

**Thomas
Cook**

OFFICIAL TRAVEL AGENT

For all your flight requirements to Perth
For all your hotel arrangements whilst in Perth
For any other travel requirements

please call

Thomas Cook Travel Management
25 Barrack Street
Perth WA 6000
Tel: (09) 268 3500

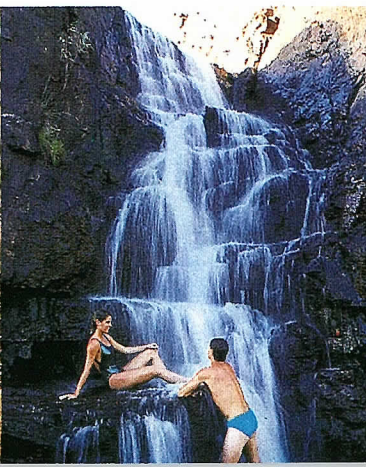
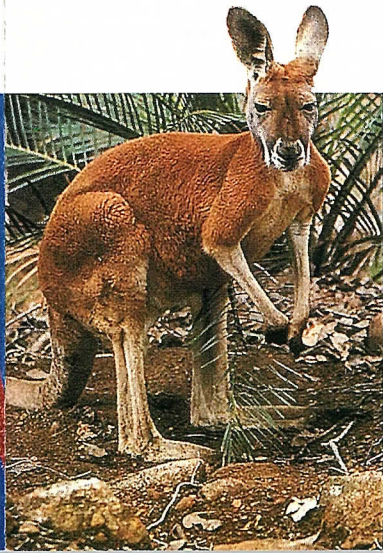
Contact **ALISON HOLLINGWORTH**
for best deals on hotels/flights

also

Whilst in Perth stay at the Perth Travelodge,
centrally located and excellent rates available
via Thomas Cook.

Single/Twin/Double from \$90 per room per night
Good rates also at Parkroyal


SOUTHERN PACIFIC HOTELS
THE PARKROYAL COLLECTION • CENTRA • TRAVELODGE • THEC



Proudly supported by:

BE ACTIVE EVERY DAY

Healthway



and

**ZEDAR
SWIMWEAR**

BE ACTIVE 20th AUSSI MASTERS NATIONAL SWIM

**PERTH
1995**

PERTH'S SUPERDROME
13th - 17th April,

PROGRAMME

THURSDAY 13TH – 8.30am

1. 400m Freestyle

OPENING CEREMONY

4 x 50m Zedar Women's Challenge Relay

4 x 50m Zedar Men's Challenge Relay

2. 50m Freestyle
3. 100m Butterfly
4. 4 x 50m Mixed Medley Relay

FRIDAY 14TH – 8.30am

5. 400m Individual Medley
6. 100m Freestyle
7. 200m Backstroke
8. 100m Breaststroke
9. 200m Butterfly
10. 4 x 50m Mixed Freestyle Relay

SATURDAY 15th – 8.30am

11. 200m Freestyle
12. 50m Butterfly
13. 200m Breaststroke
14. 100m Backstroke
15. 4 x 50m Women's Medley Relay
16. 4 x 50m Men's Medley Relay

SUNDAY 16th – 8.30am

17. 50m Breaststroke
18. 200m Individual Medley
19. 50m Backstroke
20. 4 x 50m Women's Freestyle Relay
21. 4 x 50m Men's Freestyle Relay

MONDAY 17th – 8.00am

22. 3000m Open Water Swim – Indian Ocean

CONDITIONS

1. Individual entries limited to 5 events. The long distance swim, NOT INCLUDED.
2. No swimmer may enter more than 3 FREESTYLE POOL events.
3. Relay entries limited to one team per age group in each event per club.
4. Age is in years on 31st December, 1995.
5. AUSSI rules as at 28th February, 1995 will apply.
6. Event 1 will be deck seeded. Other events may be deck seeded if numbers warrant.
7. Entry is open to registered AUSSI Masters swimmers only. Registered overseas Masters Swimmers may compete by invitation.

WARM UP & COOL DOWN FACILITIES

Main pool available 30 minutes prior to commencement of each session. Indoor and outdoor facilities also available during each session.

ENTRY FEES

\$35 per person – \$5 per relay team

CLOSING DATE

28th February, 1995

ENTRIES ACCEPTED FROM CLUBS ONLY

Summary sheets must be completed and returned with entries.

AWARDS

CLUB

- Founders Trophy – Top Scoring Club
- Runners Up Trophy – Second Highest Scoring Club
- Visitors Trophy – Top Scoring Visiting Club
- Age Group Relay Trophies
80+ 120+ 160+ 200+ 240+ 280+ 320+ 360+
- National Aerobic Trophy

INDIVIDUAL

- Aggregate Medals – 1st, 2nd & 3rd in each age group
- Medals to 1st placegetter in each event
- Ribbons to 2nd & 3rd placegetters in each event
- Swimmers of the Meet Trophies both Male and Female
- National Heart Foundation Trophy

ENQUIRIES

AUSSI Masters Swimming WA Branch (Inc.)
PO Box 564, Claremont WA 6010
Tel: (09) 441 8249

ENTRIES

Alan Green – Programme Controller
Nationals 1995
7 Aussat Drive
Morley WA 6062

SOCIAL

WELCOME FUNCTION

– PASTA ORIENTED BUFFET BANQUET
Wednesday 12th April, 1995 from 5.30pm
at the Surf Club Fish Cafe, Leighton Beach
Cost \$13.00

WELCOME PACKS AVAILABLE

HAPPY HOURS

Commencing after final event each day
in Club Superdrome

PRESENTATION LUNCHEON

17th April at 12.30pm for 1.00pm
in ARENA ONE Perth's Superdrome
Stephenson Ave, Mt Claremont
Cost \$38 per head
Includes – Drinks on arrival, Buffet Banquet,
Music and Entertainment

SPECIAL BBQ FUNCTION

Saturday 15th April – further details later