

The beautiful W.A. city of Perth has seen a considerable amount of aquatic action this summer, with the A.S.I. National Titles and the National Surf Championships followed closely by our own AUSSI Nationals held at Beatty Park Aquatic Centre from the 1st to the 4th of April 1987.

It was hard to imagine that anything could surpass the organisation of last year's Nationals in Adelaide, but the W.A. clubs pulled out all the stops and produced an event which ran smoothly and efficiently from start to finish. (They even had the weather organised!). The welcome



function held at Paesano's restaurant in Fremantle was an Italian gourmet's dream (just try fitting approximately 600 people into a restaurant AND feeding them!).

A record number of entries — 844 swimmers — 300 from Interstate and one lone entry from New Zealand! A total of 77.clubs participated — great to see a lot of new clubs registered. The host state had 21 clubs, Queensland 10, Tasmania 3, Northern Territory 2, ACT 1, Victoria 9, South Australia 6 and finally NSW with 24 clubs entered.

The standard of swimming, as always,

	SWIMMING - DEVONPORT
	Venue – Devonport Olympic Pool
	Dates – 28-30 November
	Competitors $- +25W + 25M$
Events	<ul> <li>50M Freestyle 50M Backstroke 50M Breastroke</li> <li>50M Butterfly 100M Freestyle 100M Backstroke</li> <li>100M Breastroke 100M Butterfly</li> <li>200M Freestyle 200M Individual Medley</li> </ul>
Relays	□ 4 x 50 Medley Relay □ 4 x 50 Mixed Medley Relay □ 4 x 50 Freestyle Relay □ 4 x 50 Mixed Freestyle Relay
☐ 65-a Marath	29 ] 30-34 ] 35-39 ] 40-44 ] 45-49 ] 50-54 ] 55-59 ] 60-64 69 ] 70-74 ] 75-79 ] 80 and over on – Open Water ] 5Km ] 10Km on ] 25-34 ] 35-44 ] 45 +

One of the many competitors who had to battle the perfect weather and great hospitality in Perth.

was excellent with superb efforts coming from all age groups. Swimmer of the meet Doug Jeffrey from Claremont claimed a World Record in the mens 70-74 division — swimming a 100m fly in 1:37.68 and broke National Records in all 7 of his swims, while female swimmer of the meet, North Lodge's Beryl Anderson (70) changed the record books with 2 World Records — 7:19.34 in the 400 Free and 1:42.83 in the 100m Backstroke as well as a National Record in her 50m Backstroke.

Other World record breakers were: Richard Hartley (Carine) 60-64 mens 400 Free — 5:27.67, Lyn McKenzie (Osborne Park) 35-39 womens 50m Fly — 31.62 and the Power Points 240 + womens Medley relay team with a time of 3:00.95. In addition, 41 National Records were set over the 4 days of competition, showing once again the depth and growing strength of the AUSSI movement in Australia.

Individual Gold Medals were awarded to the following:

MEN

20-24 Paul Lemmon 25-29 Mark Smedley 30-34 Simon Martin 35-39 Gary Phipps 40-44 Gwyn Williams 45-49 John Olson 50-54 Graham Middleton 55-59 Jack Lemmon 60-64 Kevin Vickery 65-69 Robert McCabe 70-74 Doug Jeffrey 75-79 Frank Griffin

80-85 Henry Fowler

Ettalong \* \* Tea Tree Gully Claremont Parkes Maida Vale Power Points Corryong Ettalong \* (father of Paul!) Ettalong North Lodge Claremont Ettalong Summerland

## LADIES

20-24 Louise Stanley	Maida Vale
25-29 Shelley Taylor	Osborne Park
30-34 Lori Watson	North Sydney
35-39 Lyn McKenzie	Osborne Park
40-44 Jan McLeon	Rockhampton
45-49 Pam Fletcher	Coffs Harbour
50-54 Marjorie McQuade	Power Points
55-59 Elizabeth Wallis	Manly
60-64 Margaret Cunningham	Doncaster
65-69 Judith Drake-Brockman	Claremont
70-74 Beryl Anderson	North Lodge
75-79 Myrtle Wright	Osborne Park

