# members of the New Norfolk AUSSI Masters

# **Welcome to Hobart!!**

This news sheet will be produced daily for swimmers competing at the National AUSSI Masters Swimming Championships in Hobart this week and their supporters - but we need your input - please share your gossip. Gossip box will be situated outside the recorder's box near the diving pool. Censorship rules will apply!

Firstly, welcome to Hobart, and in particular, welcome to the new Tattersall's Aquatic Centre. AUSSI Tasmania welcomes 435 swimmers from around Australia and overseas. We are hoping that you thoroughly enjoy our hospitality, and we're also hoping that someone will, at this meet, become the first person to create a world record at this pool.

The Tattersall's Aquatic Centre was opened to the public last September, and replaces the old Hobart Olympic Pool, for which many of you will have fond memories. We can assure you it was seen off in great style with a reunion of the "swimmers of the 60's" getting together just before its final moments.

You may have thought that the State closest to the Antarctic would have had such a wonderful facility long before 1997, but we

have made do with our "golfball" over at Clarence for our winter swimming now for many years. So it is with great pleasure that we are now enjoying the warmth and comfort of our new facility, and so we hope you create new PB's at this world class venue.

To wile away the hours between your events, entertainment will be provided on the large screen at the changeroom end of the pool!!!

We are also very close to the main central business district of Hobart, and should you find you have many hours to spend between events, it is within easy walking distance, and could serve as an appropriate cool down, and warm-up for your next event!!

However, don't get lost, we need you back in time to marshall.



### What's On Around Hobart:

No Sex Please, We're British Hobart Repertory Theatre Society, opens Friday 13th March at the Playhouse Theatre, Bookings at Centertainment, Ph 62346 5998.

The Ecst@sy of Communic@tion A Multimedia Maze of Mammoth Proportions, at the Long Mood and Moment An exhi-Gallery, Salamanca Arts Centre 7 pm nightly until 13th March. Ph 6223 5259

Circus Oz. March 11th - 14th Theatre Royal, Campbell Street, Hobart Ph 6233 2299

M.V. Cartela Dinner Cruises on the Derwent River nightly, departs Brook Street Pier 6.00 pm, returns 8.30 pm Bookings 6223 1914

The Twenty-Eighth Annual Exhibition - Tasmanian Art Group -at the Hibiscus Gallery, 5 Ashfield Street, Sandy Bay until March 15th

bition of watercolours depicting Tasmanian Landscape by Robin Hines at Red Chapel Gallery, 513 Sandy Bay Road, Hobart. Ph 6225 1159

"Works on Paper" Drawings and Prints at the Lady Franklin Gallery, 268 Lenah Valley Road, Lenah Valley.

# **Local News:**

# **Pauline Samson**

These Championships have been put together largely due to the unstinting efforts of our own Pauline Samson. The State's Recorder, Delegate to National AUSSI, and National Technical Director, not to mention flat out teacher, referee, coach and mother also found time to be the convenor of this event.

Our accolades go to Pauline, and all members of AUSSI Tasmania are confident that this swim meet will run smoothly and professionally due largely to Pauline's efforts (and all this without a mobile phone).

Thanks Pauline!!



\* Please check official starting times Social event:

Take the opportunity while you are here to get to know your National Board Members they will all be attending the forum at the completion of the Thursday's events at the pool. Bash their ears before the AGM on Sunday and Monday.

Words of Wisdom (1):

If you eat something and no one sees you eat it, it has no calories.

Words of Wisdom (2)

Foods eaten for medicinal purposes have no calories - eg hot chocolate, brandy, toast and ice cream.

Words of Wisdom (3)

When you eat with someone else, calories don't count if you don't eat more they do!

WELCOME FUNCTION AT HOBART VISTA HOTEL, CNR BATHURST AND HARRINGTON STREETS, 6.30 - 8.30 THIS EVENING

### HOT GOSS!

Which local speedster was recently seen at this venue chatting up the rather nubile daughter of a high profile official at this meet.

Offers of cold flannels were not welcomed!!

"Hands off" says Mum, "I'm much more your type." (Or at least that's what he says!)



Don't miss the opportunity to take home a souvenir of this wonderful event.

On sale at the merchandise stand are polo shirts, windcheaters and caps.

- Look out for Sven + Sveness - our local m near the recorder's box - diving pool

# **Welcome to Day Two!**

You've only got one more chance to spread the news about birthdays, anniversaries, exciting adventures on your travels etc. Remember, the Hot Gossip box is situated in the recorder's room, near the diving pool, so just jot down some notes, and we'll make sure the news is spread.

We all hope you enjoyed the rather warm conditions Hobart turned on for you yesterday. Those who know anything about Hobart will know we can in fact have four seasons in any 24 hour period, so just because it was 34° yesterday, doesn't mean you can leave your jumpers or brollies home tomorrow!

