



Josie Sansom

1928 - 1992

Years active 1975 - 1990

Club: Adelaide Masters



Josie was selected to represent Holland in the 1948 Olympics, however due to contracting tuberculosis, she was unable to compete.

She survived many bouts of ill health, including the loss of a lung but returned to competitive swimming.

Josie was a founding member of AUSSI Masters Swimming in South Australia.

During AUSSI's first trip to the USA Masters Championships, Josie won 1 gold, 3 silver and 4 bronze medals.

Josie swam at the 1st National Championships in Sydney in 1975 and established the national short course metre records in the 50, 100 and 400 freestyle, 50 breaststroke and 50 butterfly

Her favourite stroke was the breaststroke, although she swam in freestyle and medley. She achieved 21 individual listings in the Masters World Top 10 between 1986-1990.

Josie was recognised for her contribution to the MSSA with Life Membership in 1992.

Records

	National	MSSA	World
LCM	32	32	1
SCM	31	32	2