The Club Championship was a fairly close tussle between two of the host State's clubs with Claremont proving the stronger and winning with 2673 points from Osborne Park with 2135 points. In 3rd place and winning the visitors Trophy was Power Points from Victoria with 1710 points following by Adelaide Masters (1023) and North Lodge from Victoria (987). A plug for my own club — Warringah Masters, who came 6th with 898 points, not a bad effort for only 21 swimmers!

Congratulations to Western Australia for a superb meet.

Thank you Jan and thanks W.A. — it was really a G'Day plus ...

Next year the Nationals will be a Postal Meet during March/April because the 2nd International will be held in Brisbane from 9th-16th October 1988. You will be informed of details, but this is the big one for AUSSI and Australia. The possibility for 4-5000 swimmers is on so check soon with your club for travel and accommodation details. Expo, Bi-Centennial, etc. it's all on next year, so be part of it and without a doubt we'll make the 2nd MSI AUSSI meet something that will go down in history!

In the meantime there are the Master's

Games being held in Tasmania later this year. The swimming events will be held at Devonport and the package offered looks like a real special. Great bonuses in travel and functions for a A\$60 registration fee and as you can see, a good variety of swimming in the pool plus Marathon Events.

A few issues back I remaked on what I was doing as a film director and asked for input from swimmers regarding my series "Go Fish Australia". There was no result, but it ws ironic that whilst in Perth 3 weeks before the Nationals we fished with and interviewed a young chap, heavily involved with fishing. During our prefilming chat the subject of swimming emerged and this shy young gentleman, Ken Patrick, admitted that he'd just broken the Fremantle to Rottnest Island record. I was flabbergasted and swimming took over. It turns out that he and 3 of his Claremont mates all broke the existing record, encountering a Hammerhead or two and a few "stingers" along the way. As you know by now, Claremont took out the National Title. For any AUSSI anglers and for Ken ... his HALCO lures were loved by Barramundi, Queenfish, Giant Trevally and Threadfin Salmon in the Territory as well as Saratoga at Cape York and even Tailor in Sydney. Thank you Ken and sincere congratulations to Claremont.

Another apology for not being involved in the Coaching Video. I look forward to catching up on this project and helping wherever possible, as I feel it is essential in this day and age to utilize technology to our best advantage.

The notes on coaching last issue from Lynda Lehman and the food ideas from Durham Light Club in N.Z. have obviously worked for some of my Club swimmers — I would appreciate any results from other swimmers and also any comments or points of interest would be more than welcome. We have the chance with the International Swimmer to reach a multitude of people, so feel free to contribute ...

Before I close, let's just cover the NSW Championships and blow Warringah Masters' trumpet:-

## Update March '87 — NSW State Cup — Warringah Aquatic Centre

During 2 great days in March Warringah Masters, for only the 2nd time in 8 years, wrenched the NSW State Cup away from all those wonderful Ettalong swimmers; however, North Sydney came in as a powerful force in 2nd place — a great weekend at the Aquatic Centre with 18 National Records going down. Final Results:

Warringah Masters	1852 points
North Sydney	1538 points
Ettalong	1256 points
Manly	1033 points
Hills	782 points

NSW swimmers of the year were named and many congratulations to Mark Morgan of Warringah and lovely Lilliam Johnson of Manly for all their efforts — the young and the old still prevail ...

Finally I'd like to congratulate all those swimmers who made the National top 10 and I am continually inspired by contemplating the times, ages and growing numbers in our ranks. Keep swimming!

These fine bodied men from Warringab Masters were responsible for the breaking of one of the 41 National records that fell at the Championships (left to right) Peter Joy, Stuart Meares, John McDiamird, Peter Jackson.

