets with the needs of the whole organisation.



### National Office Christmas Closure

Please note that the AUSSI National Office will close at 3pm on Friday 21 December 2007 and will reopen on Monday 7 January 2008.

Wishing you a very Merry Christmas and we look forward to more friendship, fitness and fun in the New Year!!!

Loren and Jeanette

# FINA World Masters Championship Membership Category



Masters Swimming Australia is implementing a unique new one-off Championship Membership at a reduced fee to be offered through existing "Branch Clubs". The intention is to attract swimmers to Masters Swimming that are not currently captured through our network of clubs. This will be achieved by providing a low cost membership option that enables current non-AUSSI members to be eligible to participate in the FINA World Masters Swimming Championships (pool and open water swim). Event registration

fees will need to be paid in addition to this membership. It envisaged that this membership category will be attractive to triathletes, surf swimmers and those who have work, family or personal reasons that make club attachments difficult.

The Championship Membership category is to be advertised between now and 23 March (closing date for FINA Worlds) to triathletes, surf swimmers and non-AUSSI members who competed at the recent Australasian Masters Games in Adelaide. This membership option will be advertised alongside traditional membership options, enabling the swimmer to choose the membership option that best suits their circumstances. We do not see this innovation as detracting from 'normal' club membership, rather a strategy aiming at increasing our club based membership in the long term, as well as helping the event organisers achieve their target of having 1500 Australians compete at the event in order to reach their target numbers.

The cost of the Championship Membership is \$25, consisting of a reduced national fee of \$20 and a Branch Club Administration fee of \$5. The membership entitles the swimmer to compete in the 2008 FINA World Swimming Championships only (pool and open water swim), with their membership and insurance valid from 15-25 April 2008 inclusive.

The structure of Masters Swimming Australia is club based. You must be a member of a club in order to compete in Masters Swimming events, including the FINA World Masters. A Branch Club is a 'virtual' club that exists year round to provide the same member benefits to swimmers who do not wish to, or cannot, join a traditional club. The following Branches have a Branch Club and therefore offer the Championship Membership:

- Bushrangers (NSW)
- Babarians (QLD)
- Victorian Masters (VIC)
- BE ACTIVE Sandgropers (WA)

Swimmers can choose to join whichever Branch Club they like, regardless of their geographic location. Please contact the Branch Administrator in one of the above Branches if you would like further information on joining the Branch Club or to take up the Championship Membership offer.

### **FINA Worlds Merchandise**

Swimmers wishing to purchase merchandise for the XII FINA World Masters Championships prior to the event can do so at <a href="https://www.official-merchandise.net">www.official-merchandise.net</a>, the official merchandise suppliers for the event.

Currently on the site there are items of Official Apparel from the Event Sponsor, Arena Swimwear, which will be available from the middle/end of January. Between now and Christmas there will be several new products go live on the site and these will all be available immediately. During the World Masters there will be a Swim Superstore at the Challenge Centre, with broad ranges of official merchandise, official swimwear and swim products and accessories. For further information, e-mail <a href="mailto:info@official-merchandise.net">info@official-merchandise.net</a>.



# FINA World Masters Travel Subsidy for Interstate Technical Officials

Masters Swimming Australia
National Office has allocated
\$10,000 to assist in subsidising the
travel costs for interstate Technical
Officials travelling to Perth for the
2008 XIII FINA World Masters
Championships.

Branches will be responsible for distributing these funds after

advising the National Office of the names of those who were eligible for assistance.

The subsidy will be payable upon completion of the championships. The amount payable per Official will depend on the number of Technical Officials travelling from interstate for the event. Travelling Officials

should be aware that this is a *subsidy only* and *will not* cover the full cost of travel and accommodation for the duration of the event. This is a small recompense to those Officials who volunteer their time and incur expenses to attend our meets.

# Membership of Multiple Clubs

The By-Laws regarding club membership have been amended to allow members to join as many clubs as they like, including clubs in different Branches if desired. The primary club shall be referred to as the member's First Claim Club. All other clubs shall be referred to as the member's Second Claim Club.

For his First Claim Club, the Club

Member will pay the required Club, Branch and National components of the membership fee. For any subsequent club memberships, he will pay only the club fee if all clubs are within the same Branch and a club plus Branch fee if any clubs are in different Branches.

Points gained by a Club member in the National Aerobics Competition

shall accrue to the member's First Claim Club. In swim meets, the member may represent any club of which he is a member, provided that he does not swim for more than one club in the same meet.

A member retains the same AUSSI membership number if that person joins more than one Club.

## **FEATURES**

# fe Membership

There are three ways in which outstanding service to AUSSI Masters at a National level is recognised. The first is the Meritorious Service Award for five years continuous service. The second is the Conspicuous Service Award for 10 years continuous service. Both of these awards require that the member be nominated by their Branch or the National Board of Management and that then accepted at a General Meeting.

The third and ultimate award is that of Life Membership. Nominees must have made a contribution of sustained excellence to the furtherance of the ideals of AUSSI. Their nomination has to be supported by at least two Branches,

endorsed by the National Management Committee and then accepted by the Board at an AGM.

Life members are given a gold life membership badge, and no longer have to pay National membership fees. They may also be invited to attend functions and activities and attend Board meetings at their own expense. They may speak but not vote at these meetings.

Current Life Members are:

Kay Cox (WA), David Cummins (WA), Darryl Hawkes (SA), Glenys Mc Donald (WA), Pauline Samson (TAS), Gary Stutsel (NSW), Mary Sweeney (QLD) and Ivan Wingate (WA).

Sadly, Peter Gillett, one of our

former Life Members, recently passed away. Peter was the Masters Swimming International Top 10 Long Course Recorder in the late 80's and early 90's. His dedication to this task was recognised when Japan Masters Swimming invited him to be a sponsored guest to the Pan Pacific Masters Championships in Tokyo in 1991.

Peter will be remembered for his copperplate writing which resulted in beautifully handwritten certificates, skills that are unfortunately now being lost with the age of computerisation.

Gary Stutsel Chair National Technical Committee

# Queensland

All sanctioned club swim meets in Queensland have been successfully completed and the State Short Course swim meet held in Noosa on the Sunshine Coast, on the 20 and 21 October was a wonderful, friendly and well organised event. The host club, Noosa Challengers, did a wonderful job in securing sponsorship, providing entertainment and catering for the needs of all swimmers. Well done and thank you!

As a result of this competition, we had a substantial increase in our membership and hopefully this trend will continue as a result of the large number of championships to be held nationally in 2008.

