

Peter Reaburn

1955 –

Years Active 1987 –

Claire Reaburn (Ferguson)

1959 -

Years Active 1986 -



Peter and Claire are well known in AUSSI/MSA circles as participants, coaches and educators in their own right.

Peter received his PhD from QUQ in 1994 where he focused on the 'The Lifetime Athlete – Physiological, Biochemical and Histochemical Characteristics'.

Peter contributed to the AUSSI Masters Coaches Newsletter as well as being the Editor of The Masters Athlete along with his wife Claire who was Co-ordinator/Editor.

The Masters Athlete was a multi-sport newsletter, and some copies (1995-1999) are still available on the MSA website under the About/Archives.

Peter was a foundation member/President of Miami Masters in 1987 and has been the current President since 2022. He also served as Coaching Director and President of Queensland Masters Swimming.

He recently retired as Professor and Head of Exercise and Sports Science at Bond University. Previously he was involved with the Triathlon Research Initiative, Central Qld University – at the forefront of research into the aging athlete.

In 2002, a conference and workshop organised by Peter at Yeppoon, Developing Sport Education Opportunities for Rural and Regional Australia, was a joint project of the Australian Sports Commission and Central Queensland University. It was the first of its kind held in Australia and more than 150 people participated.

Peter was a member of the AUSSI/MSA National Coaching Panel from 1995-2002 and is still an accredited Masters Swimming Coach.

He is the author/editor of four books related to Masters Athletes. The list includes:

*The Masters Athlete, Improve Your Performance, Improve Your Fitness, Improve your Life
Practical Skills in Sport and Exercise Science
Training for Speed and Endurance
Nutrition and Performance in Masters Athletes*

He has always been passionate about 'bridging the gap' between sport science and athletes. He joined the Southport Swimming club as a 10 year old, which provided a lifetime involvement in a range of sports, swimming, rugby, distance running, triathlon, road cycling and ironman triathlon.

A former national champion in surf lifesaving and sub three-hour marathon runner, as a masters athlete, he won the national open water (5k) championship in masters swimming (1990), the



National Ironman Triathlon Championship (50-54 years) in 2005, a gold medal in the Rescue Tube (60-64 years) event at the National Surf Lifesaving Championships (2017) and in 2018 won the 60-69 years 2.8k swim at The Big Swim at Sydney's Whale Beach.

Claire was Treasurer for MSQ in 1989-1990 and had a world record in 1986, Townsville, for the 800 Freestyle (25-29) and achieved 12 national records between 1986 and 1993.

Both Claire and Peter are still competitive swimmers with Miami Masters and Peter is proud of his national relay records in the 240+ 4 x100m Freestyle.