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**AMP AUSSI  
MASTERS  
NATIONAL SWIM  
1997**



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SWIM  
1997**

Sydney International Aquatic Centre  
Homebush Bay, Homebush, NSW 2140

AUSI Masters Swimming NSW Branch (Inc.)  
P.O. BOX 580, CRONULLA NSW 2230  
Tel / Fax: (02) 9544 1383

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Sydney  
International  
Aquatic  
Centre

Olympic Park Homebush Bay  
27th-29th March, 1997

**AMP  
AUSSI  
MASTERS  
NATIONAL  
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## PROGRAMME

### THURSDAY 27TH MARCH 1997 – 9 AM

1. 200m Butterfly
2. 200m Backstroke

### OPENING CEREMONY

3. 200m Individual Medley
4. 50m Butterfly
5. 400m Freestyle

### FRIDAY 28TH MARCH 1997 – 9 AM

6. 400m Individual Medley
7. 100m Breaststroke
8. 50m Freestyle
9. 100m Backstroke
10. 50m Breaststroke
11. 100m Freestyle
12. 4 x 50m Mixed Freestyle Relay
13. 4 x 50m Men's Medley Relay
14. 4 x 50m Women's Medley Relay

### SATURDAY 29TH MARCH 1997 – 9AM

15. 100m Butterfly
16. 50m Backstroke
17. 200m Freestyle
18. 200m Breaststroke
19. 4 x 50m Mixed Medley Relay
20. 4 x 50m Men's Freestyle Relay
21. 4 x 50m Women's Freestyle Relay

### MONDAY 31ST MARCH 1997 – 10 AM

22. 3000M Open Water Swim – Manly Dam

**CONDITIONS 1.** Individual entries limited to 5 events. The Open Water Swim is NOT INCLUDED. **2.** Swimmers may enter a maximum of THREE individual Freestyle Pool events. **3.** Relay entries are limited to one team per age group per Club in each event. **4.** Age is in years on 31 December, 1997. **5.** AUSSI Rules as at 26th March, 1997 will apply. **6.** All pool events may be deck seeded. **7.** Entry is open to registered AUSSI Masters Swimmers only. Registered overseas Masters Swimmers may compete by invitation. **8.** Check in time for the Open Water Swim will be at 8:00 am on 31st March, 1997. **9.** MONEY FOR ALL SOCIAL FUNCTIONS MUST ACCOMPANY ENTRIES.



## WARM UP AND COOL DOWN FACILITIES

Utility Pool (Diving Pool) will be available for warm up etc. from 8.30 am to 8.00 pm daily. Main Pool is not available for warm up.

## ENTRY FEES

**Individual: \$45.00 – Relay: \$8.00**

## ENTRIES

Entries will be accepted from Clubs only. National Summary Sheets must be completed and returned with all entries.

**Individual Entries:** AUSSI pink and blue cards must also be completed for all individual events.

**Relay Entries:** AUSSI yellow relay cards are to be completed.

## CLOSING DATE

Closing date for all entries is Tuesday 25th February, 1997.

## AWARDS

### CLUB

Founders Trophy – Top Scoring Club.

Runners Up Trophy – Second highest Scoring Club.

Visitors Trophy – Top Scoring Visiting Club.

Age Group Relay Trophies

80+ 120+ 160+ 200+ 240+ 280+ 320+ 360+.

National Aerobic Trophy.

### RELAYS

Medals will be given to all members of first placings. Ribbons will be given to all members of second and third placings.

### INDIVIDUALS

Aggregate medals – 1st, 2nd and 3rd in each age group.

Medals to 1st in each event. Ribbons to 2nd and 3rd placegetters in each event.

Swimmers of the Meet Trophies both Male and Female.

### OTHER AWARDS

National Heart Foundation Trophy.

National Coach of the year.



## ENQUIRIES

Secretary,  
AUSSI Masters Swimming NSW Branch (Inc.)  
P.O. BOX 580, CRONULLA NSW 2230  
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## SOCIAL

### WELCOME FUNCTION

#### Pasta Bash

*Wednesday 26th March, 1997*

Venue: Sydney International Aquatic Centre (SIAC)

Time: 6.30 pm to 8.30 pm

Cost: \$13 per head (payable with entries)

WELCOME PACK AVAILABLE

### PRESENTATION DINNER

*Saturday 29th March, 1997*

Venue: Canterbury Park Function Centre (Canterbury Race Course), King St, Canterbury, Sydney.

Cost: \$55 per head (payable with entries)

**Includes:** Drinks on arrival, Sit Down 3 Course meal, Music and Dancing, Bar available.

### APRÈS SWIM CLUB '97

Informal meeting place at the pool (SIAC) from 5.00 pm on Thursday and Friday. Food and drink available for purchase.

## LECTURES, DEMONSTRATIONS AND TOURS

A wide range of daily activities at the pool.

## CHURCH SERVICE

An Inter-Denominational service at the pool on Good Friday.