The calendar of sanctioned swim meets for 2008 has already been distributed to clubs. 29 Clubs throughout Queensland have nominated to conduct swim meets, which means that it'll be an extremely busy year for our members. Our State Long Course Titles will be held on the 8 and 9 March and this will coincide with our AGM to be held on the 7 March.

A number of swimmers throughout Queensland are preparing for the XII FINA World Masters.

which is proving to be a popular swimming excursion for our AUSSI members.

Preparations are now in progress for the Pan Pacific Games to be held from the 6-9 November 2008. These will be held at the Southport Swimming Pool on the Gold Coast with an OWS on the final day of the competition. The venue

Right: Tricia Liddy 17/08/1936 - 20/10/2007 for the Open Water Swim is yet to be announced.

2008 may prove to be a very busy year for Queensland Masters, not only on the competition front, but also on the technical side of the organisation. Plans for an increase in accreditation of officials and coaches are being considered, with an emphasis on the northern and central regions of Queensland.

Our website is currently being updated, but can still be accessed on www.aussimastersqld.com.au.

Sadly, one of our clubs, Twin Towns and Queensland Masters had to farewell Tricia Liddy, a popular and very successful swimmer, who unexpectedly passed away in October, a few days before the Queensland Short Course Titles, at which she was to compete. Our heartfelt sympathies go to her husband and well known starter, Ken Liddy and their families. We would like to extend our sympathies to Tricia's club mates, who have lost a good friend and a wonderful achiever.

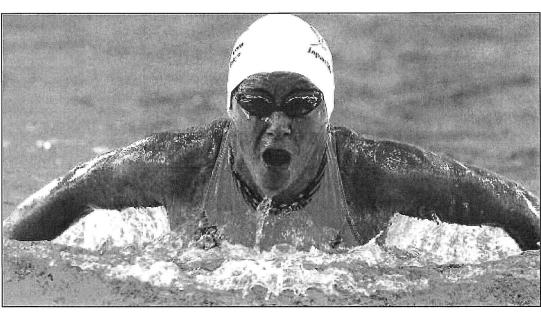
Tricia's achievements were remarkable considering she joined

Masters only in 1997. In her time as a Master's Swimmer, she broke 222 state and 88 national records. She was nominated Senior Sports Person of the Tweed Shire on two occasions: in 1999 and 2006. Tricia's most outstanding achievement was a silver medal in the 200m IM, where she was beaten by 0.5 of a second at the World Masters Swim Championships at Stanford University in San Francisco, August 2006. In her four other events, she gained three bronze and one 4th place medal. Tricia's medal count consists of 447, the majority of which are gold. In conjunction with her husband, Ken, they achieved their 3 million metre award in July this year. Tricia took only 11 years to achieve this distance, whereas Ken took some 23 years!

She was well known in the world of Master's Swimming throughout Australia, having also enjoyed a top ten placing in 9 out of 10 years.

Tricia was born on the 17 August 1936 and died on the 20 October 2007.

Helga Ward Administrator



### South Australia

#### **Annual Branch Dinner**

Another very successful and enjoyable SA Branch Dinner was held on 17 November at the Royal Adelaide Golf Club. The food and service was impeccable, with an excellent floorshow featuring a 'Full Montyesque' performance to the 'Dance of the Sugar Plum Fairies' by several of our male local club members. The dress of graduation outfits (boards & robes) was terrific as was the choreography.

The trophy table was laden with silverware, awards and prizes, including a new Aerobic Trophy. Life Members, Darryl Hawkes, Kit Simmons, Phil & Leanne Beames were in attendance to help with the presentations. John Gamlen gave his usual polished performance as MC for the evening.

It was my great privilege to introduce our new SA Branch Patron Margo Bates and present her with a framed certificate in honour of the occasion, as well as some framed photos and flowers to celebrate her 97th birthday for the previous day. Margo gave a very eloquent acceptance speech and happily accepted the role of Patron for Masters Swimming SA.

#### **Australasian Masters Games**

Despite there being only 321 entrants, this was a terrific three day carnival. Thanks to the visiting and local Officials, John Gamlen (Meet Director), the Organising Committee, our Sponsors and Suppliers and the many volunteers who helped put it all together.

The daily swimming programs and the 800m Friday evening session seemed to work well. Swimmers seemed to enjoy the relaxed, but still efficient approach that we have become known for here in SA. The welcome function, happy hours and BBQ's all appeared to be a hit, so much so that the last afternoon of the event, after the swimming had finished, turned out to be the biggest event of the weekend! We thank all those that attended and look forward to seeing you again in the future.



Above: Leanne Beames, Tony Bryant and Jan Gamlen in the nerve centre at the Australasian Masters Games

# Port Pirie Regional Masters Games

This event will be held 5-13 April 2008. A number of interstate and overseas entrants at the Australasian Masters Games showed interest in attending as a warm up to Perth. Visit <a href="https://www.portpiriemastersgames.com.au">www.portpiriemastersgames.com.au</a> for more information or call 1800 000 424 for a registration booklet.

# The Long Distance, Short Course State Cup

This event was held at the Adelaide Aquatic Centre on 25 November and a number of SA State and National records were broken. This was followed by an informal Branch get together lunch.

#### **New Clubs**

We have had a number of enquiries regarding starting 'new' clubs in both the metro and country areas. Club starter packs have been forwarded and preliminary discussions held.

# SA Masters Openwater Swim Series 2007/2008

(www.aussisa.org.au)

- Seacliff Swim, 1.6km Sunday 2 December
- Noarlunga Reef Swim, 1.5km & 400m relay – Sunday 23 December
- Glenelg Open Water Swim, 2km & 5km – Sunday 30 December
- Pub to Pub, 1.6km Handicap Sunday 13 January
- Australia Day Jetty to Jetty, 2.2km
   Saturday 26 January
- Brighton Jetty Classic, Non AUSSI Sanctioned event (www.brightonjettyclassic.com) – Sunday 3 February
- Marion Long Swim & Aquathon, 1,
   2, 4km & Aquathon 2 & 5km –
   Sunday 10 February
- Mega Swim (not part of openwater), 24 Hour Team Relay
   Sat/Sun 16/17 February Unley Swimming Centre
- Charles Sturt Challenge, 400, 750
   & 1.5km Saturday 23 February
- George Copley Challenge, 1, 2 & 5km – Sunday 9 March
- Port Elliott Swim, 1.5km Saturday 15 March
- Captain's Cup, 2 & 4km Sunday 30 March

# Interstate visitors always welcome!

On behalf of the South Australian Branch, I would like to thank our National administrator, Jeanette Holowiuk, for her efficiency, patience and help. We wish you well and will look forward to catching you at major swim meets in the future. Good luck and thank you!

