

Stephen Lamy

May 28, 1949 – 23 July, 2026

Years active 1990 – 2025

Club: Manly Masters, Manly Diggers, NSW



Steve joined Manly Masters in 1990 and was a continuous member for 36 years.

In the 1980's as a young man in his 30's, he joined Manly Amateur Swimming Club and then joined Manly Masters in 1990, and then was a continuous member of Manly Diggers Swimming Club from the mid-1990s.

About 20 years ago, he also joined the Frigid Frogs Winter Swimming Club and more recently the BBC (Balmoral Beach Club). He was able to stay an active member of four swimming clubs at the same time as the Diggers and Frogs complemented each other, the Diggers in the warmer months and the Frogs in the winter. He didn't train with Manly, however he swam at Balmoral on the weekends. He was so passionate about swimming that he would train at the Mosman Indoor Swim Centre from 5am three times a week and head off to the city for work.

He swam at his first national championships in Perth, 1995 and Melbourne 2025 was his 15th.

Steve swam at many World Championships, including Perth 2008, Montreal 2014, Budapest 2017, Gwangju 2019: 3 gold and 1 bronze, Kyushu 2023, Doha 2024: 3 silver and 2 bronze, Singapore 2025: 2 gold and a bronze. His favourite stroke was backstroke, from 25m to 1500m, although he did try his luck with the 800 individual medley some years ago and achieved a national short course record. He also competed at the World Master Games, Sydney 2009 with 5 silver and 1 bronze in the 60-64 age group.

He also had numerous World Top Ten Listings from 1995 and in 2025, 5 in LCM (4 individual, 1 relay) and 4 in SCM (2 individual, 2 relay).

Although Steve was a competitive swimmer, out of the water he was an active member with his clubs and also at state level. With Manly Masters, he was club President in the early 1990s and later as Carnival Director for 25 years. He used his skills as a solicitor to draft the club's constitution to enable the club to incorporate. He was President of his club Manly Diggers from 2002 and 2012 and was the current President as well as President of Masters NSW from 1994-1998. He was a Life Member both his clubs.

As Chairman of the 1997 National Championships which also coincided with the opening of SOPAC, he secured major sponsorship from AMP and naming rights to the meet.

Steve's last event was at Lane Cove on 02 November 2025 as a competitor and also as an announcer.

MSNSW state individual records 117

National records 104

MSNSW and National relay records 40