



• Masters Swimming National Championships • Sydney 2013 •

Social Events

All social events are within walking distance of the Aquatic Centre, Sydney Olympic Park.

Welcome Function: Wed 17th April, 5-7 pm
Hall of Champions, Sydney Olympic Park Sports Centre. (free parking)

Happy Hour: every day at *The Brewery*
(ground floor, Novotel Hotel)

Presentation Dinner: Sat 20th April, 7.00pm
Sydney Olympic Park Tennis Centre (free parking)

Sydney Olympic Park

Transport via train from city (3 minute walk to pool); bus, ferry, ample car parking.

NSW Transport -

Roads and Marine Services www.rta.nsw.gov.au

Trains www.cityrail.info

Maps/Accommodation -

www.whereis.com/nsw/sydney

maps.google.com.au

www.lastminute.com.au

www.wotif.com

www.sydneyolympicpark.com.au/maps

www.visitnsw.com.au

www.sydney.ymca.org.au/lodge

Welcome to Sydney

Masters Swimming New South Wales cordially invites participants to compete in the **Pool of Champions** - Sydney Olympic Park Aquatic Centre - April 17 to 20, 2013, for the **38th Masters Swimming National Championships**.

Sydney offers a multitude of activities-

- Bridgeclimb
- Harbour cruises/Jetboats
- Bondi, Manly, Cronulla Beaches
- The Star Casino
- Darling Harbour
- Manly Aquarium shark dive
- Taronga Park Zoo

The championships will be held during NSW school holidays, so early booking for transport and accommodation is recommended.



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**2013 Masters Swimming
National Championships
17 - 20 April
Sydney**

Sydney Olympic Park Aquatic Centre



**MASTERS
SWIMMING**
Australia

2013 MASTERS SWIMMING NATIONAL CHAMPIONSHIPS

Wednesday 17th April

1. 800m Freestyle (probably in the pm only)

Thursday 18th April

2. 400m Individual Medley
3. 50m Butterfly
4. Relay 4x50 Mixed Freestyle
5. 50m Backstroke
6. 200m Freestyle
7. 100m Breaststroke
8. Relay 4x50 Mixed Medley

Friday 19th April

9. 200m Individual Medley
10. 100m Butterfly
11. 100m Backstroke
12. 50m Freestyle
13. 200m Breaststroke
14. Relay 4x50 Women's Freestyle
15. Relay 4x50 Men's Freestyle

Saturday 20th April

16. 400m Freestyle
17. 200m Backstroke
18. 100m Freestyle
19. 50m Breaststroke
20. 200m Butterfly
21. Relay 4x50 Men's Medley
22. Relay 4x50 Women's Medley

Competition Rules: Masters Swimming Australia rules as at 8/3/2013 will apply. The 400m and 800m events will be deck seeded (form strokes permitted). All other events will be heat seeded.

Registration: This meet is open only to swimmers registered with Masters Swimming Australia (or an equivalent body overseas) at the closing date for entries.

Branch Relay: will be held, time permitting.

Events: maximum of 10 individual events over four days (max of 3 events per day). Swimmers may compete in each relay. Relay teams and age groups to be pre-entered with other entries; team members can be nominated on the day.

Entry Details: will be available on the Masters Swimming Australia website.

Warm Up: 8am to 9am each day (in the diving pool during competition).

Closing Date: 5pm Friday 8th March 2013

All enquiries to:
nationals2013@mastersswimmingnsw.org.au



As host of the Aquatics program at the Sydney 2000 Olympic & Paralympic Games, the Sydney Olympic Park Aquatic Centre staged the swimming, synchronised swimming, diving, water polo and modern pentathlon events. This totalled 39 aquatic event sessions over 16 days of competition.