Mike Walker President- SA Branch

### **Victoria**

The Branch has recently completed its Swimming Calendar for 2007, with the State Relay Meet (24/11) held in the outdoor pool at the Melbourne Sports & Aquatic Centre, (MSAC). Although the numbers were slightly down compared to the 2006 Meet, it was a regarded by many who attended as a superb Meet with brilliant sunshine the whole day (although there were a number who complained of the brisk southerly that made it a little cooler when wet and jumping in and out of the pool!). When we took a break towards the middle of the afternoon the scene was almost surreal, with swimmers lying in the sun, sun-hats on, chatting in groups.

PowerPoints, scoring 1196 pts again triumphed with an emphatic win over Malvern Marlins with 782 points and Doncaster Dolphins third with 432 points. PowerPoints have really embraced this Meet over the past two years, taking out the club with the highest point score for 2006 and 2007. They really enjoy the opportunity for their members to participate as a club at one specific meet. There is an unsubstantiated

rumour that that they (PowerPoints) hold partners and children as hostages until after the Meet to ensure maximum participation.

The Branch is gearing up for a busy few months at the start of 2008, with the focus on the hosting of the National Swim. The organizing committee is hard at work. Due to the restructure of the National website, information about the swim has not been current. If you go to the Victorian website at www.aussivic.com.au you can access the most up to date information regarding the National Swim. The National office will be closing over the Christmas break so if you require further information during that time please contact the Meet Director, Jeanette Holowiuk, at holowiuk@optusnet.com.au

February 2008 also sees Melbourne hosting the OutGames, with Masters Swimming Victoria providing officials and GlamourHeads as the host Club.

In October, the Branch nominated one of our younger members, Ebony Ebenwaldner

(Casey Seals), as the VicSport Masters Athlete for 2007. Whilst not successful, Ebony attended the awards night with friends and family. We are also looking for our 2007 Official and Coach of the Year, with nominations closing in February 2008. These winners then go onto being nominated for the National awards.



Above: Jeanette Holowiuk, at work as the National Office Administrator

The Branch would like to offer a sincere thanks to Jeanette Holowiuk, who has announced her resignation from the role of Administrator at the National Office. Jeanette has been a driving force in administration of the Branch in recent years, providing valuable support and insights into all aspects of Branch administration and operational activity, which has made life easier for the Management Committee, Board and Clubs. Jeanette will still be involved at the Club/Branch level as a volunteer. We wish her well in any future endeavor. She will be sorely missed.

Looking forward to challenges in 2008.

Paul Watmough President VIC Branch



Left: Relay changeover at the 2007 Victorian State Relay Meet

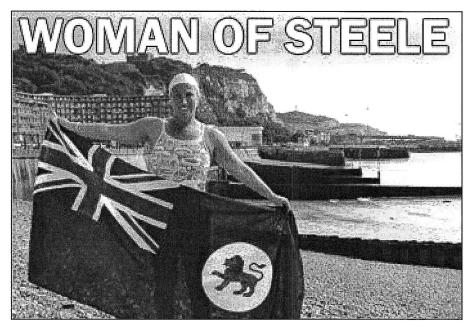
### asmania

Right: Anne Steele, winner of Tasmanian of the Year Award. (Photo courtesy of the Mercury Newspaper)

Things have been fairly quiet down here for the last couple of months. Our Long Distance Championships (24 November) will provide the last chance for competition for this year.

Living in a marginal electorate does have its benefits occasionally, both major parties have pledged the final funding support the Regional Aquatic Centre in Launceston. The project has been under construction for about three months and had a \$2 million shortfall of funding to complete the outdoor pool component of the project. The Centre is scheduled for completion early 2009 and will be the venue for the 2010 National Swim.

At the recent National Board meeting, Tasmania's proposal for the 2010 National swim to be conducted as a short course championships was approved. Highlights of the proposal included 25 metre events, 4x25 metre relays and allowing for the swimming of 400 and 800 metre events without having to swim two swimmers per lane.



Anne Steele wins Tasmanian of the Year Award

Hobart based AUSSI swimmer Anne Steele has been named the 2007 Tasmanian of the Year. Anne swam the English Channel earlier this year, and raised more than \$360,000 for children's cancer services in the process.

The born and bred Tasmanian said today that she was proud and humbled by the award. Anne was chosen from hundreds of nominations to win the annual

award which is run by the Tasmania Committee.

Past winners include champion axeman David Foster and newsreader and former Miss Australia Jo Palmer, as well as anti-plastic bag campaigner Ben Kearney, who will present Steele with her award at a ceremony next weekend.

Ray Brien Publicity Officer TAS Branch

# **Northern Territory**

The NT Branch Annual General Meeting was held in November, with all incumbent office holders returned – Sally Thomas, President and John Pollock, Secretary.

On 24-25 November the Branch sponsored a promotional carnival in Katherine, 320 km south of Darwin, with the aim of re-establishing the Katherine Kroaks AUSSI Masters Club, which was the first AUSSI club formed in the Northern Territory. 37 members of Darwin Stingers

travelled south to do battle with 41 potential Katherine members, with Darwin a narrow winner. It was a great social and sporting event that will hopefully lead to the establishment of another AUSSI club in the NT.

John Pollock Secretary NT Branch

Right: John Pollock, Secretary, NT Branch



# Western Australia



Above: Tony Stanton, winner of the Great Southern BankWest Senior of the Year Award. Pictured receiving his 5 million metre award from Judith Crawford (WA Technical Officer) with John Jamieson (Albany Town Councillor).

#### Albany Member Wins State Award

Exciting news, Tony Stanton is the Great Southern BankWest Senior of the Year Award winner for his excellent contribution to the community through his swimming coaching to adults, kids and swimmers with a disability, as well as his volunteer work in many other areas. We are very proud of him!

#### BE ACTIVE Spring into Swimming Membership Growth Project

Member numbers are still climbing with our Clubs having worked hard to promote 16-month memberships in order for new members to gain some racing experience prior to competing in 2008 FINA World Masters. Figures are similar to 2001-2003 (numbers took a dive of about 50 in 2006), so the challenge will be for Clubs to retain these new members by looking outside the box for different activities or products to keep them in the Club. We have

planned to conduct our annual BE ACTIVE State Swim as a short course event in August 2008 which maybe an incentive to stay.

# 2007/08 Open Water Swims Calendar Sponsorship

Along with the usual support from ZOGGS as the major sponsor of the annual OWS calendar we are pleased to announce that Booragoon Physiotherapy Centre has also come on board with financial support.

