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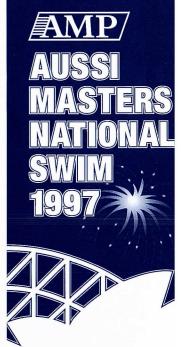
AMP AUSSI MASTERS NATIONAL SWIM 1997



AMP/ AUSSI MASTERS NATIONAL SWIM 1997

Sydney International Aquatic Centre Homebush Bay, Homebush, NSW 2140

AUSSI Masters Swimming NSW Branch (Inc.) P.O. BOX 580, CRONULLA NSW 2230 Tel / Fax: (02) 9544 1383 Sydney
International
Aquatic
Centre



Olympic Park Homebush Bay 27th–29th March, 1997

PROGRAMME

THURSDAY 27TH MARCH 1997 - 9 AM

- 1. 200m Butterfly
- 2. 200m Backstroke

OPENING CEREMONY

- 200m Individual Medley
- 4. 50m Butterfly
- 5. 400m Freestyle

FRIDAY 28TH MARCH 1997 - 9 AM

- 400M Individual Medley
- 7. 100M Breaststroke
- 8. 50m Freestyle
- 9. 100m Backstroke
- 10. 50m Breaststroke
- 11. 100m Freestyle
- 12. 4 x 50m Mixed Freestyle Relay
- 13. 4 x 50m Men's Medley Relay
- 14. 4 x 50m Women's Medley Relay

SATURDAY 29TH MARCH 1997 – 9AM

- 15. 100m Butterfly
- 16. 50m Backstroke
- 17. 200m Freestyle
- 18. 200m Breaststroke
- 19. 4 x 50m Mixed Medley Relay
- 20. 4 x 50m Men's Freestyle Relay
- 21. 4 x 50m Women's Freestyle Relay

MONDAY 31ST MARCH 1997 - 10 AM

22. 3000M Open Water Swim - Manly Dam

Water Swim is NOT INCLUDED. 2. Swimmers may enter a maximum of THREE individual Freestyle Pool events. 3. Relay entries are limited to one team per age group per Club in each event. 4. Age is in years on 31 December, 1997. 5. AUSSI Rules as at 26th March, 1997 will apply. 6. All pool events may be deck seeded. 7. Entry is open to registered AUSSI Masters Swimmers only. Registered overseas Masters Swimmers may compete by invitation. 8. Check in time for the Open Water Swim will be at 8:00 am on 31st March, 1997. 9. MONEY FOR ALL SOCIAL FUNCTIONS MUST ACCOMPANY ENTRIES.

ARM UP AND COOL DOWN FACILITIES

Utility Pool (Diving Pool) will be available for warm up etc. from 8.30 am to 8.00 pm daily. Main Pool is not available for warm up.

ENTRY FEES

Individual: \$45.00 - Relay: \$8.00

completed for all individual events.

ENTRIES

Entries will be accepted from Clubs only. National Summary Sheets must be completed and returned with all entries. Individual Entries: AUSSI pink and blue cards must also be

Relay Entries: AUSSI yellow relay cards are to be completed.

CLOSING DATE

Closing date for all entries is Tuesday 25th February, 1997.

AWARDS

CLUB

Founders Trophy – Top Scoring Club.
Runners Up Trophy – Second highest Scoring Club.
Visitors Trophy – Top Scoring Visiting Club.
Age Group Relay Trophies

80+ 120+ 160+ 200+ 240+ 280+ 320+ 360+.

National Aerobic Trophy.

RELAYS

Medals will be given to all members of first placings. Ribbons will be given to all members of second and third placings.

INDIVIDUALS

Aggregate medals – 1st, 2nd and 3rd in each age group. Medals to 1st in each event. Ribbons to 2nd and 3rd placegetters in each event.

Swimmers of the Meet Trophies both Male and Female.

OTHER AWARDS

National Heart Foundation Trophy. National Coach of the year.



ENQUIRIES

Secretary,

AUSSI Masters Swimming NSW Branch (Inc.)

P.O. BOX 580, CRONULLA NSW 2230

Tel / Fax: (02) 9544 1383

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SOCIAL

WELCOME FUNCTION

Pasta Bash

Wednesday 26th March, 1997

Venue: Sydney International Aquatic Centre (SIAC)

Time: 6.30 pm to 8.30 pm

Cost: \$13 per head (payable with entries)

WELCOME PACK AVAILABLE

PRESENTATION DINNER

Saturday 29th March, 1997

Venue: Canterbury Park Function Centre (Canterbury Race

Course), King St, Canterbury, Sydney.

Cost: \$55 per head (payable with entries)

Includes: Drinks on arrival, Sit Down 3 Course meal, Music

and Dancing, Bar available.

APRÈS SWIM CLUB '97

Informal meeting place at the pool (SIAC) from 5.00 pm on Thursday and Friday. Food and drink available for purchase.

LECTURES, DEMONSTRATIONS AND TOURS

A wide range of daily activities at the pool.

CHURCH SERVICE

An Inter- Denominational service at the pool on Good Friday.