Now, we can get most things right, but hey! no-one's perfect!! Of course the Swimmer's Forum wasn't on yesterday after the races, but then you all knew that didn't you? But don't miss it today - on the grassed area outside (weather permitting). Take the opportunity to meet the National Board Members at this forum - which is open to everyone - is a wonderful opportunity to learn a lot, and to have the opportunity to pass comments about any aspect of Masters Swimming.

It would seem our Governor, Sir Guy Green will be featuring as the pin-up boy of the month after posing with all our medallists from the 200 Butterfly yesterday morning.

And speaking of pin-up boys, welcome back to Hobart to one of our old local teenage heart throbs. Patrick Devine (he'll never know who writes this stuff!) who is now swimming with Malvern Marlins in Victoria.

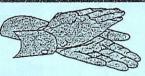
Patrick has been seen to look at some faces, thinking that they look vaguely familiar, but as yet hasn't popped the question "Don't I know you??"

And finally a very special welcome to our guests from New Zealand, and it's not true that they are only here to re-charge their batteries!!

### Pan-Pacific Championships

16/10 - 24/10 1999 (dates to be confirmed) To be held in Perth, Western Australia.

Full compliment of events, including an open water swim if weather conditions are okay. Other disciplines may be invited to take part Mark these dates in your diaries now!



### CONGRATULATIONS

to those swimmers who set new National Swim Records yesterday:

Glenise Gale - Sandy Bay AUSSI - 200m Back 40-44 years Barry Young - N.Z North Shore Club - 200m Back 55-59 years Dieter Loeliger - Adelaide Masters - 50m Breast 65-69 yrs Norma Rudolph - Sunshine Coast Masters

200m Butterfly, 75-79 years Alan Duffy Ettalong AUSSI 200m Butterfly 65-69 years

Well Done !!!!!

\*Make friends with non worriers. Nothing can get you into the habit of worrying faster than associating with chronic worrywarts. \*\*Pollyanna Power! For every one thing that goes wrong, there are probably 10 or 50 or 100 blessings. Count em!

(Arthritis Foundation of Vic - 50 proven stress reducers)

## **Local News:**

What's On Around Hobart:



Don't miss Tasmania's newest attraction:

Antarctic Adventure
Open in Salamanca Quarry daily

While in Hobart (between races) trot along to the Royal Hobart Showgrounds and catch the

# Interdominion Pacing Championships

Finals on Saturday evening

(Nip out between courses at the Presentation Dinner!)



Thanks go to our major sponsors:

Sors:
Ansett Australia
Tasmanian Department of Sport
and Recreation
Hobart Vista Hotel
W.Coogans & Co and Moonah
Furniture
John Abbott Business Machines
Garrisons Macquarie St, Hbt
Oakford on Elizabeth Pier
The Cleaning Lady
Bruce Craig
Lauderdale Pharmacy
Custom Curcuit Boards
Derwent Bridge Chalets

# **Social event:**

TOPORAK HAIR AND BEAUTY
THE DIET FACTORY

The Great Derwent Dash Nothing to do on Sunday?? Why not enter the Great Derwent Dash.

conducted by the Clarence Swimming Club, being a 1746 metro swimming from Montagu Bay to the Regatta Grounds.

(sounds vaguely like the old Trans-Derwent for we oldies). You can enter on the day (\$15), and for more details, contact Dabe Long on 018 125 974

Did anyone see what happened to Carlos Assumpcao at the Welcome Function last night? Last seen with his feet in the air!

Words of Wisdom (4)

If you drink a diet coke with a chocolate bar, the calories in the chocolate bar are cancelled out by the diet drink! Words of Wisdom (5)

Broken biscuits have no calories - the process of breaking causes the calories to leak out. Word has it
(from her husband Kit)
that the ground moved for
Di Simons fromAdelaide Masters just
prior to the 50m Breaststroke yesterday!

GET TO KNOW YOUR NATIONAL BOARD AT THE MEMBERS' FORUM

ON THE OUTSIDE GRASSED AREA

AT THE COMPLETION OF TODAY'S EVENTS.

parked in 2 and 3 hour zones while attending these championships would be cancelled?????

(okay - so we're just kidding - nice try eh??)



Happy Birthday

Best Wishes to Margie Barrett from Toowomba AUSSI Masters who will turn 38 on Sunday 15th March

Don't miss out on the souvenir bargains at the merchandising stall which will be situated on the recorder's box side of the pool during races.

Organic Mechanic - Massage Therapist

Did you all find our "Sven and Sveness" the Masseuses (actually better known as Dave and Lisa) who are available for a massage throughout these Championships in the rooms adjacent to the diving pool. Reduced rates are now \$15 for ½ hour session or \$10 for 20 minutes. We thoroughly recommend massages, and hope you avail yourself of this opporunity.