#### Website

Our new website www.mastersswimmingwa.asn.au is up and running, with some information still to be completed.

#### **Bill Kirby Coaches Workshop**

This event was held on Sunday 4 November with 15 participants and an emphasis on race preparation. Feedback has been excellent and we are looking to repeat the workshop in February in time for remaining Club Coaches to assist their swimmers with fine-tuning race techniques and other strategies for the 2008 FINA World Masters.

**STOP PRESS:** New sponsor Ford and Doonan is partnering MSWA for the next two years in support of our coaching program through provision of technical support and increased assess to professional development for Club Coaches.

# BE ACTIVE Sandgropers Club update

Our virtual country club coordinated and administered by our part-time Project Coordinator in the State Office, Trina Lane, is going from strength to strength with 20 members by end of 2007, some of which are 16-month members. Coaching clinics are planned for three country venues in February 2008, where current BE ACTIVE Sandgropers Club members are able to attend as part of their member benefits. General public who participate will be able to join the Club at a discount rate.

#### **One-Club Membership Concept**

From our minimal promotions several swimming clubs affiliated with Swimming WA have expressed interest at becoming affiliated with MSWA to promote and enable their former members and current parents to "stay with their club" to compete in the 2008 FINA World Masters. This will achieve loyalty to existing "junior" Clubs whilst possibly providing opportunities for role models and more Club volunteers. Another plus is including one Masters member is the Club Contact for MSWA and the conduit to the existing Club Committee.

#### Wendy Holtom Executive Officer

### **New South Wales**

#### Reporting Time

All Clubs in NSW are requested to complete an Annual Report and Safety Report. The Annual Reports are included in the reporting booklet for the AGM. The Club Safety Reports enable the MSNSW Safety Coordinator to audit Club Safety and complete a report for the AGM.

#### **Awards Package**

NSW has sent out an awards package to each club, providing clubs with the opportunity to recognize their Administrators, Coaches and Officials through the 2007 awards.

#### Coaching and Technical

NSW is conducting a coaching workshop on "The New Adult Swimmer" in early December for over 20 coaches. Many courses for Inspector of Turns are being held around NSW. All members and nonmembers who have a timekeeping accreditation or above are encouraged to attend in preparation for the 2009 World Masters Games.

#### **Events**

The NSW Short Course Championships attracted 243 competitors to the Tuggeranong Leisure Centre. 18 individual and one relay National records were broken. An additional 16 individual, plus one relay Branch Records were broken. Once again, Meet Director, Jane Noake, organised a great team of Officials.

Since the last newsletter, Six Branch Pointscore Meets have been held in three city and three country locations. One unsanctioned Challenge event was held in the ACT and one Long Distance city meet. The Hunter region will host the last meet of the year in December.

#### Calendar 2008

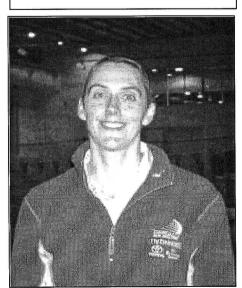
A full list of events for 2008 have been finalised and MSNSW thanks the national sponsor, Vorgee, for the support they give so we can produce a fridge calendar again for all our members.

#### Sue Fear Award Finalist 2007

In November MSNSW was proud to nominate Vicky Watson from Ryde for the inaugural Sue Fear Award for Vicky's courage and achievement of overcoming breast cancer and swimming National Records immediately after chemo. Vicky has been a member of AUSSI Masters since moving to Australia in 2005. She was diagnosed with breast cancer in December 2006. The first thing she did after the devastating diagnosis was to register for the FINA Masters World Championships to be held in Perth in April 2008.

Vicky was and remains determined that her cancer will not control her life and that she would remain in control by setting new goals and continuing to contribute to her chosen field of sporting endeavour.

Below: Vicky Watson (Ryde AUSSI Masters), inaugural Sue Fear Award Finalist



After completing chemotherapy and with so little time for recovery, she competed in NSW Masters Relay Championship and broke two long standing short course records since 1998 by her team mate Ms Jenny Whiteley, the Australian Masters Athlete of the Year 2003. She has since broken other NSW and National swimming records. Vicky also provides unreserved support, encouragement and generosity to swimmers in the team. Despite feeling unwell in the middle of chemotherapy cycle, she swam 3kms to raise money for the Multiple Sclerosis Swimathon to raise funds for this important cause. Vicky has volunteered to assist with promotion of the 2008 World Masters Games.

#### Vale

MSNSW sadly acknowledges the passing of Tricia Liddy from Twin Towns. Although a member of Queensland, Tricia and husband Ken are well known in NSW at our events as a top competitor and efficient official respectively.

Many thanks to the Board and Committee members whose sustained efforts keep MSNSW going so well. We are proud to be the biggest Branch of Masters Swimming Australia, even more so now that we have welcomed the ACT clubs into our Branch.

The NSW Branch office will be closed from 4pm 21 December to Wednesday 2 January 2008. NSW wishes all members of Masters Swimming Australia a safe and happy festive season and all the best for a great 2008.

Di Coxon-Ellis Secretary NSW Branch

## **NATIONAL COMMITTEES**

### **2008 National Committees**

Following are the names of the Chairmen and members of the National Committees for 2008:

#### **Coaching Committee**

David Chambers – Chair until 1/1/2008 (There is no Director of Coaching under the new Board structure)

"Tricia Summerfield

#### **IT Committee**

Paul Watmough- Chair Helen Rubin Pauline Samson

#### **Technical Committee**

Gary Stutsel – Chair Derek Coghill John Marshall Tracey Dobby Judith Crawford Fran O'Hara

#### **Records Committee**

Pauline Samson – Chair Lynne Malone Paul Watmough

## Membership and Participation Committee

Therese Crollick

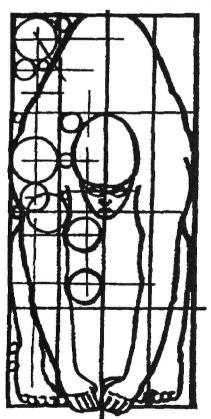
#### **Swim Meet Committee**

John Pollock – Chair Jeanette Holowiuk Lynne Malone

Congratulations to all Chairmen and Committee members, and good luck for the coming year.

On behalf of those on the National Board, 'Thank You' to those people leaving Committees for your time and input. Your efforts are much appreciated and we hope to see you involved again in the future.

# **Coaching**Call for Committee Members



As you will see from the above article, there were very few nominations for the National Coaching Committee for 2008. Coaching has always been a strong focus of Masters Swimming

Australia. For this to continue, we need individuals who are passionate about Coaching to assist the ongoing development of Masters Swimming Coaches by playing an active role on the coaching committee.

