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White Polo Shirt with National 2000 Swim embroidered logo. Sizes S, M, L, XL, XXL, cost \$25.00 each. Available by pre-order only submitted with entries.

AUSSI Masters National Swim 2000
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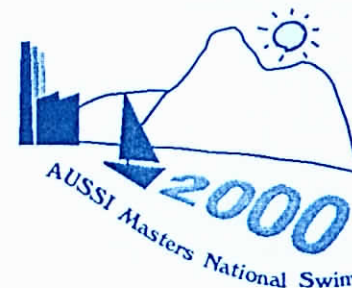


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25th AUSSI Masters National Swim

Gladstone, Queensland

21 - 24 April 2000



**MASTERS
SWIMMING**
Australia

**Hosted by Queensland Masters
Swimming**

PROGRAM

Thursday, 20 April, 2000

3.00 - 5.00 pm - Registration at Pool Complex

5.00 - 7.00 pm - Welcome Function

Friday, 21 April, 2000

Warm up 8.00 am, Start 9.00 am

1. 400m Freestyle
2. 200m Butterfly
3. 200m Backstroke
4. 50m Breaststroke
5. 200m Individual Medley
6. 4 x 50m Women's Freestyle Relay
7. 4 x 50m Men's Freestyle Relay
8. 4 x 50m Mixed Medley Relay

Saturday, 22 April, 2000

Warm up 7.30 am, Start 8.30 am

9. 50m Freestyle

Welcome Ceremony

10. 400m Own Choice
- 10.1 Butterfly) Choice
- 10.2 Breaststroke) of ONE
- 10.3 Backstroke) only
- 10.4 Individual Medley)
11. 100m Breaststroke
12. 50m Butterfly
13. 100m Backstroke
14. 4 x 50m Mixed Freestyle Relay
15. 4 x 50m Women's Medley Relay
16. 4 x 50m Men's Medley Relay

Sunday, 23 April, 2000

Warm up 8.00 am, Start 9.00 am

17. 200m Freestyle
18. 50m Backstroke
19. 100m Butterfly
20. 200m Breaststroke
21. 100m Freestyle

Monday, 24 April, 2000

Registration 8.30 am, Start 9.30 am

Open Water Swim - Awoonga Dam - transport to venue will be arranged

- 22.1 1.5k Open Water Swim
- 22.2 3.0k Open Water Swim

A wetsuit may be worn, but the swimmer then becomes ineligible for trophies or championship honours. (OWSS.10)

25TH AUSSI MASTERS NATIONAL SWIM

Venue: Gladstone Memorial Pool, Tank Street, Gladstone

Gates will not open before the start of warm up.

Conditions:

1. AUSSI rules as at close of entries (10/3/2000) apply.
2. Individual entries limited to 5 events. Open Water Swim **NOT** included.
3. Relay entries are limited to 1 team per age group per club in each event.
4. Age in years as at 31 December, 2000.
5. All events will be heat seeded.
6. Entry is open to registered AUSSI Masters Swimmers only. Registered overseas Masters Swimmers may enter by invitation.

WARM UP AND COOL DOWN FACILITIES

The main pool will be available for warm-up from 60 minutes before the beginning of the morning session. The 25m heated pool will be available for warm up/cool down throughout the day.

ENTRY FEES

Individual: \$50.00 Relay: \$10.00

Open Water Swim \$ 5.00

Please note that there can be no refunds after close of entries - 10/3/2000.

ENTRIES

- Entries accepted from clubs only. Summary sheets to be completed by club official and returned with all entry forms.
- Individual entries to be completed on entry form.
- Relay entries to be completed on Relay Entry Form and included with individual entries.
- Medical disabilities must be registered with National before close of entries and marked on entry form.

CLOSING DATE

Closing date for all entries is Friday, 10/3/2000. No late entries will be accepted.

AWARDS

Individual

- Medals to 1st, 2nd and 3rd in age group, in each event.
- Aggregate medals - 1st, 2nd and 3rd in each age group.

- Female Swimmer of the Meet.
- Male Swimmer of the Meet.
- Certificates to all competitors.

Relays

Medals to all members in 1st placings, ribbons to all members of 2nd and 3rd placings.

Club

Founder's Trophy - top scoring club

Runners Up Trophy - second highest scoring club

Visitor's Trophy - top scoring visiting club

Age Group Relay Trophies - 80+, 120+, 160+, 200+, 240+, 280+, 320+, 360+.

Other Awards

National Heart Foundation Trophy

National Coach of the Year

National Aerobic Trophy

Tassie Award

SOCIAL

Welcome Function Thursday, 20 April 2000

Venue: Gladstone District Tennis Club, Glenlyon St, Gladstone (adjacent to the pool)

Time: 5.00 - 7.00 pm

Cost: Nominated Swimmers - free, Guests \$5.00

Presentation Dinner - Sunday, 23 April 2000

Venue: Gladstone Entertainment Centre, Goondoon St, Gladstone

Time:

Cost: \$35.00 (include with entry) - buffet meal, bar available.

Dancing till late. Smart attire.

Payment for Presentation Dinner must accompany entries.

ENQUIRIES AND ENTRIES TO

The Secretary

AUSSI Masters National Swim 2000,

P O Box 5318

GLADSTONE QLD 4680

Phone 07 4972 6426 Fax 07 4972 1231

E-mail - aussiveba@selcon.com.au

Please make cheques payable to AUSSI Masters National Swim 2000