



Beryl Stenhouse ASM

October 17, 1939 -

Years active 1983 – 2014

Club: Cronulla Sutherland

In her early years, Beryl swam at St George Girls High School and then the Cronulla Ladies Amateur Swimming Club.

Beryl joined other masters swimmers swam at the 1st National Championships held at the Harbord Diggers Pool, Sydney on 8 March 1975 as a member of Cronulla-St George. When Cronulla Sutherland was established in 1978, she joined and continued to compete in both state and national competitions with that club.

Beryl has had many roles in masters swimming and represented New South Wales at meetings at a national level and from 1984-1987 she was the national treasurer. She was also the National Director of Membership Development in 1993-1994.

Beryl also helped out at swim meets and this was at a time when recording was done manually, including the Pan Pacific Championships in 1981 and 1983, the National Championships in Canberra 1985 and the organisation of the postal version of the National Championships in 1988 as the World Masters Championships were being held in Brisbane that year. She was also involved in the National Championships in Sydney in 1989 and again in 1997 (the biggest ever with 1000 competitors) when the new pool at Sydney Olympic Park had just opened.

Beryl, as a member of Cronulla Sutherland, was club secretary from 1982-1989 and again from 1998-2007.

She took on the roles of NSW Secretary from 1989-1998 and was also the NSW administrator from 1989-1998.

Beryl was rewarded with life membership of NSW Masters Swimming in 1998.

Along with her swimming, Beryl took on coaching roles and achieved her masters accreditation as well as being an accredited timekeeper and marshal. She would also take on the role of meet director at various meets.

In 2000, Beryl was awarded the Australian Sports Medal.

National records: 1

MSNSW records: 1