The National Coaching Committee can have up to five members.

Members must be current club members or an employee of the association and hold a current Level 1M or 2M coaching accreditation.

Under the direction of the Chairman, the Coaching Committee will:

- Implement coaching accreditation course;
- Investigate further coaching accreditation levels and updates;
- Conduct and promote education seminars;
- Conduct and promote coaching seminars as necessary;
- Coordinate fitness and coaching on a national basis through Branch Coaching Directors and interested persons;
- Address objectives, methods, programs and problems and

- report regularly on these;
- Provide fitness and coaching articles to assist the dissemination of information to members;
- Update the National Coaching Manual as required;
- Coordinate the national Coach of the Year program;
- Liaise with other peak bodies such as Swimming Australia Limited, ASCTA and AUSTSWIM; and
- Investigate other areas of relevance for further research.

The workload is not onerous and is well supported by the National Office administration.

If you are interested in participating in this committee, please e-mail your expression of interest to sportadmin@aussimasters.com.au or contact the National Office for more information (see back page for contact details).

Dave Chambers Chair National Coaching Committee

## **NATIONAL COMMITTEES**

# **3chnical**Rule Changes - Effective 1 January 2008

Changes have been made to the wording of a number of Rules and they will become effective on 1 January 2008. They will not effect the way you swim your events.

General Rule GR 6.15 has been reworded to spell out the steps to be taken if protesting an error in entries, a disqualification or an error in the results.

Following our move to identify those rules where there are differences between the AUSSI Rule and the Swimming Australia (SAL) Rule, SW 8.2 becomes SW 8.2M because although the wording is the same as SAL's, the interpretation in our clarification is more liberal. SW 10.10 becomes SW 10.10M because SAL's wording does not include in the water starts.

SW 10.13M becomes SW 10.13 because the wording is the same as SAL's.

Rule SW 2.1 becomes SW 2.1M

because we have included the words "Meet Referee" and "Event Referee" to differentiate these two roles. The Meet Referee has control of the whole meet even if not at poolside for all events, while the Event Referee has control of the event in progress.

Rule SW 2.5.3M has been added and states that Chief Inspectors of Turns must be accredited referees.

SW 2.6.2 has an M added to reflect that an AUSSI accredited Inspector of Turns has jurisdiction until the completion of the first surface arm stroke.

SW 2.6.3M and SW 2.9.7M have been changed so that 400m Individual Medley swimmers are no longer advised of their laps swim nor given a warning signal when they have two laps to go.

The clarification to SW 4.4M allows Referees to be lenient to swimmers of any age not just "older" if they are unsteady on their feet (due to injury, illness or age).

The dolphin kick rule in Breaststroke, SW 7.4M, has had the last two sentences joined into one to avoid any ambiguity. This does not alter the way the rule is being refereed.

The word "continuously" has been deleted from Butterfly rule SW 8.2M so it is now worded the same as the SAL rule. The requirement for those swimmers using a breaststroke kick to do no more than two kicks per stroke (SW 8.3M) still applies.

SW 12.6.16M has been reworded to reflect the process by which National Records are notified.

The new Rules will be posted on the National Website under Rules, Regulations and Forms by the end of the year.

Gary Stutsel Chair National Technical Committee

# **Information Technology**

#### **National Website**

Many of you will have noticed that nothing has changed on the National Website since 7
September 2007. Behind the scenes, we have been developing a new 'look and feel' to the website for some months, particularly developing a water theme, which will be common through any advertising or display material coming from the National Office. This change also signifies a move to a website that is easier to manage from the National Office perspective.

Some of you will have already seen the colour scheme of the new website, which has been in place on the results portal for some time. The new website will officially come on-line on January 7 2008, with material/components of the 'old site' transferred in a similar format to the 'new site'. Both sites will be on-line for a period (until the end of February), at which time the old one will be taken off-line. The new site will be further refined through 2008.

#### **Registration Database**

Those avid readers of the Minutes of National Board meetings, will know that the Registration Database, which Swimming Australia (SAL) developed, is no longer being continued by SAL. SAL gave notice to Masters Swimming early in 2007 to this effect and the relationship formerly ended at the end of August. We have arranged to continue using

the Database, with sole access to the environment once SAL have completed developing their new system. We will also look at redeveloping our own web-based registration database in the future.

#### Aerobics

The New Aerobics continues to be developed and yes it will see the light of day in 2008. It has been built to enable a transition mid-season to the new Aerobics or AUSSI II Aerobics as it is called. We are in the middle of preparing documentation to be able to roll-out the current version to the testing team, prior to Christmas.

Paul Watmough Chair IT Committee

## **SPONSORS**

















For information on accommodation & airfares available, please contact our office:

International Sports Tours
Tel: (02) 9922 6166 Toll Free: 1800 242 987 Email: info@sportstours.com.au Visit: www.sportstours.com.au

# **PROGRAMMES**

# **Million Metre Awards**

Congratulations to the following people, who have achieved their Vorgee Million Metre Awards from October to December 2007:

First Name	Surname	Club	State	Distance
Peter	O'Sullivan	Trinity	NSW	1 Million
Robert	Morse	Noosa	QLD	1 Million
Clinton	Stanley	Noosa	QLD	1 Million
Doug	Campbell	Twin Towns	QLD	1 Million
Joy	Murdock	Enoggera Masters	QLD	1 Million
Steve	Muir	Launceston	TAS	1 Million
Margaret	Somes	Stadium Snappers	WA	1 Million
Phil	Nilsson	Nudgee Brothers	QLD	2 Million
Freda	Shaw	Twin Towns	QLD	2 Million
Shirley	Kerr	Brisbane Northside	QLD	2 Million
Barbara	Maynard	Twin Towns	QLD	2 Million
Tracy	Clarkson	Brisbane Northside	QLD	2 Million
Steve	Raynes	Perth City	WA	5 Million



Right: Hector Beveridge, Jenny Napier and Rod Oliver of Launceston all picked up their 2 million metre awards and Penny Davis of Hobart received her 3 million metre award