# Welcome to Day 3!

Oh boy - we asked for the news and we got the news, so here it all is - for your entertainment!!

Okay - let's start with the best of tattles about our swimmers:

Firstly, there's the story about the President of a New South Wales Club who missed his plane to the Nationals. It seems he was anxiously packing his bag when he decided to check his ticket. To his surprise (and his wife's disbelief) he found he was packing a day late - his flight had gone that morning!!

Then there's the teacher from Tattersalls who got caught behind a truck on the way to school. After sitting parked for several minutes, and becoming very frustrated, she finally noticed the board with the diverting arrows atop of the parked truck (You guessed it - a Department of Construction vehicle). How do your feel Ros (See Shane McHenry for more details)

It seems our medal girl/welcoming committee/

multi faceted and multi-talented wonder woman Pauline had a close shave from our local Safety Officer, Bill Stewart. The question has been asked "was she wearing the wrong trousers?" (don't ask me - I only type this stuff!!))

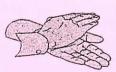
And speaking of Bill Stewart - he was heard to utter, as he placed his hands on the thighs of two young ladies bearing shark tattoos "next time I'm diving, and the fear of sharks comes to mind, I'll dispel it with the lovely image of your sporting thighs!"

It seems one prominent AUSSI National Executive was seen not wearing his cap, but it is too late now - June will find out!

And then there's the Darwin Stinger who was in such a hurry to pack that she threw away her new bathers and packed the old "see throughs" (Can you spot her??)

It seems the Groper's are really making an impact around the pool! The Launceston Lemmings are so impressed that they are thinking about starting a Southern division in Tassie. It's understood that hand shaped cut-outs will be handed out at training next week for the Lemmings to iron on their bathers. We understand the original design came about after a rather salubrious evening, and the cutouts are hand made by a member of the Groper Club.

My only disappointment that I've not met one groper in the pool - just my luck!



### CONGRATULATIONS

to those swimmers who set new National Swim Records yesterday and Thursday:

### 400 Individual Medley:

Jenny Whiteley 40-44 Susan Cure 45-49 Jen Thomasson 55-59 Norma Rudolph 75-79

100m Breaststroke:

Dieter Loeliger 65-69 Matthew Wright 25-29 Trisha Legg 60-64 Alma Brecknock 80-84

200m Freestyle Jen Thomasson 55-59

100m Freestyle Tony Strahan 55-59 Alfredo Cherchi 90-94

200m Individual Medley

Jenny Whiteley 40-44

Gerda Williams 55-59 (albeit briefly)

Jen Thomasson 55-59 Mary Garton 80-84

WELL DONE EVERYONE!

公 公 A You may have noticed that some of our events have been sponsored by Tasmanian AUSSI Clubs in honour of \$ immembers of their clubs that are no longer with us. 公 公 We'd like to share a little of what these people meant to our clubs, and why they were chosen top be honoured by their clubs in this way. 公 公 公 A ROYCE BRACKEN (DEVONPORT MASTERS) 公 公 公 Royce was the epitomy of the AUSSI ideal. He was a regular fitness swimmer in Devonport who took some con-公 A vincing to join AUSSI, but when he did, he embraced it with gusto. A great goal setter, he found a challenge in 公 swim meets and in aerobic trophy events. He encouraged a spirit of friendly rivalry that developed into close and 公 genuine friendships with all competitors in his age group. 公 公 公 Royce was an enthusiastic and reliable club member whose major contirubution was fund raising. The Devonport 公 Devils remember Royce fondly and have dedicated themselves to guarding against a recurrence of his passing. 公 Royce had a massive heart attack at the 750m mark of an 800m aerobic backstroke event. The form of his death 公 is a timely reminder to us all (Royce, unbeknown to his club members, was participating against Doctor's orders) 公 In recognition of the importance of AUSSI to Royce, his family made a trophy available, whici is now the Tasma-公 nian Branch Summer Championship Male Swimmer of the Meet Trophy. 公 公 公 BETTY ROSS (TALAYS MASTERS) 2 A Betty died in September 1994, aged 46. She had been an integral member of Talays Club for the previous three 公 公 years. Her favourite stroke was Breaststroke. Betty was always looking for ways to improve the Club, and she 公 left in her will enough finance to buy anti-wave ropes for the Collegiate Pool - the Talays training venue. Betty's 公 greatest achievement was being awarded the bronze medal at the Tasmaian Master's Games just 5 months before 公 ☆ she died. ☆ 公 公 ☆ Rex Traill (New Norfolk Masters) 公 公 B ☆ While Rex was never a swimmer, he became a Tasmanian referee with the Tasmanian Swimming Association, and 🛱 a staunch supporter of swimming and swimmers way back in the 60's. Rex was the very proud father of 2 Tasma- 🕏 A nian under-age swimming champions, and along with these two daughters, he was a leading light in the formation A of the New Norfolk Whales in 1989, to whom he gave tireless support in book keeping and treasurer's duties up ☆ ☆ until days before his sudden death in May 1996. Rex's wife Marie has been the President of the New Norfolk 公 Whales for the past 2 years. Rex is possibly remembered best for his repetoire of jokes which helped to wile away 公 公 ☆ the time on pool deck!! A 公 公 ☆ DIANNA WILKINSON (HOBART AUSSI) 公 Di was a founding member of the Hobart Masters Swimming Club in 1986. She was a tireless worker in developing the club and promoting AUSSI swimming. A very good Breaststroker, Di held the Tasmanian 100m and 公 200m Records. One of Di's best qualities was her caring attitude, and she would take new swimmers under her 公 wing. Di was a shining example of true AUSSI spirit, who died suddenly in 1988, aged 43 years. 公 公  $\phi$ 

