

Guidelines for MEET DIRECTORS and CLUBS

Conducting a Swimming Meet Sanctioned by Masters Swimming Australia

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MEET DIRECTORS AND CLUBS - Contents

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INTRODUCTION

A Masters Swimming Australia (MSA) sanctioned swim meet is an event held between two or more clubs that has been sanctioned by MSA or any of its affiliated branches and may include clubs from any Australian branches and registered masters from overseas. A Meet Director is responsible for the supervision of all organisational aspects of preparations for the meet, its conduct and follow-up.

This guide is designed to provide information for the Meet Director to undertake the following activities:

- Understand Roles and Responsibilities of a Meet Director
- Understand the personnel required to run an event
- Understand facility requirements
- Secure technical, recording officials and volunteers
- Create an events program
- Promote the event
- Manage entries
- Arrange and present awards
- Undertake Risk and Safety reviews
- Deliver the event
- Finalise the event reporting

ROLES AND RESPONSIBILITIES OF A MEET DIRECTOR

Before the Meet

- Supervise the organisation of the meet.
- Ensure suitably qualified personnel are selected for the various roles under the leadership of the Meet Director including, but not limited to:
 - o Technical officials
 - Recording personnel
 - o Timekeepers
 - Runners
 - Volunteers
- Ensure the number of personnel for these roles is sufficient, especially during the meet when allowance for rest and refreshment breaks is required.
- Ensure adequate facilities are provided for officials and competitors.

- Attend all meetings associated with the conduct of the meet.
- Liaise with the venue management prior to the first day of the meet to ensure all necessary equipment is available.
- Assist in the set-up of the venue immediately prior to the meet to ensure familiarity with personnel and any emergency issues.
- Do a pre-meet check with the Meet Referee.
 (see Appendix C Pre-Meet Check List for Meet Directors and Meet Referees).

During the Meet

- Supervise the organisation and conduct of the meet.
- Ensure compliance with **Association Rules** and the **National Safety Policy**.
- Liaise with the Meet Referee in managing accredited officials: ie. Referees
 (including Judges of Stroke and Inspectors of Turns), Starters, Check Starters and
 Chief Timekeeper.
- Manage all swim meet activities and non-accredited personnel including Recorders,
 Information Officers and Announcers.
- Liaise with venue management to ensure the smooth conduct of the meet.
- Channel complaints/queries to the relevant section or person (Information Desk should be the first contact point available to competitors).
- Be the initial contact person and liaison person for all protests associated with referee decisions. Such protests shall be on the official Protest Form and shall be handled in accordance with the official Protest Procedures. The Form and Procedures can be found on the MSA web site under Technical/Technical Courses as part of the Referee material.
- Where other protests are received and they cannot be easily resolved, convene a
 meeting of the Protest Review Committee. The outcome from that meeting is to be
 relayed to the competitor by the Meet Director.
- Where relay swims are included in the meet and entries close on the day of the
 meet, the Meet Director is to ensure adequate time is given both for submission of
 entries by the competitors and recording of entries by the Chief Recorder.
- Where possible identify problems on the pool deck before they become a real issue (eg, safety hazards, incorrect use of warm up pool).
- Maintain close liaison with all official personnel.
- Approve any public announcements that may affect the meet.
- Be always available (or appoint a qualified person while not on duty).

After the Meet

- Ensure the area and equipment used is left in a clean and tidy condition.
- Ensure all post meet processing is completed in a timely manner.
- Ensure a written report (if applicable) is submitted to the Chairman of the
 Organising Committee or the sanctioning body on the activities of the Meet Director.
 List any suggestions for changes to be made to future meets.
- Debrief all key officials and volunteers listed above to review any problems encountered during the meet.
- Attend any de-brief sessions as requested by the Chairman of the Organising Committee.

FACILITY REQUIREMENTS

When considering hosting a sanctioned event, refer to the **MSA General Rules** and the **MSA Swimming Rules** (see Masters Swimming Australia website under "Rules"). You will need to check the following items to ensure the pool you wish to use, and your other ideas are feasible before you apply for a sanction from your MSA branch.