## **POSTAL SWIMS 2008**

Date	Details	Contact
1 Jan-30 Apr	West Auburn 5000m Turtle Swim 2008 PS 08/04	Terry Gainey
	5000m; choice of stroke. As individual swim or in a relay; (2 x 2500m, 5 x 1000m, 10 x 500m )	t.s.gainey@bigpond.com.au
1 Jan-29 Feb	Swan Hills DO 45 PS 08/05	Sandra Mutch
	Swim 3/4 hour	PO Box 1691 Midland WA 6056
1 May-30 June	Bunbury 3 x 400m Winter Postal PS 08/01	Gita Neumann
	400 FR, 400 Ba, 400 Bu/BR, short or long course	Neumann@iinet.net.au
1 Jun-31 Jul		Sue Neuner neuner@tpg.com.au
1 Jul-31 Aug		Robert Trembath
T Jul-51 Aug		Robert_trembath@hotmail.com
1 Sep-31 Oct	Aqua Jets (QLD) The Taskmaster PS 08/02	Sharen Smith
	800m, 1500m, 1 / 2 hr, I hr, any stroke.	shazzashome@yahoo.com.au

### **EVENTS**

# 2008 Major Events

Date	Event	Location
1-3 February	Ist AsiaPacific OutGames	Melbourne, VIC
20-23 March	33 <sup>rd</sup> National Swim	Melbourne, VIC
15-25 April	X11 FINA World Masters Championships	Perth, WA
1-9 November	Pan Pacific Masters Games	Gold Coast, QLD

# **1st Asia Pacific Outgames**



The 1<sup>st</sup> Asia Pacific Outgames is coming to Melbourne. The Glamourheads are progressing well with the organization of the Outgames swimming competition at the end of January in 2008.

So far we have entries from every state of Australia, New Zealand, across the Asia Pacific and even as far a Europe and the US. It is shaping up to be one tough competition.

The competition will be over 3 days in January at the Melbourne Sports and Aquatic Centre and is a great opportunity to get some competition practice in the lead up to the World Swimming Championships in Perth and the National Titles in Melbourne. Medals will be awarded for every event.

You can submit your entry via the website <a href="www.melbourneoutgames.org">www.melbourneoutgames.org</a>. Come join the fun and swim with your neighbours.

Glamourheads

### **EVENTS**

# 2008 National Swim, Melbourne



**Dates** 

Welcome Function: Wednesday 19
March

Registrations: Wednesday 19 March Pool Events: Thursday 20 March to (Easter) Sunday 23 March Presentation Dinner: Sunday 23

March

#### Venues

Welcome Event/Registrations: Melbourne Sports & Aquatic Centre (MSAC), Albert Park (the pool). It will be a very low key event consisting of;

- A training session at the pool for 1 to 1.5 hrs;
- Registrations where swimmers can collect their "bag" containing programme, merchandise, tourist information etc; and
- The Welcome by the National & Branch Presidents, with "finger food" and drinks at bar prices.

#### **Happy Hours**

Happy Hours will be held at MSAC, Albert Park (the pool) on Day 1

(Thursday 20 March) and Day 3 (Saturday 22 March). There will be "nibbles" with drinks at bar prices. There will be no happy hours on Day 2 or 4, as Day 2 is Good Friday and Day 4 is the Presentation dinner.

#### **Presentation Dinner**

The Presentation Dinner will be held at Albert by the Lake in South Melbourne on Sunday 23 March. This was the venue of the 2001 National Swim Presentation Dinner and is within walking distance of MSAC. There will be a three course meal with unlimited soft drinks only. Beer, wine and spirits can be purchased at bar prices. There will be entertainment.

#### Members' Forum

The Members Forum will be held on Day 1 (Thursday 30 March) during the Happy Hour.

#### **Transport**

MSAC is accessible by public transport, however as the Meet will be conducted over the Easter weekend, extra travel time will need Left: Melbourne Sports and Aquatics Centre, Venue for the 2008 National Swim

to be allocated. Public transport timetables will be on a holiday schedule. There is plenty of car parking at MSAC but there is a charge.

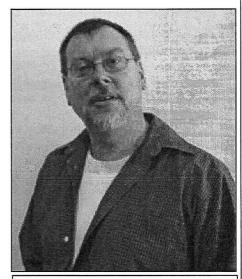
#### **Technical Issues**

The venue has electronic timing and Meet Manager will be used. Officials from all Branches are requested to complete the "Officials Nomination Form" to ensure the required number of Officials are available to conduct the Meet.

#### Merchandise

Merchandise will be available for purchase by pre-order. There will be a very limited supply for sale at the Meet. Details will be available on the website shortly. Vorgee will be supplying swimming caps to each entrant as part of their National sponsorship.

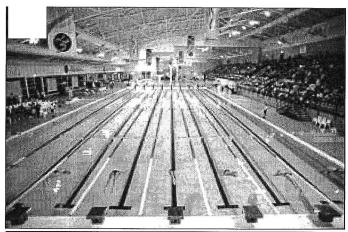
Paul Watmough Convener 2008 National Swim Meet Organising Committee



Above: Paul Watmough, 2008 National Swim Organising Committee Convener

### **EVENTS**

# 2008 FINA World Masters Championships 15-25 April, Perth (WA)



Above: Challenge Stadium Aquatic Centre (Perth, WA), venue for the XII 2008 FINA World Masters.

#### **Entry Checklist**

For an entry to be accepted by the Organising committee, each competitor must submit the following forms, validation, and fees to the Championships Office:

- Individual Registration Form
- Photographs (two passport sized photographs)
- Team Entry Form (for relay entries)
- Proof of Age (photocopy of passport, drivers license or birth certificate showing competitor's date of birth)
- Registration Card (international swimmers only)
- Payment
- Championship Entries (online or post only, not faxed)

#### **Entry Deadline**

The final date for entries to be received by the Organising Committee is 23 March 2008.

#### **FINA Affiliation**

All Masters competitors must be registered with a FINA Member Federation (such as Masters Swimming Australia). This means that swimmers from Australia will need to be members of a Masters Swimming Australia Club or become a Championship Member of one of our Branch Clubs (for more details on the Championship Membership, refer back to page 4).

#### Social Events

Opening ceremony - Challenge Stadium, Thursday 17 April 2007

Closing ceremony - Challenge Stadium, Friday 25 April 2007.

Live bands, entertainment, bars, restaurants, and cafes will all be located in the main arena of Challenge Stadium operating throughout every day of the championships.

#### **Further Information**

To register, obtain further details or download the information booklet, visit <a href="www.2008finamasters.com.au">www.2008finamasters.com.au</a>. This website provides information on accommodation, social events, tours, transport and merchandise, as well as the qualifying times for these Championships in a downloadable format.