A true joke from (sorry - couldn't read the next word)

A bush type couple married at Bedourie. After liberal doses of rum, they travelled to a little wayside pub at Teompine (?) The publican came out to welcome them.

"Do you want the Bridal Suite?"

"Oh no," said the bride, "I just hang on to his ears!"

Tip for Today

(proven Stress Reducer)

Simplify, Simplify, Simplify

# Today at the Pool

Fin Swimming Demonstration by Master Fin Swimmers.

50m Surface Swim - before the 50m Butterfly 50m Breath Hold - after the 50m Butterfly

By 2 visitors from the Ukraine - current European Champions

Why not join in with your flippers on March 21st at Clarence Swim Centre - 5.15 pm Age Groups - 25-34, 35-44, 45-54, 55 + over,

Contact Helen Lane for more details - 6234 7893 (W) 6243 9212 (H)

The rivalry between South Australian Clubs is strong.

Adebaide Masters (scoprions)
threw out the noisy frog (Atlantis)
mascot.



They really do have a sting in their tails! **HONDA MASTERS GAMES** 

**ALICE SPRINGS** 

17 - 24TH OCTOBER 1998

"The Friendly Games"

It seems that a couple of
South Australians are getting on particularly well
romantic walks,
dinners etc are not
going unnoticed!

Question; What do old groper's become when they stop swimming?
Well, it seems that World 1500m
Swimming Champion Frank Griffiths became 90 years old after his swimming days officially ended last year.
Congralutions on your 90th birthday Frank! Frank is the Groper's answer to Kieran Perkins!

# **Social event:**

WE HOPE ALL THOSE SWIMMERS WHO ARE ATTENDING THE PRESENTATION DINNER TONIGHT HAVE A WONDERFUL EVENING (AND THAT YOUR FLIGHTS OUT ON SUNDAY AREN'T TOO EARLY!!)

Welcome back to Hobart Nancye Mitchell - don't miss Friday's story in the Hobart Mercury.

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### Remember:

Have an optimistic view of the world. Believe that most people are doing the best they can!

How's This!

Malcolm Stevens, from Toowoomba (in his 70's) was awarded "Swimmer of the Meet" at a Brisbane Carnival recently. His trophy was an urn!! The Club doesn't know who the sponsor was, but Malcolm will look good on the mantlepiece one day!!

Want to know what you can do with your relay cards??

Well Judy Vassallo from Trinity used hers to stop her hotel door from rattling!!



Happy Birthday

Best Wishes to Ted Giblin from Darwin Stingers who will turn 53 next Wednesday 18th March Cairns swimmers - do you know that 2 of your former members from Tobruk Baths, Kate and from Tobruk are managing the-Geoff Hickey are managing the-Huonville pool, 30 minutes South of Hobart?

It seems one
Launceston female swimmer went back to her room
for a bit of romance between
events, but it's not what you
think - she's reading a
Danielle Steele romance
novel!!

Are you a Star Reader or a star and a read? Read Paul Wyatt's book on stars (published by Cambrudge and CSIRO)

See Paul at the pool at Coogee Randwick AUSSI Masters or ph. 0293 898 591 (AH) or 0293 993 122 (BH)



AND FINALLY...

WE LOOK FORWARD TO SEEING EVERYONE AT THE
1999 NATIONAL SWIM IN DARWIN

FROM TUESDAY 11TH - FRIDAY 14TH MAY

OPEN WATER SWIM (WITH CROCODILE INSURANCE) ON SAT 15TH

THANKS FOR COMING TO TASSIE - SEE YOU AT THE TOP END!!!