1. Pool Grounds and Buildings

1.1 Safety/Medical: There must be clear access for ambulance and a clearly marked First Aid Room/area.

See the National Safety Policy for full details at MSA website under Information/Policies.

Also read the National Risk Management Policy at the same site.

1.2 Areas/room available for

- a. Displays association and sponsors' promotional material, clubs' banners.
- b. Sale of raffle tickets and display of prizes
- c. **Presentations** Photos/Massage/Medal Presentation/Engraving
- d. Announcer suitable space to view start and finish of races plus efficient PA system.
- e. **Recording** Room available. Check with the Recorder for their requirements including tables, power, protest forms, record application forms etc.

- f. When check starting there must be an easily sighted device to display the numbers of the current event and heat when heat seeded, or event and swimmer number when deck seeded.
- **1.3 Seating** adequate for competitors, timekeepers, and spectators additional seating may need to be hired.
- **1.4 Change Rooms** have adequate space, clean toilets and showers and non-slip floors/matting.

2. Competition Swimming Pool:

- 2.1 Pool Depth Check the depth of the pool at both ends and the height of the starting blocks above the water level. The type of start (eg, dive from side only or start in water) allowed is shown in the National Safety Policy page 7 (2.8 Dive Entry into Pools for Competitive Swimming/Swimming Training)
- **2.2 Walls** End walls must be parallel and form right angles to the swimming course and to the surface of the water and shall be constructed of solid material and have a non-slip surface extending from 0.3m above the water surface to 0.8m below the water surface. Beware of openings in pool end walls as swimmers may put their hands or feet into them when turning or finishing.
- **Rest ledges** are permitted but must be not less than 1.2m below the water surface and may be 0.1 to 0.15m wide.
- **2.4 Gutters** may be on all four walls of the pool, however any end wall gutters must be covered with a suitable grill or screen. Where touch pads will be used, the gutters must allow for attachment of the pads to 0.3m above the water surface.
- **2.5 Exit/entry steps** and ladders must allow swimmers to enter and leave the pool easily and ladders must not intrude into the competition space. If needed, use a pool edge lane rope to keep swimmers clear of protruding ladders.
- **2.6 Starting Blocks** must be safe, non-slip, stable and the correct height. Blocks should be on the end wall, clearly and correctly numbered with the lane numbers and accessible for older swimmers and swimmers with a disability.

- 2.7 Lanes must be marked on floor of pool in the centre of each lane. Markings must end 2.0m from each end of the pool with a distinctive cross line 1.0m long. Target lines shall be placed on the end walls or on the touch panels in the centre of each lane. They shall extend without interruption from the deck edge to the floor of the pool. A cross line 0.5m long shall be placed 0.3m below the water surface.
- **2.8 Booms** where fitted (eg. 25m course in a 50m pool) must be stable and top and end surface must be non-slip.
- 2.9 Deck Space there must be enough room on each side of the pool and at the pool ends to allow unimpeded access for the referee, judges of stroke and inspectors of turns. There must also be enough space at the finishing end for seating for two timekeepers per lane and for the timekeepers to see the starting device and the starter clearly. There should be room at the starting end for at least one heat of swimmers and provision must be made for storing their tracksuits, footwear etc.
- 2.10 Protective Cover from Sun and Rain if applicable and possible there should be protection from sun and rain for officials. Refer to the National Safety Policy on the MSA website at Information/Policies.
- **2.11 Pool Survey Certificate**. Ensure a copy has been obtained, is satisfactory and has been filed with MSA and your Branch Office. *Records cannot be broken in pools that do not have a lodged pool survey.*
- **2.12** Other Pool Requirements includes water temperature (must be 25 to 28 degrees Celsius) & clarity; air temperature and ventilation of chemical odours.
- 2.13 Warm-up facilities as per the National Safety Policy, with designated lane signs and access before, during and immediately after the meet.
 See instructions sent with sanctioning material.
- Appendix B. Risk Assessment Sheet may be used to highlight potential problems when choosing a venue and immediately before the Meet.

3. Pool Equipment

3.1 Lane Ropes - shall extend the full length of the course, be firmly stretched and be secured at each end wall to anchor brackets recessed into the end walls. Each lane rope will consist of floats placed end to end having a minimum diameter of 0.05m to a maximum of 0.15m and no more than one lane rope between each lane.