### NATIONAL RECORDS

### Short Course Relay 01/09/07-31/10/07

Gender	Age Group	Distance	Stroke	Date	Time	Club
MIXED	120-159	4 X 25M	MEDLEY	22.09.2007	000:55.77	NSP
MALE	160-199	4 X 50M	FREESTYLE	01.09.2007	001:43.45	NNS
MIXED	200-239	4 X 25M	MEDLEY	22.09.2007	001:02.28	NSP
FEMALE	240-279	4 X 25M	MEDLEY	22.09.2007	001:12.86	NWG
FEMALE	280-319	4 X 25M	MEDLEY	22.09.2007	001:53.45	NML
MALE	280-319	4 X 25M	MEDLEY	22.09.2007	001:14.25	NWG
MIXED	280-319	4 X 50M	MEDLEY	20.10.2007	002:56.97	NML
FEMALE	280-319	4 X 25M	MEDLEY	21.10.2007	001:51.31	QSC
MALE	320-359	4 X 25M	MEDLEY	22.09.2007	001:52.96	NWG

# **NATIONAL RECORDS**

# Short Course Individual 01/09/07—31/10/07

Swimmers	Age Group	Distance	Stroke	Date	Time	Club
TIM WATTS	20-24	25M	BACKSTROKE	20.10.2007	000:18.45	QAL
HUGH J ROTHWELL	25-29	25M	BREASTSTROKE	22.09.2007	000:15.20	NWG
MARK QUE	25-29	25M	BREASTSTROKE	21.10.2007	000:13.86	QWS
MARK QUE	25-29	25M	FREESTYLE	21.10.2007	000:11.89	QWS
REBECCA RUGE	25-29	25M	FREESTYLE	21.10.2007	000:13.14	QAL
SARAH JAMES	30-34	25M	BREASTSTROKE	20.10.2007	000:16.79	VYR
JOHN BATES	35-39	25M	BUTTERFLY	22.09.2007	000:12.17	NSP
JOHN BATES	35-39	25M	FREESTYLE	22.09.2007	000:11.50	NSP
PETER THIEL	35-39	25M	BREASTSTROKE	22.09.2007	000:15.01	NTS
SIMON HO	35-39	25M	BACKSTROKE	22.09.2007	000:13.72	NNS
LYNNE HAYES	35-39	100M	BUTTERFLY	21.10.2007	001:04.64	QEN
LYNNE HAYES	35-39	50M	BUTTERFLY	21.10.2007	000:29.51	QEN
MARTIN MARKOV	35-39	25M	FREESTYLE	20.10.2007	000:11.34	VMV
SIMON HO	35-39	100M	BACKSTROKE	20.10.2007	001:03.36	NNS
SUE PERKINS	35-39	200M	FREESTYLE	20.10.2007	002:11.44	NSP
SUE PERKINS	35-39	200M	INDIVIDUAL MEDLEY	20.10.2007	002:34.04	NSP
VICKY WATSON	40-44	50M	BUTTERFLY	01.09.2007	000:30.85	NRY
IAN ROBINSON	40-44	25M	BACKSTROKE	20.10.2007	000:14.96	QNA
JENNIE BUCKNELL	40-44	25M	BACKSTROKE	20.10.2007	000:15.77	VPP
JENNIE BUCKNELL	40-44	50M	BUTTERFLY	20.10.2007	000:30.62	VPP
NADINE ROYLE	40-44	25M	BREASTSTROKE	20.10.2007	000:17.34	VPP
PAUL J LEMMON	40-44	200M	BACKSTROKE	21.10.2007	002:14.44	NET
PAUL J LEMMON	40-44	200M	BUTTERFLY	20.10.2007	002:19.57	NET
PAUL J LEMMON	40-44	200M	FREESTYLE	20.10.2007	002:01.53	NET
PAUL J LEMMON	40-44	200M	INDIVIDUAL MEDLEY	20.10.2007	002:16.40	NET
STEFFAN WENSING	40-44	100M	BACKSTROKE	20.10.2007	001:06.14	VSP
JENNY WHITELEY	45-49	100M	BUTTERFLY	01.09.2007	001:09.50	NRY
JENNY WHITELEY	45-49	25M	FREESTYLE	22.09.2007	000:13.42	NRY
JOHN KAIN	45-49	25M	BREASTSTROKE	22.09.2007	000:15.07	NNS
SALLY BELL	45-49	200M	BACKSTROKE	06.10.2007	002:38.00	WCM
ALAN GODFREY	50-54	100M	INDIVIDUAL MEDLEY	22.09.2007	001:05.49	NTS
KIM BRENNAN	50-54	25M	BREASTSTROKE	22.09.2007	000:18.92	NBT
KIM BRENNAN	50-54	25M	BREASTSTROKE	22.09.2007	000:18.92	NBT
KIM BRENNAN	50-54	25M	BREASTSTROKE	22.09.2007	000:18.92	NBT
KIM BRENNAN	50-54	25M	BREASTSTROKE	22.09.2007	000:18.92	NBT
KIM BRENNAN	50-54	25M	BREASTSTROKE	22.09.2007	000:18.92	NBT
KIM BRENNAN	50-54	25M	BREASTSTROKE	22.09.2007	000:18.92	NBT
KIM BRENNAN	50-54	25M	BREASTSTROKE	22.09.2007	000:18.92	NBT
KIM BRENNAN	50-54	25M	BREASTSTROKE	22.09.2007	000:18.92	NBT
KIM BRENNAN	50-54	25M	BREASTSTROKE	22.09.2007	000:18.92	NBT
KIM BRENNAN	50-54	25M	BREASTSTROKE	22.09.2007	000:18.92	NBT
KIM BRENNAN	50-54	25M	BREASTSTROKE	22.09.2007	000:18.92	NBT
KIM BRENNAN	50-54	25M	BREASTSTROKE	22.09.2007	000:18.92	NBT
KIM BRENNAN	50-54	25M	BREASTSTROKE	22.09.2007	000:18.92	NBT
KIM BRENNAN	50-54	25M	BREASTSTROKE	22.09.2007	000:18.92	NBT
KIM BRENNAN	50-54	25M	BREASTSTROKE	22.09.2007	000:18.92	NBT
KIM BRENNAN	50-54	25M	BREASTSTROKE	22.09.2007	000:18.92	NBT
KIM BRENNAN	50-54	25M	BREASTSTROKE	22.09.2007	000:18.92	NBT
KIM BRENNAN	50-54	25M	BREASTSTROKE	22.09.2007	000:18.92	NBT
				_		