The colour of the floats extending for a distance of 5.0m from each end of the pool shall be distinct from the rest of the floats.

There must be clear markings at the 15m mark at both ends of the pool or on the poolside to allow officials to ensure swimmers comply with the rules of starting and turning.

- **3.2 False Start Rope** in working order, 15m from the pool starting end & not less than 1.2m above the pool surface so it does not interfere with swimmers.
- **3.3 Backstroke Flags** at both ends of the pool and between 1.8m and 2.5m above the surface of the water.
- **3.4** Electronic scoreboard and touch-pads buttons etc are functioning correctly (if to be used)

3.5 Starting System

Determine what timing system(s) will be available and used.

They may be AOE, SAT (2 buttons per lane), or handheld digital stop watches (ie. 2 per lane).

Determine who you will use to do the timing

- · club members, family or friends;
- a local service group eg. Scouts or Rotary (you may need to give the group a donation);
- a sports training institution (part of their curriculum);
- or competing clubs (allocate lanes to each club).

Ensure that training is provided before the meet (see MSA website at Technical/Technical Training Courses/Timekeeper/Timekeeper Candidate notes. Your branch can arrange for a Presenter to assist.

The starting system must be fully operational and be audible and visible to the timekeepers. Check visibility from other end of pool, especially in outdoor pools where events will start at one end and finish at the other and the sun may become a problem in the early morning or late afternoon. A back-up system must be available, even if it is a whistle.

3.6 Call Board - When heat or deck seeded, there must be an easily sighted device to display the numbers of the event and heats, or events and swimmers, required for check starting. This should be supported by audible announcements.

4. Events

4.1 General Rules – Organisers need to be familiar with the General Rules regarding the Organisation of Events and Swim Meet Events and any further requirements of the sanctioning body/Branch.

5. Other equipment

- **5.1 Programs** you will need to have programs printed with a minimum of one copy for each official, one for the information desk, one per lane for the timekeepers and one for the announcer.
- **5.2 Timekeepers' equipment** you will need a clipboard, ballpoint pens and, if not using AOE and SAT; two digital stopwatches per lane plus two backup watches in reserve. They will also need split sheets to record lap times in longer events (400m plus).
- **5.3 400m and longer events** if you are holding longer events you will need lap counters (if available) for each lane and bells or whistles to cover every second lane.

6. Volunteers

You will need to organise volunteers for each of the following functions. Points 1 to 9 should be delegated to other club members.

- **6.1 Warm-up supervisors** to supervise the warm-up sessions pre-competition and one per dedicated warm-up lane during the sessions.
- 6.2 Information/Promotion/Raffle Table

- **6.3** Relay entry table (may be Information Table)
- **6.4** Awards Table (if applicable)
- 6.5 Merchandise

6.6 Refreshments

- to supply water and refreshments to officials
- to set up and service urns for hot and cold drinks for competitors during the competition.

6.7 Runners

- to take Infringement Cards from officials to the Event Referee and then to the Recorder
- to take time slips / sheets from timekeepers to the Recorder.
- **6.8** Call Board Operator(s) to change event and heat or swimmer numbers being called (at the direction of the Check starter).
- **6.9 Supper/BBQ/Sausage sizzle** to organise and provide any supper arrangements that have been made/advertised.

7. Applying for a Sanction.

Once you are satisfied that all of the above requirements can be met, you are ready to select and book a date(s) and to contact your Branch Office for a sanction. They will advise you on how to advertise the meet.

MEET REFEREE DUTIES

General

The Meet Referee shall have full control and authority over all technical officials, shall approve their assignments and instruct them regarding all special features or regulations relating to the competition. He/she shall enforce all rules and decisions of the Association and shall decide all questions relating to the actual conduct of the meet, the event or competition, the final settlement of which is not otherwise covered by the rules (see SW 2.1M).

Before the Meet

- In conjunction with the Meet Director, ensure there is a suitable number of Referees (incorporating Judges of Stroke and Inspectors of Turns), Starters, Check Starters, and Chief Timekeepers.
- Attend all meetings associated with the conduct of the meet as requested by the Meet Director. Liaise with the Meet Director to ensure suitable access is available to safely and efficiently officiate the meet.
- Liaise with the Meet Director prior to the start of the meet to ensure all necessary equipment is available, in position and working
 - (Appendix C Pre-Meet Checklist for Meet Directors and Meet Referees).

During the Meet

- Ensure all accredited officials are at their posts and performing their duties competently throughout the meet.
- Adjudicate on any protests referred by the Meet Director according to the official Protest Procedures.

After the Meet

- Conduct a debrief session of all key accredited officials to determine if there were:
 - o any problems/concerns with the conduct of the competition or competitors; or
 - o any incidents or accidents that need to be recorded.
- Submit a written report to the swim meet host body, the Meet Director and the
 Sanctioning Body on problems / concerns with the conduct of the competition;
 competitor problems including a printout of the **Disqualification Report** available
 from the Recorder; any incidents or accidents; and lessons to be learnt using the
 Meet Referee Report Form.
- Attend any de-brief sessions as requested by the Meet Director.

EVENT REFEREE(S) (see SW 2.1M)

Before the Meet

• Liaise with the Meet Referee re the running of the meet.

During the Meet

- Ensure all deck officials are in place and ready.
- Ensure all competitors comply with current swim rules.
- Where a swimmer is disqualified, that information must be recorded on an Infraction Report Card. The Event Referee shall also ensure, if possible, that any swimmer who is disqualified is notified by a deck official as soon as is practicable (this is especially important for foreign competitors).

Appendix A - DEFINITIONS

AOE	Automatic officiating equipment. The timing system is started when the
	Starter presses the starting signal and is stopped when the swimmer
	first touches the yellow touch pad at the end of their race.
Branches	State and Territory subsidiaries of MSA.
Deck	The pool deck is the area immediately surrounding the pool that is "off
	limits" to spectators during major competitions. It is used by competitors
	and the following officials: referees, judges of stroke, inspectors of
	turns, starters, chief timekeepers, timekeepers, and runners.
Event	A subset of a meet in which all swimmers are doing the same distance
	and style, eg.50m Freestyle. Where there are more competitors than
	there are lanes, the event is divided into separate races called Heats.
MDs	Swimmer with a Medical Disability certificate (see MSA Swimming
	Rules SW 15M).
Meet	A swimming competition that may be comprised of individual and/or
	relay events.
MSA	Masters Swimming Australia, the parent body of masters swimming in
	Australia.
SAT	Semi-automatic timing. The timing system is started when the Starter
	presses the starting signal and is stopped manually by the timekeepers
	in each lane depress a button when the swimmers touch the wall at the
	end of the race.

Appendix B: RISK ASSESSMENT

Swim Meet Risk Assessment Form - courtesy of Masters Swimming QLD

This form must be completed and submitted to MSA or your relevant branch office prior to the event.

Please delete rows if the issues are not applicable and add additional rows if issues are identified that are not included in the table below.

Step 1	Step 2	Step 3	Step 4	Step 5	Step 6	Step 7
Issue	What could go wrong?	Prevention	Action required if incident does occur	Likelihood	Consequence	Risk rating
Major injury	E.g. heart attack, broken bone			Select likelihood of issue	Select consequence of issue	Select risk rating
Minor injury	E.g. cuts, sprain, fainting			Select likelihood of issue	Select consequence of issue	Select risk rating
Dive start safety (see note above)	Injury to swimmer			Select likelihood of issue	Select consequence of issue	Select risk rating
General pool safety	Person accidental falls into pool Unattended person in pool			Select likelihood of issue	Select consequence of issue	Select risk rating
Pool/competition equipment	Injury from equipment (e.g. lane ropes, starting blocks etc)			Select likelihood of issue	Select consequence of issue	Select risk rating
Pool deck and surrounds	Injury resulting from trip hazards (e.g. leads, marquee pegs, slippery surfaces etc) and/or congestion on pool deck			Select likelihood of issue	Select consequence of issue	Select risk rating
Power	Electrocution			Select likelihood of issue	Select consequence of issue	Select risk rating
Fire	Injury or death to persons on premises Damage to equipment or property			Select likelihood of issue	Select consequence of issue	Select risk rating
Access	Delay in treating injured person and/or responding to incident			Select likelihood of issue	Select consequence of issue	Select risk rating