# **NATIONAL RECORDS**

# Short Course Individual 01/09/07-31/10/07 (cont..)

Swimmers	Age Group	Distance	Stroke	Date	Time	Club
KIM BRENNAN	50-54	25M	BREASTSTROKE	22.09.2007	000:18.92	NBT
KIM BRENNAN	50-54	25M	BREASTSTROKE	22.09.2007	000:18.92	NBT
ALAN F GODFREY	50-54	100M	BACKSTROKE	20.10.2007	001:07.43	NTS
ALAN F GODFREY	50-54	200M	BACKSTROKE	21.10.2007	002:24.36	NTS
KATHRYN DOBSON	50-54	200M	BACKSTROKE	21.10.2007	002:55.12	NBM
SUE KEARNEY	50-54	200M	FREESTYLE	20.10.2007	002:28.51	NML
MARILYN EARP	55-59	100M	BUTTERFLY	21.10.2007	001:21.31	NWG
MARILYN EARP	55-59	200M	BUTTERFLY	20.10.2007	003:14.20	NWG
STUART ELLICOTT	55-59	100M	BREASTSTROKE	20.10.2007	001:15.49	NHS
TRACY CLARKSON	55-59	400M	BUTTERFLY	21.10.2007	007:40.97	QBN
COLIN MAYRHOFER	65-69	100M	INDIVIDUAL MEDLEY	06.10.2007	001:19.56	WCM
GERDA WILLIAMS	65-69	25M	BACKSTROKE	20.10.2007	000:20.48	CDW
GERDA WILLIAMS	65-69	25M	BUTTERFLY	20.10.2007	000:21.18	CDW
GERDA WILLIAMS	65-69	400M	BACKSTROKE	21.10.2007	007:16.02	CDW
JENNY SPRAGG	65-69	400M	BREASTSTROKE	21.10.2007	008:06.22	QFH
CHRISTIAN THIESS	70-74	400M	BUTTERFLY	21.10.2007	007:41.78	QHB
JOHN CRISP	70-74	25M	BACKSTROKE	20.10.2007	000:18.30	QMM
JOHN CRISP	70-74	25M	FREESTYLE	21.10.2007	000:14.39	QMM
PAM HUTCHINGS MARGARET CUNNING	70-74 -	100M	FREESTYLE	21.10.2007	001:22.18	NSP
HAM	80-84	25M	BREASTSTROKE	21.10.2007	000:27.94	QWY
JOY GRANGE	85-89	400M	FREESTYLE	21.10.2007	011:43.11	QSC
ARTHUR EVANS	90-94	25M	BREASTSTROKE	21.10.2007	000:37.28	QSC
JACK MATHIESON	90-94	100M	BREASTSTROKE	20.10.2007	003:33.27	NSH
JACK MATHIESON	90-94	200M	BREASTSTROKE	21.10.2007	007:23.42	NSH

# Long Course Individual 01/09/07—31/10/07

Swimmers	Age Group	Distance	Stroke	Date	Time	Club
EBONY EBENWALDNER	25-29	400M	BACKSTROKE	15.09.2007	005:15.78	VCS
EBONY EBENWALDNER	25-29	400M	BACKSTROKE	15.09.2007	005:19.64	VCS
EBONY EBENWALDNER	25-29	M008	BACKSTROKE	15.09.2007	010:45.75	VCS
STEPHANIE J PALMER-WHITE	40-44	200M	BUTTERFLY	05.10.2007	002:33.16	SAM
DEE SHEFFRIN	50-54	1500M	BREASTSTROKE	15.09.2007	028:35.56	VDC
FRANCIS CHRISTIAN	50-54	1500M	FREESTYLE	15.09.2007	018:00.54	VDC
FRANCIS CHRISTIAN	50-54	200M	BUTTERFLY	15.09.2007	002:27.42	VDC
FRANCIS CHRISTIAN	50-54	400M	BUTTERFLY	15.09.2007	005:08.04	VDC
FRANCIS CHRISTIAN	50-54	400M	FREESTYLE	15.09.2007	004:41.38	VDC
FRANCIS CHRISTIAN	50-54	M008	BUTTERFLY	15.09.2007	010:56.60	VDC
FRANCIS CHRISTIAN	50-54	M008	FREESTYLE	15.09.2007	009:32.70	VDC
MARK TAYLOR	50-54	M008	BREASTSTROKE	15.09.2007	012:59.48	VSP
LEONIE O'CONNELL	50-54	200M	BUTTERFLY	05.10.2007	003:10.79	SAM
TRUDY BULLIVANT	85-89	400M	BACKSTROKE	15.09.2007	012:30.74	VNL
BRIAN WALSH	60-64	1500M	BUTTERFLY	15.09.2007	034:14.64	VDC
JACK MATHIESON	90-94	200M	BREASTSTROKE	05.10.2007	007:28.35	NSH
MARGO BATES	95-99	50M	FREESTYLE	06.10.2007	001:14.72	SAM

# **BRANCH CONTACTS**

Branch	Address	Phone	Website
National	148A Ferguson Street, Williamstown, Vic 3016	(03) 9399 8861	www.aussimasters.com.au
NSW	PO Box 6941, Silverwater NSW 2128	(02) 8116 9716	www.aussimastswimnsw.org.au
NT	PO Box 418, Parap NT 0804	(08) 8981 5919	www.nt.aussimasters.com.au
QLD	1st Floor, Corner of Castlemaine & Caxton Streets, Milton Qld 4064	(07) 3876 2822	www.aussimastersqld.com.au
SA	PO Box 219, North Adelaide SA 5006	(08) 8263 9958	www.aussisa.org.au
TAS	PO Box 659, Rosny Park Tas 7018	(03) 6223 1183	www.tas.aussi.org.au
VIC	148A Ferguson Street, Williamstown Vic 3016	(03) 9399 8861	www.aussivic.com.au
WA	PO Box 57, Claremont WA 6910	(08) 9387 4400	www.mastersswimmingwa.asn.au

## **PUBLICATION INFORMATION**

# SUBMISSION DEADLINE

AUSSI Clubs and members are encouraged to contribute to "AUSSI masters news".

Contributions may include articles, photos, letters to the editor.

Submissions for the next edition of "AUSSI masters news" can be sent to:

sportadmin@aussimasters.com.au or posted to the national office at:

148A Ferguson Street

Williamstown VIC 3016

by Friday 29th February 2008

### **ADVERTISING RATES**

"AUSSI masters news" has a distribution of approximately 700 hardcopy newsletters, obtaining a readership of over 7,000 via print, e-mail and website. The advertising rates for future issues of the "AUSSI masters news" are as follows:

Full page \$500 Half page \$275 Quarter page \$195

The following discounts on the above rates are available for the purchase of consecutive advertisements.

10% for two or more consecutive issues. 20% for four or more consecutive issues.

For further details, contact the National Office on (03) 9399 8861 or <a href="mailto:ceo@aussimasters.com.au">ceo@aussimasters.com.au</a>.

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