Step 1	Step 2	Step 3	Step 4	Step 5	Step 6	Step 7
Issue	What could go wrong?	Prevention	Action required if incident does occur	Likelihood	Consequence	Risk rating
Food service	Food contamination/poisoning Burns or other injuries to volunteers			Select likelihood of issue	Select consequence of issue	Select risk rating
Set up of temporary equipment e.g. shade shelter	Injury to volunteers			Select likelihood of issue	Select consequence of issue	Select risk rating
Inclement weather	Storm Extreme heat/sun exposure			Select likelihood of issue	Select consequence of issue	Select risk rating
Add additional issues in the rows below if required				Select likelihood of issue	Select consequence of issue	Select risk rating
				Select likelihood of issue	Select consequence of issue	Select risk rating
				Select likelihood of issue	Select consequence of issue	Select risk rating

Name of person(s) completing the form	
Signature and date	

On day of swim meet – Swim Meet Checklist

This checklist is to be completed on the day of the swim meet and submitted to MSA (or relevant branch office) upon conclusion of the event

	Checked	Comments (if required)
Meet director is familiar with MSA safety policies and procedures		
Prevention measures identified on the risk assessment form have been implemented		
Adequate sun protection is available		
Adequate warm up supervision		
	Name of person(s checklist) completing
	Signature and date	е

Appendix C Pre-Meet Check List for Meet Directors and Meet Referees

- Pools should meet the specifications listed in the MSA General Rules.
- The items listed below are to be checked by the Meet Director before the day of the Meet and by the Meet Referee with the Meet Director before the meet is allowed to start.

ITEM	CHECK
MEDICAL	
Clear access for ambulance	
Clearly marked First Aid Room/area	
Medical Officer or Pool Lifeguard in attendance (from the start of the warmup until the pool is cleared after the last event of the day)	
poor to distance and the last event of the day)	
PROGRAMS	
One copy for each lane and one copy for each of the officials listed in the program including the Announcer.	
RECORDING/TIMING	
Timing equipment booked. Electronic or Semi-automatic if available. If not, 2 watches per lane plus 2 spares	
Assistants if requested	
Suitable room is available	
List of current Branch; National and World records available	
List of MDs for Event Referees	
At end of meet List of Disqualifications for the Meet Referee	
PROTECTIVE COVER	
As per Sun Policy	
WARM-UP	
Designated stroke lanes available and supervised with signs to advise use of each lane	
If one lane during meet - restrict to freestyle and breaststroke. The lane must be supervised.	
POOL	
Ensure suitable access is available to safely and efficiently officiate the meet	
Check pool depth both ends to see if there are any limits on dive starts (see National Safety Policy).	
Water temperature 25C to 28C	
Lane ropes in place, firmly stretched and secured at each end wall	
15m markings at both ends of the pool are clearly marked	
False Start Rope 15m from the pool starting end and in working order and not less than 1.2m above the pool surface	
Backstroke Flags 5m out from the pool end wall at both ends of the pool and between	
1.8m and 2.5m above the surface of the water.	

Starting System fully operational, adequate audio level and visible to timekeepers,	
especially when start is at opposite end of the pool.	
PA System is clearly heard around the pool	
Call Board to display the numbers of the event and heats or swimmers required for	
check starting. This should be supported by announcements	
OFFICIALS	
As per SW 1.2BM plus assistants	
	•
TIMEKEEPERS	
One seat for each and sun protection if outdoors	
Clipboards, pencils for each lane and sharpeners available	
Stopwatches – 2 per lane plus at least 2 spares if required	
Bells or whistles for long distance events (over 400m)	
Split sheets for long distance events	
If any events are to be swum "two swimmers to a lane" ensure officials and swimmers are made aware of the starting procedures.	
31	1
CATERING	
Water and refreshments for all officials. Lunch if meet starts before midday and ends after 2pm.	

NOTE: MEET REFEREE must bring:

- Infraction Report Cards,
- Copies of current General and Swimming Rules,
- Protest documents PR1 and PR2